



Iowa Community Health Snapshot Series

*275 community reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



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By Matthew Voss & Shawn Dorius

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Iowa Community Health Snapshot Series

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Health in Nevada: Overview

Dear Community Members & Stakeholders of Nevada,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partnership with Iowa State University's Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Nevada ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Nevada's strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all Iowa communities and communities of similar size to Nevada. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

Strengths

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community's strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

| Crude | | | Age-Adjusted | | |
|--|--------------------------|-------------------------|--|--------------------------|-------------------------|
| Health Domain | Statewide Community Rank | Midsized Community Rank | Health Domain | Statewide Community Rank | Midsized Community Rank |
| Core preventive services for older men | 25th | 6th | Core preventive services for older women | 16th | 5th |
| Core preventive services for older women | 28th | 4th | Core preventive services for older men | 27th | 7th |
| Obesity | 45th | 9th | Obesity | 37th | 9th |
| Physical Inactivity | 66th | 15th | Sleep <7 hours | 38th | 8th |
| Sleep <7 hours | 71st | 12th | Physical Inactivity | 54th | 13th |

Opportunities

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

| Crude | | | Age-Adjusted | | |
|-----------------------|--------------------------------|-------------------------------|----------------------|--------------------------------|-------------------------------|
| Health Domain | Statewide Community Rank | Midsized Community Rank | Health Domain | Statewide Community Rank | Midsized Community Rank |
| Binge Drinking | 799th | 82nd | Taking BP Medication | 660th | 78th |
| Taking BP Medication | 795th | 78th | Binge Drinking | 648th | 78th |
| Depression | 778th | 78th | Depression | 598th | 64th |
| Annual Checkup | 668th | 71st | Cancer (except skin) | 418th | 41st |
| Cholesterol Screening | 568th | 45th | Current Asthma | 330th | 33rd |

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Nevada.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

How to Use this Report

The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Nevada that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Nevada, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Nevada compares to the rest of the state and similarly-sized communities.

With a population of 6,933, Nevada’s similarly sized communities are defined as midsized communities. In Iowa, midsized communities have an average population of 4,787, and there are 102 communities that are considered midsized communities. To see all of the communities in this population group, please see Appendix 3 of this report.

| Group | Population Range | Number of Communities |
|------------|------------------|-----------------------|
| Large | 50,000+ | 11 |
| Mid-Large | 10,000-49,999 | 31 |
| Midsized | 2,500-9,999 | 102 |
| Small | 1,000-2,499 | 138 |
| Very Small | 0-999 | 676 |
| Total | | 958 |

Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community’s crude and age-adjusted rate estimates alongside their averages across all Iowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all Iowa communities and the dotted lines showing the average rate for similarly-sized communities.



Health Status

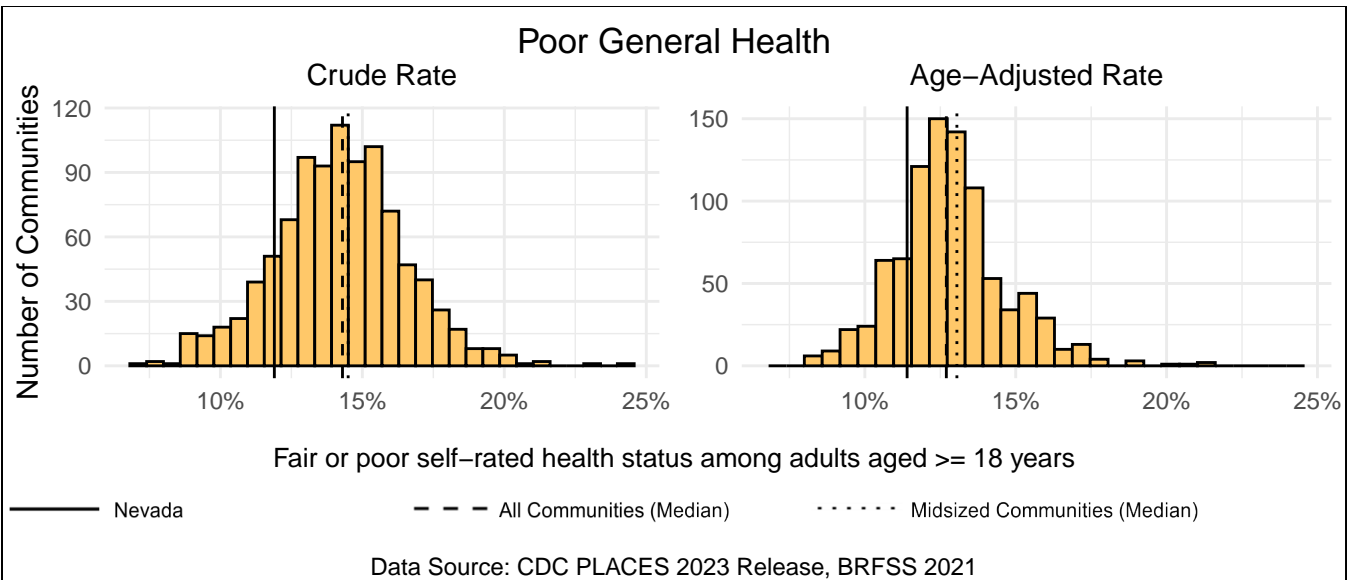
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Nevada has a crude rate of 11.9% for fair or poor self-rated health status among adults aged ≥ 18 years, which ranks 136th out of 958 Iowa communities (27th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 11.4%, which ranks 169th out of 905 Iowa communities (29th out of 102 midsized communities).

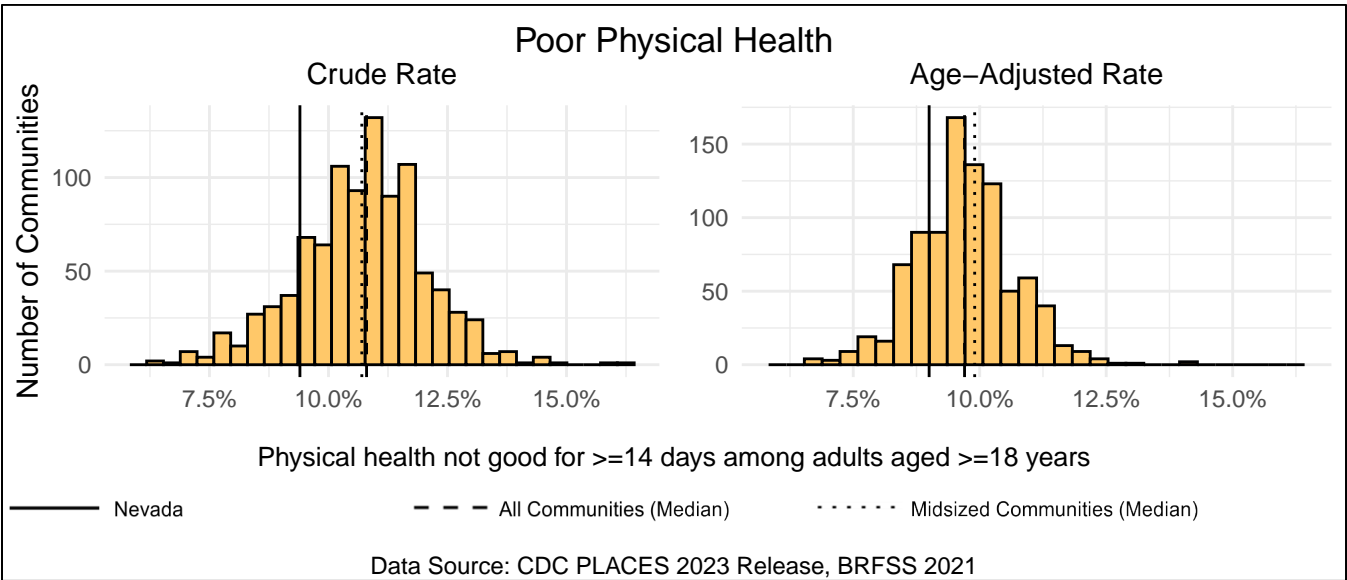
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 11.9% | 14.3% | 14.5% |
| Age-Adjusted | 11.4% | 12.7% | 13.0% |



Poor Physical Health

Nevada has a crude rate of 9.4% for physical health not good for >=14 days among adults aged >=18 years, which ranks 137th out of 958 Iowa communities (26th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 9.0%, which ranks 181st out of 905 Iowa communities (30th out of 102 mid-sized communities).

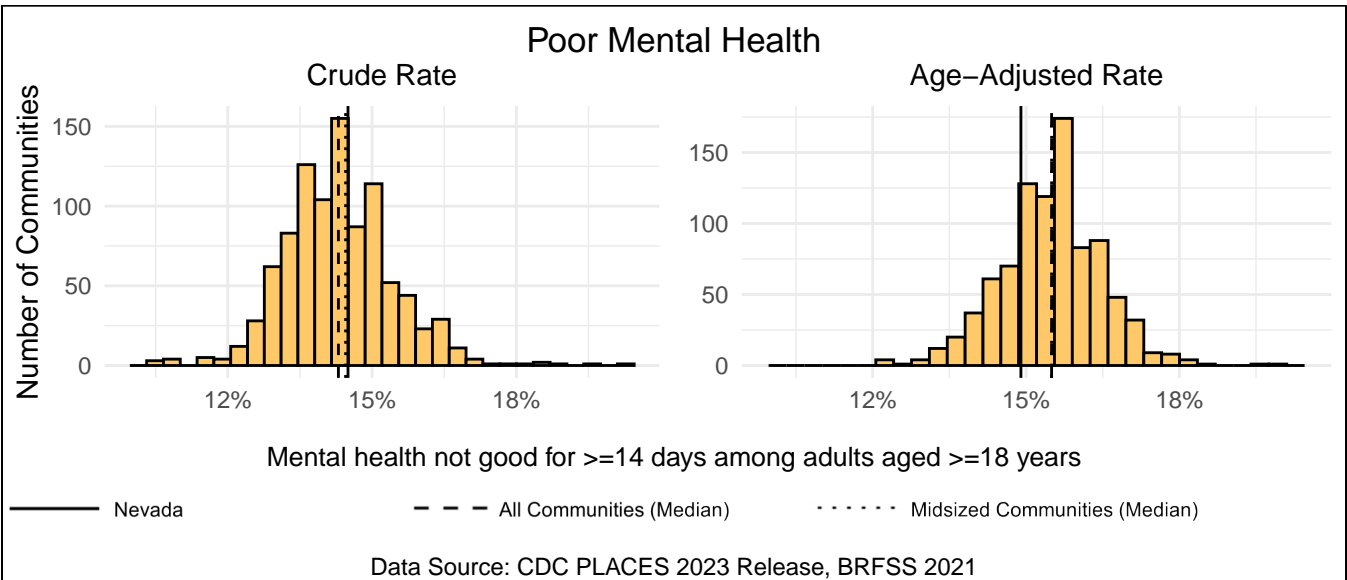
| Measure Type | Nevada | All Comm. | Mid-sized Comm. |
|--------------|--------|-----------|-----------------|
| Crude | 9.4% | 10.8% | 10.7% |
| Age-Adjusted | 9.0% | 9.7% | 9.9% |



Poor Mental Health

Nevada has a crude rate of 14.5% for mental health not good for >=14 days among adults aged >=18 years, which ranks 560th out of 958 Iowa communities (52nd out of 102 mid-sized communities). The age-adjusted rate for Nevada is 14.9%, which ranks 210th out of 905 Iowa communities (31st out of 102 mid-sized communities).

| Measure Type | Nevada | All Comm. | Mid-sized Comm. |
|--------------|--------|-----------|-----------------|
| Crude | 14.5% | 14.3% | 14.4% |
| Age-Adjusted | 14.9% | 15.5% | 15.5% |



Health Risk Behaviors

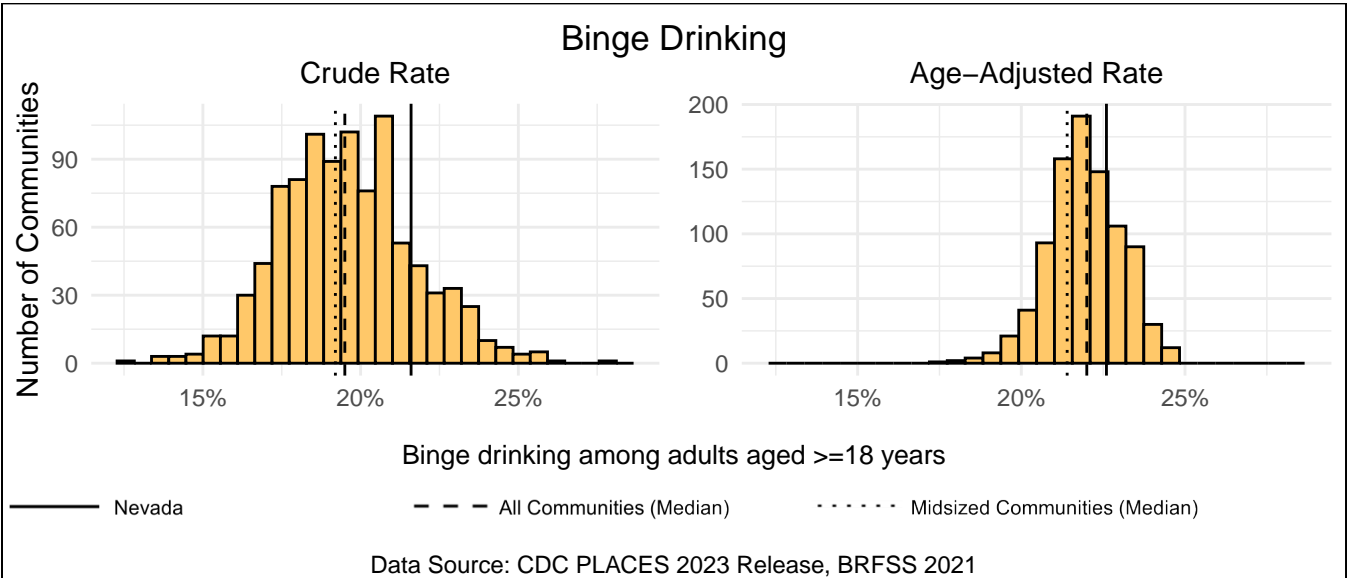
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Nevada has a crude rate of 21.6% for binge drinking among adults aged ≥ 18 years, which ranks 799th out of 958 Iowa communities (82nd out of 102 midsized communities). The age-adjusted rate for Nevada is 22.6%, which ranks 648th out of 905 Iowa communities (78th out of 102 midsized communities).

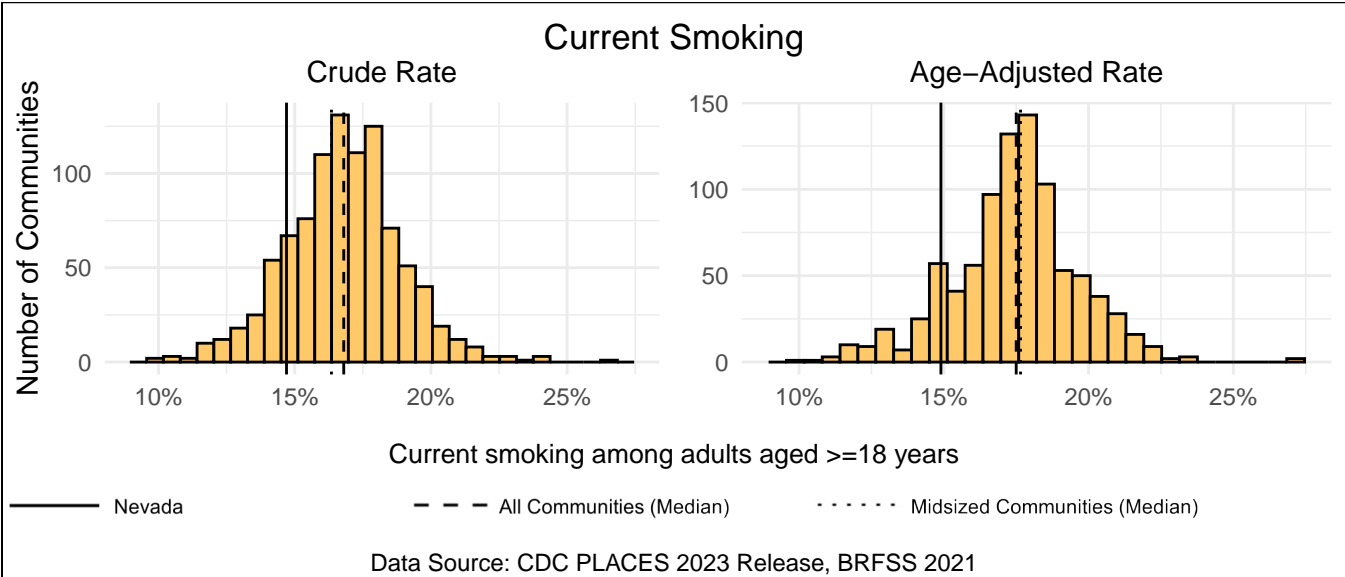
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 21.6% | 19.5% | 19.2% |
| Age-Adjusted | 22.6% | 22.0% | 21.4% |



Current Smoking

Nevada has a crude rate of 14.7% for current smoking among adults aged ≥ 18 years, which ranks 141st out of 958 Iowa communities (27th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 14.9%, which ranks 106th out of 905 Iowa communities (21st out of 102 mid-sized communities).

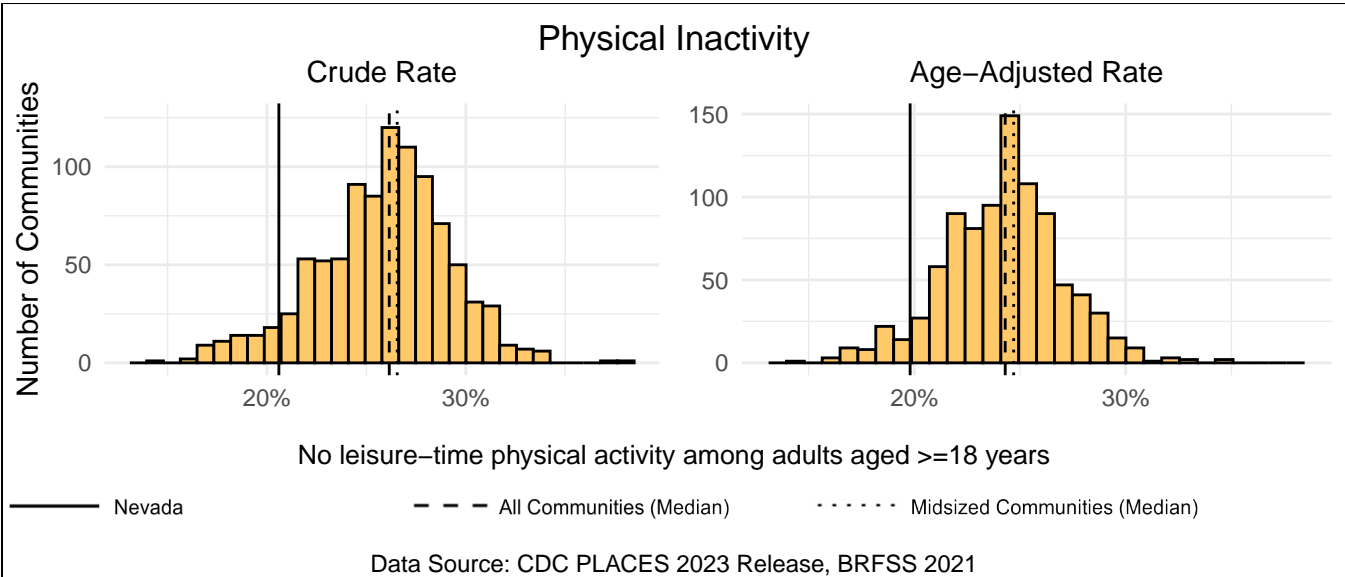
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 14.7% | 16.8% | 16.4% |
| Age-Adjusted | 14.9% | 17.5% | 17.6% |



Physical Inactivity

Nevada has a crude rate of 20.6% for no leisure-time physical activity among adults aged ≥ 18 years, which ranks 66th out of 958 Iowa communities (15th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 19.8%, which ranks 54th out of 905 Iowa communities (13th out of 102 mid-sized communities).

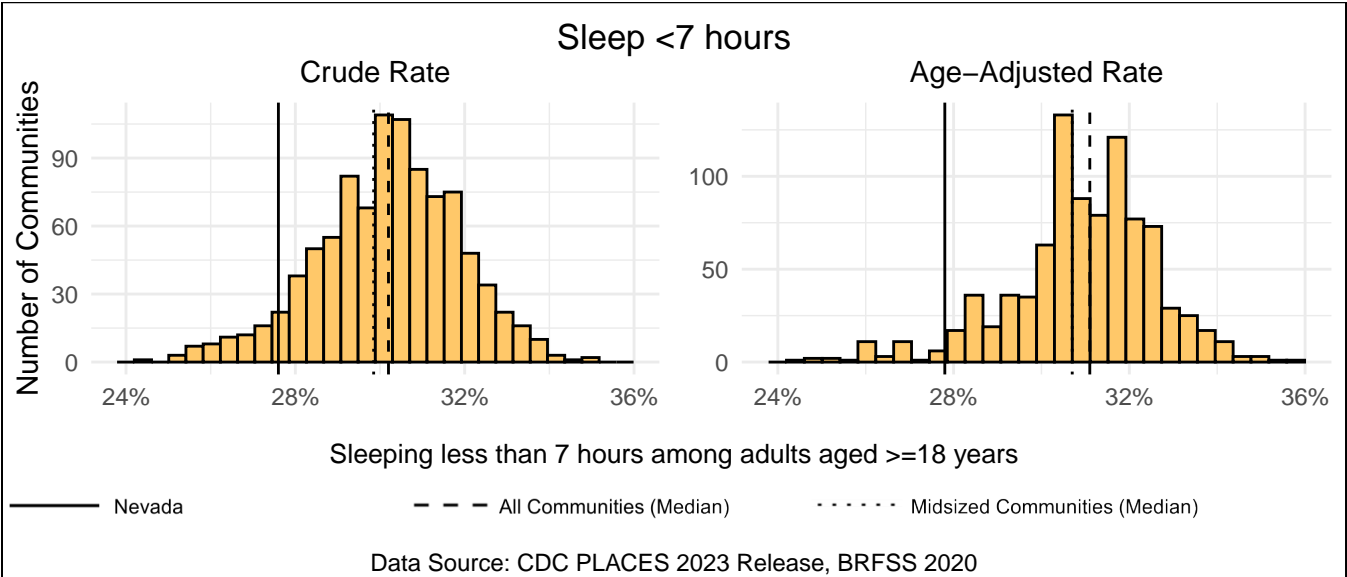
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 20.6% | 26.1% | 26.6% |
| Age-Adjusted | 19.8% | 24.3% | 24.7% |



Sleep <7 hours

Nevada has a crude rate of 27.6% for sleeping less than 7 hours among adults aged ≥ 18 years, which ranks 71st out of 958 Iowa communities (12th out of 102 midsize communities). The age-adjusted rate for Nevada is 27.8%, which ranks 38th out of 905 Iowa communities (8th out of 102 midsize communities).

| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 27.6% | 30.2% | 29.8% |
| Age-Adjusted | 27.8% | 31.1% | 30.7% |



Health Outcomes

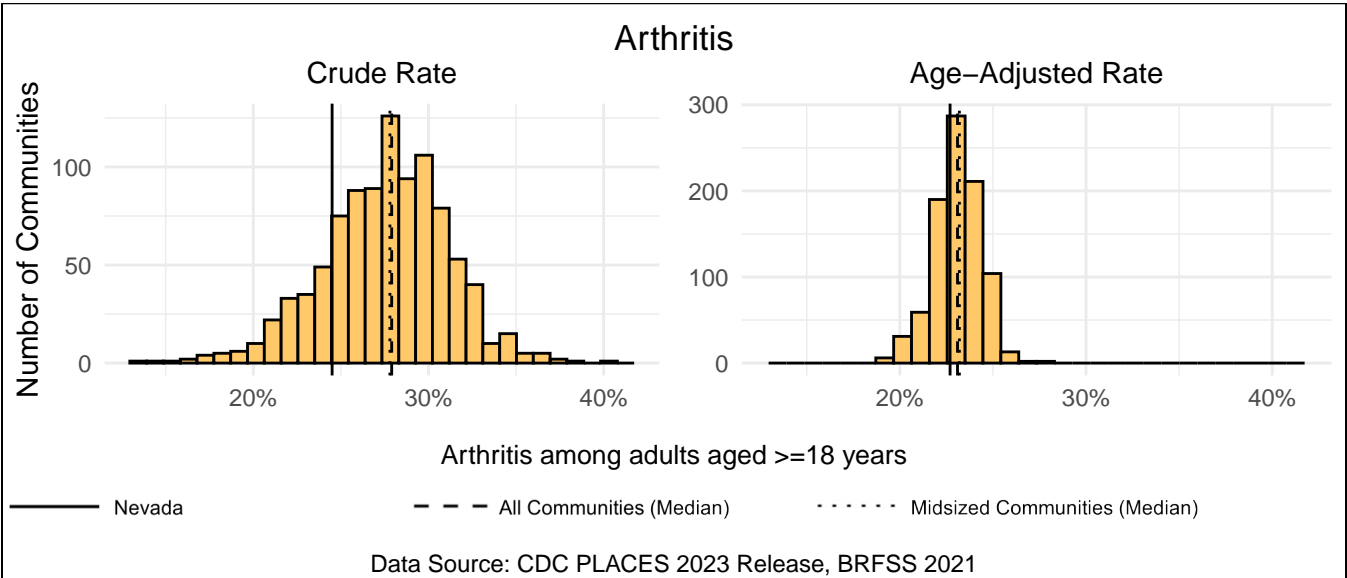
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Nevada has a crude rate of 24.5% for arthritis among adults aged ≥ 18 years, which ranks 170th out of 958 Iowa communities (25th out of 102 midsize communities). The age-adjusted rate for Nevada is 22.7%, which ranks 321st out of 905 Iowa communities (38th out of 102 midsize communities).

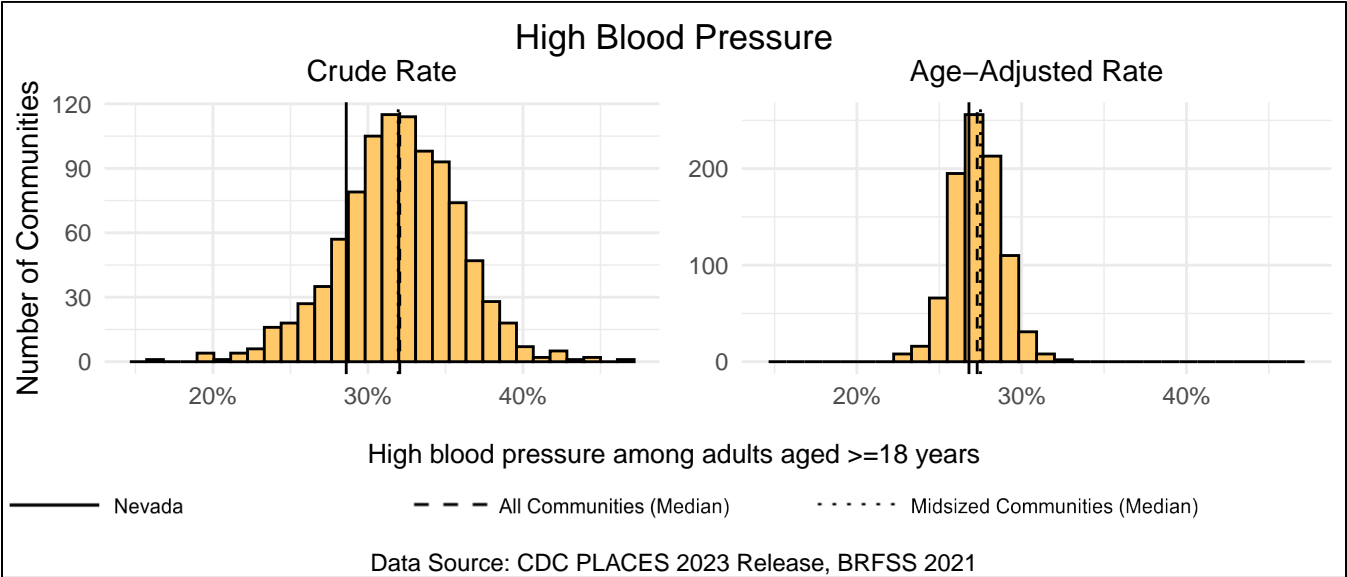
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 24.5% | 27.9% | 27.8% |
| Age-Adjusted | 22.7% | 23.1% | 23.2% |



High Blood Pressure

Nevada has a crude rate of 28.6% for high blood pressure among adults aged ≥ 18 years, which ranks 154th out of 958 Iowa communities (25th out of 102 midsize communities). The age-adjusted rate for Nevada is 26.8%, which ranks 319th out of 905 Iowa communities (37th out of 102 midsize communities).

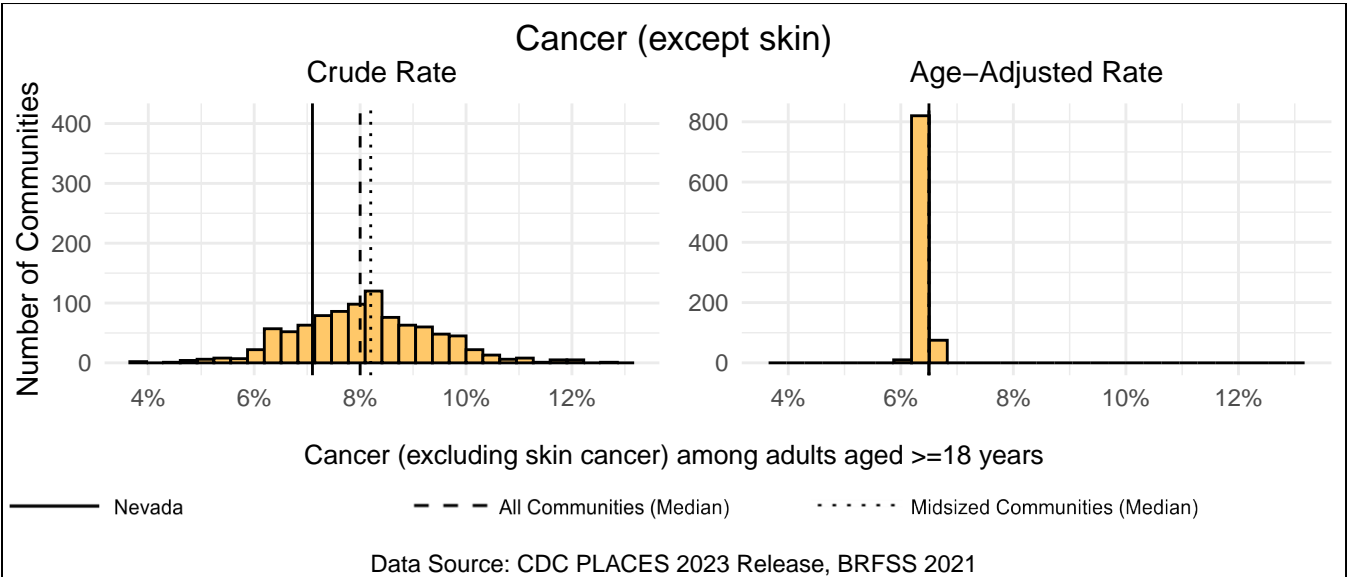
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 28.6% | 32.0% | 32.0% |
| Age-Adjusted | 26.8% | 27.3% | 27.5% |



Cancer (except skin)

Nevada has a crude rate of 7.1% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 204th out of 958 Iowa communities (29th out of 102 midsize communities). The age-adjusted rate for Nevada is 6.5%, which ranks 418th out of 905 Iowa communities (41st out of 102 midsize communities).

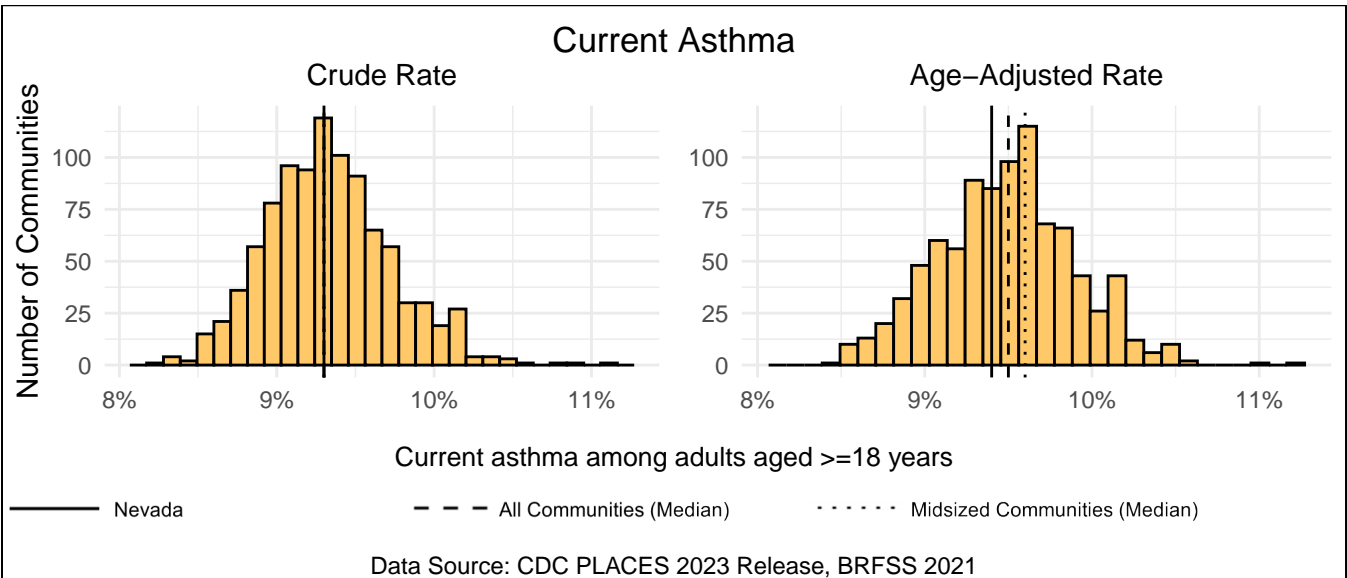
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 7.1% | 8.0% | 8.2% |
| Age-Adjusted | 6.5% | 6.5% | 6.5% |



Current Asthma

Nevada has a crude rate of 9.3% for current asthma among adults aged ≥ 18 years, which ranks 405th out of 958 Iowa communities (36th out of 102 midsize communities). The age-adjusted rate for Nevada is 9.4%, which ranks 330th out of 905 Iowa communities (33rd out of 102 midsize communities).

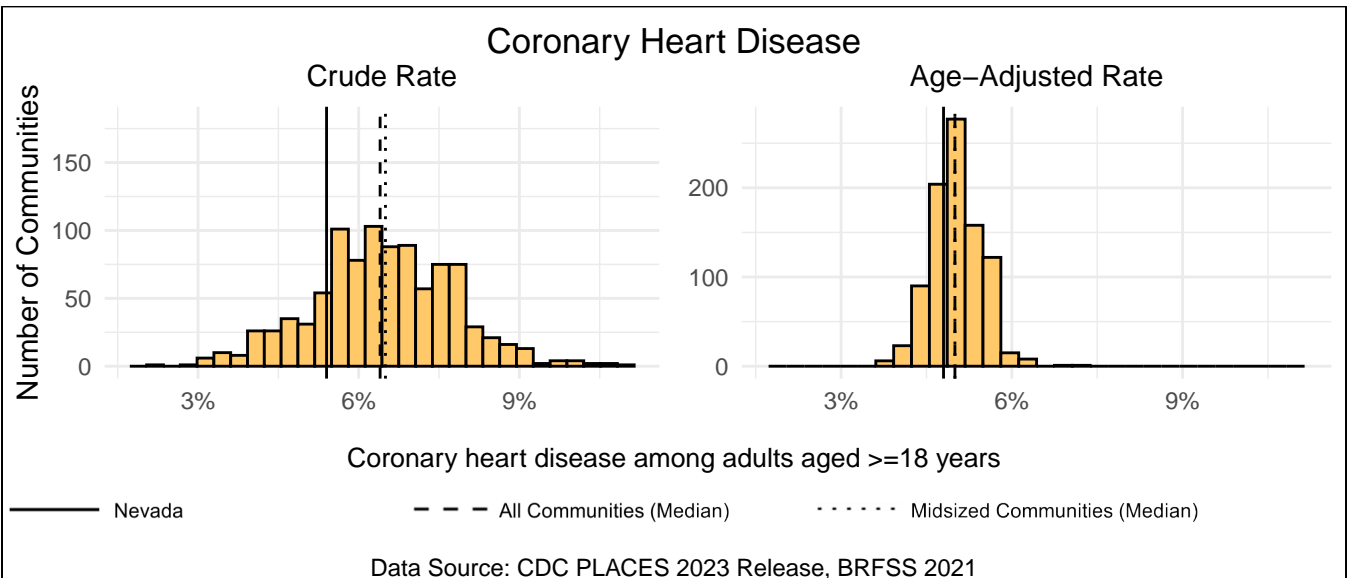
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 9.3% | 9.3% | 9.3% |
| Age-Adjusted | 9.4% | 9.5% | 9.6% |



Coronary Heart Disease

Nevada has a crude rate of 5.4% for coronary heart disease among adults aged ≥ 18 years, which ranks 172nd out of 958 Iowa communities (26th out of 102 midsize communities). The age-adjusted rate for Nevada is 4.8%, which ranks 257th out of 905 Iowa communities (39th out of 102 midsize communities).

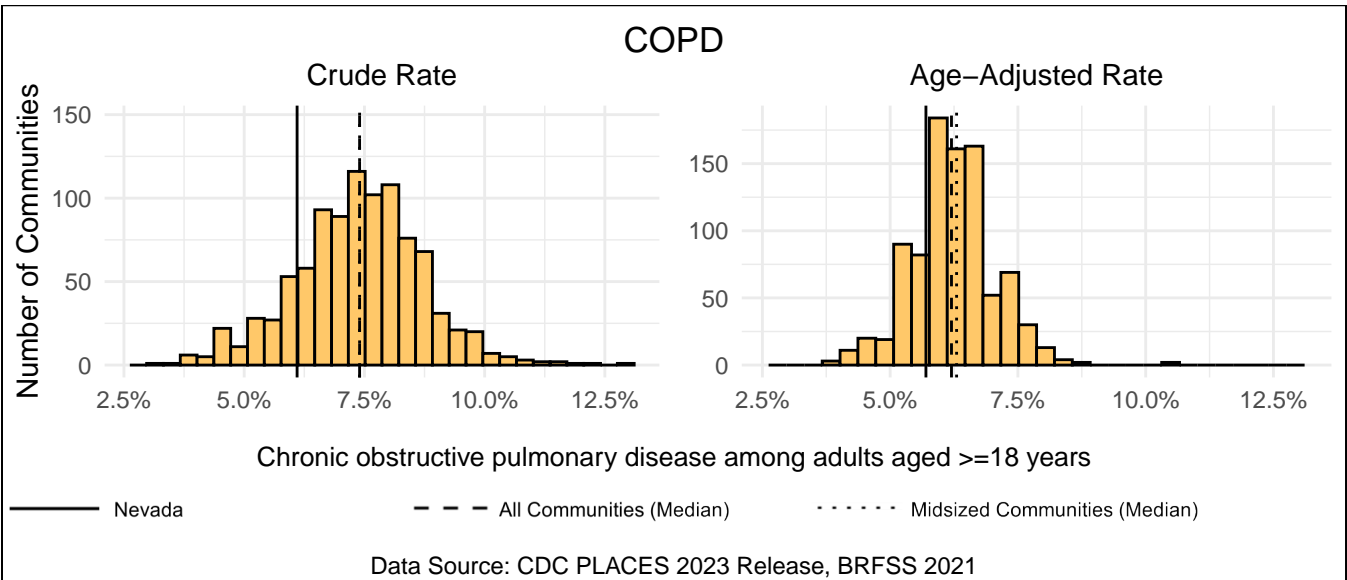
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 5.4% | 6.4% | 6.5% |
| Age-Adjusted | 4.8% | 5.0% | 5.0% |



COPD

Nevada has a crude rate of 6.1% for chronic obstructive pulmonary disease among adults aged ≥ 18 years, which ranks 137th out of 958 Iowa communities (24th out of 102 midsize communities). The age-adjusted rate for Nevada is 5.7%, which ranks 183rd out of 905 Iowa communities (30th out of 102 midsize communities).

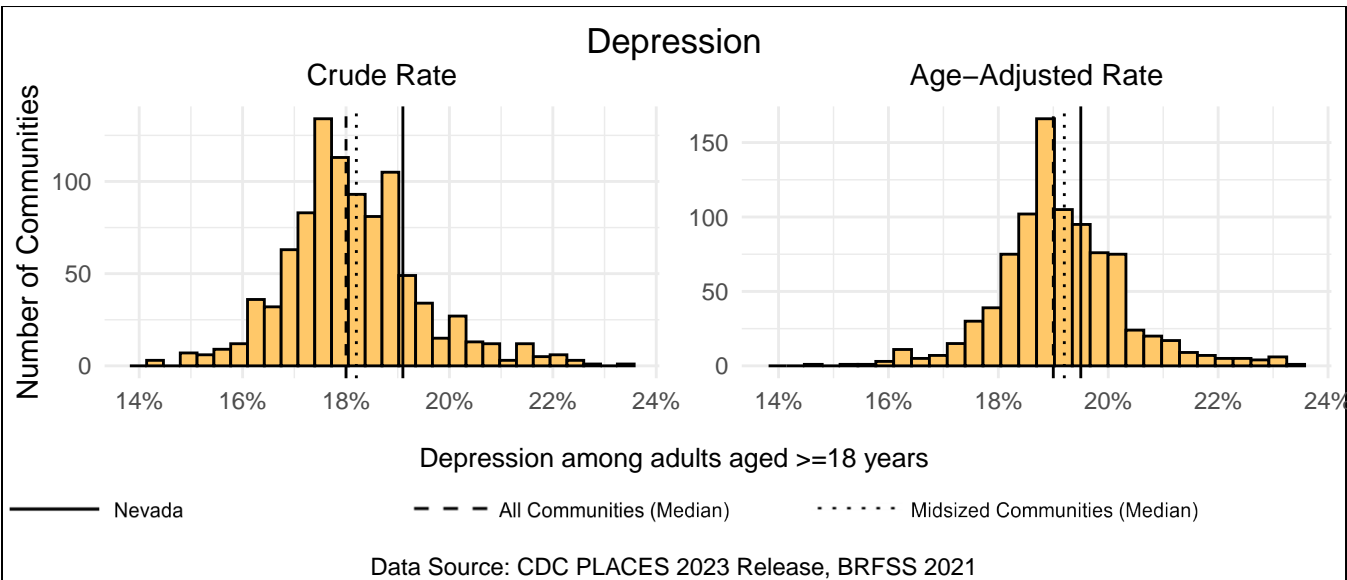
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 6.1% | 7.4% | 7.4% |
| Age-Adjusted | 5.7% | 6.2% | 6.3% |



Depression

Nevada has a crude rate of 19.1% for depression among adults aged ≥ 18 years, which ranks 778th out of 958 Iowa communities (78th out of 102 midsize communities). The age-adjusted rate for Nevada is 19.5%, which ranks 598th out of 905 Iowa communities (64th out of 102 midsize communities).

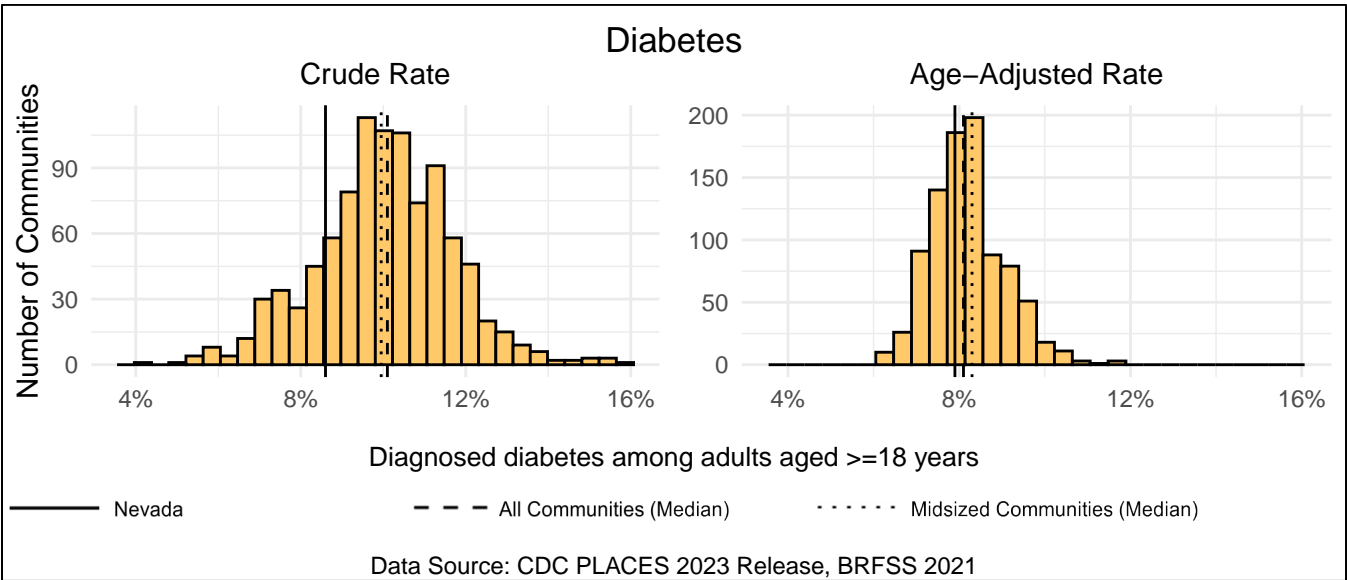
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 19.1% | 18.0% | 18.2% |
| Age-Adjusted | 19.5% | 19.0% | 19.2% |



Diabetes

Nevada has a crude rate of 8.6% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 166th out of 958 Iowa communities (26th out of 102 midsize communities). The age-adjusted rate for Nevada is 7.9%, which ranks 307th out of 905 Iowa communities (40th out of 102 midsize communities).

| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 8.6% | 10.1% | 9.9% |
| Age-Adjusted | 7.9% | 8.1% | 8.3% |



High Cholesterol

Nevada has a crude rate of 33.0% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 116th out of 958 Iowa communities (20th out of 102 midsize communities). The age-adjusted rate for Nevada is 29.2%, which ranks 242nd out of 905 Iowa communities (25th out of 102 midsize communities).

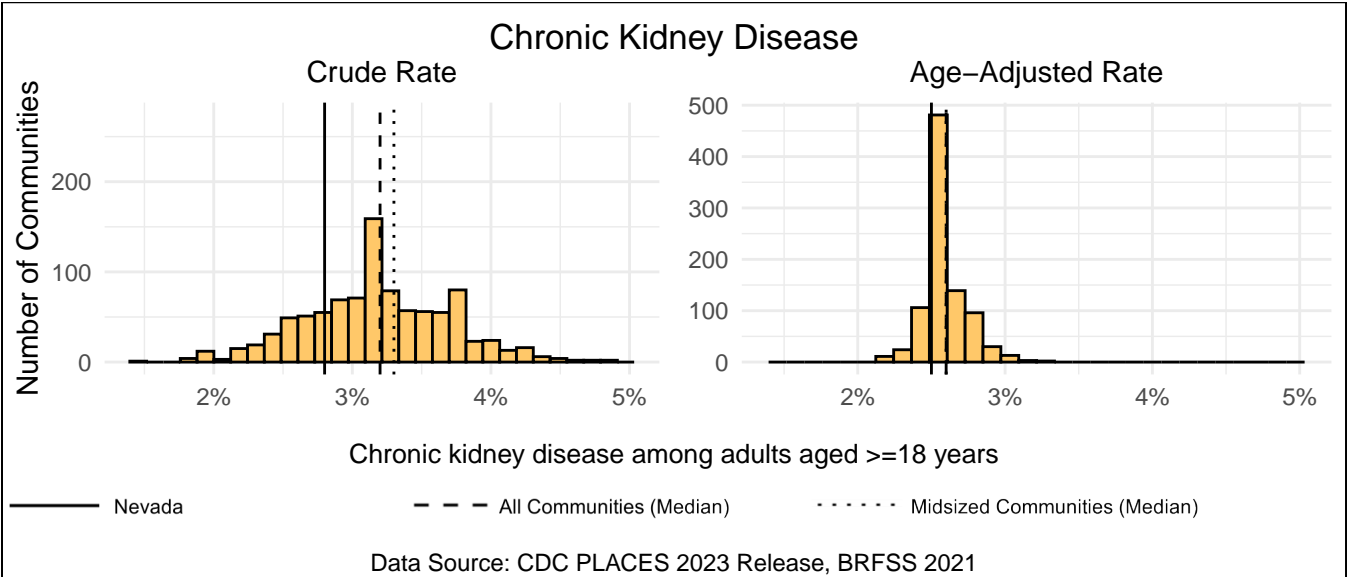
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 33.0% | 36.2% | 35.7% |
| Age-Adjusted | 29.2% | 29.7% | 29.8% |



Chronic Kidney Disease

Nevada has a crude rate of 2.8% for chronic kidney disease among adults aged ≥ 18 years, which ranks 186th out of 958 Iowa communities (24th out of 102 midsized communities). The age-adjusted rate for Nevada is 2.5%, which ranks 142nd out of 905 Iowa communities (27th out of 102 midsized communities).

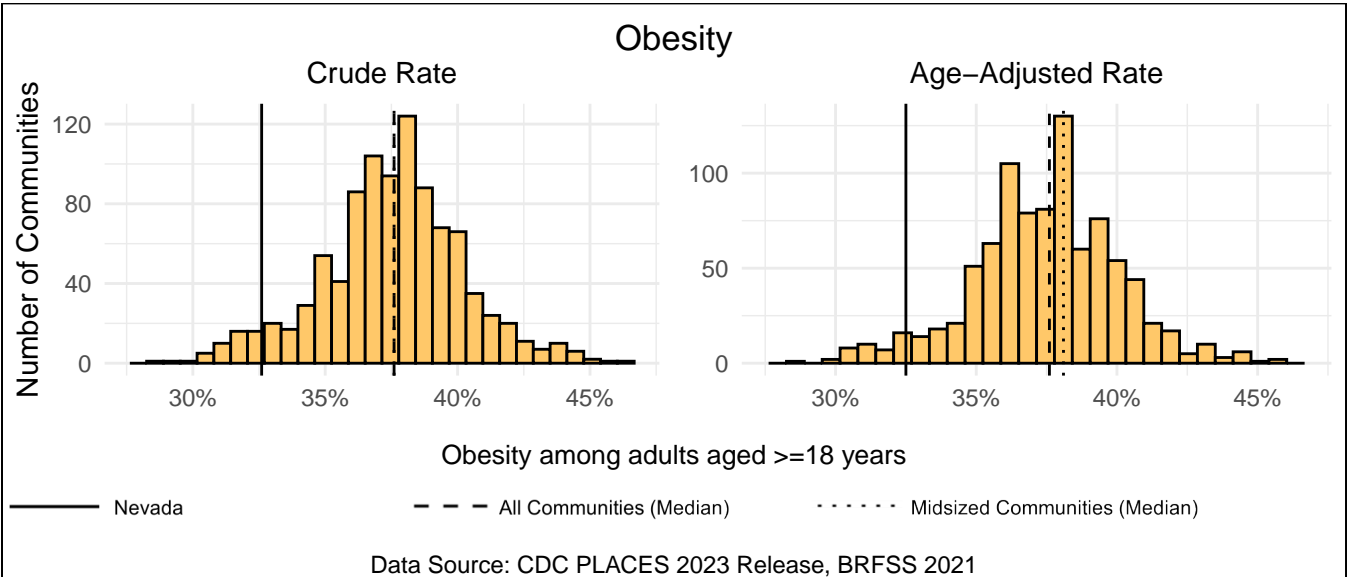
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 2.8% | 3.2% | 3.3% |
| Age-Adjusted | 2.5% | 2.6% | 2.6% |



Obesity

Nevada has a crude rate of 32.6% for obesity among adults aged ≥ 18 years, which ranks 45th out of 958 Iowa communities (9th out of 102 midsized communities). The age-adjusted rate for Nevada is 32.5%, which ranks 37th out of 905 Iowa communities (9th out of 102 midsized communities).

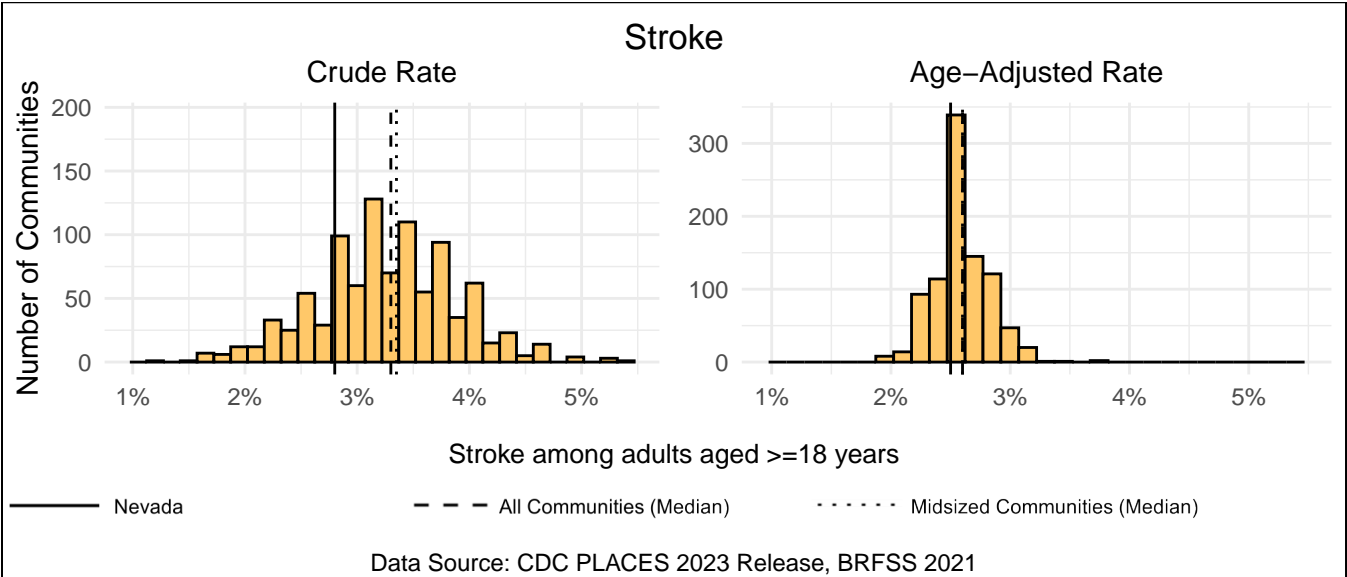
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 32.6% | 37.6% | 37.6% |
| Age-Adjusted | 32.5% | 37.6% | 38.1% |



Stroke

Nevada has a crude rate of 2.8% for stroke among adults aged ≥ 18 years, which ranks 181st out of 958 Iowa communities (27th out of 102 midsize communities). The age-adjusted rate for Nevada is 2.5%, which ranks 230th out of 905 Iowa communities (36th out of 102 midsize communities).

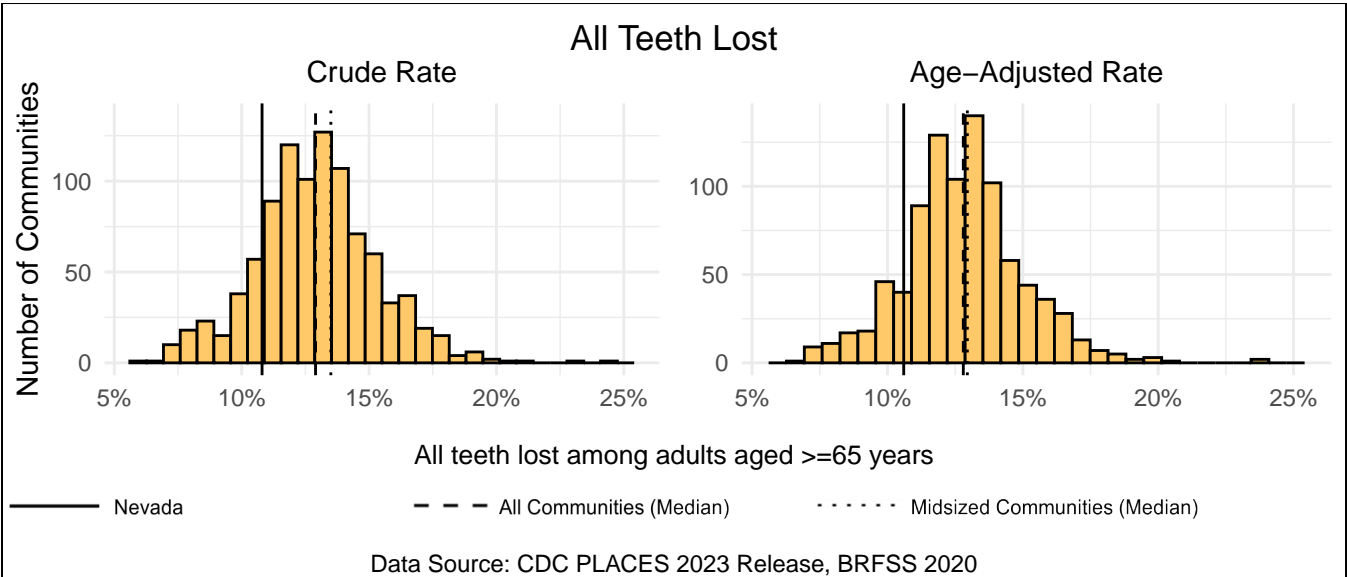
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 2.8% | 3.3% | 3.3% |
| Age-Adjusted | 2.5% | 2.6% | 2.6% |



All Teeth Lost

Nevada has a crude rate of 10.8% for all teeth lost among adults aged ≥ 65 years, which ranks 156th out of 958 Iowa communities (24th out of 102 midsize communities). The age-adjusted rate for Nevada is 10.6%, which ranks 122nd out of 905 Iowa communities (21st out of 102 midsize communities).

| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 10.8% | 12.9% | 13.5% |
| Age-Adjusted | 10.6% | 12.8% | 12.9% |



Prevention

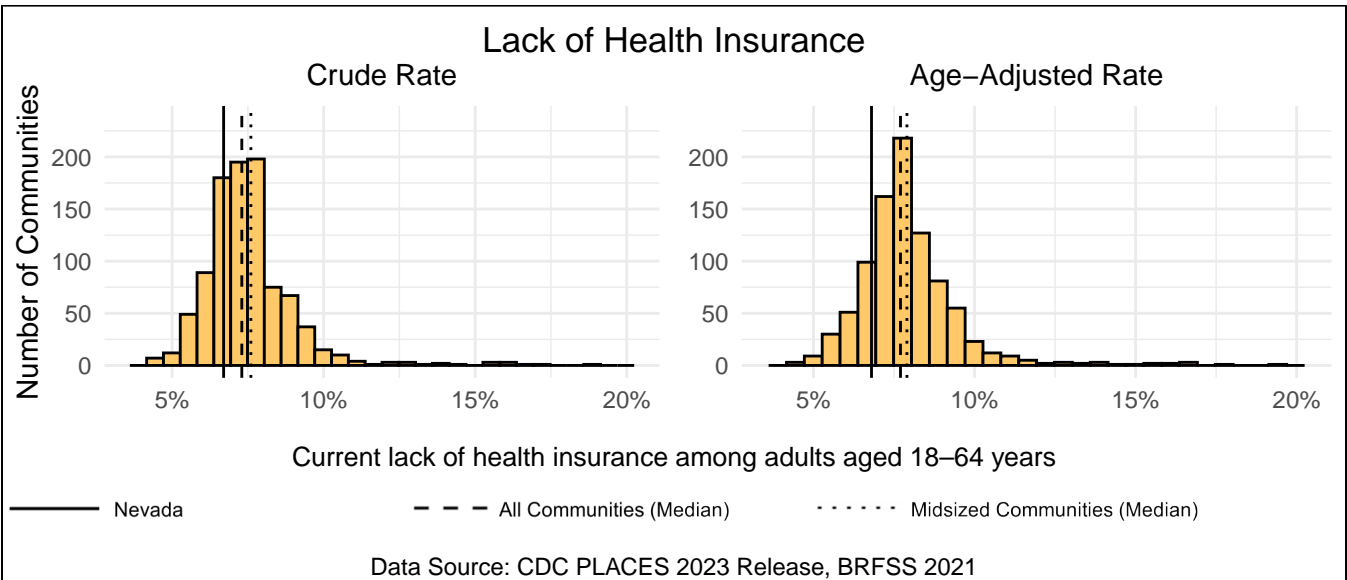
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Nevada has a crude rate of 6.7% for current lack of health insurance among adults aged 18–64 years, which ranks 217th out of 958 Iowa communities (31st out of 102 mid-sized communities). The age-adjusted rate for Nevada is 6.8%, which ranks 143rd out of 905 Iowa communities (27th out of 102 mid-sized communities).

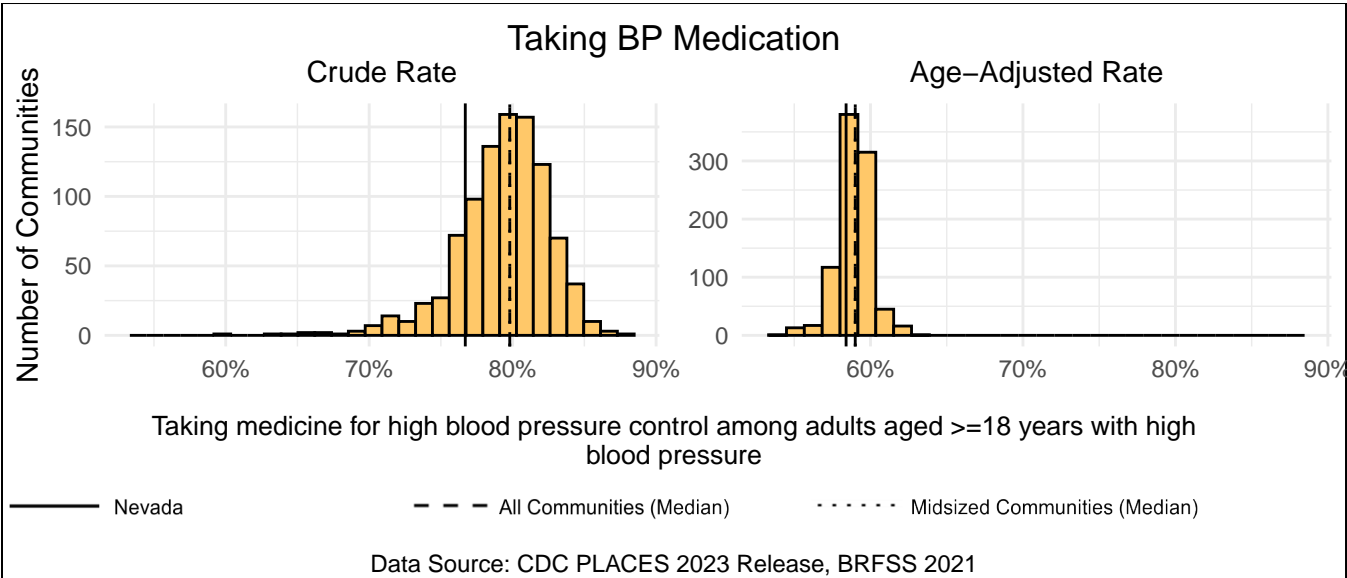
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 6.7% | 7.3% | 7.6% |
| Age-Adjusted | 6.8% | 7.7% | 7.9% |



Taking BP Medication

Nevada has a crude rate of 76.7% for taking medicine for high blood pressure control among adults aged ≥ 18 years with high blood pressure, which ranks 795th out of 958 Iowa communities (78th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 58.4%, which ranks 660th out of 905 Iowa communities (78th out of 102 mid-sized communities).

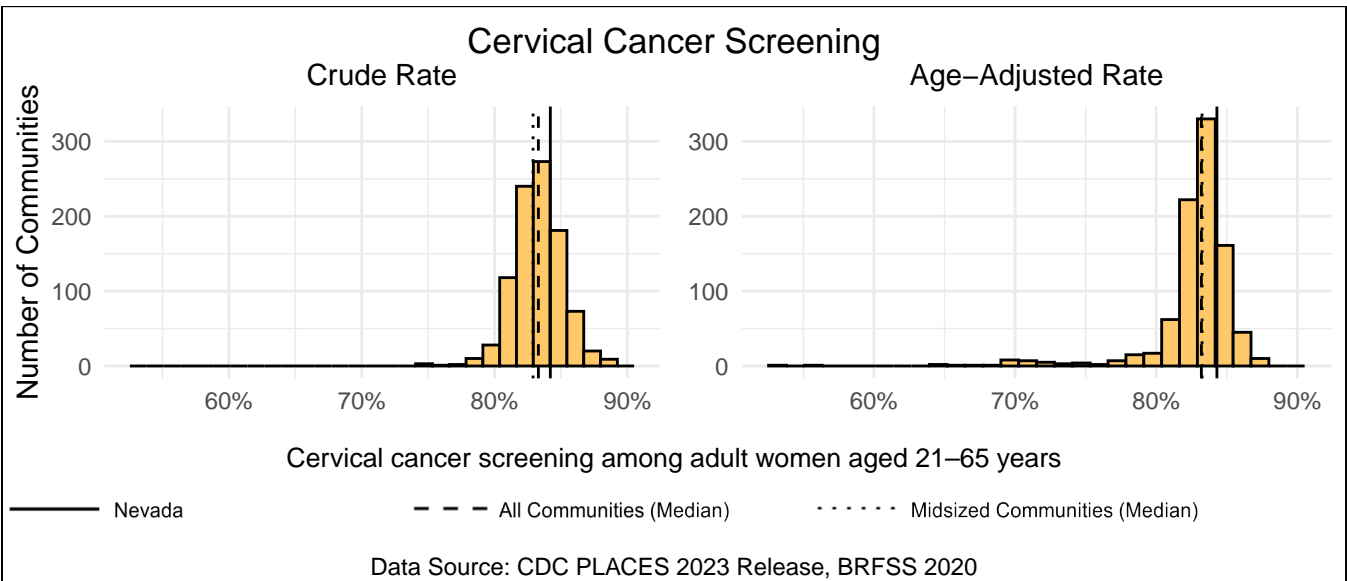
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 76.7% | 79.8% | 79.8% |
| Age-Adjusted | 58.4% | 59.0% | 59.0% |



Cervical Cancer Screening

Nevada has a crude rate of 84.2% for cervical cancer screening among adult women aged 21–65 years, which ranks 264th out of 958 Iowa communities (30th out of 102 midsized communities). The age-adjusted rate for Nevada is 84.3%, which ranks 182nd out of 905 Iowa communities (34th out of 102 midsized communities).

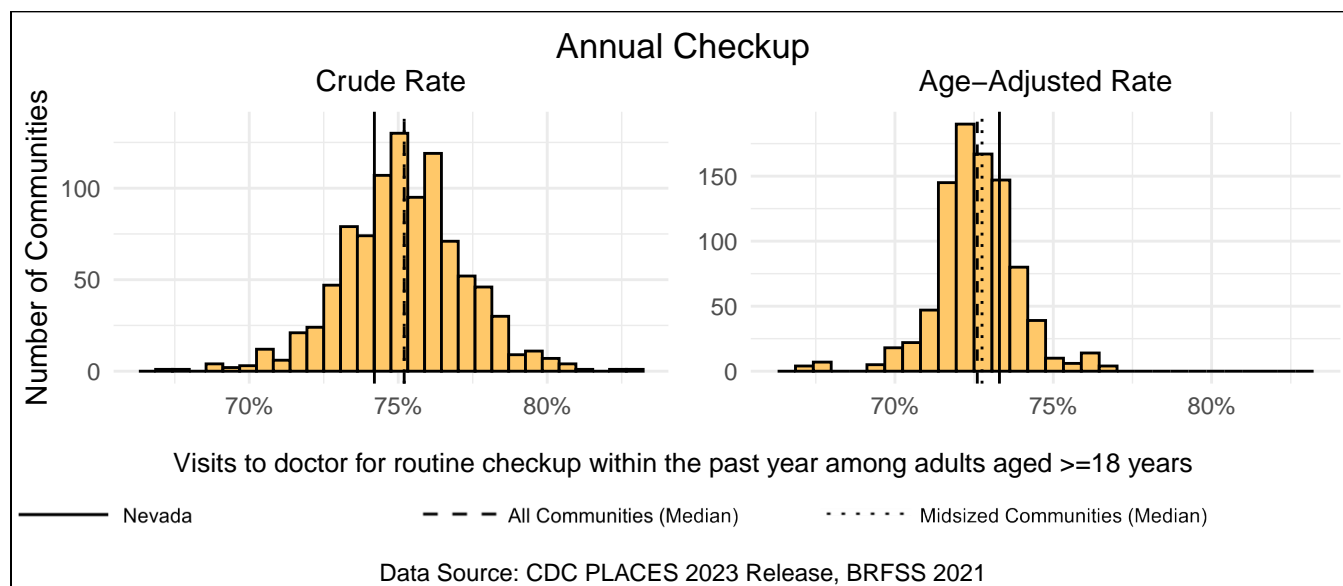
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 84.2% | 83.3% | 82.9% |
| Age-Adjusted | 84.3% | 83.2% | 83.2% |



Annual Checkup

Nevada has a crude rate of 74.2% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 668th out of 958 Iowa communities (71st out of 102 midsize communities). The age-adjusted rate for Nevada is 73.3%, which ranks 211th out of 905 Iowa communities (28th out of 102 midsize communities).

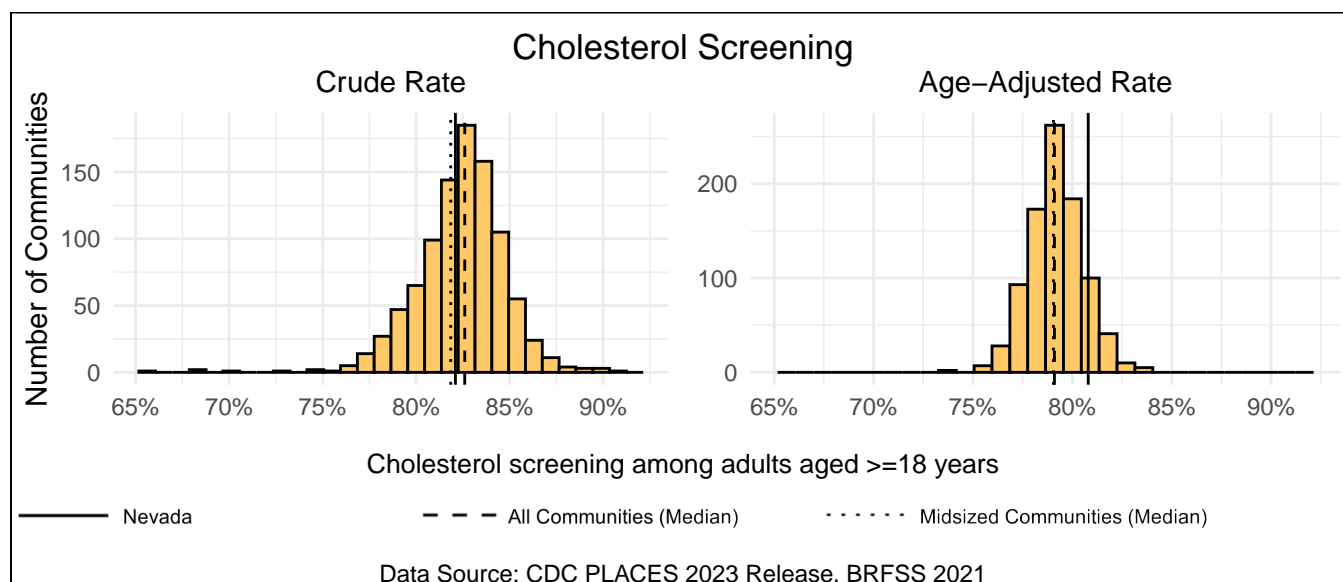
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 74.2% | 75.2% | 75.2% |
| Age-Adjusted | 73.3% | 72.6% | 72.8% |



Cholesterol Screening

Nevada has a crude rate of 82.1% for cholesterol screening among adults aged ≥ 18 years, which ranks 568th out of 958 Iowa communities (45th out of 102 midsize communities). The age-adjusted rate for Nevada is 80.8%, which ranks 102nd out of 905 Iowa communities (22nd out of 102 midsize communities).

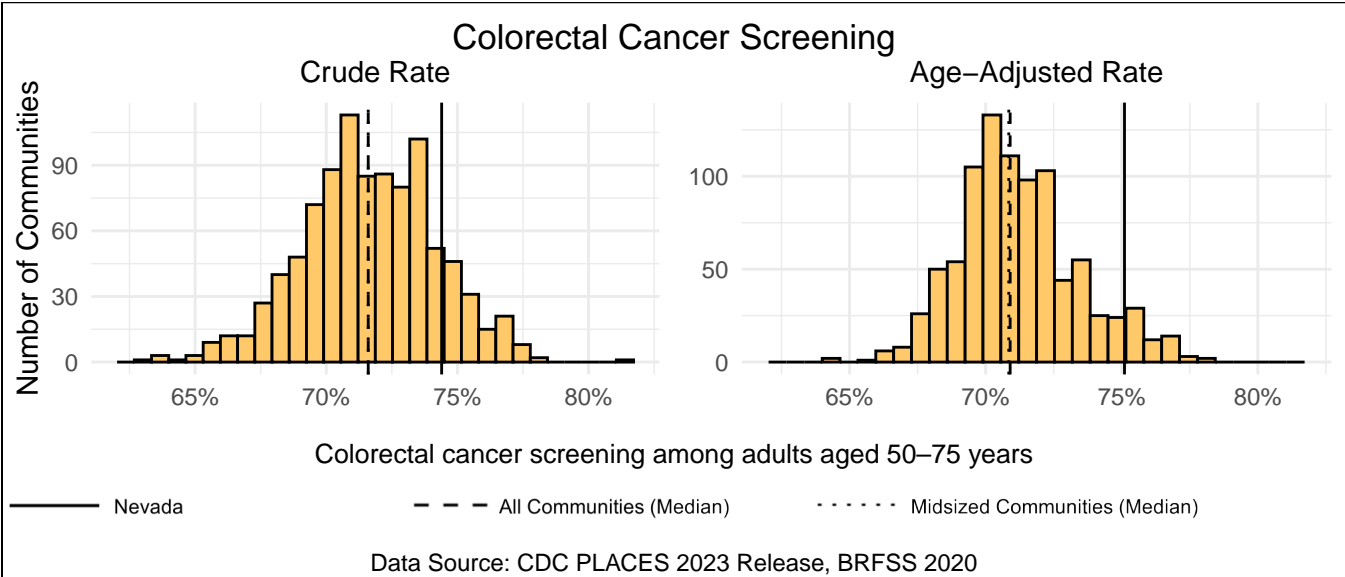
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 82.1% | 82.6% | 81.8% |
| Age-Adjusted | 80.8% | 79.1% | 79.0% |



Colorectal Cancer Screening

Nevada has a crude rate of 74.4% for colorectal cancer screening among adults aged 50–75 years, which ranks 125th out of 958 Iowa communities (14th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 75.1%, which ranks 61st out of 905 Iowa communities (15th out of 102 mid-sized communities).

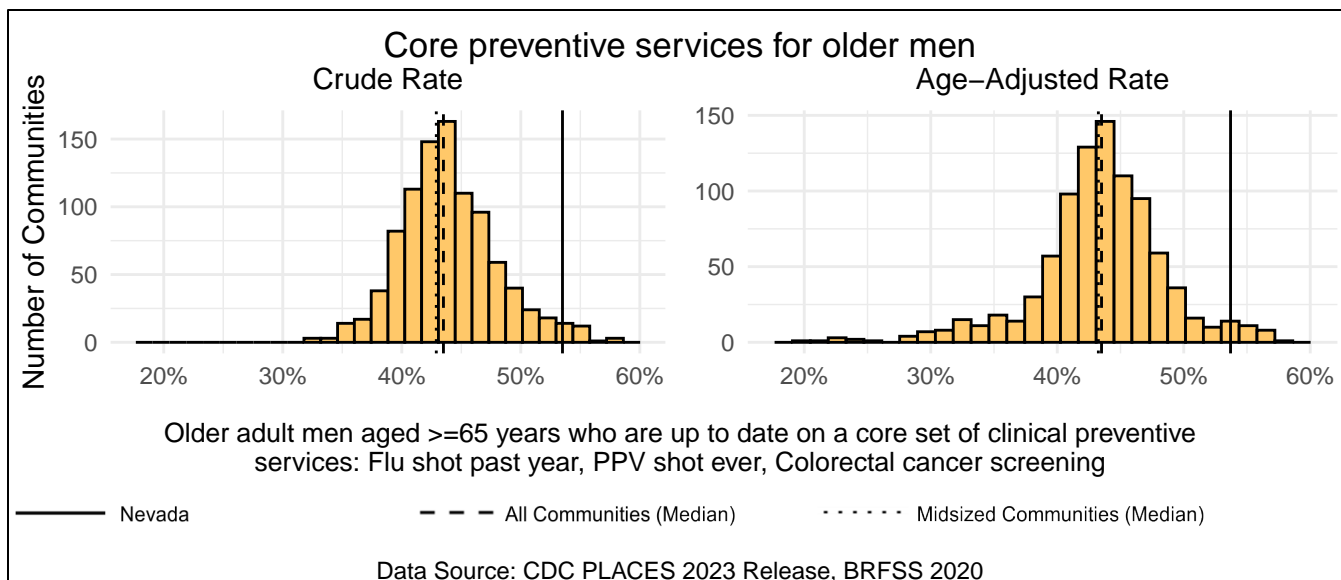
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 74.4% | 71.6% | 71.6% |
| Age-Adjusted | 75.1% | 70.9% | 70.8% |



Core preventive services for older men

Nevada has a crude rate of 53.5% for older adult men aged ≥65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 25th out of 958 Iowa communities (6th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 53.7%, which ranks 27th out of 905 Iowa communities (7th out of 102 mid-sized communities).

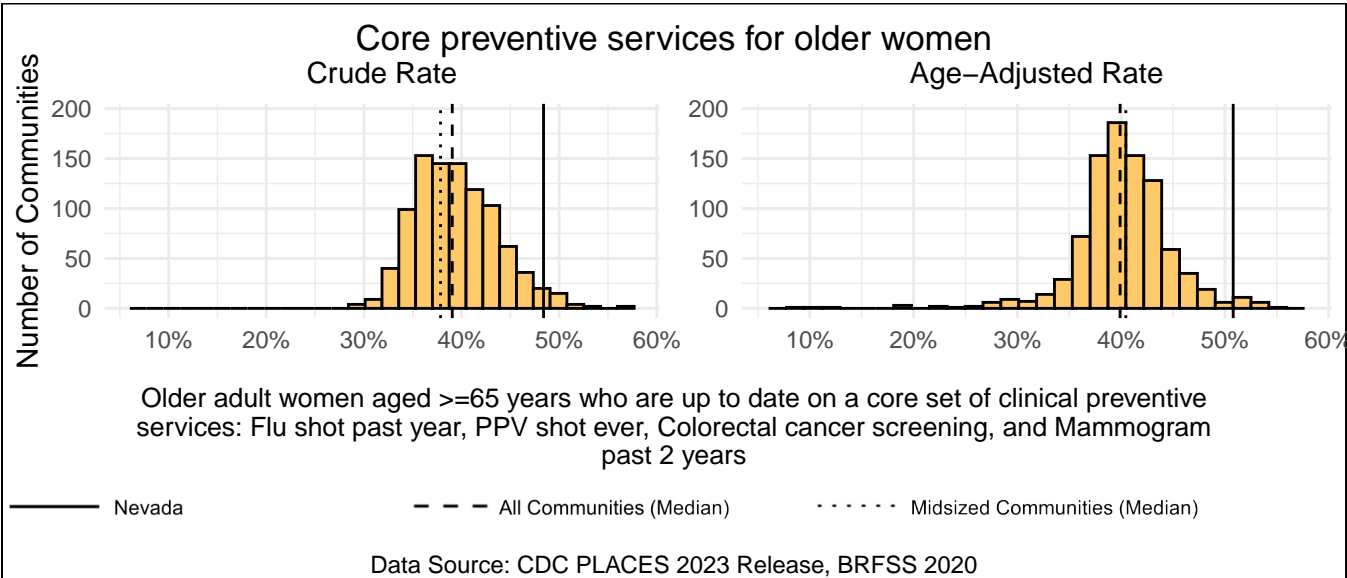
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 53.5% | 43.5% | 42.9% |
| Age-Adjusted | 53.7% | 43.5% | 43.2% |



Core preventive services for older women

Nevada has a crude rate of 48.4% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 28th out of 958 Iowa communities (4th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 50.8%, which ranks 16th out of 905 Iowa communities (5th out of 102 mid-sized communities).

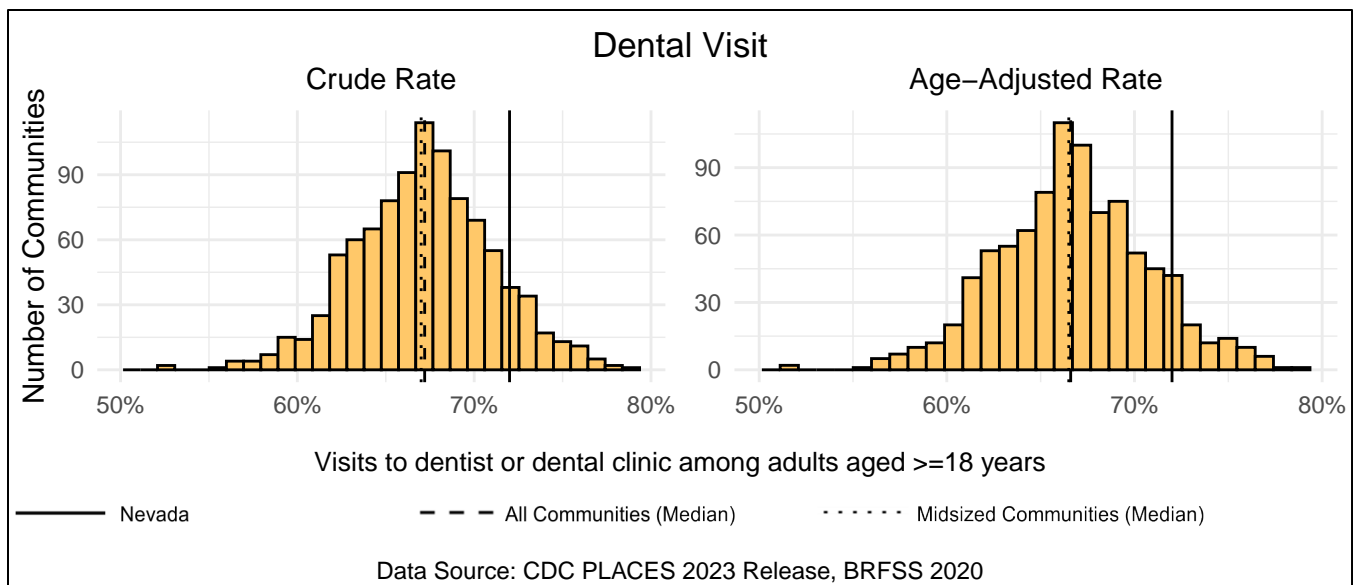
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 48.4% | 39.0% | 37.8% |
| Age-Adjusted | 50.8% | 39.9% | 40.4% |



Dental Visit

Nevada has a crude rate of 72.0% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 102nd out of 958 Iowa communities (19th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 72.0%, which ranks 82nd out of 905 Iowa communities (20th out of 102 mid-sized communities).

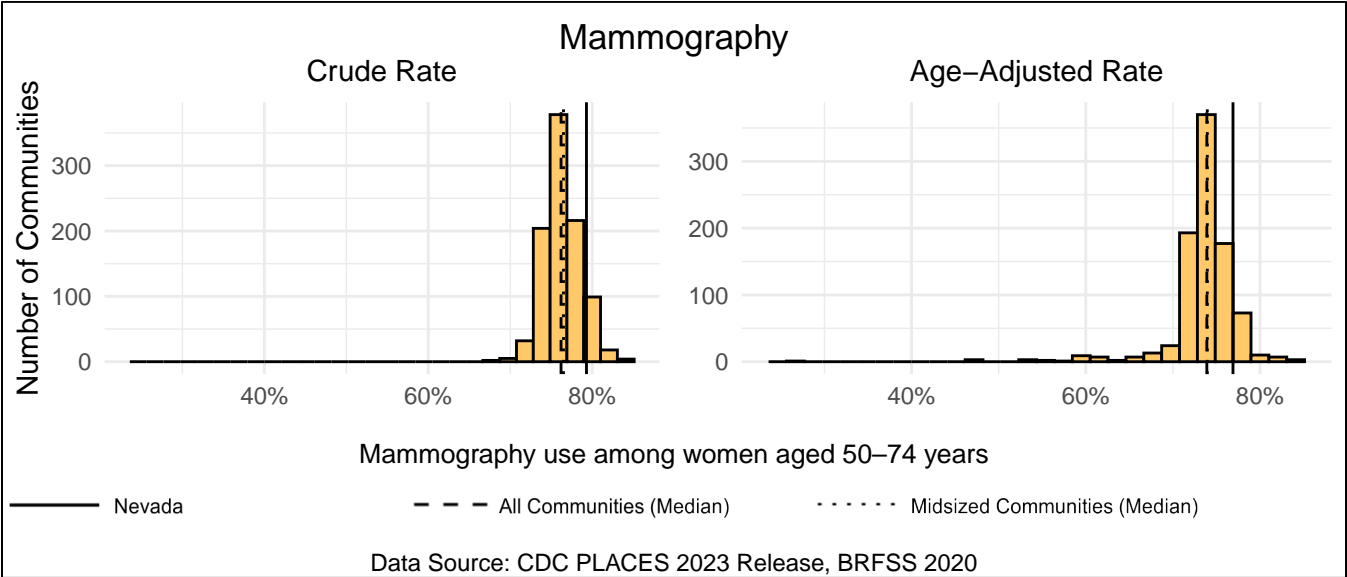
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 72.0% | 67.2% | 67.0% |
| Age-Adjusted | 72.0% | 66.6% | 66.5% |



Mammography

Nevada has a crude rate of 79.3% for mammography use among women aged 50–74 years, which ranks 96th out of 958 Iowa communities (15th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 76.9%, which ranks 94th out of 905 Iowa communities (19th out of 102 mid-sized communities).

| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 79.3% | 76.2% | 76.5% |
| Age-Adjusted | 76.9% | 73.9% | 74.0% |



Disability

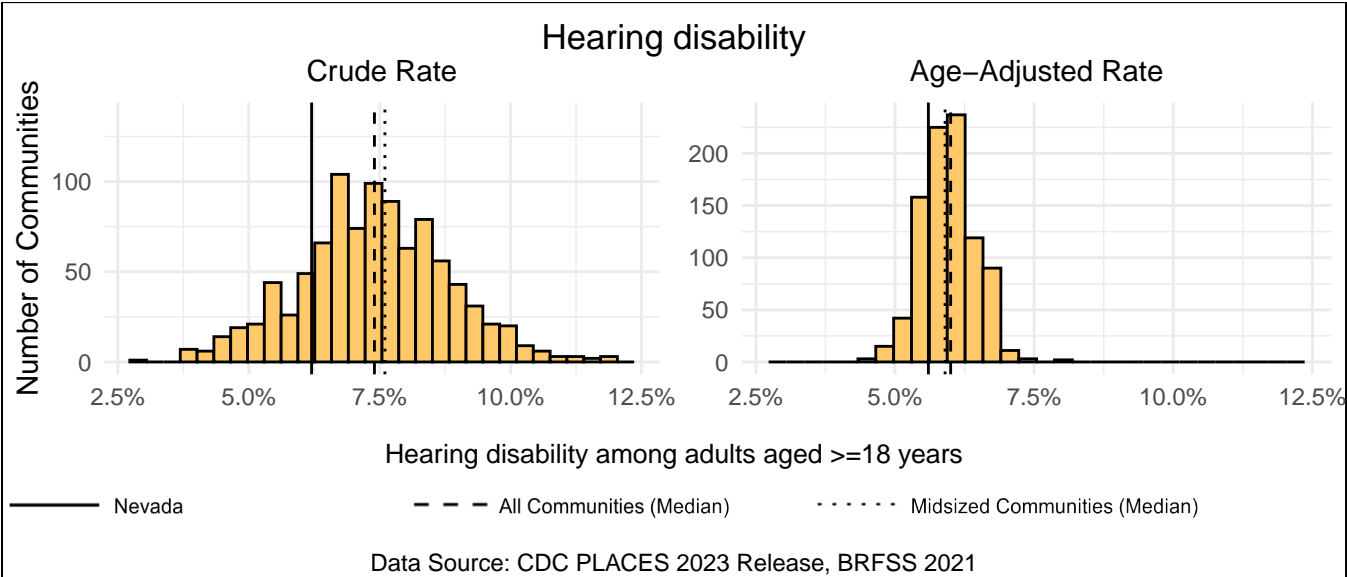
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Nevada has a crude rate of 6.2% for hearing disability among adults aged ≥ 18 years, which ranks 175th out of 958 Iowa communities (27th out of 102 midsize communities). The age-adjusted rate for Nevada is 5.6%, which ranks 163rd out of 905 Iowa communities (35th out of 102 midsize communities).

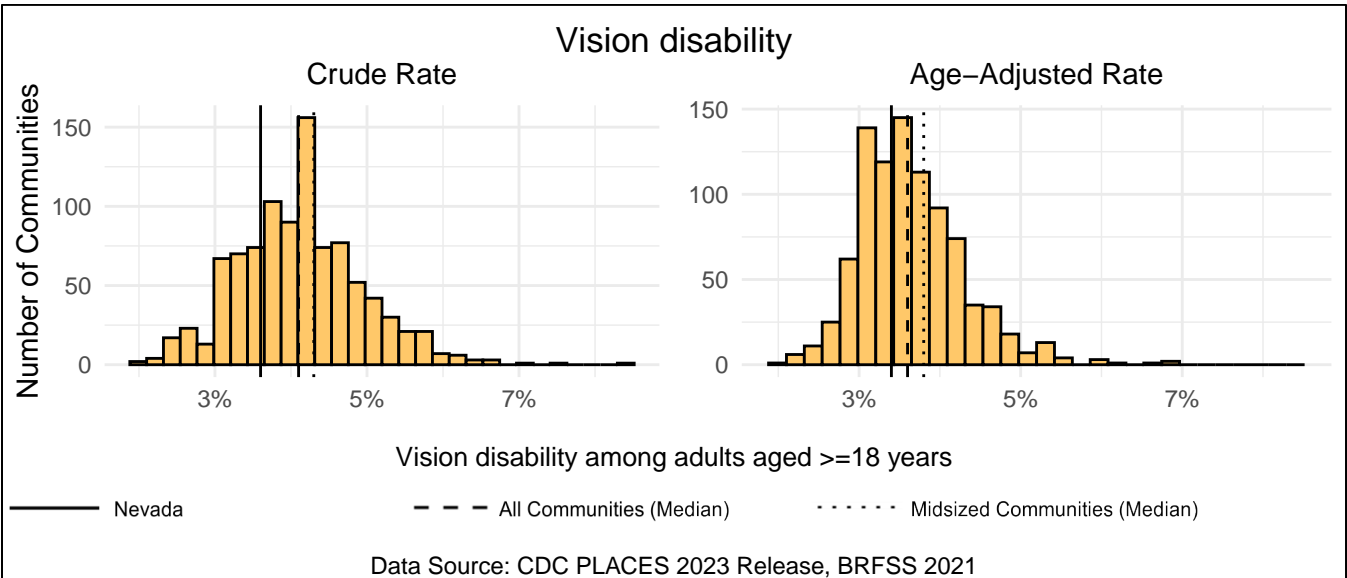
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 6.2% | 7.4% | 7.6% |
| Age-Adjusted | 5.6% | 6.0% | 5.9% |



Vision disability

Nevada has a crude rate of 3.6% for vision disability among adults aged ≥ 18 years, which ranks 229th out of 958 Iowa communities (29th out of 102 midsize communities). The age-adjusted rate for Nevada is 3.4%, which ranks 295th out of 905 Iowa communities (35th out of 102 midsize communities).

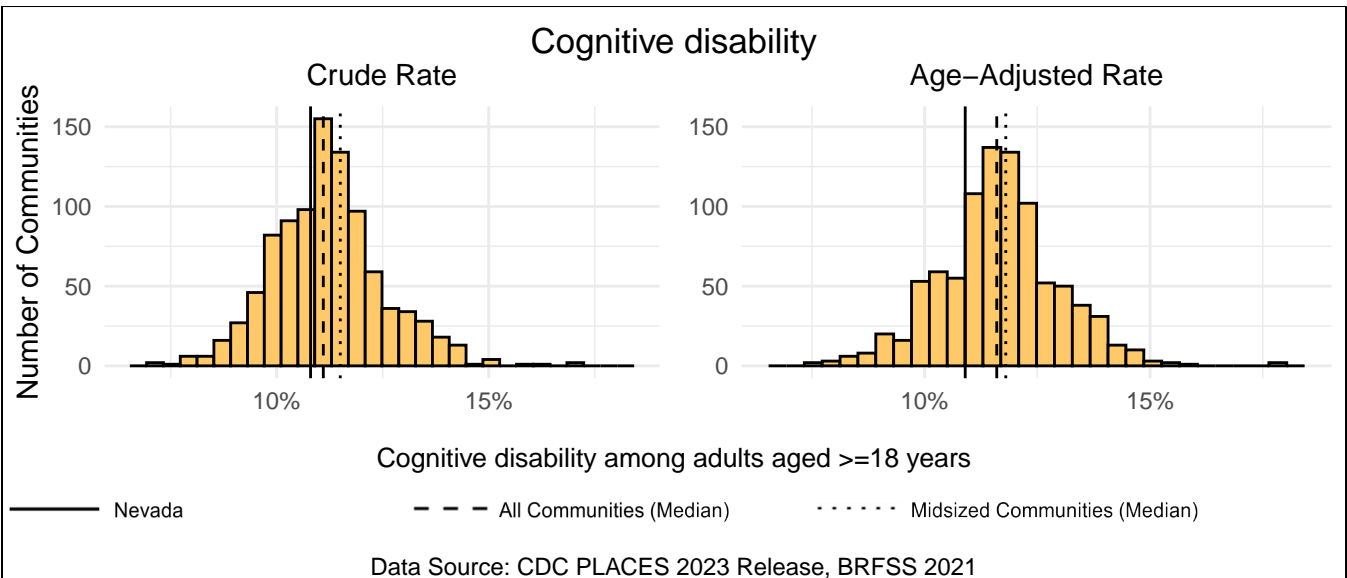
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 3.6% | 4.1% | 4.3% |
| Age-Adjusted | 3.4% | 3.6% | 3.8% |



Cognitive disability

Nevada has a crude rate of 10.8% for cognitive disability among adults aged ≥ 18 years, which ranks 330th out of 958 Iowa communities (35th out of 102 midsize communities). The age-adjusted rate for Nevada is 10.9%, which ranks 223rd out of 905 Iowa communities (35th out of 102 midsize communities).

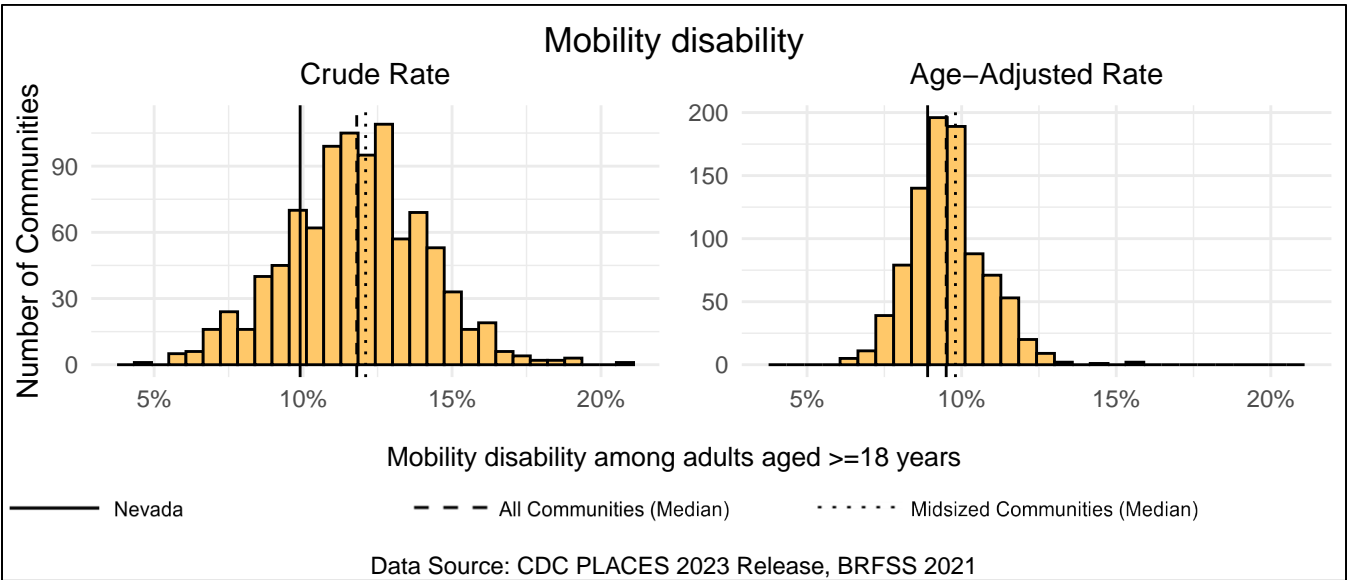
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 10.8% | 11.1% | 11.5% |
| Age-Adjusted | 10.9% | 11.6% | 11.8% |



Mobility disability

Nevada has a crude rate of 9.9% for mobility disability among adults aged ≥ 18 years, which ranks 196th out of 958 Iowa communities (26th out of 102 mid-sized communities). The age-adjusted rate for Nevada is 8.9%, which ranks 248th out of 905 Iowa communities (34th out of 102 mid-sized communities).

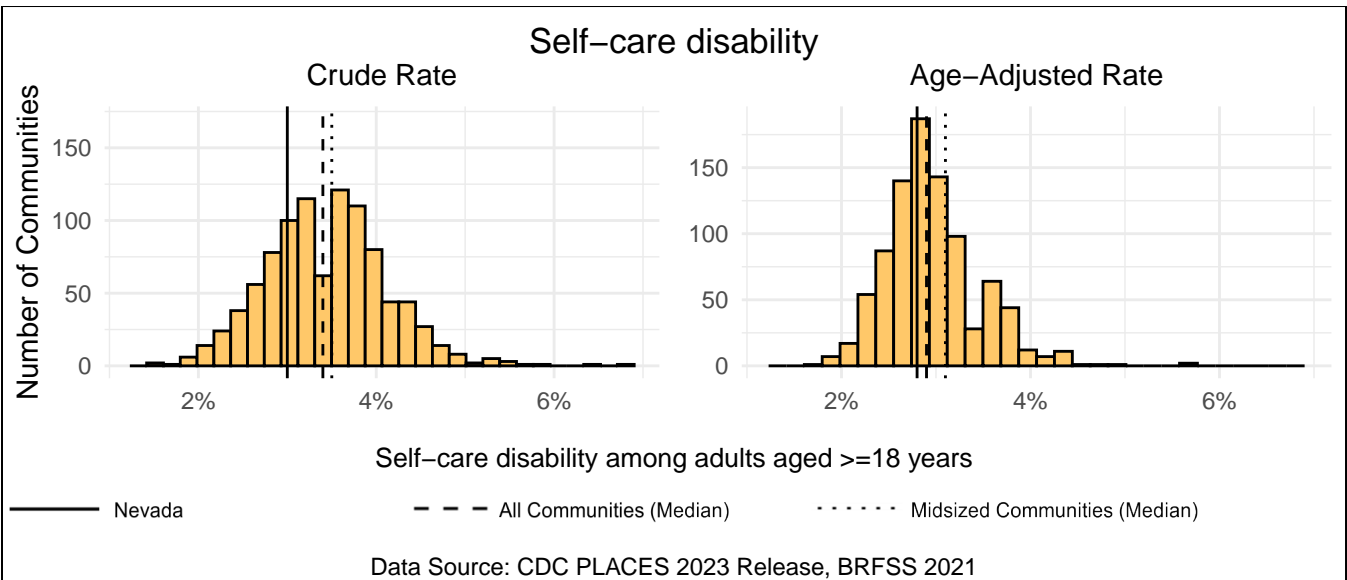
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 9.9% | 11.8% | 12.1% |
| Age-Adjusted | 8.9% | 9.5% | 9.8% |



Self-care disability

Nevada has a crude rate of 3.0% for self-care disability among adults aged ≥ 18 years, which ranks 220th out of 958 Iowa communities (31st out of 102 mid-sized communities). The age-adjusted rate for Nevada is 2.8%, which ranks 307th out of 905 Iowa communities (37th out of 102 mid-sized communities).

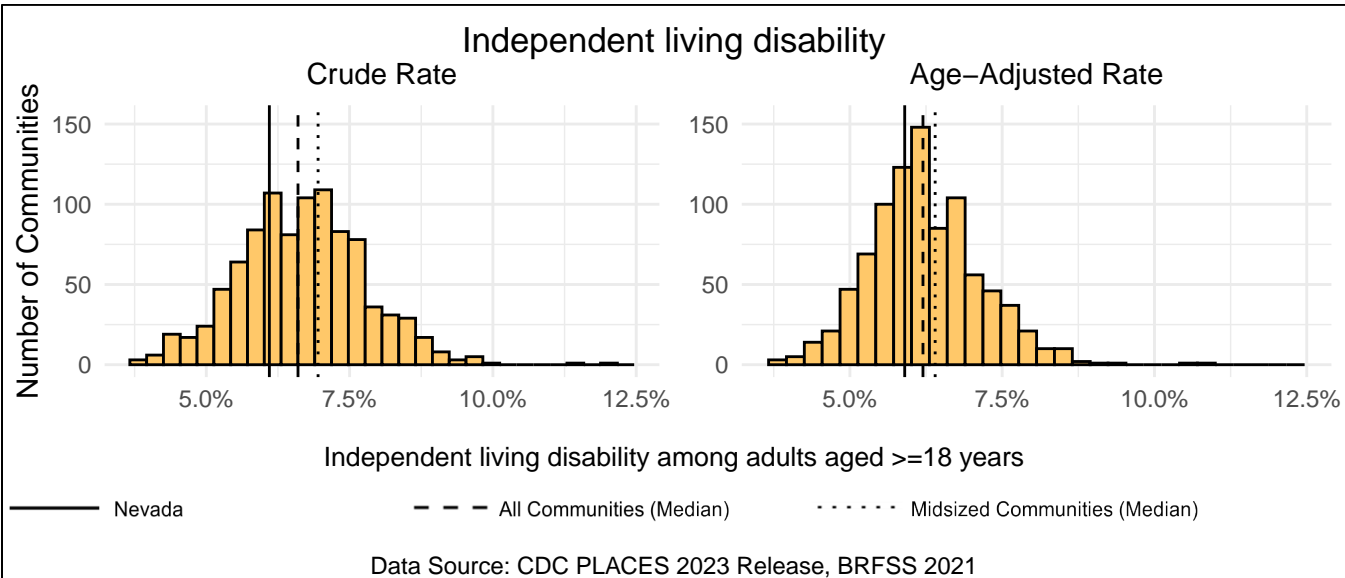
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 3.0% | 3.4% | 3.5% |
| Age-Adjusted | 2.8% | 2.9% | 3.1% |



Independent living disability

Nevada has a crude rate of 6.1% for independent living disability among adults aged ≥ 18 years, which ranks 265th out of 958 Iowa communities (29th out of 102 midsized communities). The age-adjusted rate for Nevada is 5.9%, which ranks 291st out of 905 Iowa communities (36th out of 102 midsized communities).

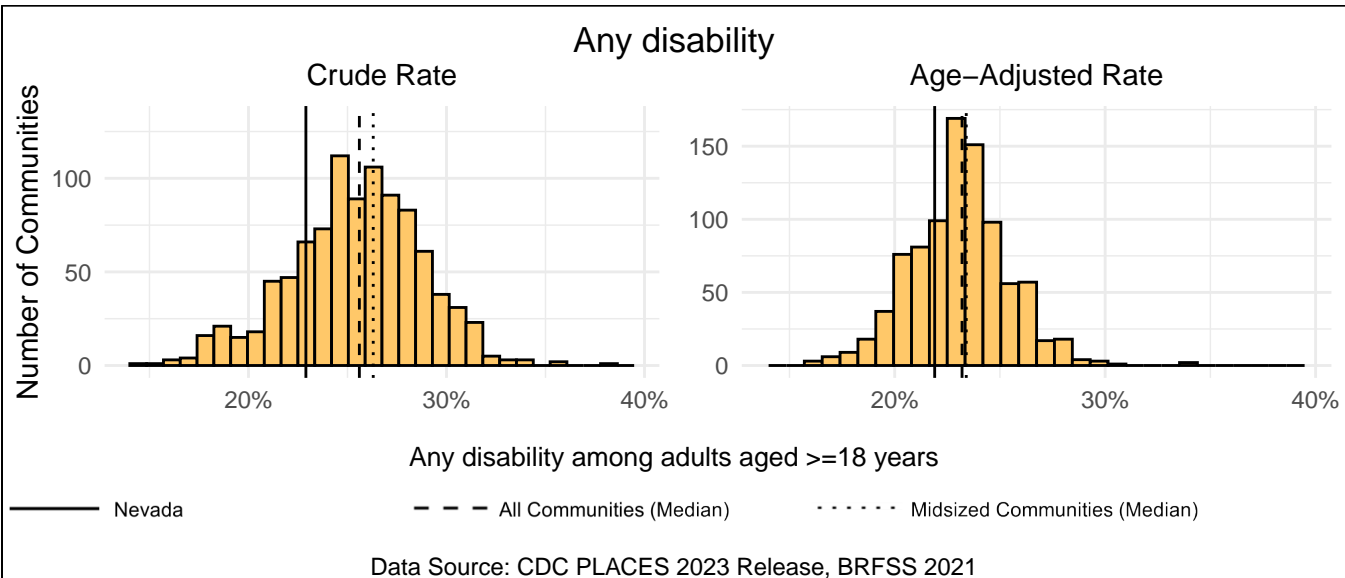
| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 6.1% | 6.6% | 7.0% |
| Age-Adjusted | 5.9% | 6.2% | 6.4% |



Any disability

Nevada has a crude rate of 22.9% for any disability among adults aged ≥ 18 years, which ranks 198th out of 958 Iowa communities (27th out of 102 midsized communities). The age-adjusted rate for Nevada is 21.9%, which ranks 250th out of 905 Iowa communities (38th out of 102 midsized communities).

| Measure Type | Nevada | All Comm. | Midsized Comm. |
|--------------|--------|-----------|----------------|
| Crude | 22.9% | 25.6% | 26.3% |
| Age-Adjusted | 21.9% | 23.2% | 23.4% |



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Nevada PLACES Data

| Category | Health Domain | Crude Rate Rank | Crude Rate (95% CI) | Age-Adj. Rate Rank | Age-Adj. Rate (95% CI) |
|-----------------------|--|-----------------|-----------------------|--------------------|------------------------|
| Health Status | Mental Health | 560 | 14.5% (12.5% - 16.6%) | 210 | 14.9% (12.9% - 17.1%) |
| Health Status | Physical Health | 137 | 9.4% (8.1% - 11.0%) | 181 | 9.0% (7.7% - 10.4%) |
| Health Status | General Health | 136 | 11.9% (10.1% - 13.9%) | 169 | 11.4% (9.7% - 13.3%) |
| Health Risk Behaviors | Sleep <7 hours | 71 | 27.6% (26.5% - 28.7%) | 38 | 27.8% (26.6% - 28.9%) |
| Health Risk Behaviors | Physical Inactivity | 66 | 20.6% (16.9% - 24.4%) | 54 | 19.8% (16.4% - 23.9%) |
| Health Risk Behaviors | Current Smoking | 141 | 14.7% (12.0% - 17.8%) | 106 | 14.9% (11.9% - 18.1%) |
| Health Risk Behaviors | Binge Drinking | 799 | 21.6% (18.2% - 25.3%) | 648 | 22.6% (19.1% - 26.3%) |
| Health Outcomes | Obesity | 45 | 32.6% (27.2% - 38.4%) | 37 | 32.5% (27.0% - 38.6%) |
| Health Outcomes | Arthritis | 170 | 24.5% (21.0% - 28.2%) | 321 | 22.7% (19.4% - 26.0%) |
| Health Outcomes | Coronary Heart Disease | 172 | 5.4% (4.7% - 6.1%) | 257 | 4.8% (4.2% - 5.5%) |
| Health Outcomes | Current Asthma | 405 | 9.3% (8.3% - 10.6%) | 330 | 9.4% (8.3% - 10.7%) |
| Health Outcomes | High Blood Pressure | 154 | 28.6% (25.1% - 32.5%) | 319 | 26.8% (23.4% - 30.5%) |
| Health Outcomes | Diabetes | 166 | 8.6% (7.3% - 10.1%) | 307 | 7.9% (6.8% - 9.3%) |
| Health Outcomes | Chronic Kidney Disease | 186 | 2.8% (2.5% - 3.1%) | 142 | 2.5% (2.3% - 2.8%) |
| Health Outcomes | All Teeth Lost | 156 | 10.8% (7.4% - 15.1%) | 122 | 10.6% (7.3% - 14.4%) |
| Health Outcomes | COPD | 137 | 6.1% (5.1% - 7.3%) | 183 | 5.7% (4.9% - 6.7%) |
| Health Outcomes | High Cholesterol | 116 | 33.0% (29.0% - 37.3%) | 242 | 29.2% (25.3% - 33.4%) |
| Health Outcomes | Cancer (except skin) | 204 | 7.1% (6.5% - 7.9%) | 418 | 6.5% (5.9% - 7.2%) |
| Health Outcomes | Stroke | 181 | 2.8% (2.4% - 3.1%) | 230 | 2.5% (2.2% - 2.8%) |
| Health Outcomes | Depression | 778 | 19.1% (15.9% - 22.8%) | 598 | 19.5% (16.4% - 23.1%) |
| Prevention | Colorectal Cancer Screening | 125 | 74.4% (72.0% - 76.6%) | 61 | 75.1% (72.9% - 77.3%) |
| Prevention | Core preventive services for older men | 25 | 53.5% (47.3% - 59.1%) | 27 | 53.7% (47.5% - 59.3%) |
| Prevention | Dental Visit | 102 | 72.0% (69.5% - 74.5%) | 82 | 72.0% (69.5% - 74.5%) |
| Prevention | Taking BP Medication | 795 | 76.7% (73.2% - 79.9%) | 660 | 58.4% (53.4% - 63.3%) |
| Prevention | Cholesterol Screening | 568 | 82.1% (79.2% - 84.8%) | 102 | 80.8% (77.7% - 83.7%) |
| Prevention | Annual Checkup | 668 | 74.2% (69.8% - 78.3%) | 211 | 73.3% (68.6% - 77.4%) |

| Category | Health Domain | Crude Rate Rank | Crude Rate (95% CI) | Age-Adj. Rate Rank | Age-Adj. Rate (95% CI) |
|------------|--|-----------------|-----------------------|--------------------|------------------------|
| Prevention | Core preventive services for older women | 28 | 48.4% (42.3% - 54.5%) | 16 | 50.8% (45.0% - 56.3%) |
| Prevention | Health Insurance | 217 | 6.7% (5.3% - 8.2%) | 143 | 6.8% (5.3% - 8.5%) |
| Prevention | Mammography | 96 | 79.3% (76.6% - 81.9%) | 94 | 76.9% (73.9% - 79.8%) |
| Prevention | Cervical Cancer Screening | 264 | 84.2% (82.2% - 86.1%) | 182 | 84.3% (82.5% - 86.1%) |
| Disability | Any Disability | 198 | 22.9% (19.7% - 26.4%) | 250 | 21.9% (18.9% - 25.6%) |
| Disability | Vision Disability | 229 | 3.6% (3.1% - 4.1%) | 295 | 3.4% (2.9% - 3.9%) |
| Disability | Hearing Disability | 175 | 6.2% (5.4% - 7.0%) | 163 | 5.6% (5.0% - 6.4%) |
| Disability | Independent Living Disability | 265 | 6.1% (5.2% - 7.0%) | 291 | 5.9% (5.1% - 6.8%) |
| Disability | Mobility Disability | 196 | 9.9% (8.2% - 11.6%) | 248 | 8.9% (7.6% - 10.5%) |
| Disability | Self-care Disability | 220 | 3.0% (2.6% - 3.5%) | 307 | 2.8% (2.4% - 3.2%) |
| Disability | Cognitive Disability | 330 | 10.8% (9.2% - 12.5%) | 223 | 10.9% (9.3% - 12.8%) |

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

Appendix 3: Midsized Communities (2,500-9,999)

Nevada falls into the group of midsized communities, which have a population of 2,500-9,999. In this data, 102 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

| Community | Population | Community | Population | Community | Population |
|----------------|------------|-----------------|------------|-----------------|------------|
| Keokuk | 9,868 | Red Oak | 5,563 | Dyersville | 4,318 |
| Grinnell | 9,511 | DeWitt | 5,508 | Forest City | 4,254 |
| Fairfield | 9,474 | Anamosa | 5,493 | Chariton | 4,203 |
| Mount Pleasant | 9,214 | Osceola | 5,455 | Jefferson | 4,190 |
| Denison | 8,316 | Algona | 5,443 | Carlisle | 4,116 |
| Sioux Center | 8,227 | Sheldon | 5,417 | Rock Valley | 4,045 |
| Perry | 7,875 | Spirit Lake | 5,409 | Monticello | 4,034 |
| Webster City | 7,787 | Centerville | 5,393 | Cresco | 3,899 |
| Clear Lake | 7,642 | Clarinda | 5,371 | West Liberty | 3,821 |
| Bondurant | 7,617 | Winterset | 5,366 | Waukon | 3,818 |
| Decorah | 7,611 | Windsor Heights | 5,200 | Carter Lake | 3,780 |
| Knoxville | 7,523 | Cherokee | 5,154 | Albia | 3,705 |
| Creston | 7,519 | Glenwood | 5,128 | Emmetsburg | 3,671 |
| Charles City | 7,364 | Manchester | 5,112 | Osage | 3,590 |
| Washington | 7,329 | Iowa Falls | 5,095 | Eagle Grove | 3,589 |
| Hiawatha | 7,179 | Sergeant Bluff | 5,007 | New Hampton | 3,473 |
| Nevada | 6,933 | Vinton | 4,953 | Robins | 3,356 |
| Atlantic | 6,770 | Shenandoah | 4,930 | Story City | 3,352 |
| Eldridge | 6,693 | Harlan | 4,897 | Williamsburg | 3,332 |
| Orange City | 6,278 | Tiffin | 4,845 | Milford | 3,295 |
| Maquoketa | 6,123 | Humboldt | 4,774 | West Burlington | 3,184 |
| Independence | 6,106 | Le Claire | 4,679 | Tipton | 3,130 |
| Adel | 6,090 | Evansdale | 4,561 | Tama | 3,073 |
| Oelwein | 5,934 | Camanche | 4,546 | Garner | 3,065 |
| Asbury | 5,890 | Mount Vernon | 4,529 | Solon | 3,020 |
| Estherville | 5,881 | Huxley | 4,331 | Wilton | 2,939 |
| Polk City | 5,604 | Hampton | 4,328 | Onawa | 2,876 |

| Community | Population |
|-----------------|------------|
| Saylorville | 2,837 |
| Park View | 2,835 |
| Sibley | 2,830 |
| Fairfax | 2,814 |
| Marengo | 2,812 |
| Clarion | 2,799 |
| Grundy Center | 2,792 |
| Madrid | 2,784 |
| Missouri Valley | 2,692 |
| Bloomfield | 2,687 |
| Hawarden | 2,673 |
| Postville | 2,653 |
| Eldora | 2,645 |
| Kalona | 2,637 |
| Rock Rapids | 2,631 |
| Center Point | 2,573 |
| Hudson | 2,557 |
| Belmond | 2,512 |
| Mitchellville | 2,506 |
| West Branch | 2,503 |
| Jesup | 2,502 |
