

# **Iowa County Health Snapshot Series**

99 county reports prepared for the Iowa State University Extension and Outreach Community and Economic Development Unit



May 2024

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# **Iowa County Health Snapshot Series**

# **Table of contents**

Health in Floyd County: Overview Strengths																	<b>3</b> 3
Opportunities																	_
How to Use this Report																	
Using Story County as an E																	
	 		-	-	-	 -		-	-	-	-			-	-		
Health Status																	7
Poor General Health																	7
Poor Physical Health																	
Poor Mental Health	 ٠		٠	 •		 •	•	 ٠			٠	•	 	•	•	•	 8
Health Risk Behaviors																	9
Binge Drinking																	 9
Current Smoking																	10
Physical Inactivity																	 10
Sleep <7 hours																	11
Health Outcomes																	12
Arthritis																	12
High Blood Pressure																	13
Cancer (except skin)																	13
Current Asthma																	14
Coronary Heart Disease .																	14
COPD																	15
Depression																	15
Diabetes																	16
High Cholesterol																	16
Chronic Kidney Disease .																	17
Obesity																	17
Stroke																	18
All Teeth Lost																	18
Prevention																	19
Lack of Health Insurance .																	19
Taking BP Medication																	20
Cervical Cancer Screening																	20
Annual Checkup																	21
Cholesterol Screening																	 21

	Colorectal Cancer Screening	22 24 24
Disabili	Hearing disability Vision disability Cognitive disability Mobility disability Self-care disability Independent living disability Any disability	28 28 29 29 30
Append	dix 1: CDC PLACES Data	31
Append	dix 2: Floyd County PLACES Data	32
Append	dix 3: Rural Counties	34
Append	dix 4: County Maps	36

# **Health in Floyd County: Overview**

Dear Community Members & Stakeholders of Floyd County,

We are pleased to share the Iowa County Health Snapshot series, a set of reports designed in partner-ship with Iowa State University's Community Economic Development to assess the overall landscape of health and well-being across Iowa's 99 counties. The following pages include the health snapshot for your county. The snapshot can be used to see how Floyd County ranks across various health measures compared to the rest of the state and similarly-sized counties. This comparison allows us to identify Floyd County's strengths and opportunities for growth by leveraging data from the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your county ranks compared to all lowa counties and counties of similar size to Floyd County. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your county and presents what the rate would be if your county had a standard age distribution. Crude rates can provide a general comparison between counties and age-adjusted rates can give a fairer comparison between counties with different age structures.

## **Strengths**

Take a look at the top strengths of your county! Below are unadjusted and age-adjusted health measures that represent your county's strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

	Crude		Age-Adjusted			
Health Domain	Statewide County Rank	Rural County Rank	Health Domain	Statewide County Rank	Rural County Rank	
Depression	17th	15th	High Cholesterol	2nd	1st	
High Cholesterol	17th	4th	Cancer (except skin)	8th	4th	
Taking BP Medication	18th	17th	Taking BP Medication	10th	4th	
Mental Health	20th	12th	Arthritis	16th	6th	
Mammography	24th	8th	Mammography	19th	3rd	

# **Opportunities**

Below are health measures that represent potential areas for growth in your county. We recommend increasing investment in these areas to support community health and well-being.

	Crude		Age-Adjusted			
Health Domain	Statewide County Rank	Rural County Rank	Health Domain	Statewide County Rank	Rural County Rank	
Core preventive services for older men	89th	55th	Core preventive services for older men	90th	56th	
Cancer (except skin)	64th	31st	Cholesterol Screening	66th	35th	
High Blood Pressure	62nd	31st	Obesity	58th	33rd	
Hearing Disability	60th	24th	Health Insurance	56th	31st	
Diabetes	59th	29th	All Teeth Lost	56th	30th	

Please review the rest of the report to learn more about your county and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Floyd County.

Sincerely,

Shawn F. Dorius, PhD Iowa State University

Show Di

Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

#### **How to Use this Report**

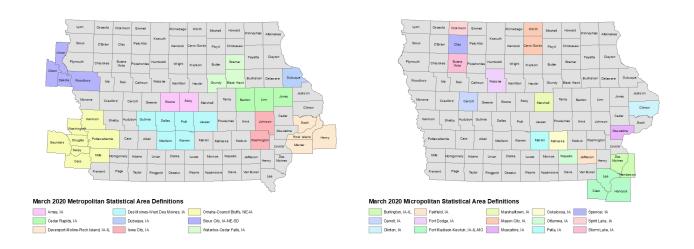
The purpose of the Iowa County Health Snapshot Series is to provide an overview of health in Floyd County that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Floyd County, a review of risky behaviors in the county, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Floyd County compares to the rest of the state and similarly-sized counties.

With a population of 15,413, Floyd County's similarly sized counties are defined as rural counties. In lowa, rural counties have an average population of 12,547, and there are 63 counties that are considered rural counties. To learn more about the county population classifications used in this report, please see the information below the table as well as Appendix 3.

Group	Population Avg.	Number of Counties
Metropolitan Core	175,797	9
Micropolitan	30,839	15
Metropolitan Non-Core	29,821	12
Rural	12,547	63
Total		99

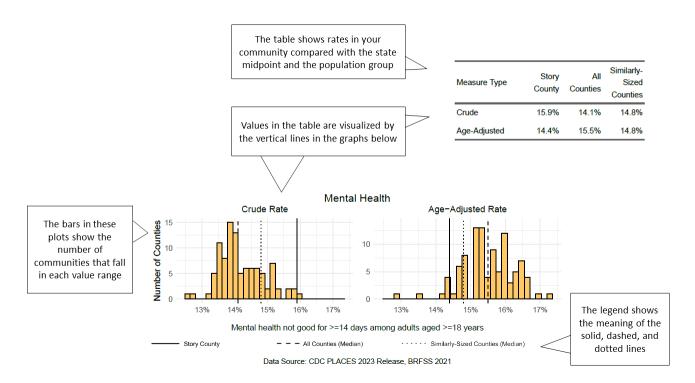
The counties included in each category above are determined by the United States Office of Management and Budget. Iowa has counties in nine metropolitan statistical areas and 15 micropolitan statistical areas. The counties identified as metropolitan and micropolitan can be found in the link and the maps below. Metropolitan core counties are those counties in metropolitan areas that have the city that defines the metropolitan area (e.g., Des Moines and Polk County for the Des Moines Metropolitan Area). Metropolitan non-core counties are those that fall within the metropolitan area, but do not have the core city of the metropolitan area (e.g., Dallas and Jasper Counties in the Des Moines Metropolitan Area).

https://www.icip.iastate.edu/maps/refmaps/cofips



#### **Using Story County as an Example**

The graphic below is an example of the details included for each health measure. The table in the upper right shows your county's crude and age-adjusted rate estimates alongside their averages across all lowa counties and similarly-sized counties. The images below show the distribution of the health measure across counties. The vertical lines correspond with the values in the table to show the estimate for the specific county compared to counties across the state. The solid black line in each plot represents the county rate, with the dashed lines indicating the average rate for all lowa counties and the dotted lines showing the average rate for similarly-sized counties.



The example graphic above displays the poor mental health rate in Story County, Iowa. The left plot shows the crude rate of poor mental health in the county. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Story County has a higher crude rate of poor mental health than most counties in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized counties, indicating that when accounting for Story County's unique age distribution, Story County's poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

#### **Health Status**

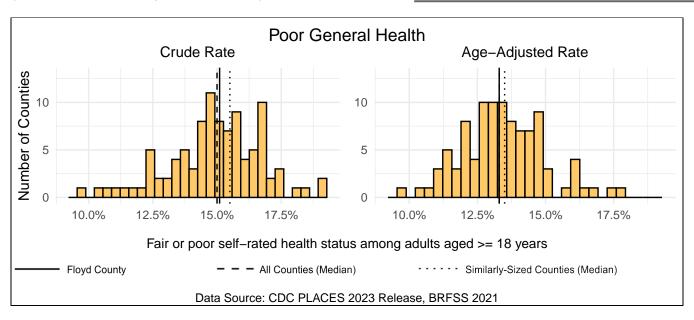
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country's population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of "excellent," "very good," "good," "fair," or "poor," from which the respondents who answer "fair" or "poor" are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/health-status/index.html

#### **Poor General Health**

Floyd County has a crude rate of 15.1% for fair or poor self-rated health status among adults aged >= 18 years, which ranks 51st out of 99 lowa counties (25th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 13.3%, which ranks 47th out of 99 lowa counties (24th out of 63 similarly-sized counties).

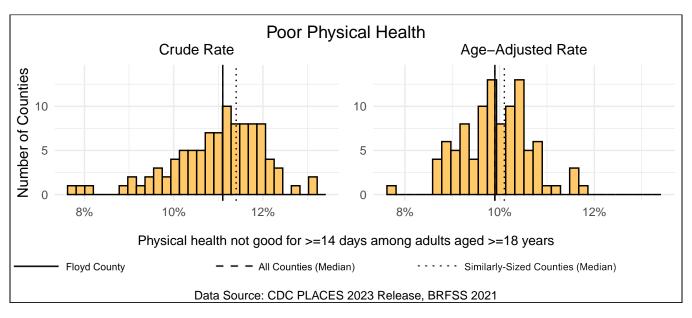
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	15.1%	15.0%	15.5%
Age-Adjusted	13.3%	13.3%	13.5%



#### **Poor Physical Health**

Floyd County has a crude rate of 11.1% for physical health not good for >=14 days among adults aged >=18 years, which ranks 48th out of 99 lowa counties (22nd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 9.9%, which ranks 44th out of 99 lowa counties (22nd out of 63 similarly-sized counties).

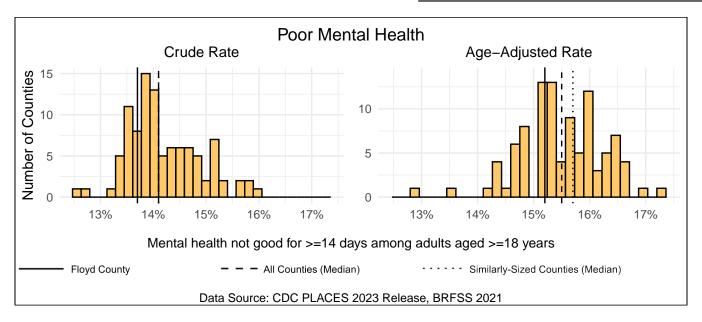
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	11.1%	11.1%	11.4%
Age-Adjusted	9.9%	9.9%	10.1%



#### **Poor Mental Health**

Floyd County has a crude rate of 13.7% for mental health not good for >=14 days among adults aged >=18 years, which ranks 20th out of 99 lowa counties (12th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 15.2%, which ranks 28th out of 99 lowa counties (11th out of 63 similarly-sized counties).

Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	13.7%	14.1%	14.1%
Age-Adjusted	15.2%	15.5%	15.7%



## **Health Risk Behaviors**

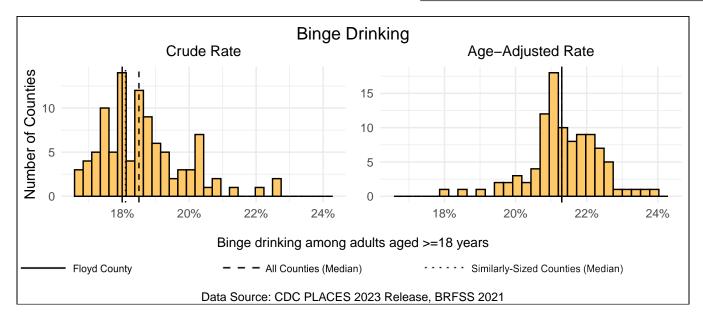
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html

#### **Binge Drinking**

Floyd County has a crude rate of 18.0% for binge drinking among adults aged >=18 years, which ranks 34th out of 99 lowa counties (27th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 21.3%, which ranks 47th out of 99 lowa counties (32nd out of 63 similarly-sized counties).

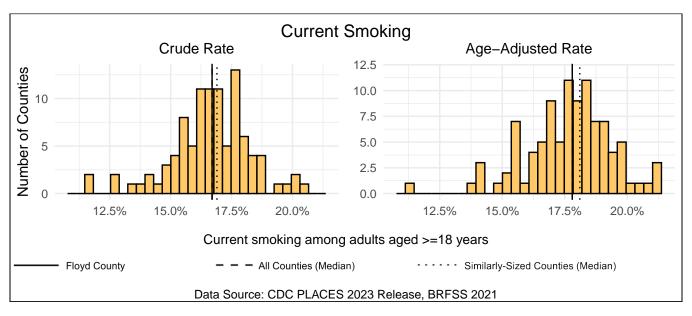
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	18.0%	18.5%	18.1%
Age-Adjusted	21.3%	21.3%	21.3%



#### **Current Smoking**

Floyd County has a crude rate of 16.7% for current smoking among adults aged >=18 years, which ranks 48th out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 17.8%, which ranks 49th out of 99 lowa counties (23rd out of 63 similarly-sized counties).

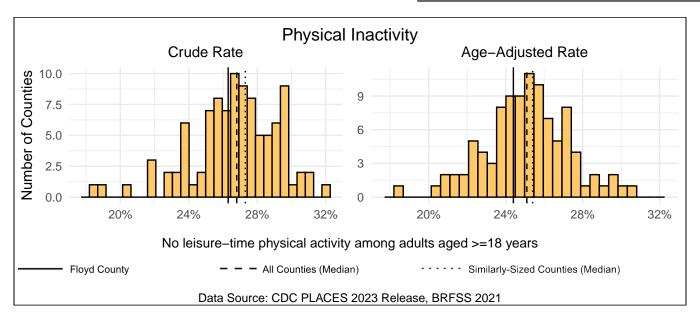
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	16.7%	16.7%	16.9%
Age-Adjusted	17.8%	17.8%	18.1%



#### **Physical Inactivity**

Floyd County has a crude rate of 26.3% for no leisure-time physical activity among adults aged >=18 years, which ranks 39th out of 99 lowa counties (20th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 24.4%, which ranks 36th out of 99 lowa counties (18th out of 63 similarly-sized counties).

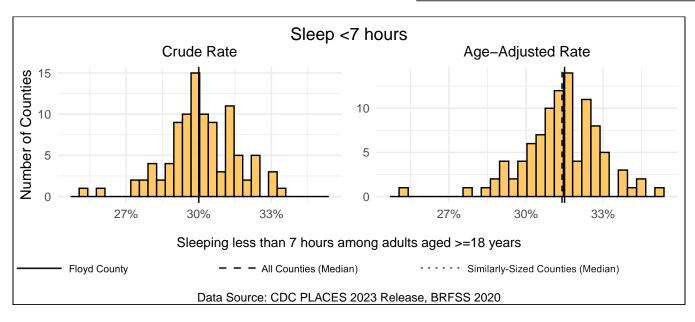
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	26.3%	26.8%	27.3%
Age-Adjusted	24.4%	25.1%	25.4%



### Sleep <7 hours

Floyd County has a crude rate of 30.0% for sleeping less than 7 hours among adults aged >=18 years, which ranks 46th out of 99 lowa counties (30th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 31.5%, which ranks 51st out of 99 lowa counties (31st out of 63 similarly-sized counties).

Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	30.0%	30.0%	30.0%
Age-Adjusted	31.5%	31.4%	31.5%



# **Health Outcomes**

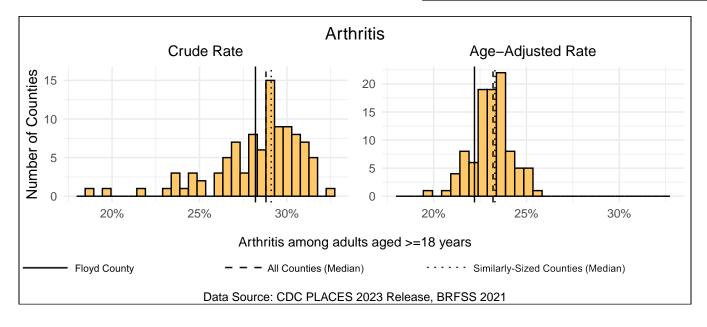
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html

#### **Arthritis**

Floyd County has a crude rate of 28.2% for arthritis among adults aged >=18 years, which ranks 36th out of 99 lowa counties (13th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 22.2%, which ranks 16th out of 99 lowa counties (6th out of 63 similarly-sized counties).

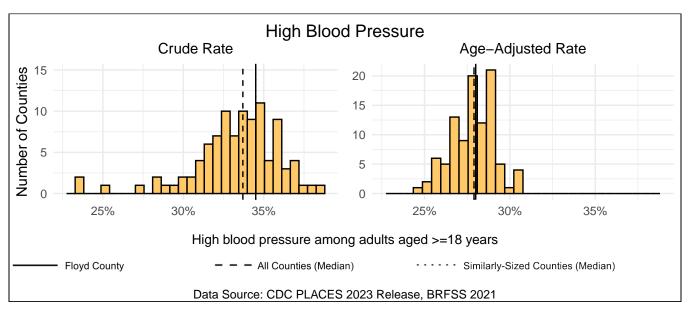
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	28.2%	28.8%	29.1%
Age-Adjusted	22.2%	23.2%	23.3%



#### **High Blood Pressure**

Floyd County has a crude rate of 34.5% for high blood pressure among adults aged >=18 years, which ranks 62nd out of 99 lowa counties (31st out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 28.0%, which ranks 54th out of 99 lowa counties (33rd out of 63 similarly-sized counties).

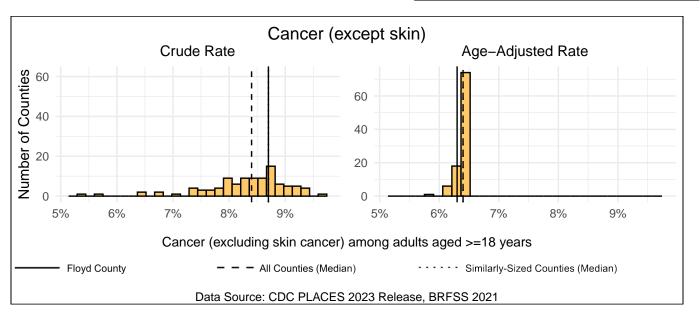
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	34.5%	33.7%	34.5%
Age-Adjusted	28.0%	27.9%	27.9%



#### Cancer (except skin)

Floyd County has a crude rate of 8.7% for cancer (excluding skin cancer) among adults aged >=18 years, which ranks 64th out of 99 lowa counties (31st out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 6.3%, which ranks 8th out of 99 lowa counties (4th out of 63 similarly-sized counties).

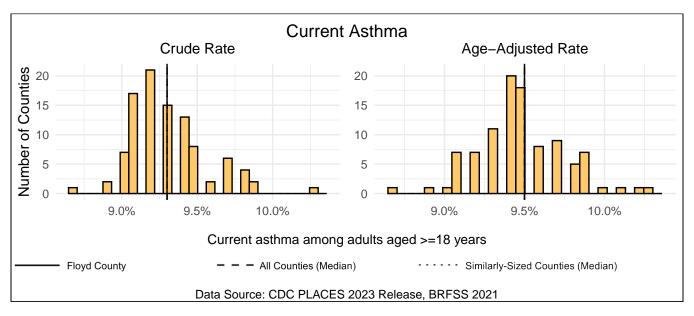
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	8.7%	8.4%	8.7%
Age-Adjusted	6.3%	6.4%	6.4%



#### **Current Asthma**

Floyd County has a crude rate of 9.3% for current asthma among adults aged >=18 years, which ranks 49th out of 99 lowa counties (29th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 9.5%, which ranks 49th out of 99 lowa counties (27th out of 63 similarly-sized counties).

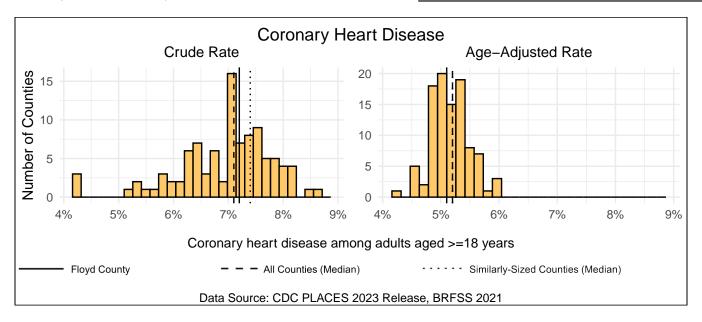
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	9.3%	9.3%	9.3%
Age-Adjusted	9.5%	9.5%	9.5%



#### **Coronary Heart Disease**

Floyd County has a crude rate of 7.2% for coronary heart disease among adults aged >=18 years, which ranks 56th out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 5.1%, which ranks 33rd out of 99 lowa counties (15th out of 63 similarly-sized counties).

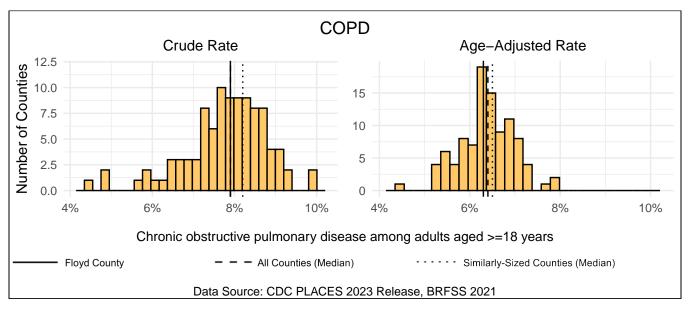
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	7.2%	7.1%	7.4%
Age-Adjusted	5.1%	5.2%	5.2%



#### COPD

Floyd County has a crude rate of 7.9% for chronic obstructive pulmonary disease among adults aged >=18 years, which ranks 50th out of 99 lowa counties (20th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 6.3%, which ranks 39th out of 99 lowa counties (17th out of 63 similarly-sized counties).

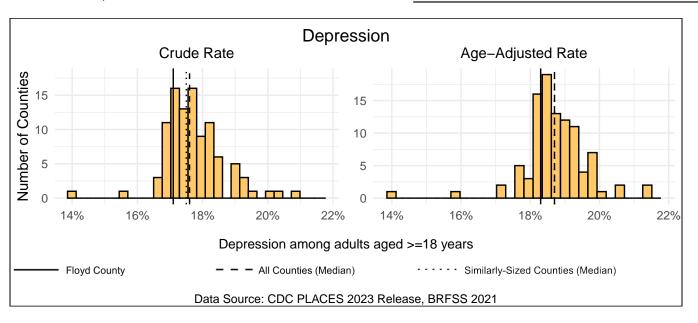
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	7.9%	7.9%	8.2%
Age-Adjusted	6.3%	6.4%	6.5%



#### **Depression**

Floyd County has a crude rate of 17.1% for depression among adults aged >=18 years, which ranks 17th out of 99 lowa counties (15th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 18.3%, which ranks 25th out of 99 lowa counties (15th out of 63 similarly-sized counties).

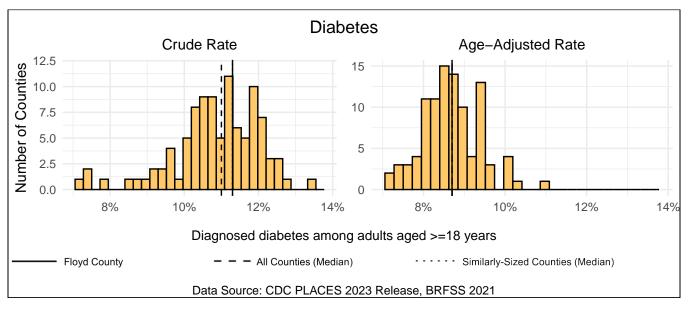
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	17.1%	17.6%	17.5%
Age-Adjusted	18.3%	18.7%	18.7%



#### **Diabetes**

Floyd County has a crude rate of 11.3% for diagnosed diabetes among adults aged >=18 years, which ranks 59th out of 99 lowa counties (29th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 8.7%, which ranks 50th out of 99 lowa counties (30th out of 63 similarly-sized counties).

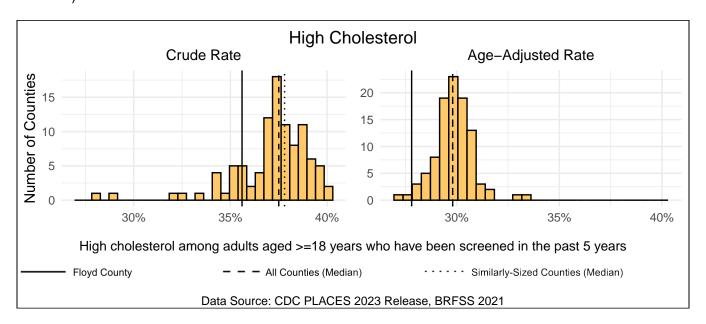
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	11.3%	11.0%	11.3%
Age-Adjusted	8.7%	8.7%	8.7%



#### **High Cholesterol**

Floyd County has a crude rate of 35.6% for high cholesterol among adults aged >=18 years who have been screened in the past 5 years, which ranks 17th out of 99 lowa counties (4th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 27.8%, which ranks 2nd out of 99 lowa counties (1st out of 63 similarly-sized counties).

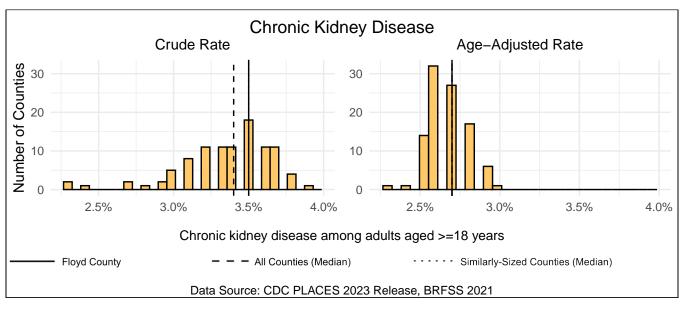
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	35.6%	37.5%	37.8%
Age-Adjusted	27.8%	29.8%	29.8%



#### **Chronic Kidney Disease**

Floyd County has a crude rate of 3.5% for chronic kidney disease among adults aged >=18 years, which ranks 55th out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 2.7%, which ranks 49th out of 99 lowa counties (26th out of 63 similarly-sized counties).

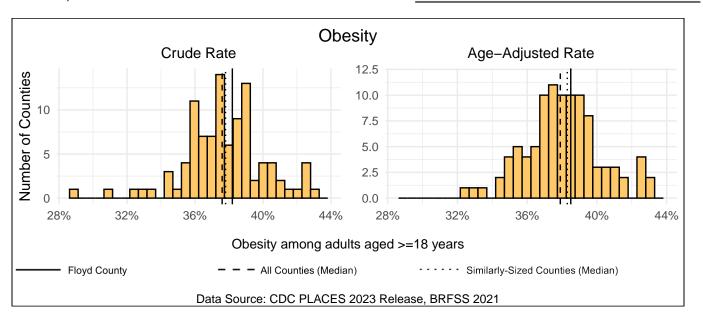
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	3.5%	3.4%	3.5%
Age-Adjusted	2.7%	2.7%	2.7%



#### Obesity

Floyd County has a crude rate of 38.2% for obesity among adults aged >=18 years, which ranks 57th out of 99 lowa counties (35th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 38.5%, which ranks 58th out of 99 lowa counties (33rd out of 63 similarly-sized counties).

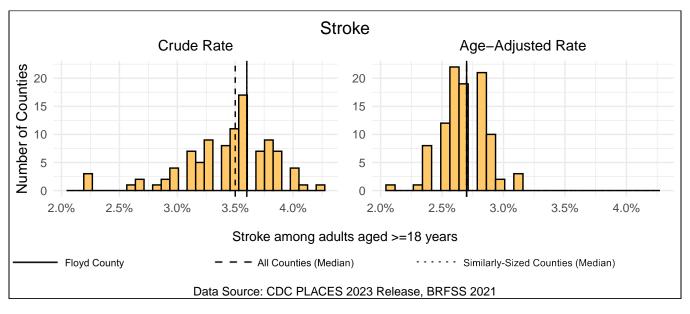
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	38.2%	37.6%	37.8%
Age-Adjusted	38.5%	37.9%	38.3%



#### **Stroke**

Floyd County has a crude rate of 3.6% for stroke among adults aged >=18 years, which ranks 54th out of 99 lowa counties (23rd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 2.7%, which ranks 45th out of 99 lowa counties (23rd out of 63 similarly-sized counties).

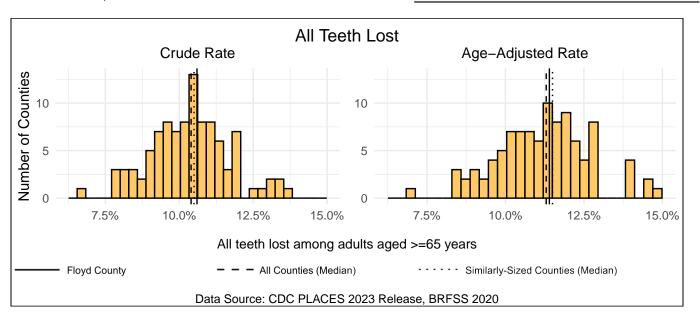
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	3.6%	3.5%	3.6%
Age-Adjusted	2.7%	2.7%	2.7%



#### **All Teeth Lost**

Floyd County has a crude rate of 10.6% for all teeth lost among adults aged >=65 years, which ranks 57th out of 99 lowa counties (33rd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 11.4%, which ranks 56th out of 99 lowa counties (30th out of 63 similarly-sized counties).

Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	10.6%	10.4%	10.5%
Age-Adjusted	11.4%	11.3%	11.5%



## **Prevention**

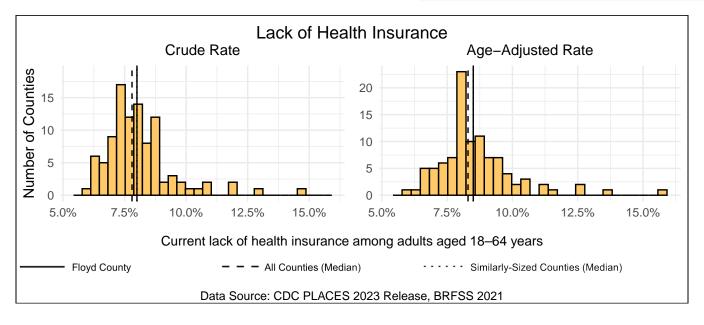
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your county's prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your county. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/prevention/index.html

#### **Lack of Health Insurance**

Floyd County has a crude rate of 8.0% for current lack of health insurance among adults aged 18–64 years, which ranks 54th out of 99 lowa counties (32nd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 8.5%, which ranks 56th out of 99 lowa counties (31st out of 63 similarly-sized counties).

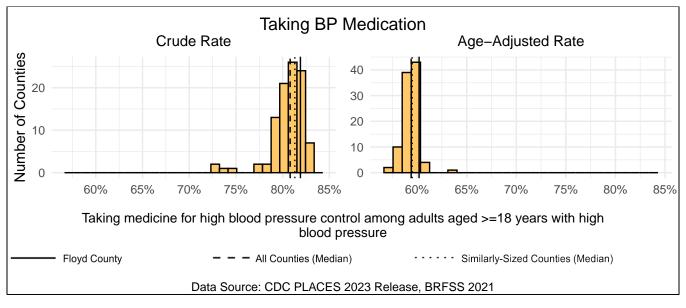
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	8.0%	7.8%	8.0%
Age-Adjusted	8.5%	8.3%	8.5%



#### **Taking BP Medication**

Floyd County has a crude rate of 81.9% for taking medicine for high blood pressure control among adults aged >=18 years with high blood pressure, which ranks 18th out of 99 lowa counties (17th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 60.2%, which ranks 10th out of 99 lowa counties (4th out of 63 similarly-sized counties).

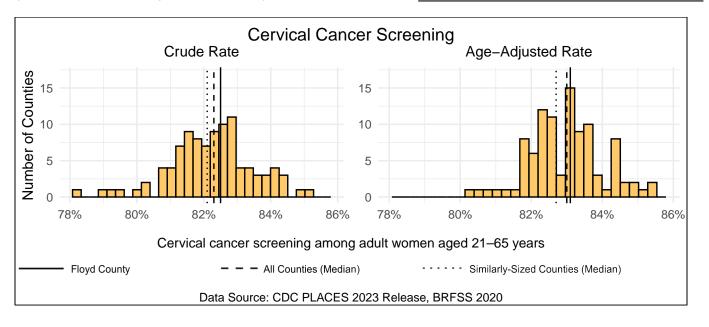
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	81.9%	80.8%	81.3%
Age-Adjusted	60.2%	59.4%	59.5%



#### **Cervical Cancer Screening**

Floyd County has a crude rate of 82.5% for cervical cancer screening among adult women aged 21–65 years, which ranks 43rd out of 99 lowa counties (22nd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 83.1%, which ranks 43rd out of 99 lowa counties (20th out of 63 similarly-sized counties).

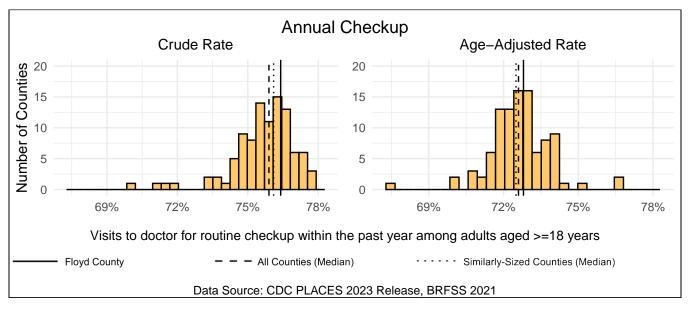
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	82.5%	82.3%	82.1%
Age-Adjusted	83.1%	83.0%	82.7%



#### **Annual Checkup**

Floyd County has a crude rate of 76.4% for visits to doctor for routine checkup within the past year among adults aged >=18 years, which ranks 29th out of 99 lowa counties (19th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 72.8%, which ranks 40th out of 99 lowa counties (21st out of 63 similarly-sized counties).

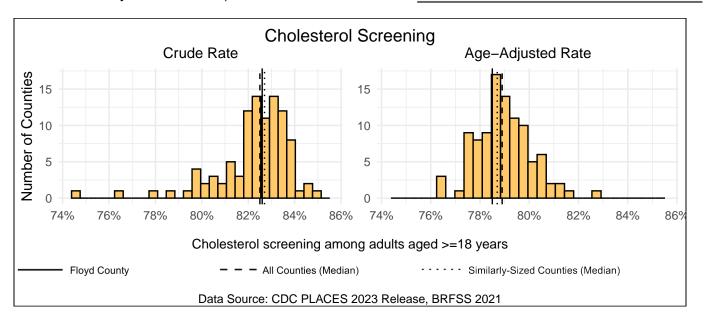
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	76.4%	75.9%	76.1%
Age-Adjusted	72.8%	72.6%	72.5%



#### **Cholesterol Screening**

Floyd County has a crude rate of 82.6% for cholesterol screening among adults aged >=18 years, which ranks 47th out of 99 lowa counties (33rd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 78.5%, which ranks 66th out of 99 lowa counties (35th out of 63 similarly-sized counties).

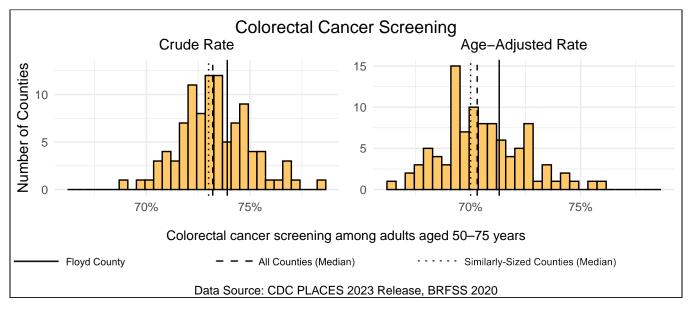
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	82.6%	82.5%	82.7%
Age-Adjusted	78.5%	78.9%	78.7%



#### **Colorectal Cancer Screening**

Floyd County has a crude rate of 73.9% for colorectal cancer screening among adults aged 50–75 years, which ranks 32nd out of 99 lowa counties (16th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 71.3%, which ranks 30th out of 99 lowa counties (14th out of 63 similarly-sized counties).

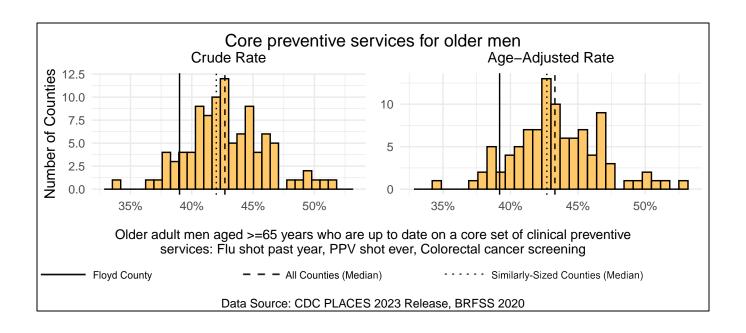
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	73.9%	73.2%	73.0%
Age-Adjusted	71.3%	70.3%	70.0%



#### Core preventive services for older men

Floyd County has a crude rate of 39.0% for older adult men aged >=65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 89th out of 99 lowa counties (55th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 39.2%, which ranks 90th out of 99 lowa counties (56th out of 63 similarly-sized counties).

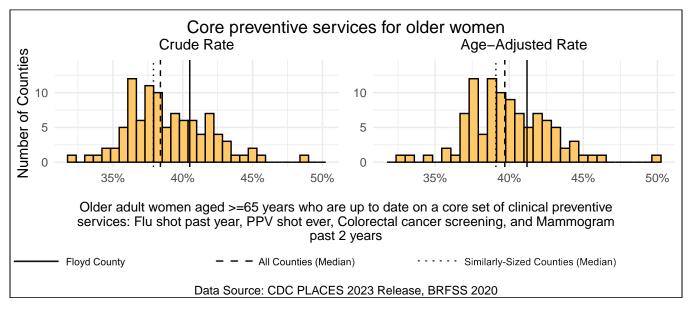
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	39.0%	42.7%	42.0%
Age-Adjusted	39.2%	43.3%	42.7%



#### Core preventive services for older women

Floyd County has a crude rate of 40.5% for older adult women aged >=65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 27th out of 99 lowa counties (8th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 41.2%, which ranks 31st out of 99 lowa counties (10th out of 63 similarly-sized counties).

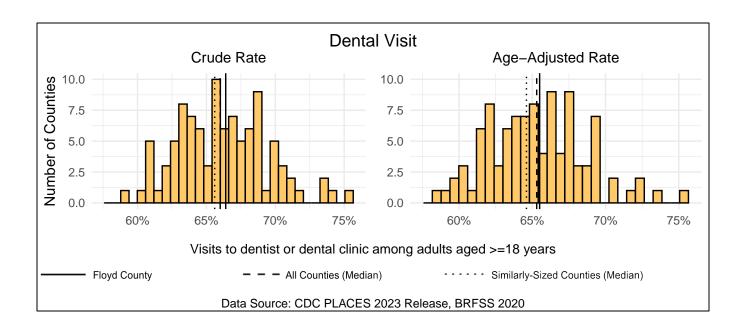
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	40.5%	38.4%	37.9%
Age-Adjusted	41.2%	39.7%	39.1%



#### **Dental Visit**

Floyd County has a crude rate of 66.4% for visits to dentist or dental clinic among adults aged >=18 years, which ranks 46th out of 99 lowa counties (23rd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 65.5%, which ranks 46th out of 99 lowa counties (23rd out of 63 similarly-sized counties).

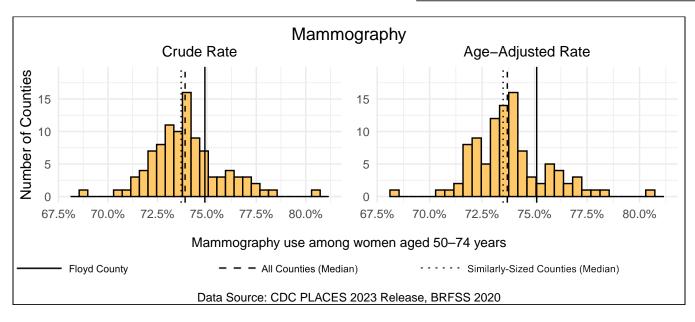
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	66.4%	66.0%	65.6%
Age-Adjusted	65.5%	65.3%	64.6%



### **Mammography**

Floyd County has a crude rate of 74.9% for mammography use among women aged 50–74 years, which ranks 24th out of 99 lowa counties (8th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 75.1%, which ranks 19th out of 99 lowa counties (3rd out of 63 similarly-sized counties).

Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	74.9%	73.9%	73.7%
Age-Adjusted	75.1%	73.7%	73.5%



# **Disability**

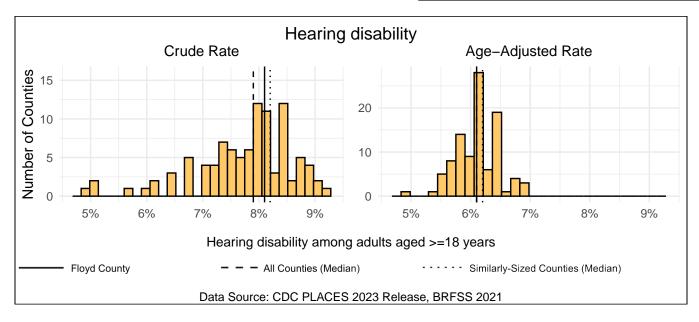
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html

#### **Hearing disability**

Floyd County has a crude rate of 8.1% for hearing disability among adults aged >=18 years, which ranks 60th out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 6.1%, which ranks 39th out of 99 lowa counties (18th out of 63 similarly-sized counties).

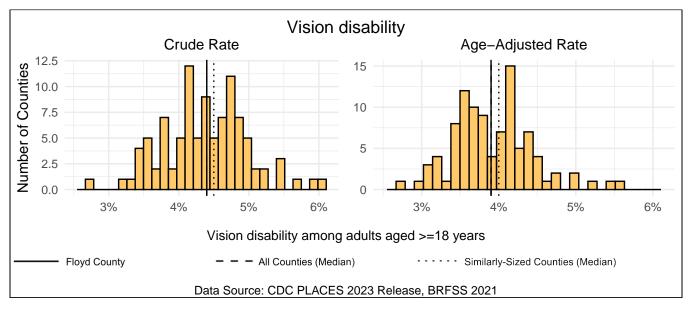
Measure Type	Floyd County	All Counties	Similarly- Sized Counties
Crude	8.1%	7.9%	8.2%
Age-Adjusted	6.1%	6.1%	6.2%



#### Vision disability

Floyd County has a crude rate of 4.4% for vision disability among adults aged >=18 years, which ranks 46th out of 99 lowa counties (22nd out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 3.9%, which ranks 50th out of 99 lowa counties (27th out of 63 similarly-sized counties).

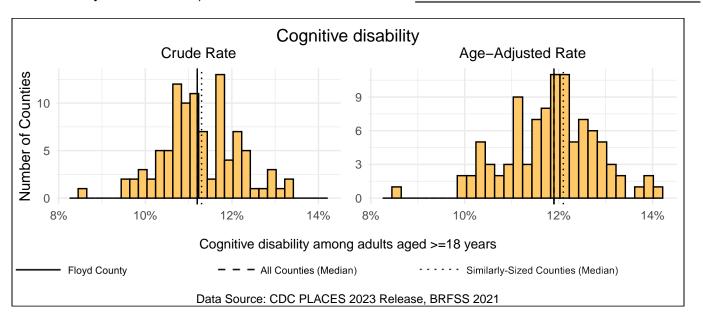
Measure Type	Floyd County	All Counties	Similarly- Sized Counties	
Crude	4.4%	4.4%	4.5%	
Age-Adjusted	3.9%	3.9%	4.0%	



#### Cognitive disability

Floyd County has a crude rate of 11.2% for cognitive disability among adults aged >=18 years, which ranks 48th out of 99 lowa counties (26th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 11.9%, which ranks 46th out of 99 lowa counties (23rd out of 63 similarly-sized counties).

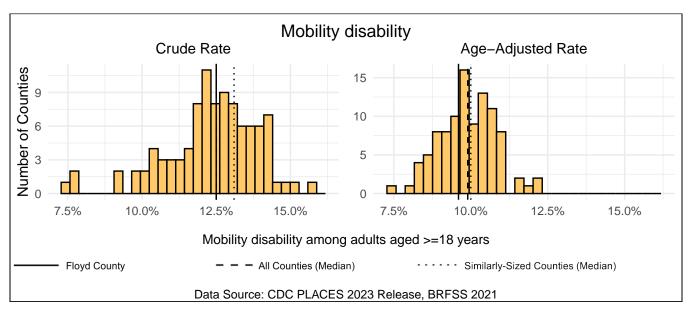
Measure Type	Floyd County	All Counties	Similarly- Sized Counties	
Crude	11.2%	11.2%	11.3%	
Age-Adjusted	11.9%	11.9%	12.1%	



### **Mobility disability**

Floyd County has a crude rate of 12.5% for mobility disability among adults aged >=18 years, which ranks 50th out of 99 lowa counties (21st out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 9.6%, which ranks 33rd out of 99 lowa counties (16th out of 63 similarly-sized counties).

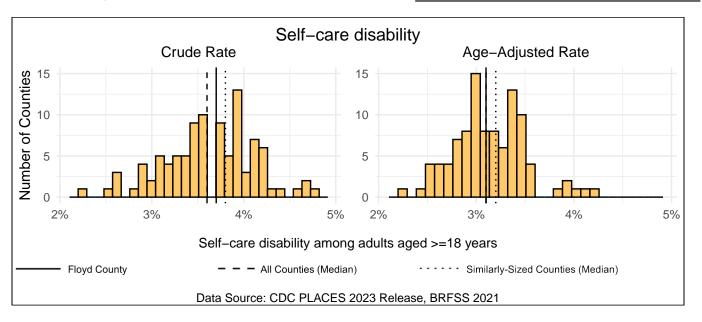
Measure Type	Floyd County	All Counties	Similarly- Sized Counties	
Crude	12.5%	12.5%	13.1%	
Age-Adjusted	9.6%	9.9%	10.0%	



#### Self-care disability

Floyd County has a crude rate of 3.7% for self-care disability among adults aged >=18 years, which ranks 51st out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 3.1%, which ranks 45th out of 99 lowa counties (24th out of 63 similarly-sized counties).

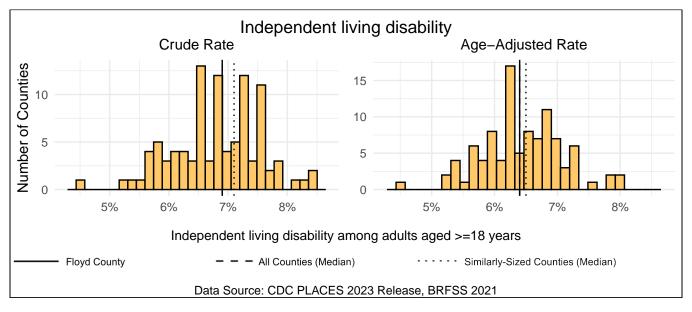
Measure Type	Floyd County	All Counties	Similarly- Sized Counties	
Crude	3.7%	3.6%	3.8%	
Age-Adjusted	3.1%	3.1%	3.2%	



#### Independent living disability

Floyd County has a crude rate of 6.9% for independent living disability among adults aged >=18 years, which ranks 49th out of 99 lowa counties (24th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 6.4%, which ranks 48th out of 99 lowa counties (24th out of 63 similarly-sized counties).

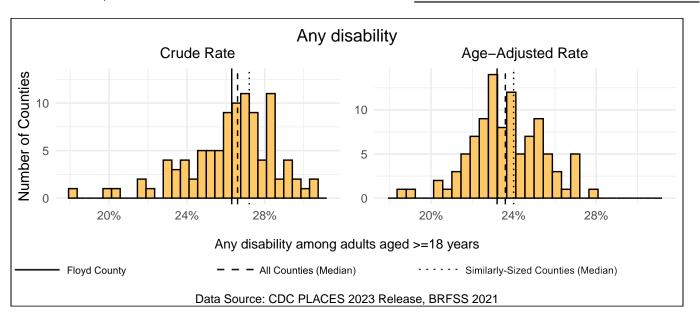
Measure Type	Floyd County	All Counties	Similarly- Sized Counties	
Crude	6.9%	6.9%	7.1%	
Age-Adjusted	6.4%	6.4%	6.5%	



#### Any disability

Floyd County has a crude rate of 26.3% for any disability among adults aged >=18 years, which ranks 41st out of 99 lowa counties (18th out of 63 similarly-sized counties). The age-adjusted rate for Floyd County is 23.2%, which ranks 40th out of 99 lowa counties (19th out of 63 similarly-sized counties).

Measure Type	Type Floyd County		Similarly- Sized Counties	
Crude	26.3%	26.6%	27.2%	
Age-Adjusted	23.2%	23.6%	24.0%	



# **Appendix 1: CDC PLACES Data**

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- PLACES Homepage
- Measure Definitions
- Methodology



# **Appendix 2: Floyd County PLACES Data**

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	Mental Health	20	13.7% (11.7% - 15.7%)	28	15.2% (13.0% - 17.5%)
Health Status	Physical Health	48	11.1% (9.4% - 12.9%)	44	9.9% (8.3% - 11.4%)
Health Status	General Health	51	15.1% (12.6% - 17.8%)	47	13.3% (11.1% - 15.7%)
Health Risk Behaviors	Binge Drinking	34	18.0% (14.9% - 21.4%)	47	21.3% (17.6% - 25.2%)
Health Risk Behaviors	Current Smoking	48	16.7% (13.2% - 20.3%)	49	17.8% (14.3% - 21.7%)
Health Risk Behaviors	Physical Inactivity	39	26.3% (21.5% - 31.5%)	36	24.4% (19.8% - 29.2%)
Health Risk Behaviors	Sleep <7 hours	46	30.0% (28.4% - 31.5%)	51	31.5% (29.7% - 33.1%)
Health Outcomes	Depression	17	17.1% (13.9% - 20.6%)	25	18.3% (14.9% - 22.0%)
Health Outcomes	Chronic Kidney Disease	55	3.5% (3.1% - 3.9%)	49	2.7% (2.4% - 2.9%)
Health Outcomes	Stroke	54	3.6% (3.1% - 4.1%)	45	2.7% (2.4% - 3.0%)
Health Outcomes	COPD	50	7.9% (6.4% - 9.5%)	39	6.3% (5.2% - 7.4%)
Health Outcomes	Obesity	57	38.2% (31.1% - 45.5%)	58	38.5% (31.4% - 45.9%)
Health Outcomes	High Cholesterol	17	35.6% (30.9% - 40.6%)	2	27.8% (23.5% - 32.2%)
Health Outcomes	Coronary Heart Disease	56	7.2% (6.2% - 8.3%)	33	5.1% (4.4% - 5.8%)
Health Outcomes	Current Asthma	49	9.3% (8.1% - 10.5%)	49	9.5% (8.3% - 10.8%)
Health Outcomes	Diabetes	59	11.3% (9.6% - 13.2%)	50	8.7% (7.3% - 10.2%)
Health Outcomes	Arthritis	36	28.2% (24.1% - 32.5%)	16	22.2% (18.8% - 25.8%)
Health Outcomes	All Teeth Lost	57	10.6% (7.0% - 15.1%)	56	11.4% (7.5% - 16.2%)
Health Outcomes	High Blood Pressure	62	34.5% (30.4% - 38.8%)	54	28.0% (24.4% - 31.9%)
Health Outcomes	Cancer (except skin)	64	8.7% (7.8% - 9.6%)	8	6.3% (5.7% - 7.0%)
Prevention	Mammography	24	74.9% (70.6% - 78.6%)	19	75.1% (70.7% - 78.9%)
Prevention	Health Insurance	54	8.0% (6.2% - 10.4%)	56	8.5% (6.6% - 11.1%)
Prevention	Core preventive services for older women	27	40.5% (33.0% - 47.8%)	31	41.2% (33.8% - 48.4%)
Prevention	Cervical Cancer Screening	43	82.5% (79.9% - 85.0%)	43	83.1% (80.6% - 85.4%)
Prevention	Taking BP Medication	18	81.9% (78.9% - 84.6%)	10	60.2% (55.0% - 65.1%)
Prevention	Annual Checkup	29	76.4% (71.6% - 80.6%)	40	72.8% (67.7% - 77.6%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Cholesterol Screening	47	82.6% (79.5% - 85.3%)	66	78.5% (74.7% - 81.9%)
Prevention	Colorectal Cancer Screening	32	73.9% (71.1% - 76.6%)	30	71.3% (68.2% - 74.3%)
Prevention	Core preventive services for older men	89	39.0% (30.6% - 47.3%)	90	39.2% (30.9% - 47.6%)
Prevention	Dental Visit	46	66.4% (63.0% - 69.7%)	46	65.5% (61.9% - 69.1%)
Disability	Self-care Disability	51	3.7% (3.1% - 4.3%)	45	3.1% (2.7% - 3.6%)
Disability	Vision Disability	46	4.4% (3.8% - 5.2%)	50	3.9% (3.3% - 4.5%)
Disability	Any Disability	41	26.3% (22.2% - 30.5%)	40	23.2% (19.7% - 27.0%)
Disability	Cognitive Disability	48	11.2% (9.4% - 13.1%)	46	11.9% (10.0% - 14.0%)
Disability	Mobility Disability	50	12.5% (10.4% - 14.7%)	33	9.6% (8.0% - 11.3%)
Disability	Hearing Disability	60	8.1% (7.1% - 9.2%)	39	6.1% (5.4% - 6.9%)
Disability	Independent Living Disability	49	6.9% (5.8% - 8.0%)	48	6.4% (5.4% - 7.5%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

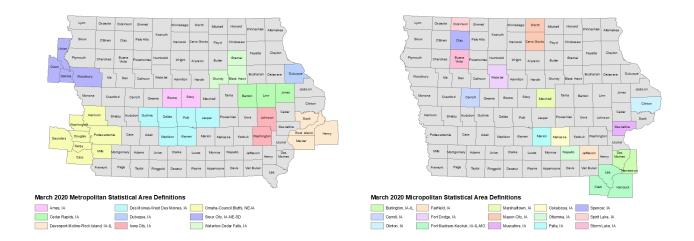
# **Appendix 3: Rural Counties**

Floyd County falls into the group of rural counties. In this data, 63 counties fall into this group. The table below lists all counties in the group, sorted by the population estimate in the CDC PLACES dataset.

County	Population	County	Population	County	Population
Sioux County	35,893	Lyon County	12,011	Pocahontas County	7,074
Boone County	26,723	Chickasaw County	11,887	Ida County	6,956
Plymouth County	25,650	Shelby County	11,770	Fremont County	6,567
Buchanan County	20,657	Cherokee County	11,503	Wayne County	6,508
Henry County	20,387	Louisa County	10,749	Osceola County	6,159
Winneshiek County	19,892	Hancock County	10,663	Taylor County	5,868
Jackson County	19,368	Winnebago County	10,656	Audubon County	5,635
Fayette County	19,258	Mitchell County	10,555	Ringgold County	4,639
Poweshiek County	18,586	Montgomery County	10,322	Adams County	3,641
Cedar County	18,410	Franklin County	9,952		
Delaware County	17,510	Calhoun County	9,915		
Clayton County	16,998	Keokuk County	9,914		
Tama County	16,867	Clarke County	9,785		
Hardin County	16,708	Sac County	9,752		
Iowa County	16,568	Humboldt County	9,634		
Crawford County	16,193	Howard County	9,478		
Floyd County	15,413	Emmet County	9,321		
Page County	15,197	Davis County	9,138		
Hamilton County	14,887	Palo Alto County	8,906		
Kossuth County	14,529	Greene County	8,717		
Butler County	14,332	Lucas County	8,710		
O'Brien County	14,015	Monona County	8,574		
Allamakee County	13,926	Decatur County	7,659		
Cass County	13,050	Monroe County	7,610		
Wright County	12,785	Adair County	7,541		
Appanoose County	12,257	Worth County	7,385		
Union County	12,018	Van Buren County	7,243		

Metropolitan and micropolitan areas can be found in the link and the maps below.

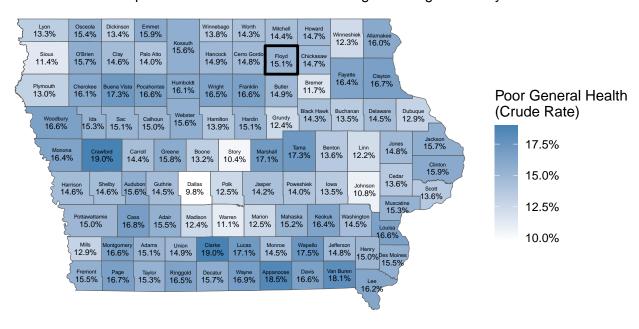
# https://www.icip.iastate.edu/maps/refmaps/cofips



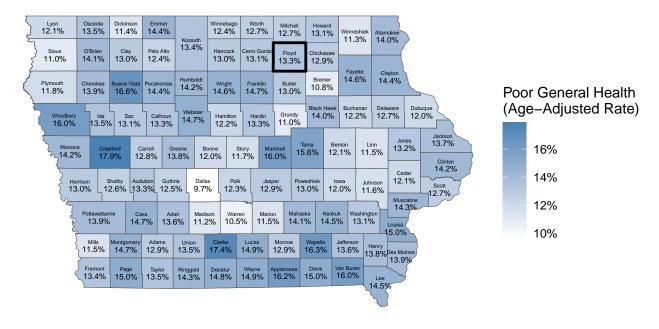
# **Appendix 4: County Maps**

Poor General Health

Fair or poor self-rated health status among adults aged >= 18 years

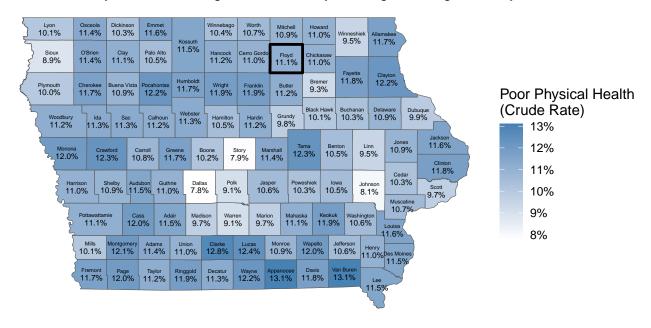


Data Source: CDC PLACES 2023 Release, BRFSS 2021

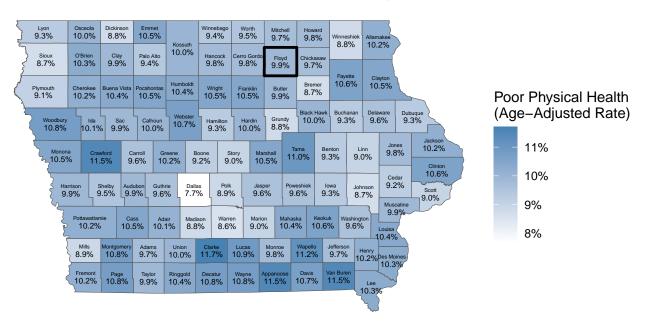


### Poor Physical Health

Physical health not good for >=14 days among adults aged >=18 years

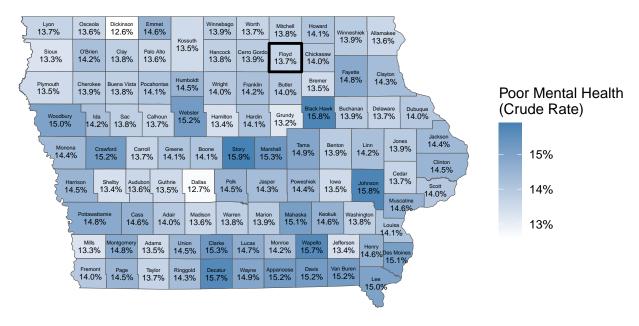


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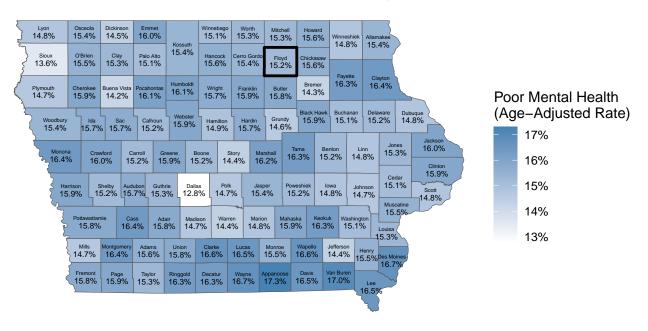


#### Poor Mental Health

#### Mental health not good for >=14 days among adults aged >=18 years

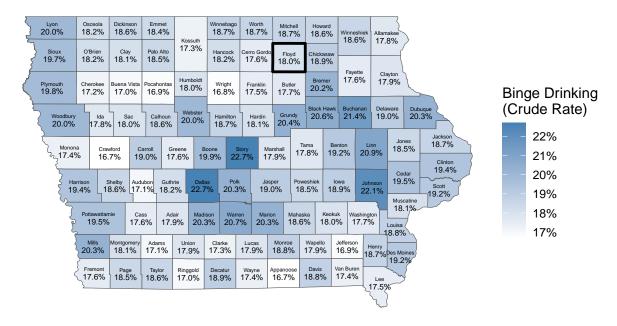


Data Source: CDC PLACES 2023 Release, BRFSS 2021

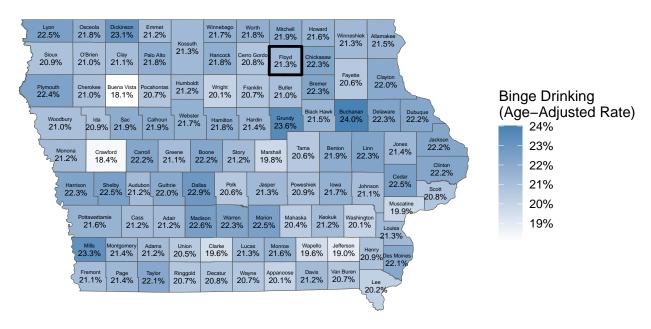


Binge Drinking

#### Binge drinking among adults aged >=18 years

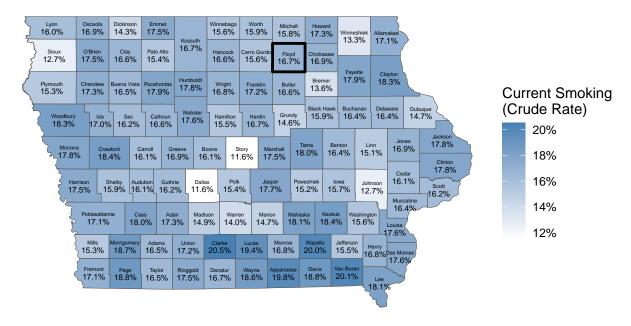


Data Source: CDC PLACES 2023 Release, BRFSS 2021

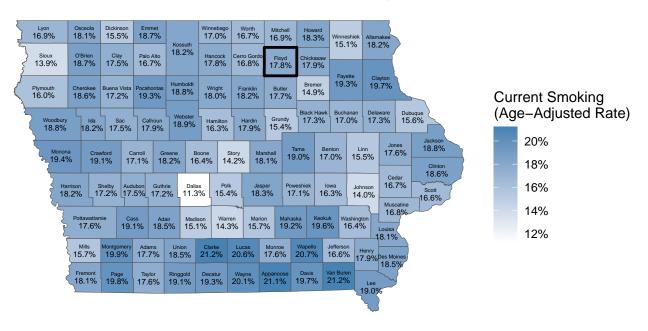


### **Current Smoking**

#### Current smoking among adults aged >=18 years

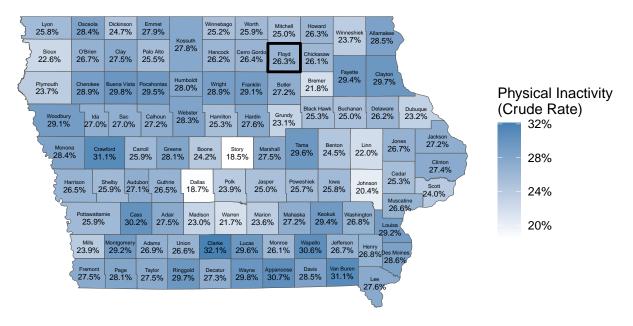


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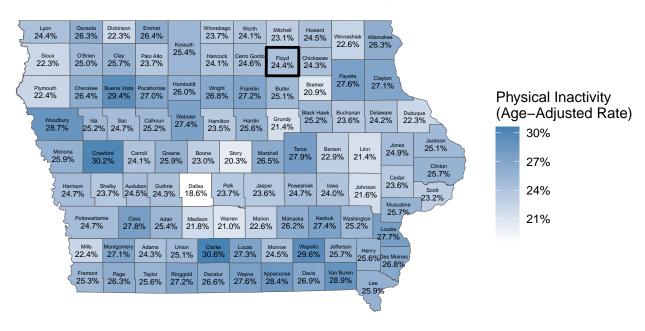


### **Physical Inactivity**

No leisure–time physical activity among adults aged >=18 years

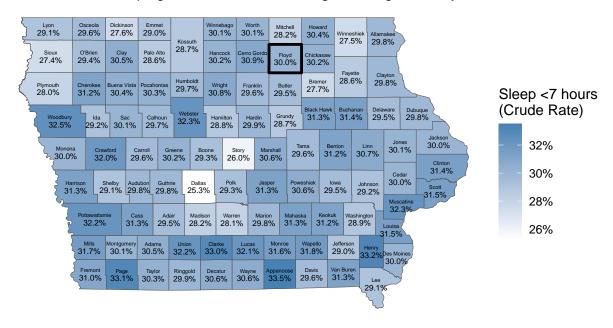


Data Source: CDC PLACES 2023 Release, BRFSS 2021

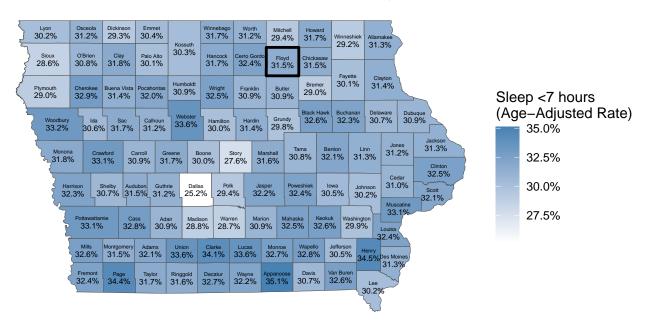


Sleep <7 hours

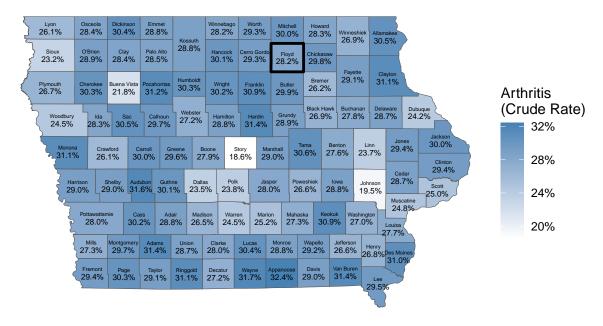
#### Sleeping less than 7 hours among adults aged >=18 years

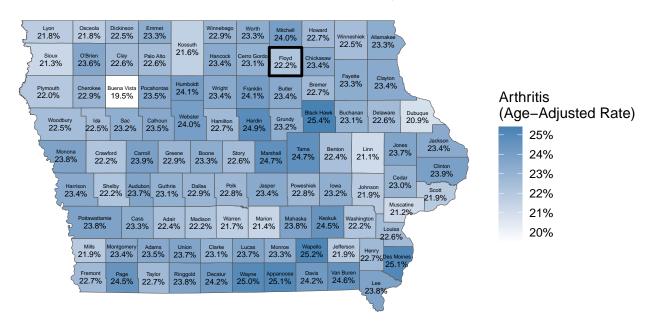


Data Source: CDC PLACES 2023 Release, BRFSS 2020



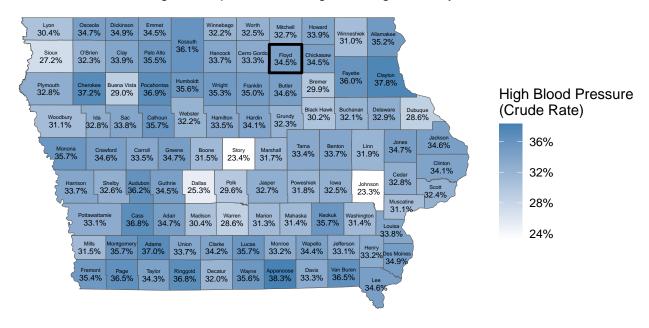
Arthritis
Arthritis among adults aged >=18 years



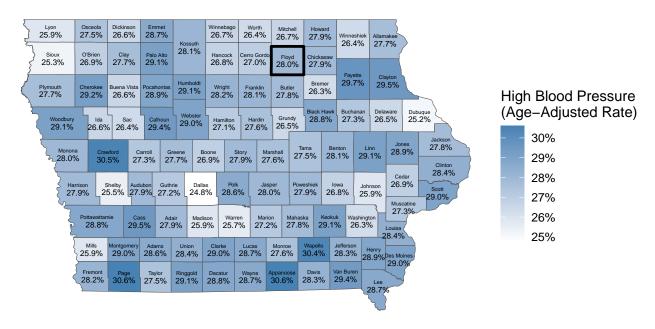


## High Blood Pressure

High blood pressure among adults aged >=18 years

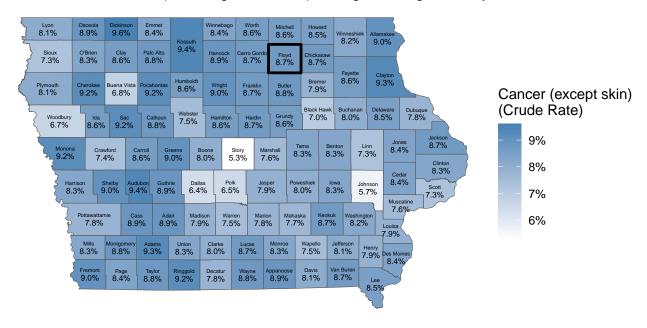


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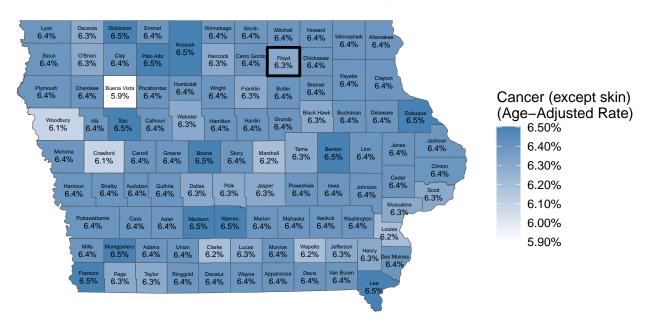


### Cancer (except skin)

Cancer (excluding skin cancer) among adults aged >=18 years

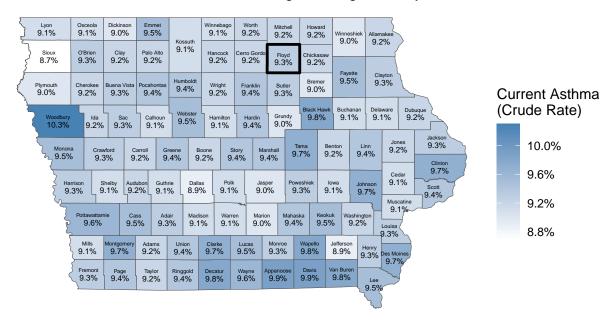


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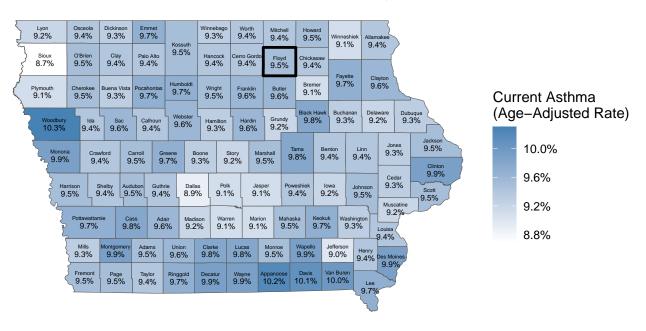


#### **Current Asthma**

#### Current asthma among adults aged >=18 years

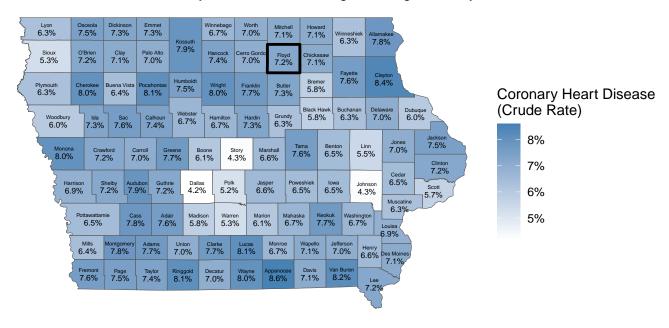


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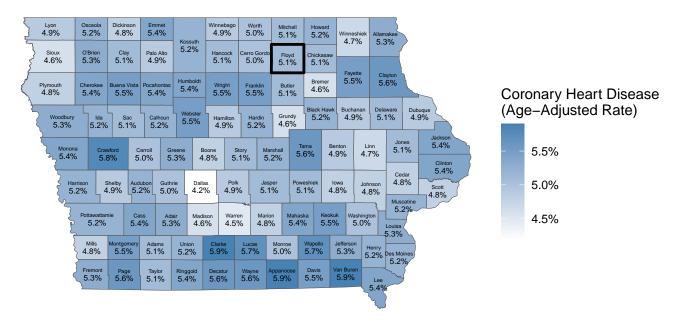


### **Coronary Heart Disease**

Coronary heart disease among adults aged >=18 years

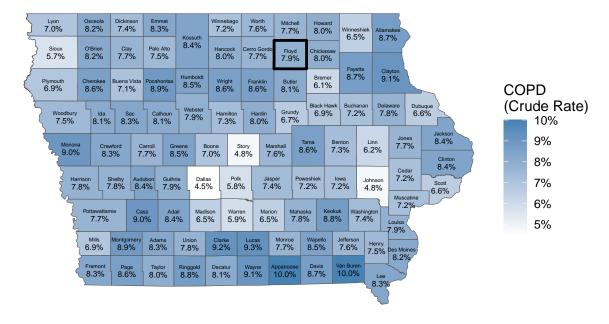


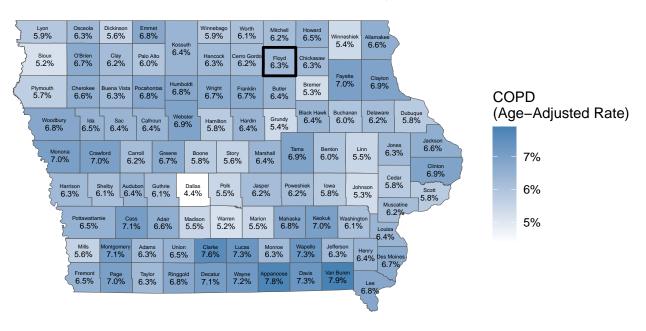
Data Source: CDC PLACES 2023 Release, BRFSS 2021



COPD

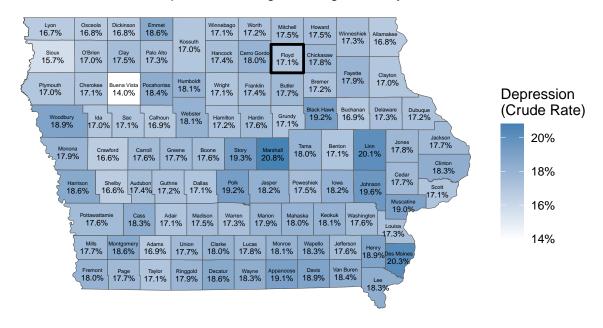
Chronic obstructive pulmonary disease among adults aged >=18 years



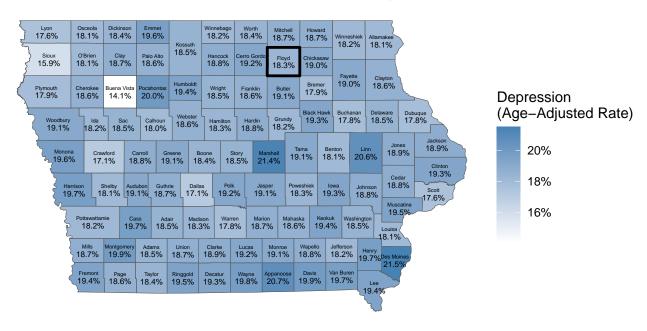


Depression

#### Depression among adults aged >=18 years

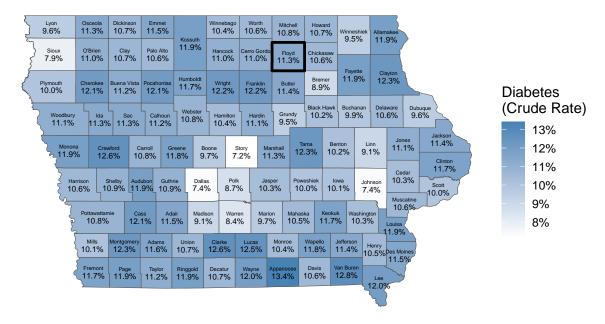


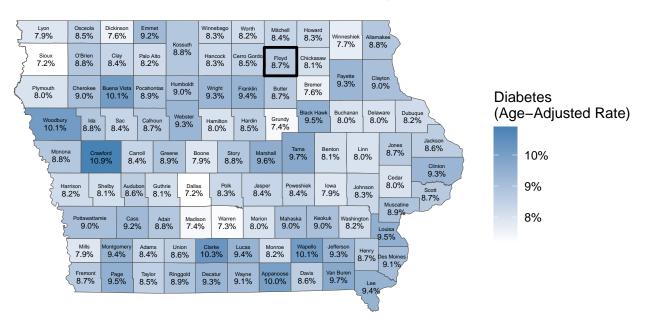
Data Source: CDC PLACES 2023 Release, BRFSS 2021



Diabetes

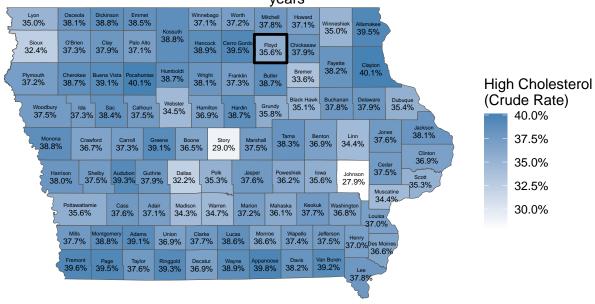
Diagnosed diabetes among adults aged >=18 years



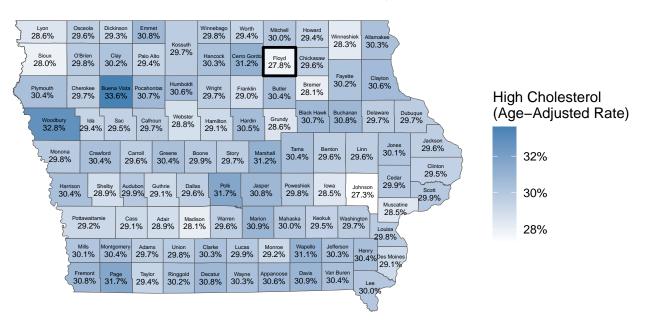


## **High Cholesterol**

High cholesterol among adults aged >=18 years who have been screened in the past 5 years

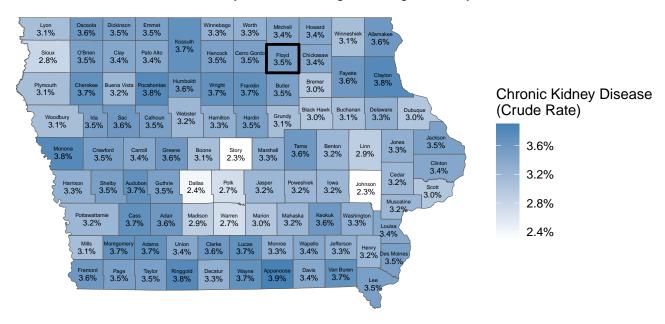


Data Source: CDC PLACES 2023 Release, BRFSS 2021

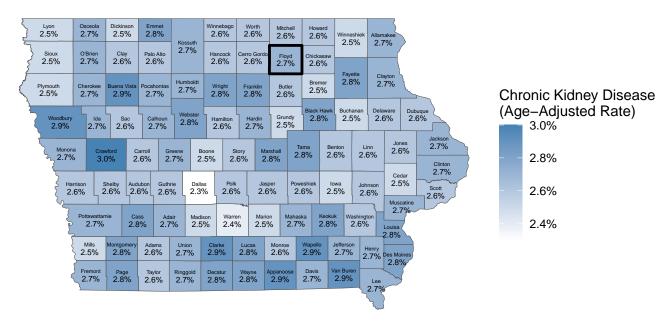


## **Chronic Kidney Disease**

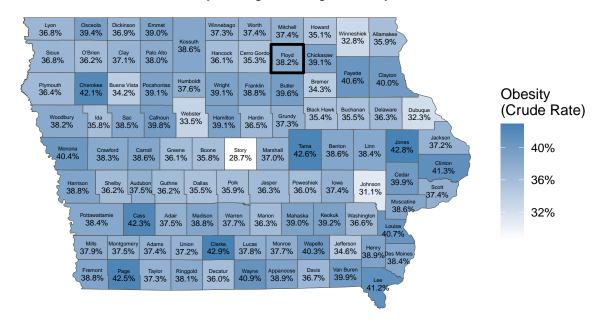
Chronic kidney disease among adults aged >=18 years

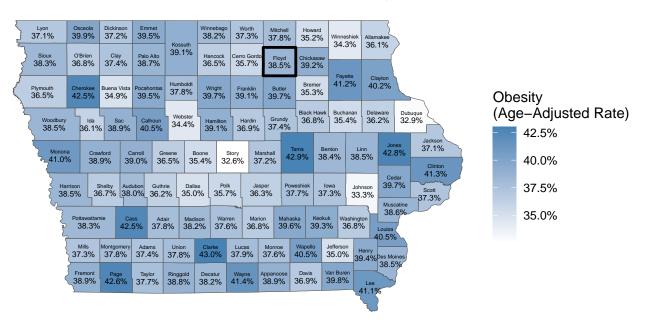


Data Source: CDC PLACES 2023 Release, BRFSS 2021

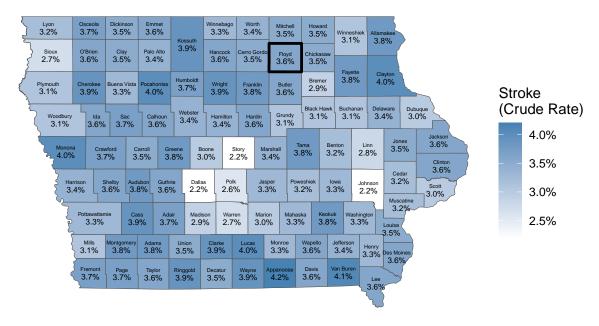


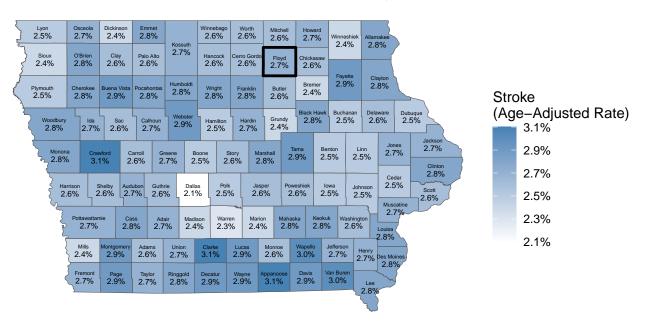
Obesity
Obesity among adults aged >=18 years



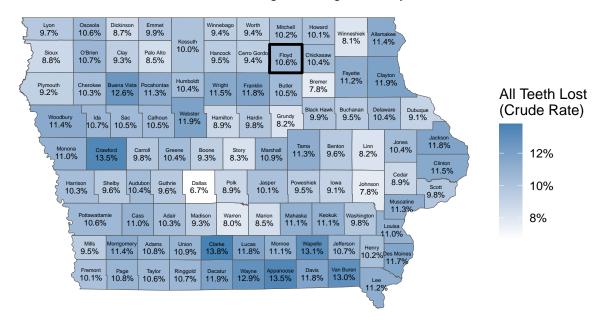


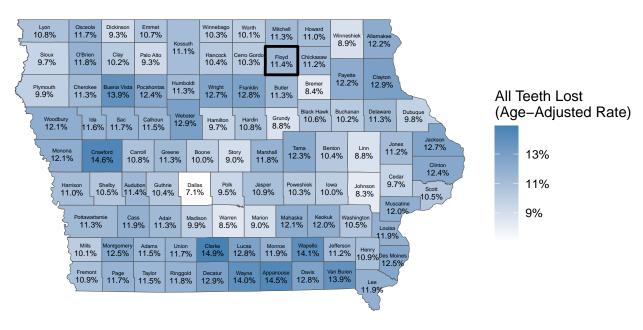
Stroke
Stroke among adults aged >=18 years





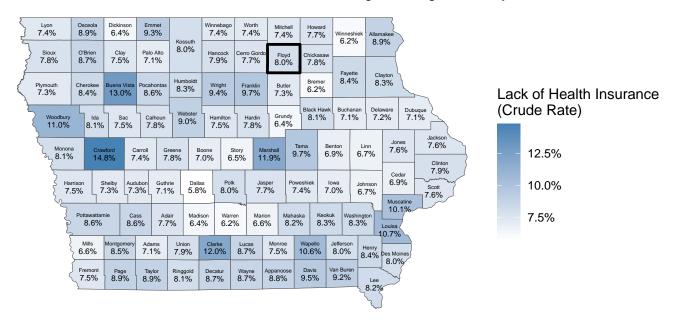
All Teeth Lost
All teeth lost among adults aged >=65 years



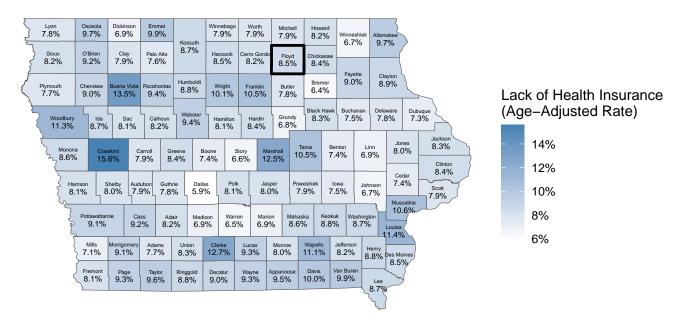


#### Lack of Health Insurance

#### Current lack of health insurance among adults aged 18-64 years

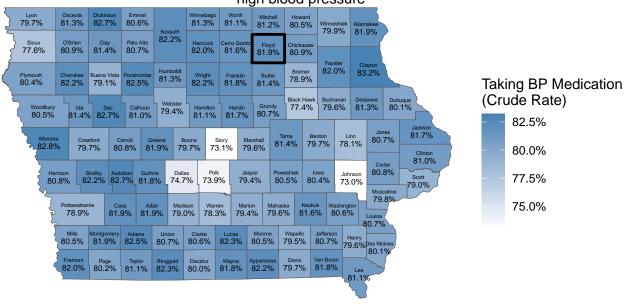


Data Source: CDC PLACES 2023 Release, BRFSS 2021

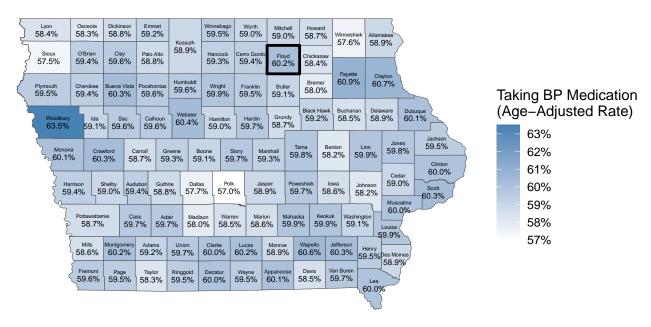


## Taking BP Medication

Taking medicine for high blood pressure control among adults aged >=18 years with high blood pressure

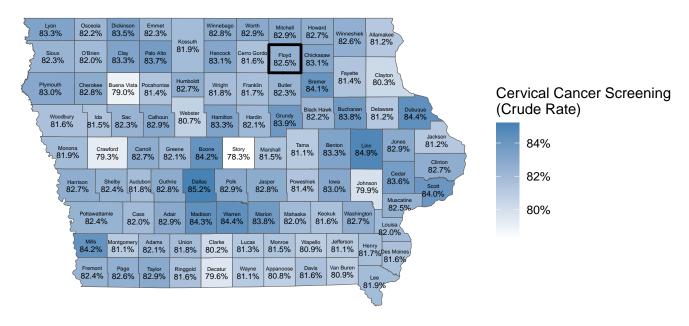


Data Source: CDC PLACES 2023 Release, BRFSS 2021

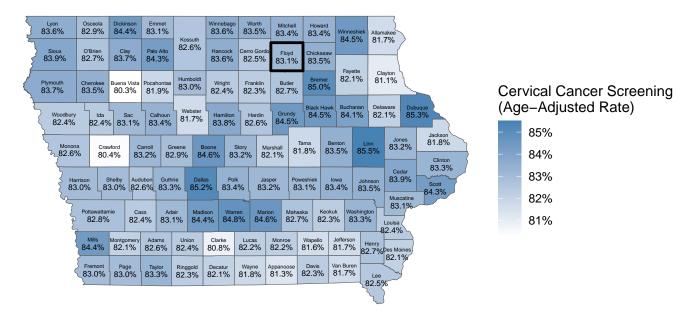


## **Cervical Cancer Screening**

Cervical cancer screening among adult women aged 21-65 years

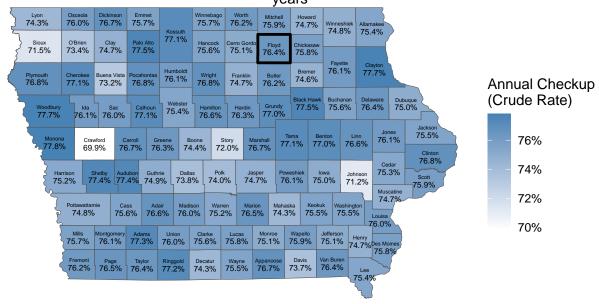


Data Source: CDC PLACES 2023 Release, BRFSS 2020

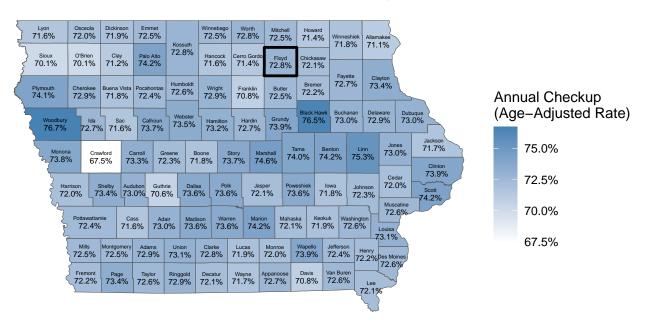


## **Annual Checkup**

Visits to doctor for routine checkup within the past year among adults aged >=18 years

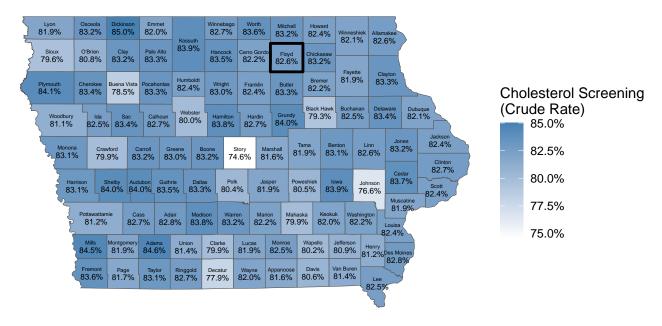


Data Source: CDC PLACES 2023 Release, BRFSS 2021

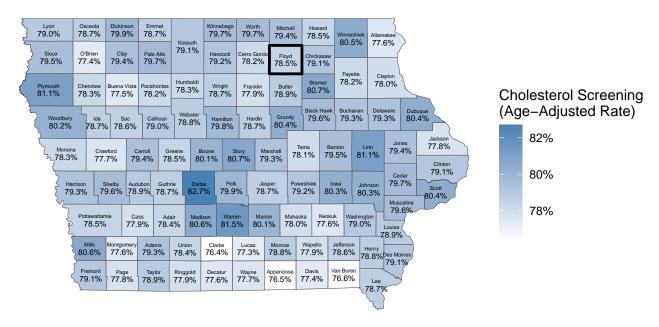


## **Cholesterol Screening**

Cholesterol screening among adults aged >=18 years

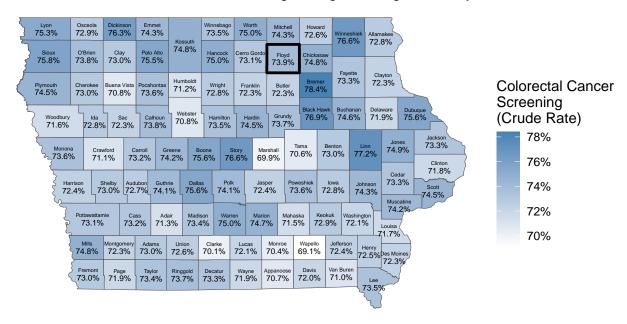


Data Source: CDC PLACES 2023 Release, BRFSS 2021

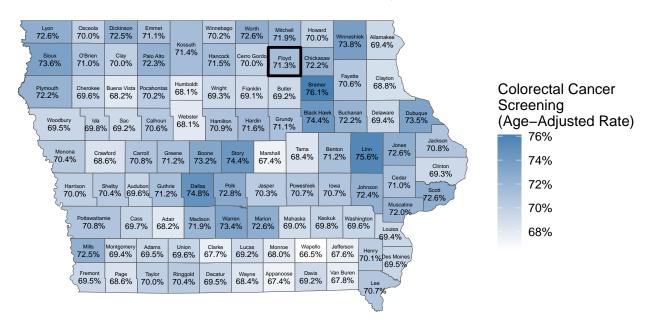


## Colorectal Cancer Screening

Colorectal cancer screening among adults aged 50-75 years

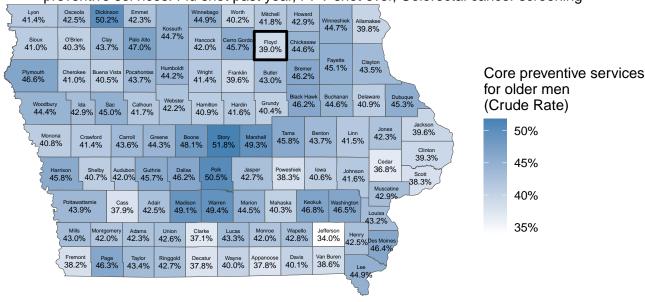


Data Source: CDC PLACES 2023 Release, BRFSS 2020

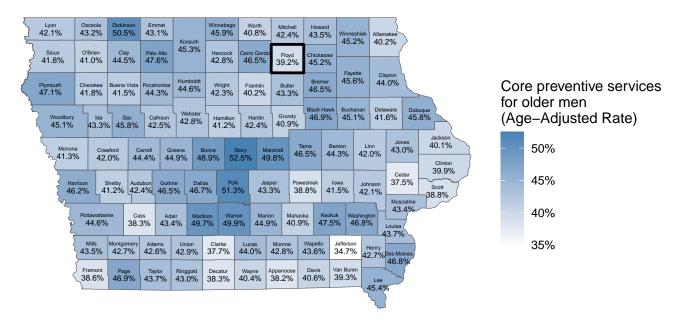


## Core preventive services for older men

Older adult men aged >=65 years who are up to date on a core set of clinical preventive services: Flu shot past year, PPV shot ever, Colorectal cancer screening

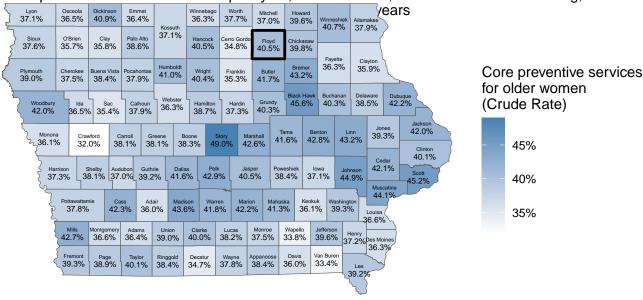


Data Source: CDC PLACES 2023 Release, BRFSS 2020

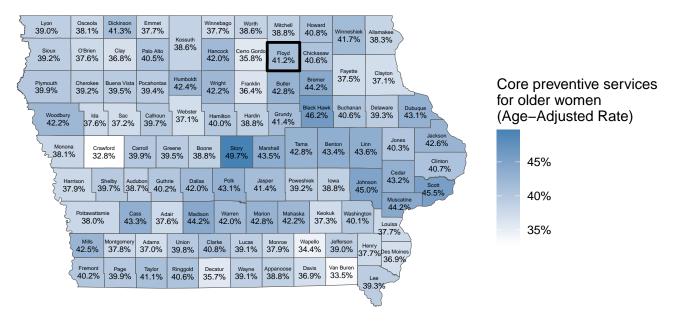


### Core preventive services for older women

Older adult women aged >=65 years who are up to date on a core set of clinical preventive services: Flu shot past year, PPV shot ever, Colorectal cancer screening,

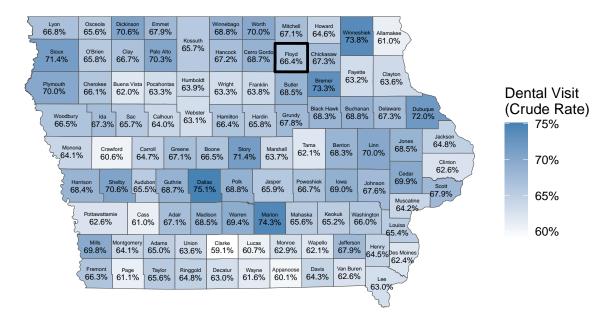


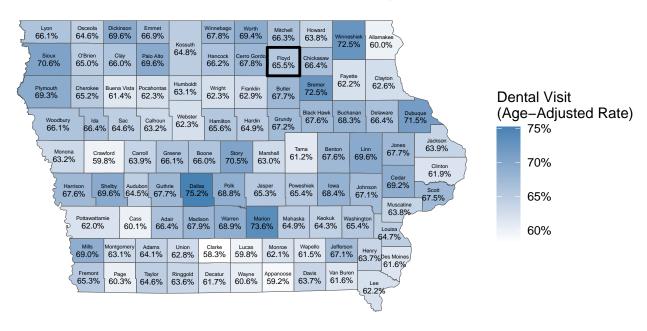
Data Source: CDC PLACES 2023 Release, BRFSS 2020



Dental Visit

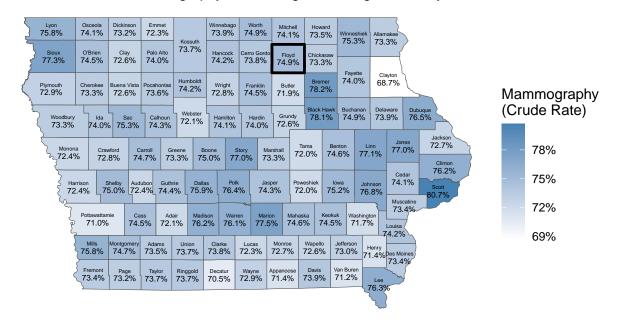
Visits to dentist or dental clinic among adults aged >=18 years



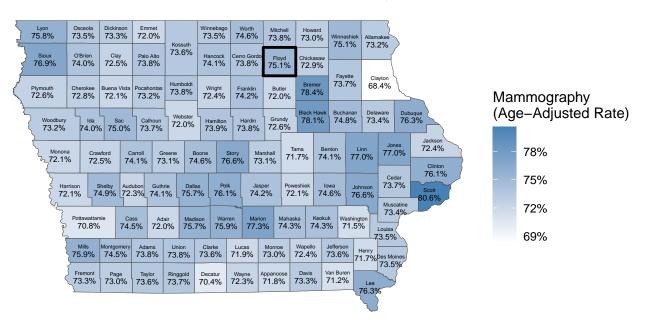


# Mammography

#### Mammography use among women aged 50-74 years

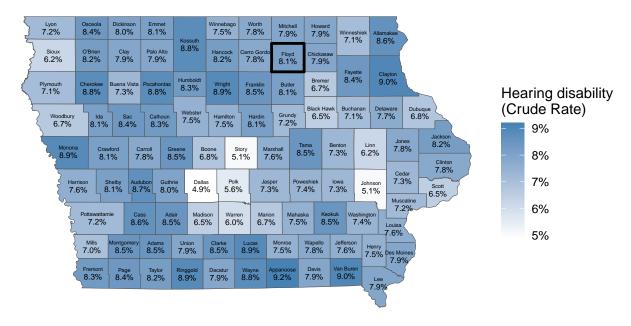


Data Source: CDC PLACES 2023 Release, BRFSS 2020

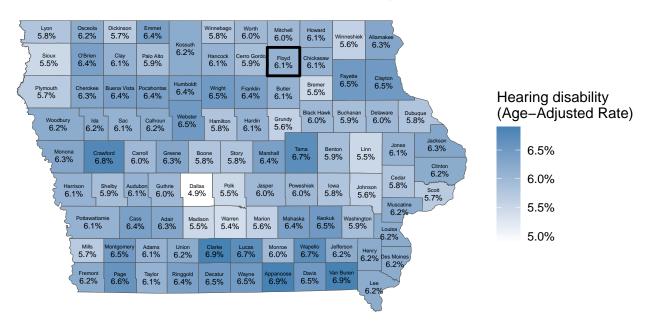


## Hearing disability

#### Hearing disability among adults aged >=18 years

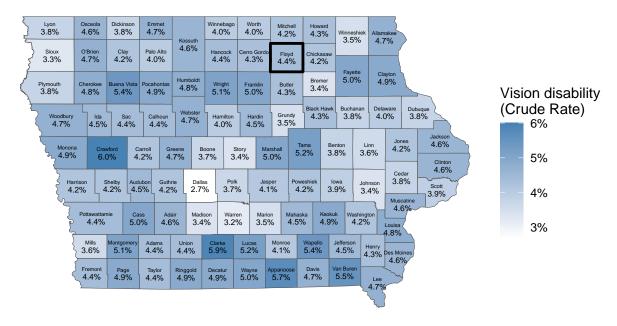


Data Source: CDC PLACES 2023 Release, BRFSS 2021

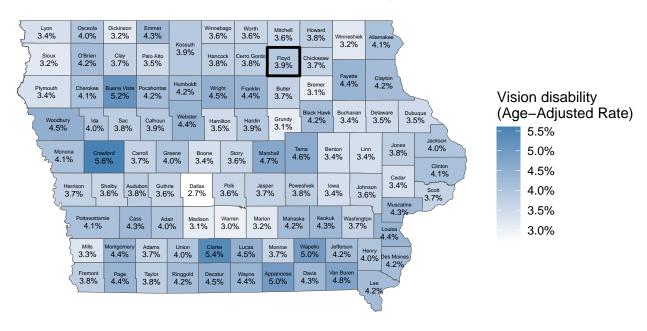


# Vision disability

#### Vision disability among adults aged >=18 years

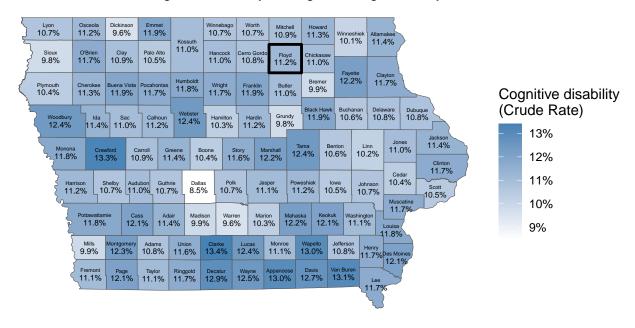


Data Source: CDC PLACES 2023 Release, BRFSS 2021

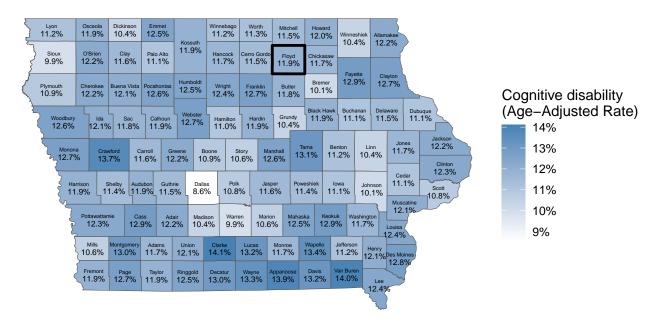


# Cognitive disability

#### Cognitive disability among adults aged >=18 years

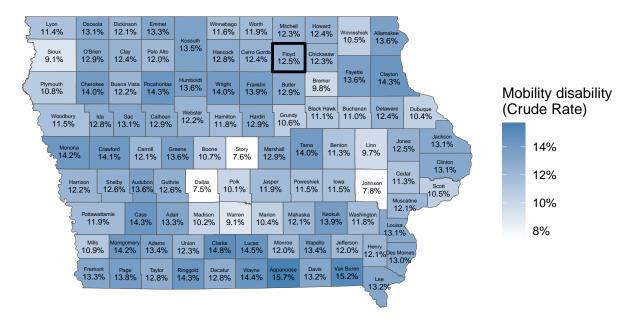


Data Source: CDC PLACES 2023 Release, BRFSS 2021

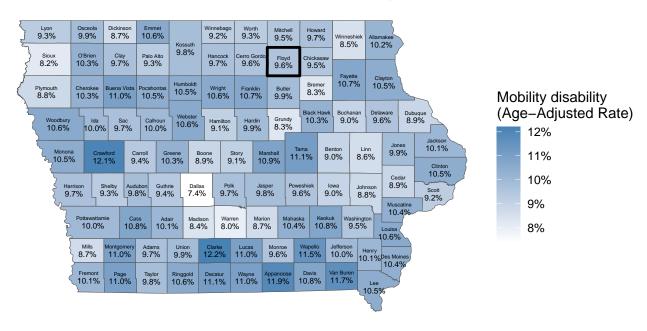


### Mobility disability

#### Mobility disability among adults aged >=18 years

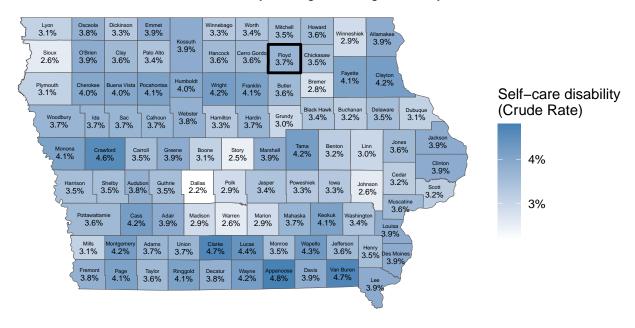


Data Source: CDC PLACES 2023 Release, BRFSS 2021

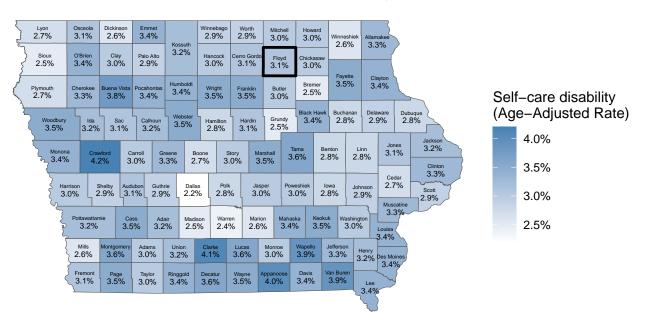


# Self-care disability

#### Self-care disability among adults aged >=18 years

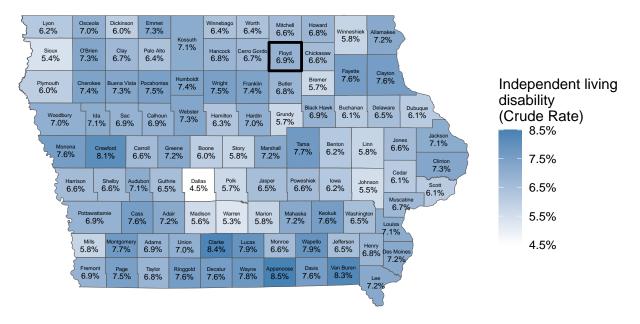


Data Source: CDC PLACES 2023 Release, BRFSS 2021

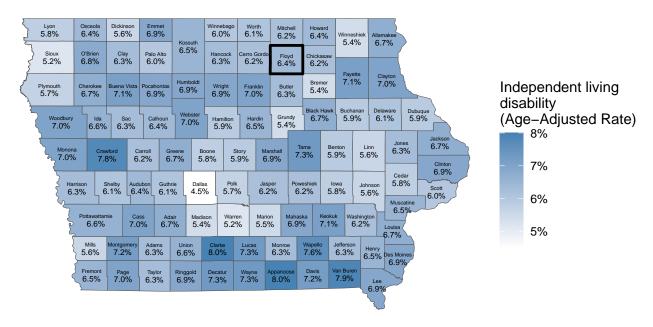


## Independent living disability

#### Independent living disability among adults aged >=18 years



Data Source: CDC PLACES 2023 Release, BRFSS 2021



Any disability

Any disability among adults aged >=18 years

