



Iowa Community Health Snapshot Series

*275 community reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



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By Matthew Voss & Shawn Dorius

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Iowa Community Health Snapshot Series

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Health in Oelwein: Overview

Dear Community Members & Stakeholders of Oelwein,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partnership with Iowa State University's Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Oelwein ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Oelwein's strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all Iowa communities and communities of similar size to Oelwein. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

Strengths

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community's strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Midsized Community Rank	Health Domain	Statewide Community Rank	Midsized Community Rank
Binge Drinking	110th	9th	Taking BP Medication	39th	7th
Taking BP Medication	190th	11th	Binge Drinking	46th	17th
Sleep <7 hours	224th	30th	Cancer (except skin)	74th	11th
Annual Checkup	291st	25th	Sleep <7 hours	265th	39th
Core preventive services for older men	378th	36th	Core preventive services for older men	340th	38th

Opportunities

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Midsized Community Rank	Health Domain	Statewide Community Rank	Midsized Community Rank
Physical Inactivity	913th	94th	Obesity	865th	90th
Dental Visit	910th	86th	Dental Visit	865th	86th
Independent Living Disability	894th	87th	High Blood Pressure	865th	88th
General Health	890th	86th	Physical Inactivity	861st	90th
Vision Disability	890th	83rd	Mental Health	859th	92nd

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Oelwein.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

How to Use this Report

The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Oelwein that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Oelwein, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Oelwein compares to the rest of the state and similarly-sized communities.

With a population of 5,934, Oelwein’s similarly sized communities are defined as midsized communities. In Iowa, midsized communities have an average population of 4,787, and there are 102 communities that are considered midsized communities. To see all of the communities in this population group, please see Appendix 3 of this report.

Group	Population Range	Number of Communities
Large	50,000+	11
Mid-Large	10,000-49,999	31
Midsized	2,500-9,999	102
Small	1,000-2,499	138
Very Small	0-999	676
Total		958

Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community’s crude and age-adjusted rate estimates alongside their averages across all Iowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all Iowa communities and the dotted lines showing the average rate for similarly-sized communities.



The example graphic above displays the poor mental health rate in Ames, Iowa. The left plot shows the crude rate of poor mental health in the community. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Ames has a higher crude rate of poor mental health than most communities in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized communities, indicating that when accounting for Ames’s unique age distribution, Ames’s poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

Health Status

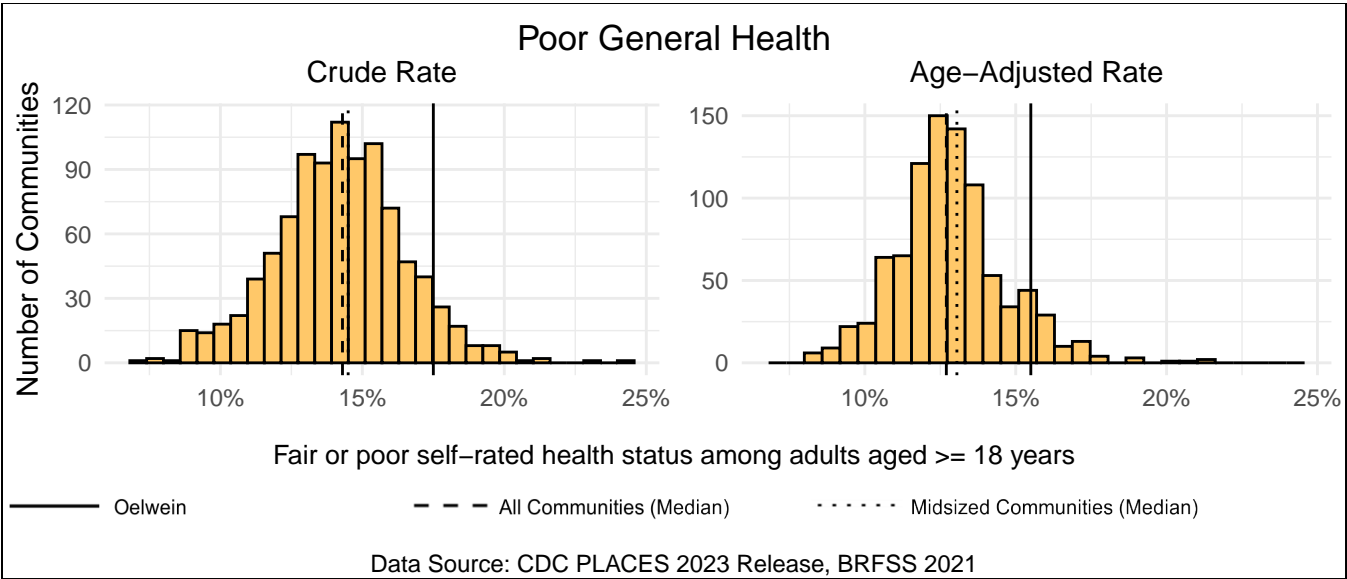
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Oelwein has a crude rate of 17.5% for fair or poor self-rated health status among adults aged >= 18 years, which ranks 890th out of 958 Iowa communities (86th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 15.5%, which ranks 828th out of 905 Iowa communities (81st out of 102 midsized communities).

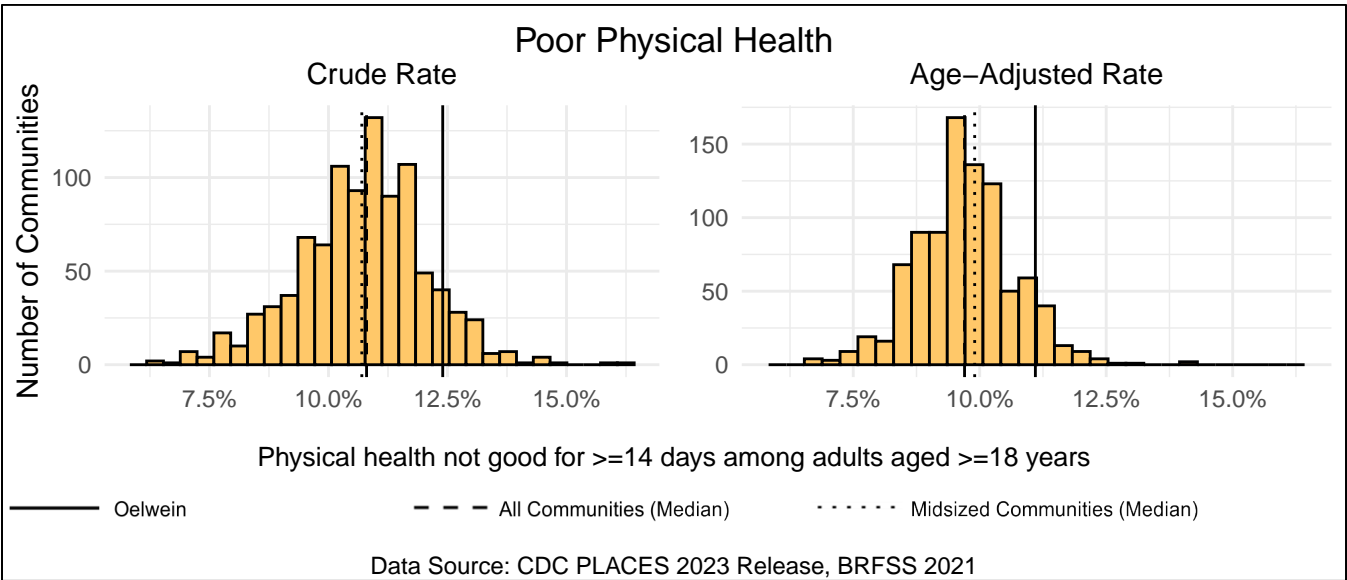
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	17.5%	14.3%	14.5%
Age-Adjusted	15.5%	12.7%	13.0%



Poor Physical Health

Oelwein has a crude rate of 12.4% for physical health not good for >=14 days among adults aged >=18 years, which ranks 867th out of 958 Iowa communities (86th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 11.1%, which ranks 816th out of 905 Iowa communities (82nd out of 102 mid-sized communities).

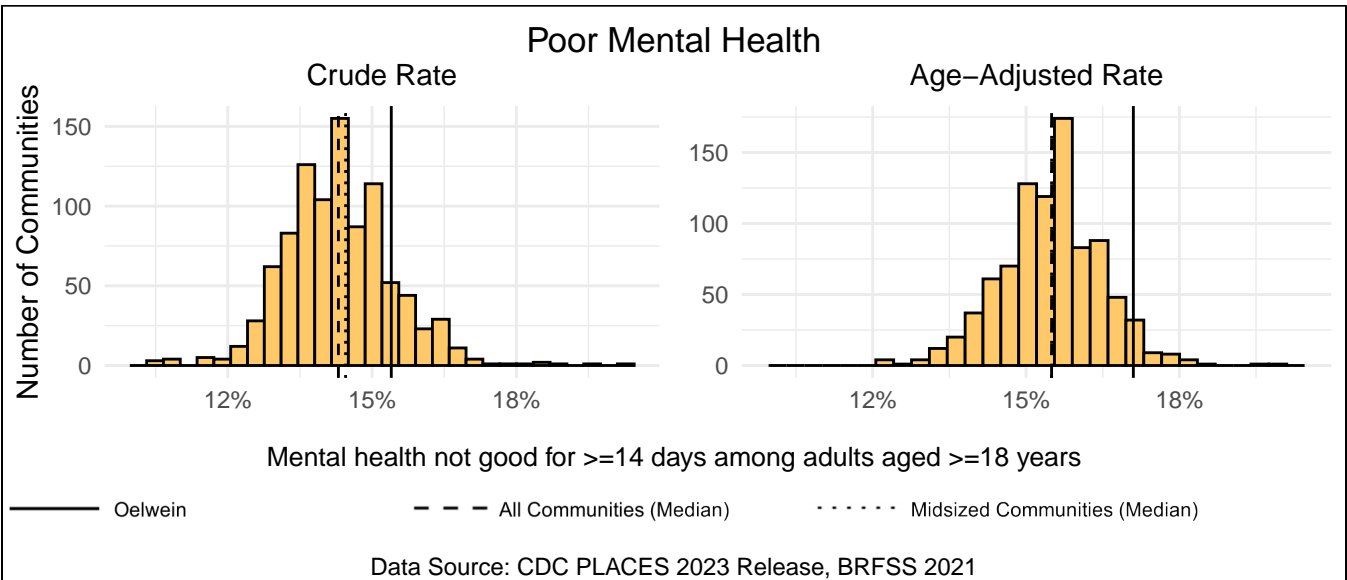
Measure Type	Oelwein	All Comm.	Mid-sized Comm.
Crude	12.4%	10.8%	10.7%
Age-Adjusted	11.1%	9.7%	9.9%



Poor Mental Health

Oelwein has a crude rate of 15.4% for mental health not good for >=14 days among adults aged >=18 years, which ranks 809th out of 958 Iowa communities (78th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 17.1%, which ranks 859th out of 905 Iowa communities (92nd out of 102 mid-sized communities).

Measure Type	Oelwein	All Comm.	Mid-sized Comm.
Crude	15.4%	14.3%	14.4%
Age-Adjusted	17.1%	15.5%	15.5%



Health Risk Behaviors

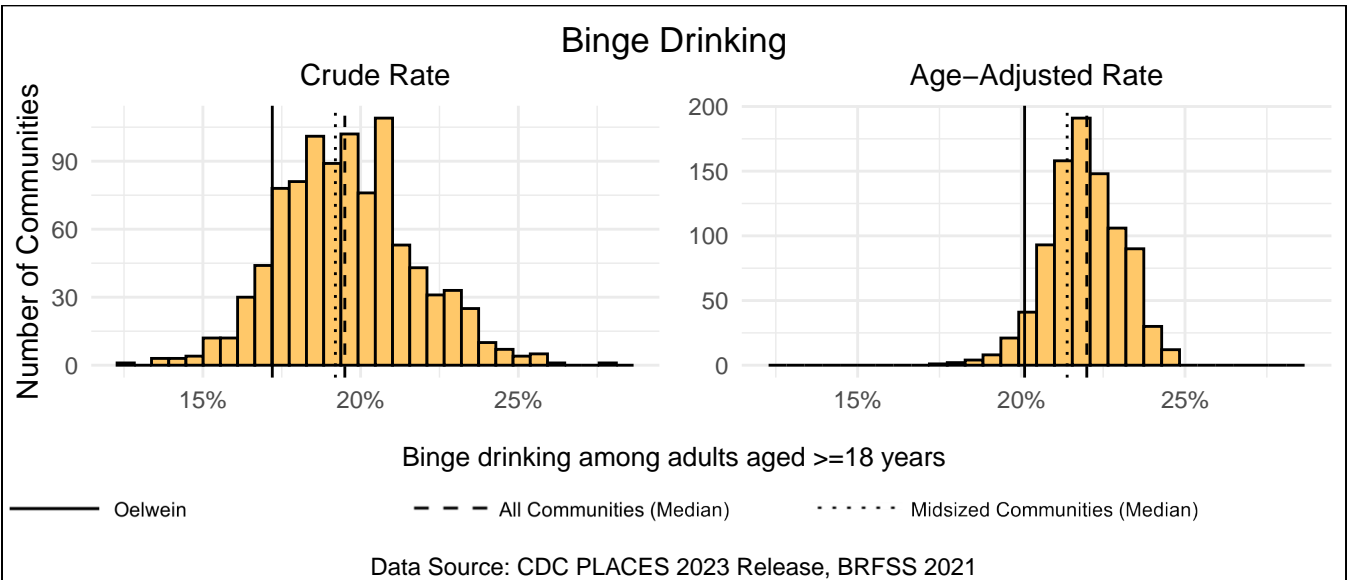
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Oelwein has a crude rate of 17.2% for binge drinking among adults aged ≥ 18 years, which ranks 110th out of 958 Iowa communities (9th out of 102 midsize communities). The age-adjusted rate for Oelwein is 20.1%, which ranks 46th out of 905 Iowa communities (17th out of 102 midsize communities).

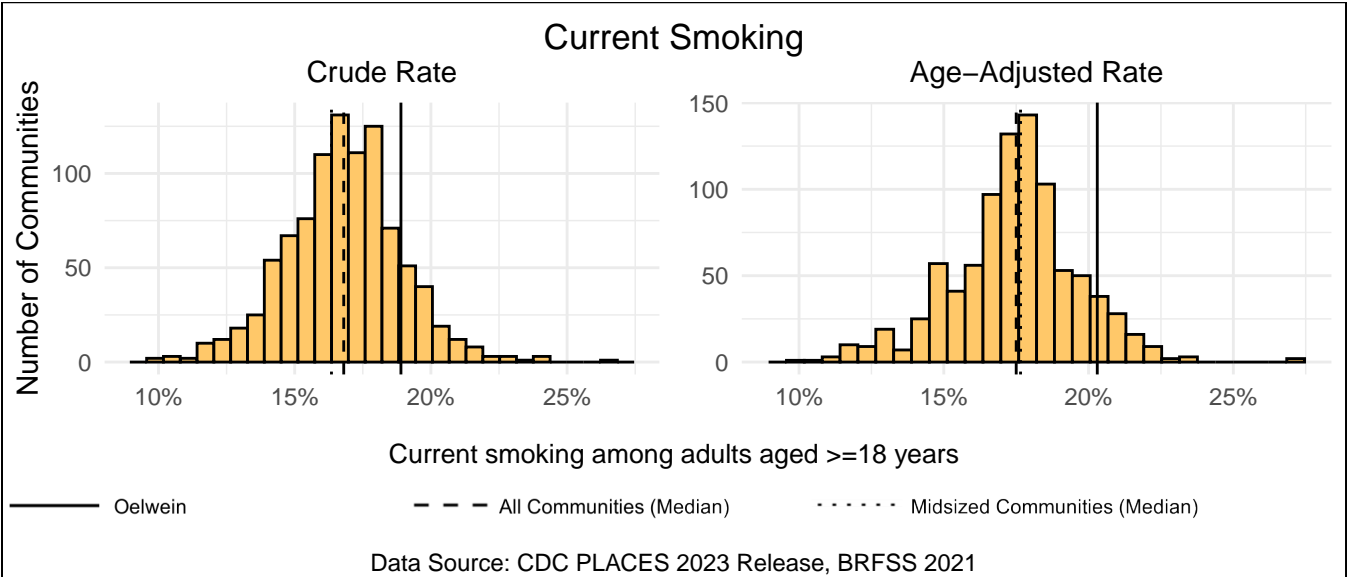
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	17.2%	19.5%	19.2%
Age-Adjusted	20.1%	22.0%	21.4%



Current Smoking

Oelwein has a crude rate of 18.9% for current smoking among adults aged >=18 years, which ranks 818th out of 958 Iowa communities (84th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 20.3%, which ranks 822nd out of 905 Iowa communities (88th out of 102 mid-sized communities).

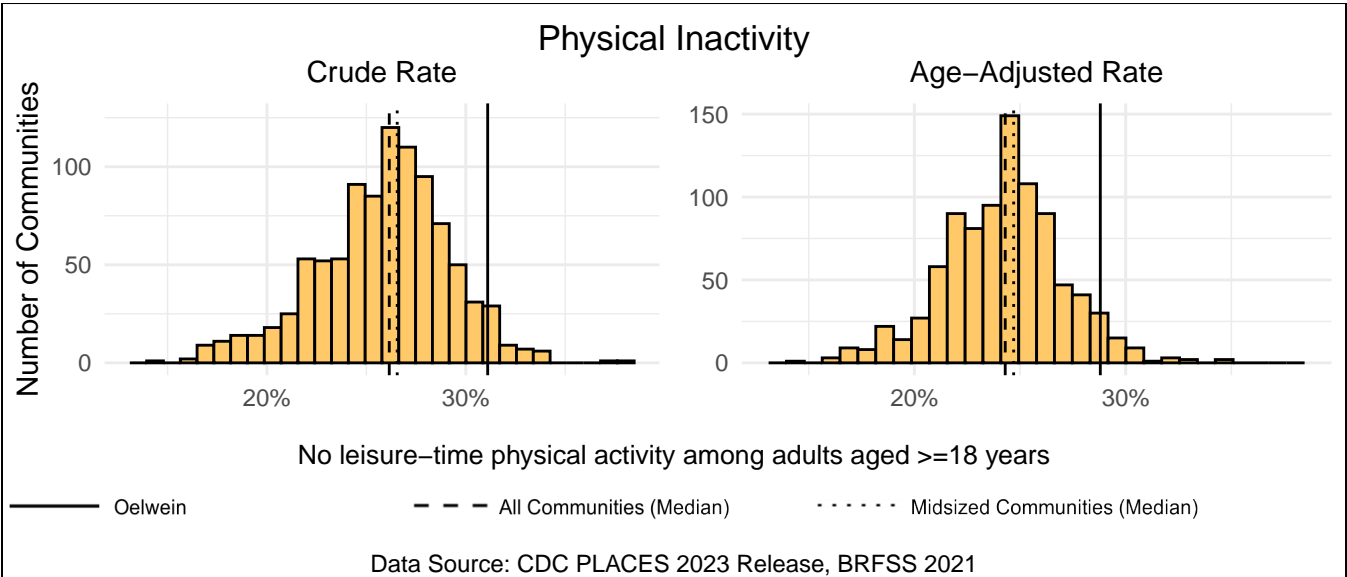
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	18.9%	16.8%	16.4%
Age-Adjusted	20.3%	17.5%	17.6%



Physical Inactivity

Oelwein has a crude rate of 31.1% for no leisure-time physical activity among adults aged >=18 years, which ranks 913th out of 958 Iowa communities (94th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 28.8%, which ranks 861st out of 905 Iowa communities (90th out of 102 mid-sized communities).

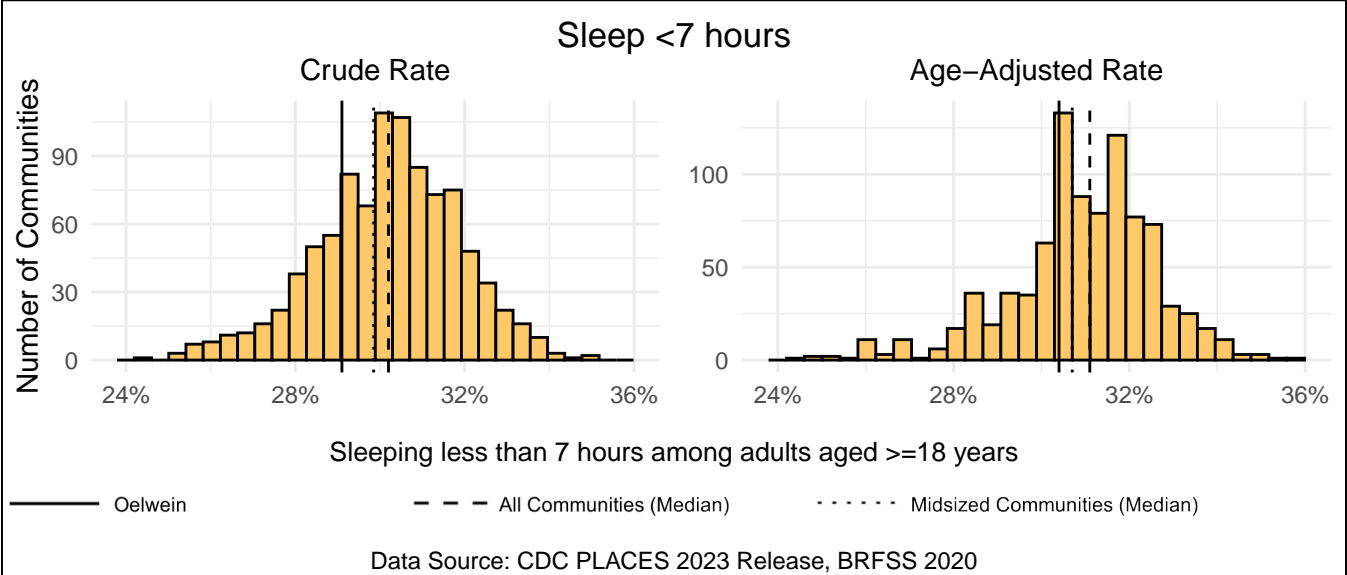
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	31.1%	26.1%	26.6%
Age-Adjusted	28.8%	24.3%	24.7%



Sleep <7 hours

Oelwein has a crude rate of 29.1% for sleeping less than 7 hours among adults aged ≥ 18 years, which ranks 224th out of 958 Iowa communities (30th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 30.4%, which ranks 265th out of 905 Iowa communities (39th out of 102 mid-sized communities).

Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	29.1%	30.2%	29.8%
Age-Adjusted	30.4%	31.1%	30.7%



Health Outcomes

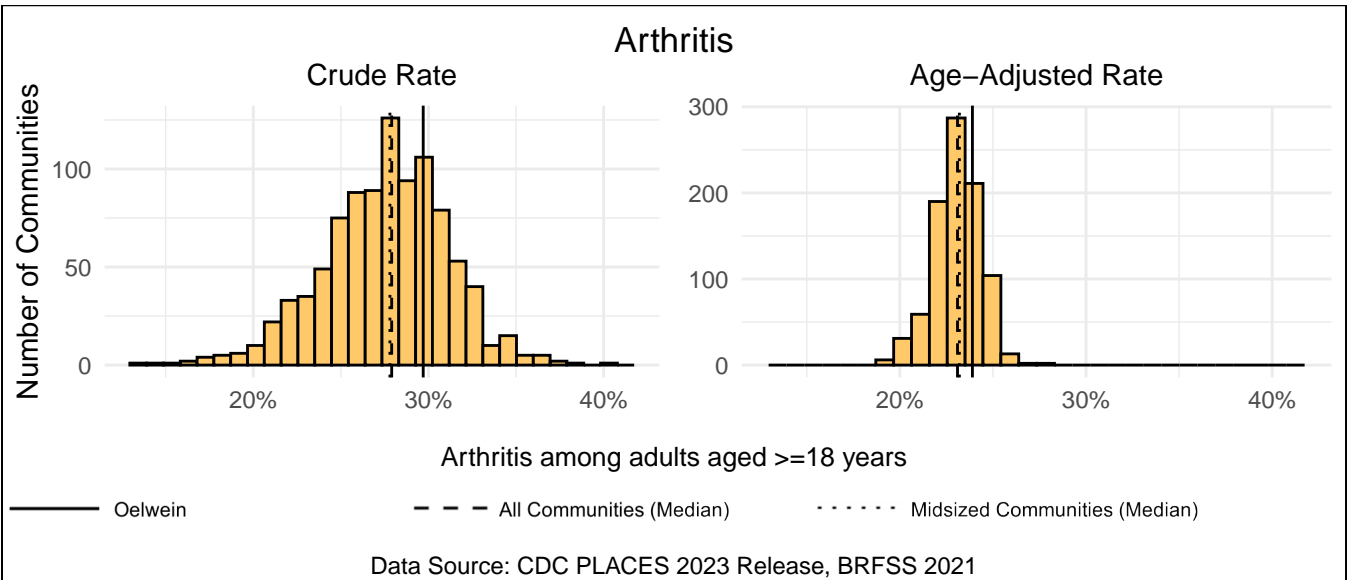
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Oelwein has a crude rate of 29.7% for arthritis among adults aged ≥ 18 years, which ranks 679th out of 958 Iowa communities (79th out of 102 midsized communities). The age-adjusted rate for Oelwein is 23.9%, which ranks 652nd out of 905 Iowa communities (69th out of 102 midsized communities).

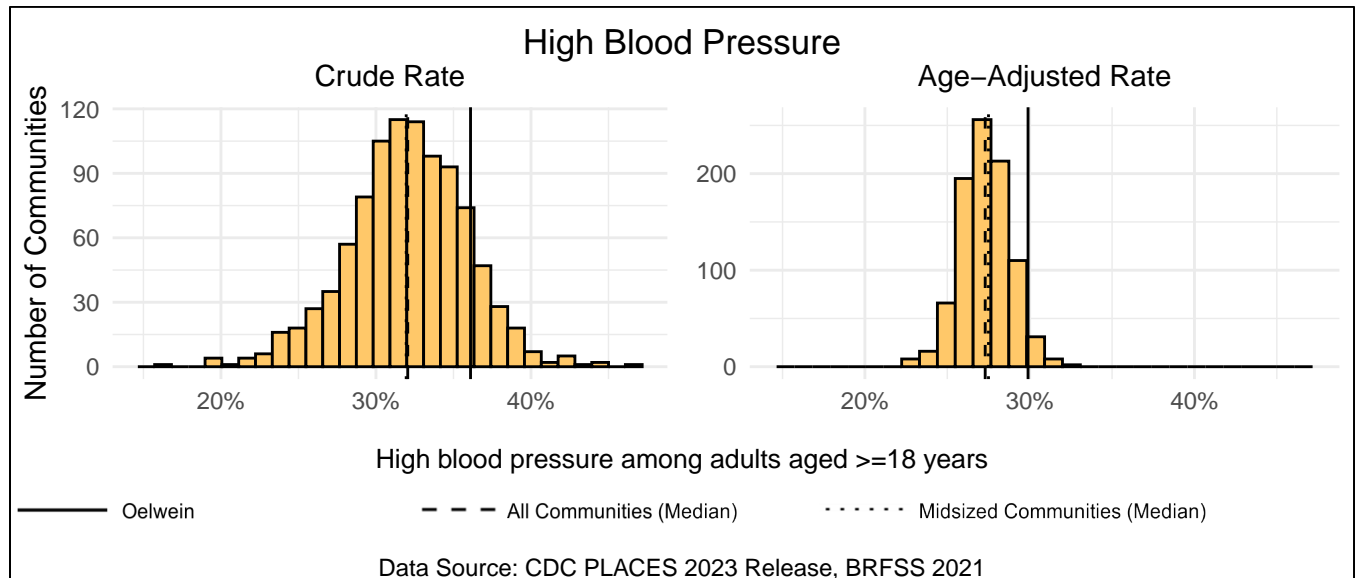
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	29.7%	27.9%	27.8%
Age-Adjusted	23.9%	23.1%	23.2%



High Blood Pressure

Oelwein has a crude rate of 36.1% for high blood pressure among adults aged ≥ 18 years, which ranks 824th out of 958 Iowa communities (96th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 29.9%, which ranks 865th out of 905 Iowa communities (88th out of 102 mid-sized communities).

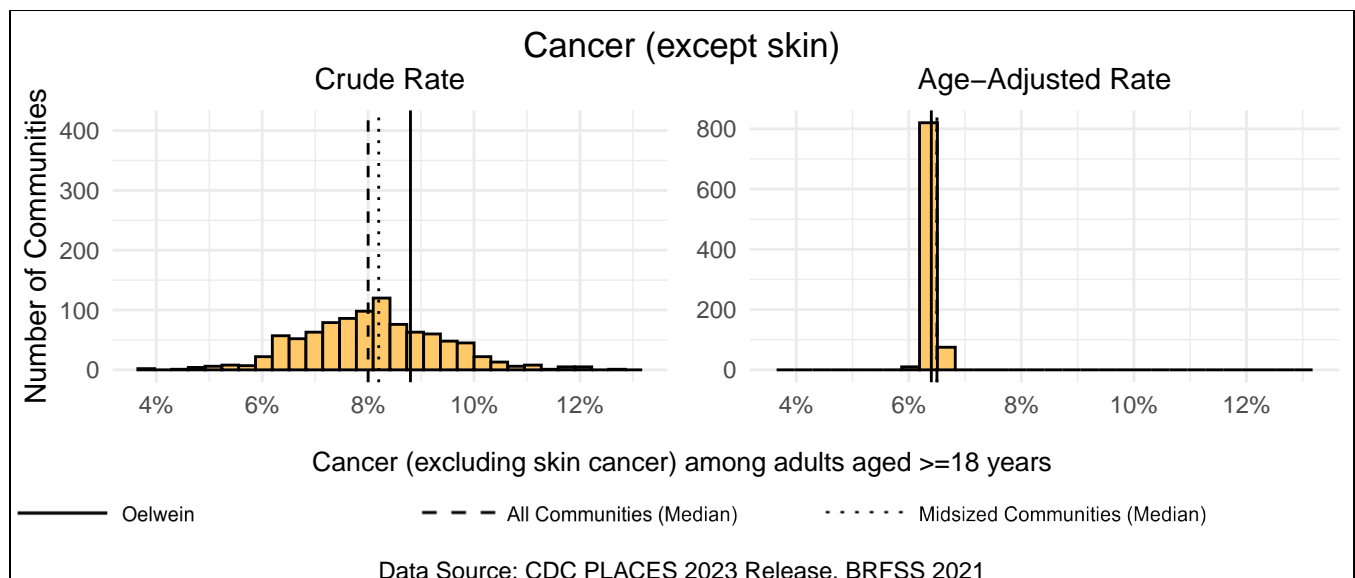
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	36.1%	32.0%	32.0%
Age-Adjusted	29.9%	27.3%	27.5%



Cancer (except skin)

Oelwein has a crude rate of 8.8% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 682nd out of 958 Iowa communities (75th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 6.4%, which ranks 74th out of 905 Iowa communities (11th out of 102 mid-sized communities).

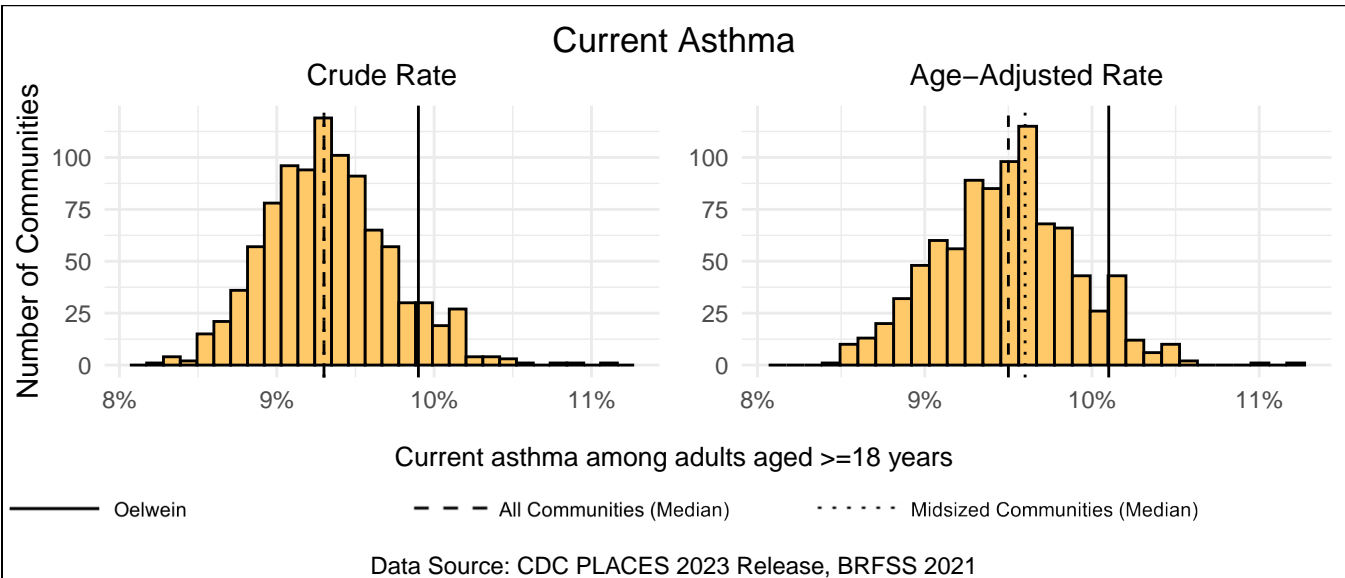
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	8.8%	8.0%	8.2%
Age-Adjusted	6.4%	6.5%	6.5%



Current Asthma

Oelwein has a crude rate of 9.9% for current asthma among adults aged ≥ 18 years, which ranks 868th out of 958 Iowa communities (85th out of 102 midsize communities). The age-adjusted rate for Oelwein is 10.1%, which ranks 831st out of 905 Iowa communities (86th out of 102 midsize communities).

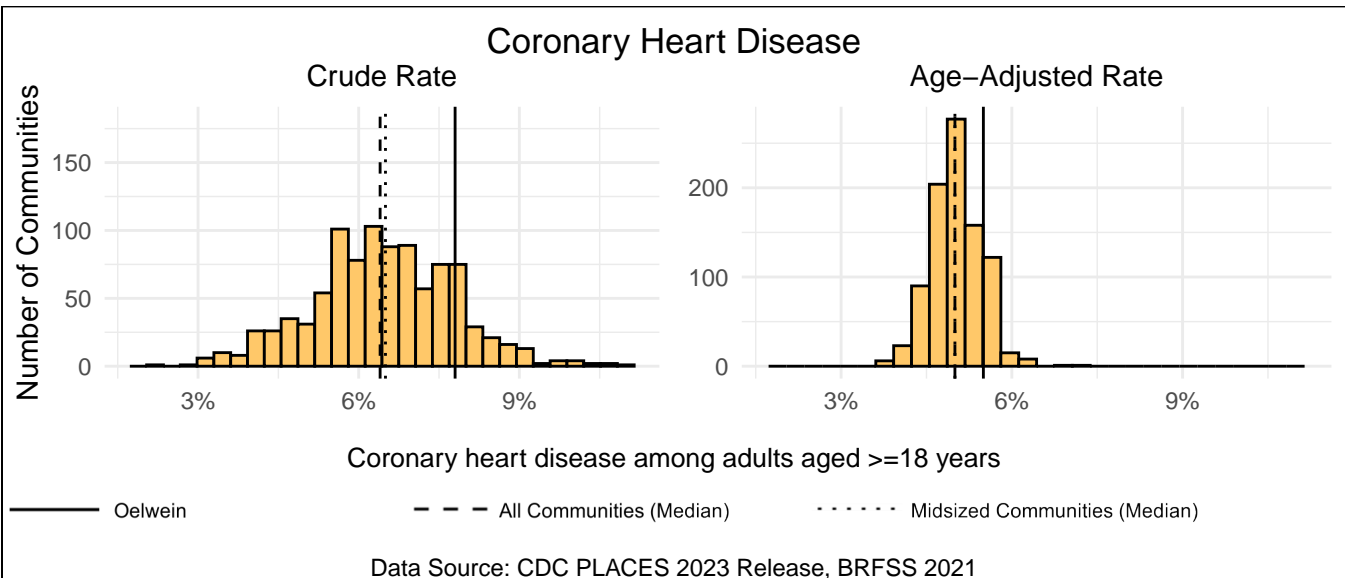
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	9.9%	9.3%	9.3%
Age-Adjusted	10.1%	9.5%	9.6%



Coronary Heart Disease

Oelwein has a crude rate of 7.8% for coronary heart disease among adults aged ≥ 18 years, which ranks 811th out of 958 Iowa communities (89th out of 102 midsize communities). The age-adjusted rate for Oelwein is 5.5%, which ranks 759th out of 905 Iowa communities (80th out of 102 midsize communities).

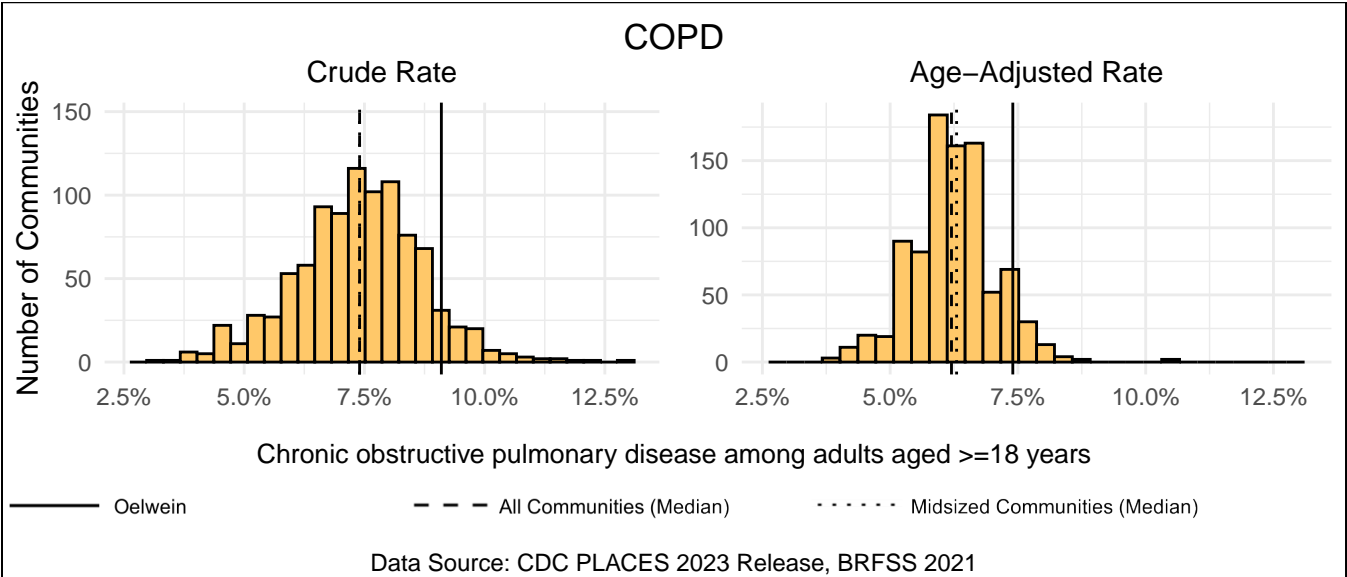
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	7.8%	6.4%	6.5%
Age-Adjusted	5.5%	5.0%	5.0%



COPD

Oelwein has a crude rate of 9.1% for chronic obstructive pulmonary disease among adults aged ≥ 18 years, which ranks 878th out of 958 Iowa communities (91st out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 7.4%, which ranks 822nd out of 905 Iowa communities (85th out of 102 mid-sized communities).

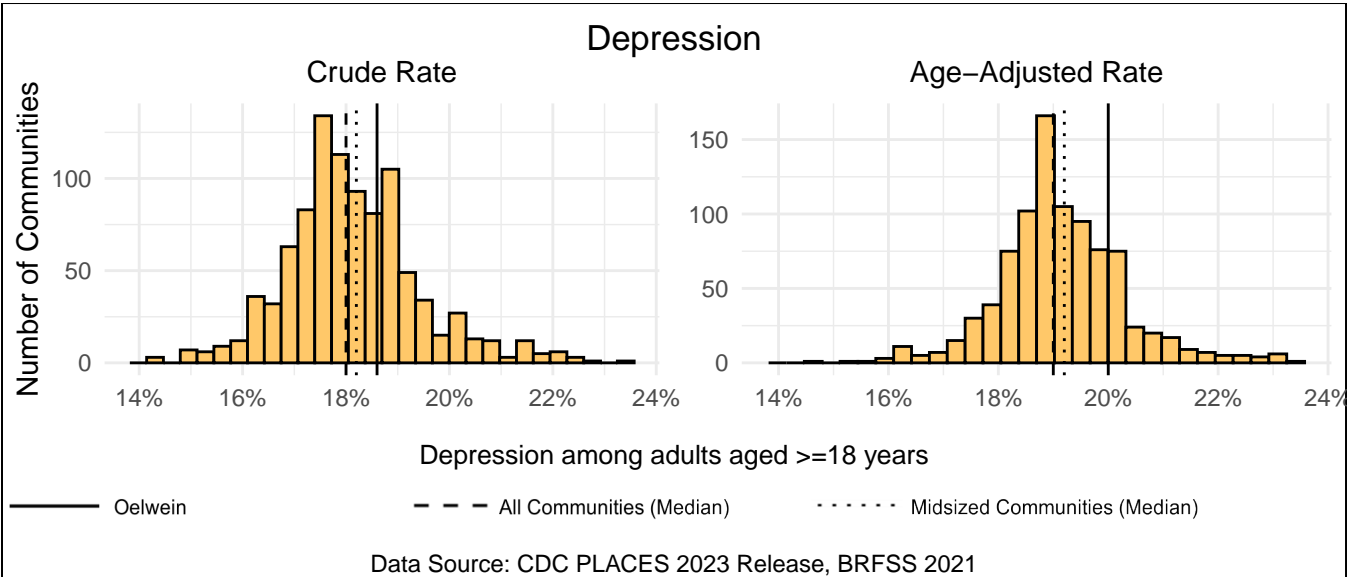
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	9.1%	7.4%	7.4%
Age-Adjusted	7.4%	6.2%	6.3%



Depression

Oelwein has a crude rate of 18.6% for depression among adults aged ≥ 18 years, which ranks 648th out of 958 Iowa communities (63rd out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 20.0%, which ranks 733rd out of 905 Iowa communities (79th out of 102 mid-sized communities).

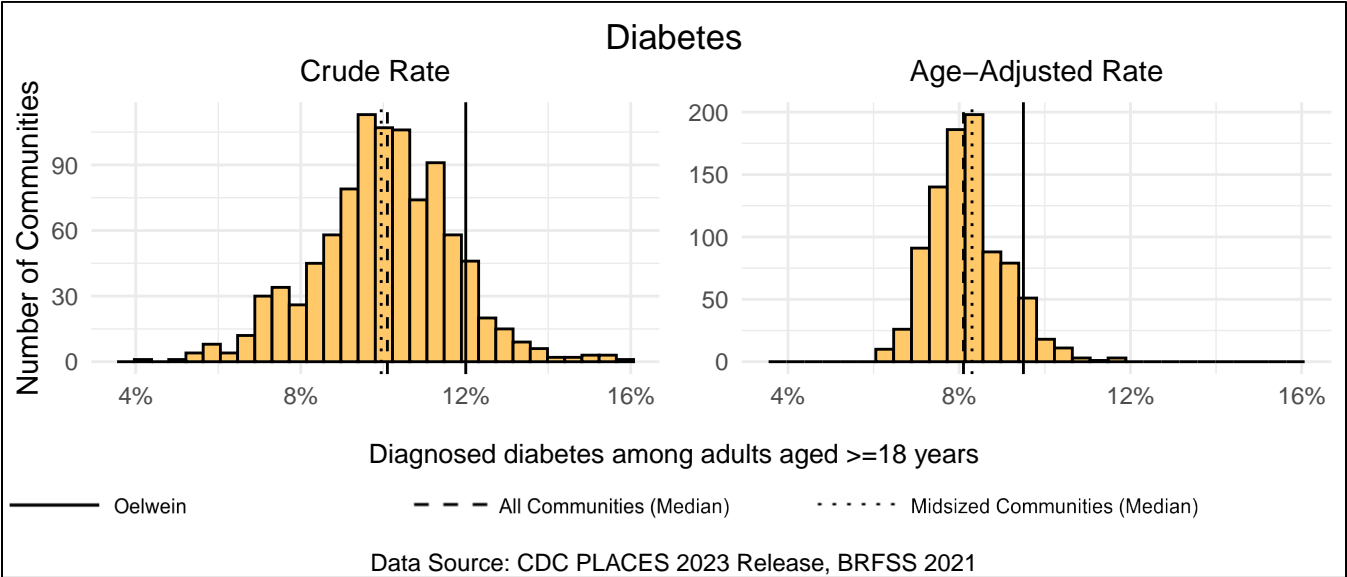
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	18.6%	18.0%	18.2%
Age-Adjusted	20.0%	19.0%	19.2%



Diabetes

Oelwein has a crude rate of 12.0% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 862nd out of 958 Iowa communities (89th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 9.5%, which ranks 839th out of 905 Iowa communities (83rd out of 102 mid-sized communities).

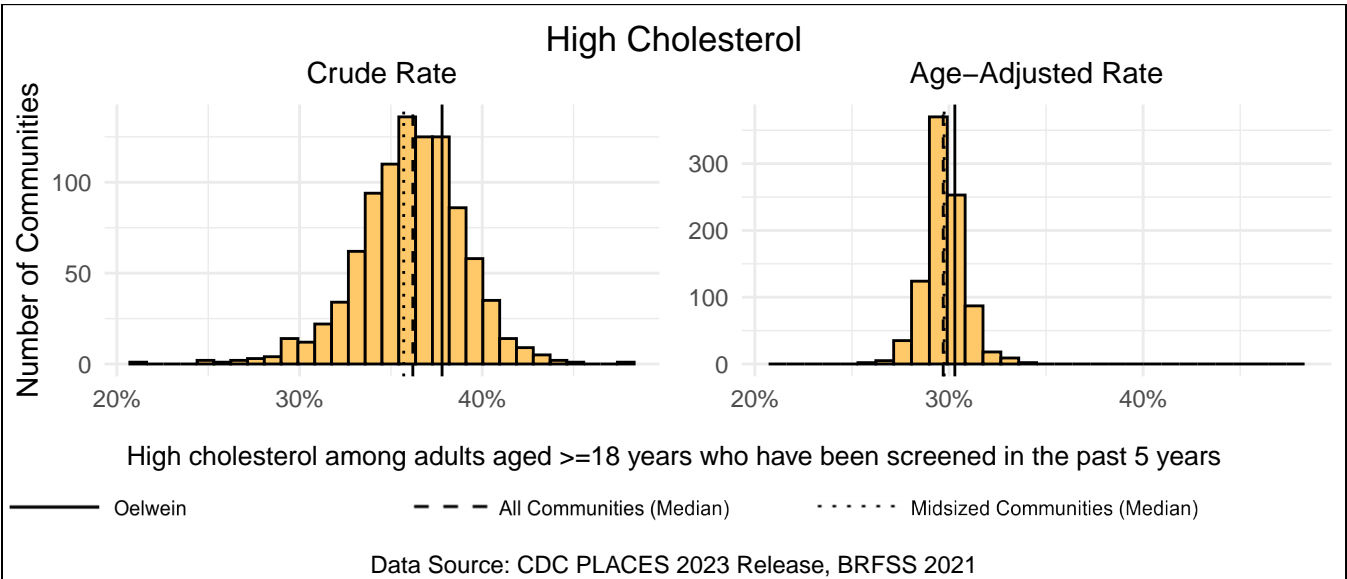
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	12.0%	10.1%	9.9%
Age-Adjusted	9.5%	8.1%	8.3%



High Cholesterol

Oelwein has a crude rate of 37.8% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 695th out of 958 Iowa communities (86th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 30.3%, which ranks 634th out of 905 Iowa communities (69th out of 102 mid-sized communities).

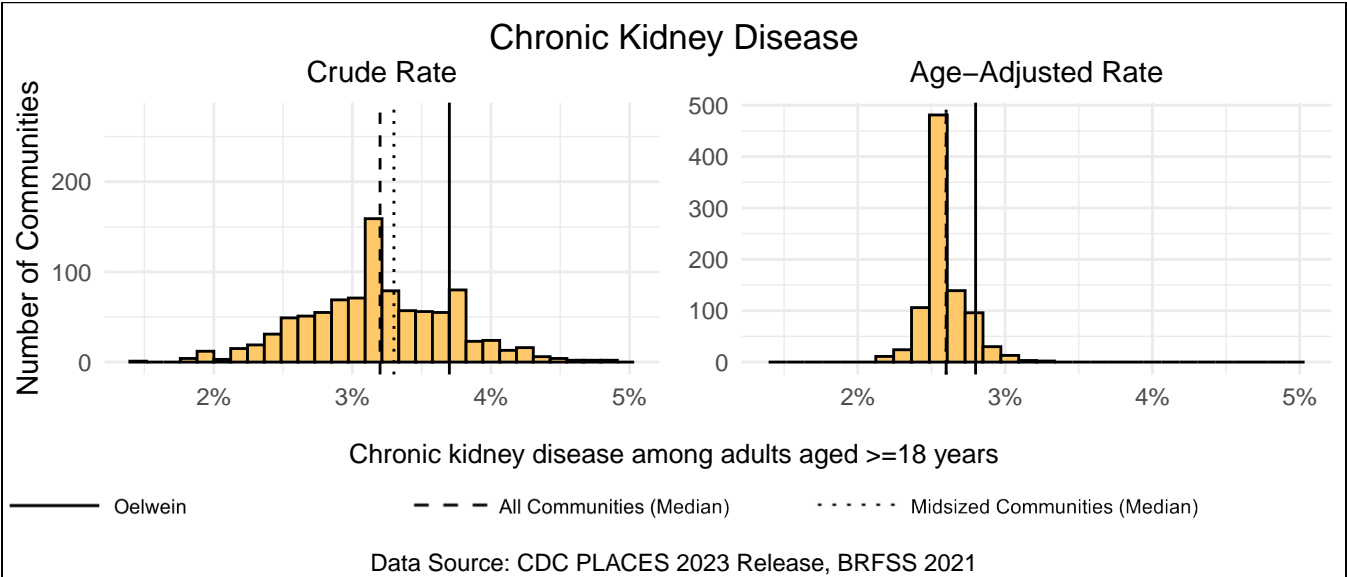
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	37.8%	36.2%	35.7%
Age-Adjusted	30.3%	29.7%	29.8%



Chronic Kidney Disease

Oelwein has a crude rate of 3.7% for chronic kidney disease among adults aged ≥ 18 years, which ranks 787th out of 958 Iowa communities (83rd out of 102 midsized communities). The age-adjusted rate for Oelwein is 2.8%, which ranks 762nd out of 905 Iowa communities (74th out of 102 midsized communities).

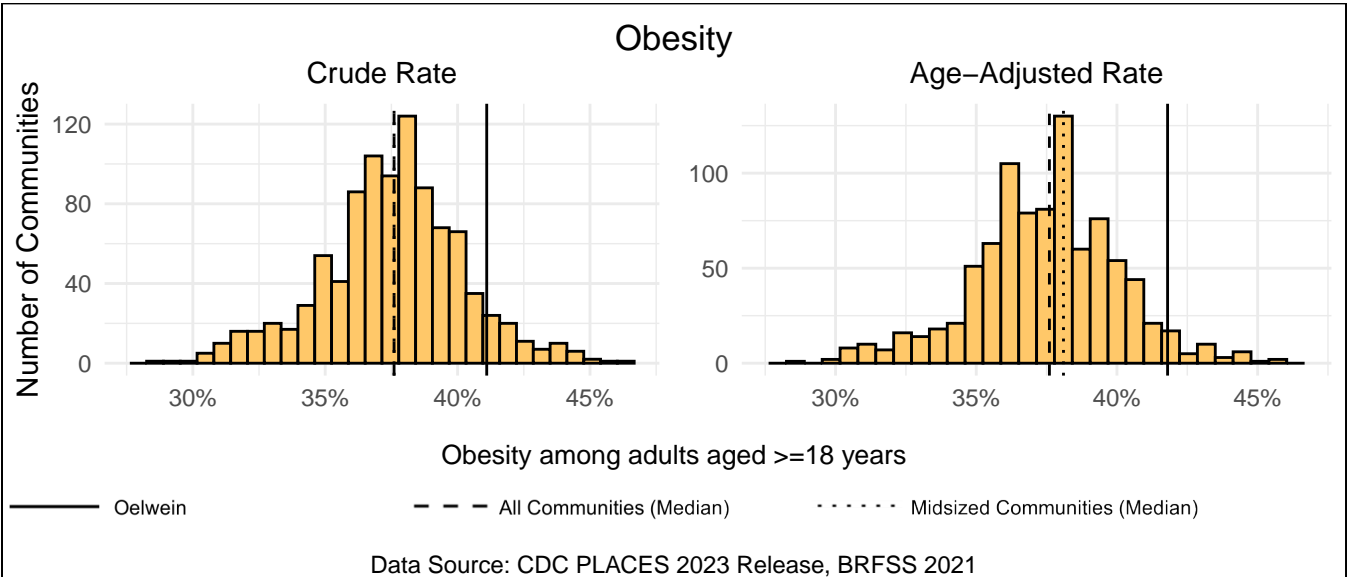
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	3.7%	3.2%	3.3%
Age-Adjusted	2.8%	2.6%	2.6%



Obesity

Oelwein has a crude rate of 41.1% for obesity among adults aged ≥ 18 years, which ranks 882nd out of 958 Iowa communities (90th out of 102 midsized communities). The age-adjusted rate for Oelwein is 41.8%, which ranks 865th out of 905 Iowa communities (90th out of 102 midsized communities).

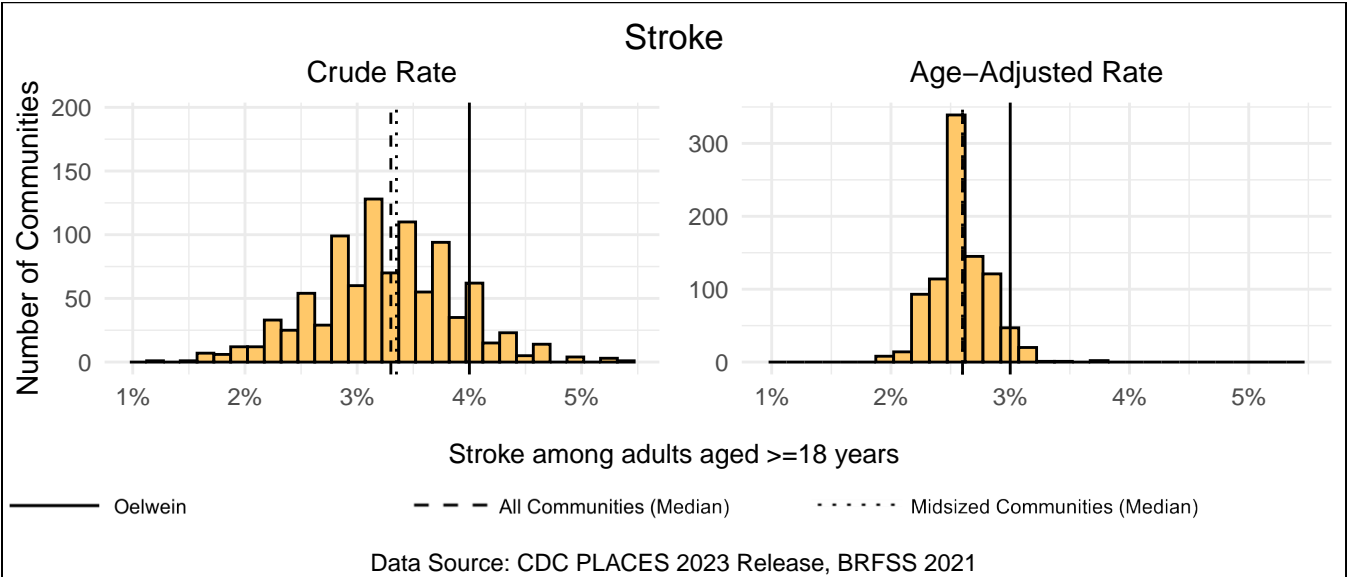
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	41.1%	37.6%	37.6%
Age-Adjusted	41.8%	37.6%	38.1%



Stroke

Oelwein has a crude rate of 4.0% for stroke among adults aged ≥ 18 years, which ranks 832nd out of 958 Iowa communities (88th out of 102 midsize communities). The age-adjusted rate for Oelwein is 3.0%, which ranks 835th out of 905 Iowa communities (85th out of 102 midsize communities).

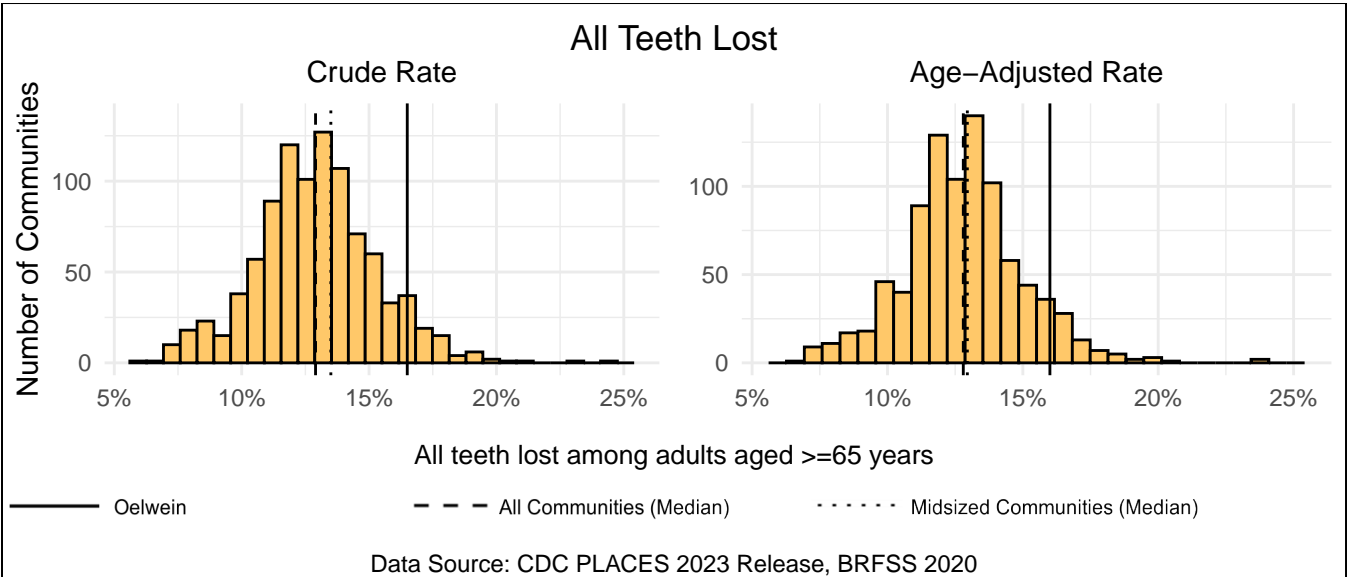
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	4.0%	3.3%	3.3%
Age-Adjusted	3.0%	2.6%	2.6%



All Teeth Lost

Oelwein has a crude rate of 16.5% for all teeth lost among adults aged ≥ 65 years, which ranks 885th out of 958 Iowa communities (83rd out of 102 midsize communities). The age-adjusted rate for Oelwein is 16.0%, which ranks 834th out of 905 Iowa communities (86th out of 102 midsize communities).

Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	16.5%	12.9%	13.5%
Age-Adjusted	16.0%	12.8%	12.9%



Prevention

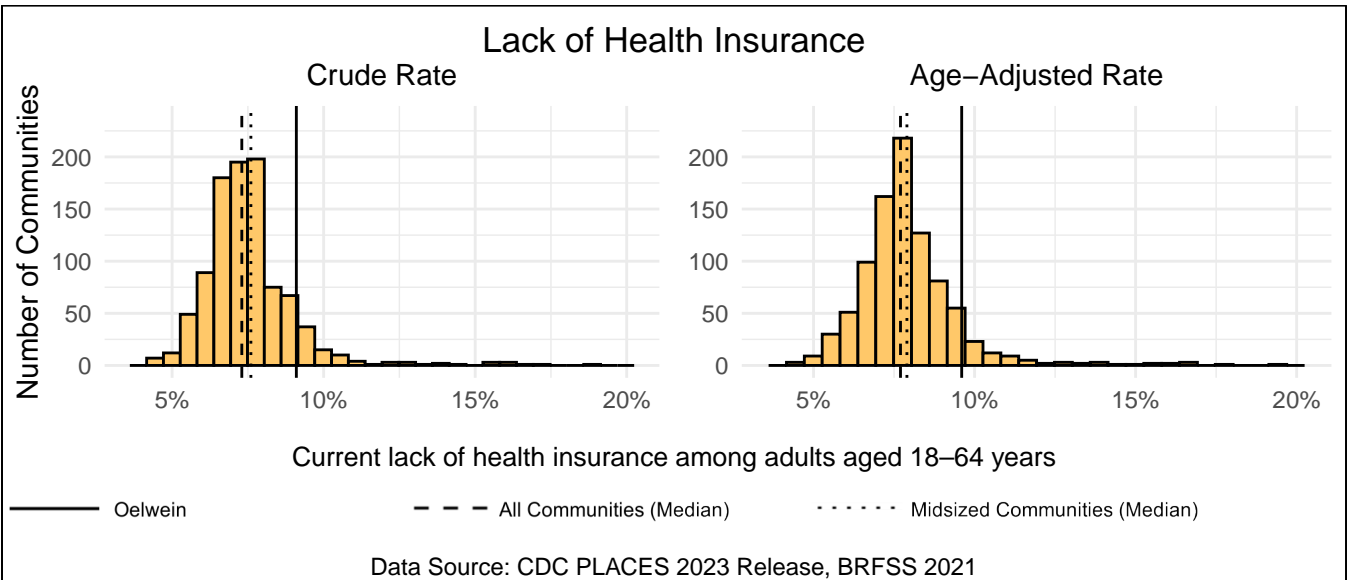
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Oelwein has a crude rate of 9.1% for current lack of health insurance among adults aged 18–64 years, which ranks 861st out of 958 Iowa communities (77th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 9.6%, which ranks 819th out of 905 Iowa communities (79th out of 102 mid-sized communities).

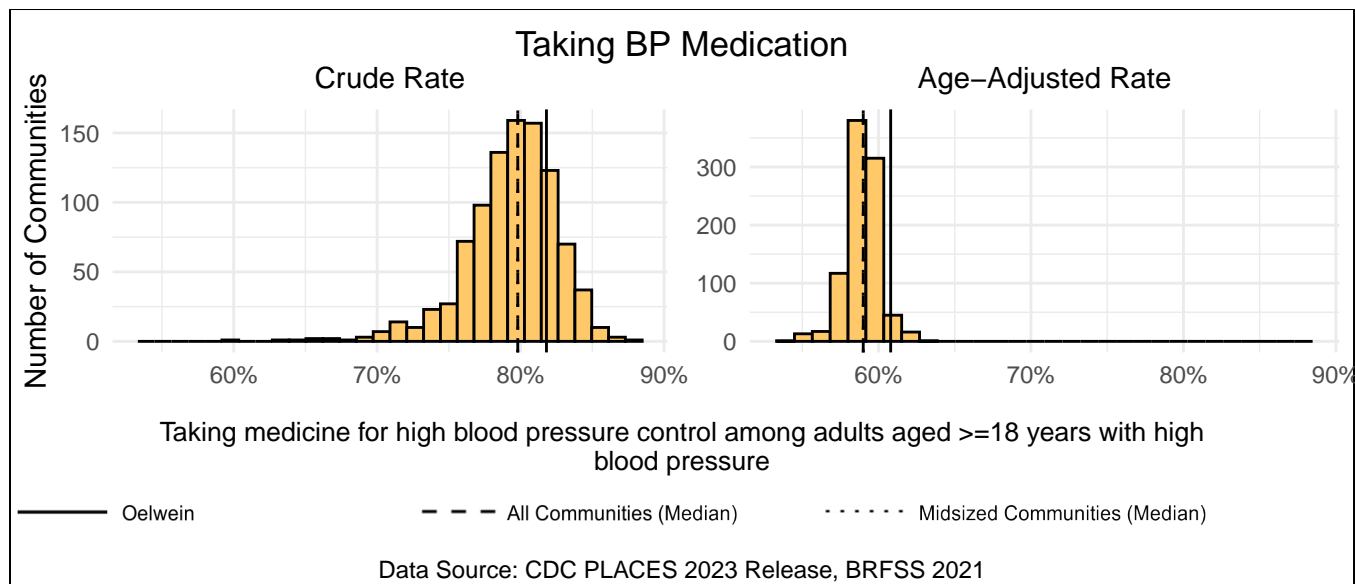
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	9.1%	7.3%	7.6%
Age-Adjusted	9.6%	7.7%	7.9%



Taking BP Medication

Oelwein has a crude rate of 81.8% for taking medicine for high blood pressure control among adults aged ≥ 18 years with high blood pressure, which ranks 190th out of 958 Iowa communities (11th out of 102 midsize communities). The age-adjusted rate for Oelwein is 60.8%, which ranks 39th out of 905 Iowa communities (7th out of 102 midsize communities).

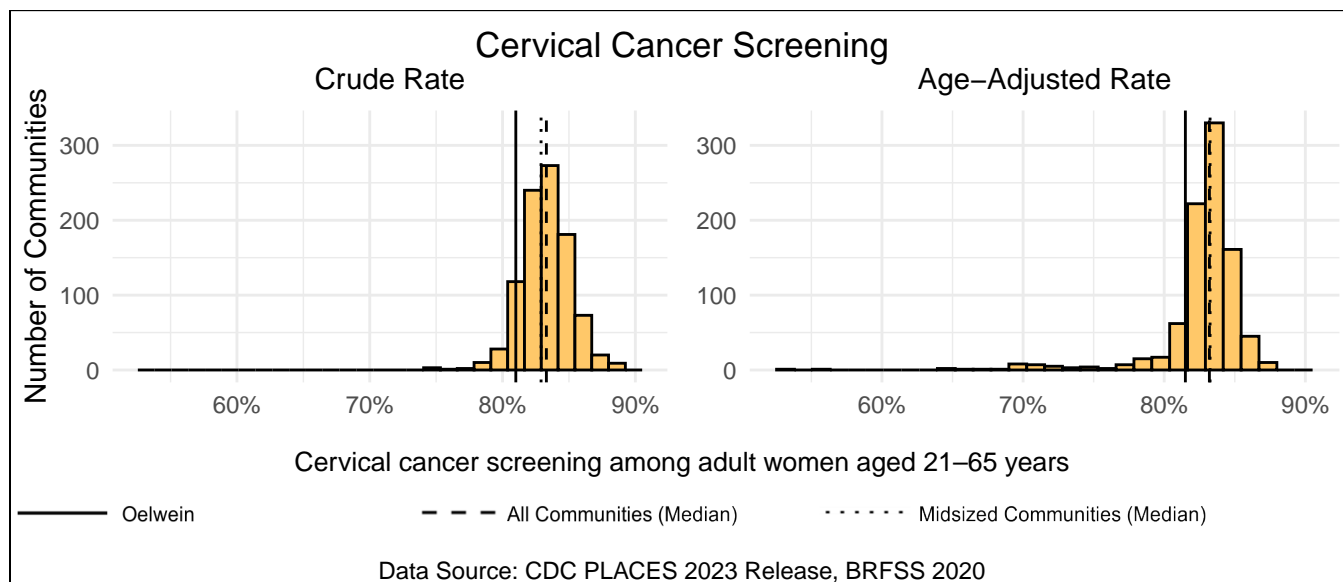
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	81.8%	79.8%	79.8%
Age-Adjusted	60.8%	59.0%	59.0%



Cervical Cancer Screening

Oelwein has a crude rate of 81.0% for cervical cancer screening among adult women aged 21–65 years, which ranks 863rd out of 958 Iowa communities (85th out of 102 midsize communities). The age-adjusted rate for Oelwein is 81.5%, which ranks 777th out of 905 Iowa communities (86th out of 102 midsize communities).

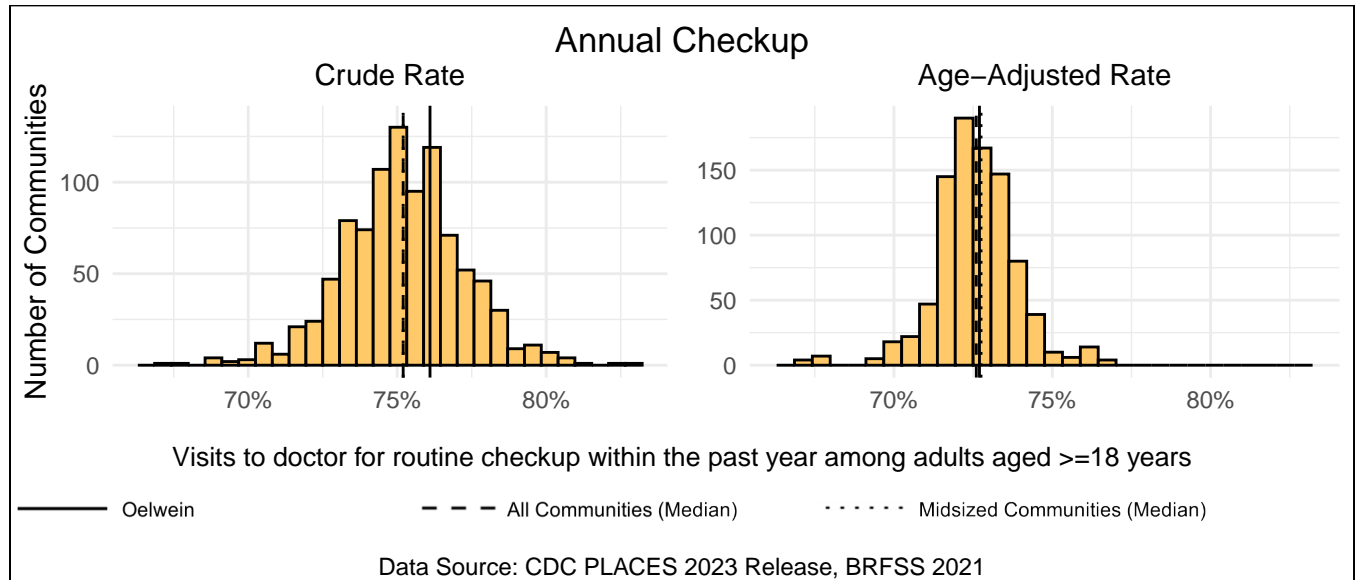
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	81.0%	83.3%	82.9%
Age-Adjusted	81.5%	83.2%	83.2%



Annual Checkup

Oelwein has a crude rate of 76.1% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 291st out of 958 Iowa communities (25th out of 102 midsize communities). The age-adjusted rate for Oelwein is 72.7%, which ranks 396th out of 905 Iowa communities (52nd out of 102 midsize communities).

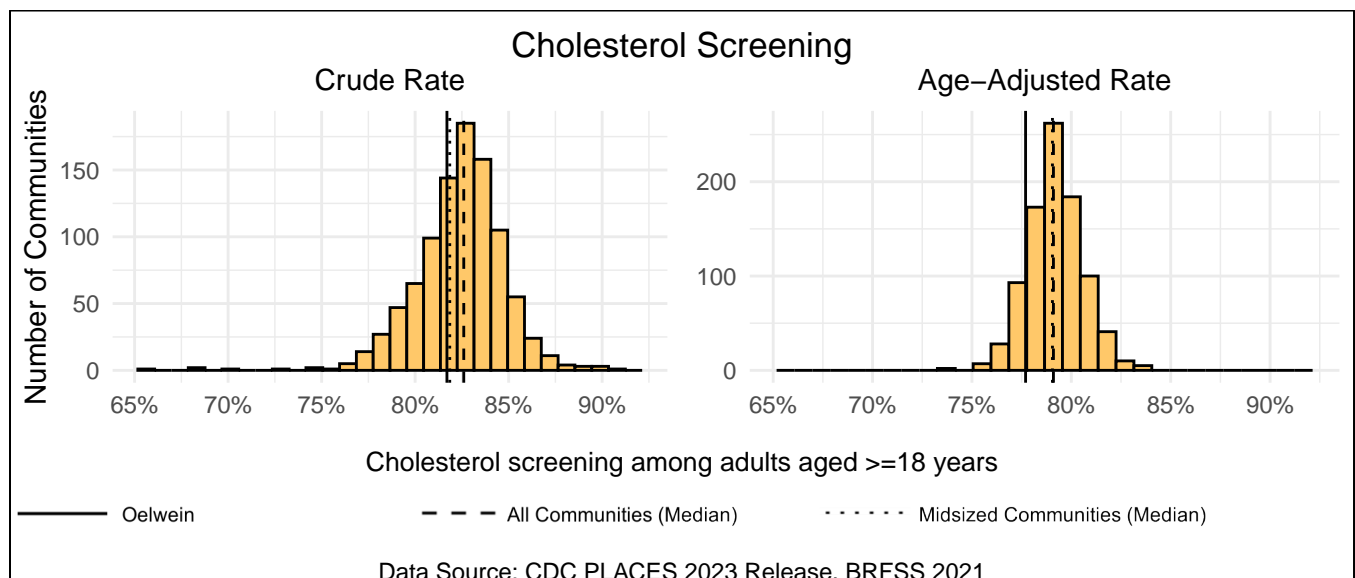
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	76.1%	75.2%	75.2%
Age-Adjusted	72.7%	72.6%	72.8%



Cholesterol Screening

Oelwein has a crude rate of 81.7% for cholesterol screening among adults aged ≥ 18 years, which ranks 632nd out of 958 Iowa communities (56th out of 102 midsize communities). The age-adjusted rate for Oelwein is 77.7%, which ranks 776th out of 905 Iowa communities (79th out of 102 midsize communities).

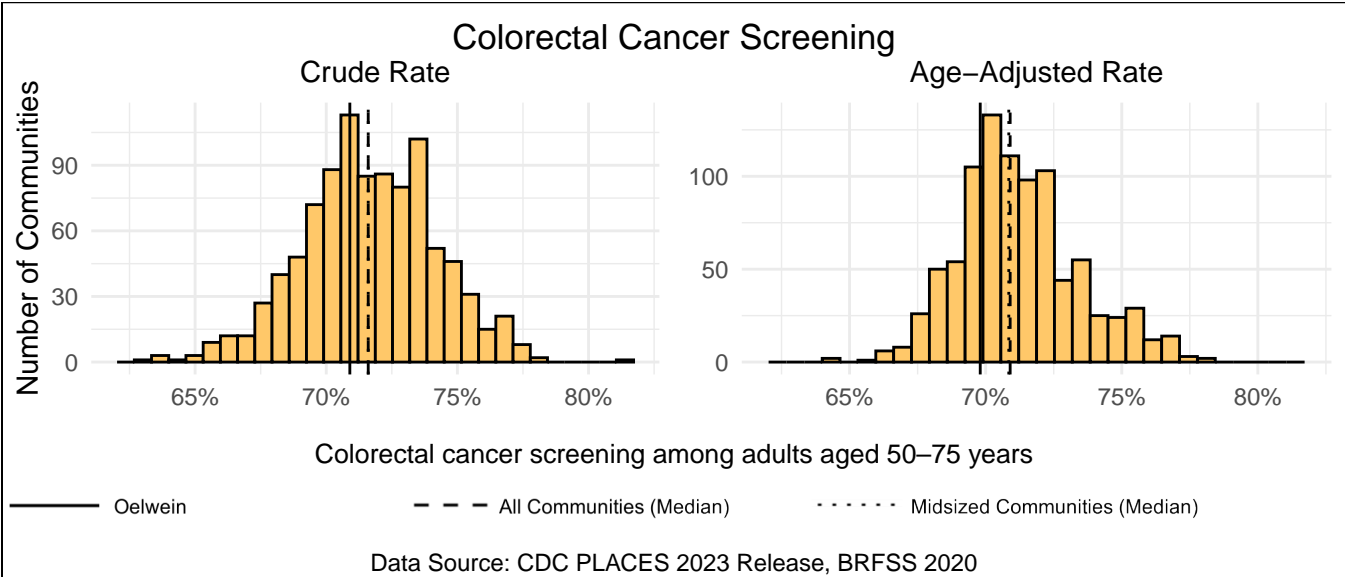
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	81.7%	82.6%	81.8%
Age-Adjusted	77.7%	79.1%	79.0%



Colorectal Cancer Screening

Oelwein has a crude rate of 70.9% for colorectal cancer screening among adults aged 50–75 years, which ranks 586th out of 958 Iowa communities (62nd out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 69.8%, which ranks 671st out of 905 Iowa communities (70th out of 102 mid-sized communities).

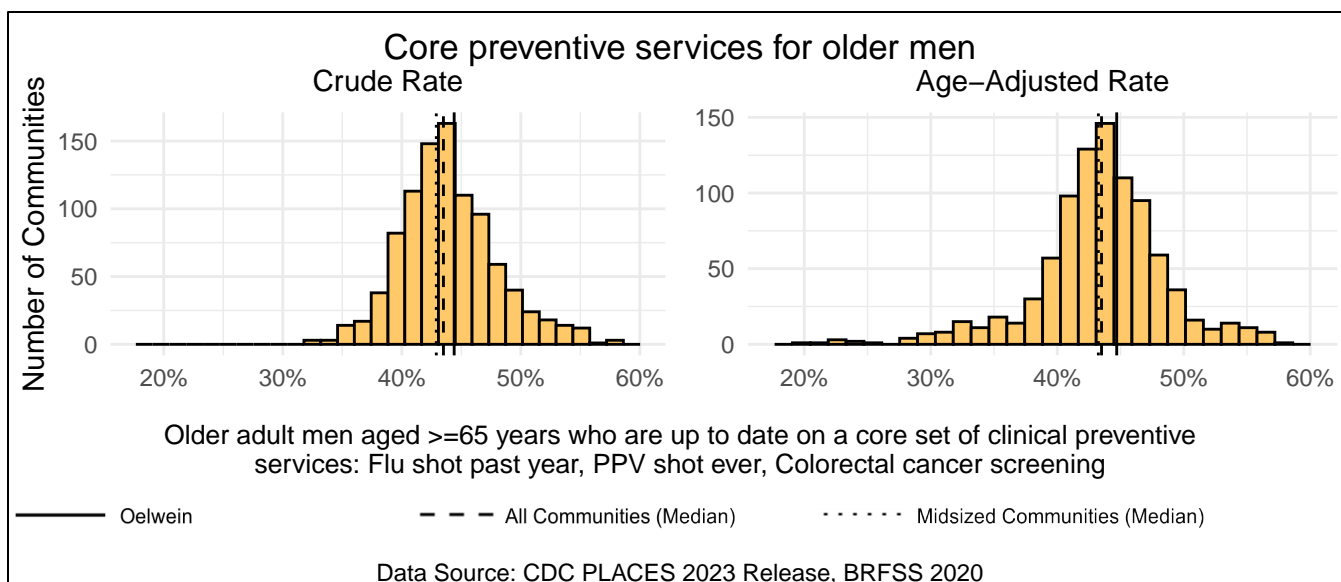
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	70.9%	71.6%	71.6%
Age-Adjusted	69.8%	70.9%	70.8%



Core preventive services for older men

Oelwein has a crude rate of 44.4% for older adult men aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 378th out of 958 Iowa communities (36th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 44.7%, which ranks 340th out of 905 Iowa communities (38th out of 102 mid-sized communities).

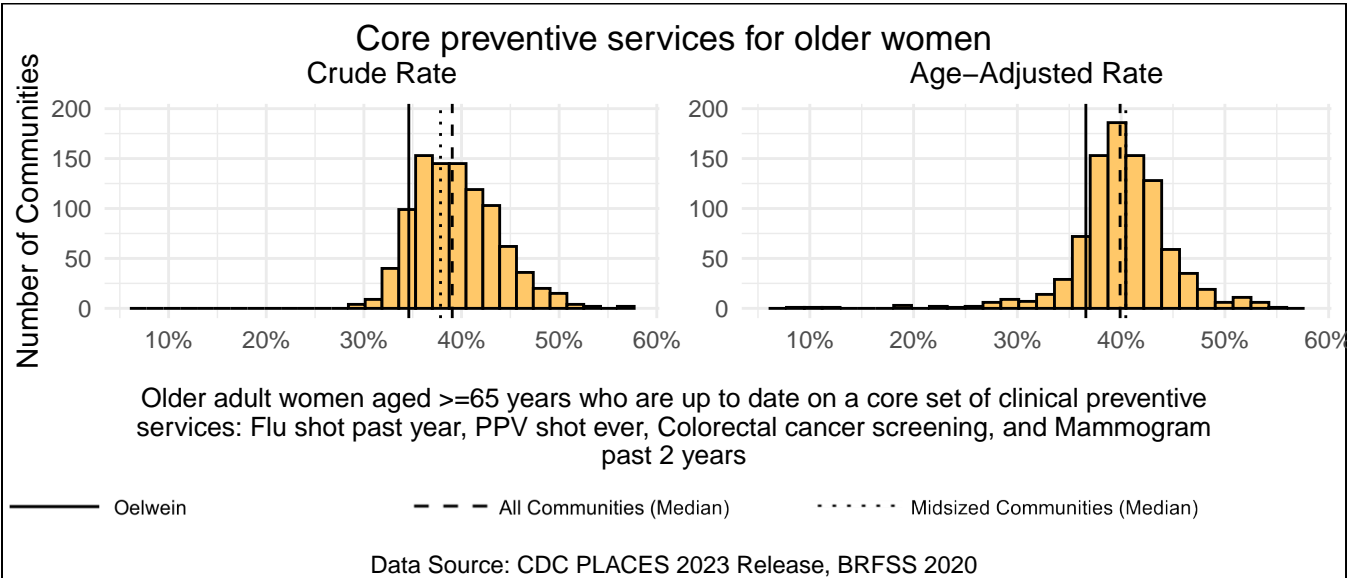
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	44.4%	43.5%	42.9%
Age-Adjusted	44.7%	43.5%	43.2%



Core preventive services for older women

Oelwein has a crude rate of 34.6% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 855th out of 958 Iowa communities (89th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 36.6%, which ranks 781st out of 905 Iowa communities (91st out of 102 mid-sized communities).

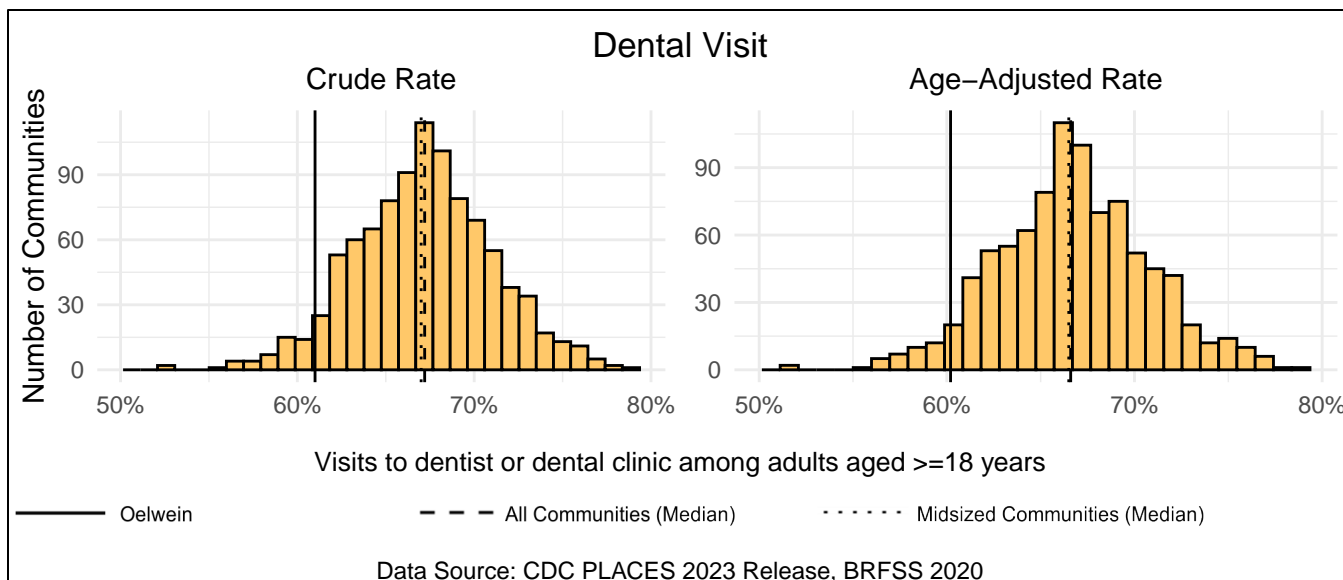
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	34.6%	39.0%	37.8%
Age-Adjusted	36.6%	39.9%	40.4%



Dental Visit

Oelwein has a crude rate of 61.0% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 910th out of 958 Iowa communities (86th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 60.2%, which ranks 865th out of 905 Iowa communities (86th out of 102 mid-sized communities).

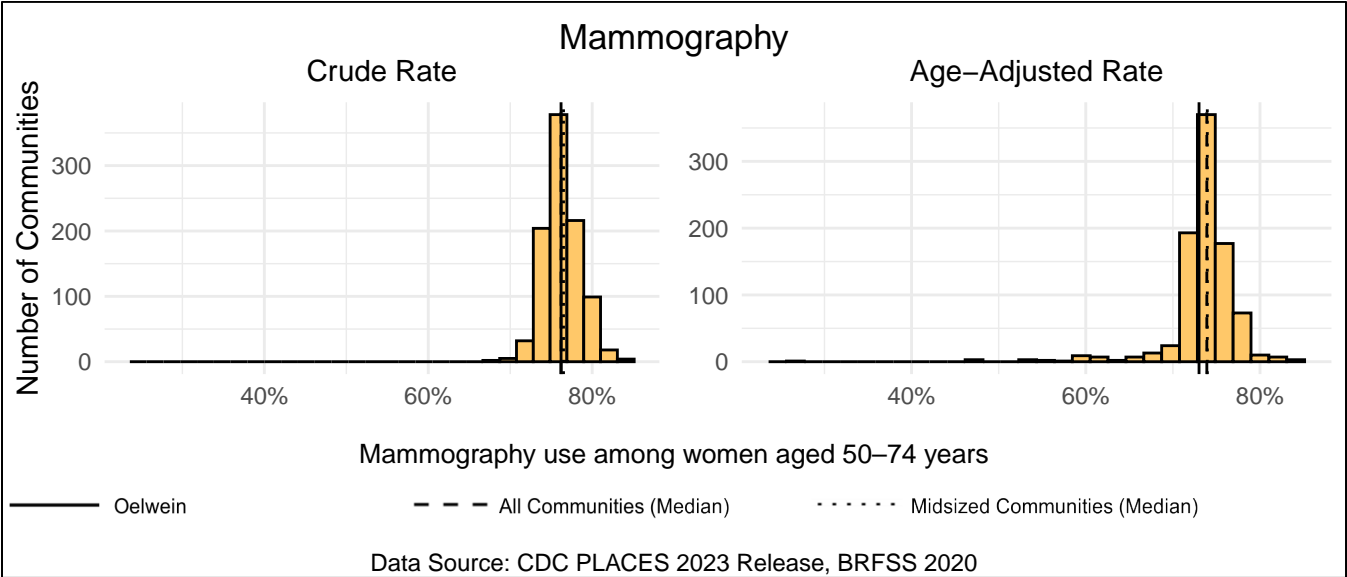
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	61.0%	67.2%	67.0%
Age-Adjusted	60.2%	66.6%	66.5%



Mammography

Oelwein has a crude rate of 76.2% for mammography use among women aged 50–74 years, which ranks 467th out of 958 Iowa communities (58th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 73.0%, which ranks 615th out of 905 Iowa communities (71st out of 102 mid-sized communities).

Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	76.2%	76.2%	76.5%
Age-Adjusted	73.0%	73.9%	74.0%



Disability

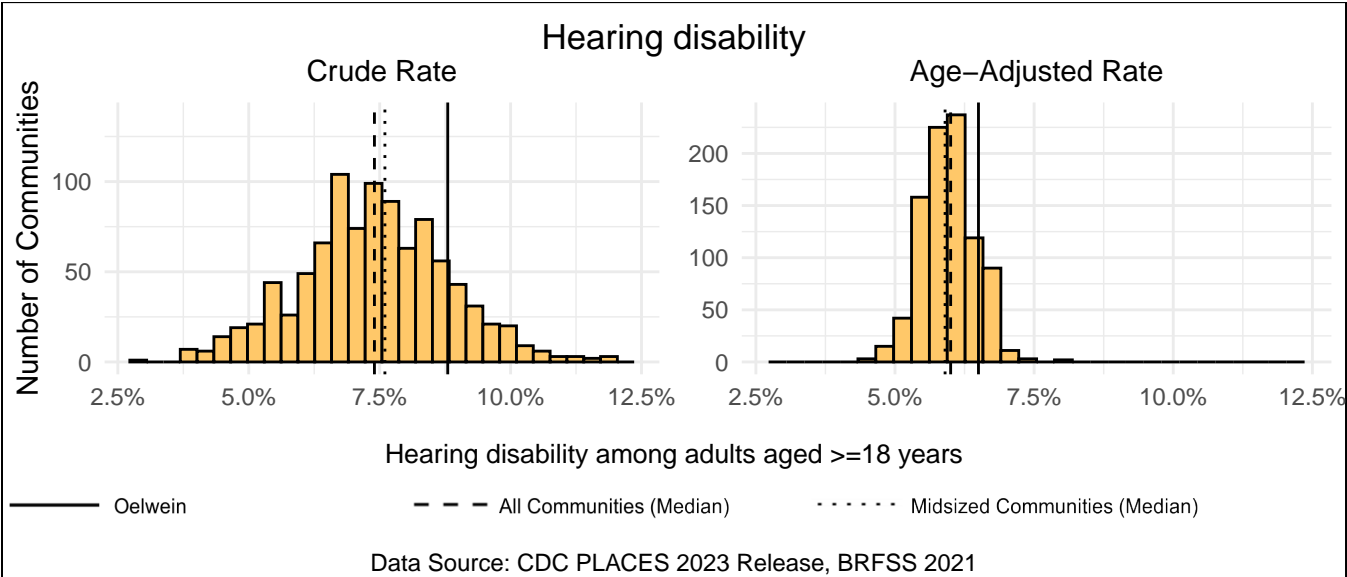
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Oelwein has a crude rate of 8.8% for hearing disability among adults aged ≥ 18 years, which ranks 802nd out of 958 Iowa communities (85th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 6.5%, which ranks 766th out of 905 Iowa communities (81st out of 102 mid-sized communities).

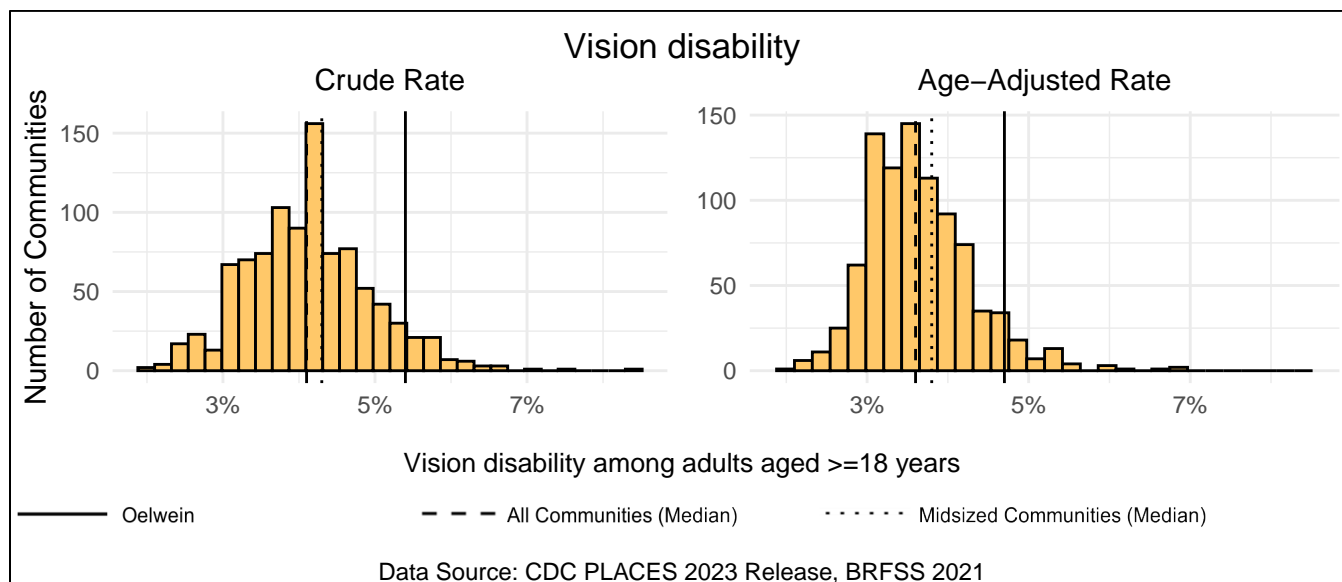
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	8.8%	7.4%	7.6%
Age-Adjusted	6.5%	6.0%	5.9%



Vision disability

Oelwein has a crude rate of 5.4% for vision disability among adults aged ≥ 18 years, which ranks 890th out of 958 Iowa communities (83rd out of 102 midsize communities). The age-adjusted rate for Oelwein is 4.7%, which ranks 837th out of 905 Iowa communities (80th out of 102 midsize communities).

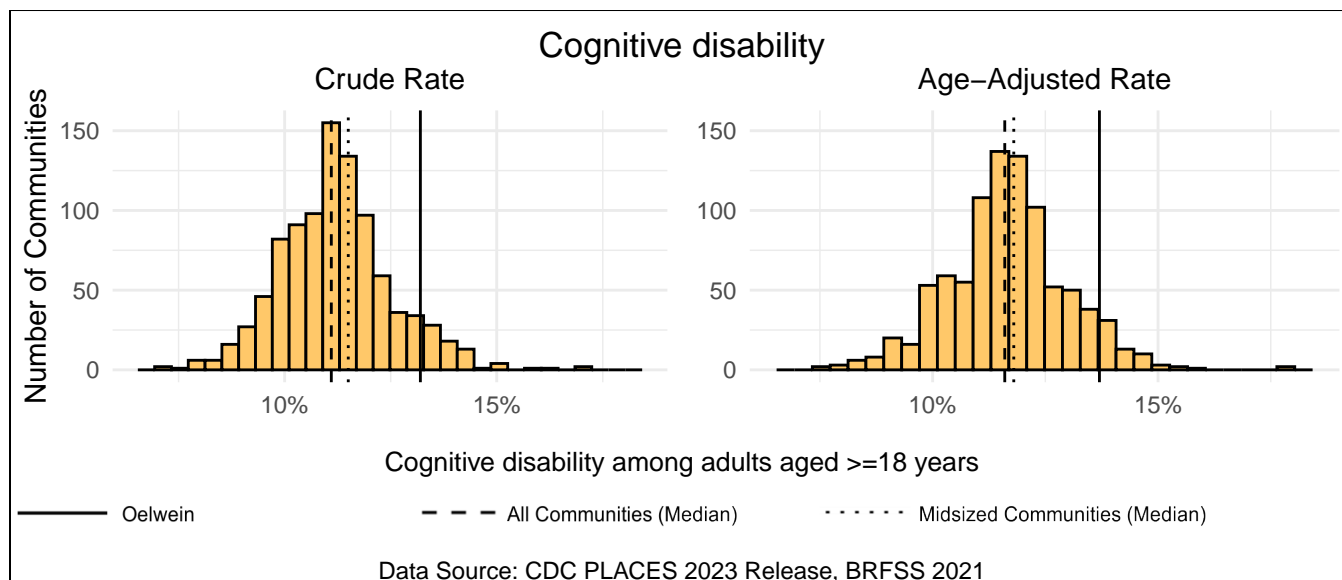
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	5.4%	4.1%	4.3%
Age-Adjusted	4.7%	3.6%	3.8%



Cognitive disability

Oelwein has a crude rate of 13.2% for cognitive disability among adults aged ≥ 18 years, which ranks 881st out of 958 Iowa communities (83rd out of 102 midsize communities). The age-adjusted rate for Oelwein is 13.7%, which ranks 844th out of 905 Iowa communities (85th out of 102 midsize communities).

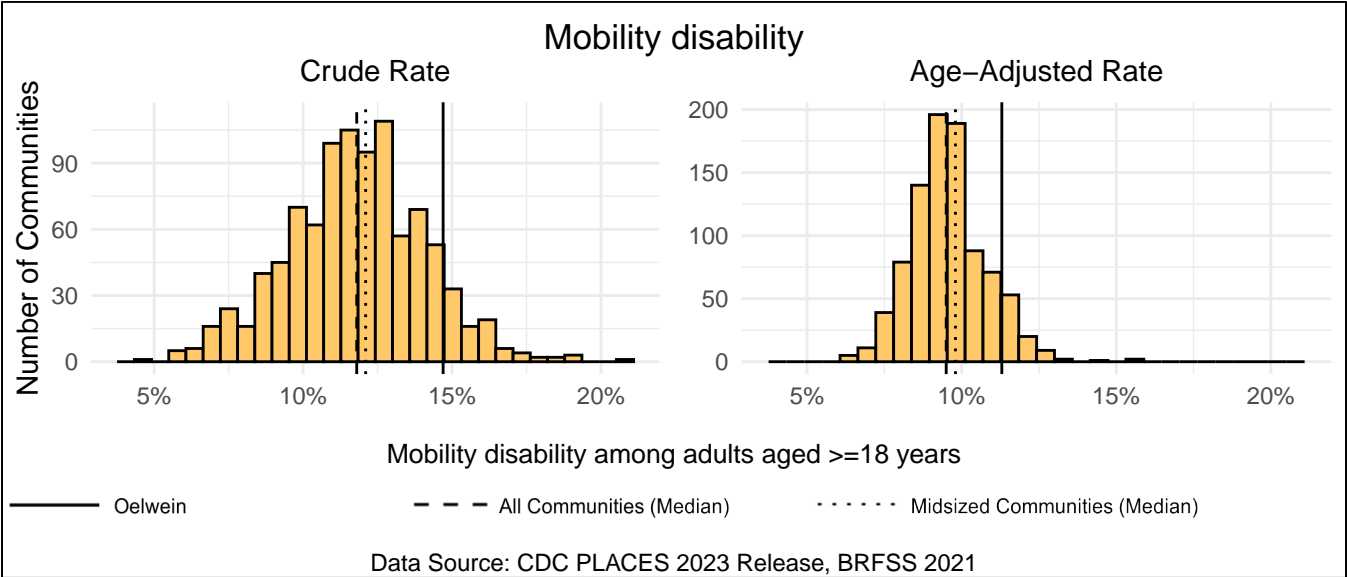
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	13.2%	11.1%	11.5%
Age-Adjusted	13.7%	11.6%	11.8%



Mobility disability

Oelwein has a crude rate of 14.7% for mobility disability among adults aged ≥ 18 years, which ranks 865th out of 958 Iowa communities (87th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 11.3%, which ranks 819th out of 905 Iowa communities (81st out of 102 mid-sized communities).

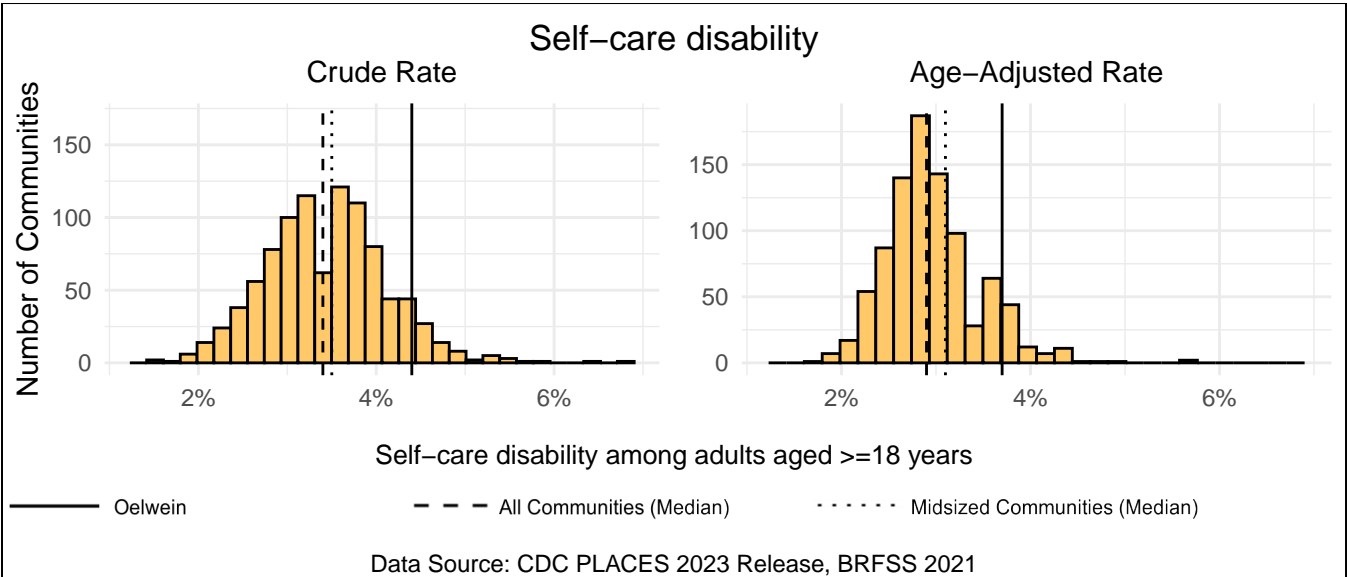
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	14.7%	11.8%	12.1%
Age-Adjusted	11.3%	9.5%	9.8%



Self-care disability

Oelwein has a crude rate of 4.4% for self-care disability among adults aged ≥ 18 years, which ranks 875th out of 958 Iowa communities (85th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 3.7%, which ranks 827th out of 905 Iowa communities (81st out of 102 mid-sized communities).

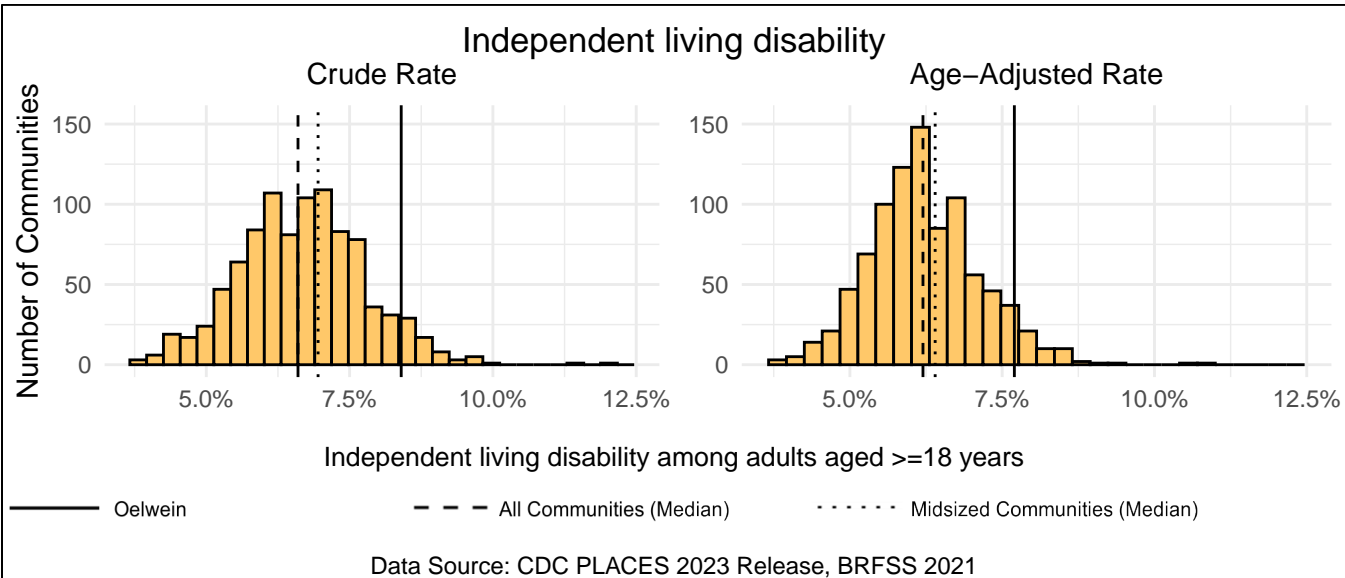
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	4.4%	3.4%	3.5%
Age-Adjusted	3.7%	2.9%	3.1%



Independent living disability

Oelwein has a crude rate of 8.4% for independent living disability among adults aged ≥ 18 years, which ranks 894th out of 958 Iowa communities (87th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 7.7%, which ranks 844th out of 905 Iowa communities (86th out of 102 mid-sized communities).

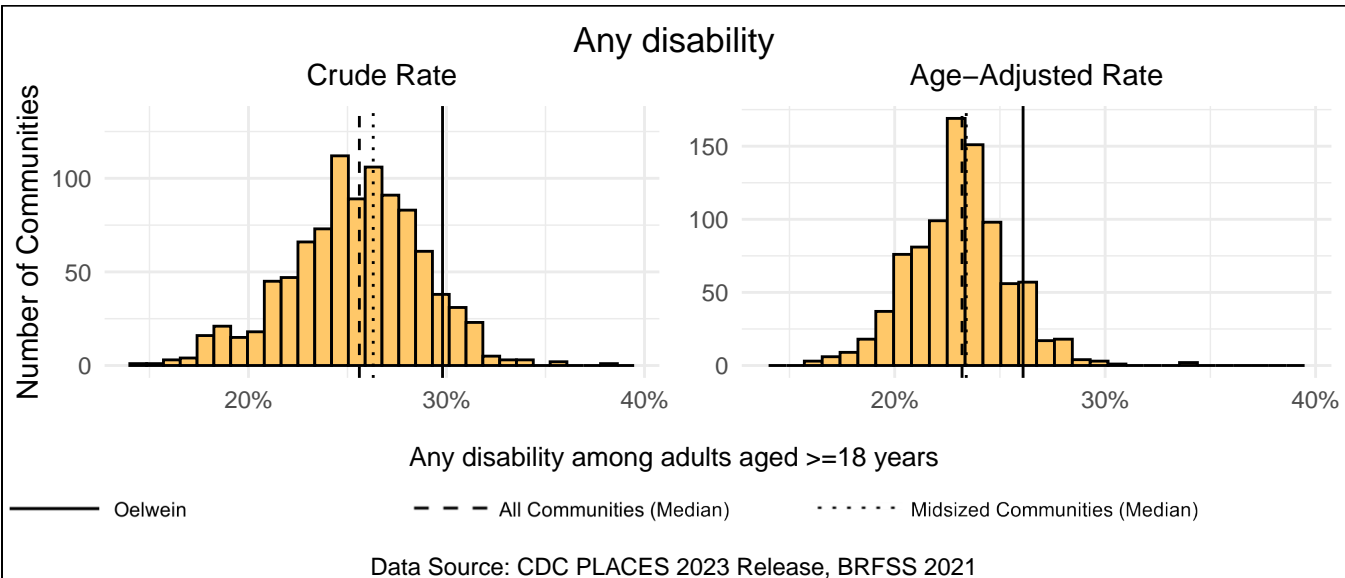
Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	8.4%	6.6%	7.0%
Age-Adjusted	7.7%	6.2%	6.4%



Any disability

Oelwein has a crude rate of 29.8% for any disability among adults aged ≥ 18 years, which ranks 871st out of 958 Iowa communities (85th out of 102 mid-sized communities). The age-adjusted rate for Oelwein is 26.1%, which ranks 814th out of 905 Iowa communities (82nd out of 102 mid-sized communities).

Measure Type	Oelwein	All Comm.	Midsized Comm.
Crude	29.8%	25.6%	26.3%
Age-Adjusted	26.1%	23.2%	23.4%



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Oelwein PLACES Data

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	Mental Health	809	15.4% (13.4% - 17.7%)	859	17.1% (14.8% - 19.5%)
Health Status	General Health	890	17.5% (15.0% - 20.3%)	828	15.5% (13.3% - 18.0%)
Health Status	Physical Health	867	12.4% (10.7% - 14.3%)	816	11.1% (9.6% - 12.8%)
Health Risk Behaviors	Current Smoking	818	18.9% (15.5% - 22.4%)	822	20.3% (16.6% - 24.3%)
Health Risk Behaviors	Binge Drinking	110	17.2% (14.1% - 20.5%)	46	20.1% (16.7% - 23.9%)
Health Risk Behaviors	Physical Inactivity	913	31.1% (26.2% - 36.4%)	861	28.8% (23.9% - 33.8%)
Health Risk Behaviors	Sleep <7 hours	224	29.1% (28.1% - 30.1%)	265	30.4% (29.2% - 31.5%)
Health Outcomes	Obesity	882	41.1% (33.8% - 48.6%)	865	41.8% (34.2% - 49.7%)
Health Outcomes	Current Asthma	868	9.9% (8.6% - 11.2%)	831	10.1% (8.9% - 11.5%)
Health Outcomes	Stroke	832	4.0% (3.5% - 4.5%)	835	3.0% (2.6% - 3.3%)
Health Outcomes	Depression	648	18.6% (15.3% - 22.4%)	733	20.0% (16.5% - 23.9%)
Health Outcomes	Arthritis	679	29.7% (25.7% - 34.0%)	652	23.9% (20.4% - 27.6%)
Health Outcomes	High Cholesterol	695	37.8% (33.4% - 42.7%)	634	30.3% (25.9% - 34.9%)
Health Outcomes	Coronary Heart Disease	811	7.8% (6.9% - 8.8%)	759	5.5% (4.9% - 6.3%)
Health Outcomes	Cancer (except skin)	682	8.8% (7.9% - 9.7%)	74	6.4% (5.8% - 7.1%)
Health Outcomes	Diabetes	862	12.0% (10.3% - 13.9%)	839	9.5% (8.0% - 11.0%)
Health Outcomes	All Teeth Lost	885	16.5% (11.9% - 21.7%)	834	16.0% (11.9% - 20.5%)
Health Outcomes	High Blood Pressure	824	36.1% (31.9% - 40.4%)	865	29.9% (25.9% - 34.0%)
Health Outcomes	Chronic Kidney Disease	787	3.7% (3.4% - 4.1%)	762	2.8% (2.6% - 3.1%)
Health Outcomes	COPD	878	9.1% (7.6% - 10.7%)	822	7.4% (6.3% - 8.6%)
Prevention	Taking BP Medication	190	81.8% (78.8% - 84.5%)	39	60.8% (55.7% - 65.7%)
Prevention	Core preventive services for older men	378	44.4% (37.7% - 51.2%)	340	44.7% (38.2% - 51.1%)
Prevention	Health Insurance	861	9.1% (7.2% - 11.1%)	819	9.6% (7.7% - 11.8%)
Prevention	Colorectal Cancer Screening	586	70.9% (68.7% - 73.3%)	671	69.8% (67.4% - 72.2%)
Prevention	Cholesterol Screening	632	81.7% (78.7% - 84.6%)	776	77.7% (74.3% - 81.2%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Cervical Cancer Screening	863	81.0% (79.0% - 83.1%)	777	81.5% (79.5% - 83.4%)
Prevention	Dental Visit	910	61.0% (57.9% - 63.9%)	865	60.2% (57.1% - 63.2%)
Prevention	Mammography	467	76.2% (72.9% - 79.2%)	615	73.0% (69.6% - 76.5%)
Prevention	Annual Checkup	291	76.1% (71.3% - 80.4%)	396	72.7% (67.6% - 77.5%)
Prevention	Core preventive services for older women	855	34.6% (28.9% - 40.4%)	781	36.6% (30.8% - 42.3%)
Disability	Self-care Disability	875	4.4% (3.8% - 5.1%)	827	3.7% (3.3% - 4.2%)
Disability	Independent Living Disability	894	8.4% (7.2% - 9.8%)	844	7.7% (6.6% - 8.8%)
Disability	Hearing Disability	802	8.8% (7.7% - 9.9%)	766	6.5% (5.8% - 7.3%)
Disability	Any Disability	871	29.8% (25.8% - 34.1%)	814	26.1% (22.4% - 30.3%)
Disability	Cognitive Disability	881	13.2% (11.3% - 15.3%)	844	13.7% (11.7% - 15.9%)
Disability	Mobility Disability	865	14.7% (12.5% - 17.0%)	819	11.3% (9.6% - 13.0%)
Disability	Vision Disability	890	5.4% (4.6% - 6.2%)	837	4.7% (4.1% - 5.3%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

Appendix 3: Midsized Communities (2,500-9,999)

Oelwein falls into the group of midsized communities, which have a population of 2,500-9,999. In this data, 102 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

Community	Population	Community	Population	Community	Population
Keokuk	9,868	Red Oak	5,563	Dyersville	4,318
Grinnell	9,511	DeWitt	5,508	Forest City	4,254
Fairfield	9,474	Anamosa	5,493	Chariton	4,203
Mount Pleasant	9,214	Osceola	5,455	Jefferson	4,190
Denison	8,316	Algona	5,443	Carlisle	4,116
Sioux Center	8,227	Sheldon	5,417	Rock Valley	4,045
Perry	7,875	Spirit Lake	5,409	Monticello	4,034
Webster City	7,787	Centerville	5,393	Cresco	3,899
Clear Lake	7,642	Clarinda	5,371	West Liberty	3,821
Bondurant	7,617	Winterset	5,366	Waukon	3,818
Decorah	7,611	Windsor Heights	5,200	Carter Lake	3,780
Knoxville	7,523	Cherokee	5,154	Albia	3,705
Creston	7,519	Glenwood	5,128	Emmetsburg	3,671
Charles City	7,364	Manchester	5,112	Osage	3,590
Washington	7,329	Iowa Falls	5,095	Eagle Grove	3,589
Hiawatha	7,179	Sergeant Bluff	5,007	New Hampton	3,473
Nevada	6,933	Vinton	4,953	Robins	3,356
Atlantic	6,770	Shenandoah	4,930	Story City	3,352
Eldridge	6,693	Harlan	4,897	Williamsburg	3,332
Orange City	6,278	Tiffin	4,845	Milford	3,295
Maquoketa	6,123	Humboldt	4,774	West Burlington	3,184
Independence	6,106	Le Claire	4,679	Tipton	3,130
Adel	6,090	Evansdale	4,561	Tama	3,073
Oelwein	5,934	Camanche	4,546	Garner	3,065
Asbury	5,890	Mount Vernon	4,529	Solon	3,020
Estherville	5,881	Huxley	4,331	Wilton	2,939
Polk City	5,604	Hampton	4,328	Onawa	2,876

Community	Population
Saylorville	2,837
Park View	2,835
Sibley	2,830
Fairfax	2,814
Marengo	2,812
Clarion	2,799
Grundy Center	2,792
Madrid	2,784
Missouri Valley	2,692
Bloomfield	2,687
Hawarden	2,673
Postville	2,653
Eldora	2,645
Kalona	2,637
Rock Rapids	2,631
Center Point	2,573
Hudson	2,557
Belmond	2,512
Mitchellville	2,506
West Branch	2,503
Jesup	2,502
