



Iowa Community Health Snapshot Series

*275 community reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



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By Matthew Voss & Shawn Dorius

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Iowa Community Health Snapshot Series

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Health in Oskaloosa: Overview

Dear Community Members & Stakeholders of Oskaloosa,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partnership with Iowa State University’s Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Oskaloosa ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Oskaloosa’s strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all Iowa communities and communities of similar size to Oskaloosa. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

Strengths

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community’s strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Mid-Large Community Rank	Health Domain	Statewide Community Rank	Mid-Large Community Rank
Mammography	248th	18th	Binge Drinking	24th	5th
High Cholesterol	281st	19th	Taking BP Medication	39th	4th
Binge Drinking	283rd	4th	Cancer (except skin)	74th	4th
Cancer (except skin)	302nd	21st	Core preventive services for older women	327th	18th
High Blood Pressure	324th	19th	Mammography	464th	20th

Opportunities

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Mid-Large Community Rank	Health Domain	Statewide Community Rank	Mid-Large Community Rank
Cholesterol Screening	926th	27th	Diabetes	848th	24th
Cervical Cancer Screening	909th	29th	Colorectal Cancer Screening	846th	27th
Mental Health	907th	25th	Independent Living Disability	844th	25th
Cognitive Disability	906th	25th	Self-care Disability	839th	24th
Independent Living Disability	877th	26th	Vision Disability	837th	23rd

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Oskaloosa.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

How to Use this Report

The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Oskaloosa that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Oskaloosa, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Oskaloosa compares to the rest of the state and similarly-sized communities.

With a population of 11,492, Oskaloosa’s similarly sized communities are defined as mid-large communities. In Iowa, mid-large communities have an average population of 20,750, and there are 31 communities that are considered mid-large communities. To see all of the communities in this population group, please see Appendix 3 of this report.

Group	Population Range	Number of Communities
Large	50,000+	11
Mid-Large	10,000-49,999	31
Midsized	2,500-9,999	102
Small	1,000-2,499	138
Very Small	0-999	676
Total		958

Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community’s crude and age-adjusted rate estimates alongside their averages across all Iowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all Iowa communities and the dotted lines showing the average rate for similarly-sized communities.



The example graphic above displays the poor mental health rate in Ames, Iowa. The left plot shows the crude rate of poor mental health in the community. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Ames has a higher crude rate of poor mental health than most communities in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized communities, indicating that when accounting for Ames’s unique age distribution, Ames’s poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

Health Status

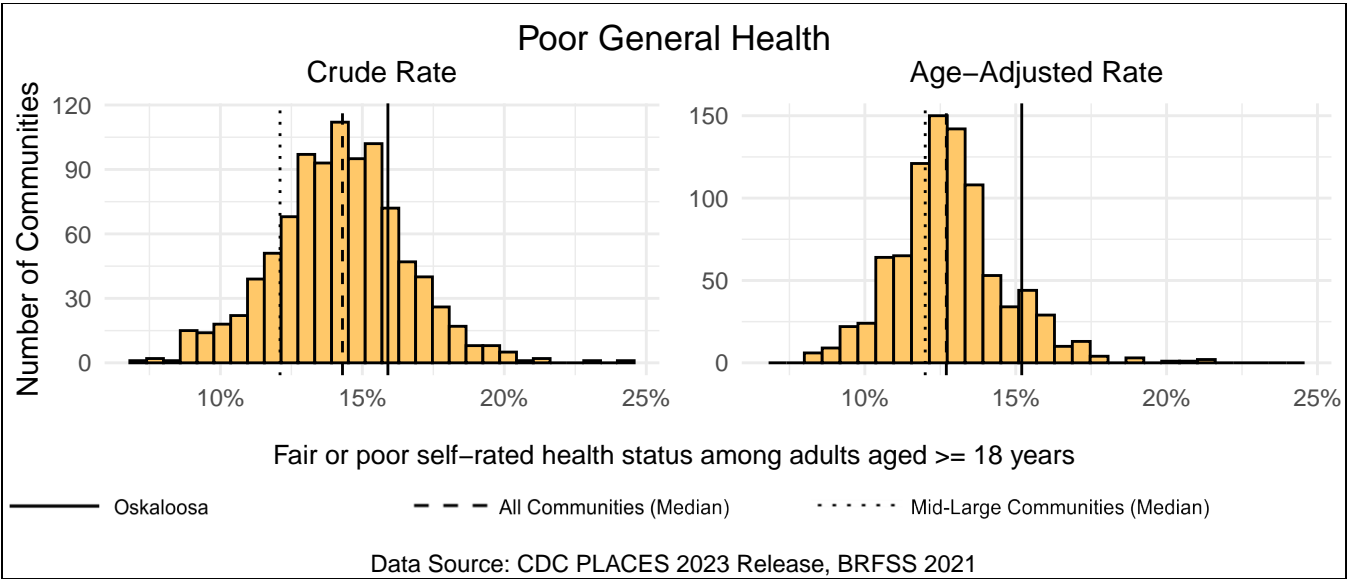
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Oskaloosa has a crude rate of 15.9% for fair or poor self-rated health status among adults aged >= 18 years, which ranks 752nd out of 958 Iowa communities (23rd out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 15.2%, which ranks 805th out of 905 Iowa communities (23rd out of 31 mid-large communities).

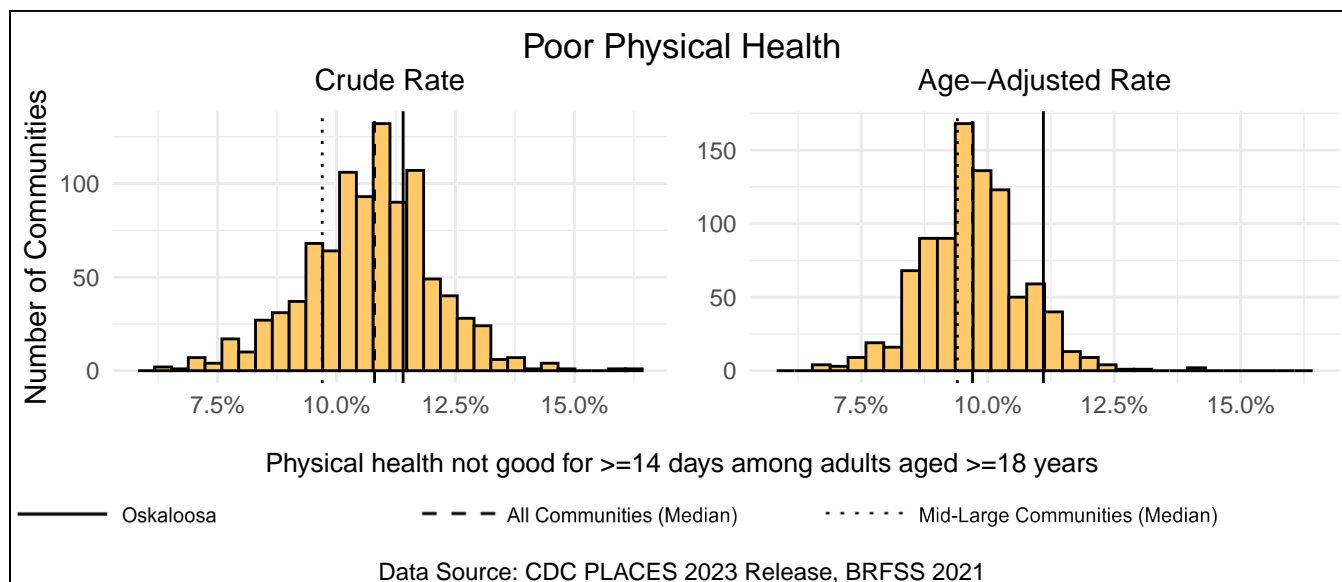
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	15.9%	14.3%	12.1%
Age-Adjusted	15.2%	12.7%	12.0%



Poor Physical Health

Oskaloosa has a crude rate of 11.4% for physical health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 656th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 11.1%, which ranks 816th out of 905 Iowa communities (24th out of 31 mid-large communities).

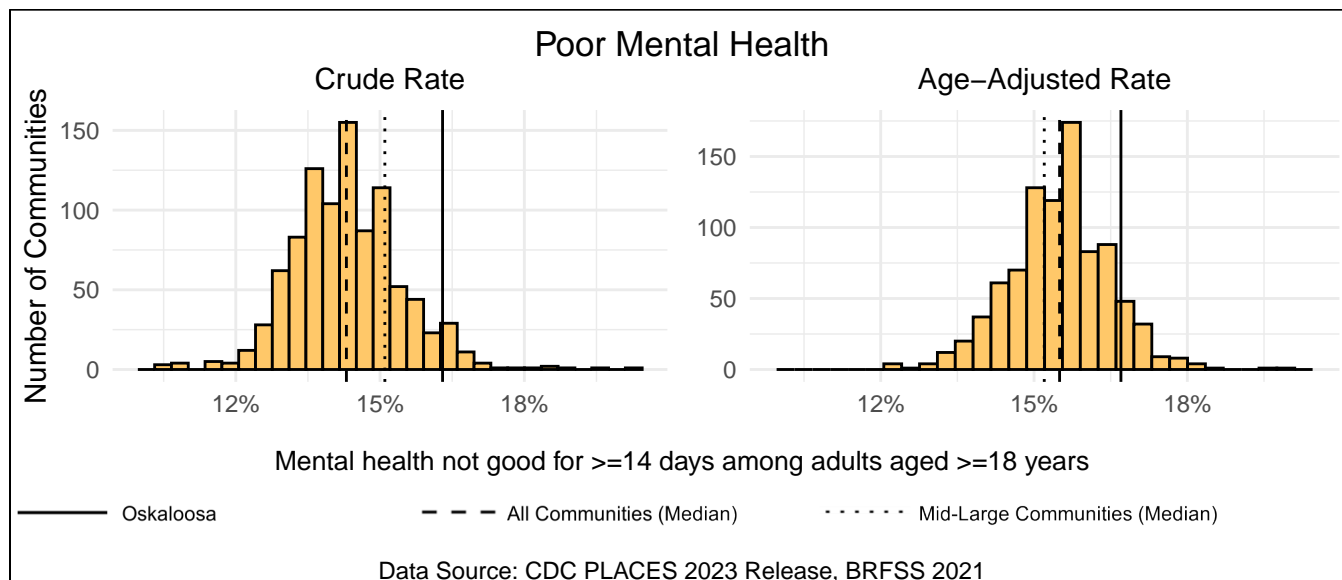
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	11.4%	10.8%	9.7%
Age-Adjusted	11.1%	9.7%	9.4%



Poor Mental Health

Oskaloosa has a crude rate of 16.3% for mental health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 907th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 16.7%, which ranks 802nd out of 905 Iowa communities (26th out of 31 mid-large communities).

Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	16.3%	14.3%	15.1%
Age-Adjusted	16.7%	15.5%	15.2%



Health Risk Behaviors

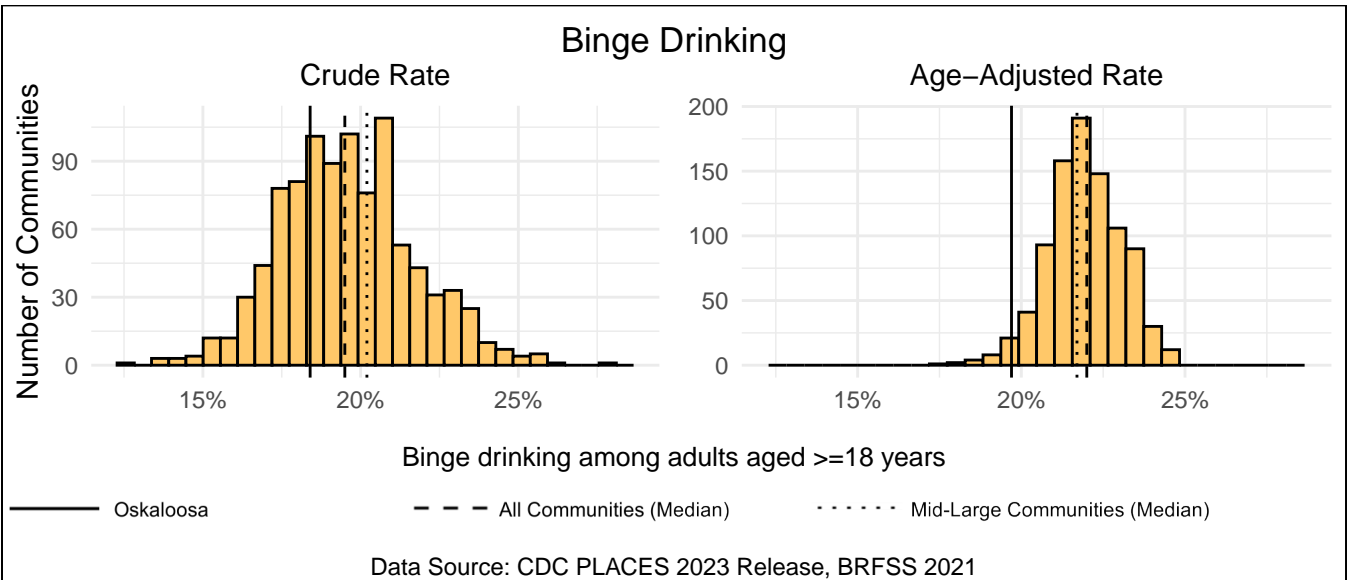
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Oskaloosa has a crude rate of 18.4% for binge drinking among adults aged ≥ 18 years, which ranks 283rd out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 19.7%, which ranks 24th out of 905 Iowa communities (5th out of 31 mid-large communities).

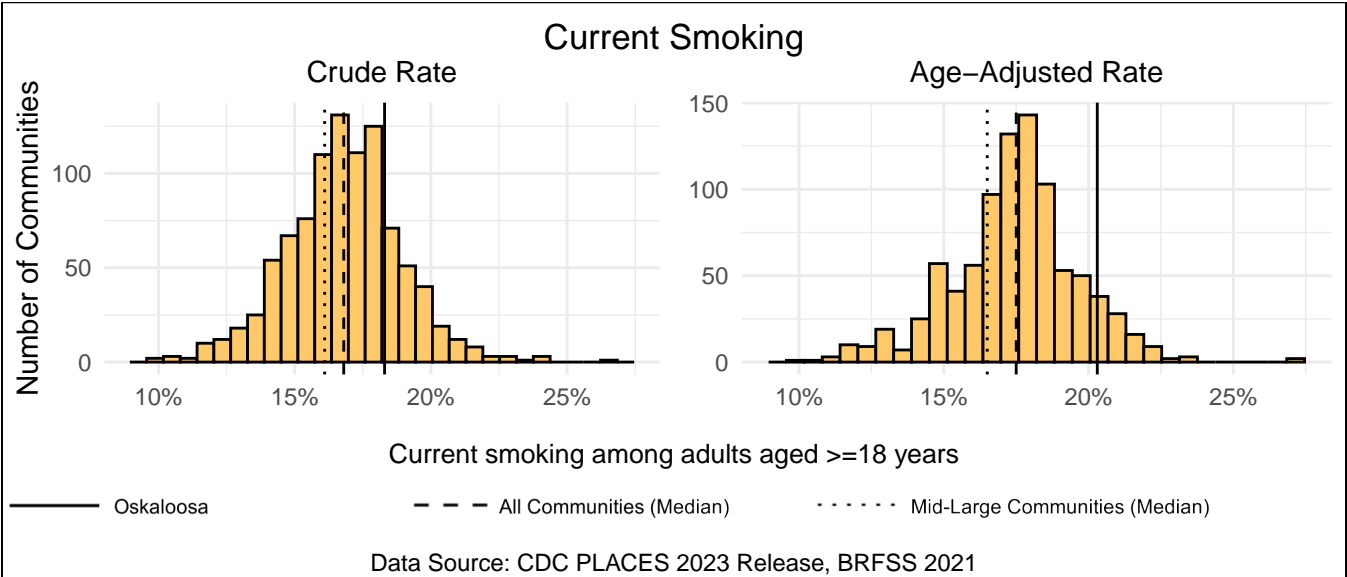
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	18.4%	19.5%	20.2%
Age-Adjusted	19.7%	22.0%	21.7%



Current Smoking

Oskaloosa has a crude rate of 18.3% for current smoking among adults aged >=18 years, which ranks 747th out of 958 Iowa communities (23rd out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 20.3%, which ranks 822nd out of 905 Iowa communities (25th out of 31 mid-large communities).

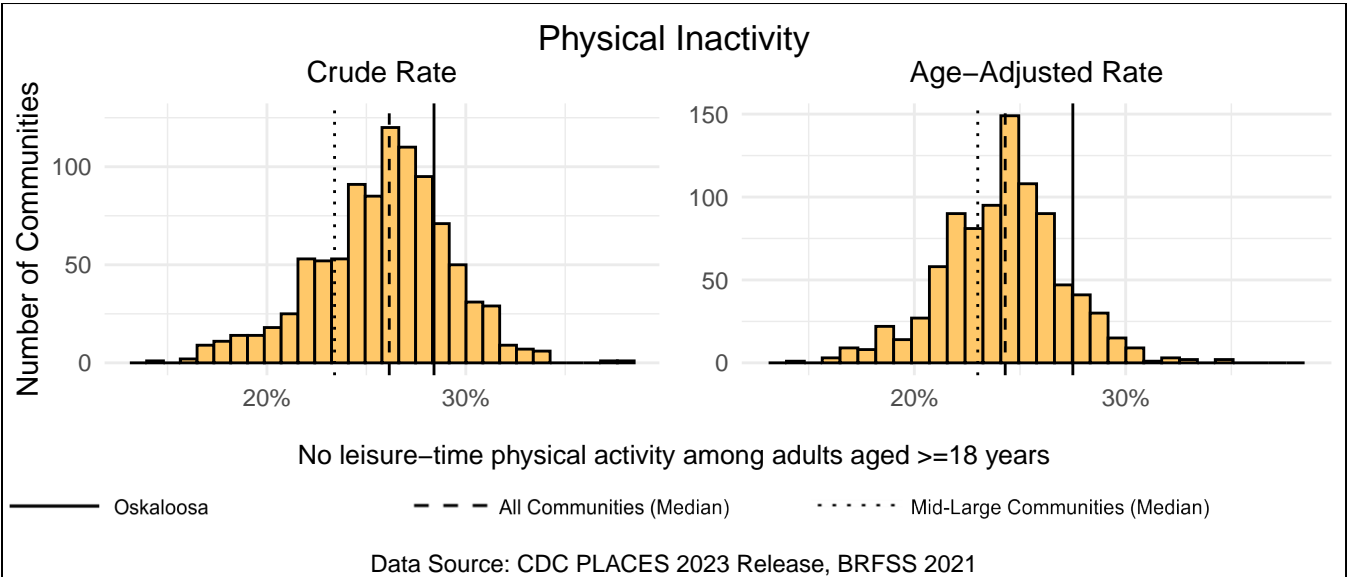
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	18.3%	16.8%	16.1%
Age-Adjusted	20.3%	17.5%	16.5%



Physical Inactivity

Oskaloosa has a crude rate of 28.4% for no leisure-time physical activity among adults aged >=18 years, which ranks 754th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 27.5%, which ranks 803rd out of 905 Iowa communities (24th out of 31 mid-large communities).

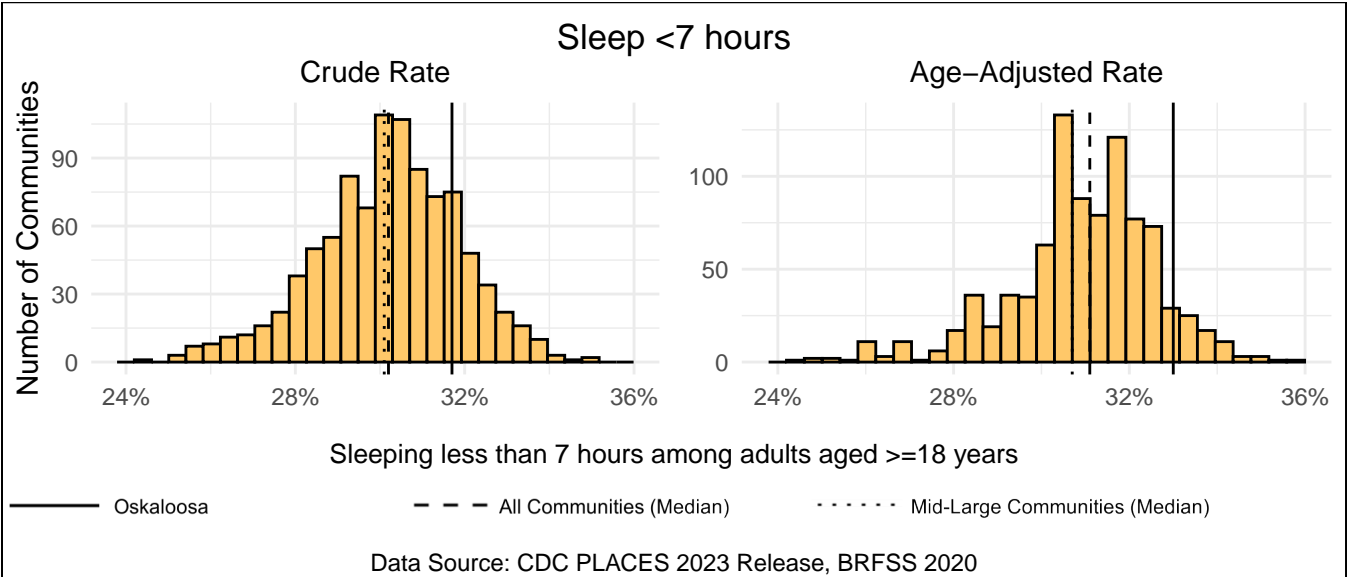
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	28.4%	26.1%	23.4%
Age-Adjusted	27.5%	24.3%	23.0%



Sleep <7 hours

Oskaloosa has a crude rate of 31.7% for sleeping less than 7 hours among adults aged >=18 years, which ranks 775th out of 958 Iowa communities (26th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 33.0%, which ranks 831st out of 905 Iowa communities (29th out of 31 mid-large communities).

Measure Type	Oskaloosa	All	Mid-Large
		Comm.	Comm.
Crude	31.7%	30.2%	30.1%
Age-Adjusted	33.0%	31.1%	30.7%



Health Outcomes

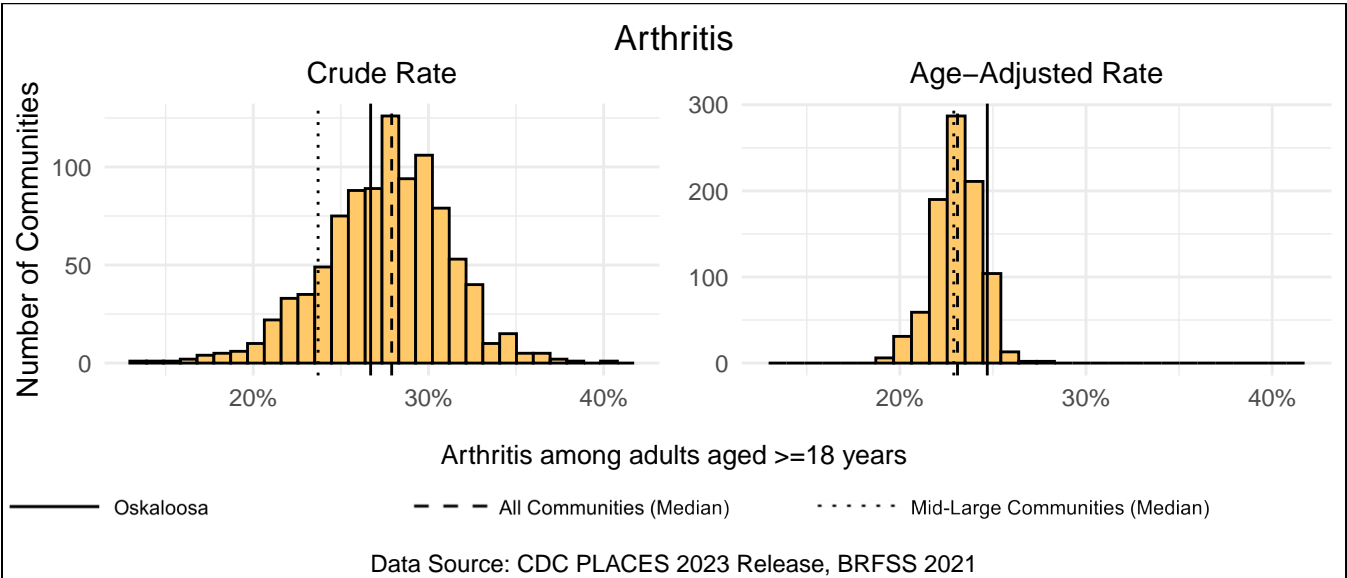
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Oskaloosa has a crude rate of 26.7% for arthritis among adults aged ≥ 18 years, which ranks 355th out of 958 Iowa communities (21st out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 24.7%, which ranks 819th out of 905 Iowa communities (27th out of 31 mid-large communities).

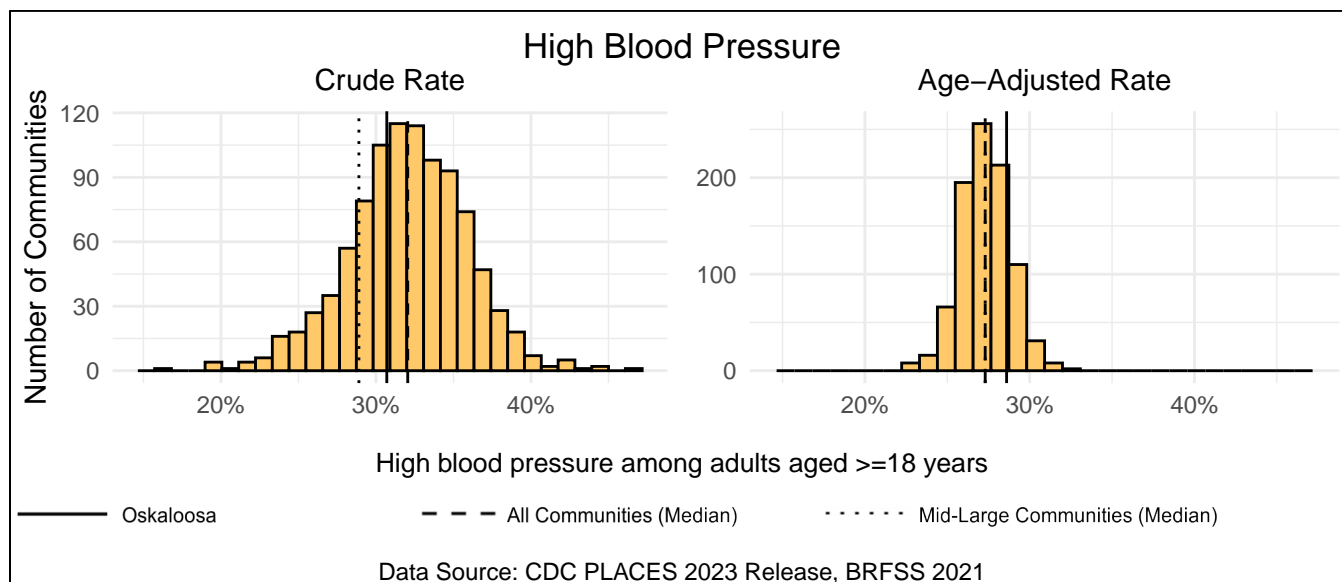
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	26.7%	27.9%	23.7%
Age-Adjusted	24.7%	23.1%	22.9%



High Blood Pressure

Oskaloosa has a crude rate of 30.7% for high blood pressure among adults aged ≥ 18 years, which ranks 324th out of 958 Iowa communities (19th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 28.6%, which ranks 728th out of 905 Iowa communities (26th out of 31 mid-large communities).

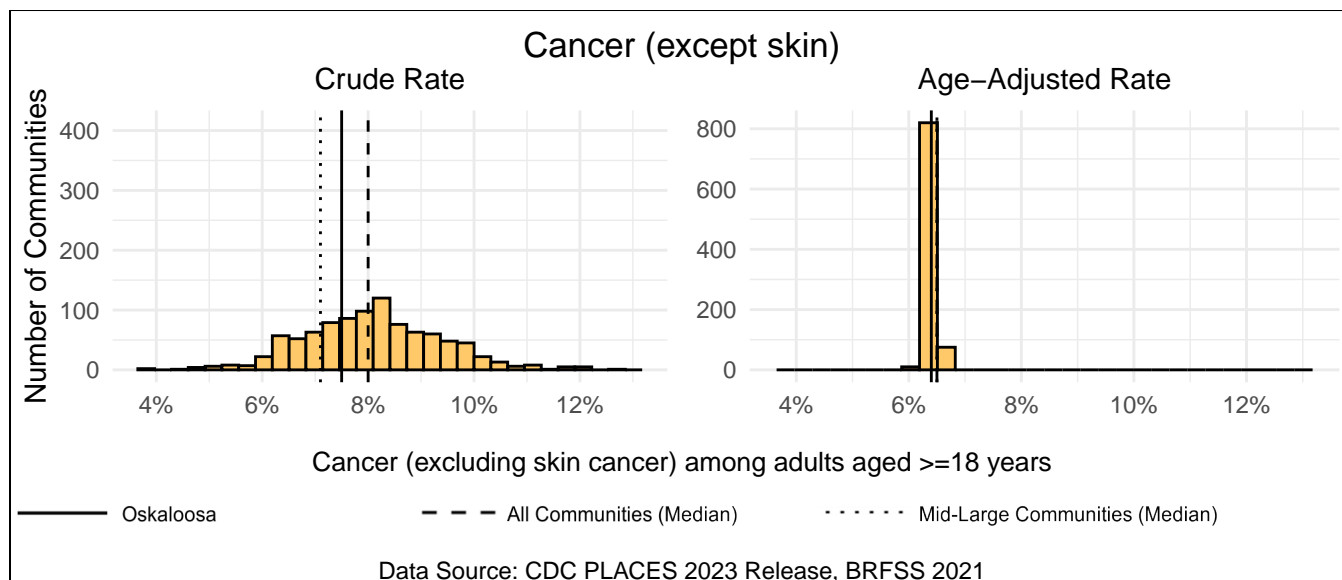
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	30.7%	32.0%	28.9%
Age-Adjusted	28.6%	27.3%	27.3%



Cancer (except skin)

Oskaloosa has a crude rate of 7.5% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 302nd out of 958 Iowa communities (21st out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 6.4%, which ranks 74th out of 905 Iowa communities (4th out of 31 mid-large communities).

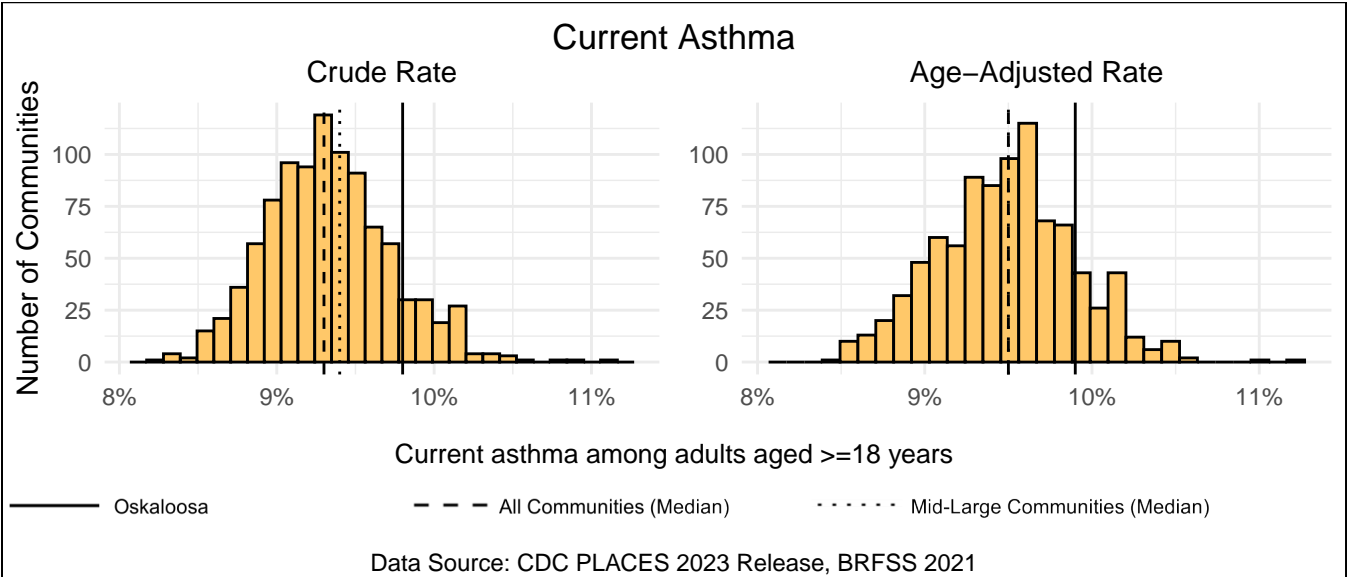
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	7.5%	8.0%	7.1%
Age-Adjusted	6.4%	6.5%	6.5%



Current Asthma

Oskaloosa has a crude rate of 9.8% for current asthma among adults aged ≥ 18 years, which ranks 838th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 9.9%, which ranks 762nd out of 905 Iowa communities (26th out of 31 mid-large communities).

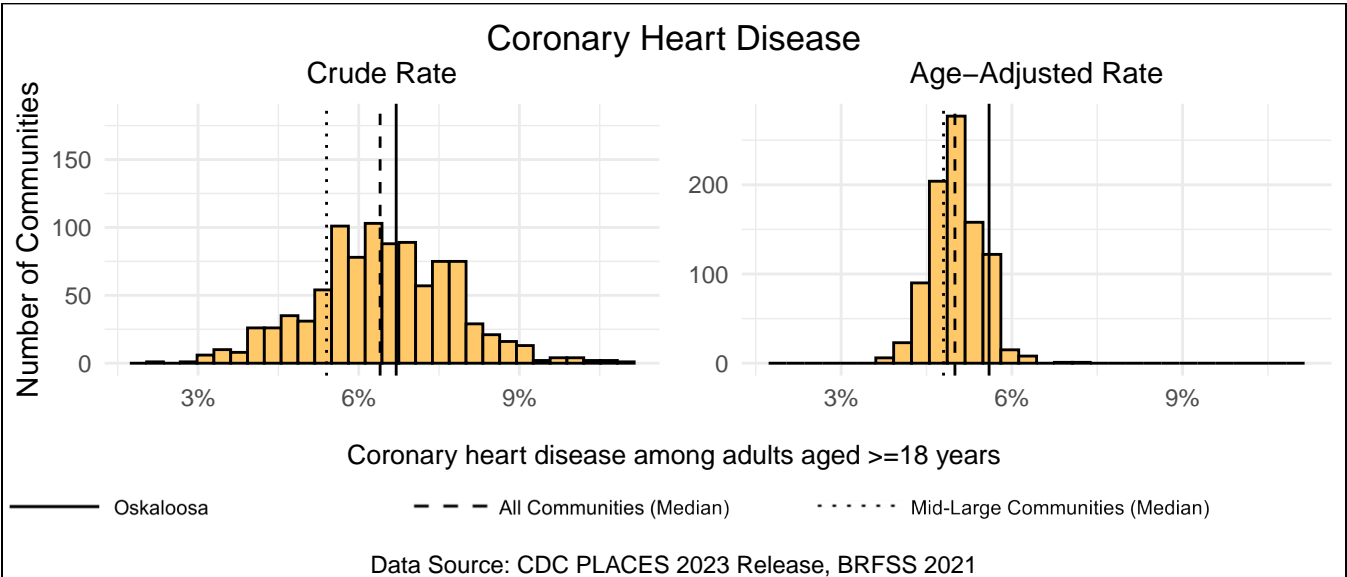
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	9.8%	9.3%	9.4%
Age-Adjusted	9.9%	9.5%	9.5%



Coronary Heart Disease

Oskaloosa has a crude rate of 6.7% for coronary heart disease among adults aged ≥ 18 years, which ranks 536th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 5.6%, which ranks 797th out of 905 Iowa communities (25th out of 31 mid-large communities).

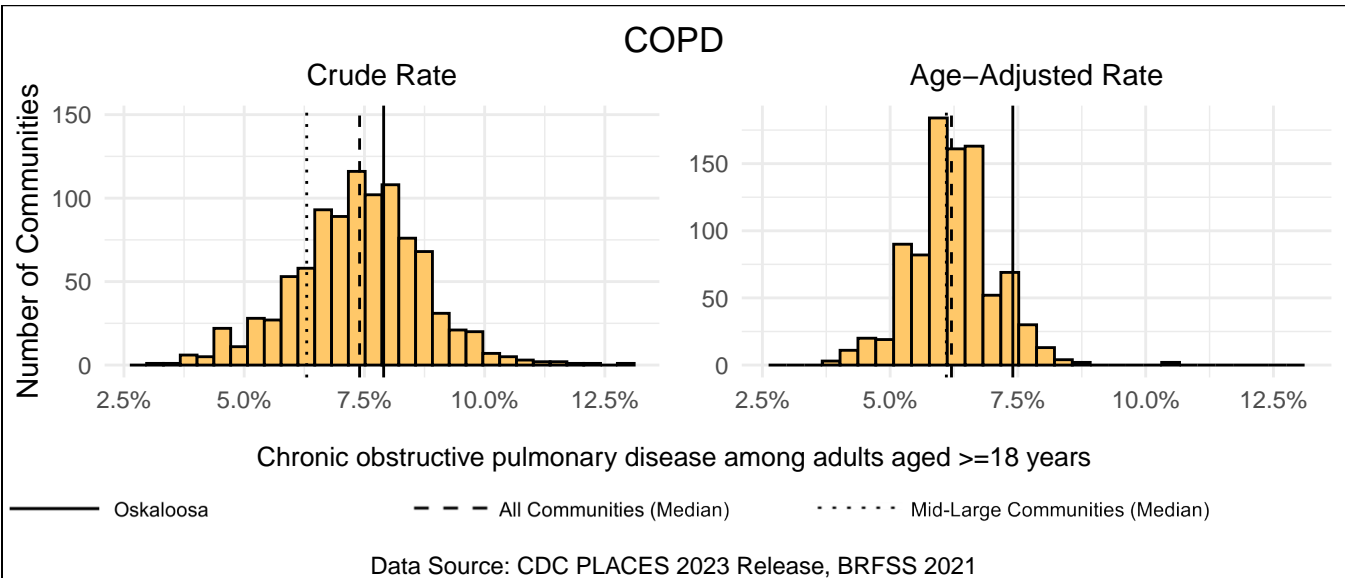
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	6.7%	6.4%	5.4%
Age-Adjusted	5.6%	5.0%	4.8%



COPD

Oskaloosa has a crude rate of 7.9% for chronic obstructive pulmonary disease among adults aged ≥ 18 years, which ranks 613th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 7.4%, which ranks 822nd out of 905 Iowa communities (27th out of 31 mid-large communities).

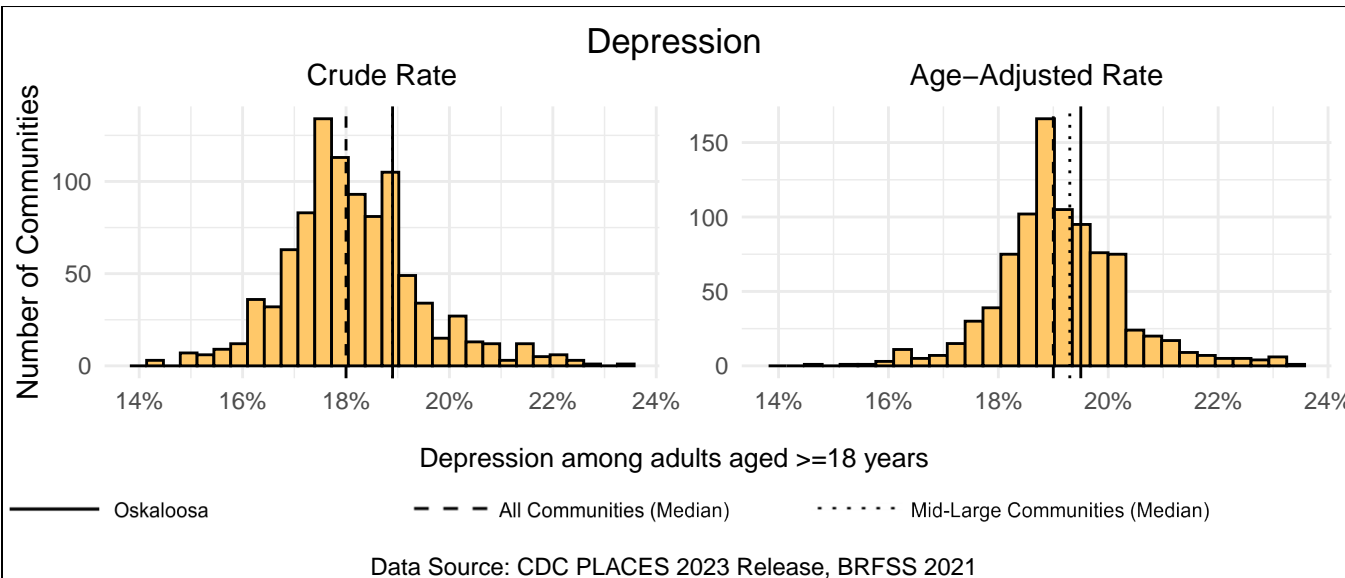
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	7.9%	7.4%	6.3%
Age-Adjusted	7.4%	6.2%	6.1%



Depression

Oskaloosa has a crude rate of 18.9% for depression among adults aged ≥ 18 years, which ranks 730th out of 958 Iowa communities (14th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 19.5%, which ranks 598th out of 905 Iowa communities (20th out of 31 mid-large communities).

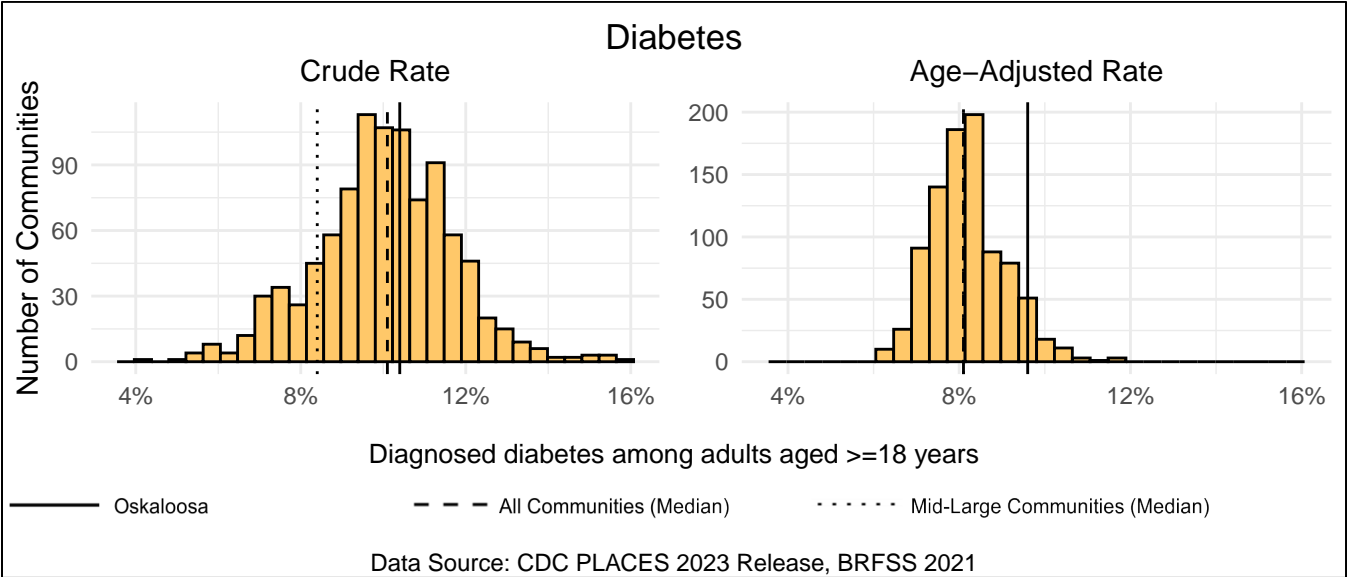
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	18.9%	18.0%	18.9%
Age-Adjusted	19.5%	19.0%	19.3%



Diabetes

Oskaloosa has a crude rate of 10.4% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 543rd out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 9.6%, which ranks 848th out of 905 Iowa communities (24th out of 31 mid-large communities).

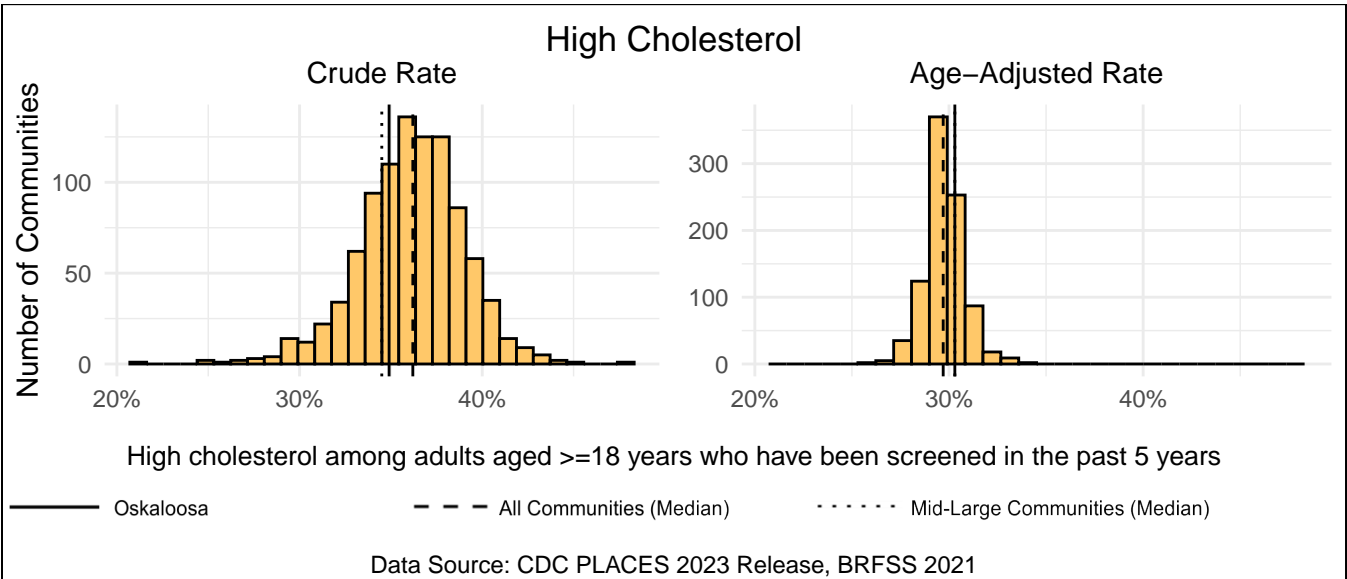
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	10.4%	10.1%	8.4%
Age-Adjusted	9.6%	8.1%	8.1%



High Cholesterol

Oskaloosa has a crude rate of 34.9% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 281st out of 958 Iowa communities (19th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 30.3%, which ranks 634th out of 905 Iowa communities (15th out of 31 mid-large communities).

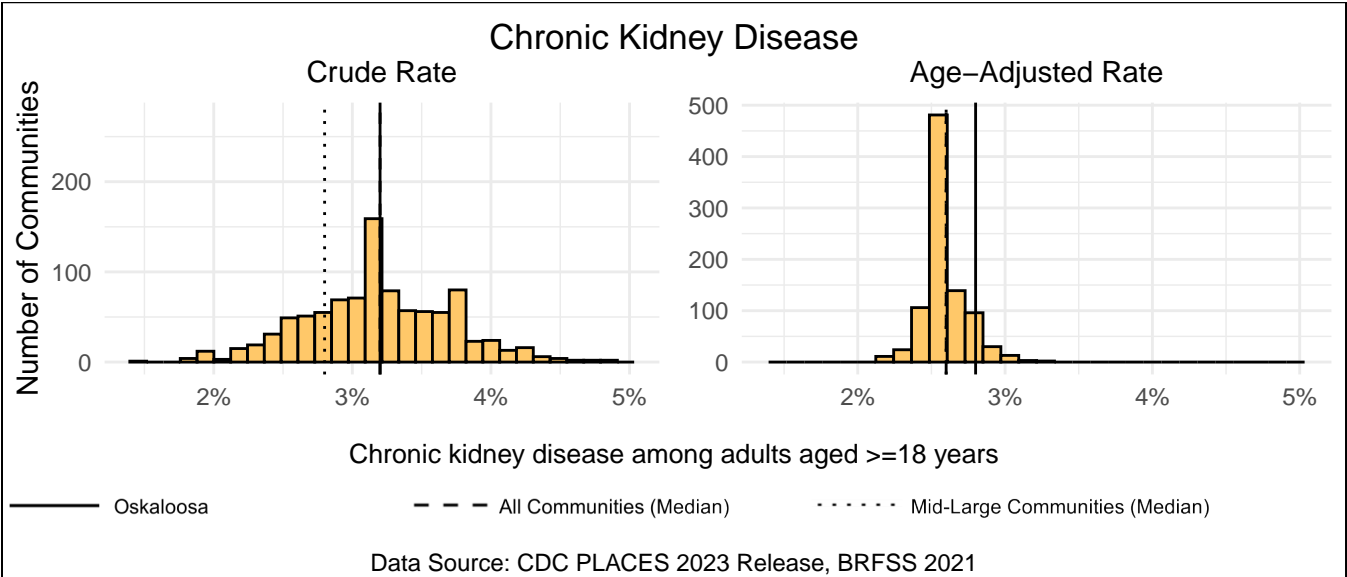
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	34.9%	36.2%	34.5%
Age-Adjusted	30.3%	29.7%	30.3%



Chronic Kidney Disease

Oskaloosa has a crude rate of 3.2% for chronic kidney disease among adults aged ≥ 18 years, which ranks 446th out of 958 Iowa communities (21st out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 2.8%, which ranks 762nd out of 905 Iowa communities (23rd out of 31 mid-large communities).

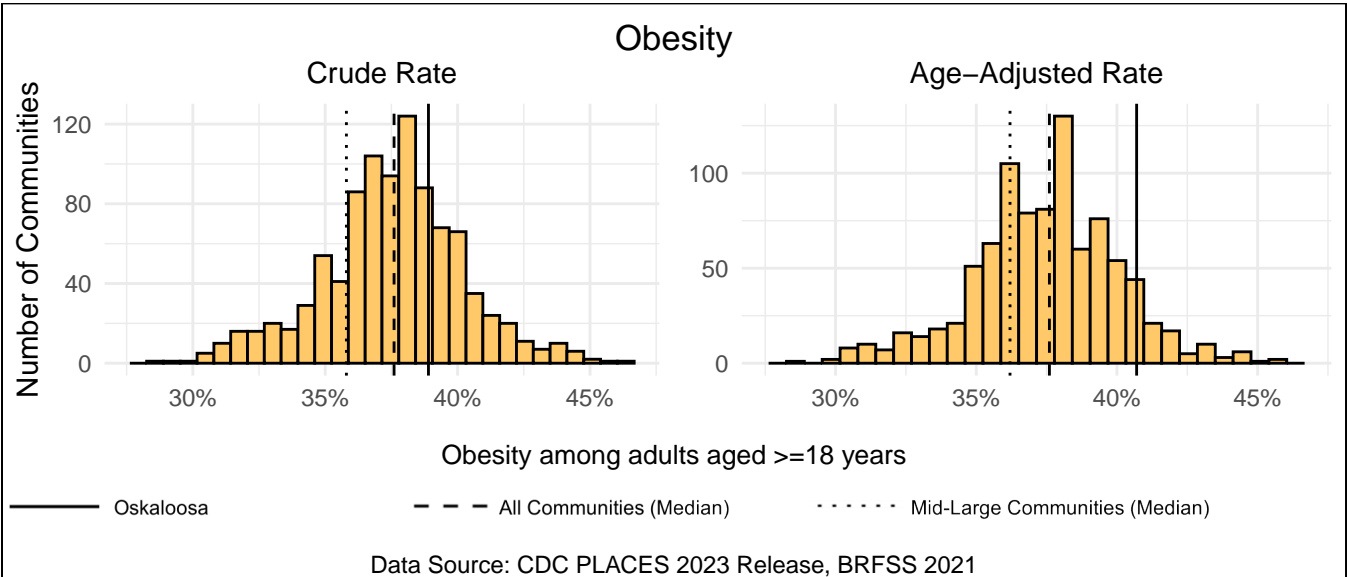
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	3.2%	3.2%	2.8%
Age-Adjusted	2.8%	2.6%	2.6%



Obesity

Oskaloosa has a crude rate of 38.9% for obesity among adults aged ≥ 18 years, which ranks 675th out of 958 Iowa communities (26th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 40.7%, which ranks 815th out of 905 Iowa communities (28th out of 31 mid-large communities).

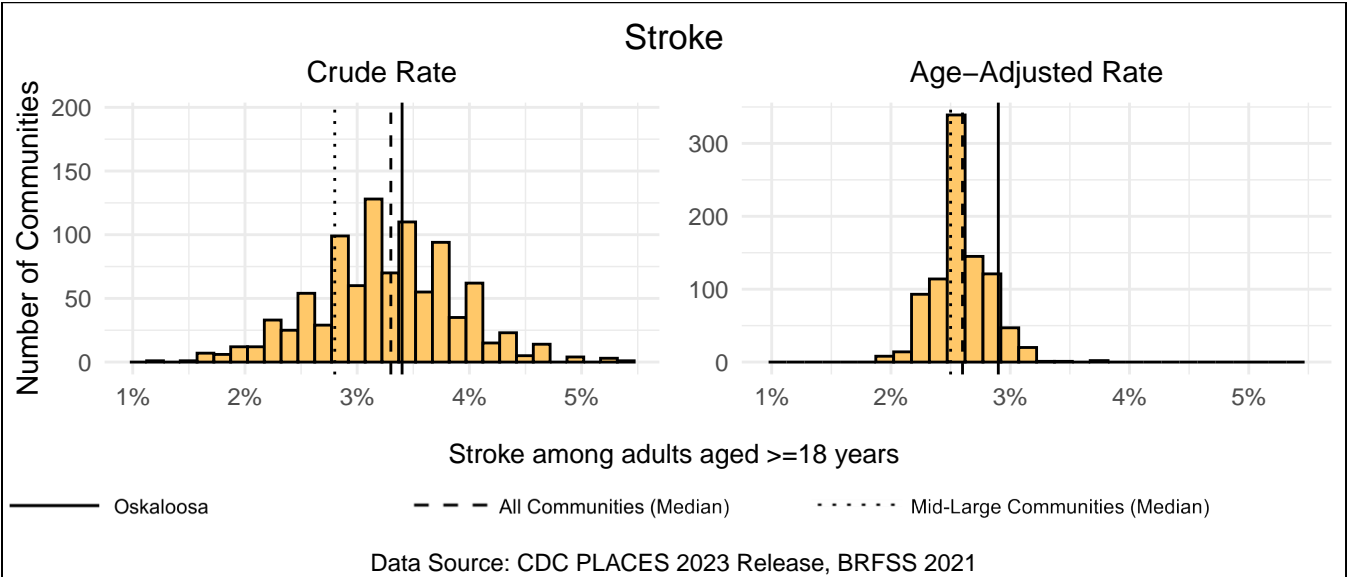
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	38.9%	37.6%	35.8%
Age-Adjusted	40.7%	37.6%	36.2%



Stroke

Oskaloosa has a crude rate of 3.4% for stroke among adults aged ≥ 18 years, which ranks 538th out of 958 Iowa communities (23rd out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 2.9%, which ranks 781st out of 905 Iowa communities (24th out of 31 mid-large communities).

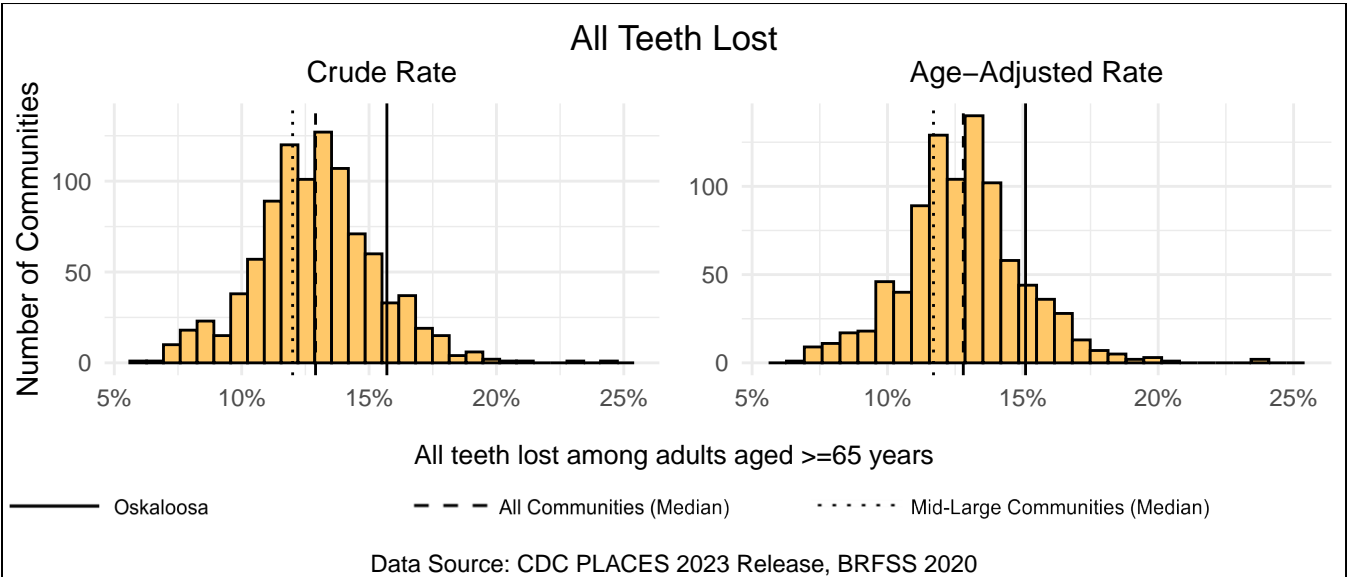
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	3.4%	3.3%	2.8%
Age-Adjusted	2.9%	2.6%	2.5%



All Teeth Lost

Oskaloosa has a crude rate of 15.7% for all teeth lost among adults aged ≥ 65 years, which ranks 845th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 15.1%, which ranks 777th out of 905 Iowa communities (24th out of 31 mid-large communities).

Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	15.7%	12.9%	12.0%
Age-Adjusted	15.1%	12.8%	11.7%



Prevention

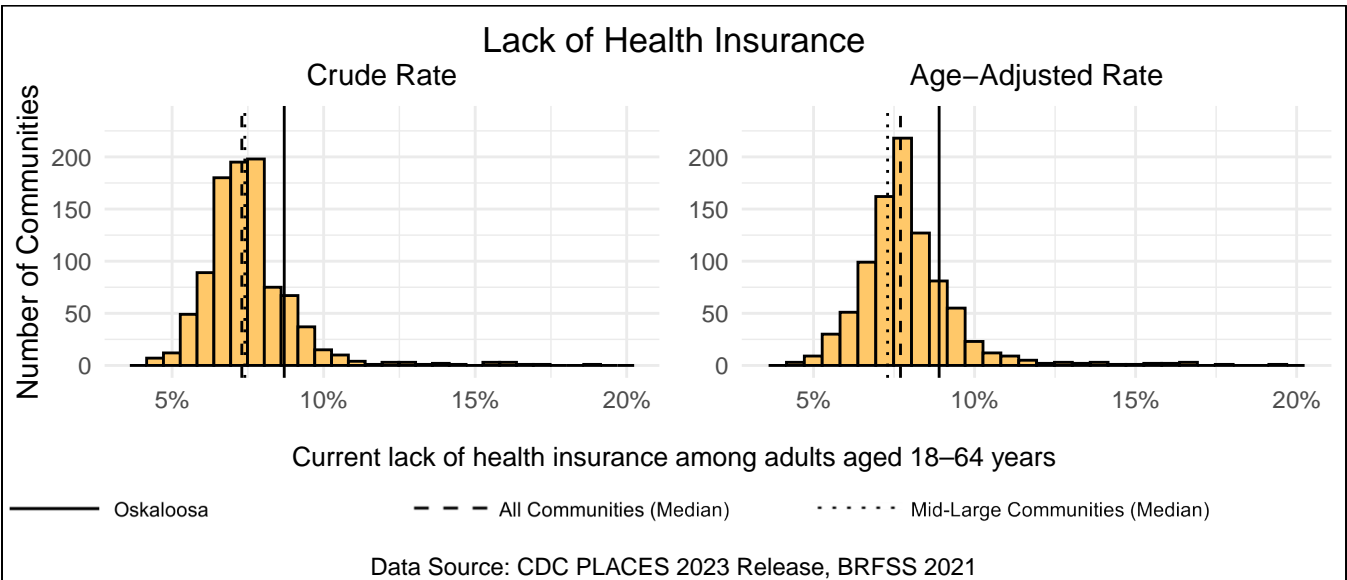
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Oskaloosa has a crude rate of 8.7% for current lack of health insurance among adults aged 18–64 years, which ranks 820th out of 958 Iowa communities (23rd out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 8.9%, which ranks 748th out of 905 Iowa communities (23rd out of 31 mid-large communities).

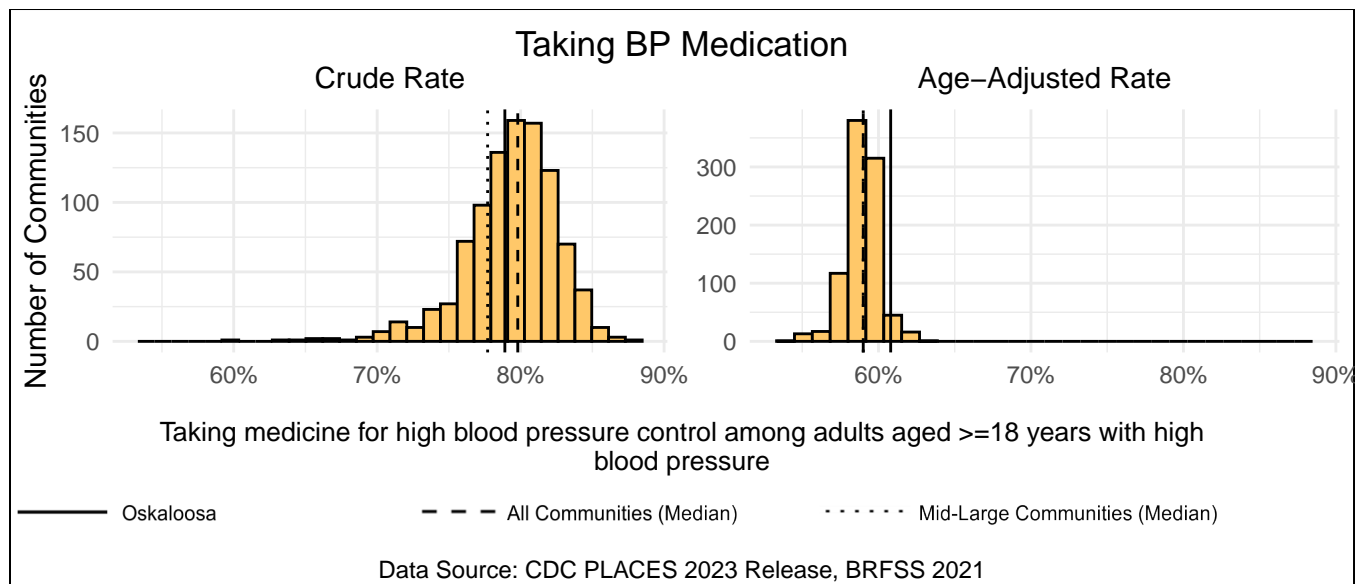
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	8.7%	7.3%	7.4%
Age-Adjusted	8.9%	7.7%	7.3%



Taking BP Medication

Oskaloosa has a crude rate of 78.9% for taking medicine for high blood pressure control among adults aged ≥ 18 years with high blood pressure, which ranks 570th out of 958 Iowa communities (7th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 60.8%, which ranks 39th out of 905 Iowa communities (4th out of 31 mid-large communities).

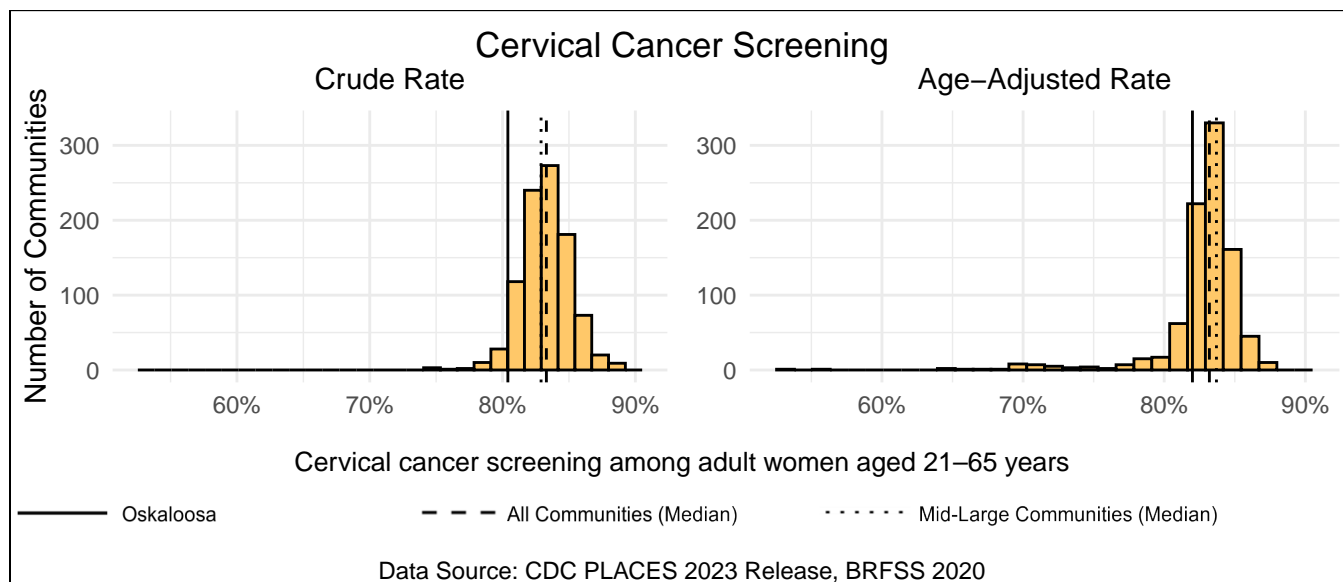
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	78.9%	79.8%	77.7%
Age-Adjusted	60.8%	59.0%	59.0%



Cervical Cancer Screening

Oskaloosa has a crude rate of 80.4% for cervical cancer screening among adult women aged 21–65 years, which ranks 909th out of 958 Iowa communities (29th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 82.0%, which ranks 717th out of 905 Iowa communities (24th out of 31 mid-large communities).

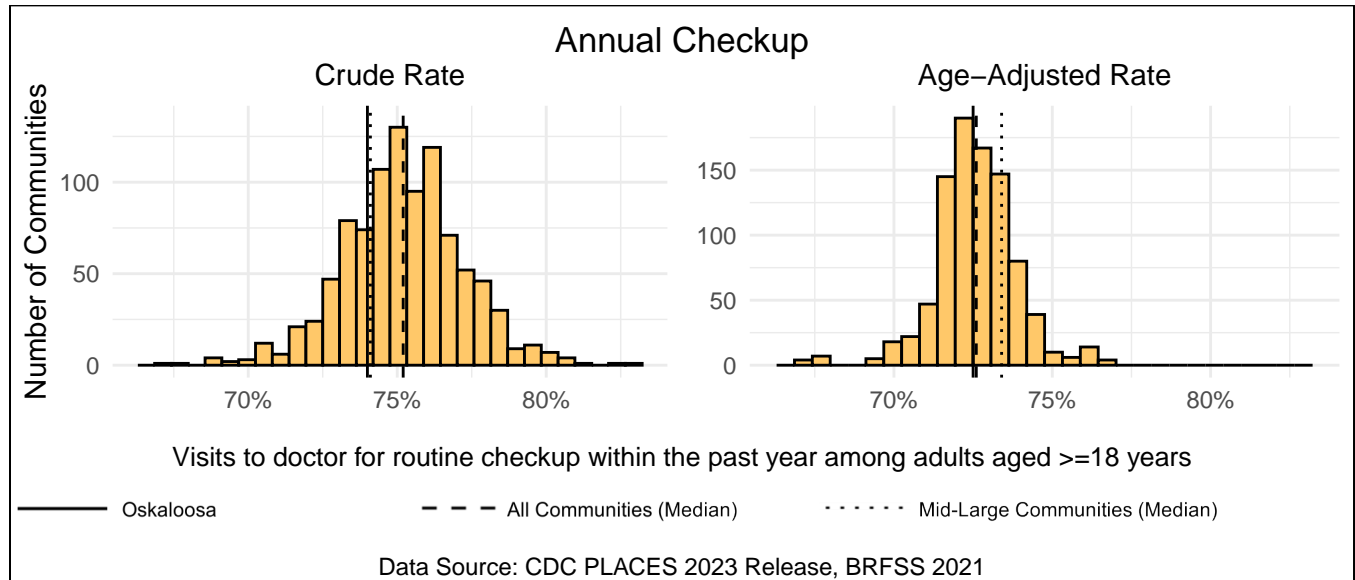
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	80.4%	83.3%	82.9%
Age-Adjusted	82.0%	83.2%	83.7%



Annual Checkup

Oskaloosa has a crude rate of 74.0% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 703rd out of 958 Iowa communities (17th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 72.5%, which ranks 468th out of 905 Iowa communities (20th out of 31 mid-large communities).

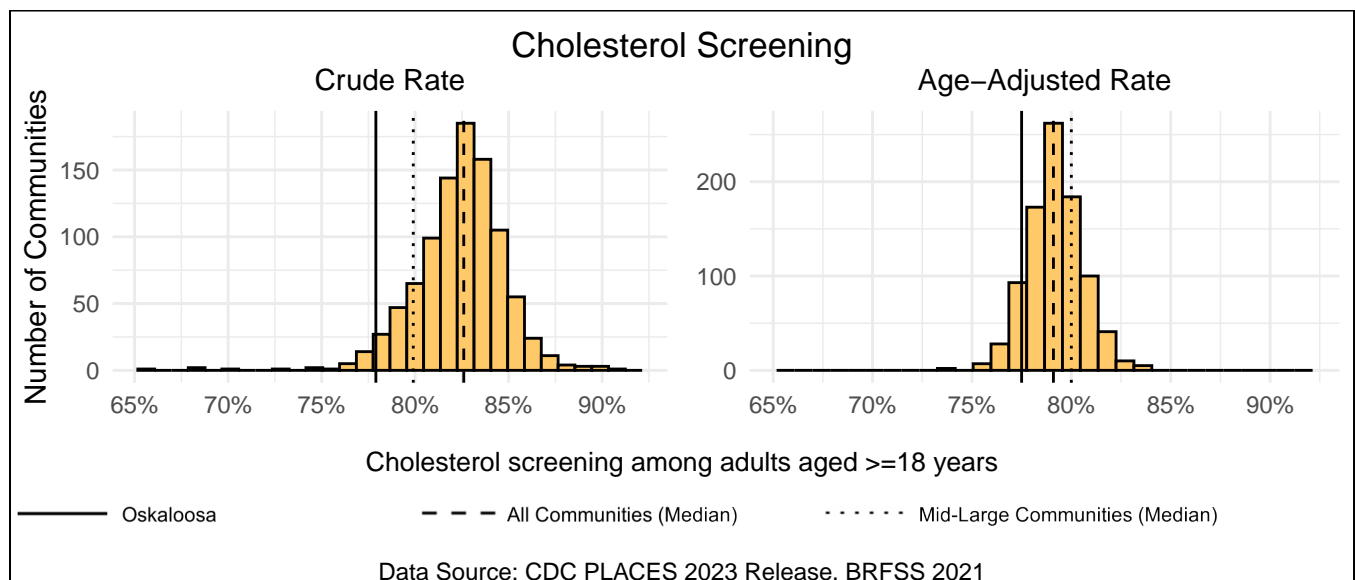
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	74.0%	75.2%	74.1%
Age-Adjusted	72.5%	72.6%	73.4%



Cholesterol Screening

Oskaloosa has a crude rate of 77.9% for cholesterol screening among adults aged ≥ 18 years, which ranks 926th out of 958 Iowa communities (27th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 77.5%, which ranks 805th out of 905 Iowa communities (26th out of 31 mid-large communities).

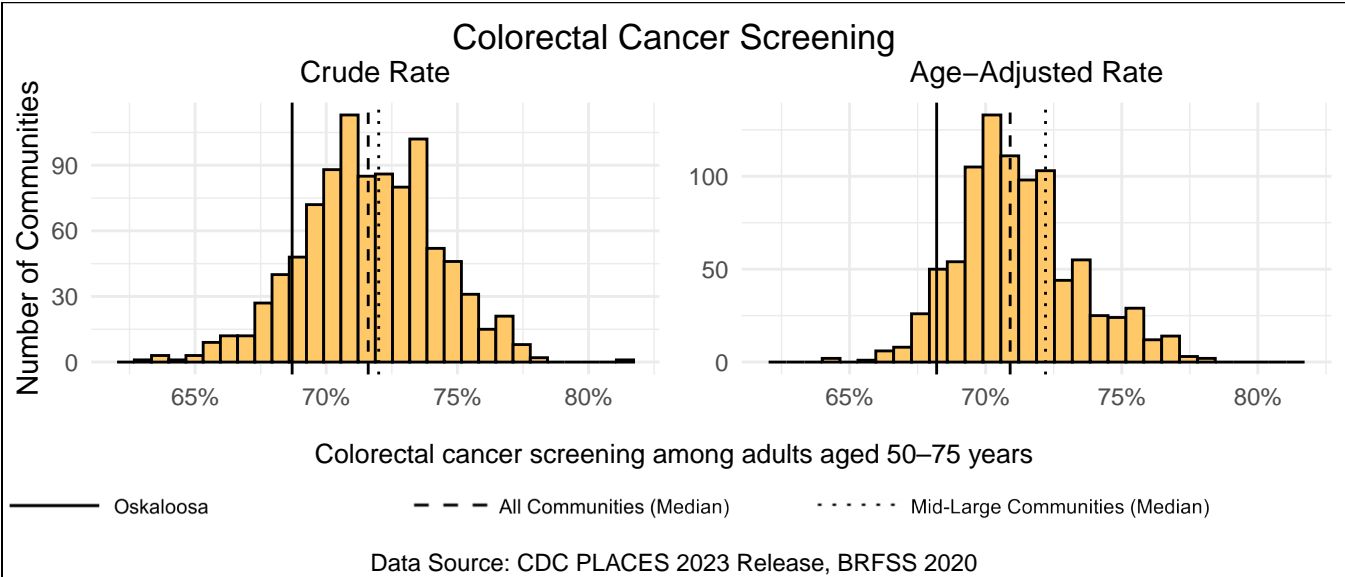
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	77.9%	82.6%	79.9%
Age-Adjusted	77.5%	79.1%	80.0%



Colorectal Cancer Screening

Oskaloosa has a crude rate of 68.7% for colorectal cancer screening among adults aged 50–75 years, which ranks 840th out of 958 Iowa communities (26th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 68.2%, which ranks 846th out of 905 Iowa communities (27th out of 31 mid-large communities).

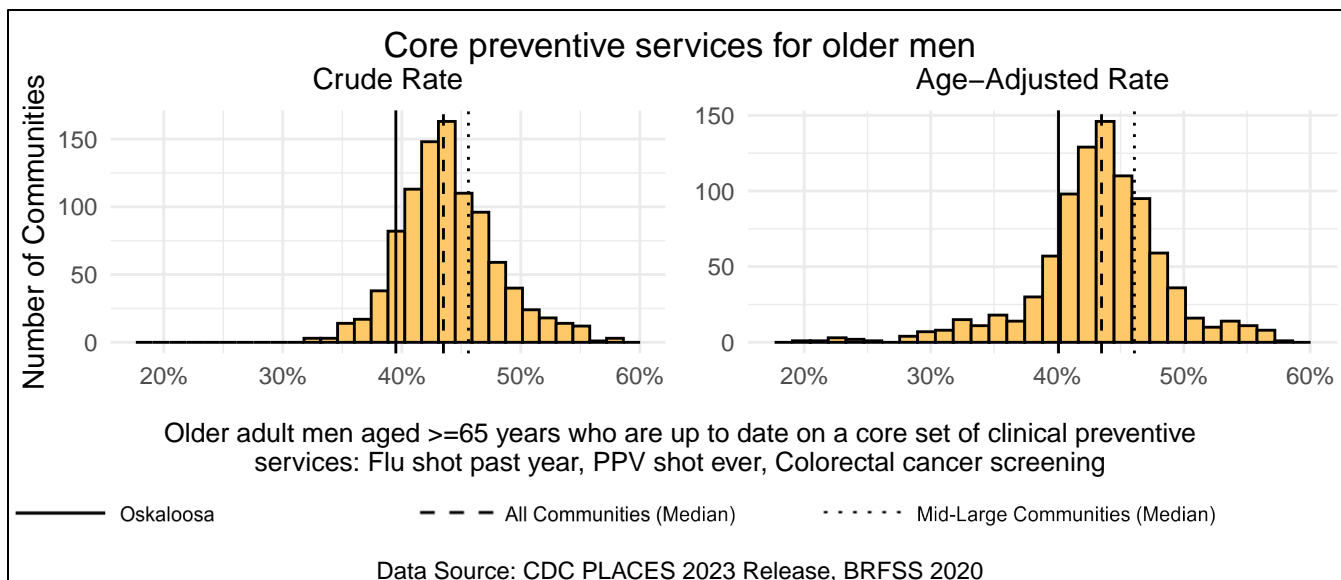
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	68.7%	71.6%	72.0%
Age-Adjusted	68.2%	70.9%	72.2%



Core preventive services for older men

Oskaloosa has a crude rate of 39.5% for older adult men aged ≥65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 857th out of 958 Iowa communities (30th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 40.1%, which ranks 744th out of 905 Iowa communities (29th out of 31 mid-large communities).

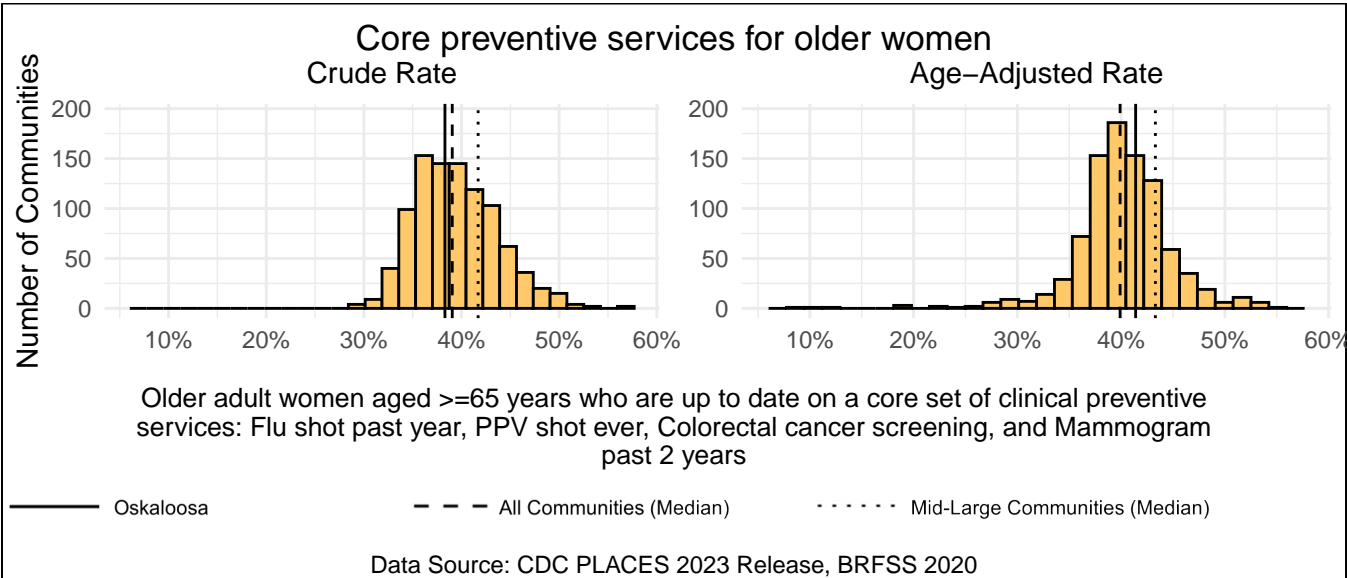
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	39.5%	43.5%	45.6%
Age-Adjusted	40.1%	43.5%	46.1%



Core preventive services for older women

Oskaloosa has a crude rate of 38.3% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 548th out of 958 Iowa communities (18th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 41.4%, which ranks 327th out of 905 Iowa communities (18th out of 31 mid-large communities).

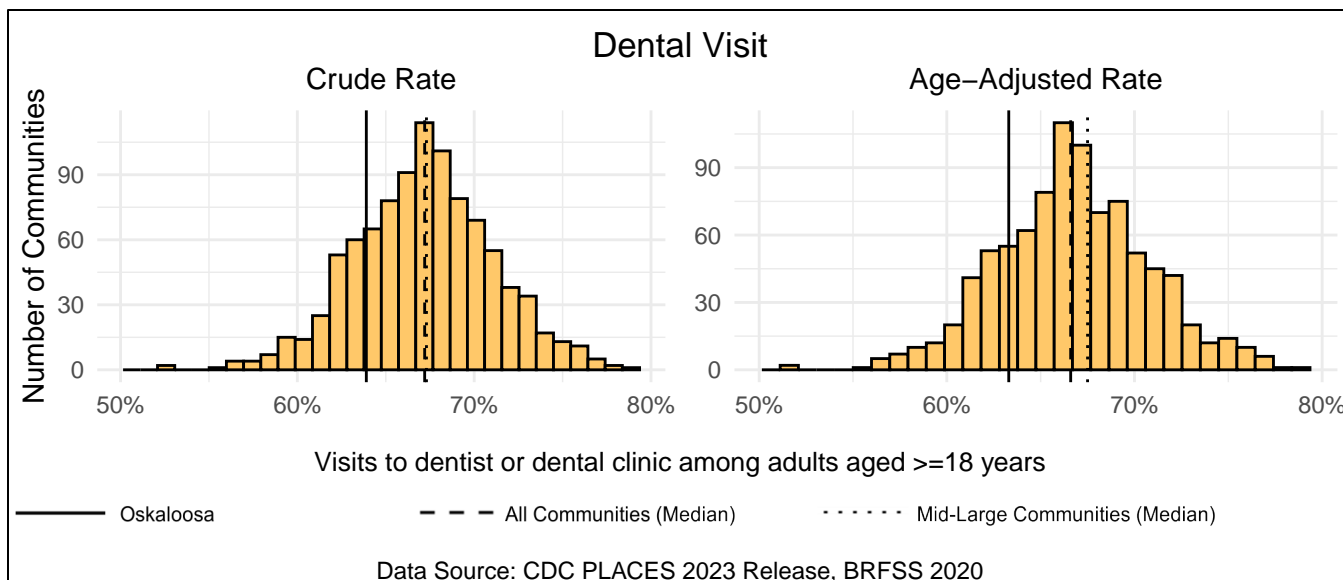
Measure Type	Oskaloosa	All	Mid-Large
		Comm.	Comm.
Crude	38.3%	39.0%	41.7%
Age-Adjusted	41.4%	39.9%	43.3%



Dental Visit

Oskaloosa has a crude rate of 63.9% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 764th out of 958 Iowa communities (21st out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 63.3%, which ranks 721st out of 905 Iowa communities (22nd out of 31 mid-large communities).

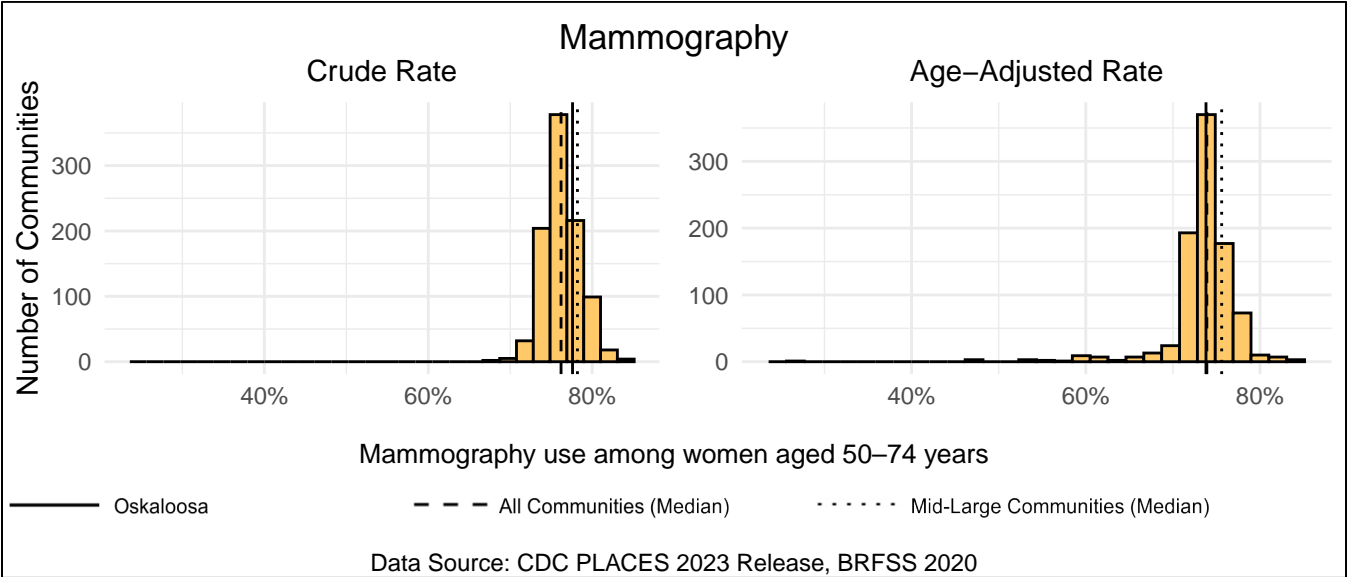
Measure Type	Oskaloosa	All	Mid-Large
		Comm.	Comm.
Crude	63.9%	67.2%	67.3%
Age-Adjusted	63.3%	66.6%	67.5%



Mammography

Oskaloosa has a crude rate of 77.6% for mammography use among women aged 50–74 years, which ranks 248th out of 958 Iowa communities (18th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 73.8%, which ranks 464th out of 905 Iowa communities (20th out of 31 mid-large communities).

Measure Type	Oskaloosa	All	Mid-Large
		Comm.	Comm.
Crude	77.6%	76.2%	78.2%
Age-Adjusted	73.8%	73.9%	75.6%



Disability

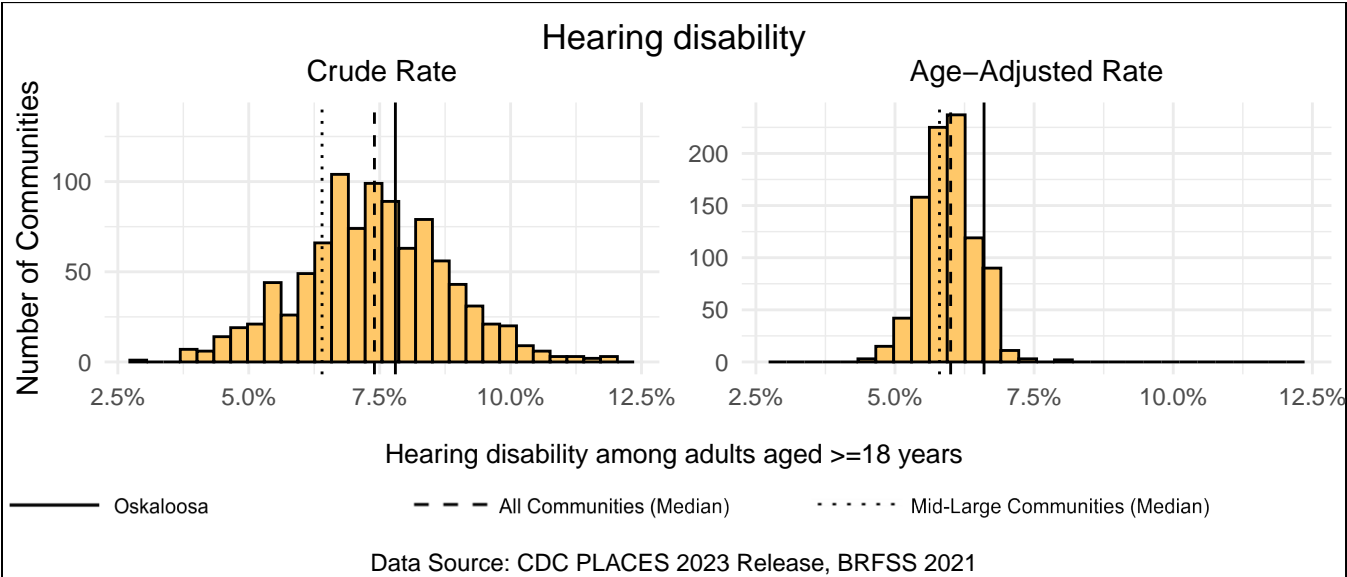
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Oskaloosa has a crude rate of 7.8% for hearing disability among adults aged ≥ 18 years, which ranks 591st out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 6.6%, which ranks 800th out of 905 Iowa communities (26th out of 31 mid-large communities).

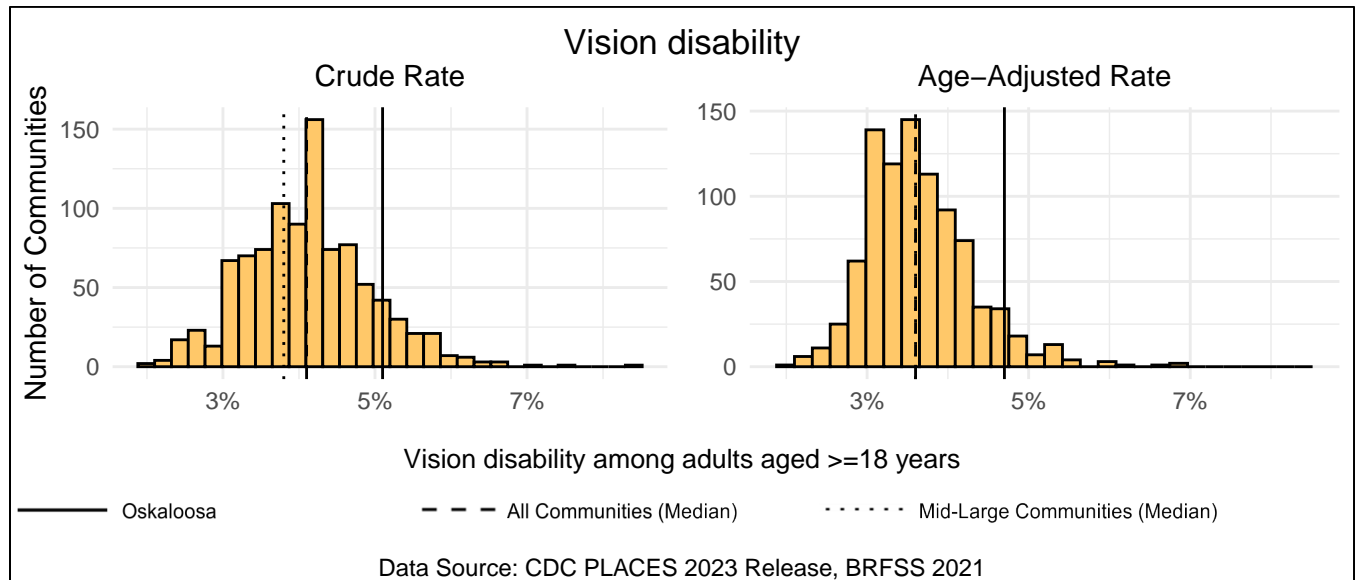
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	7.8%	7.4%	6.4%
Age-Adjusted	6.6%	6.0%	5.8%



Vision disability

Oskaloosa has a crude rate of 5.1% for vision disability among adults aged ≥ 18 years, which ranks 844th out of 958 Iowa communities (24th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 4.7%, which ranks 837th out of 905 Iowa communities (23rd out of 31 mid-large communities).

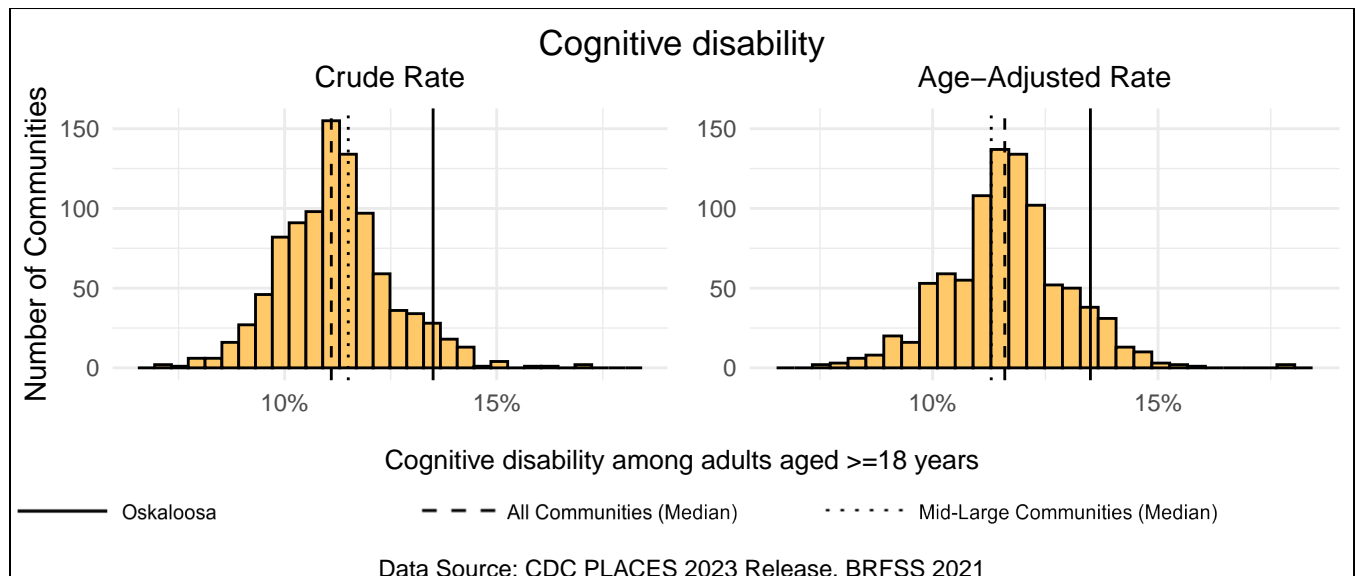
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	5.1%	4.1%	3.8%
Age-Adjusted	4.7%	3.6%	3.6%



Cognitive disability

Oskaloosa has a crude rate of 13.5% for cognitive disability among adults aged ≥ 18 years, which ranks 906th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 13.5%, which ranks 823rd out of 905 Iowa communities (26th out of 31 mid-large communities).

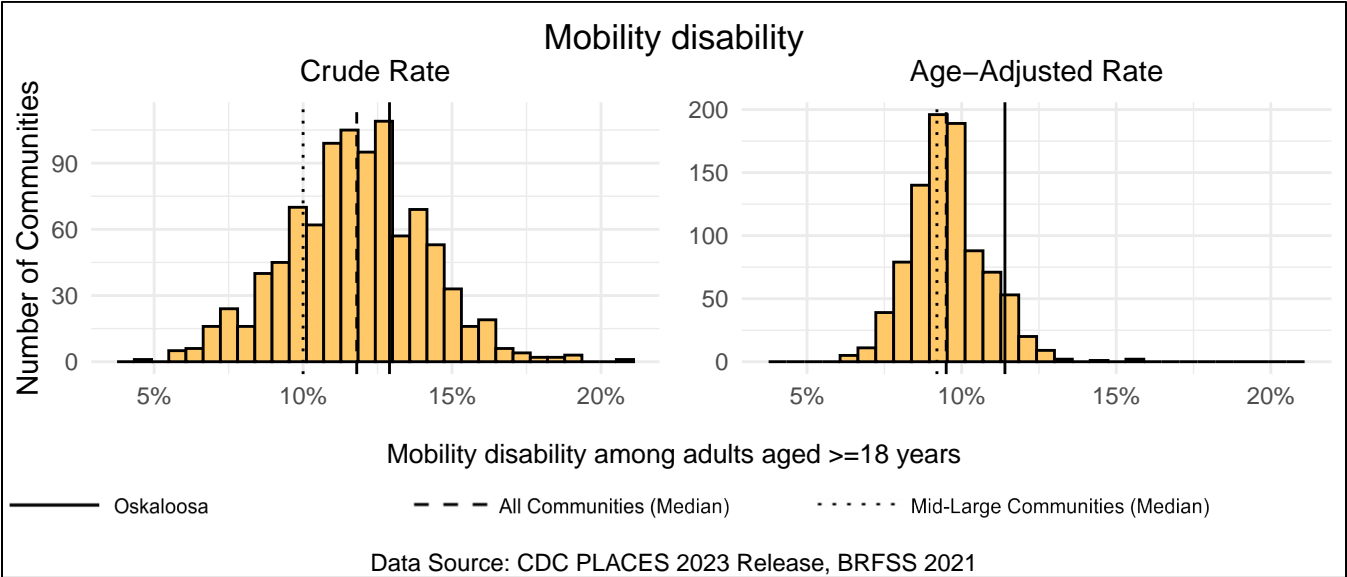
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	13.5%	11.1%	11.5%
Age-Adjusted	13.5%	11.6%	11.3%



Mobility disability

Oskaloosa has a crude rate of 12.9% for mobility disability among adults aged ≥ 18 years, which ranks 655th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 11.4%, which ranks 834th out of 905 Iowa communities (25th out of 31 mid-large communities).

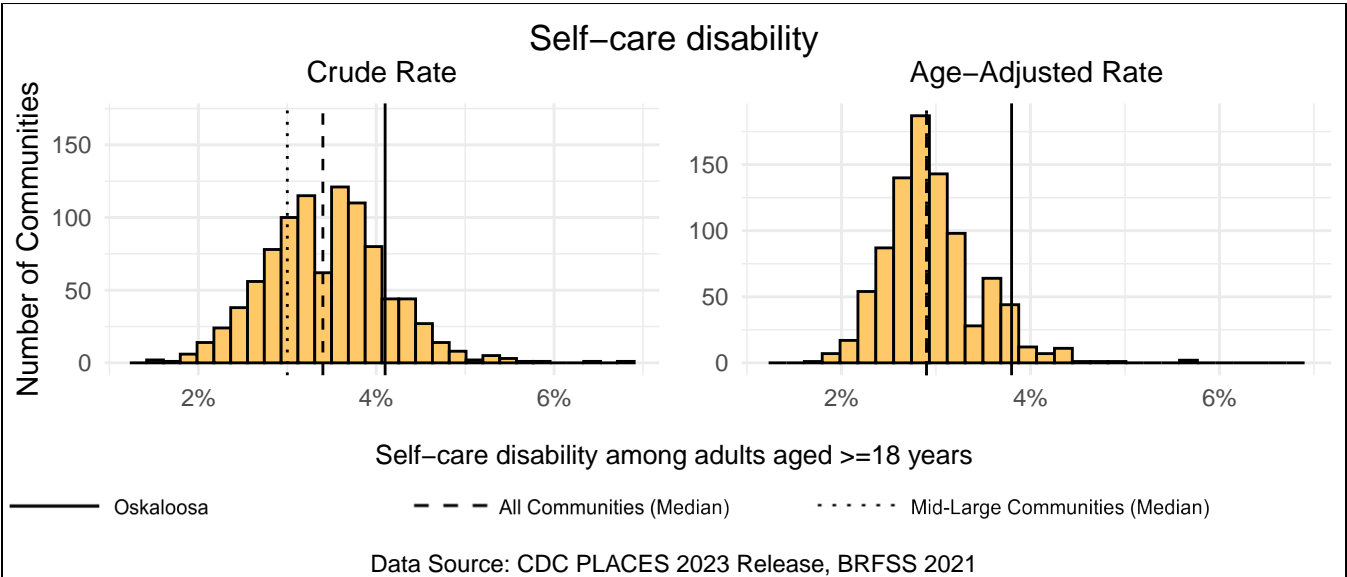
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	12.9%	11.8%	10.0%
Age-Adjusted	11.4%	9.5%	9.2%



Self-care disability

Oskaloosa has a crude rate of 4.1% for self-care disability among adults aged ≥ 18 years, which ranks 808th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 3.8%, which ranks 839th out of 905 Iowa communities (24th out of 31 mid-large communities).

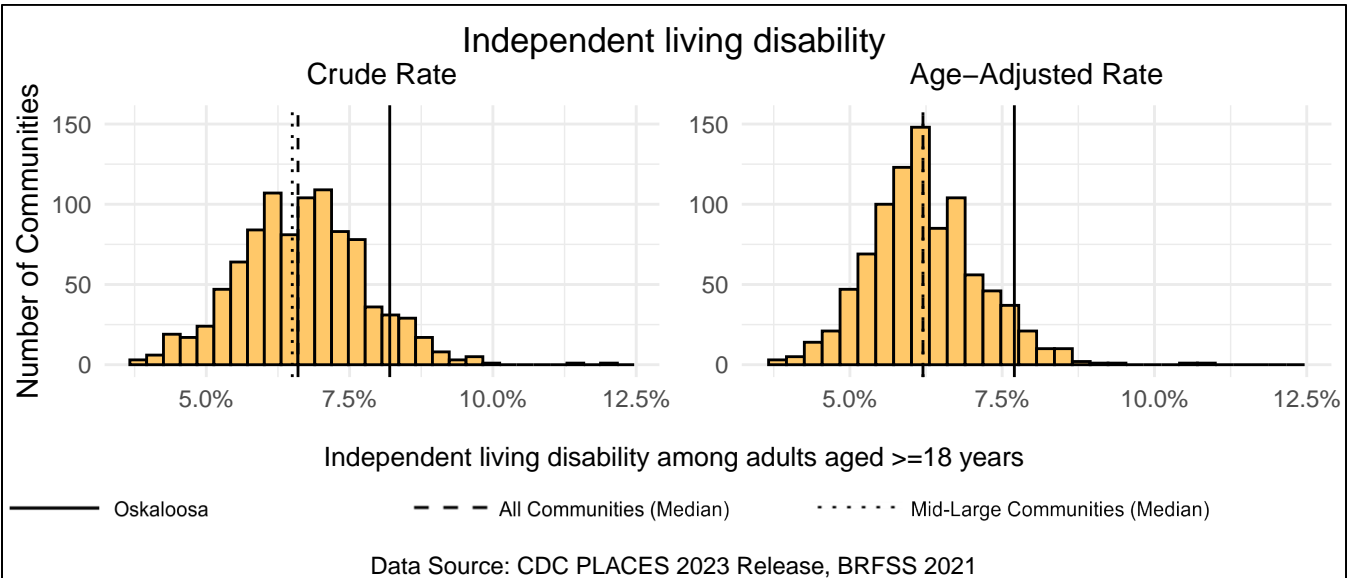
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	4.1%	3.4%	3.0%
Age-Adjusted	3.8%	2.9%	2.9%



Independent living disability

Oskaloosa has a crude rate of 8.2% for independent living disability among adults aged ≥ 18 years, which ranks 877th out of 958 Iowa communities (26th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 7.7%, which ranks 844th out of 905 Iowa communities (25th out of 31 mid-large communities).

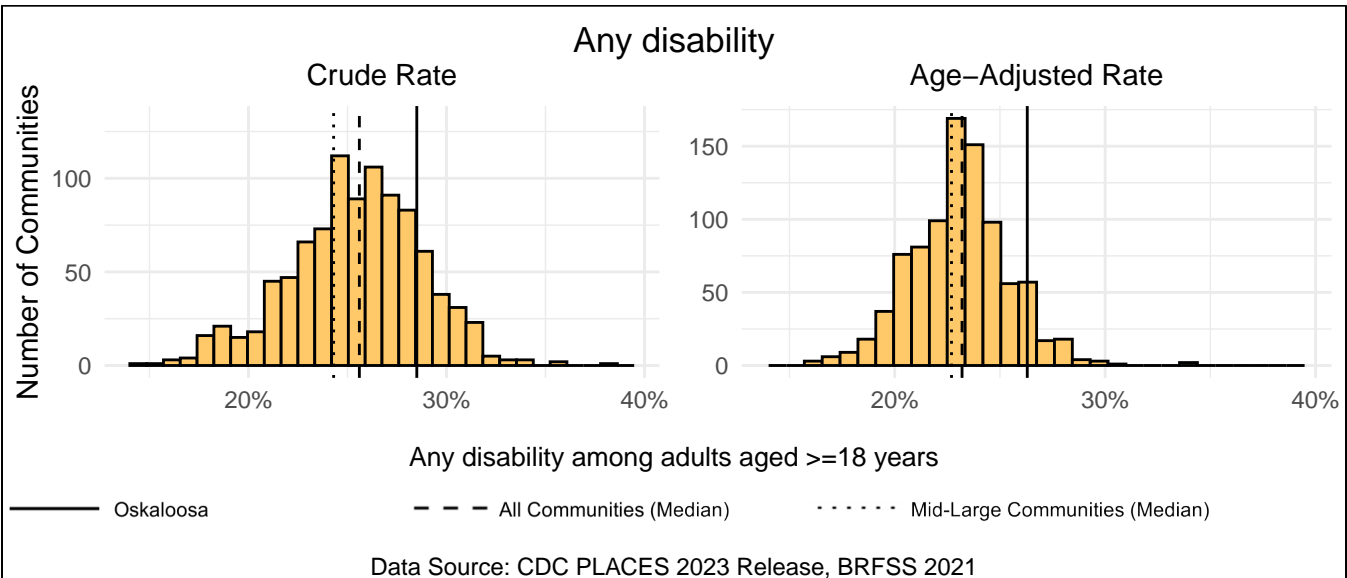
Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	8.2%	6.6%	6.5%
Age-Adjusted	7.7%	6.2%	6.2%



Any disability

Oskaloosa has a crude rate of 28.5% for any disability among adults aged ≥ 18 years, which ranks 792nd out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Oskaloosa is 26.3%, which ranks 824th out of 905 Iowa communities (24th out of 31 mid-large communities).

Measure Type	Oskaloosa	All Comm.	Mid-Large Comm.
Crude	28.5%	25.6%	24.3%
Age-Adjusted	26.3%	23.2%	22.7%



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Oskaloosa PLACES Data

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	General Health	752	15.9% (13.8% - 18.2%)	805	15.2% (13.2% - 17.3%)
Health Status	Mental Health	907	16.3% (14.2% - 18.6%)	802	16.7% (14.5% - 19.1%)
Health Status	Physical Health	656	11.4% (10.0% - 13.1%)	816	11.1% (9.7% - 12.6%)
Health Risk Behaviors	Physical Inactivity	754	28.4% (23.8% - 33.3%)	803	27.5% (23.1% - 32.3%)
Health Risk Behaviors	Current Smoking	747	18.3% (15.3% - 21.8%)	822	20.3% (17.0% - 23.8%)
Health Risk Behaviors	Sleep <7 hours	775	31.7% (30.9% - 32.5%)	831	33.0% (32.1% - 33.8%)
Health Risk Behaviors	Binge Drinking	283	18.4% (15.1% - 22.0%)	24	19.7% (16.1% - 23.6%)
Health Outcomes	Chronic Kidney Disease	446	3.2% (3.0% - 3.6%)	762	2.8% (2.6% - 3.1%)
Health Outcomes	High Blood Pressure	324	30.7% (26.6% - 35.0%)	728	28.6% (24.7% - 32.7%)
Health Outcomes	COPD	613	7.9% (6.8% - 9.1%)	822	7.4% (6.4% - 8.4%)
Health Outcomes	Obesity	675	38.9% (31.3% - 47.0%)	815	40.7% (32.9% - 48.7%)
Health Outcomes	Arthritis	355	26.7% (22.8% - 30.9%)	819	24.7% (20.8% - 28.8%)
Health Outcomes	Diabetes	543	10.4% (8.8% - 12.1%)	848	9.6% (8.1% - 11.0%)
Health Outcomes	High Cholesterol	281	34.9% (30.3% - 39.6%)	634	30.3% (25.6% - 35.2%)
Health Outcomes	Stroke	538	3.4% (3.1% - 3.8%)	781	2.9% (2.7% - 3.2%)
Health Outcomes	Cancer (except skin)	302	7.5% (6.8% - 8.3%)	74	6.4% (5.8% - 7.1%)
Health Outcomes	Current Asthma	838	9.8% (8.6% - 11.1%)	762	9.9% (8.6% - 11.2%)
Health Outcomes	Coronary Heart Disease	536	6.7% (5.9% - 7.5%)	797	5.6% (5.0% - 6.3%)
Health Outcomes	All Teeth Lost	845	15.7% (12.8% - 19.0%)	777	15.1% (12.6% - 17.7%)
Health Outcomes	Depression	730	18.9% (15.4% - 22.7%)	598	19.5% (15.9% - 23.3%)
Prevention	Dental Visit	764	63.9% (62.1% - 65.9%)	721	63.3% (61.4% - 65.2%)
Prevention	Mammography	248	77.6% (75.6% - 79.5%)	464	73.8% (71.6% - 76.0%)
Prevention	Cervical Cancer Screening	909	80.4% (78.9% - 81.9%)	717	82.0% (80.7% - 83.3%)
Prevention	Core preventive services for older women	548	38.3% (34.3% - 42.3%)	327	41.4% (37.7% - 45.3%)
Prevention	Annual Checkup	703	74.0% (68.7% - 78.8%)	468	72.5% (67.1% - 77.7%)
Prevention	Health Insurance	820	8.7% (7.2% - 10.4%)	748	8.9% (7.5% - 10.6%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Cholesterol Screening	926	77.9% (74.4% - 81.1%)	805	77.5% (73.9% - 80.9%)
Prevention	Core preventive services for older men	857	39.5% (35.0% - 43.9%)	744	40.1% (35.8% - 44.4%)
Prevention	Colorectal Cancer Screening	840	68.7% (67.1% - 70.4%)	846	68.2% (66.4% - 69.8%)
Prevention	Taking BP Medication	570	78.9% (75.8% - 81.7%)	39	60.8% (55.6% - 65.9%)
Disability	Cognitive Disability	906	13.5% (11.7% - 15.6%)	823	13.5% (11.7% - 15.3%)
Disability	Self-care Disability	808	4.1% (3.7% - 4.5%)	839	3.8% (3.4% - 4.3%)
Disability	Mobility Disability	655	12.9% (11.2% - 14.7%)	834	11.4% (9.9% - 13.0%)
Disability	Vision Disability	844	5.1% (4.6% - 5.7%)	837	4.7% (4.2% - 5.3%)
Disability	Hearing Disability	591	7.8% (6.9% - 8.7%)	800	6.6% (5.8% - 7.3%)
Disability	Independent Living Disability	877	8.2% (7.2% - 9.4%)	844	7.7% (6.8% - 8.6%)
Disability	Any Disability	792	28.5% (24.7% - 32.7%)	824	26.3% (22.7% - 30.2%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

Appendix 3: Mid-Large Communities (10,000-49,999)

Oskaloosa falls into the group of mid-large communities, which have a population of 10,000-49,999. In this data, 31 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

Community	Population	Community	Population
Urbandale	45,591	Pleasant Hill	10,456
Marion	41,401	Waverly	10,399
Cedar Falls	40,686	Fort Madison	10,293
Bettendorf	38,997	Carroll	10,270
Marshalltown	27,511		
Mason City	27,271		
Ottumwa	25,359		
Waukeke	25,045		
Fort Dodge	24,850		
Clinton	24,524		
Burlington	23,976		
Johnston	23,856		
Muscatine	23,671		
Coralville	22,494		
North Liberty	20,393		
Altoona	20,017		
Clive	18,576		
Indianola	15,845		
Newton	15,692		
Grimes	15,402		
Norwalk	13,057		
Boone	12,482		
Oskaloosa	11,492		
Spencer	11,351		
Storm Lake	11,194		
Pella	10,556		
Le Mars	10,549		