



Iowa County Health Snapshot Series

*99 county reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



May 2024

By Matthew Voss & Shawn Dorius

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

Iowa County Health Snapshot Series

Table of contents

Health in Jones County: Overview	3
Strengths	3
Opportunities	4
How to Use this Report	5
Using Story County as an Example	6
Health Status	7
Poor General Health	7
Poor Physical Health	8
Poor Mental Health	8
Health Risk Behaviors	9
Binge Drinking	9
Current Smoking	10
Physical Inactivity	10
Sleep <7 hours	11
Health Outcomes	12
Arthritis	12
High Blood Pressure	13
Cancer (except skin)	13
Current Asthma	14
Coronary Heart Disease	14
COPD	15
Depression	15
Diabetes	16
High Cholesterol	16
Chronic Kidney Disease	17
Obesity	17
Stroke	18
All Teeth Lost	18
Prevention	19
Lack of Health Insurance	19
Taking BP Medication	20
Cervical Cancer Screening	20
Annual Checkup	21
Cholesterol Screening	21

Colorectal Cancer Screening	22
Core preventive services for older men	22
Core preventive services for older women	24
Dental Visit	24
Mammography	26
Disability	27
Hearing disability	27
Vision disability	28
Cognitive disability	28
Mobility disability	29
Self-care disability	29
Independent living disability	30
Any disability	30
Appendix 1: CDC PLACES Data	31
Appendix 2: Jones County PLACES Data	32
Appendix 3: Metropolitan Non-Core Counties	34
Appendix 4: County Maps	36

Health in Jones County: Overview

Dear Community Members & Stakeholders of Jones County,

We are pleased to share the Iowa County Health Snapshot series, a set of reports designed in partnership with Iowa State University's Community Economic Development to assess the overall landscape of health and well-being across Iowa's 99 counties. The following pages include the health snapshot for your county. The snapshot can be used to see how Jones County ranks across various health measures compared to the rest of the state and similarly-sized counties. This comparison allows us to identify Jones County's strengths and opportunities for growth by leveraging data from the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your county ranks compared to all Iowa counties and counties of similar size to Jones County. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your county and presents what the rate would be if your county had a standard age distribution. Crude rates can provide a general comparison between counties and age-adjusted rates can give a fairer comparison between counties with different age structures.

Strengths

Take a look at the top strengths of your county! Below are unadjusted and age-adjusted health measures that represent your county's strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

Crude			Age-Adjusted		
Health Domain	Statewide County Rank	Metropolitan Non-Core County Rank	Health Domain	Statewide County Rank	Metropolitan Non-Core County Rank
Mammography	7th	2nd	Mammography	5th	2nd
Colorectal Cancer Screening	16th	4th	Colorectal Cancer Screening	12th	4th
Dental Visit	23rd	6th	Chronic Kidney Disease	17th	7th
Cervical Cancer Screening	24th	8th	Current Asthma	18th	7th
Cholesterol Screening	25th	6th	Dental Visit	23rd	6th

Opportunities

Below are health measures that represent potential areas for growth in your county. We recommend increasing investment in these areas to support community health and well-being.

Crude			Age-Adjusted		
Health Domain	Statewide County Rank	Metropolitan Non-Core County Rank	Health Domain	Statewide County Rank	Metropolitan Non-Core County Rank
Obesity	98th	12th	Obesity	97th	12th
High Blood Pressure	70th	12th	High Blood Pressure	76th	12th
Arthritis	63rd	11th	Arthritis	72nd	12th
Depression	59th	10th	Depression	61st	10th
Core preventive services for older men	55th	11th	High Cholesterol	61st	9th

Please review the rest of the report to learn more about your county and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Jones County.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

How to Use this Report

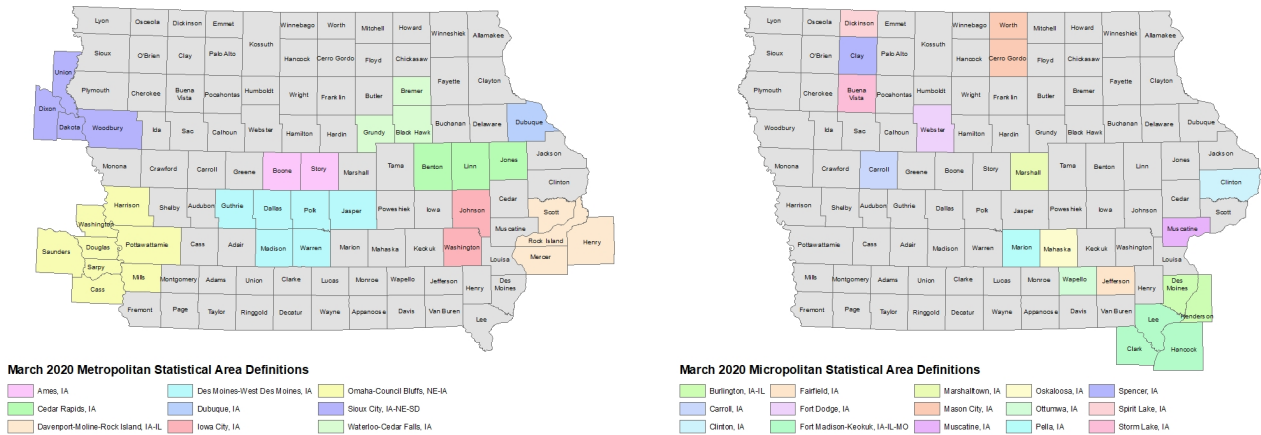
The purpose of the Iowa County Health Snapshot Series is to provide an overview of health in Jones County that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Jones County, a review of risky behaviors in the county, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Jones County compares to the rest of the state and similarly-sized counties.

With a population of 20,805, Jones County's similarly sized counties are defined as metropolitan non-core counties. In Iowa, metropolitan non-core counties have an average population of 29,821, and there are 12 counties that are considered metropolitan non-core counties. To learn more about the county population classifications used in this report, please see the information below the table as well as Appendix 3.

Group	Population Avg.	Number of Counties
Metropolitan Core	175,797	9
Micropolitan	30,839	15
Metropolitan Non-Core	29,821	12
Rural	12,547	63
Total		99

The counties included in each category above are determined by the United States Office of Management and Budget. Iowa has counties in nine metropolitan statistical areas and 15 micropolitan statistical areas. The counties identified as metropolitan and micropolitan can be found in the link and the maps below. Metropolitan core counties are those counties in metropolitan areas that have the city that defines the metropolitan area (e.g., Des Moines and Polk County for the Des Moines Metropolitan Area). Metropolitan non-core counties are those that fall within the metropolitan area, but do not have the core city of the metropolitan area (e.g., Dallas and Jasper Counties in the Des Moines Metropolitan Area).

<https://www.icip.iastate.edu/maps/refmaps/cofips>



Using Story County as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your county's crude and age-adjusted rate estimates alongside their averages across all Iowa counties and similarly-sized counties. The images below show the distribution of the health measure across counties. The vertical lines correspond with the values in the table to show the estimate for the specific county compared to counties across the state. The solid black line in each plot represents the county rate, with the dashed lines indicating the average rate for all Iowa counties and the dotted lines showing the average rate for similarly-sized counties.



The example graphic above displays the poor mental health rate in Story County, Iowa. The left plot shows the crude rate of poor mental health in the county. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Story County has a higher crude rate of poor mental health than most counties in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized counties, indicating that when accounting for Story County's unique age distribution, Story County's poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

Health Status

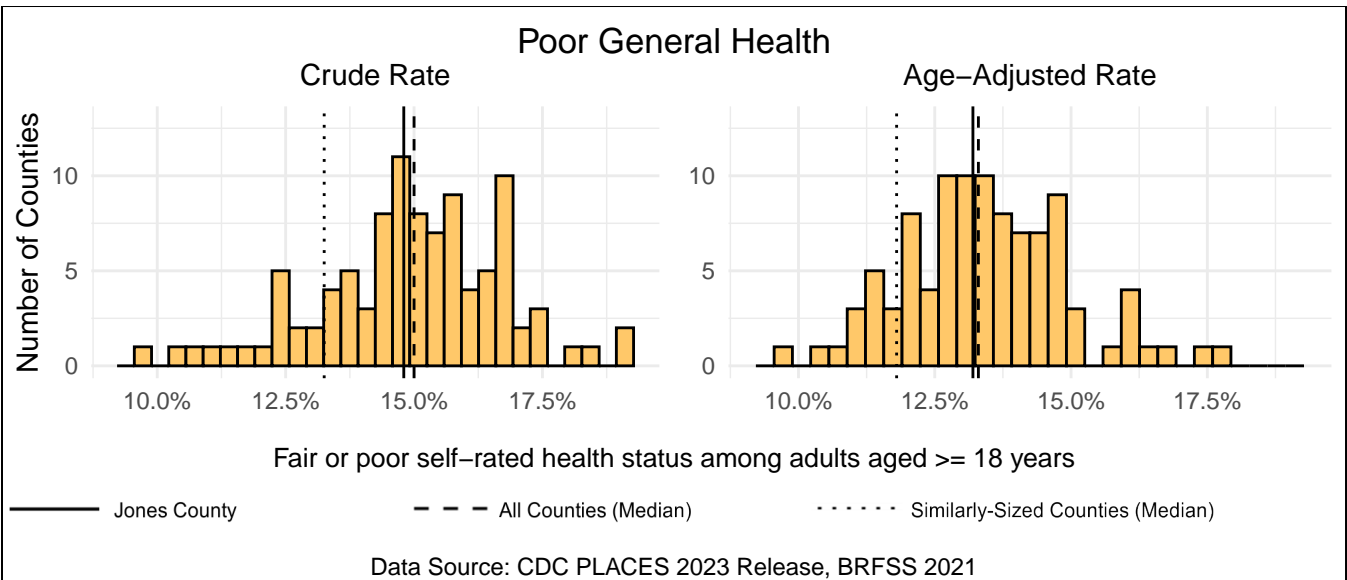
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Jones County has a crude rate of 14.8% for fair or poor self-rated health status among adults aged ≥ 18 years, which ranks 42nd out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 13.2%, which ranks 46th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

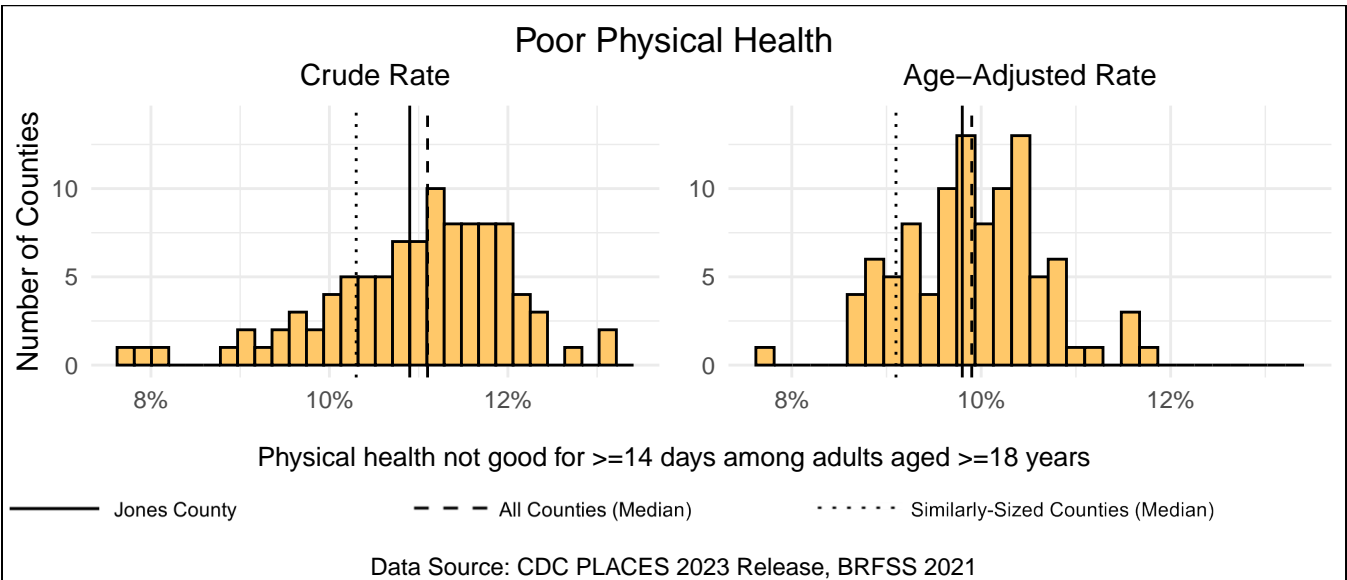
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	14.8%	15.0%	13.2%
Age-Adjusted	13.2%	13.3%	11.8%



Poor Physical Health

Jones County has a crude rate of 10.9% for physical health not good for >=14 days among adults aged >=18 years, which ranks 35th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 9.8%, which ranks 39th out of 99 Iowa counties (11th out of 12 similarly-sized counties).

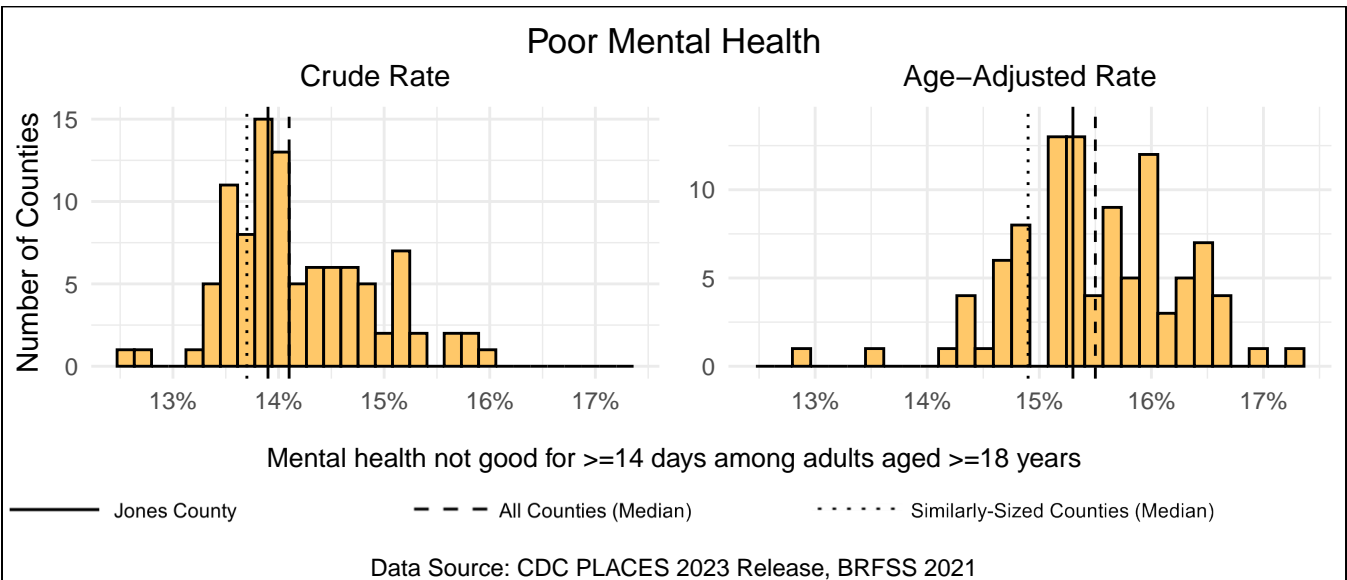
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	10.9%	11.1%	10.3%
Age-Adjusted	9.8%	9.9%	9.1%



Poor Mental Health

Jones County has a crude rate of 13.9% for mental health not good for >=14 days among adults aged >=18 years, which ranks 35th out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 15.3%, which ranks 36th out of 99 Iowa counties (9th out of 12 similarly-sized counties).

Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	13.9%	14.1%	13.7%
Age-Adjusted	15.3%	15.5%	14.9%



Health Risk Behaviors

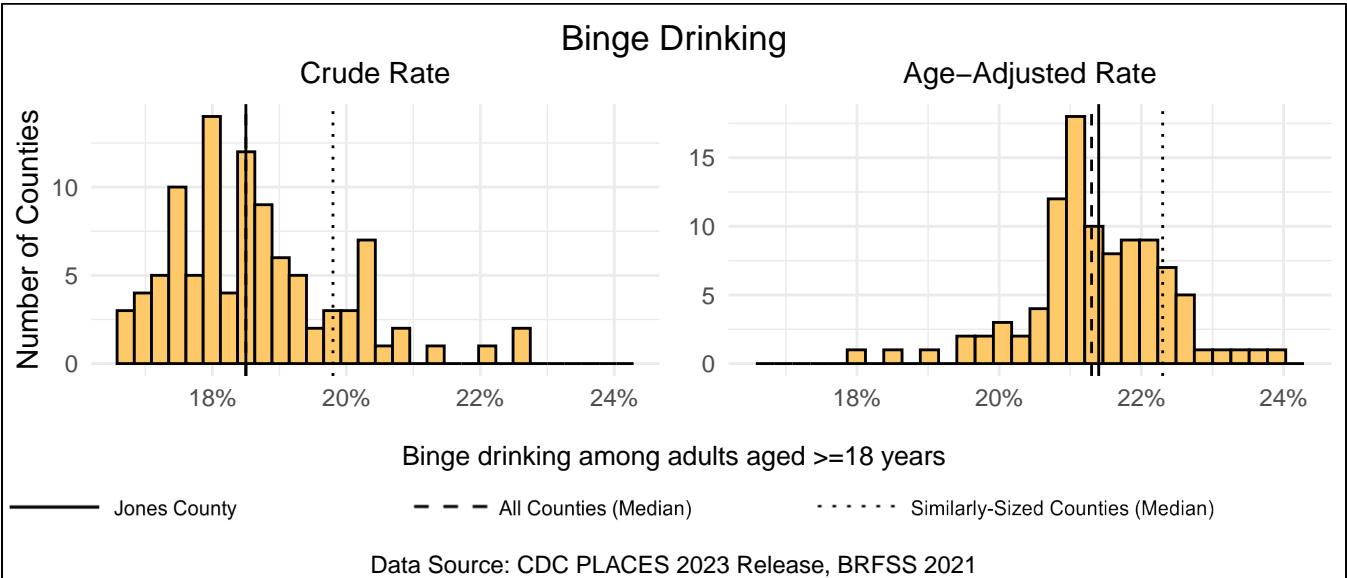
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Jones County has a crude rate of 18.5% for binge drinking among adults aged ≥ 18 years, which ranks 47th out of 99 Iowa counties (3rd out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 21.4%, which ranks 53rd out of 99 Iowa counties (3rd out of 12 similarly-sized counties).

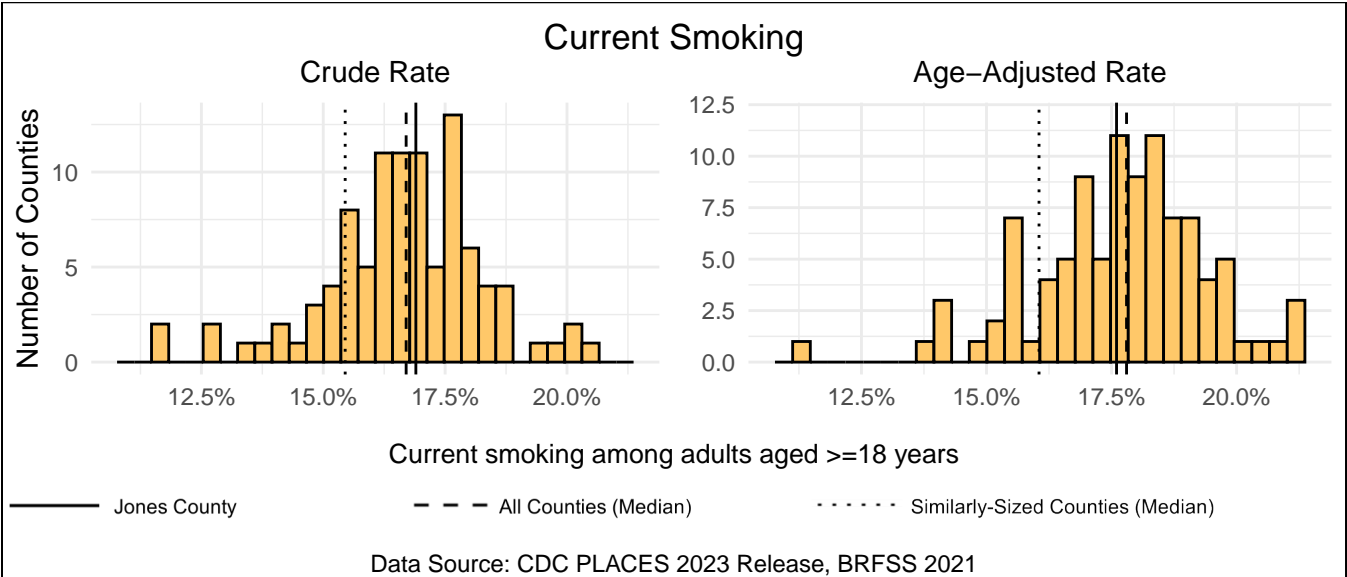
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	18.5%	18.5%	19.8%
Age-Adjusted	21.4%	21.3%	22.3%



Current Smoking

Jones County has a crude rate of 16.9% for current smoking among adults aged ≥ 18 years, which ranks 55th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 17.6%, which ranks 43rd out of 99 Iowa counties (10th out of 12 similarly-sized counties).

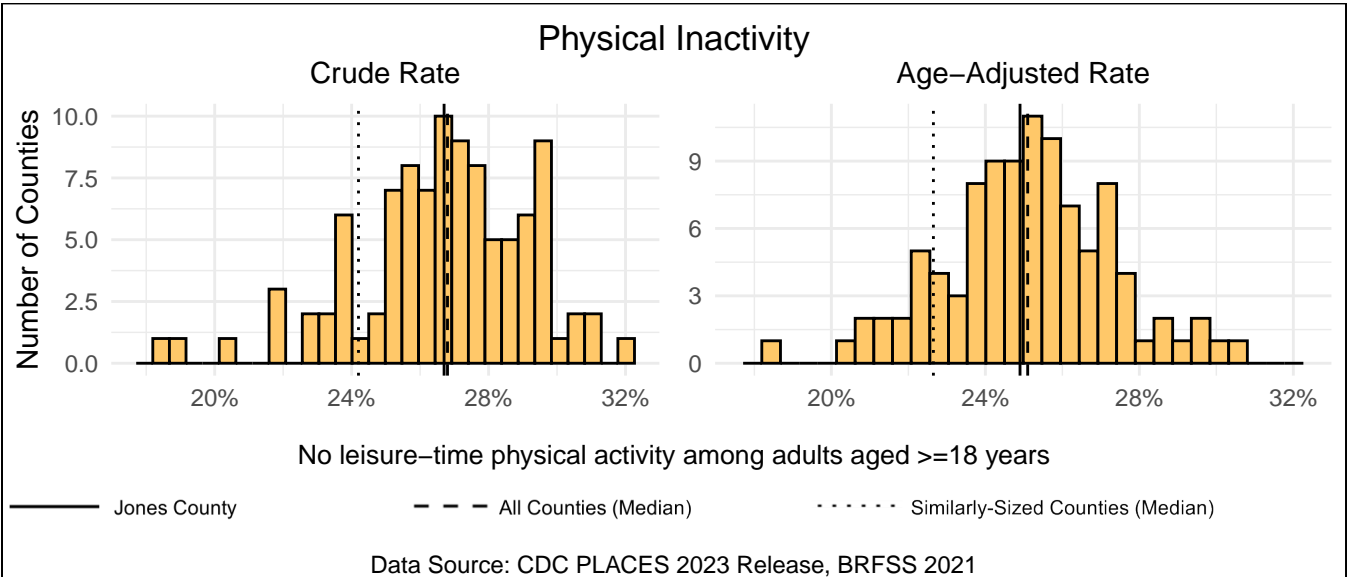
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	16.9%	16.7%	15.4%
Age-Adjusted	17.6%	17.8%	16.0%



Physical Inactivity

Jones County has a crude rate of 26.7% for no leisure-time physical activity among adults aged ≥ 18 years, which ranks 46th out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 24.9%, which ranks 46th out of 99 Iowa counties (11th out of 12 similarly-sized counties).

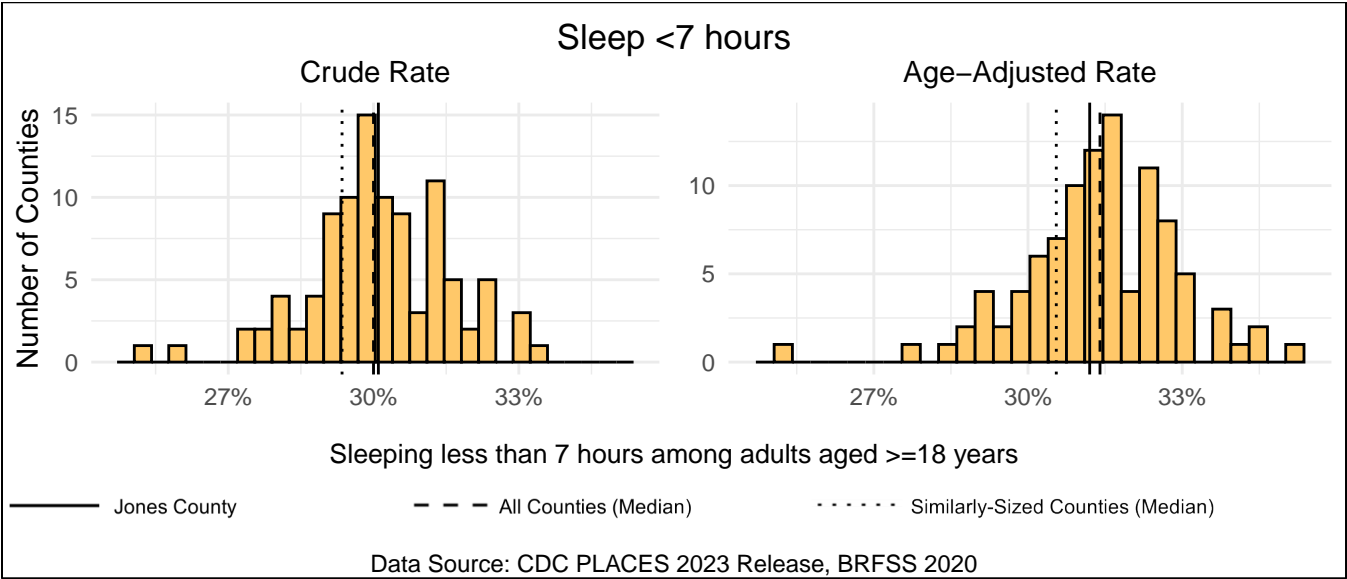
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	26.7%	26.8%	24.2%
Age-Adjusted	24.9%	25.1%	22.6%



Sleep <7 hours

Jones County has a crude rate of 30.1% for sleeping less than 7 hours among adults aged ≥ 18 years, which ranks 51st out of 99 Iowa counties (8th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 31.2%, which ranks 39th out of 99 Iowa counties (7th out of 12 similarly-sized counties).

Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	30.1%	30.0%	29.4%
Age-Adjusted	31.2%	31.4%	30.5%



Health Outcomes

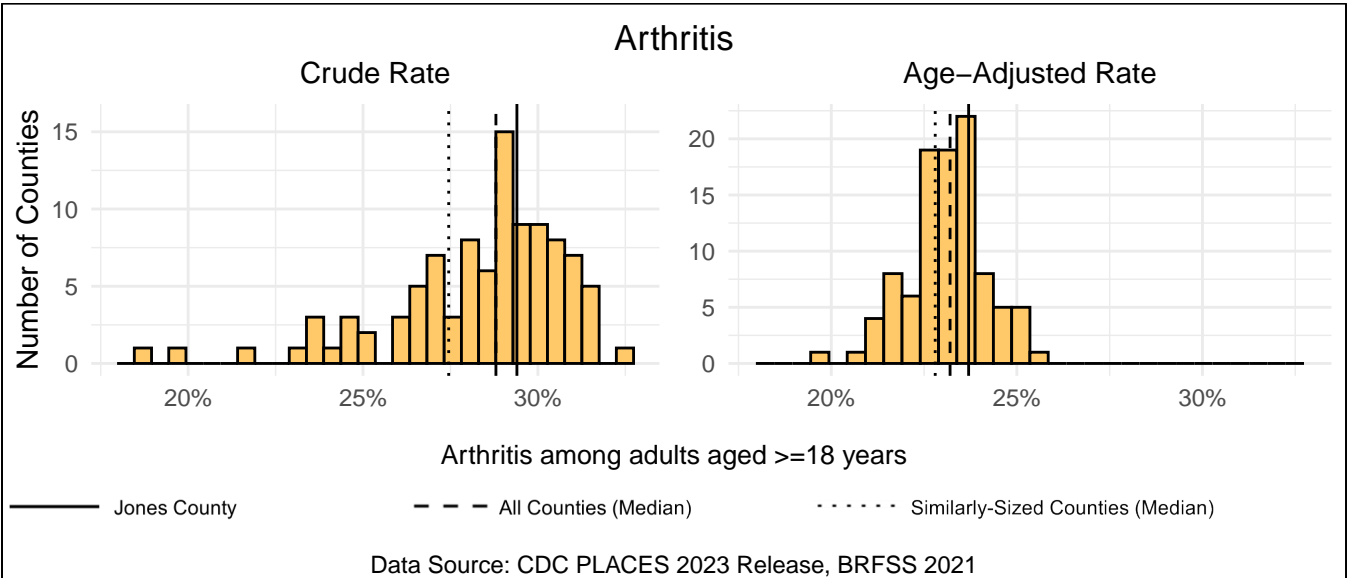
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Jones County has a crude rate of 29.4% for arthritis among adults aged ≥ 18 years, which ranks 63rd out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 23.7%, which ranks 72nd out of 99 Iowa counties (12th out of 12 similarly-sized counties).

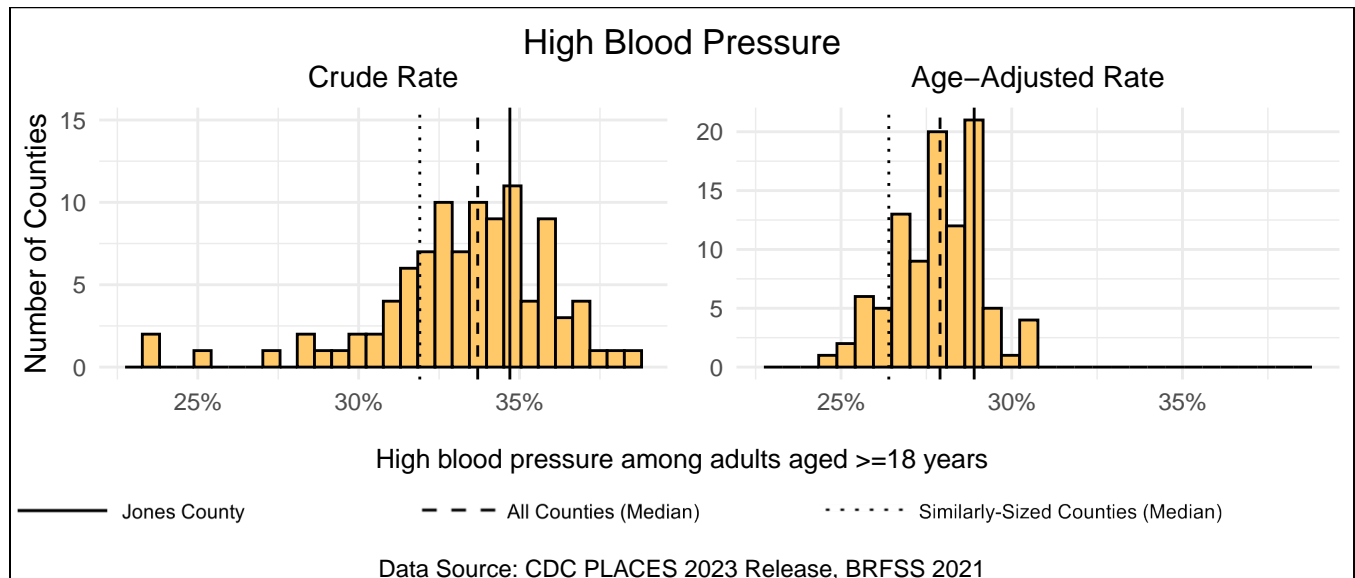
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	29.4%	28.8%	27.4%
Age-Adjusted	23.7%	23.2%	22.8%



High Blood Pressure

Jones County has a crude rate of 34.7% for high blood pressure among adults aged ≥ 18 years, which ranks 70th out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 28.9%, which ranks 76th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

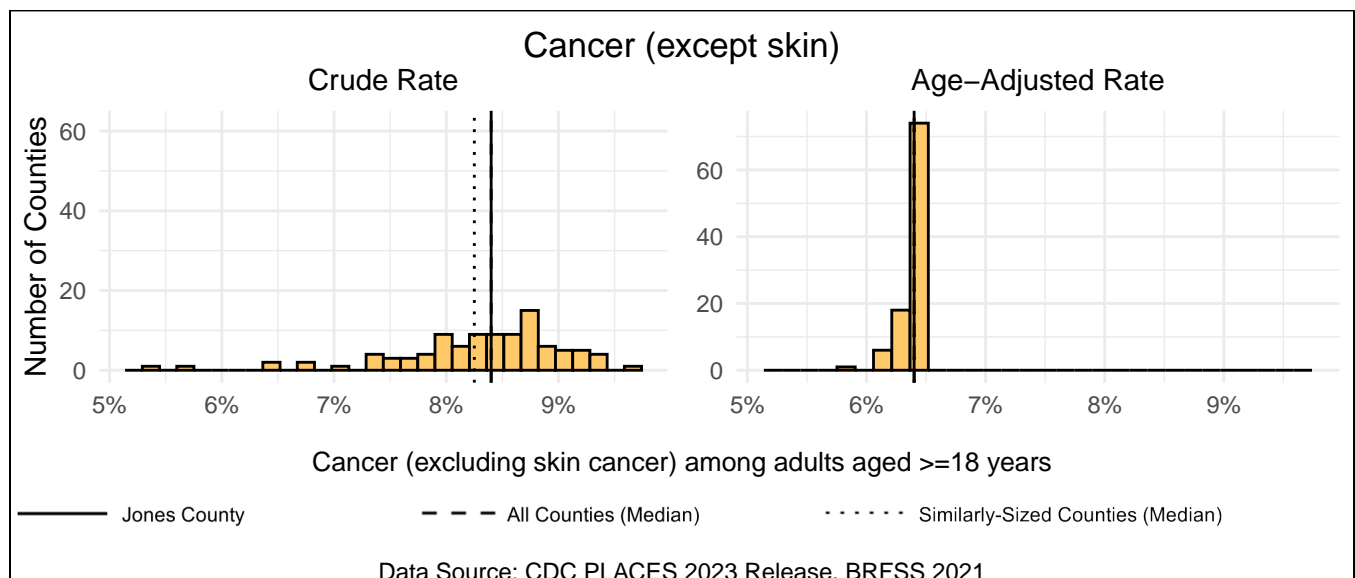
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	34.7%	33.7%	31.9%
Age-Adjusted	28.9%	27.9%	26.4%



Cancer (except skin)

Jones County has a crude rate of 8.4% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 46th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 6.4%, which ranks 26th out of 99 Iowa counties (3rd out of 12 similarly-sized counties).

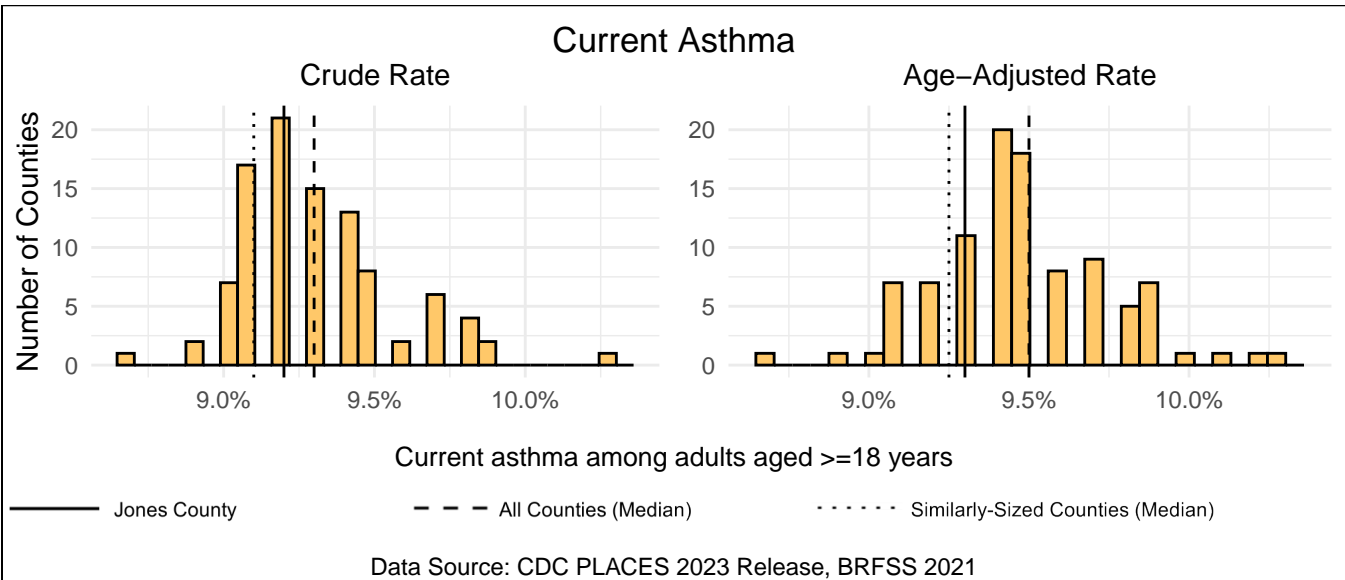
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	8.4%	8.4%	8.2%
Age-Adjusted	6.4%	6.4%	6.4%



Current Asthma

Jones County has a crude rate of 9.2% for current asthma among adults aged ≥ 18 years, which ranks 28th out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 9.3%, which ranks 18th out of 99 Iowa counties (7th out of 12 similarly-sized counties).

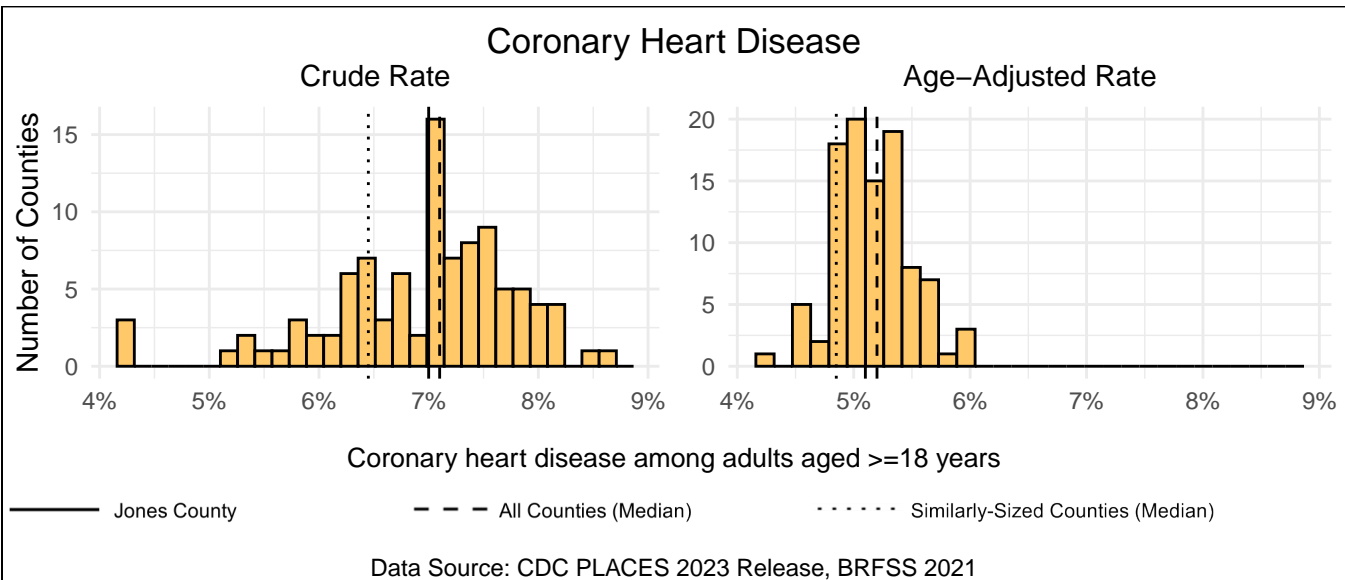
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	9.2%	9.3%	9.1%
Age-Adjusted	9.3%	9.5%	9.2%



Coronary Heart Disease

Jones County has a crude rate of 7.0% for coronary heart disease among adults aged ≥ 18 years, which ranks 40th out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 5.1%, which ranks 33rd out of 99 Iowa counties (10th out of 12 similarly-sized counties).

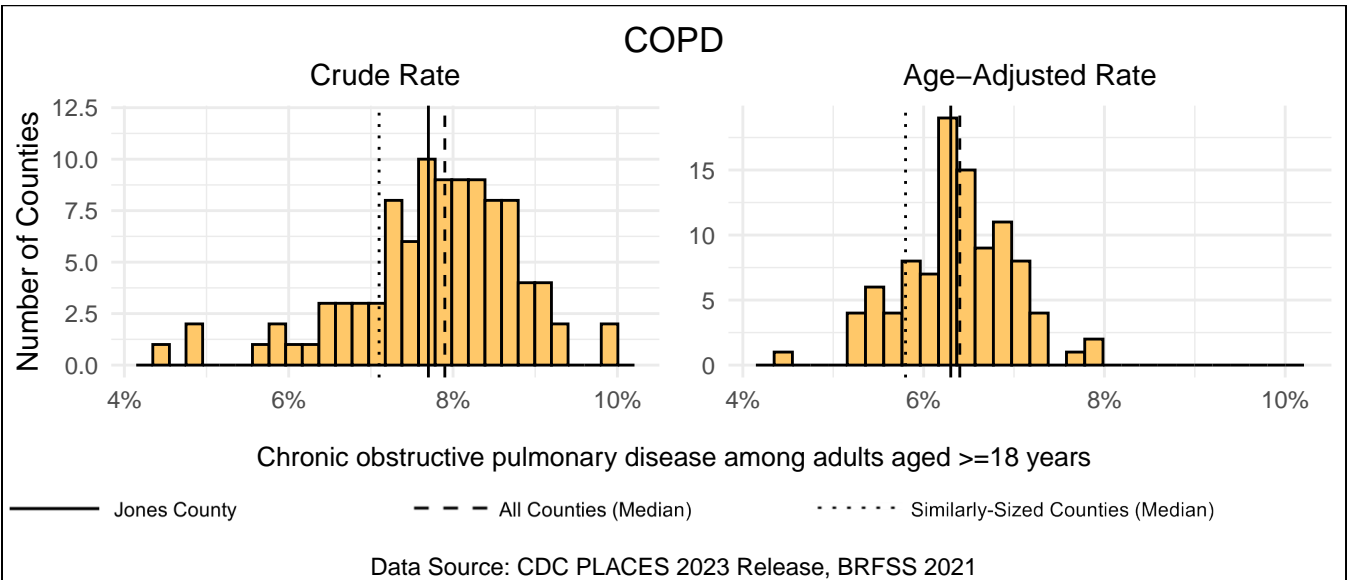
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	7.0%	7.1%	6.4%
Age-Adjusted	5.1%	5.2%	4.8%



COPD

Jones County has a crude rate of 7.7% for chronic obstructive pulmonary disease among adults aged ≥ 18 years, which ranks 38th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 6.3%, which ranks 39th out of 99 Iowa counties (11th out of 12 similarly-sized counties).

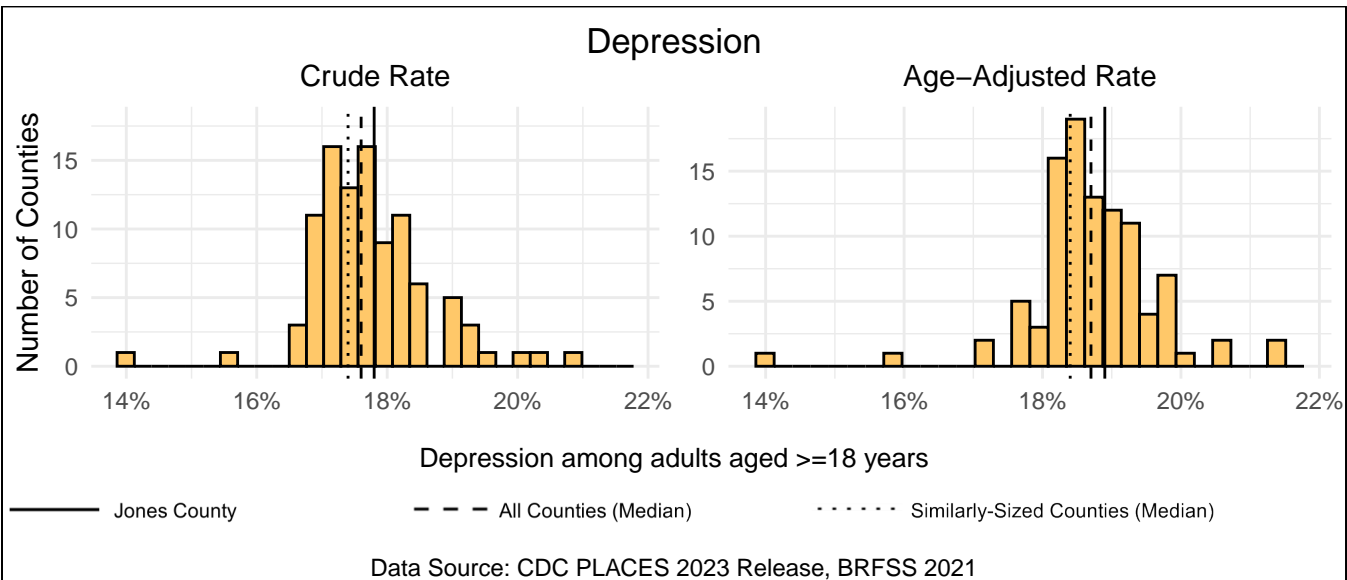
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	7.7%	7.9%	7.1%
Age-Adjusted	6.3%	6.4%	5.8%



Depression

Jones County has a crude rate of 17.8% for depression among adults aged ≥ 18 years, which ranks 59th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 18.9%, which ranks 61st out of 99 Iowa counties (10th out of 12 similarly-sized counties).

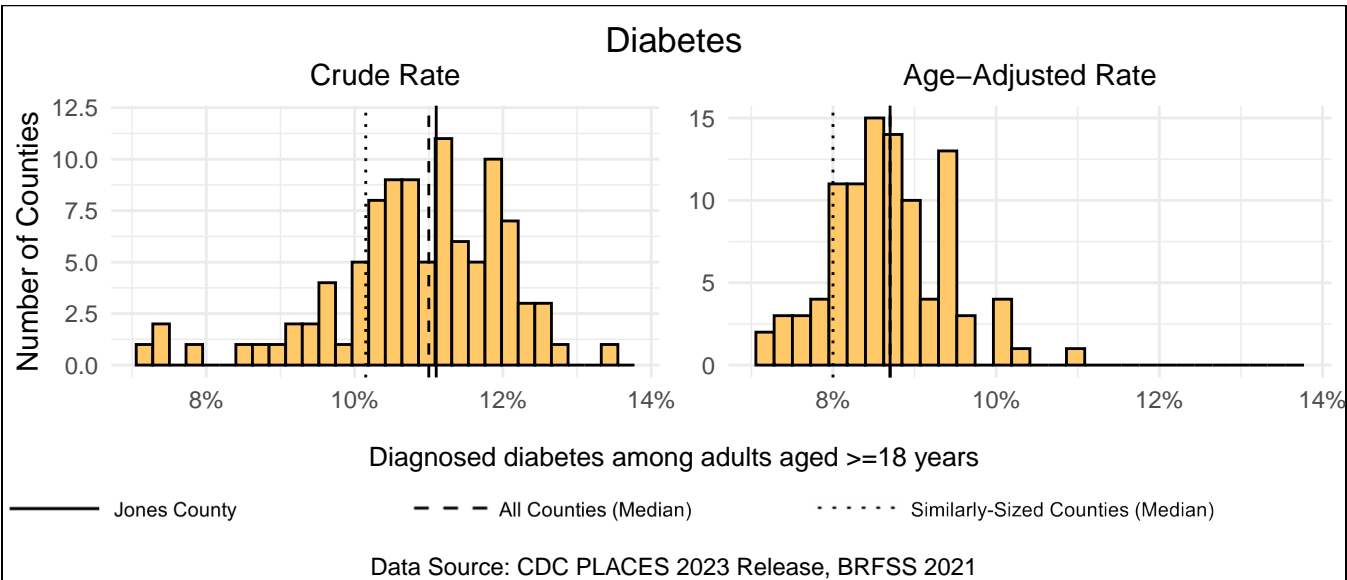
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	17.8%	17.6%	17.4%
Age-Adjusted	18.9%	18.7%	18.4%



Diabetes

Jones County has a crude rate of 11.1% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 53rd out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 8.7%, which ranks 50th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

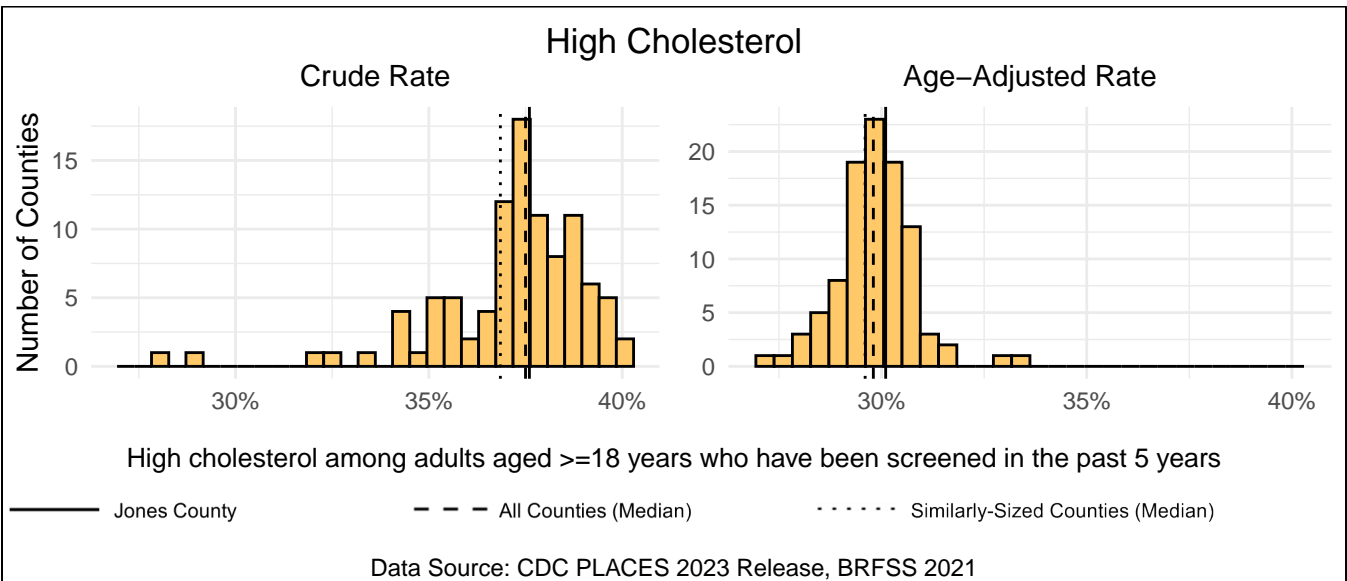
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	11.1%	11.0%	10.1%
Age-Adjusted	8.7%	8.7%	8.0%



High Cholesterol

Jones County has a crude rate of 37.6% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 53rd out of 99 Iowa counties (8th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 30.1%, which ranks 61st out of 99 Iowa counties (9th out of 12 similarly-sized counties).

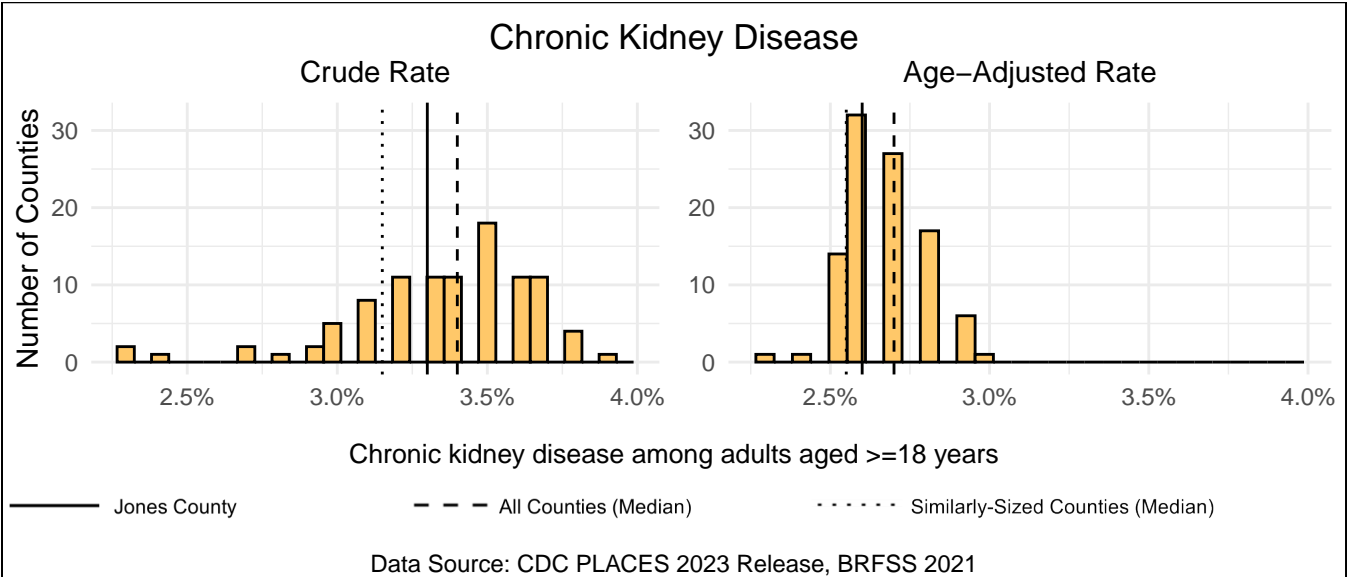
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	37.6%	37.5%	36.8%
Age-Adjusted	30.1%	29.8%	29.6%



Chronic Kidney Disease

Jones County has a crude rate of 3.3% for chronic kidney disease among adults aged ≥ 18 years, which ranks 33rd out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 2.6%, which ranks 17th out of 99 Iowa counties (7th out of 12 similarly-sized counties).

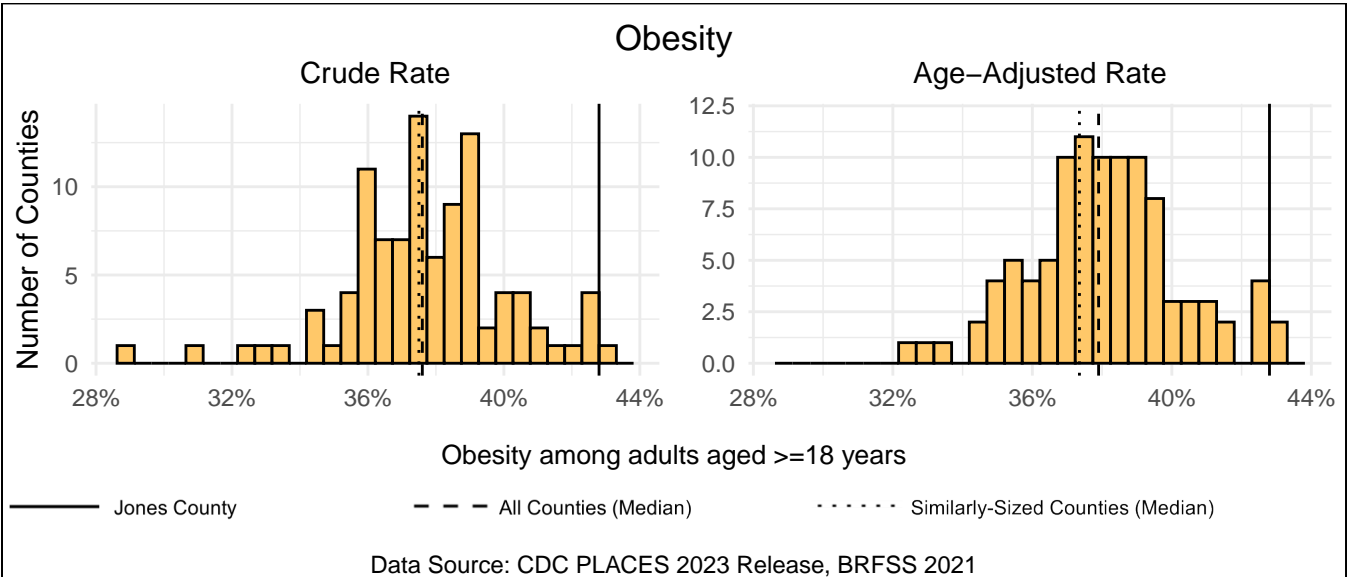
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	3.3%	3.4%	3.2%
Age-Adjusted	2.6%	2.7%	2.5%



Obesity

Jones County has a crude rate of 42.8% for obesity among adults aged ≥ 18 years, which ranks 98th out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 42.8%, which ranks 97th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

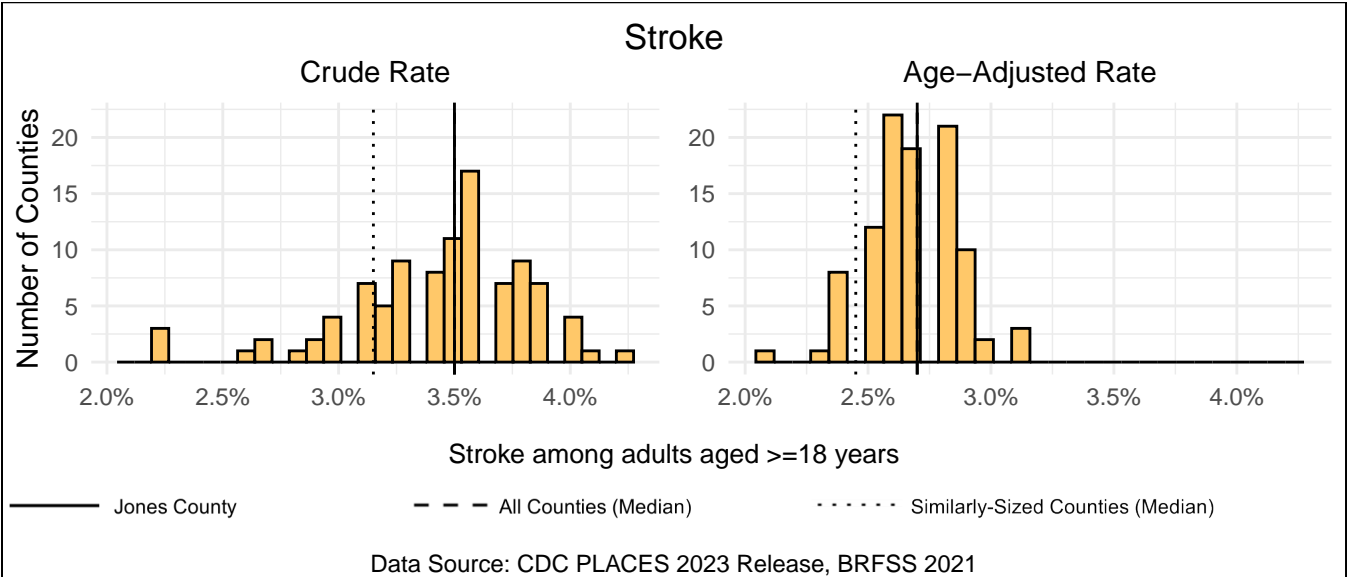
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	42.8%	37.6%	37.5%
Age-Adjusted	42.8%	37.9%	37.3%



Stroke

Jones County has a crude rate of 3.5% for stroke among adults aged ≥ 18 years, which ranks 43rd out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 2.7%, which ranks 45th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

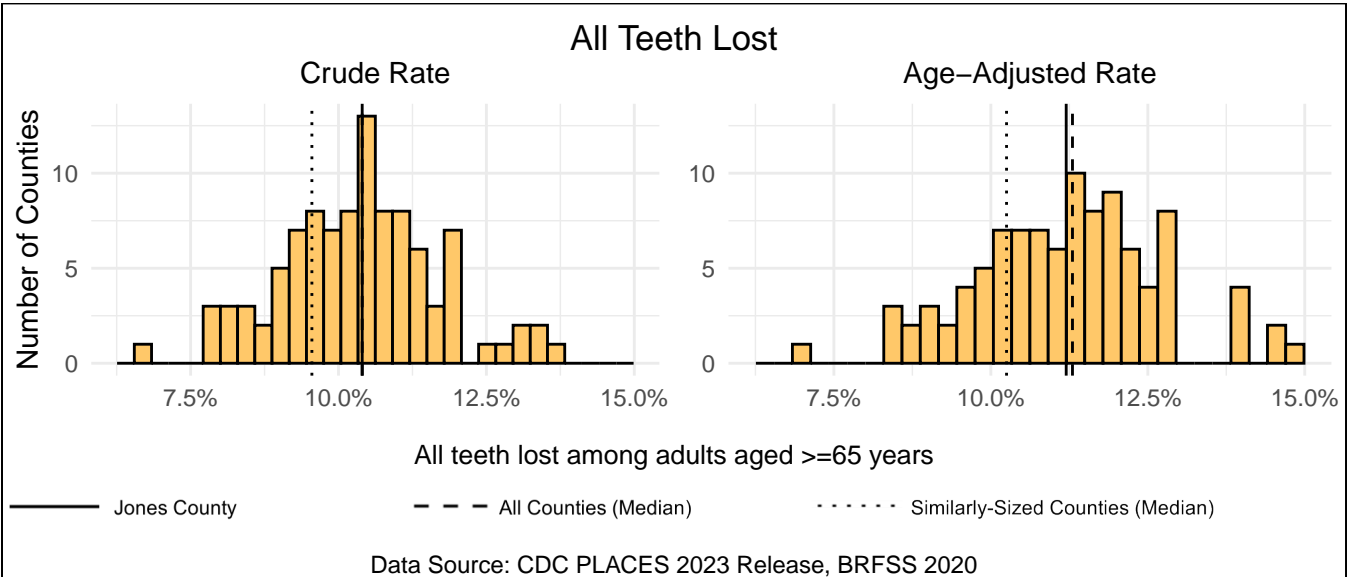
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	3.5%	3.5%	3.2%
Age-Adjusted	2.7%	2.7%	2.4%



All Teeth Lost

Jones County has a crude rate of 10.4% for all teeth lost among adults aged ≥ 65 years, which ranks 48th out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 11.2%, which ranks 45th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	10.4%	10.4%	9.6%
Age-Adjusted	11.2%	11.3%	10.2%



Prevention

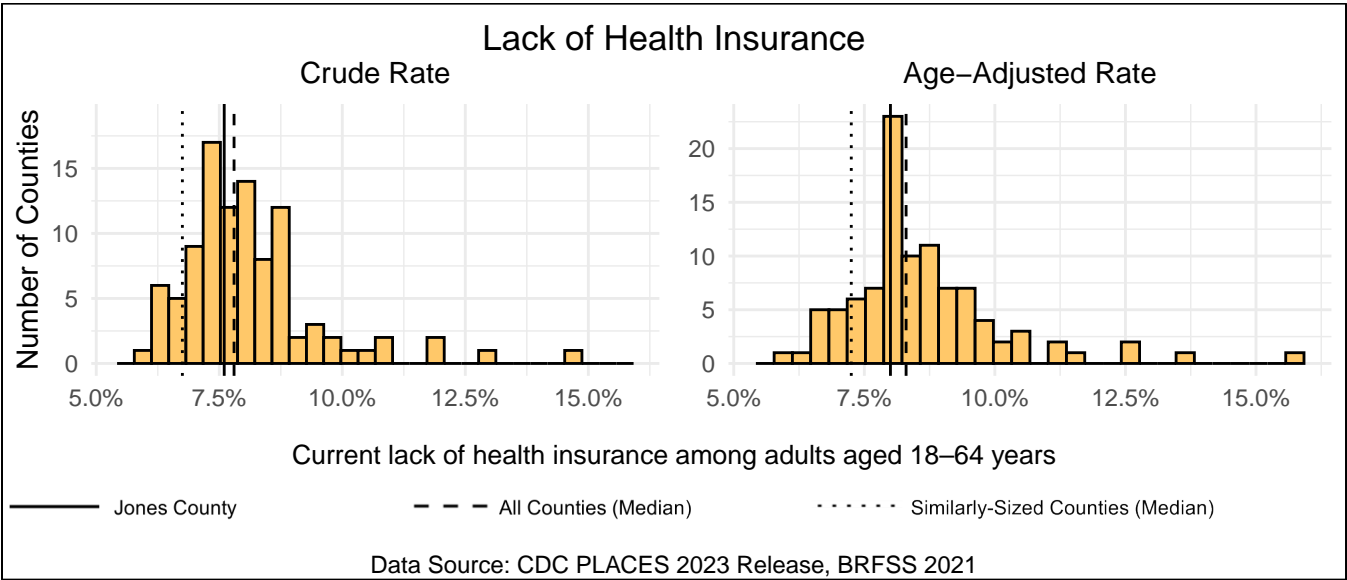
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your county’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your county. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Jones County has a crude rate of 7.6% for current lack of health insurance among adults aged 18–64 years, which ranks 39th out of 99 Iowa counties (10th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 8.0%, which ranks 34th out of 99 Iowa counties (9th out of 12 similarly-sized counties).

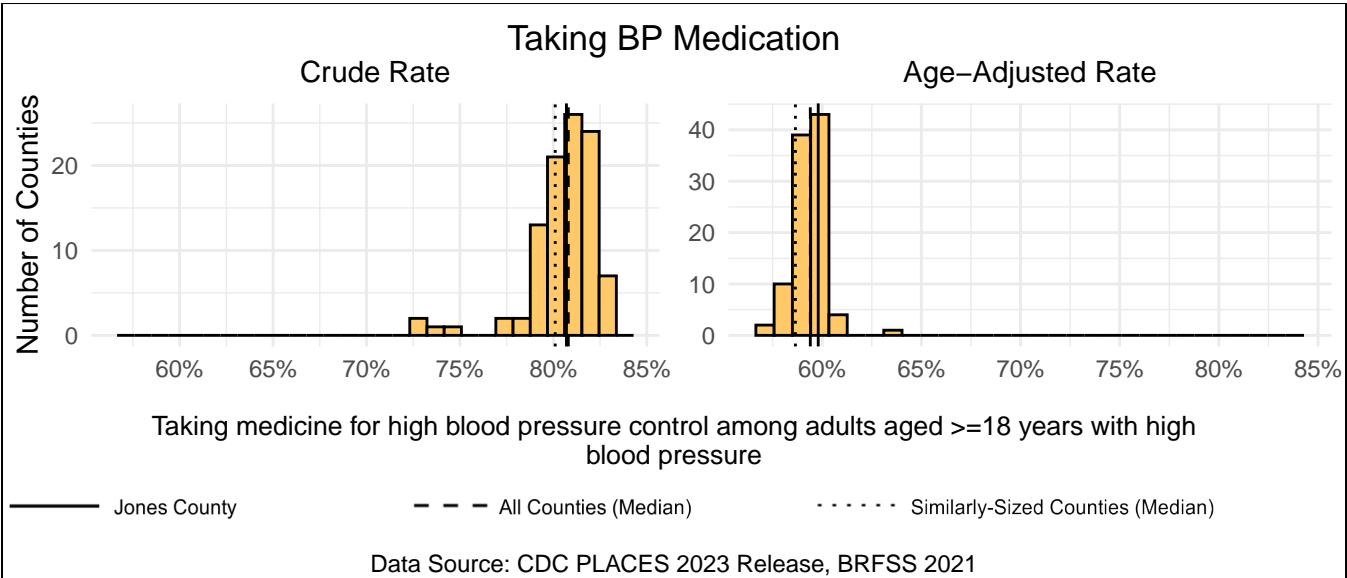
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	7.6%	7.8%	6.8%
Age-Adjusted	8.0%	8.3%	7.2%



Taking BP Medication

Jones County has a crude rate of 80.7% for taking medicine for high blood pressure control among adults aged >=18 years with high blood pressure, which ranks 52nd out of 99 Iowa counties (3rd out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 59.8%, which ranks 26th out of 99 Iowa counties (1st out of 12 similarly-sized counties).

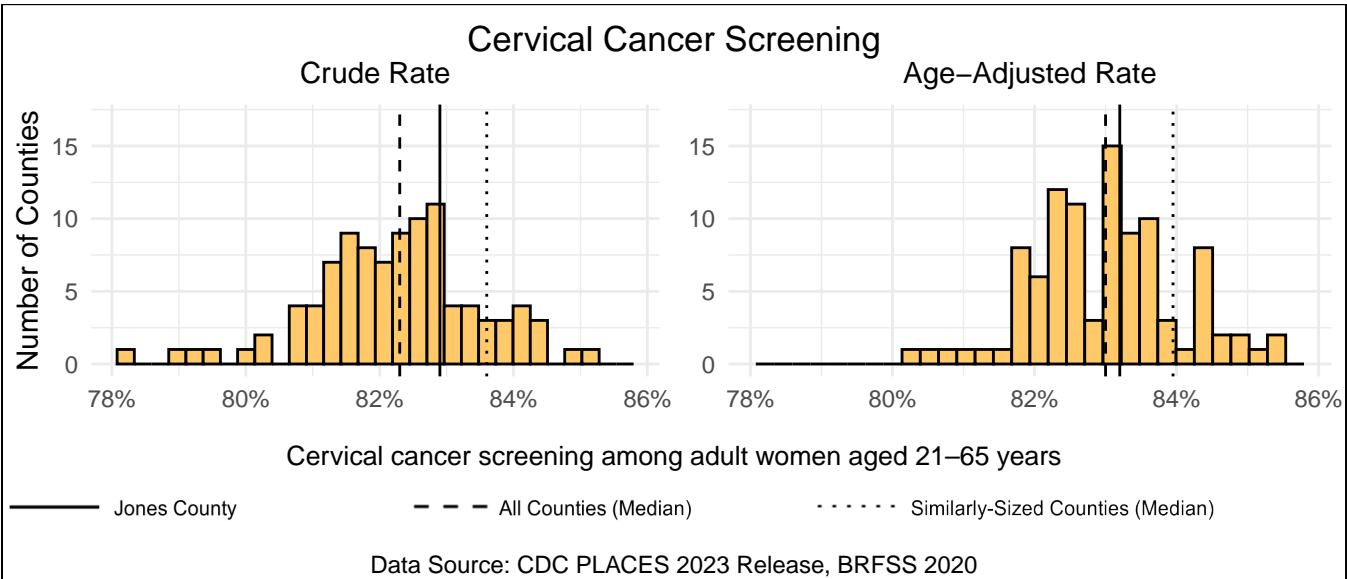
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	80.7%	80.8%	80.1%
Age-Adjusted	59.8%	59.4%	58.6%



Cervical Cancer Screening

Jones County has a crude rate of 82.9% for cervical cancer screening among adult women aged 21–65 years, which ranks 24th out of 99 Iowa counties (8th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 83.2%, which ranks 39th out of 99 Iowa counties (10th out of 12 similarly-sized counties).

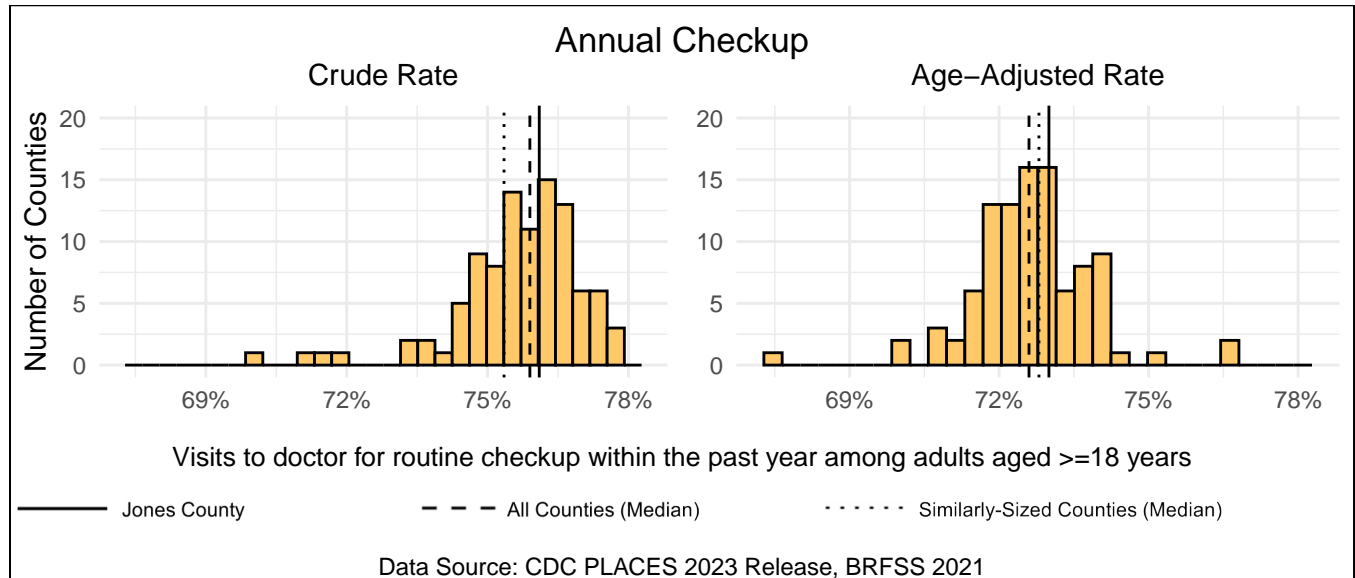
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	82.9%	82.3%	83.6%
Age-Adjusted	83.2%	83.0%	84.0%



Annual Checkup

Jones County has a crude rate of 76.1% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 38th out of 99 Iowa counties (3rd out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 73.0%, which ranks 30th out of 99 Iowa counties (6th out of 12 similarly-sized counties).

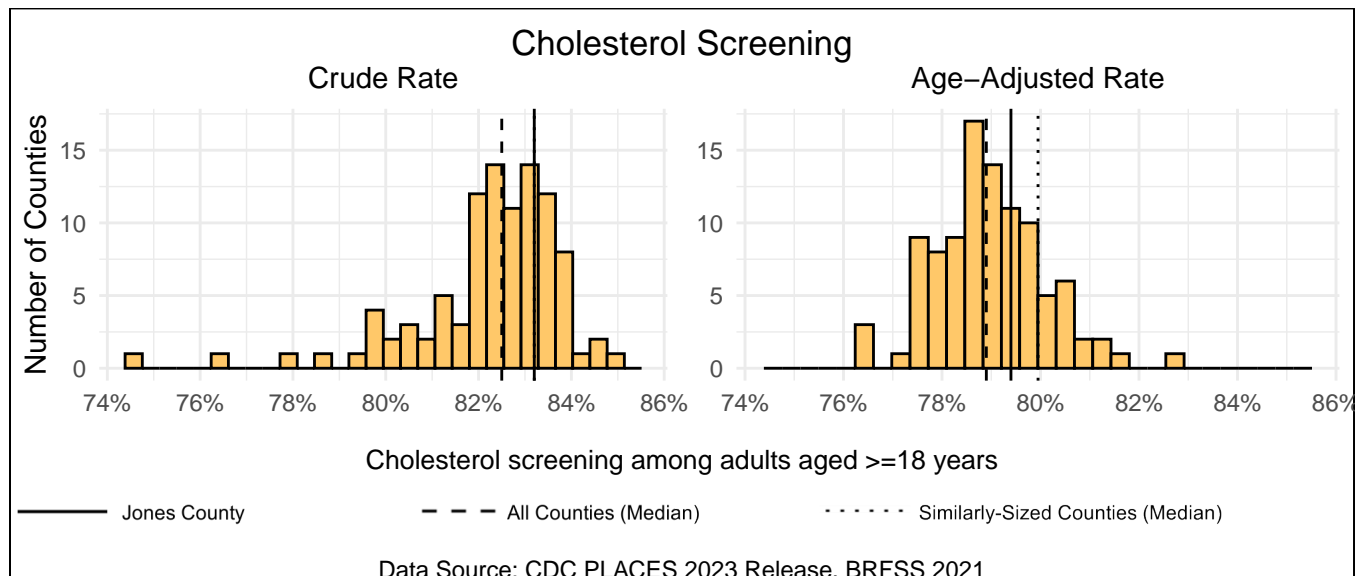
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	76.1%	75.9%	75.3%
Age-Adjusted	73.0%	72.6%	72.8%



Cholesterol Screening

Jones County has a crude rate of 83.2% for cholesterol screening among adults aged ≥ 18 years, which ranks 25th out of 99 Iowa counties (6th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 79.4%, which ranks 30th out of 99 Iowa counties (8th out of 12 similarly-sized counties).

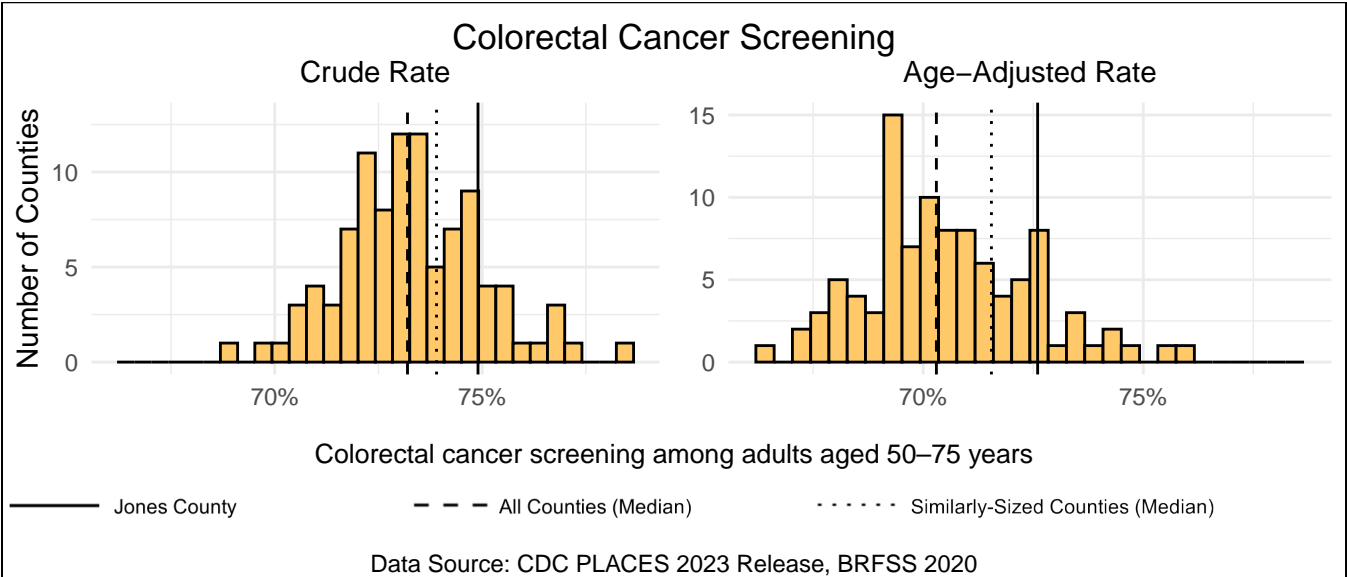
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	83.2%	82.5%	83.2%
Age-Adjusted	79.4%	78.9%	80.0%



Colorectal Cancer Screening

Jones County has a crude rate of 74.9% for colorectal cancer screening among adults aged 50–75 years, which ranks 16th out of 99 Iowa counties (4th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 72.6%, which ranks 12th out of 99 Iowa counties (4th out of 12 similarly-sized counties).

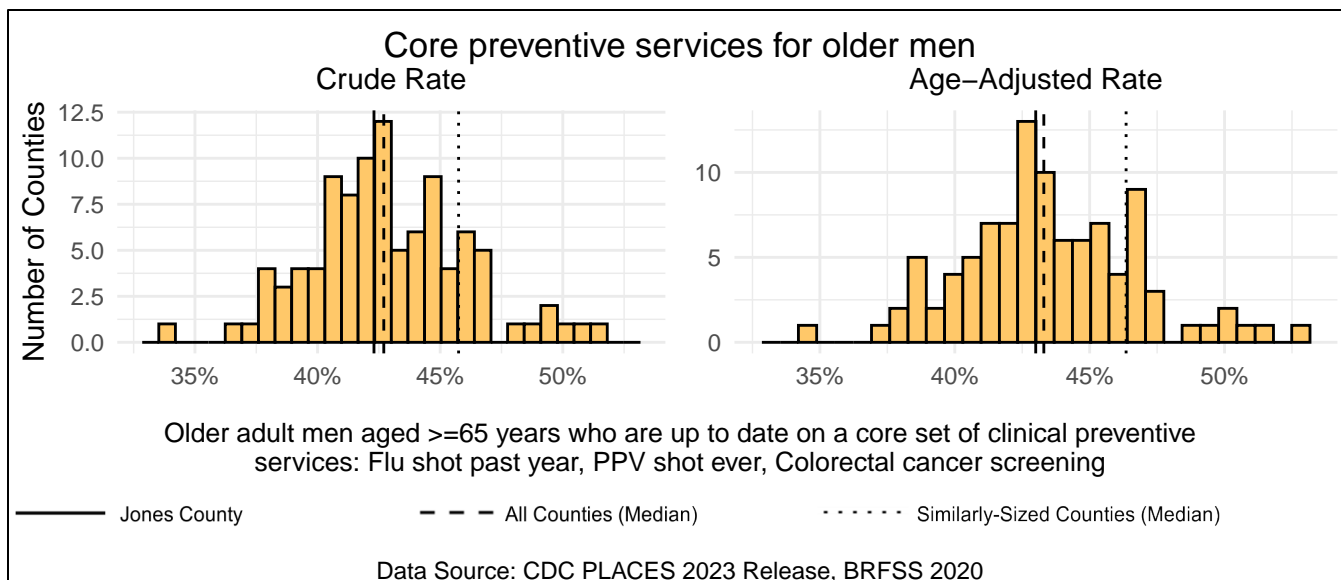
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	74.9%	73.2%	73.9%
Age-Adjusted	72.6%	70.3%	71.6%



Core preventive services for older men

Jones County has a crude rate of 42.3% for older adult men aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 55th out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 43.0%, which ranks 53rd out of 99 Iowa counties (11th out of 12 similarly-sized counties).

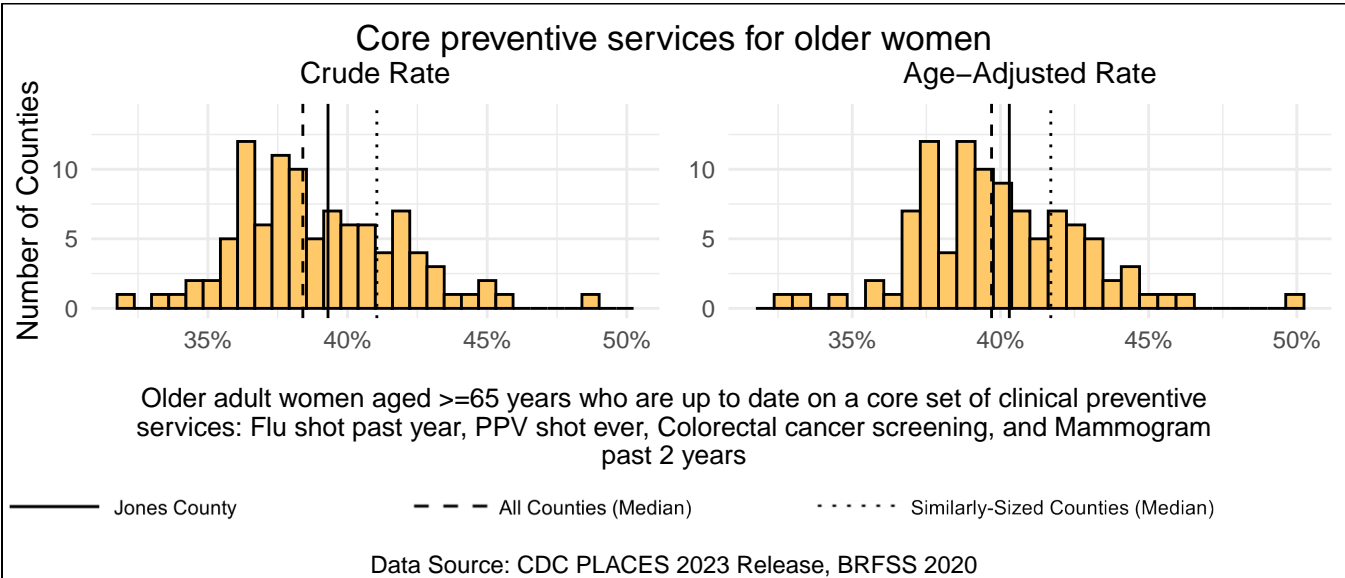
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	42.3%	42.7%	45.8%
Age-Adjusted	43.0%	43.3%	46.4%



Core preventive services for older women

Jones County has a crude rate of 39.3% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 39th out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 40.3%, which ranks 40th out of 99 Iowa counties (9th out of 12 similarly-sized counties).

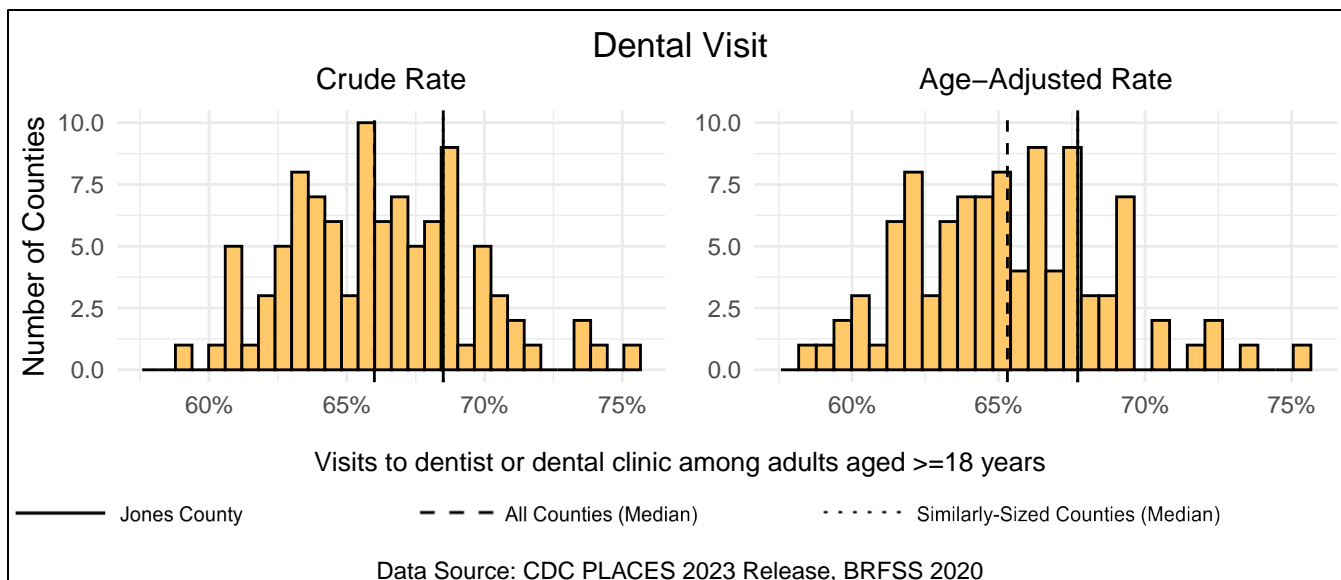
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	39.3%	38.4%	41.0%
Age-Adjusted	40.3%	39.7%	41.7%



Dental Visit

Jones County has a crude rate of 68.5% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 23rd out of 99 Iowa counties (6th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 67.7%, which ranks 23rd out of 99 Iowa counties (6th out of 12 similarly-sized counties).

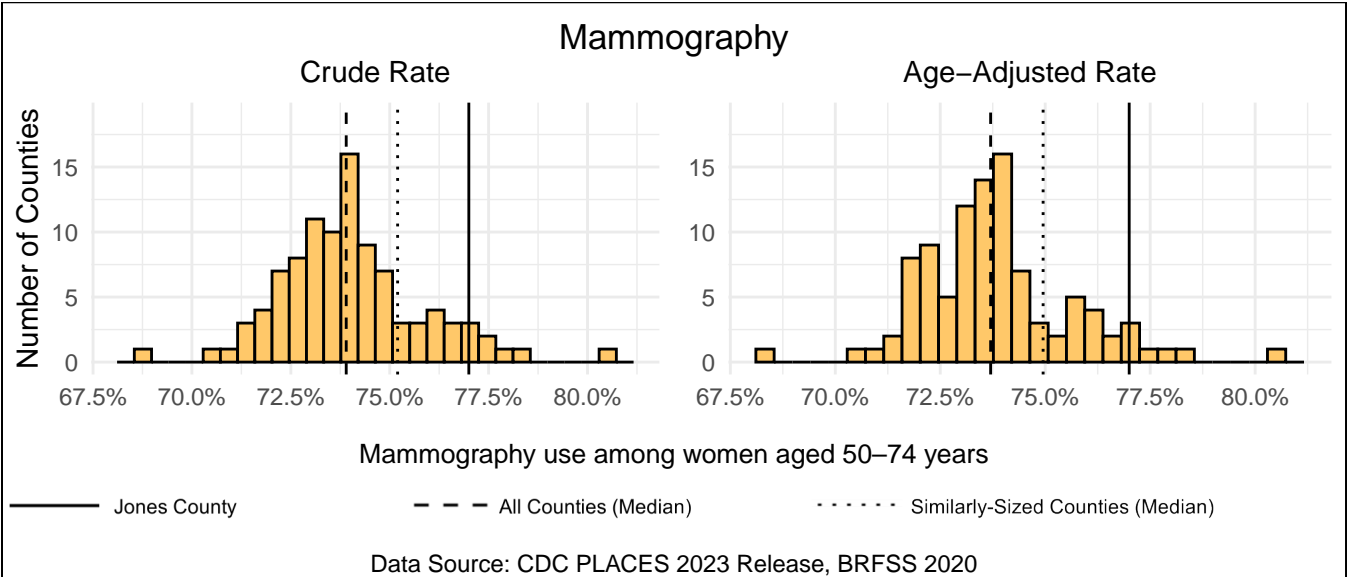
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	68.5%	66.0%	68.5%
Age-Adjusted	67.7%	65.3%	67.7%



Mammography

Jones County has a crude rate of 77.0% for mammography use among women aged 50–74 years, which ranks 7th out of 99 Iowa counties (2nd out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 77.0%, which ranks 5th out of 99 Iowa counties (2nd out of 12 similarly-sized counties).

Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	77.0%	73.9%	75.2%
Age-Adjusted	77.0%	73.7%	75.0%



Disability

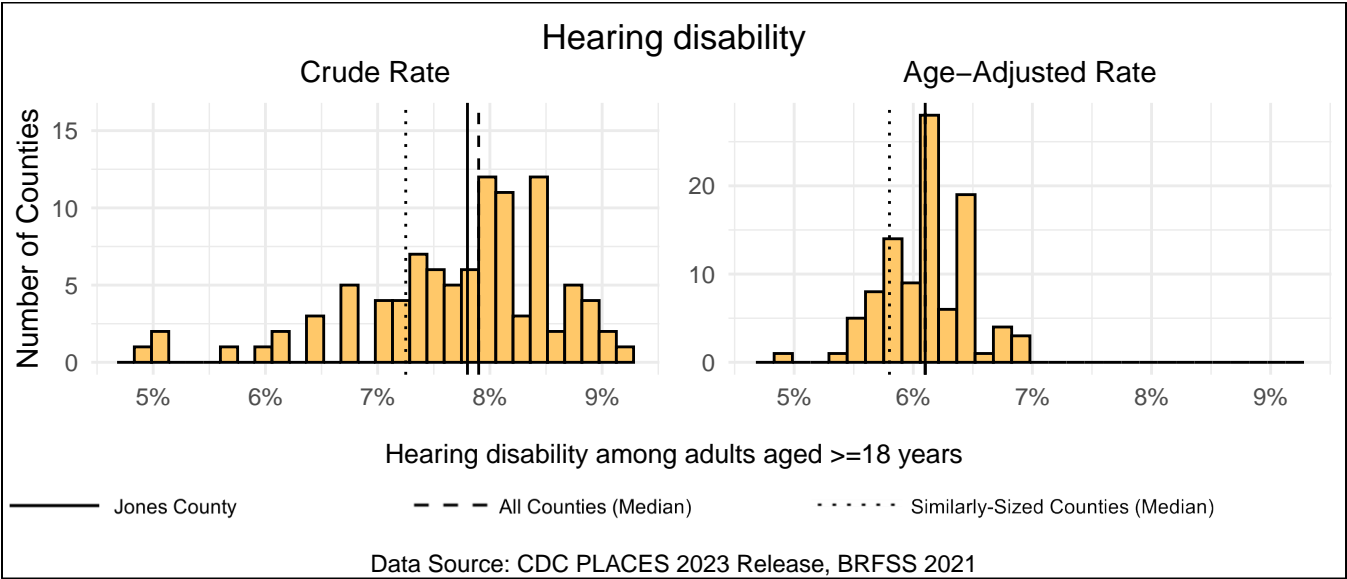
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Jones County has a crude rate of 7.8% for hearing disability among adults aged ≥ 18 years, which ranks 42nd out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 6.1%, which ranks 39th out of 99 Iowa counties (11th out of 12 similarly-sized counties).

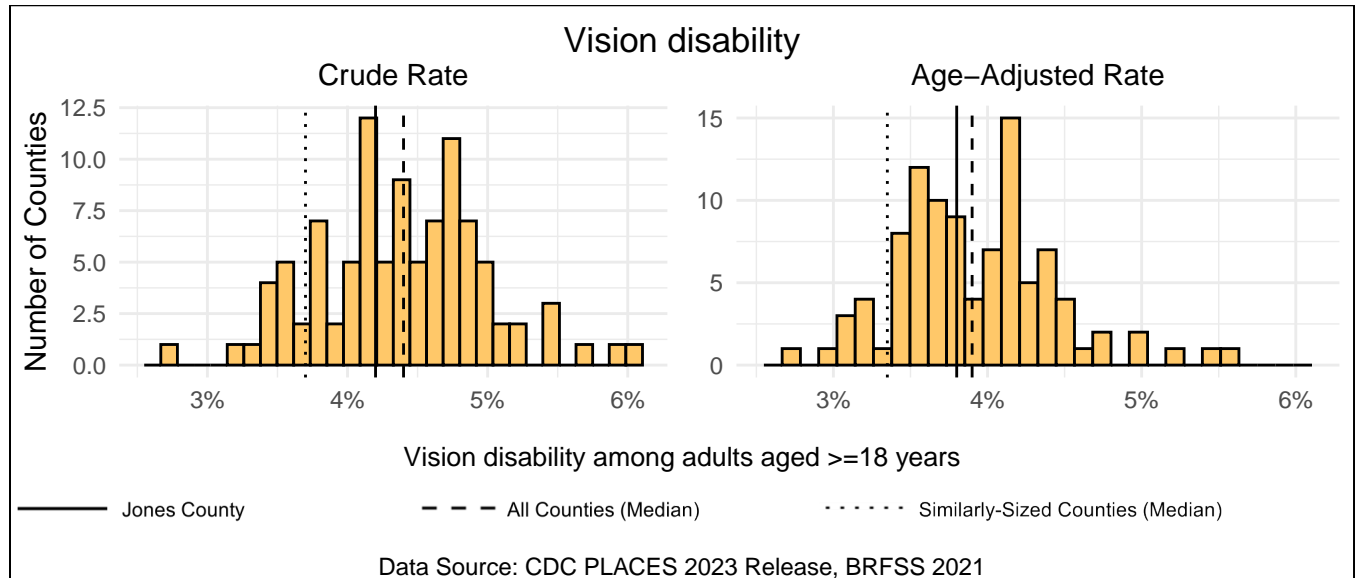
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	7.8%	7.9%	7.2%
Age-Adjusted	6.1%	6.1%	5.8%



Vision disability

Jones County has a crude rate of 4.2% for vision disability among adults aged ≥ 18 years, which ranks 31st out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 3.8%, which ranks 41st out of 99 Iowa counties (12th out of 12 similarly-sized counties).

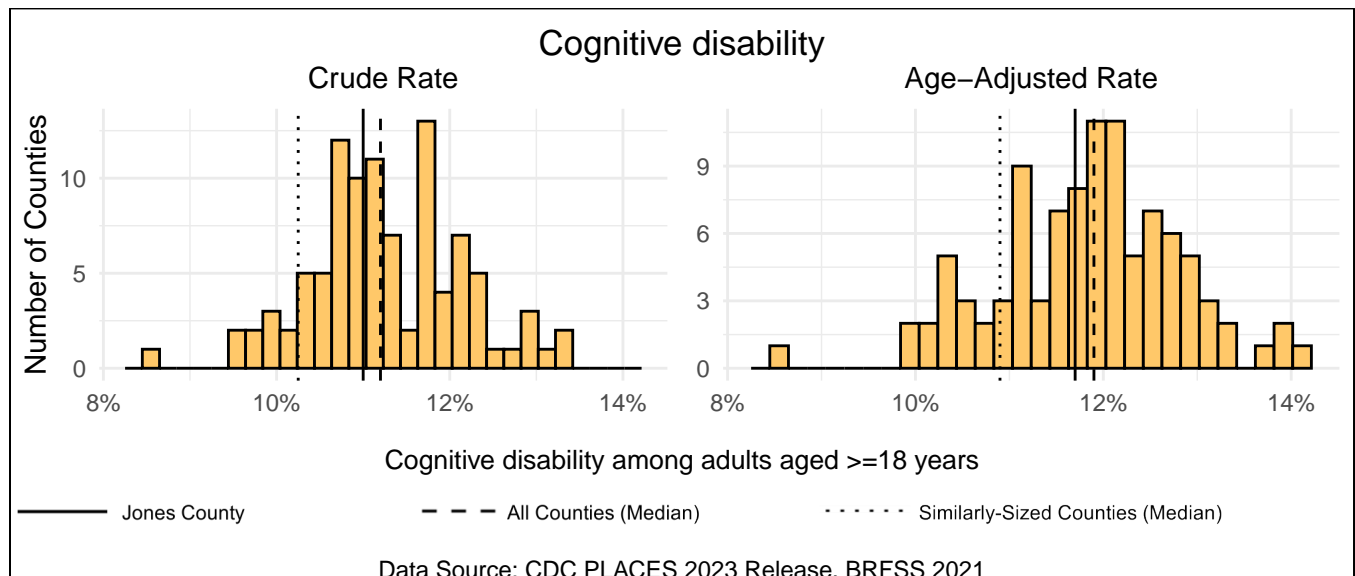
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	4.2%	4.4%	3.7%
Age-Adjusted	3.8%	3.9%	3.3%



Cognitive disability

Jones County has a crude rate of 11.0% for cognitive disability among adults aged ≥ 18 years, which ranks 36th out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 11.7%, which ranks 38th out of 99 Iowa counties (10th out of 12 similarly-sized counties).

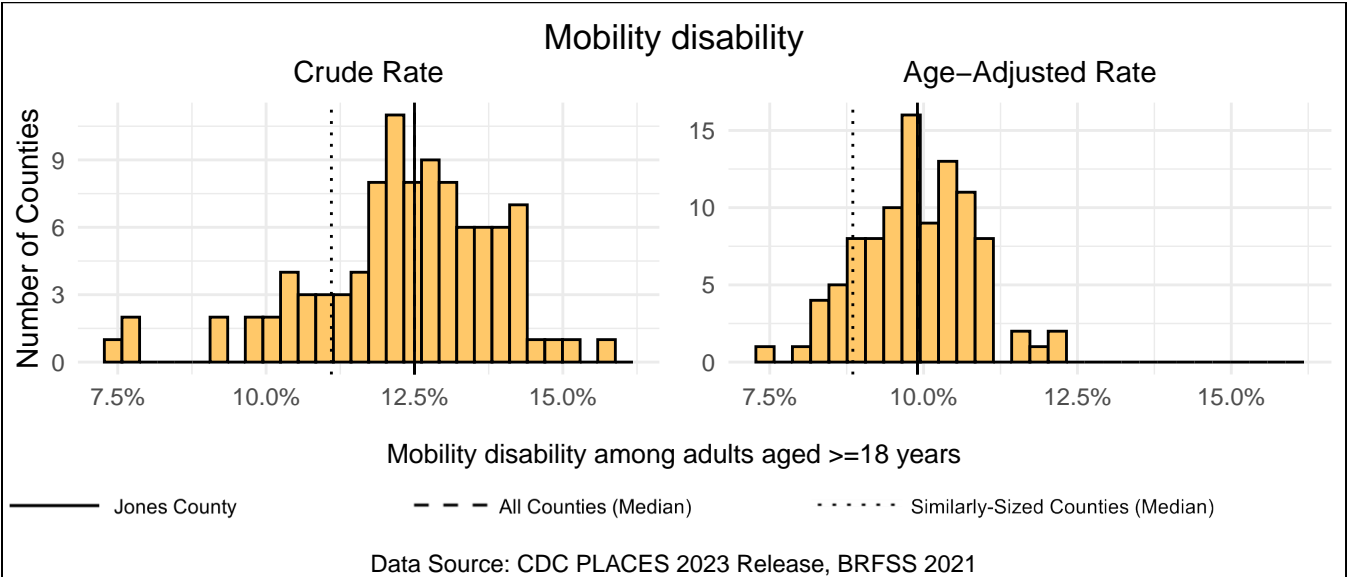
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	11.0%	11.2%	10.2%
Age-Adjusted	11.7%	11.9%	10.9%



Mobility disability

Jones County has a crude rate of 12.5% for mobility disability among adults aged ≥ 18 years, which ranks 50th out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 9.9%, which ranks 49th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

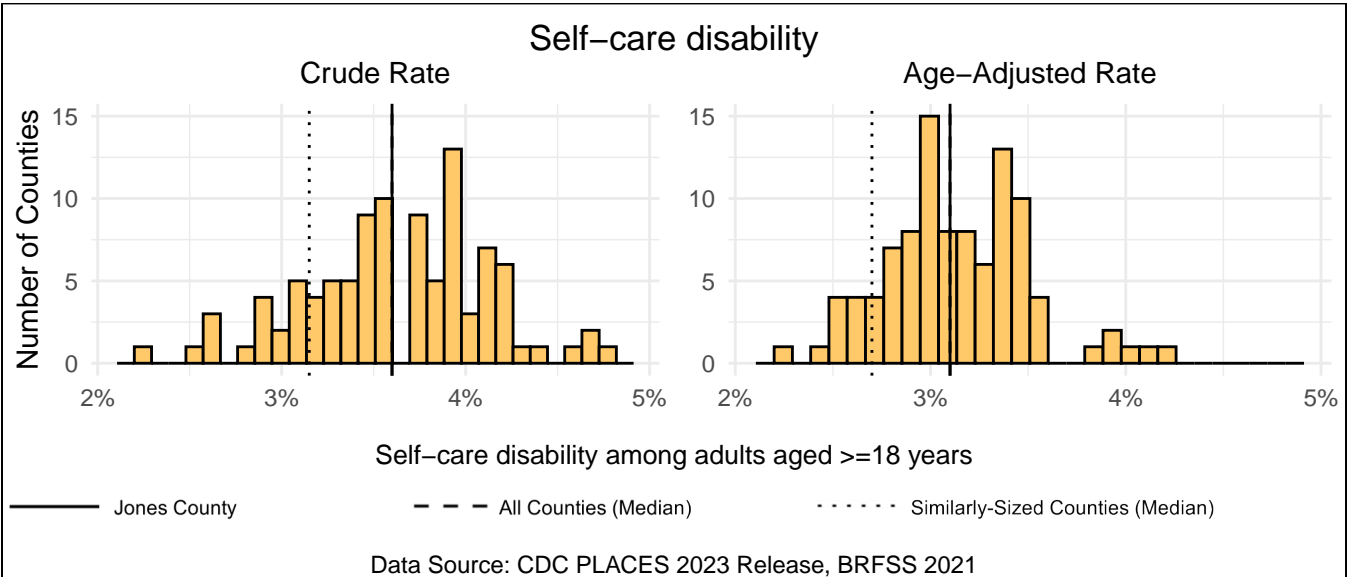
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	12.5%	12.5%	11.1%
Age-Adjusted	9.9%	9.9%	8.8%



Self-care disability

Jones County has a crude rate of 3.6% for self-care disability among adults aged ≥ 18 years, which ranks 41st out of 99 Iowa counties (12th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 3.1%, which ranks 45th out of 99 Iowa counties (12th out of 12 similarly-sized counties).

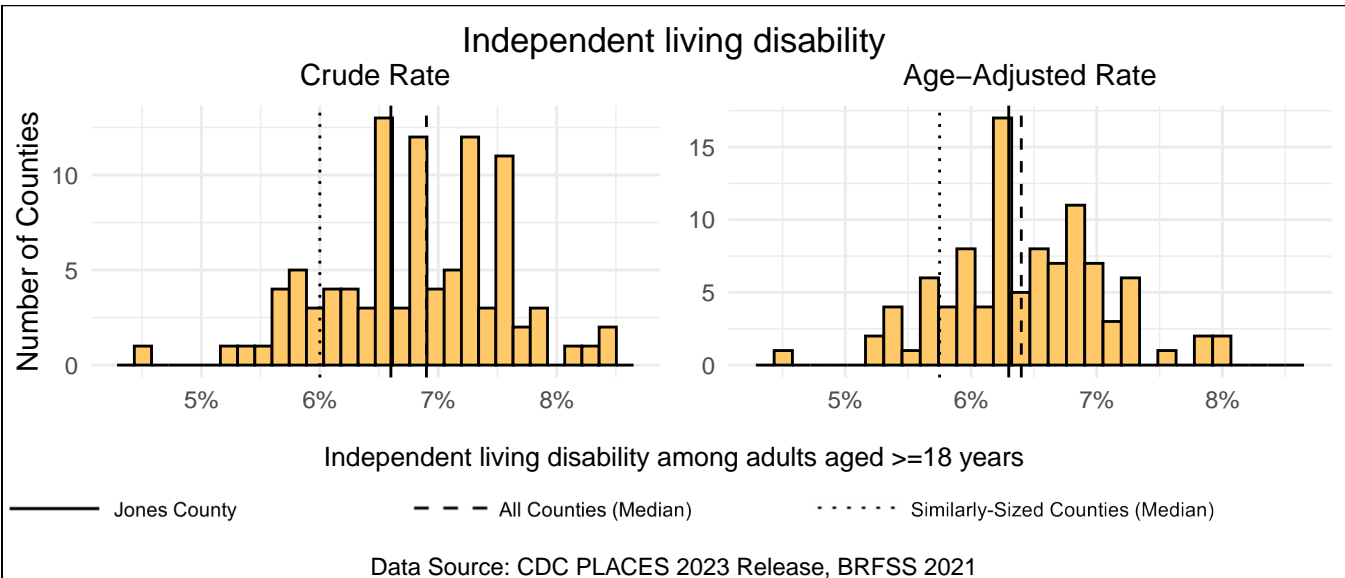
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	3.6%	3.6%	3.2%
Age-Adjusted	3.1%	3.1%	2.7%



Independent living disability

Jones County has a crude rate of 6.6% for independent living disability among adults aged ≥ 18 years, which ranks 33rd out of 99 Iowa counties (11th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 6.3%, which ranks 38th out of 99 Iowa counties (11th out of 12 similarly-sized counties).

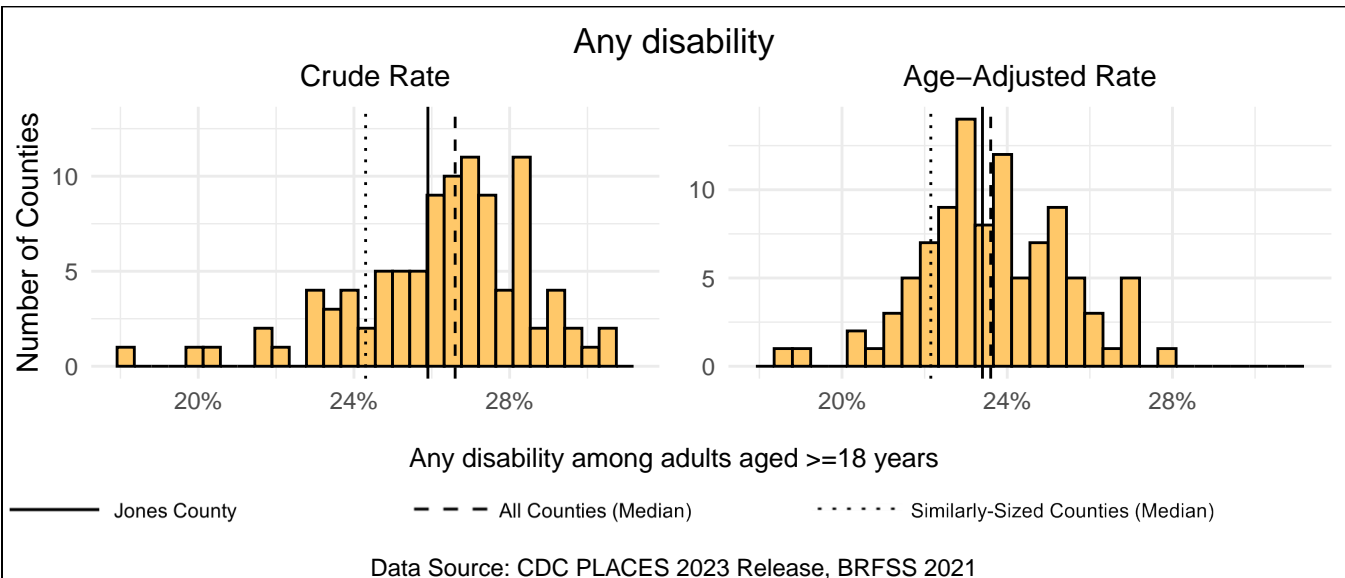
Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	6.6%	6.9%	6.0%
Age-Adjusted	6.3%	6.4%	5.8%



Any disability

Jones County has a crude rate of 25.9% for any disability among adults aged ≥ 18 years, which ranks 35th out of 99 Iowa counties (9th out of 12 similarly-sized counties). The age-adjusted rate for Jones County is 23.4%, which ranks 45th out of 99 Iowa counties (10th out of 12 similarly-sized counties).

Measure Type	Jones County	All Counties	Similarly-Sized Counties
Crude	25.9%	26.6%	24.3%
Age-Adjusted	23.4%	23.6%	22.1%



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Jones County PLACES Data

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	General Health	42	14.8% (12.2% - 17.6%)	46	13.2% (10.9% - 15.5%)
Health Status	Mental Health	35	13.9% (11.8% - 16.1%)	36	15.3% (13.1% - 17.7%)
Health Status	Physical Health	35	10.9% (9.2% - 12.7%)	39	9.8% (8.2% - 11.3%)
Health Risk Behaviors	Physical Inactivity	46	26.7% (21.5% - 31.7%)	46	24.9% (20.1% - 29.8%)
Health Risk Behaviors	Binge Drinking	47	18.5% (15.3% - 22.1%)	53	21.4% (17.7% - 25.4%)
Health Risk Behaviors	Sleep <7 hours	51	30.1% (28.5% - 31.5%)	39	31.2% (29.5% - 32.8%)
Health Risk Behaviors	Current Smoking	55	16.9% (13.3% - 20.7%)	43	17.6% (13.9% - 21.5%)
Health Outcomes	COPD	38	7.7% (6.2% - 9.2%)	39	6.3% (5.1% - 7.5%)
Health Outcomes	Cancer (except skin)	46	8.4% (7.5% - 9.3%)	26	6.4% (5.7% - 7.1%)
Health Outcomes	Obesity	98	42.8% (34.8% - 50.7%)	97	42.8% (34.9% - 50.7%)
Health Outcomes	Stroke	43	3.5% (3.0% - 3.9%)	45	2.7% (2.3% - 3.0%)
Health Outcomes	High Cholesterol	53	37.6% (32.9% - 42.4%)	61	30.1% (25.6% - 34.6%)
Health Outcomes	Depression	59	17.8% (14.5% - 21.4%)	61	18.9% (15.4% - 22.5%)
Health Outcomes	Current Asthma	28	9.2% (8.0% - 10.3%)	18	9.3% (8.2% - 10.6%)
Health Outcomes	Diabetes	53	11.1% (9.3% - 13.0%)	50	8.7% (7.4% - 10.2%)
Health Outcomes	All Teeth Lost	48	10.4% (6.8% - 14.5%)	45	11.2% (7.3% - 15.8%)
Health Outcomes	High Blood Pressure	70	34.7% (30.4% - 39.1%)	76	28.9% (25.0% - 32.8%)
Health Outcomes	Arthritis	63	29.4% (25.0% - 33.7%)	72	23.7% (20.1% - 27.4%)
Health Outcomes	Coronary Heart Disease	40	7.0% (5.9% - 8.0%)	33	5.1% (4.4% - 5.9%)
Health Outcomes	Chronic Kidney Disease	33	3.3% (3.0% - 3.7%)	17	2.6% (2.3% - 2.9%)
Prevention	Colorectal Cancer Screening	16	74.9% (71.7% - 77.8%)	12	72.6% (69.0% - 75.7%)
Prevention	Taking BP Medication	52	80.7% (77.6% - 83.6%)	26	59.8% (54.6% - 64.5%)
Prevention	Core preventive services for older women	39	39.3% (32.1% - 47.1%)	40	40.3% (33.1% - 48.0%)
Prevention	Cervical Cancer Screening	24	82.9% (80.1% - 85.7%)	39	83.2% (80.7% - 85.6%)
Prevention	Cholesterol Screening	25	83.2% (80.2% - 86.0%)	30	79.4% (75.8% - 82.7%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Dental Visit	23	68.5% (65.0% - 71.8%)	23	67.7% (64.2% - 71.1%)
Prevention	Core preventive services for older men	55	42.3% (34.0% - 51.3%)	53	43.0% (34.9% - 51.5%)
Prevention	Mammography	7	77.0% (72.9% - 81.0%)	5	77.0% (72.6% - 81.1%)
Prevention	Health Insurance	39	7.6% (5.8% - 9.7%)	34	8.0% (6.1% - 10.5%)
Prevention	Annual Checkup	38	76.1% (71.2% - 80.6%)	30	73.0% (67.7% - 77.8%)
Disability	Any Disability	35	25.9% (21.9% - 29.9%)	45	23.4% (19.7% - 27.4%)
Disability	Vision Disability	31	4.2% (3.5% - 5.0%)	41	3.8% (3.2% - 4.4%)
Disability	Self-care Disability	41	3.6% (3.0% - 4.2%)	45	3.1% (2.6% - 3.6%)
Disability	Mobility Disability	50	12.5% (10.2% - 14.8%)	49	9.9% (8.2% - 11.6%)
Disability	Hearing Disability	42	7.8% (6.8% - 8.9%)	39	6.1% (5.4% - 6.9%)
Disability	Independent Living Disability	33	6.6% (5.5% - 7.8%)	38	6.3% (5.3% - 7.3%)
Disability	Cognitive Disability	36	11.0% (9.2% - 13.0%)	38	11.7% (9.7% - 13.7%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

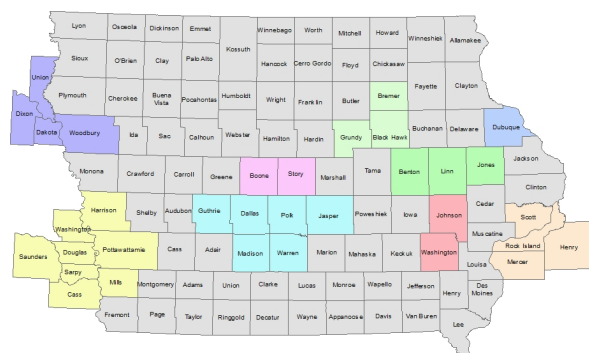
Appendix 3: Metropolitan Non-Core Counties

Jones County falls into the group of metropolitan non-core counties. In this data, 12 counties fall into this group. The table below lists all counties in the group, sorted by the population estimate in the CDC PLACES dataset.

County	Population Group	Population
Dallas County	Metropolitan Non-Core	103,796
Warren County	Metropolitan Non-Core	53,402
Jasper County	Metropolitan Non-Core	37,764
Benton County	Metropolitan Non-Core	25,691
Bremer County	Metropolitan Non-Core	25,081
Washington County	Metropolitan Non-Core	22,491
Jones County	Metropolitan Non-Core	20,805
Madison County	Metropolitan Non-Core	16,773
Harrison County	Metropolitan Non-Core	14,669
Mills County	Metropolitan Non-Core	14,465
Grundy County	Metropolitan Non-Core	12,347
Guthrie County	Metropolitan Non-Core	10,567

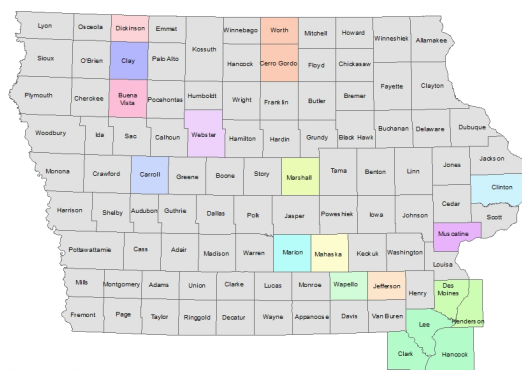
Metropolitan and micropolitan areas can be found in the link and the maps below.

<https://www.icip.iastate.edu/maps/refmaps/cofips>



March 2020 Metropolitan Statistical Area Definitions

- | | | |
|-------------------------------------|--------------------------------|-----------------------------|
| Ames, IA | Des Moines-West Des Moines, IA | Omaha-Council Bluffs, NE-IA |
| Cedar Rapids, IA | Dubuque, IA | Sioux City, IA-NE-SD |
| Davenport-Moline-Rock Island, IA-IL | Iowa City, IA | Waterloo-Cedar Falls, IA |



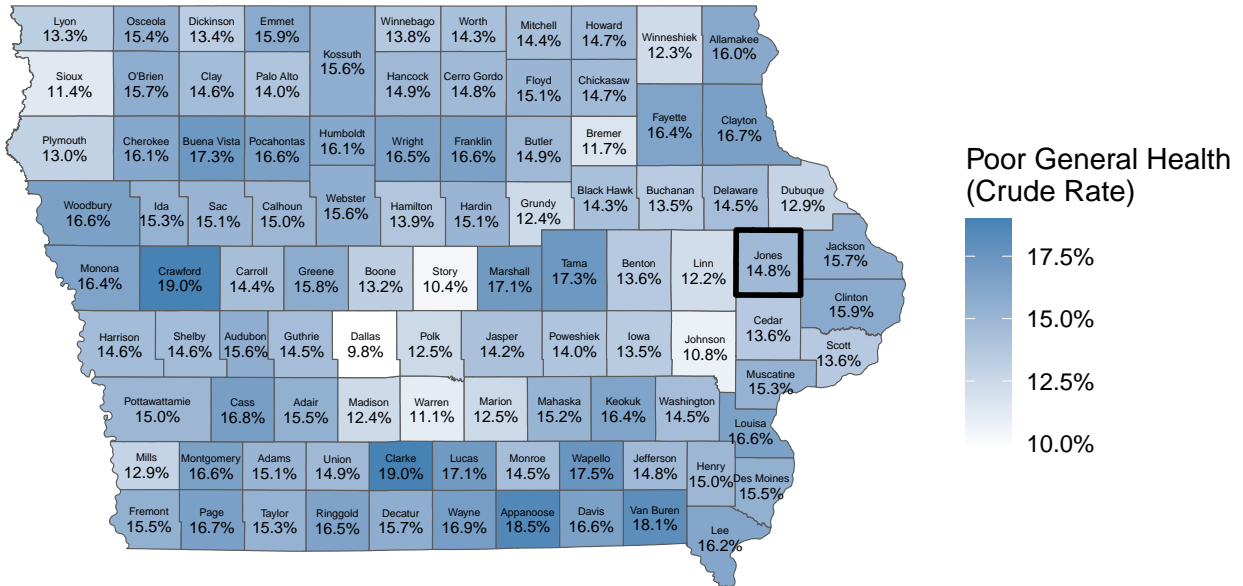
March 2020 Micropolitan Statistical Area Definitions

- | | | | | |
|-------------------|-------------------------------|------------------|---------------|-----------------|
| Burlington, IA-IL | Fairfield, IA | Marshalltown, IA | Oskaloosa, IA | Spencer, IA |
| Carroll, IA | Fort Dodge, IA | Mason City, IA | Ottumwa, IA | Spirit Lake, IA |
| Clinton, IA | Fort Madison-Keokuk, IA-IL-MO | Muscatine, IA | Pella, IA | Storm Lake, IA |

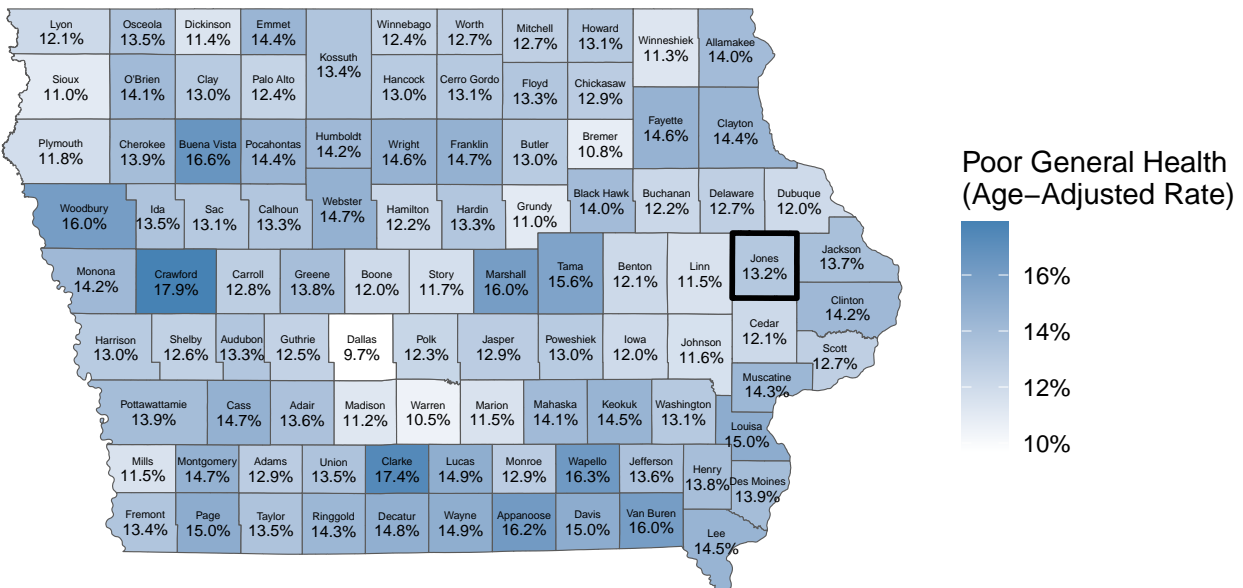
Appendix 4: County Maps

Poor General Health

Fair or poor self-rated health status among adults aged ≥ 18 years



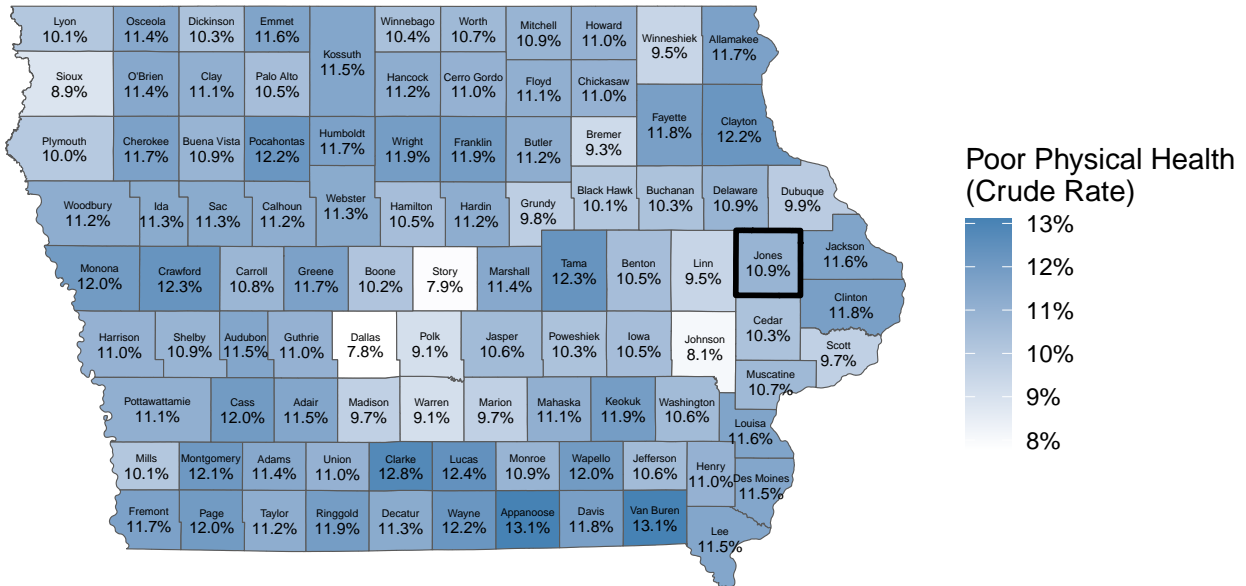
Data Source: CDC PLACES 2023 Release, BRFSS 2021



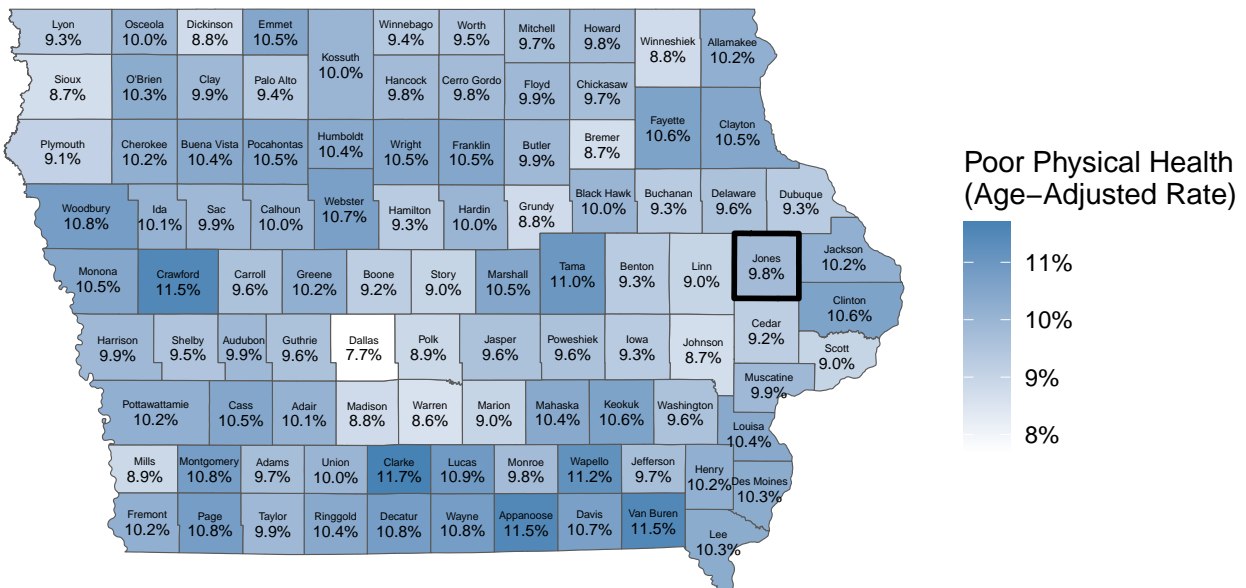
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Poor Physical Health

Physical health not good for ≥ 14 days among adults aged ≥ 18 years



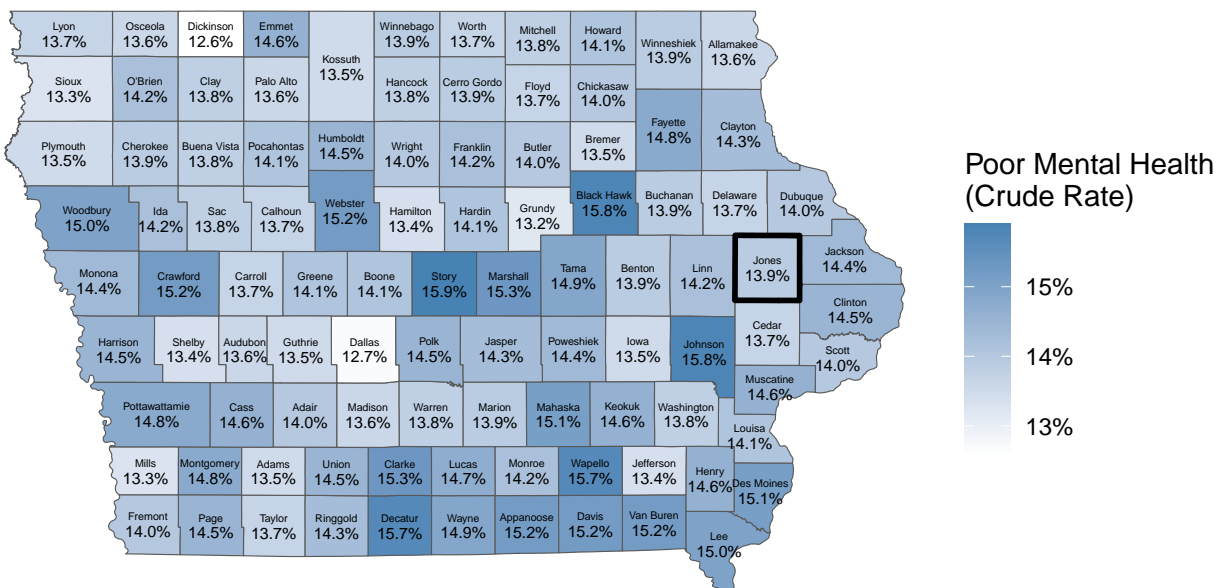
Data Source: CDC PLACES 2023 Release, BRFSS 2021



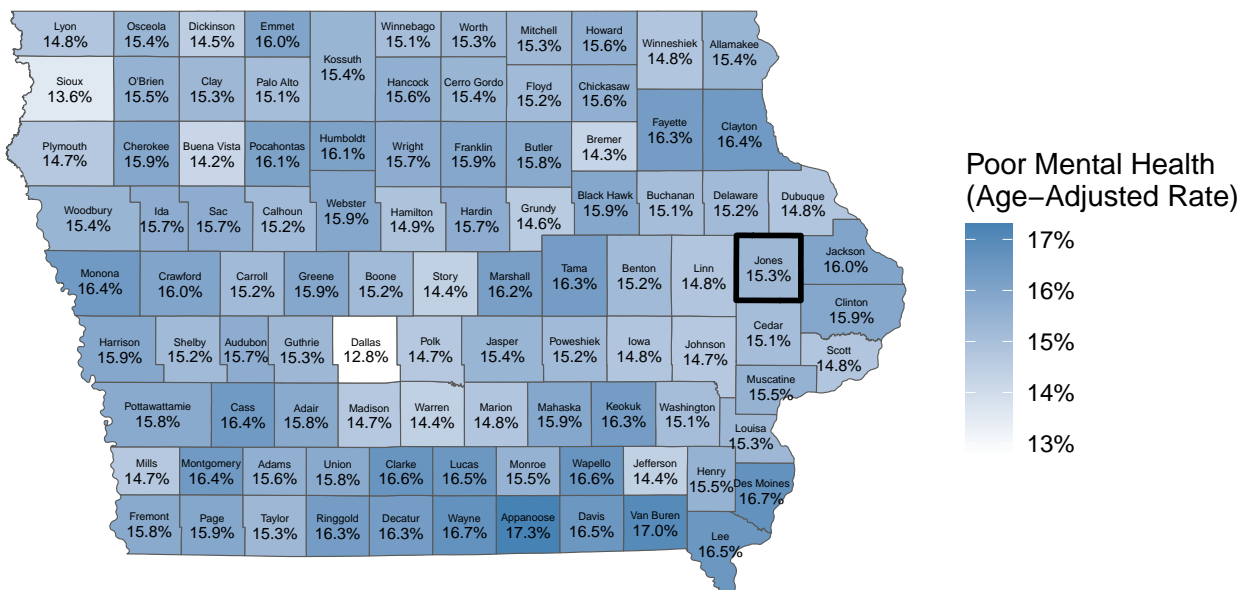
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Poor Mental Health

Mental health not good for ≥ 14 days among adults aged ≥ 18 years



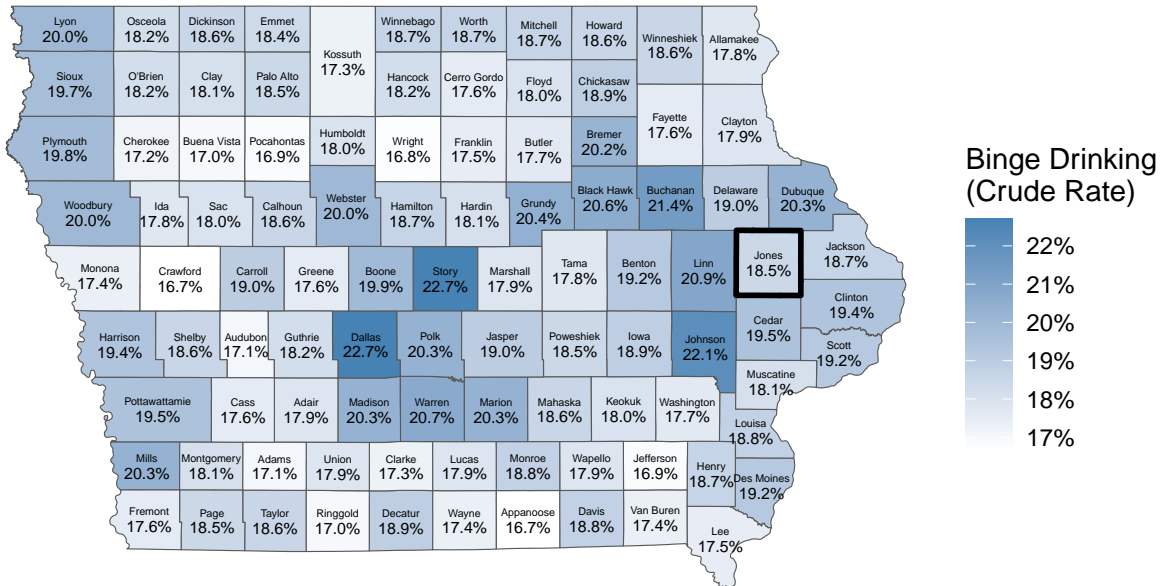
Data Source: CDC PLACES 2023 Release, BRFSS 2021



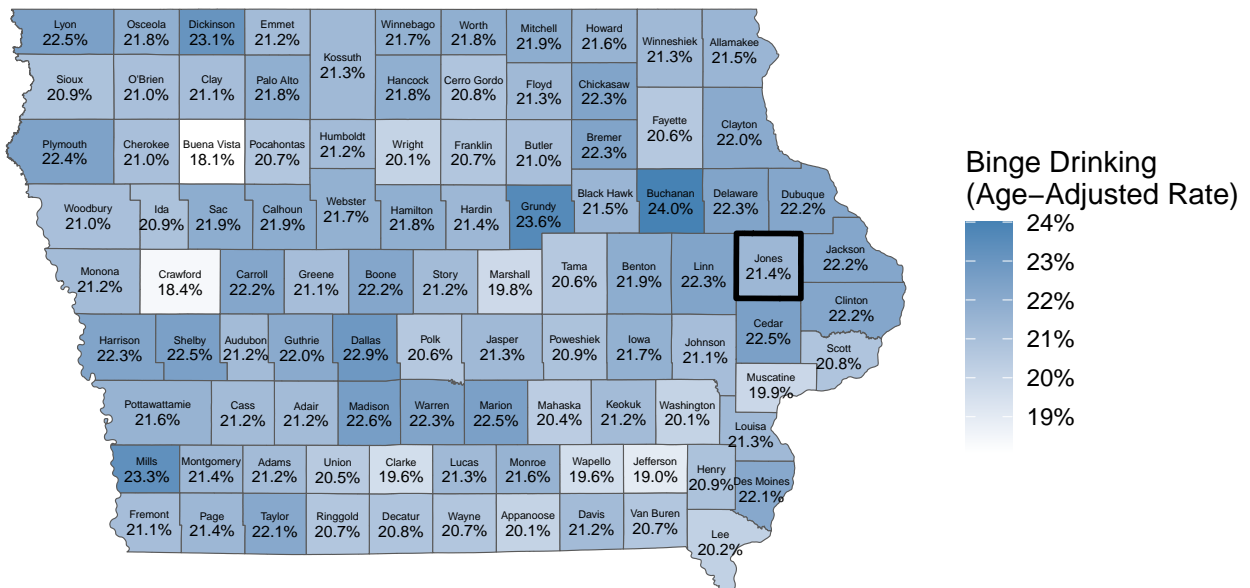
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Binge Drinking

Binge drinking among adults aged >=18 years



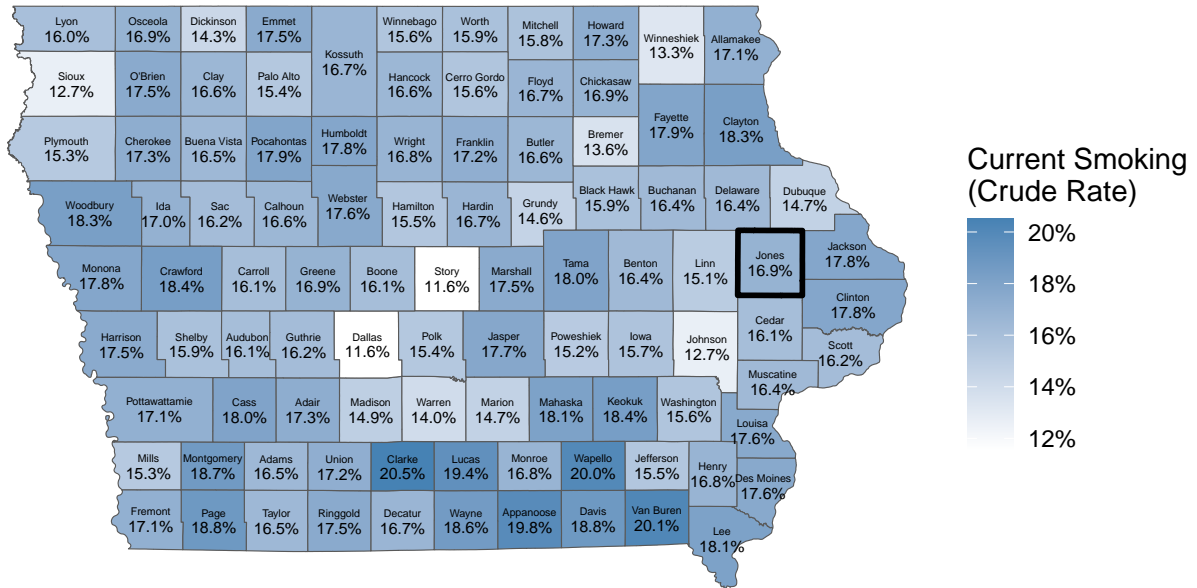
Data Source: CDC PLACES 2023 Release, BRFSS 2021



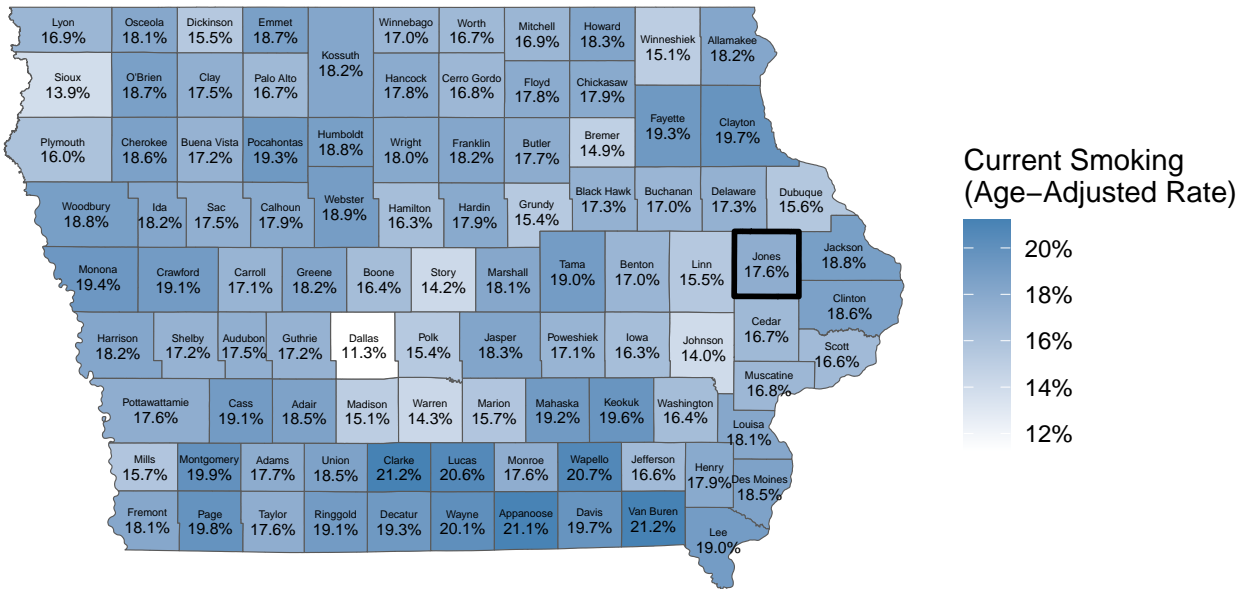
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Current Smoking

Current smoking among adults aged ≥ 18 years



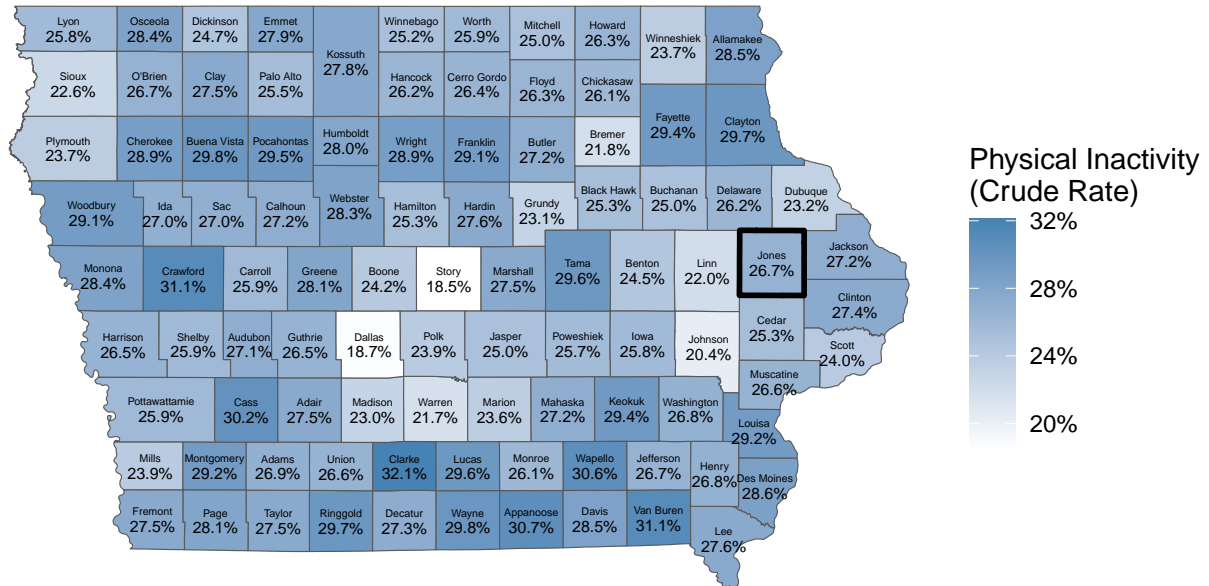
Data Source: CDC PLACES 2023 Release, BRFSS 2021



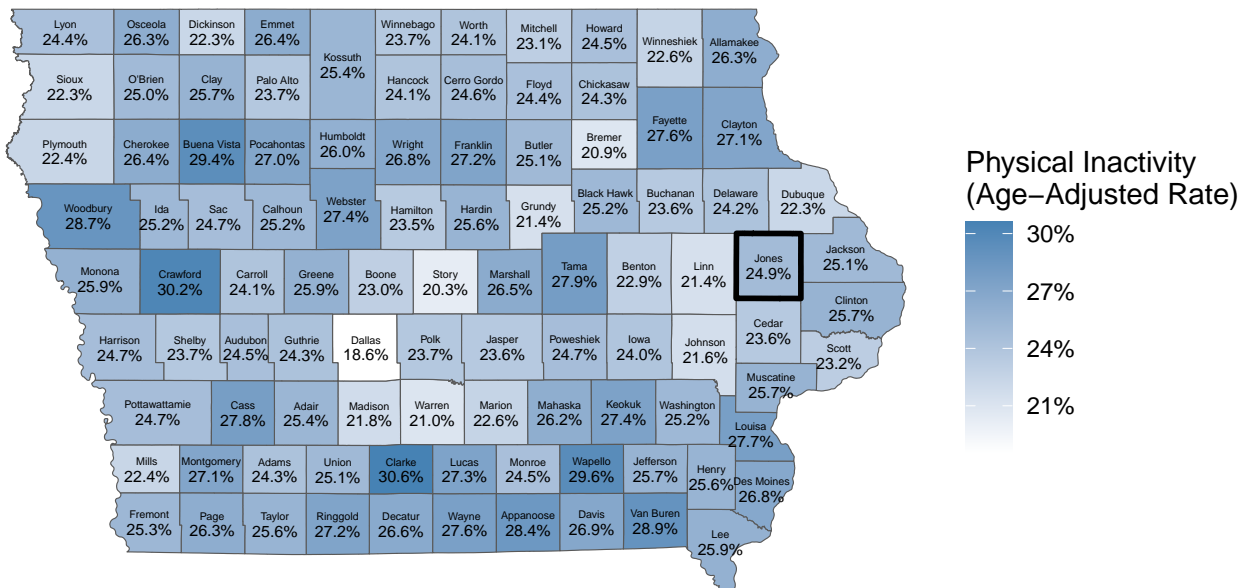
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Physical Inactivity

No leisure-time physical activity among adults aged ≥ 18 years



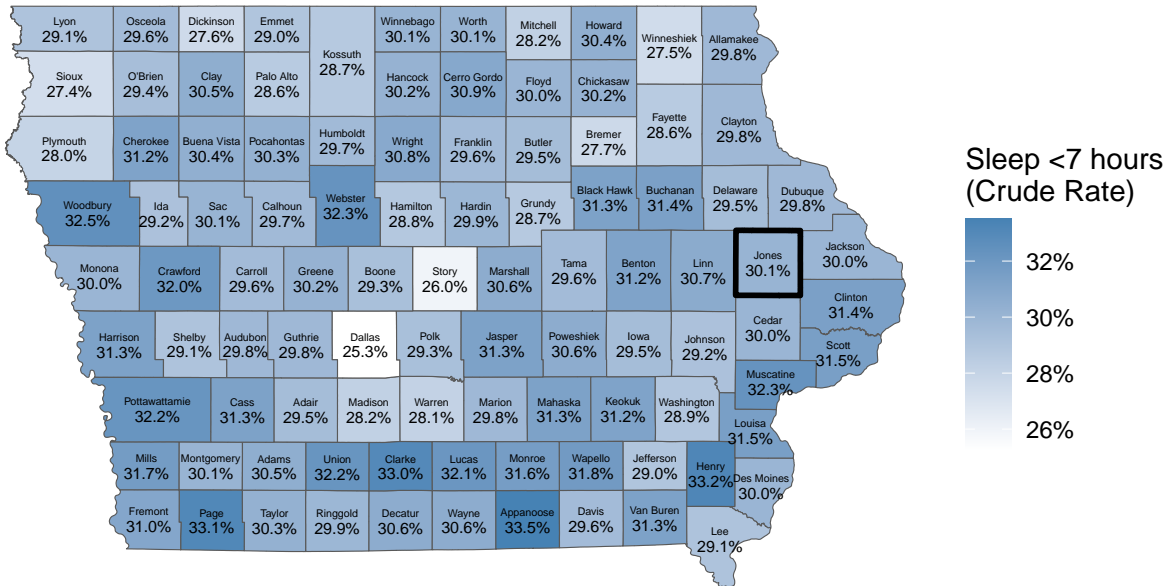
Data Source: CDC PLACES 2023 Release, BRFSS 2021



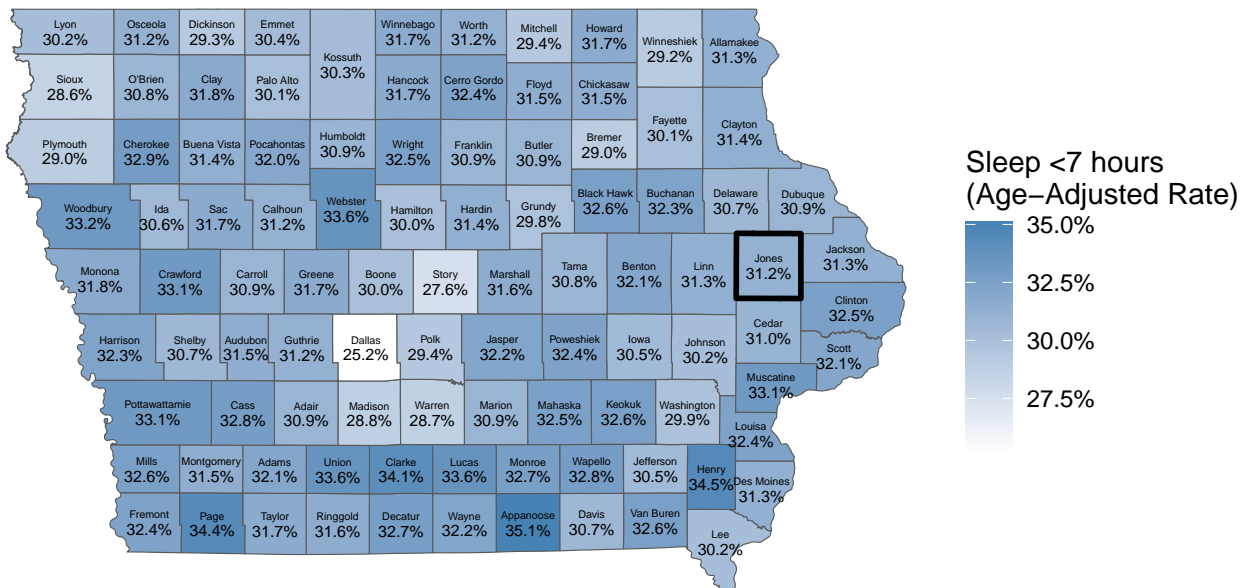
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Sleep <7 hours

Sleeping less than 7 hours among adults aged ≥ 18 years



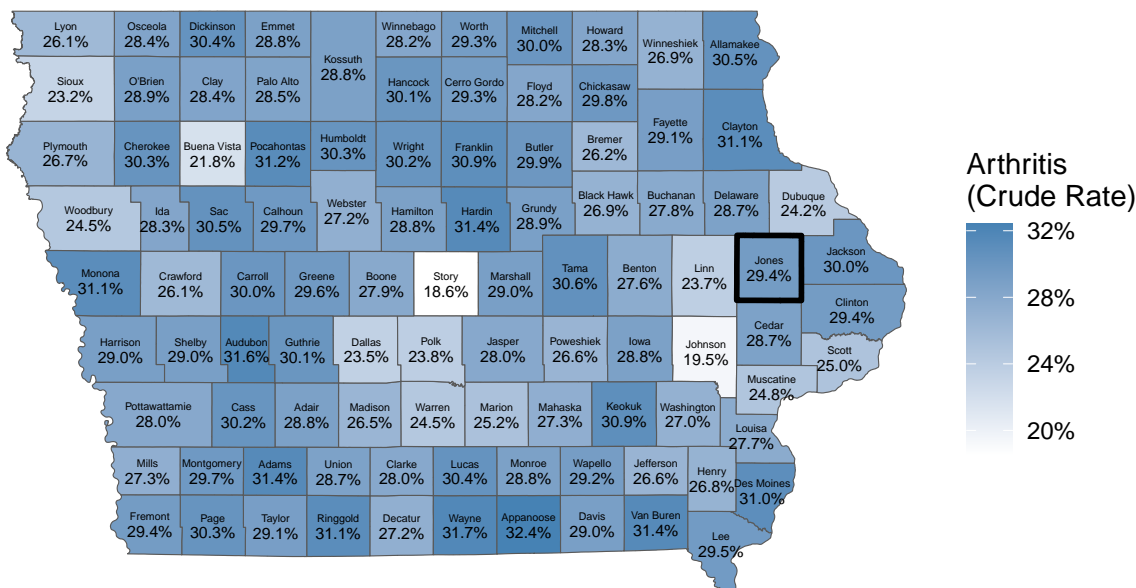
Data Source: CDC PLACES 2023 Release, BRFSS 2020



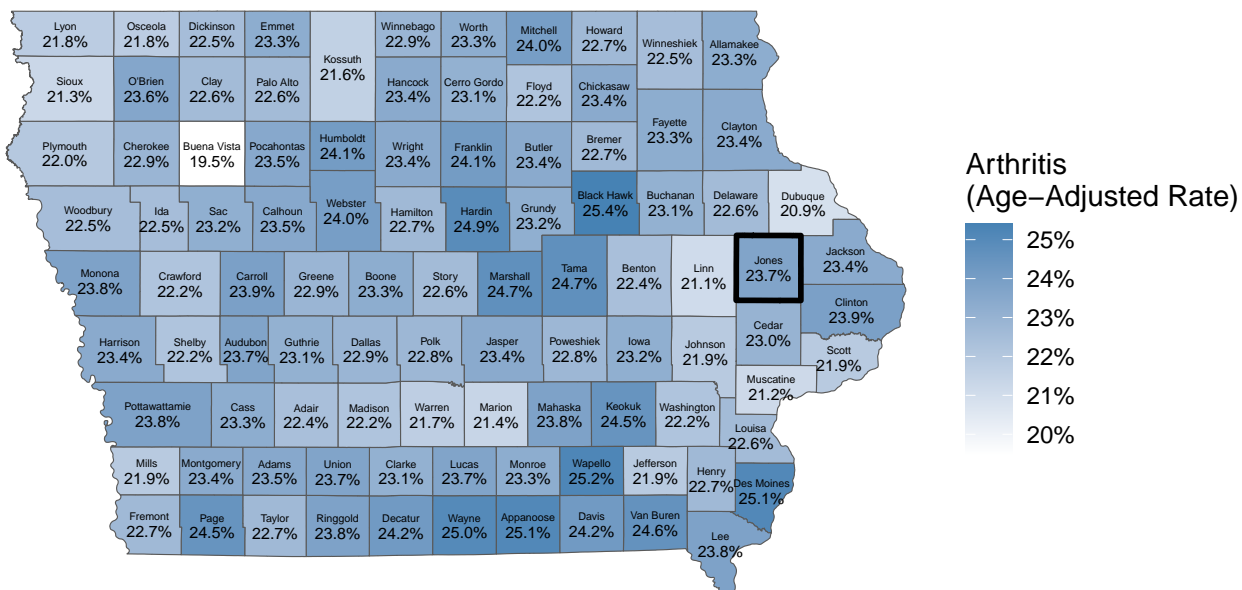
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Arthritis

Arthritis among adults aged >=18 years



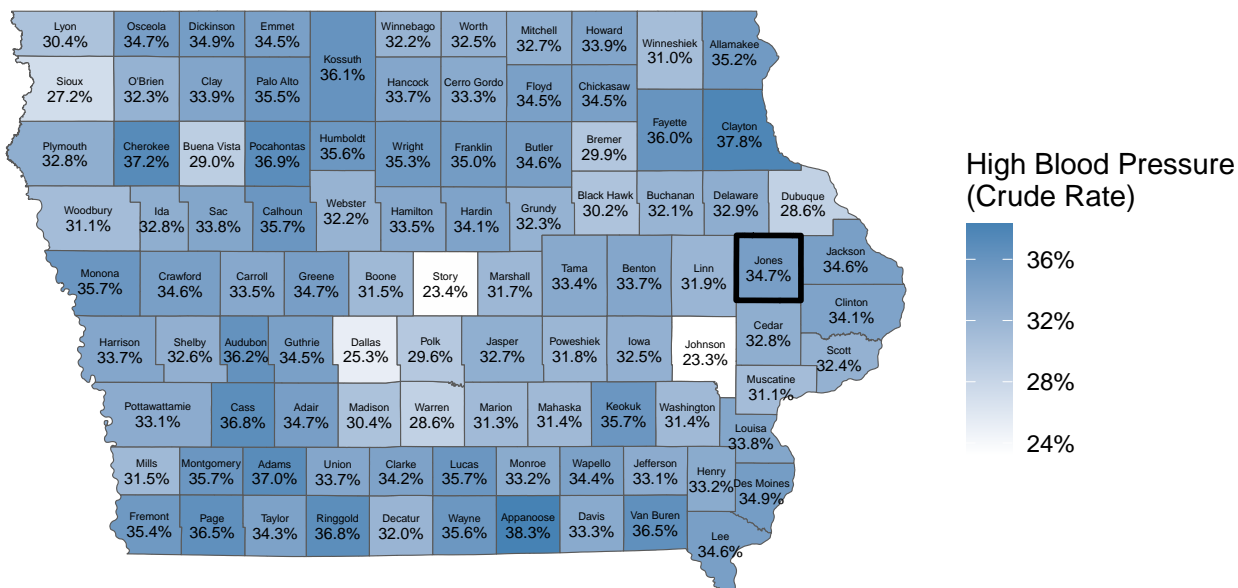
Data Source: CDC PLACES 2023 Release, BRFSS 2021



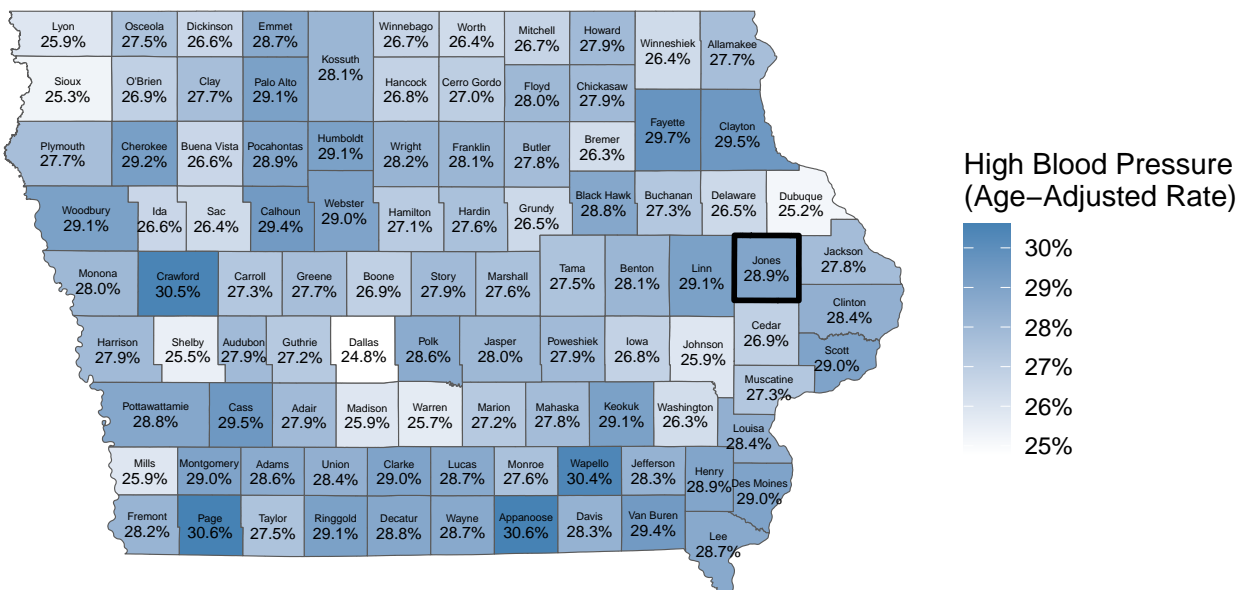
Data Source: CDC PLACES 2023 Release, BRFSS 2021

High Blood Pressure

High blood pressure among adults aged >=18 years



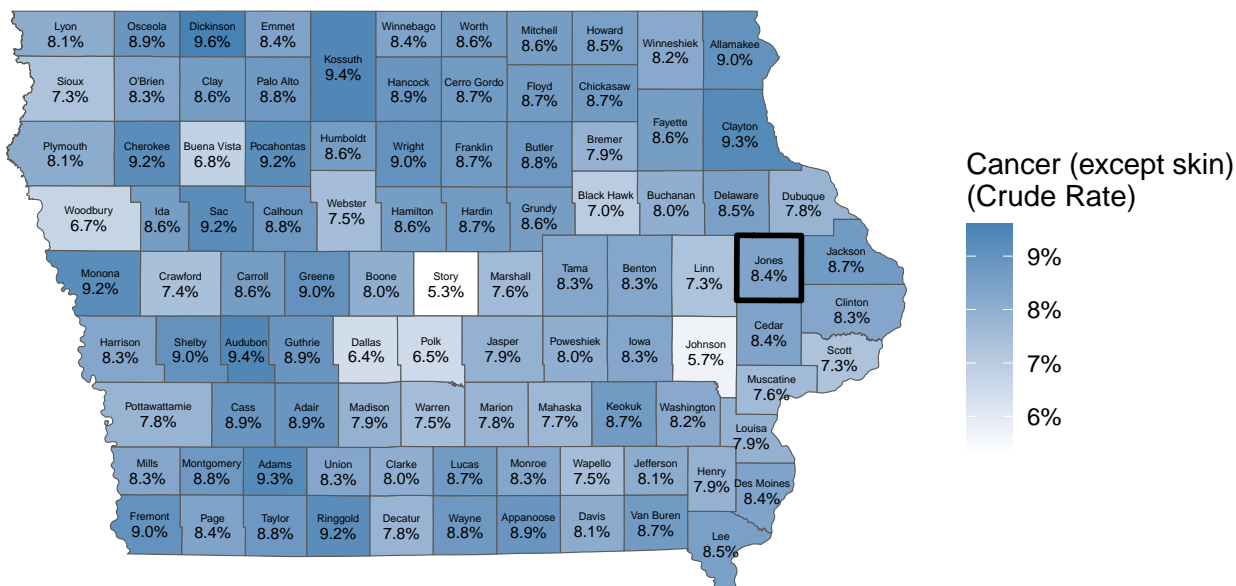
Data Source: CDC PLACES 2023 Release, BRFSS 2021



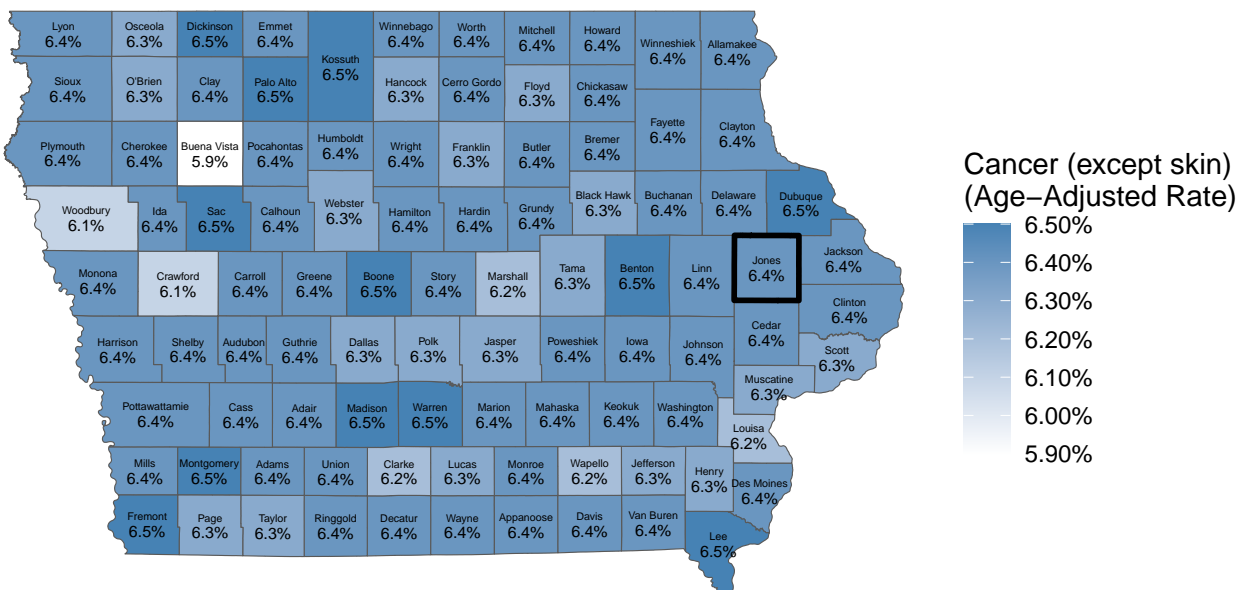
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Cancer (except skin)

Cancer (excluding skin cancer) among adults aged ≥ 18 years



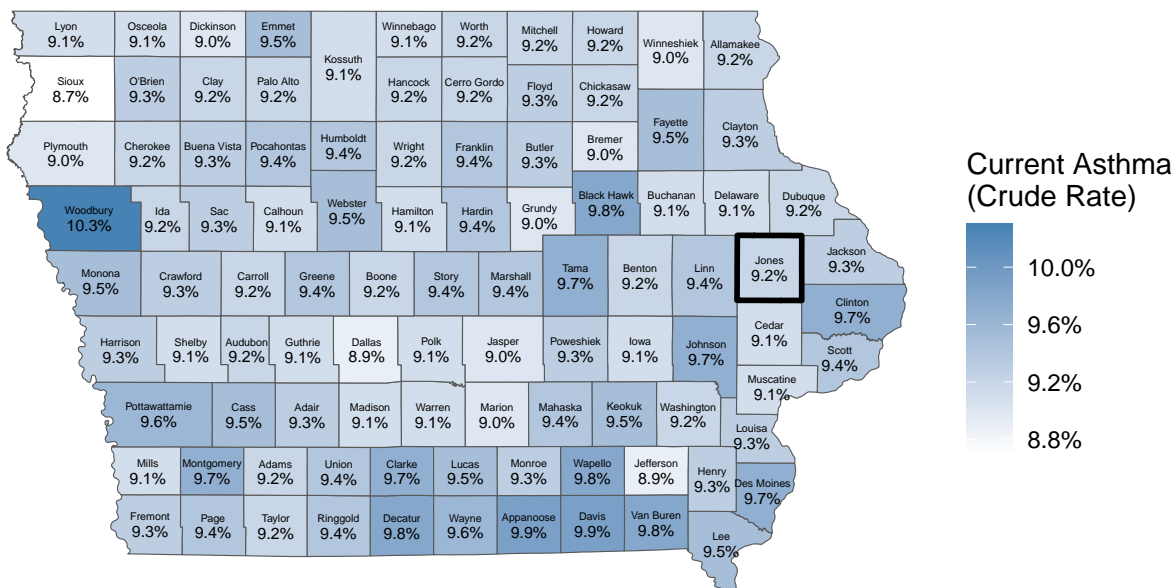
Data Source: CDC PLACES 2023 Release, BRFSS 2021



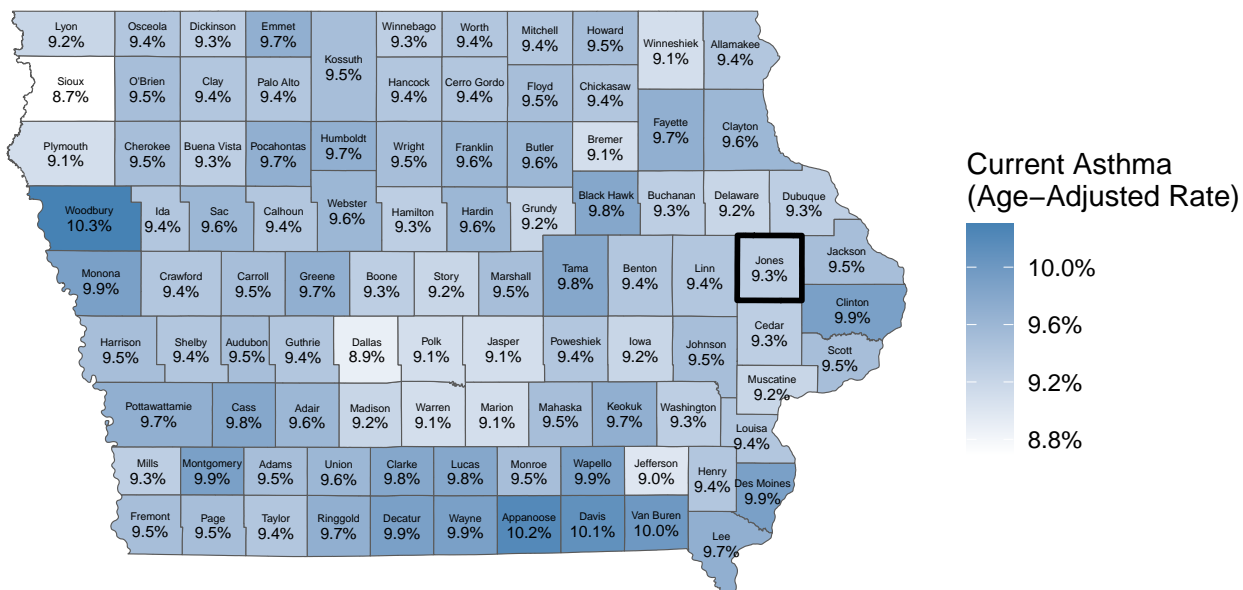
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Current Asthma

Current asthma among adults aged ≥ 18 years



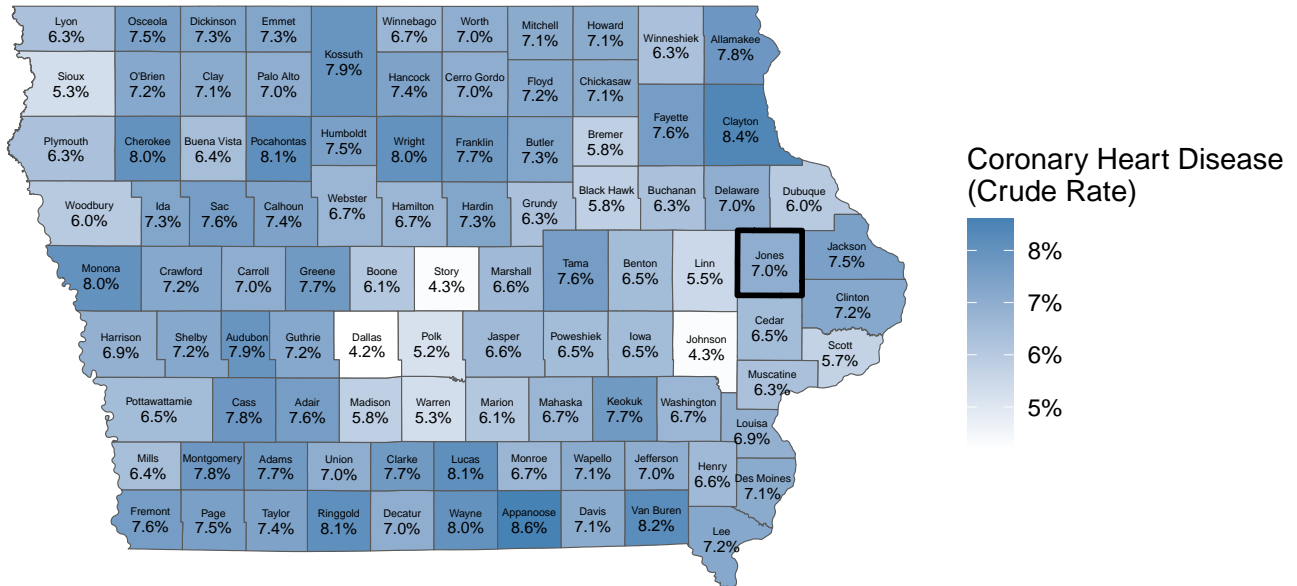
Data Source: CDC PLACES 2023 Release, BRFSS 2021



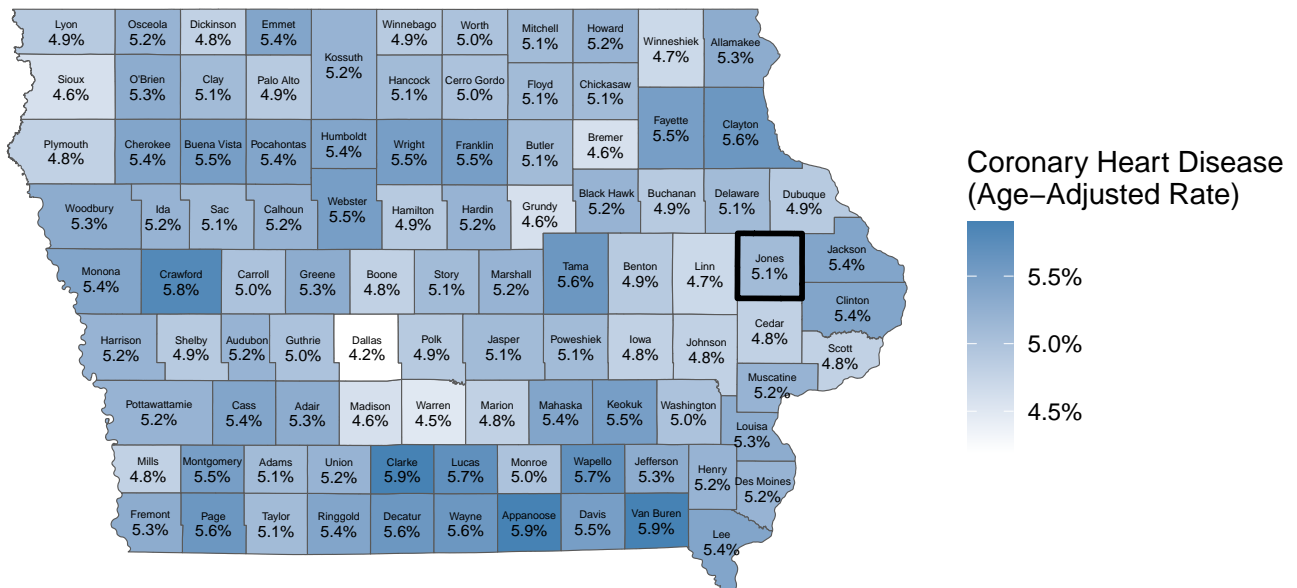
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Coronary Heart Disease

Coronary heart disease among adults aged ≥ 18 years



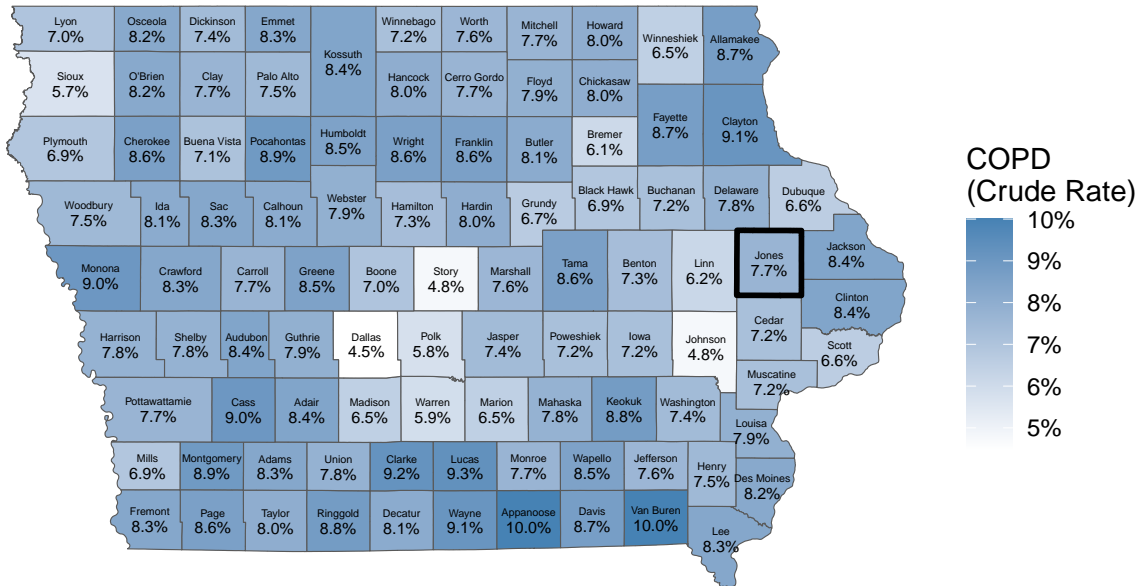
Data Source: CDC PLACES 2023 Release, BRFSS 2021



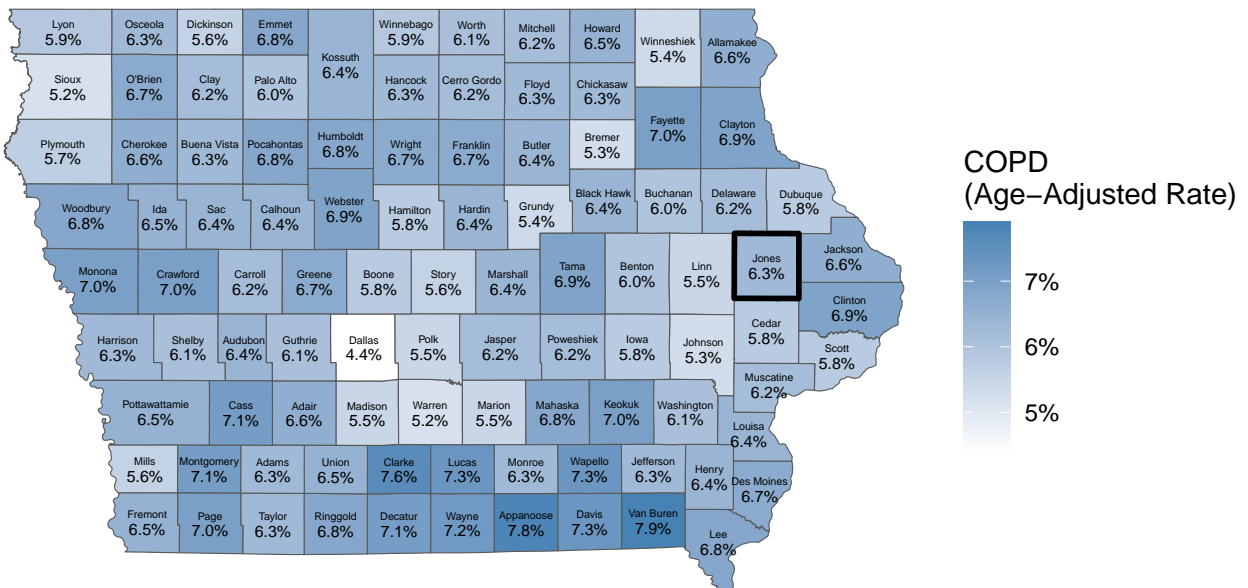
Data Source: CDC PLACES 2023 Release, BRFSS 2021

COPD

Chronic obstructive pulmonary disease among adults aged ≥ 18 years



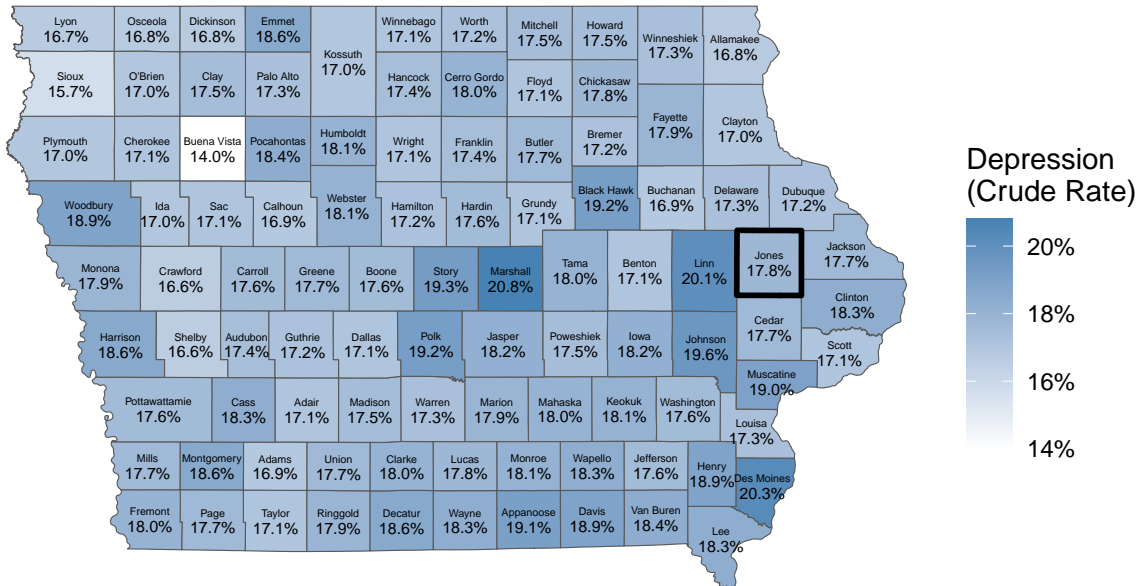
Data Source: CDC PLACES 2023 Release, BRFSS 2021



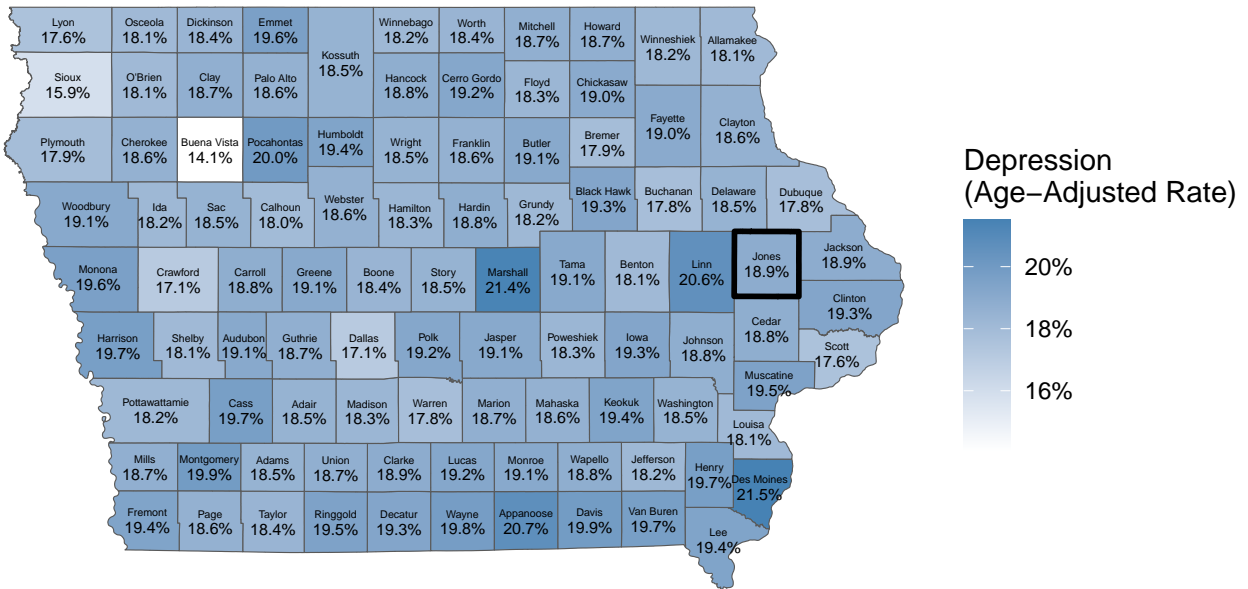
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Depression

Depression among adults aged >=18 years



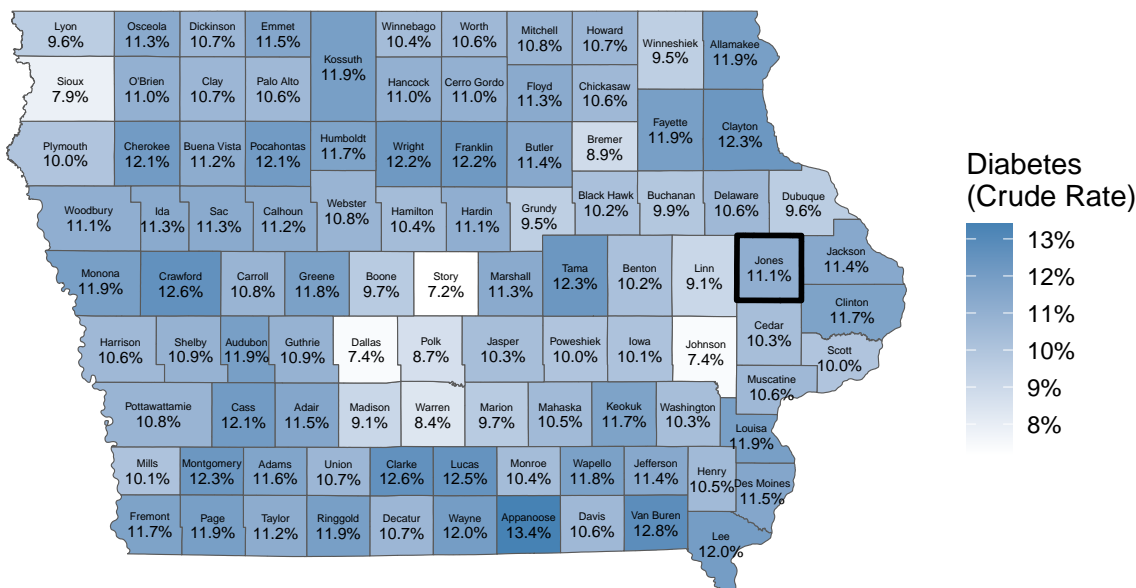
Data Source: CDC PLACES 2023 Release, BRFSS 2021



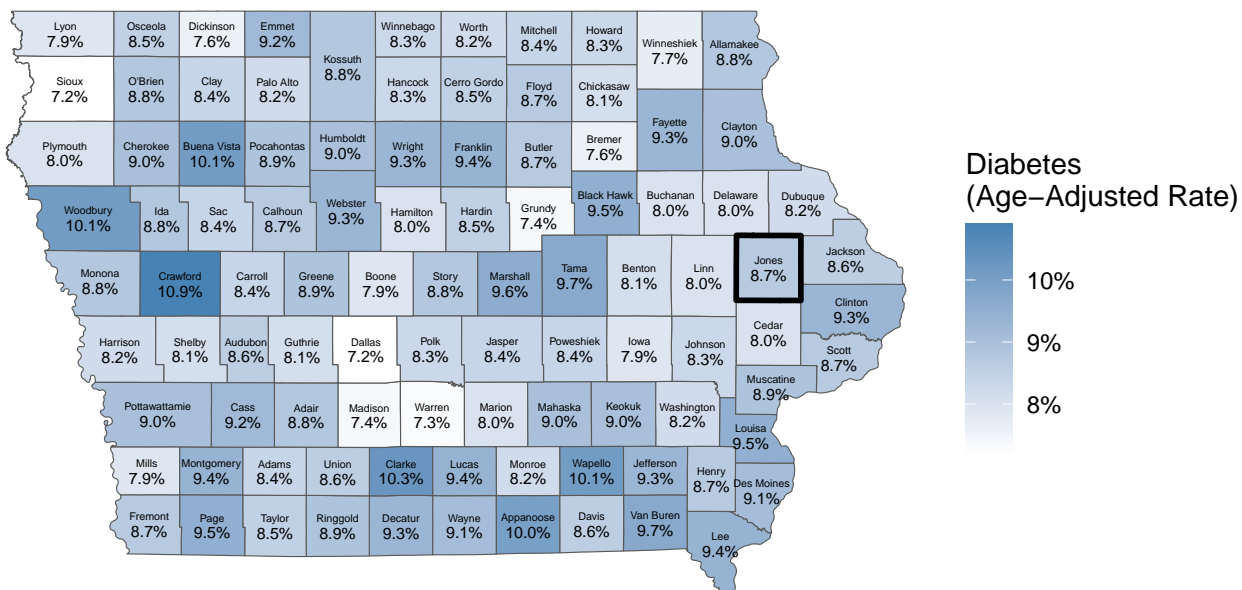
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Diabetes

Diagnosed diabetes among adults aged >=18 years



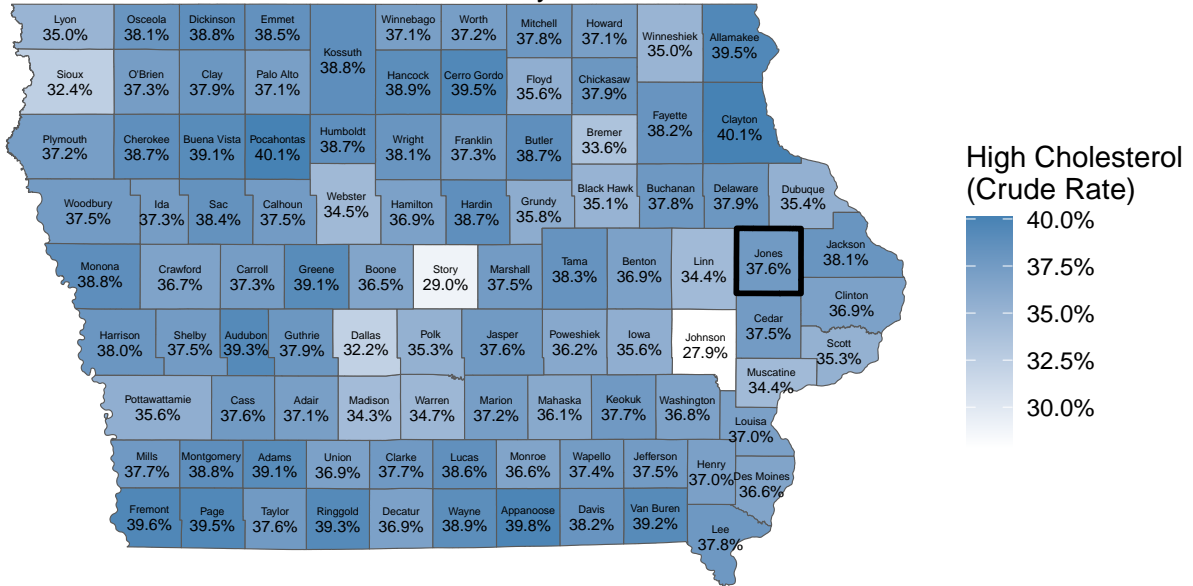
Data Source: CDC PLACES 2023 Release, BRFSS 2021



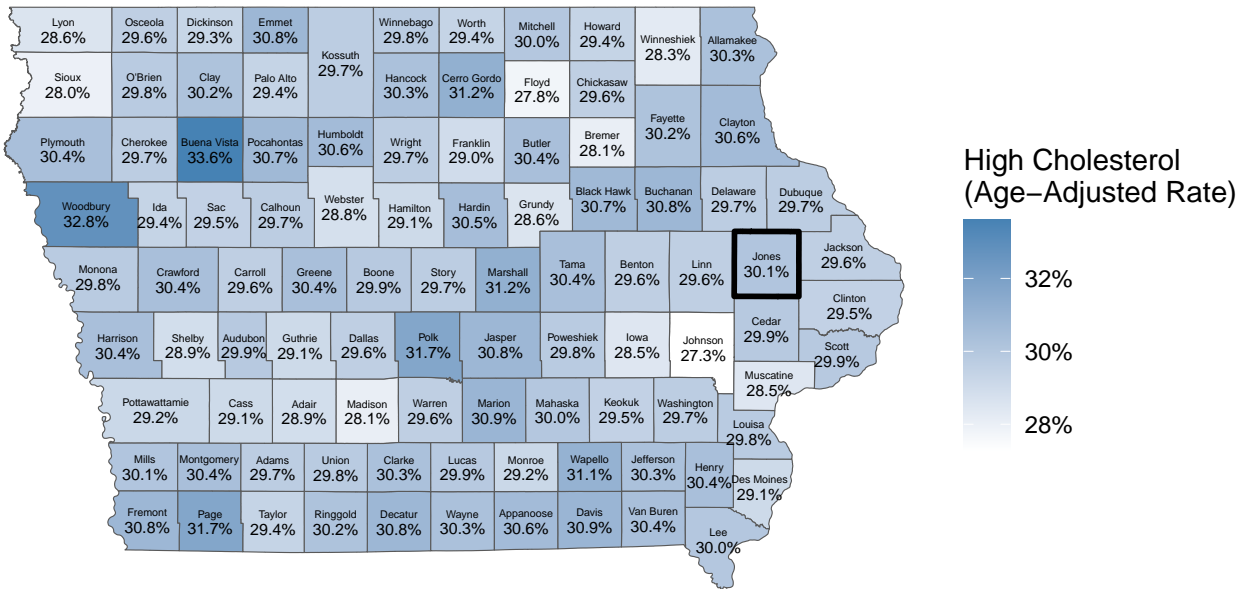
Data Source: CDC PLACES 2023 Release, BRFSS 2021

High Cholesterol

High cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years



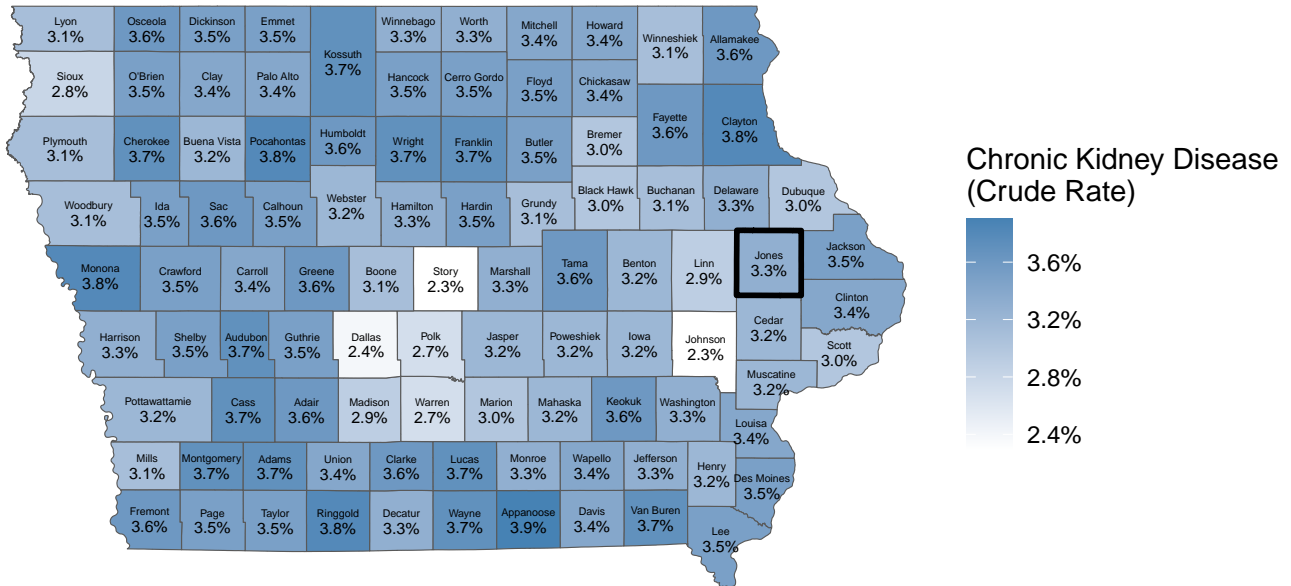
Data Source: CDC PLACES 2023 Release, BRFSS 2021



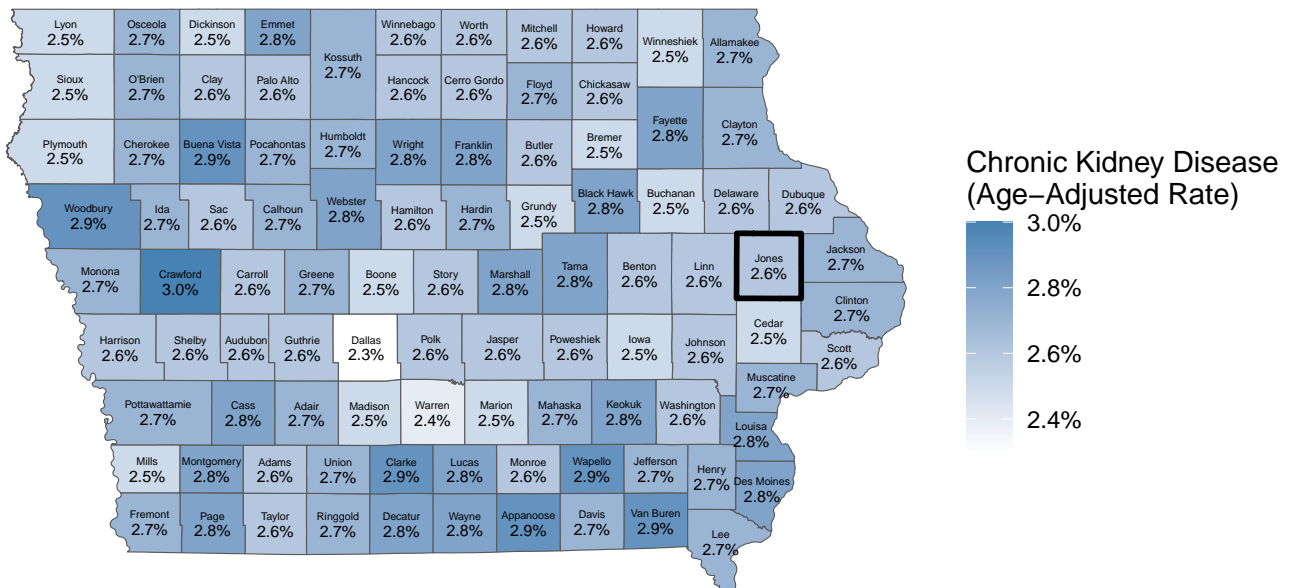
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Chronic Kidney Disease

Chronic kidney disease among adults aged ≥ 18 years



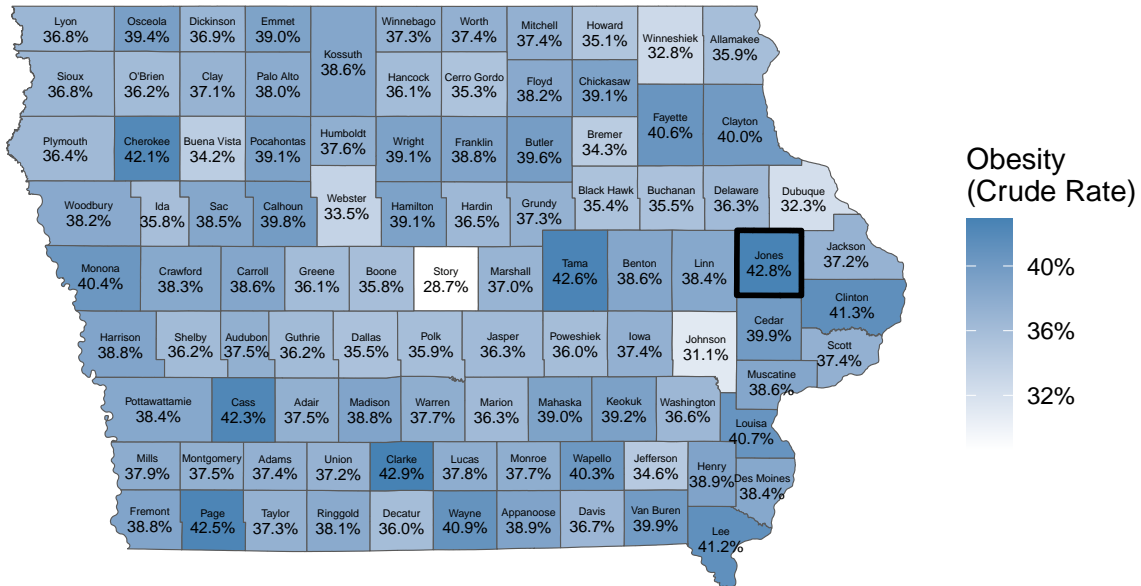
Data Source: CDC PLACES 2023 Release, BRFSS 2021



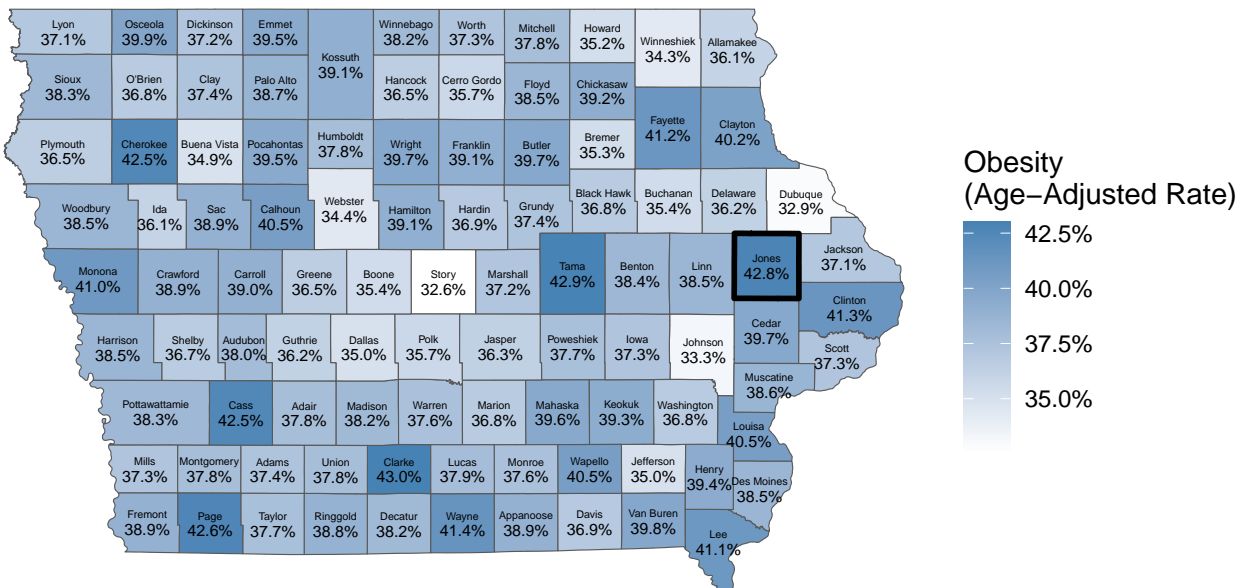
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Obesity

Obesity among adults aged >=18 years



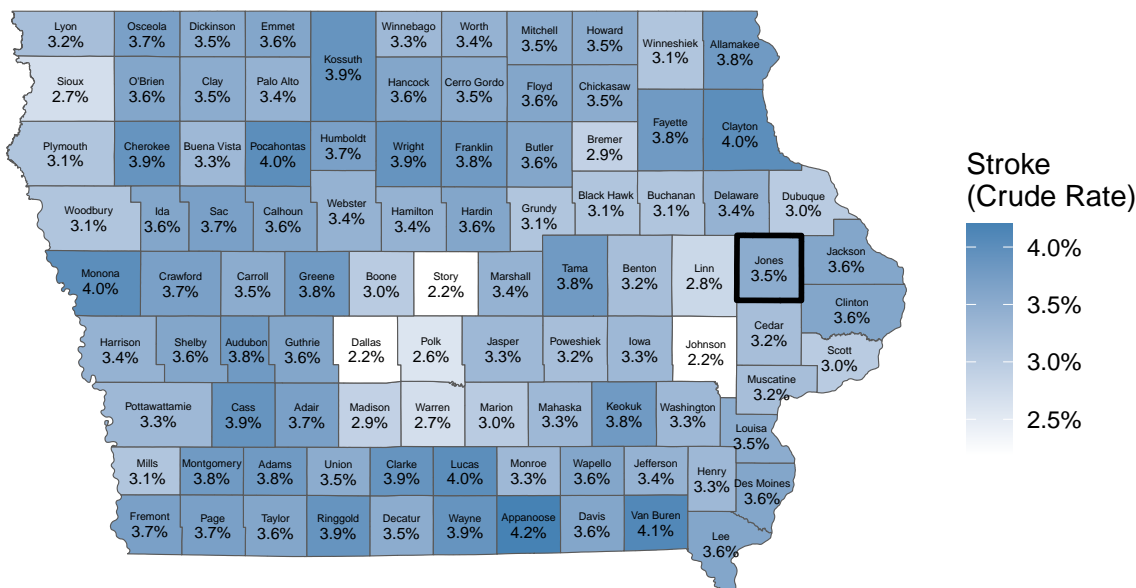
Data Source: CDC PLACES 2023 Release, BRFSS 2021



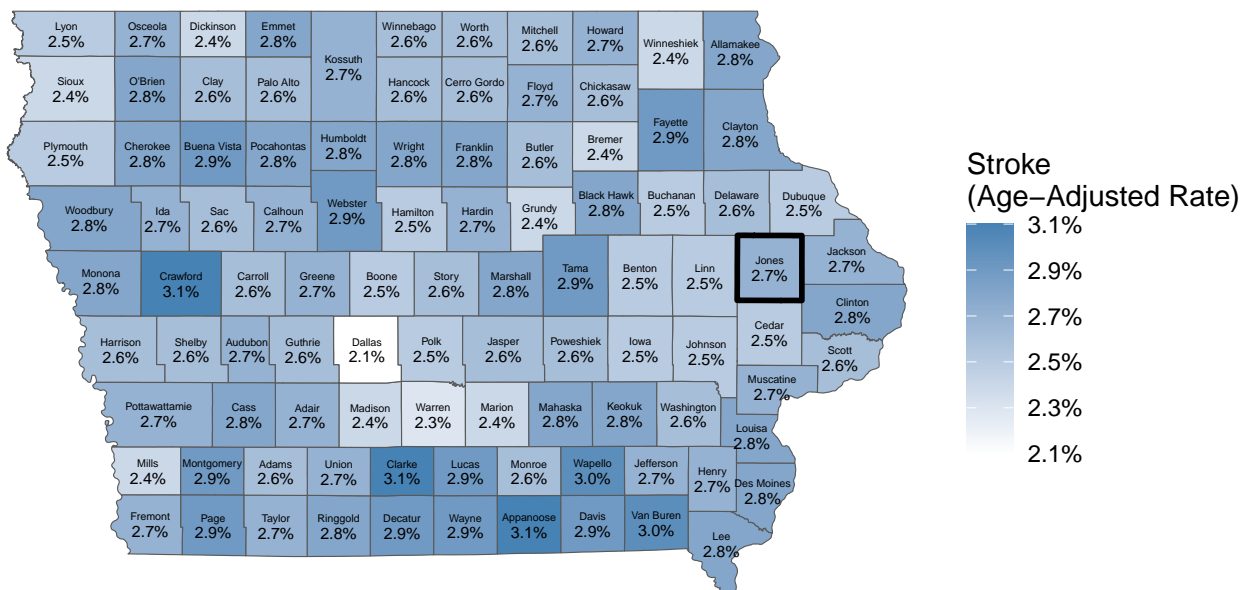
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Stroke

Stroke among adults aged ≥ 18 years



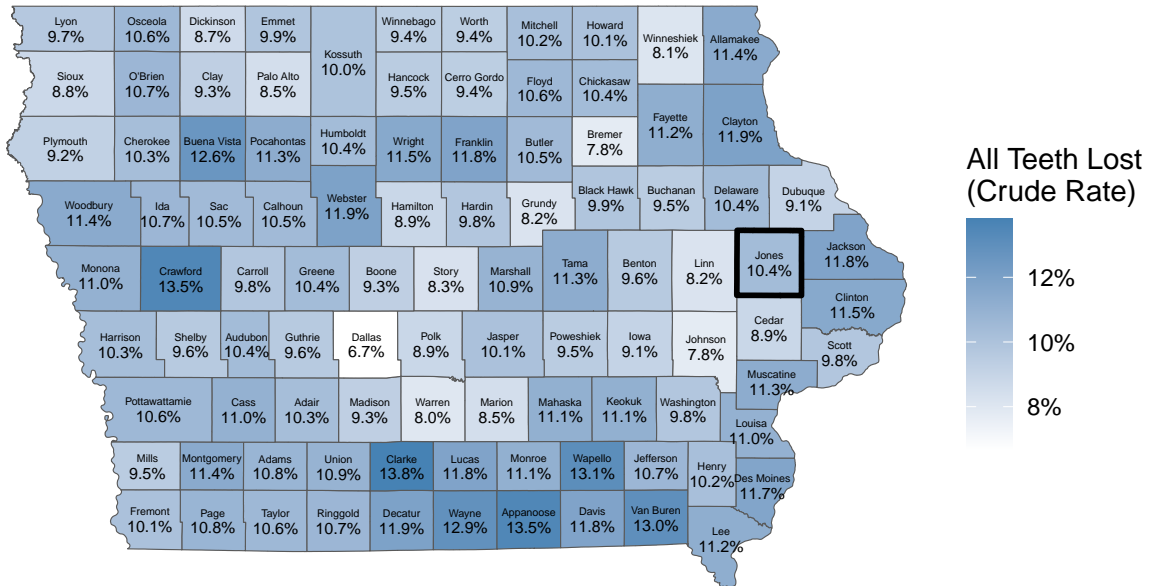
Data Source: CDC PLACES 2023 Release, BRFSS 2021



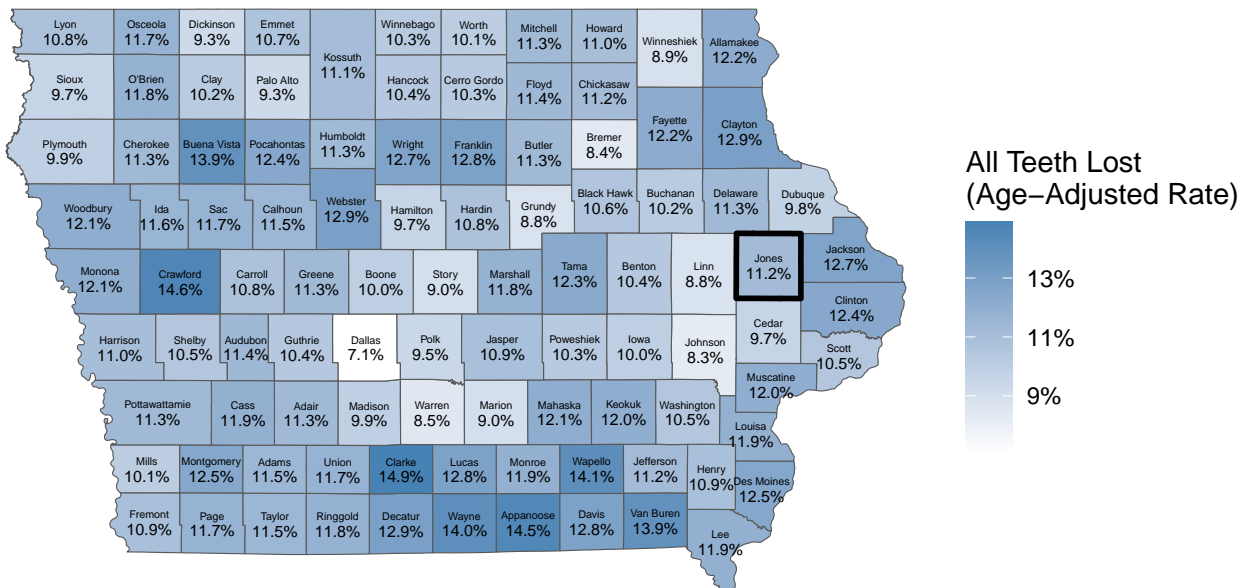
Data Source: CDC PLACES 2023 Release, BRFSS 2021

All Teeth Lost

All teeth lost among adults aged ≥ 65 years



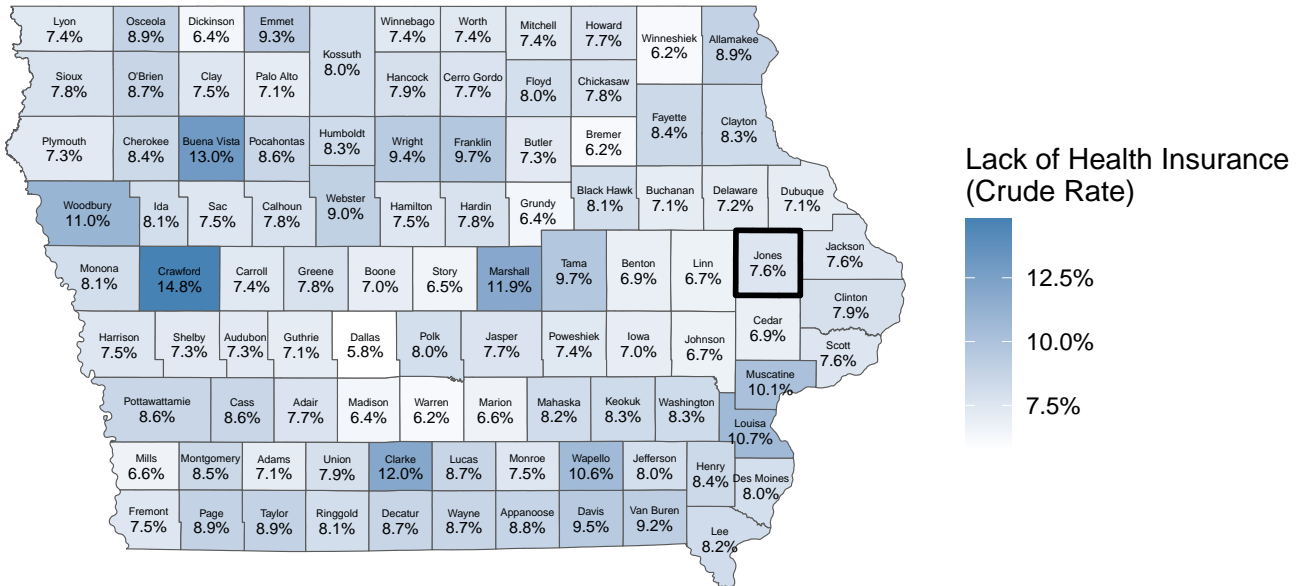
Data Source: CDC PLACES 2023 Release, BRFSS 2020



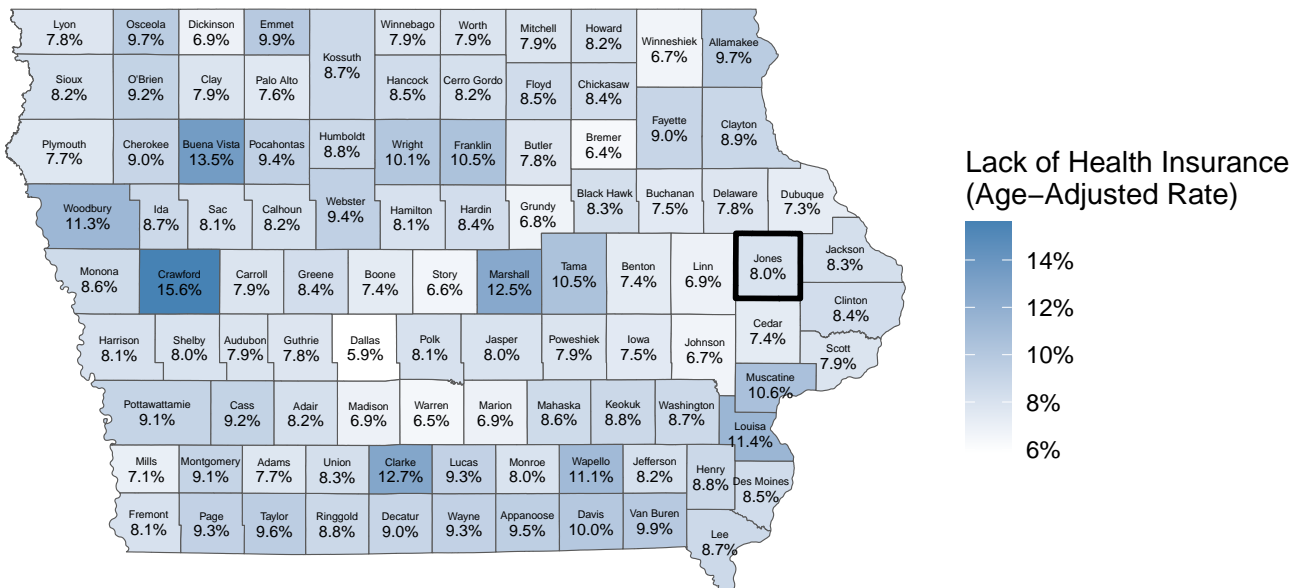
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Lack of Health Insurance

Current lack of health insurance among adults aged 18–64 years



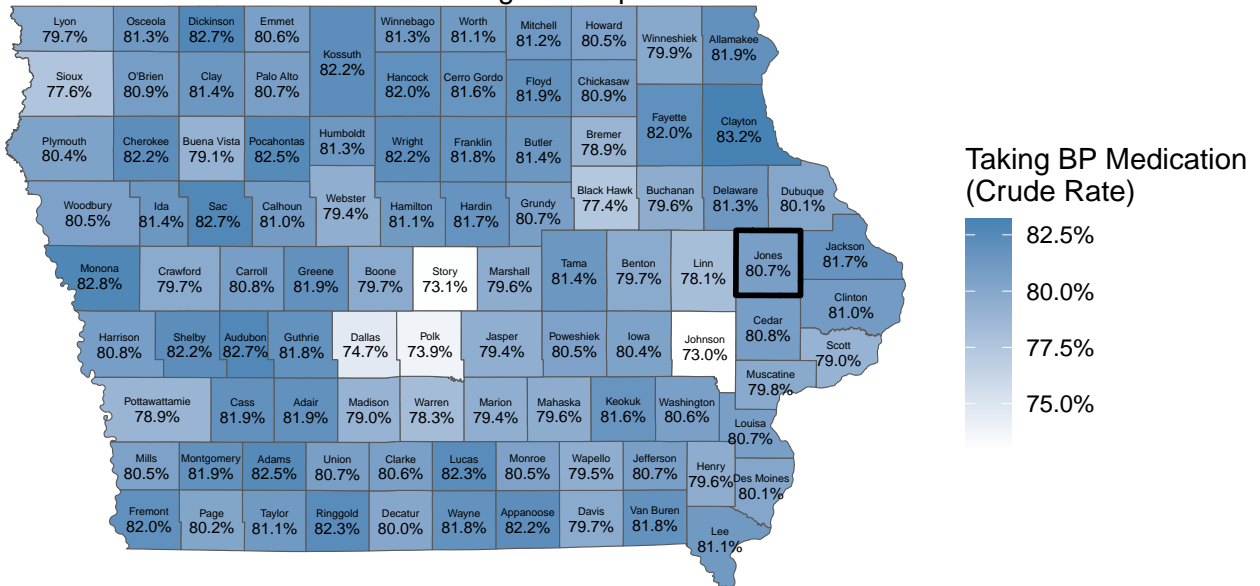
Data Source: CDC PLACES 2023 Release, BRFSS 2021



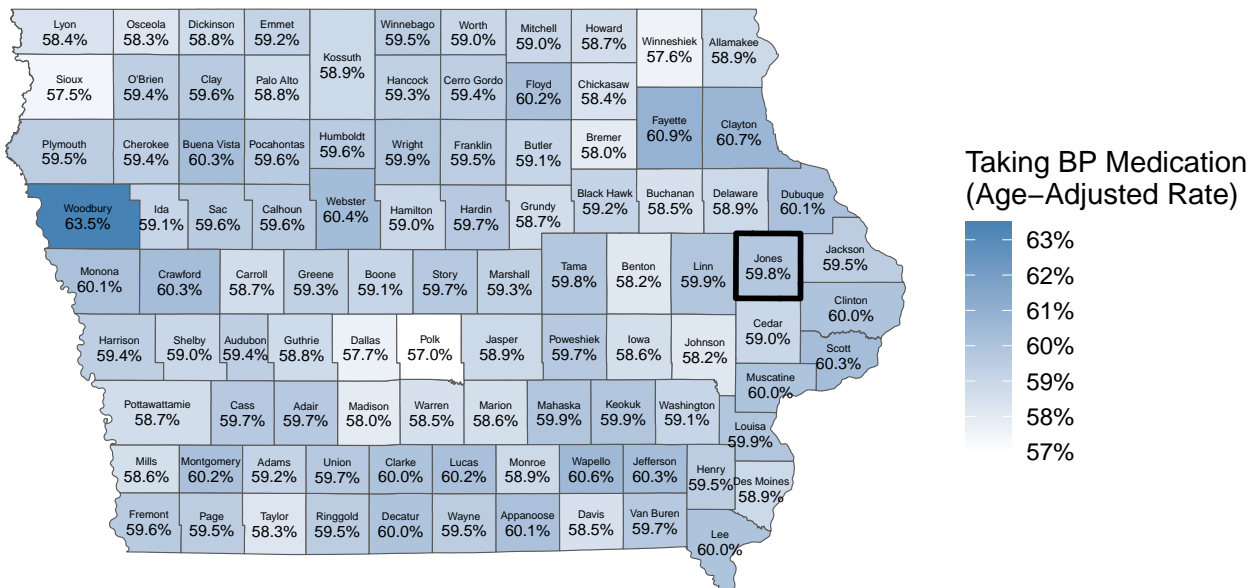
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Taking BP Medication

Taking medicine for high blood pressure control among adults aged ≥ 18 years with high blood pressure



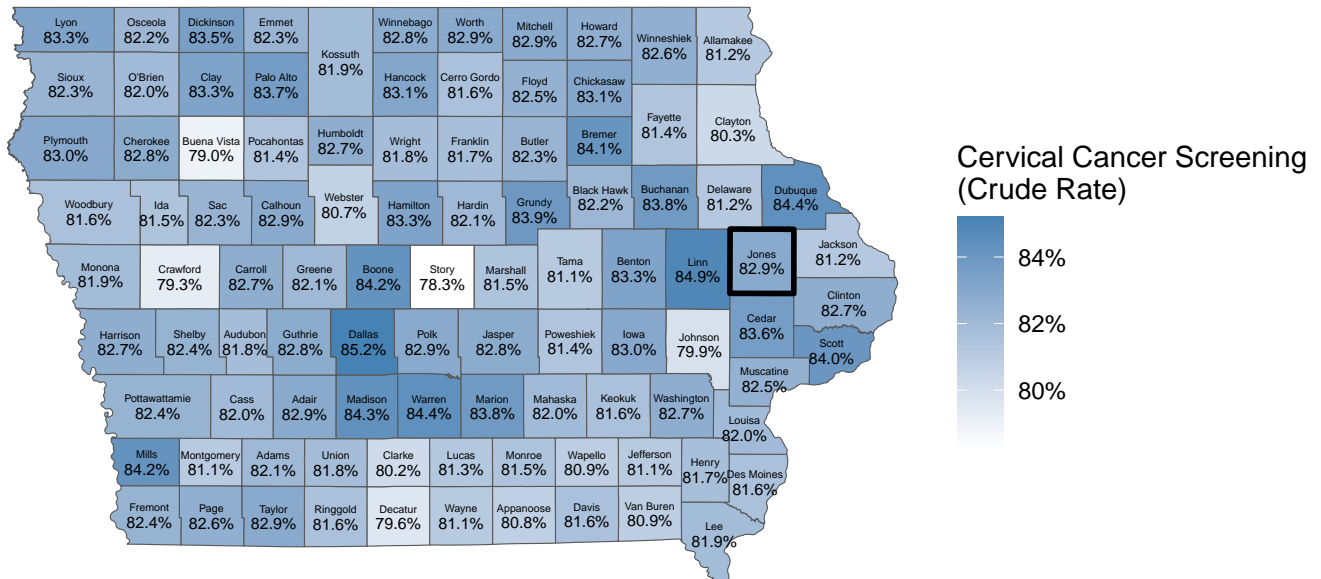
Data Source: CDC PLACES 2023 Release, BRFSS 2021



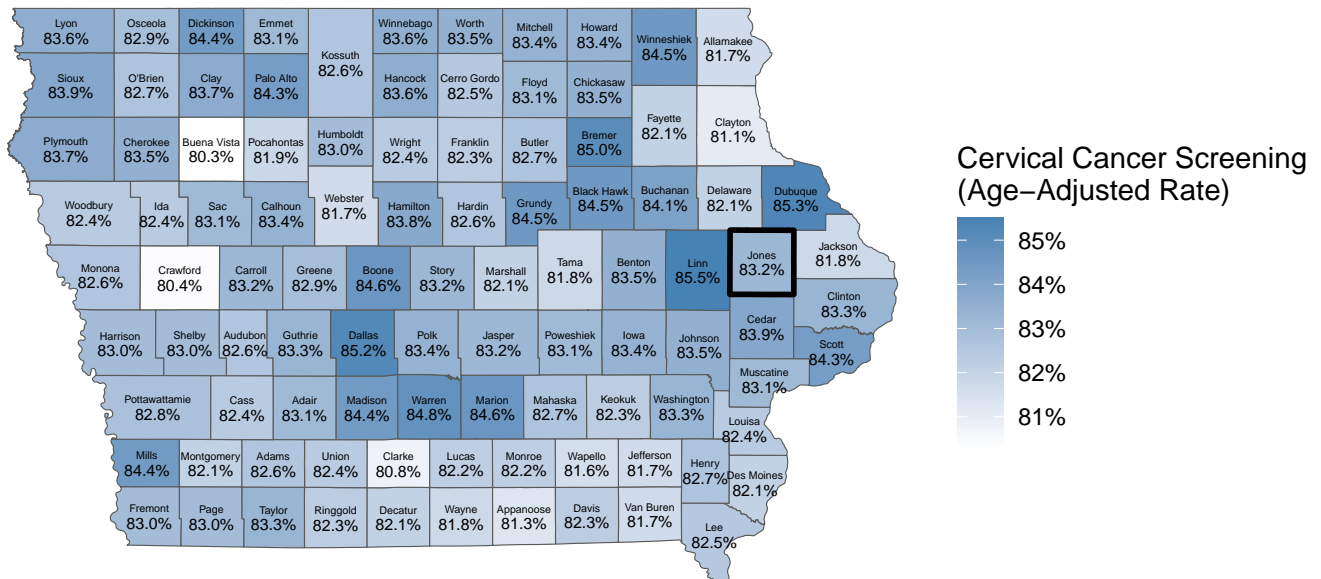
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Cervical Cancer Screening

Cervical cancer screening among adult women aged 21–65 years



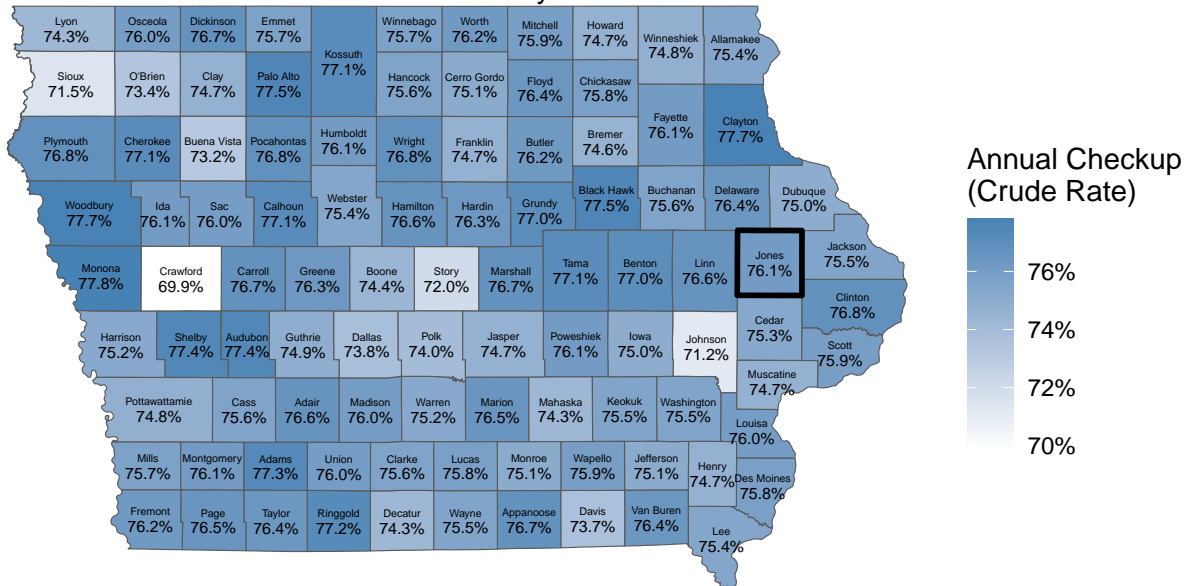
Data Source: CDC PLACES 2023 Release, BRFSS 2020



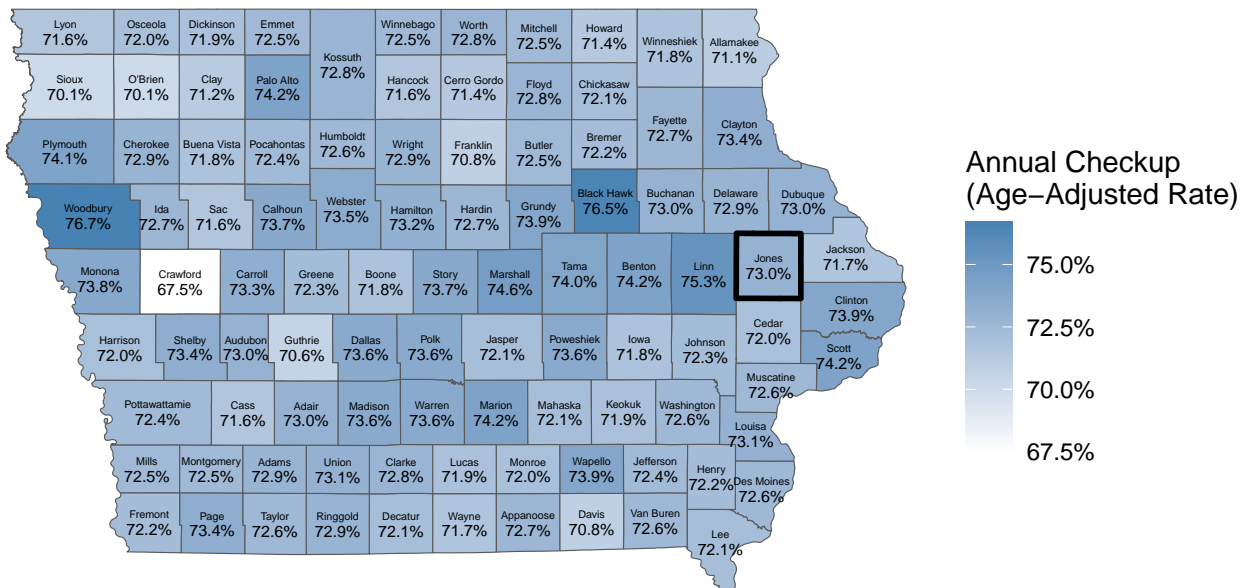
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Annual Checkup

Visits to doctor for routine checkup within the past year among adults aged ≥ 18 years



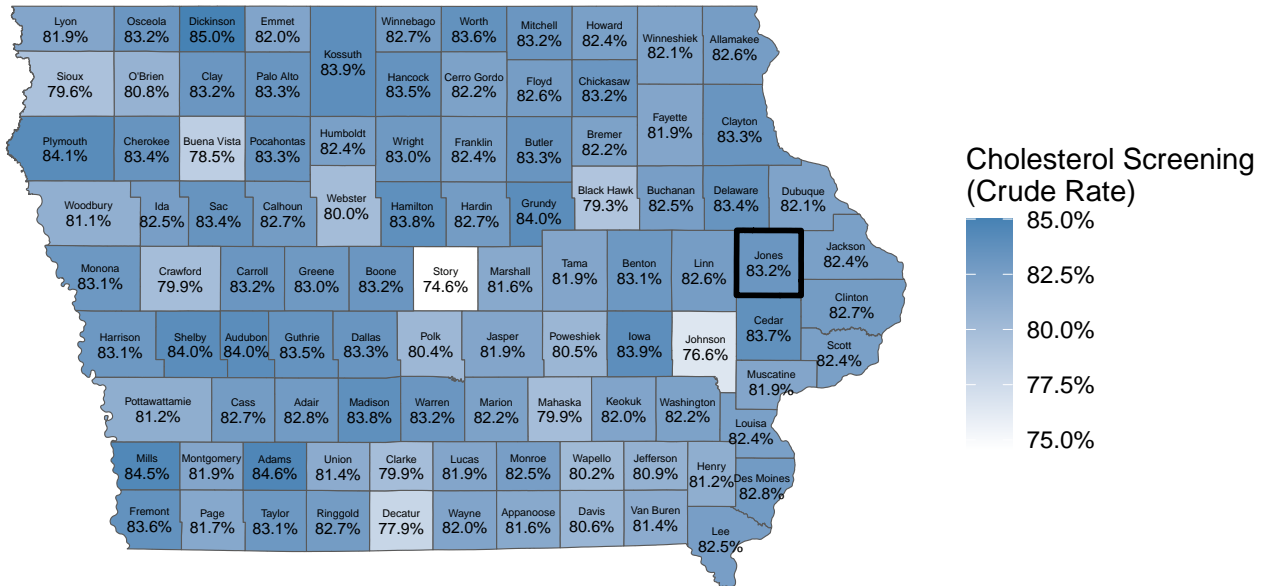
Data Source: CDC PLACES 2023 Release, BRFSS 2021



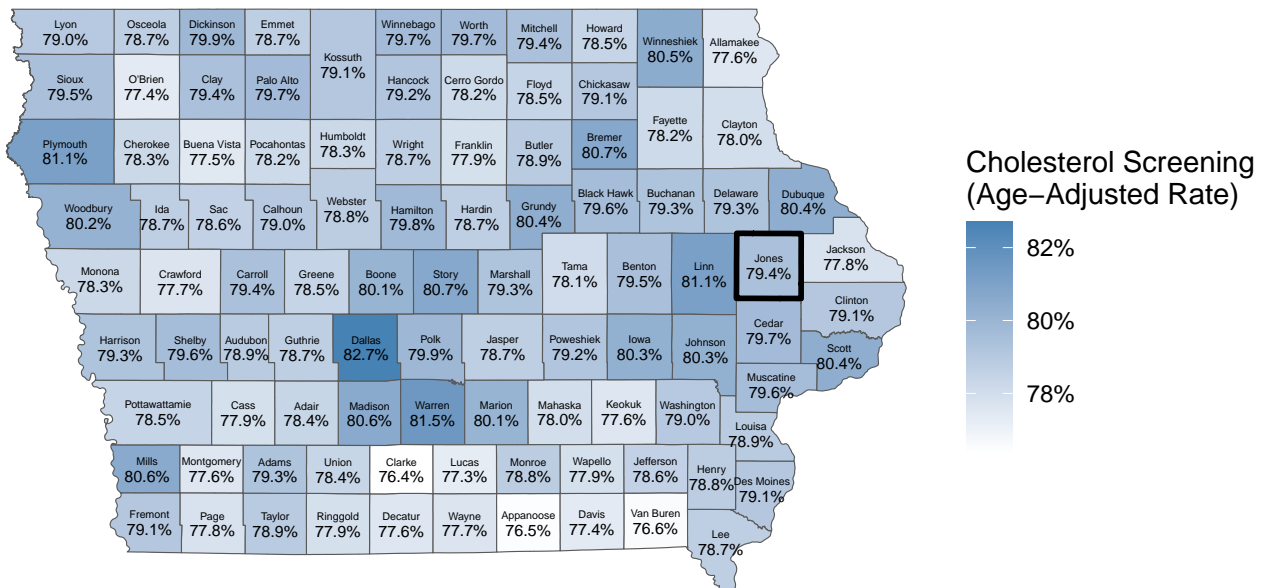
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Cholesterol Screening

Cholesterol screening among adults aged ≥ 18 years



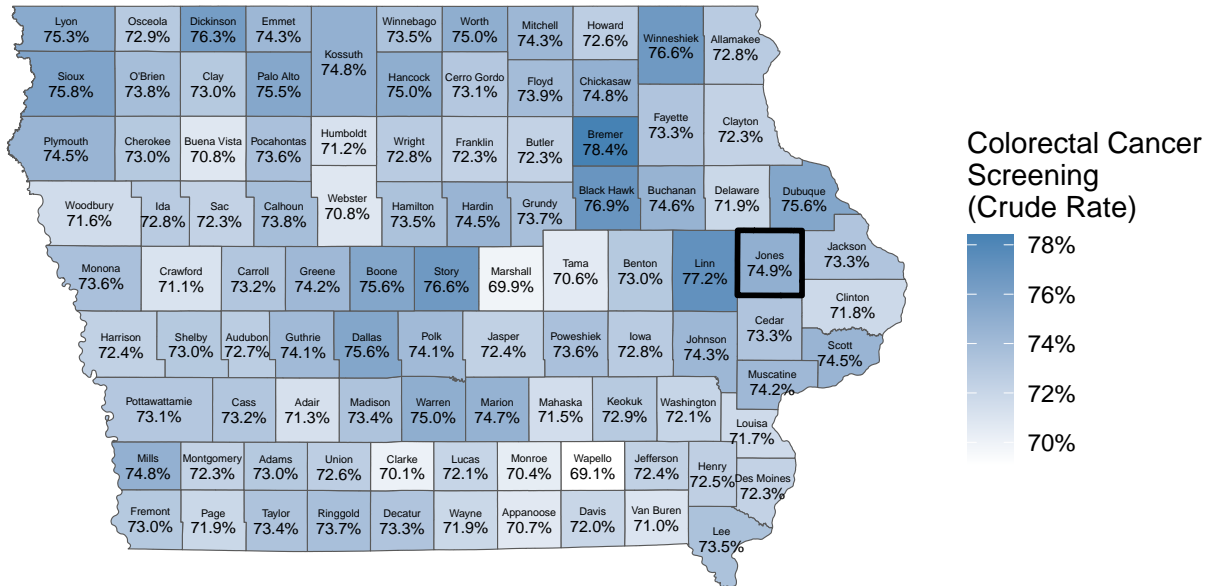
Data Source: CDC PLACES 2023 Release, BRFSS 2021



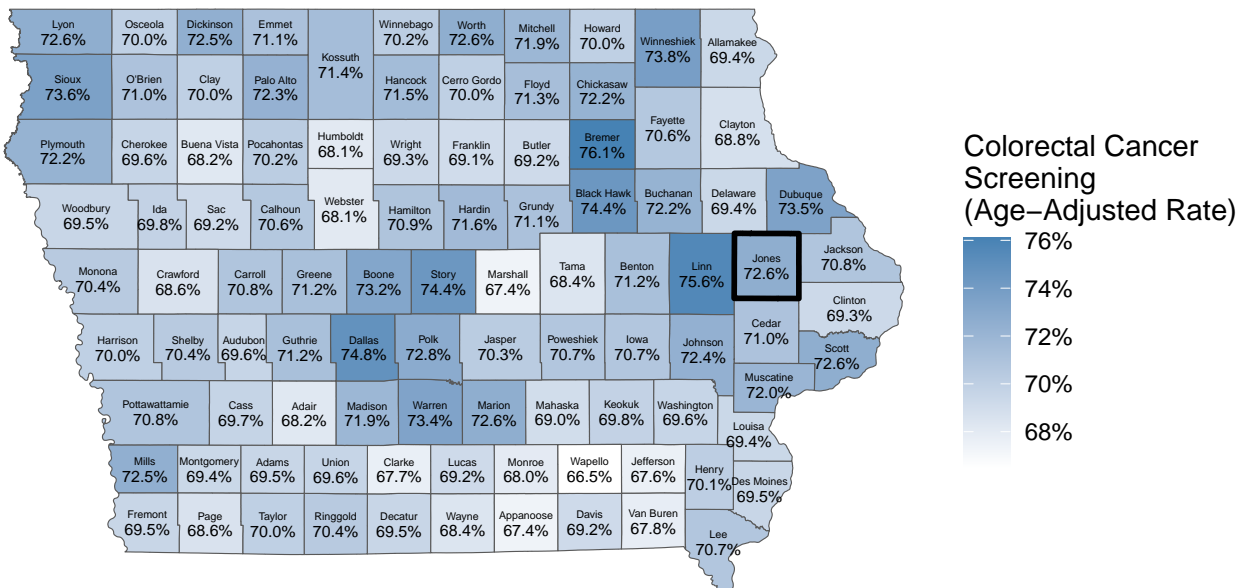
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Colorectal Cancer Screening

Colorectal cancer screening among adults aged 50–75 years



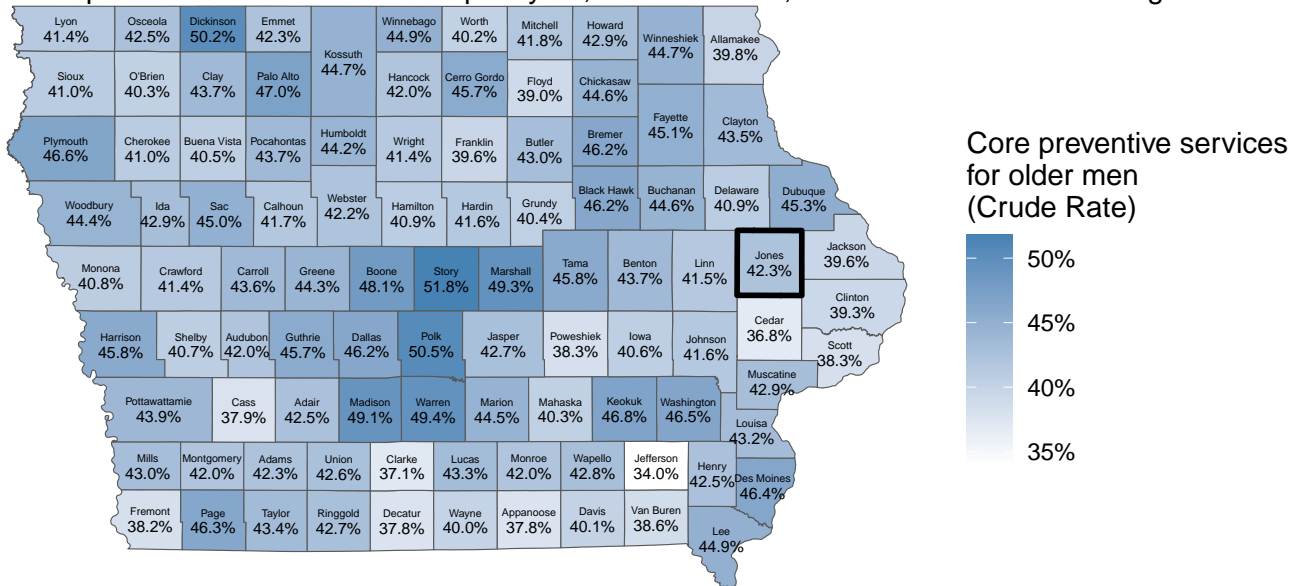
Data Source: CDC PLACES 2023 Release, BRFSS 2020



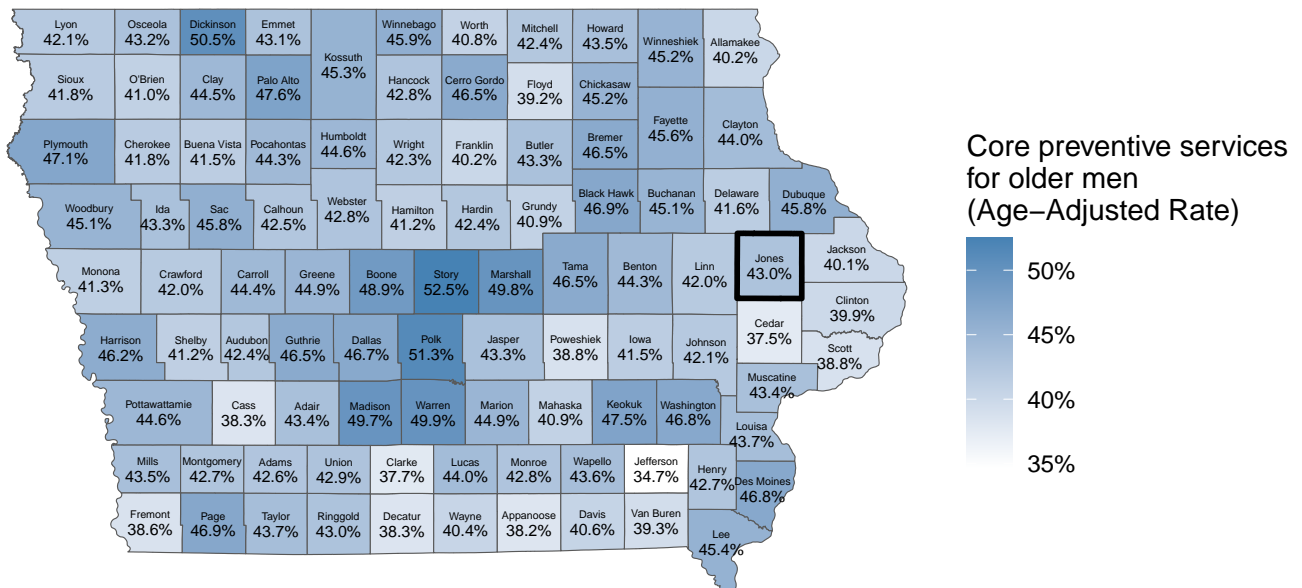
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Core preventive services for older men

Older adult men aged ≥ 65 years who are up to date on a core set of clinical preventive services: Flu shot past year, PPV shot ever, Colorectal cancer screening



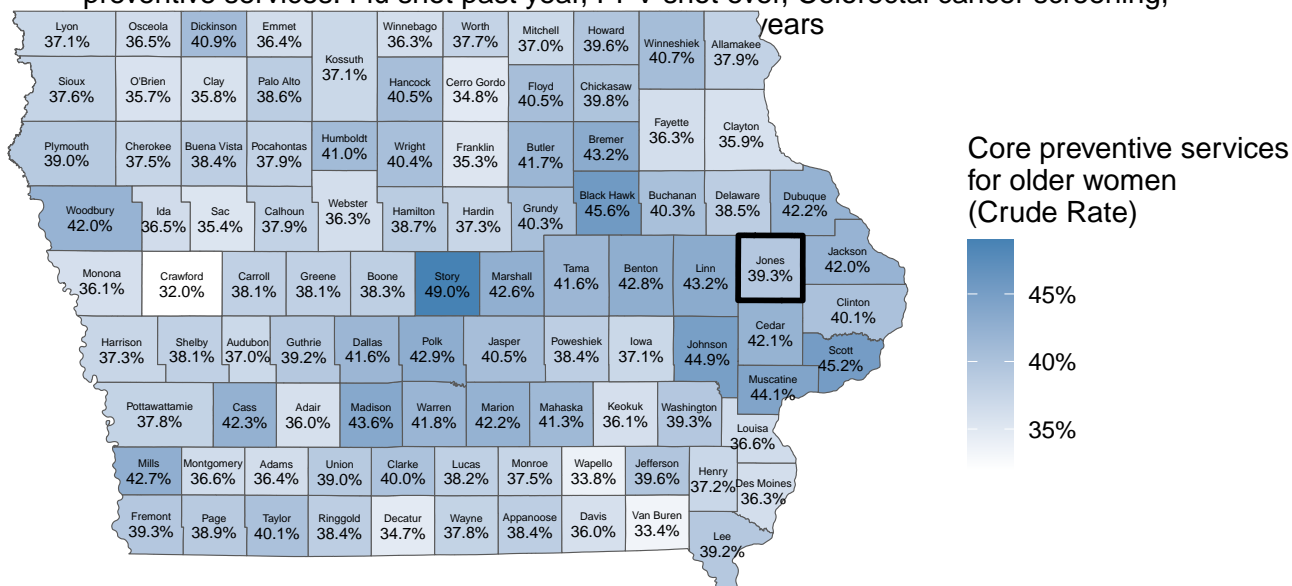
Data Source: CDC PLACES 2023 Release, BRFSS 2020



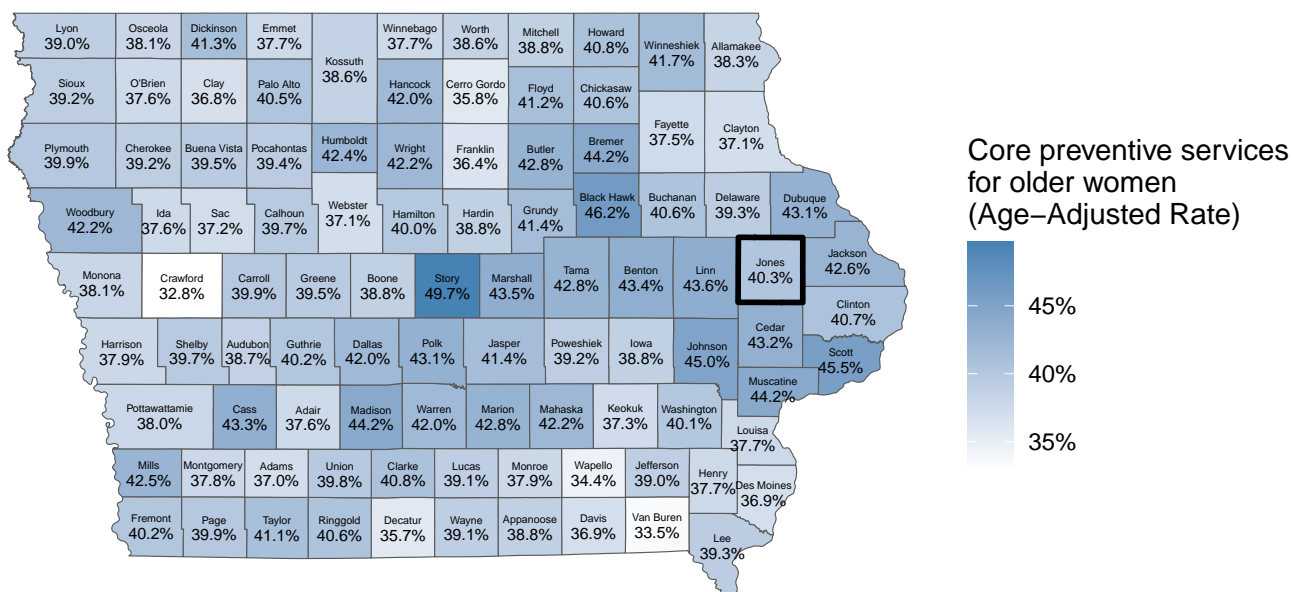
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Core preventive services for older women

Older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: Flu shot past year, PPV shot ever, Colorectal cancer screening,



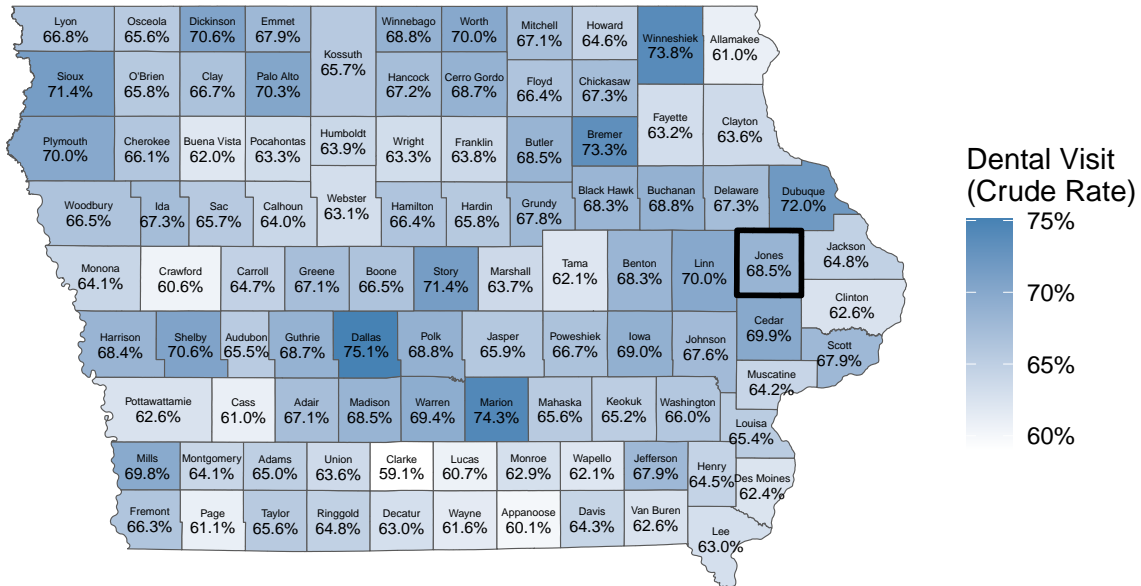
Data Source: CDC PLACES 2023 Release, BRFSS 2020



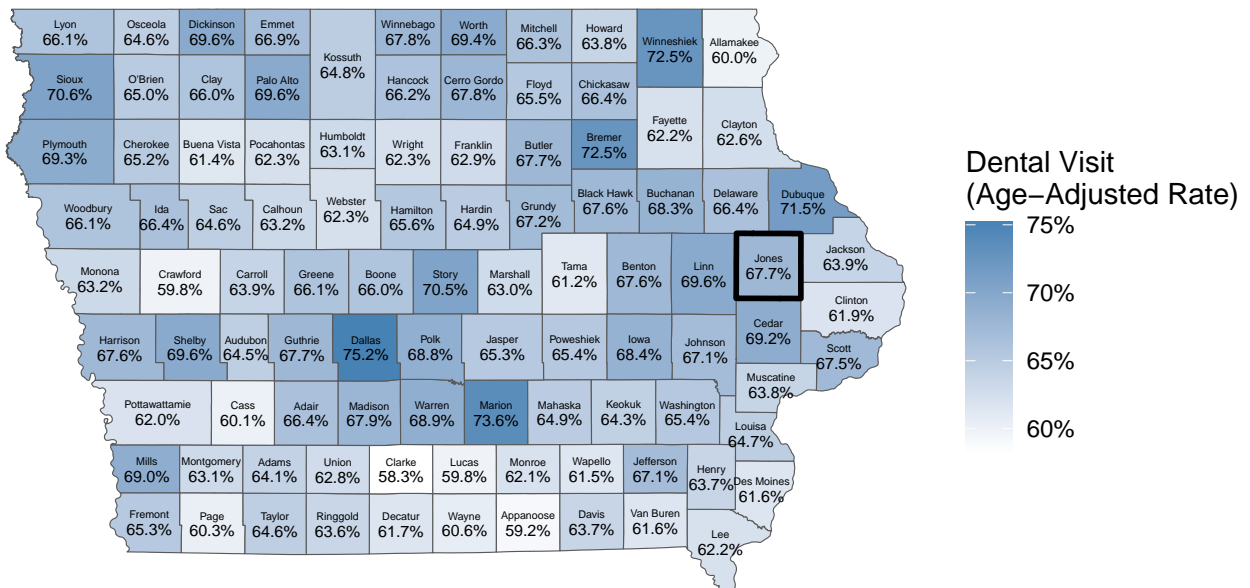
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Dental Visit

Visits to dentist or dental clinic among adults aged >=18 years



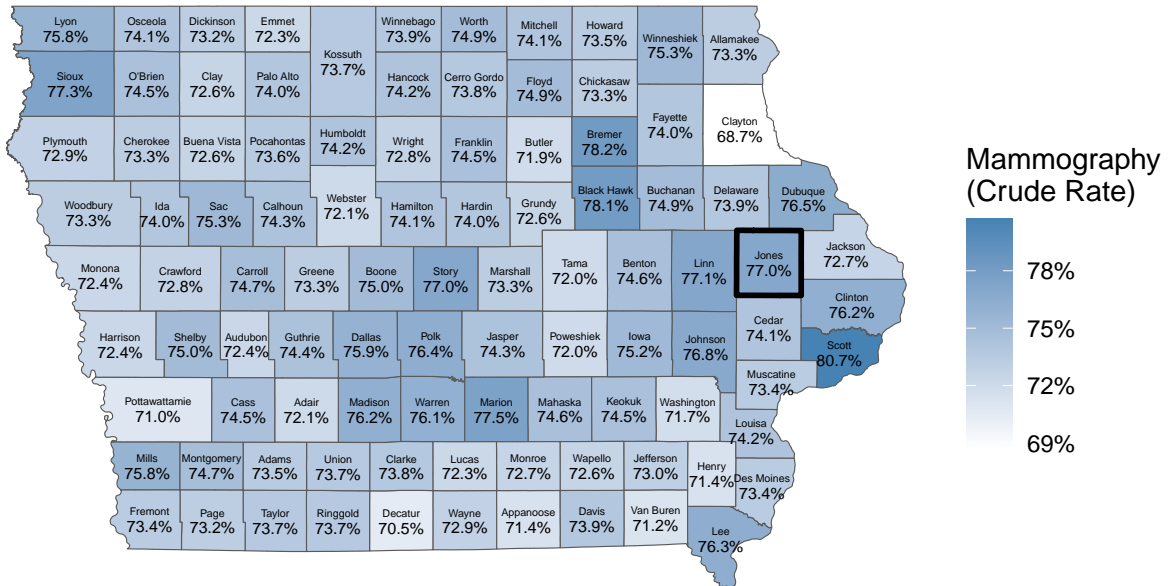
Data Source: CDC PLACES 2023 Release, BRFSS 2020



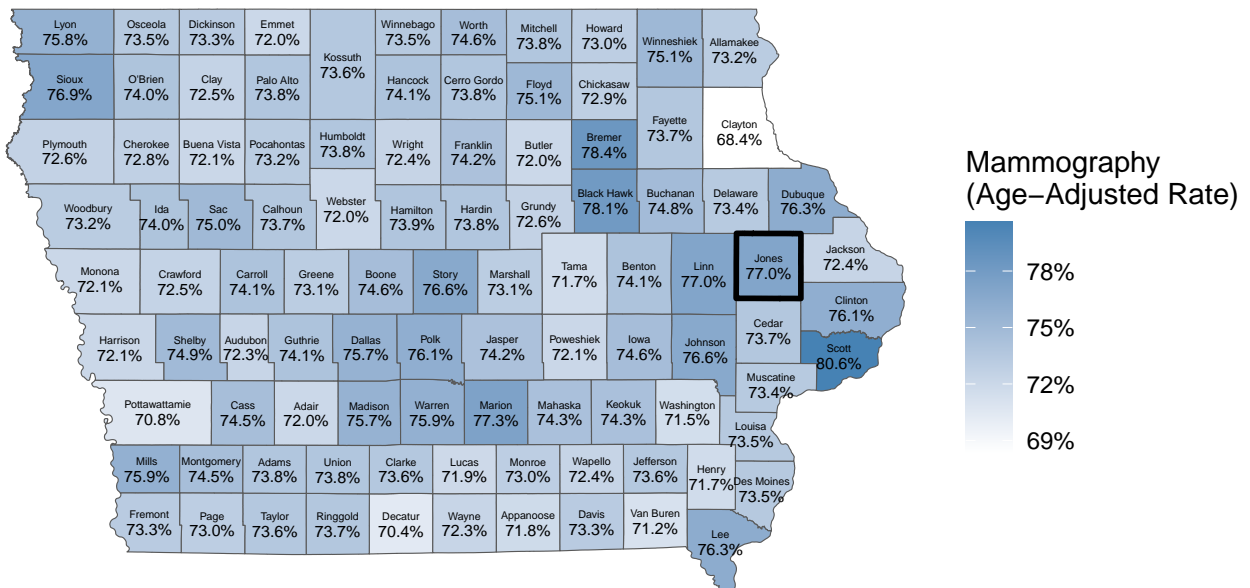
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Mammography

Mammography use among women aged 50–74 years



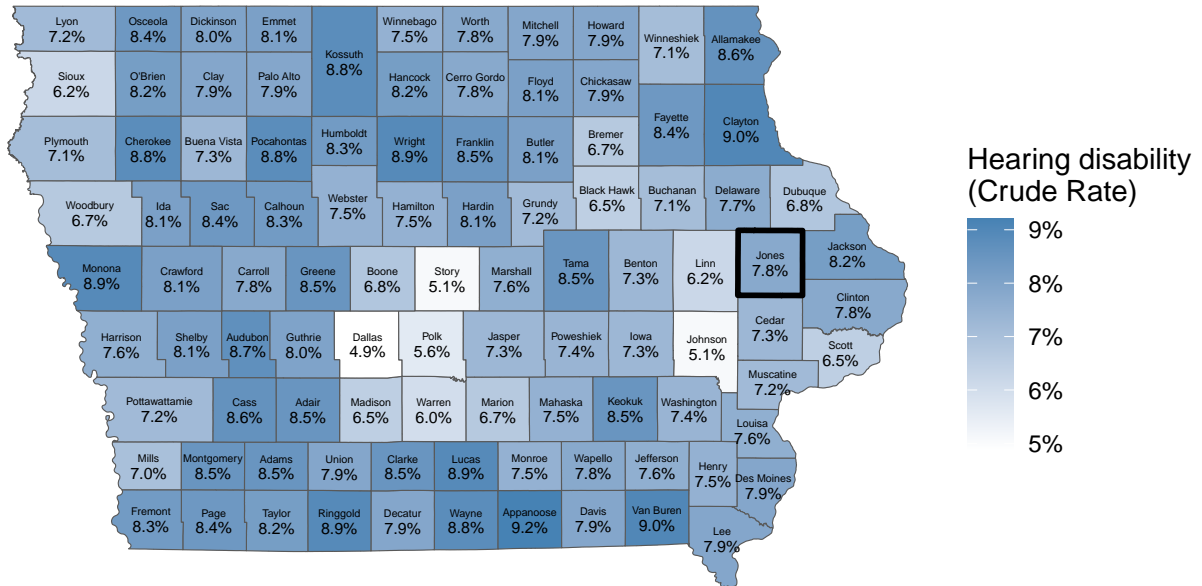
Data Source: CDC PLACES 2023 Release, BRFSS 2020



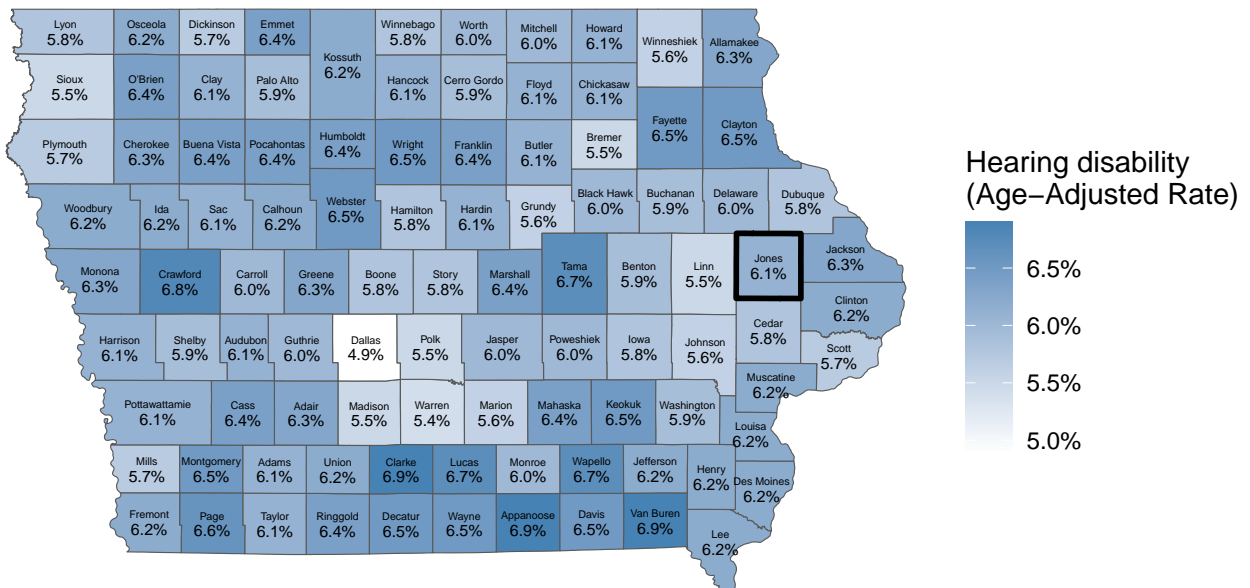
Data Source: CDC PLACES 2023 Release, BRFSS 2020

Hearing disability

Hearing disability among adults aged ≥ 18 years



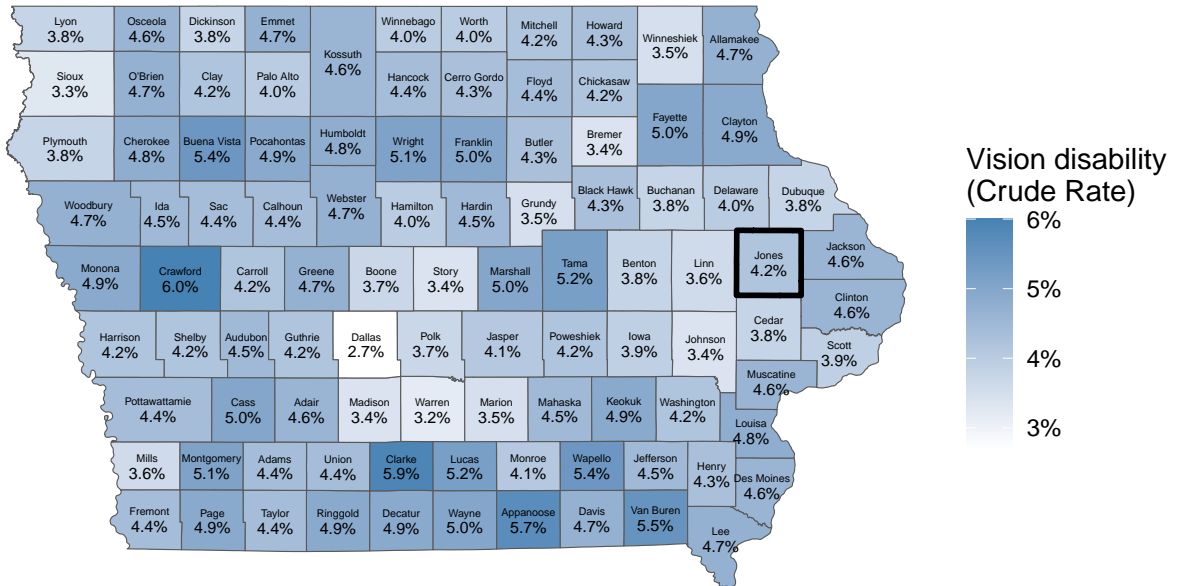
Data Source: CDC PLACES 2023 Release, BRFSS 2021



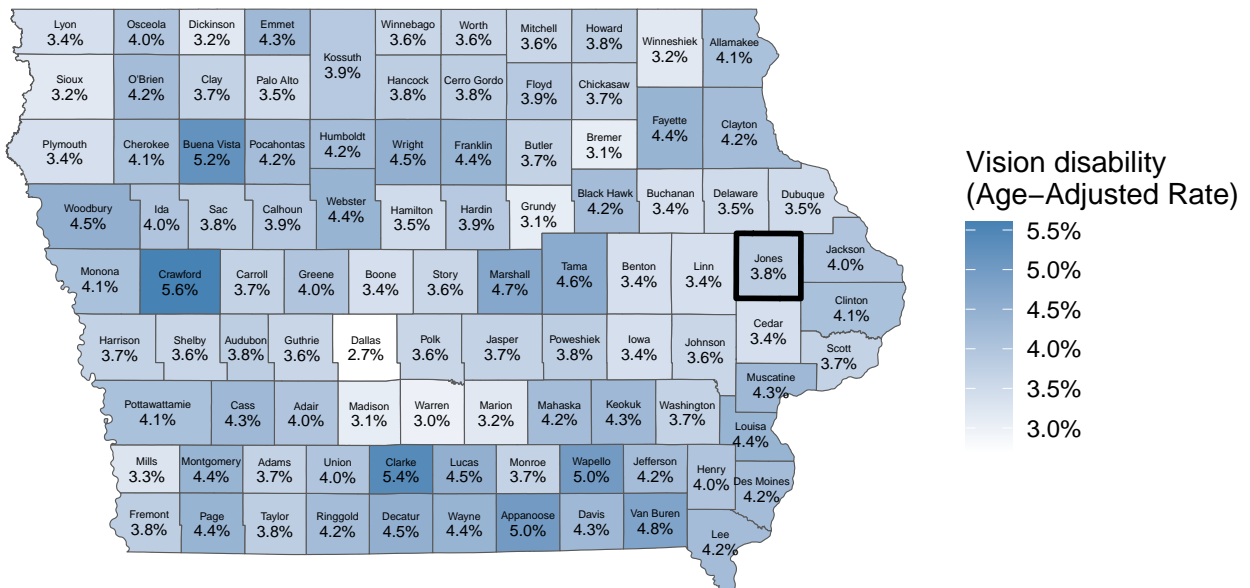
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Vision disability

Vision disability among adults aged >=18 years



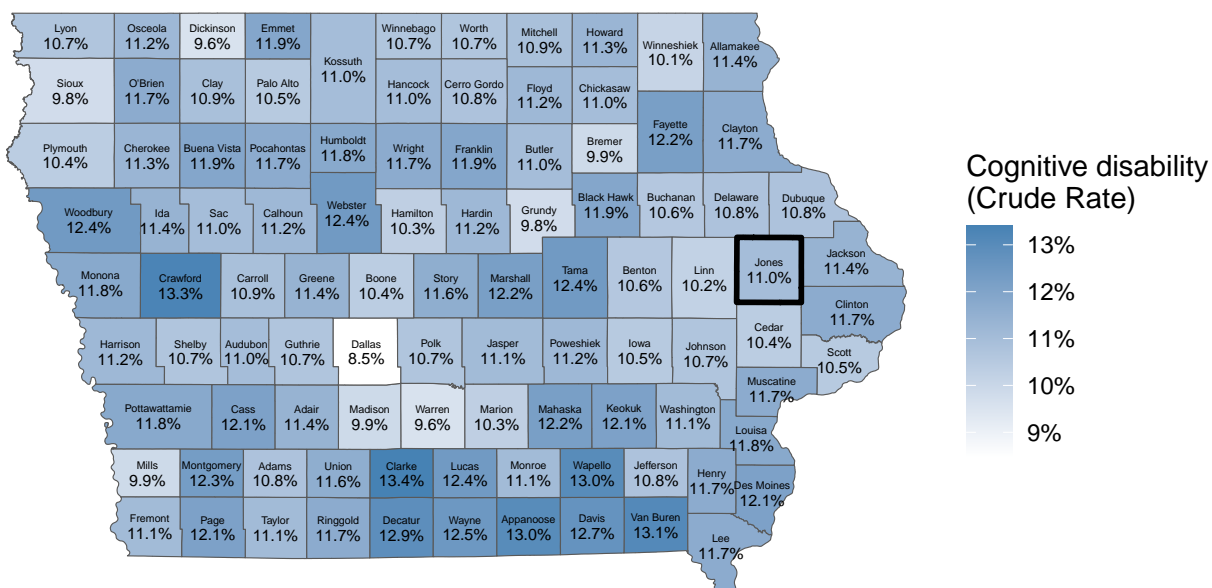
Data Source: CDC PLACES 2023 Release, BRFSS 2021



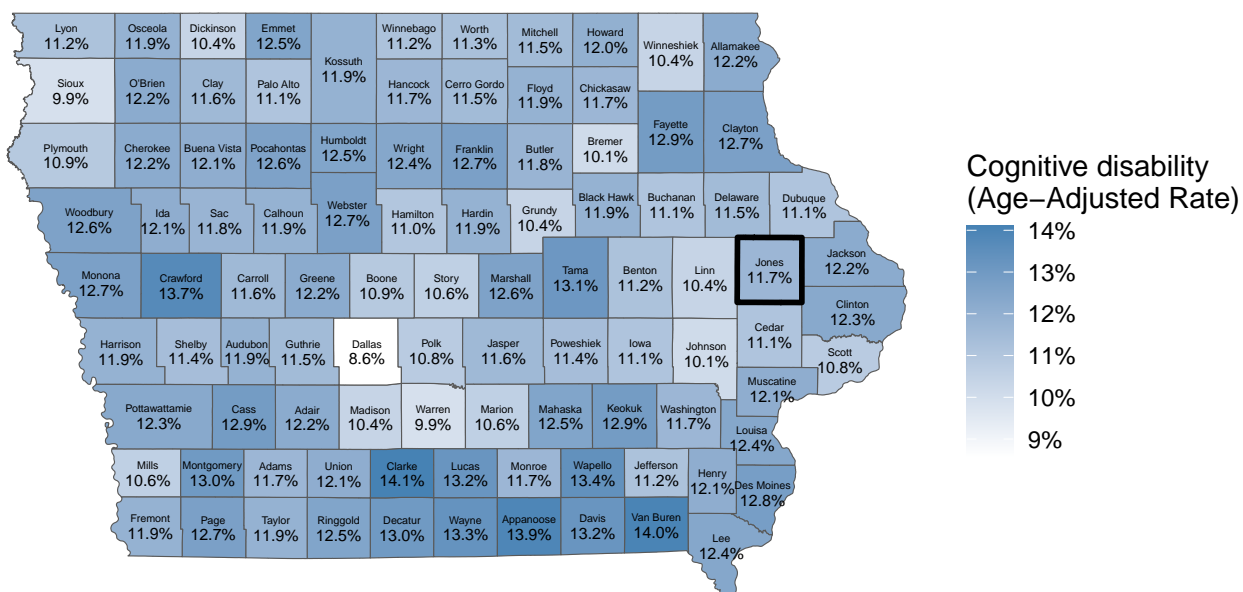
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Cognitive disability

Cognitive disability among adults aged >=18 years



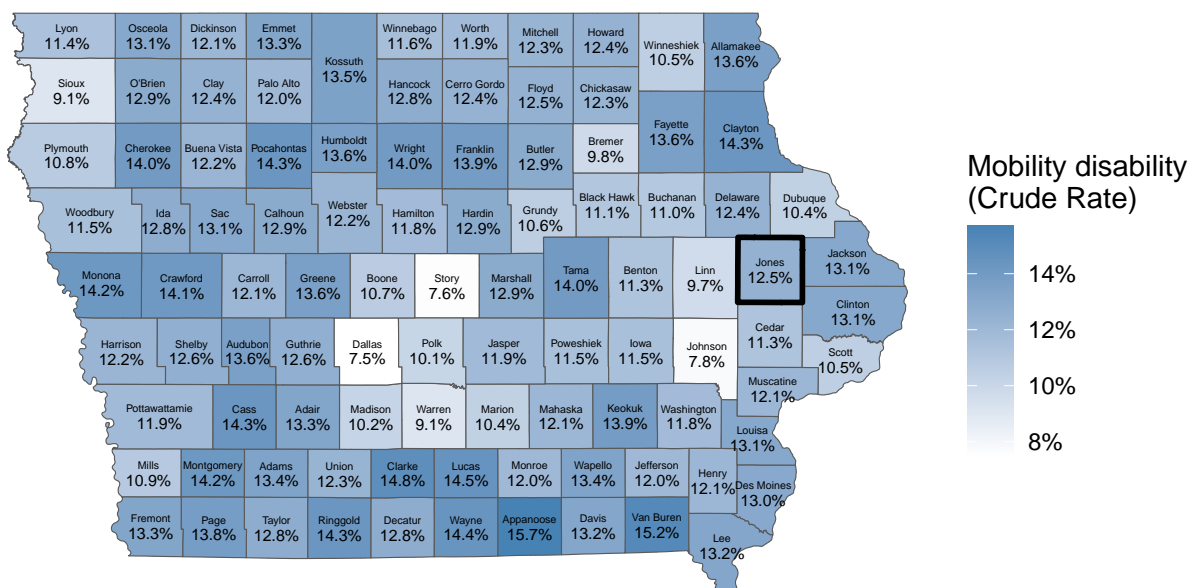
Data Source: CDC PLACES 2023 Release, BRFSS 2021



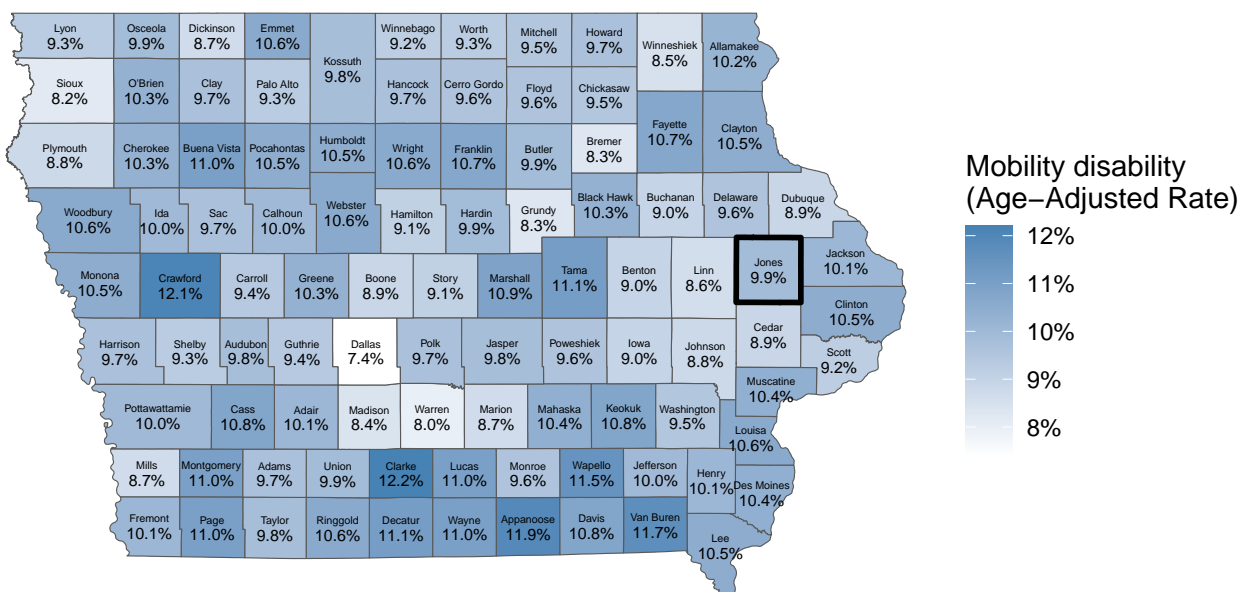
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Mobility disability

Mobility disability among adults aged >=18 years



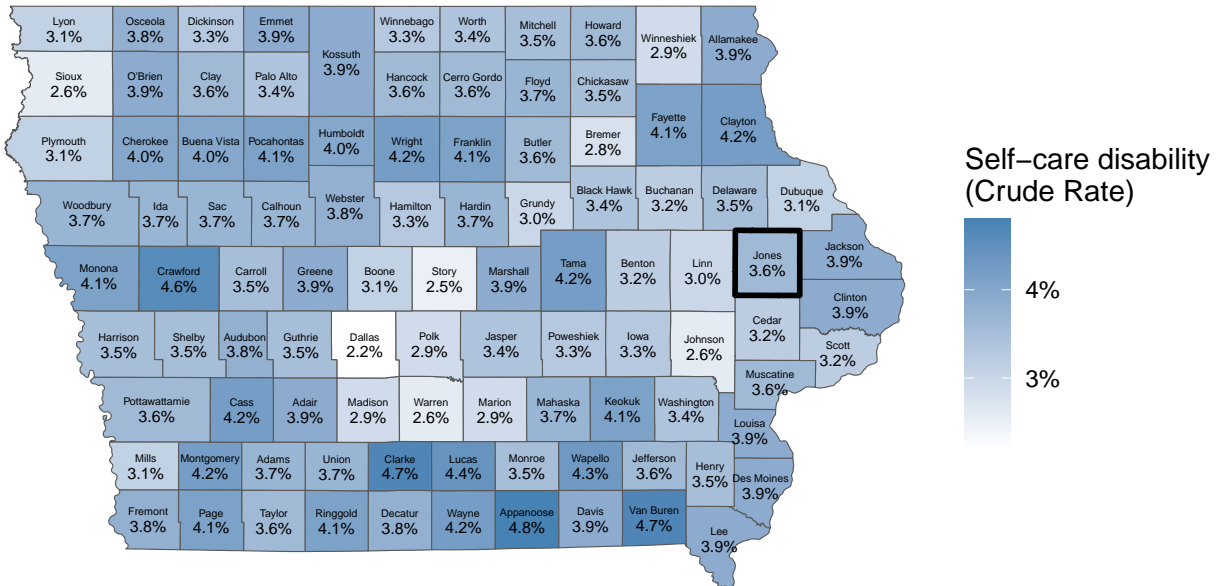
Data Source: CDC PLACES 2023 Release, BRFSS 2021



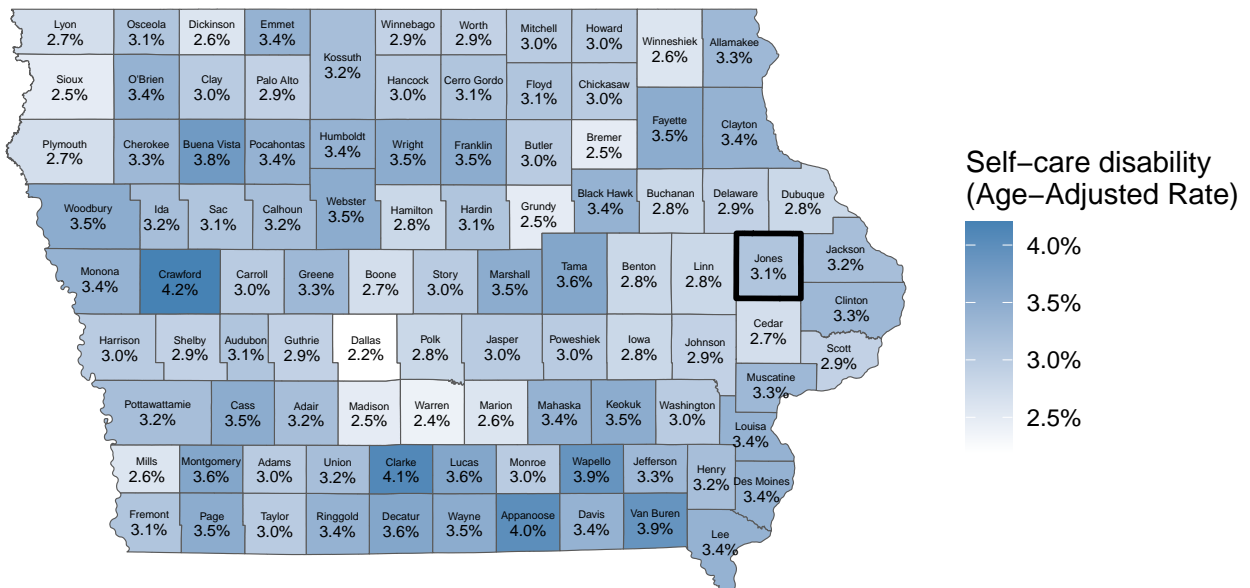
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Self-care disability

Self-care disability among adults aged >=18 years



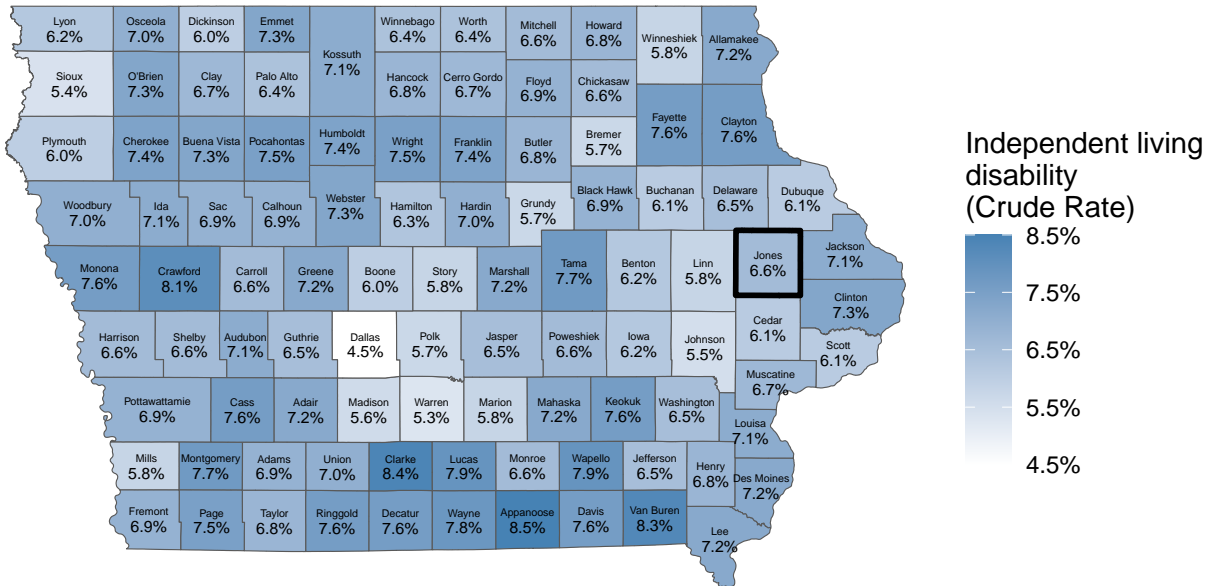
Data Source: CDC PLACES 2023 Release, BRFSS 2021



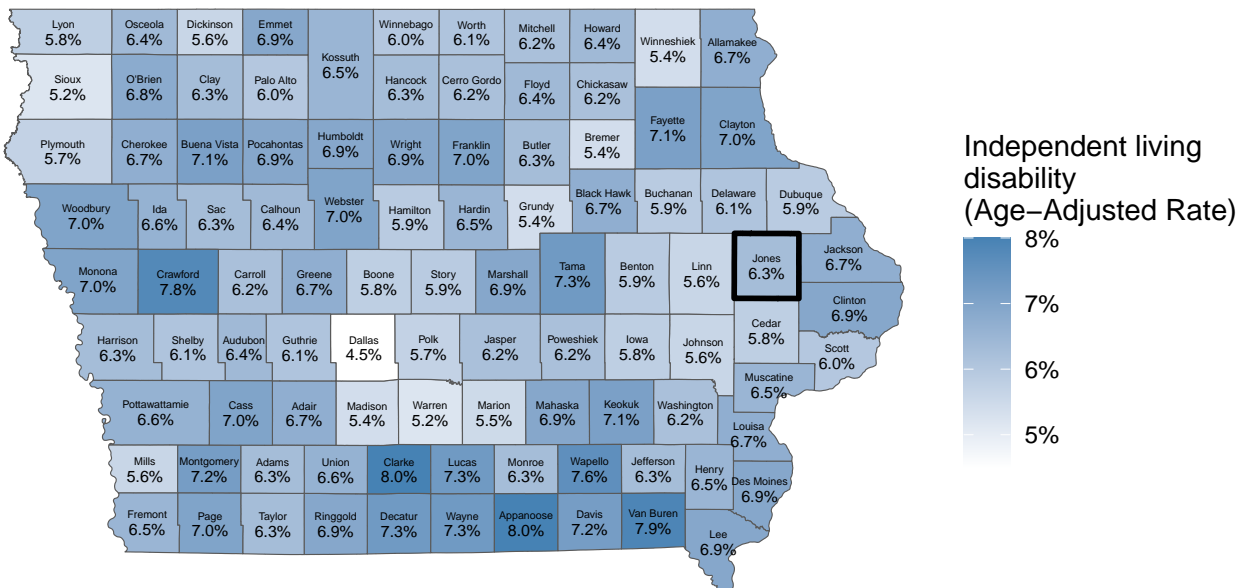
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Independent living disability

Independent living disability among adults aged ≥ 18 years



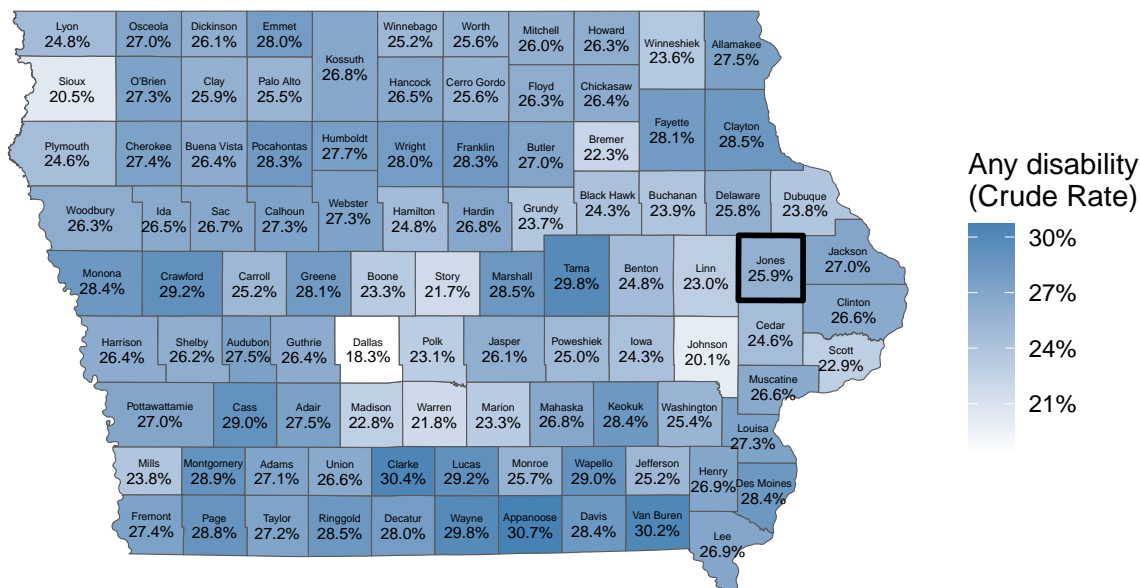
Data Source: CDC PLACES 2023 Release, BRFSS 2021



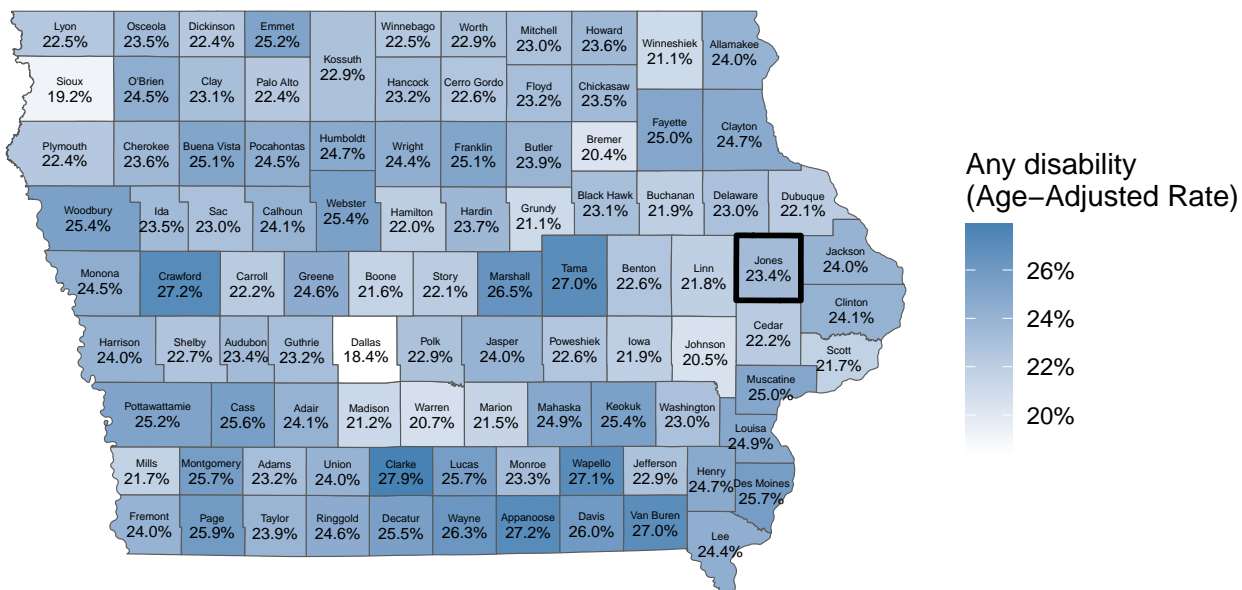
Data Source: CDC PLACES 2023 Release, BRFSS 2021

Any disability

Any disability among adults aged >=18 years



Data Source: CDC PLACES 2023 Release, BRFSS 2021



Data Source: CDC PLACES 2023 Release, BRFSS 2021