



Iowa Community Health Snapshot Series

*275 community reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



May 2024

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This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

Iowa Community Health Snapshot Series

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Health in Eddyville: Overview

Dear Community Members & Stakeholders of Eddyville,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partnership with Iowa State University’s Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Eddyville ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Eddyville’s strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all Iowa communities and communities of similar size to Eddyville. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

Strengths

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community’s strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Small Community Rank	Health Domain	Statewide Community Rank	Small Community Rank
Coronary Heart Disease	248th	40th	Cancer (except skin)	74th	4th
Hearing Disability	254th	37th	Binge Drinking	171st	27th
Cancer (except skin)	276th	28th	Annual Checkup	172nd	33rd
Stroke	280th	41st	Core preventive services for older men	217th	36th
Chronic Kidney Disease	310th	41st	Cervical Cancer Screening	294th	60th

Opportunities

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Small Community Rank	Health Domain	Statewide Community Rank	Small Community Rank
Colorectal Cancer Screening	881st	136th	Arthritis	768th	123rd
Current Smoking	774th	127th	Colorectal Cancer Screening	759th	126th
Obesity	708th	117th	Core preventive services for older women	641st	109th
Mental Health	705th	117th	High Blood Pressure	572nd	96th
Sleep <7 hours	690th	109th	Current Smoking	572nd	94th

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Eddyville.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

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How to Use this Report

The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Eddyville that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Eddyville, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Eddyville compares to the rest of the state and similarly-sized communities.

With a population of 1,187, Eddyville’s similarly sized communities are defined as small communities. In Iowa, small communities have an average population of 1,553, and there are 138 communities that are considered small communities. To see all of the communities in this population group, please see Appendix 3 of this report.

Group	Population Range	Number of Communities
Large	50,000+	11
Mid-Large	10,000-49,999	31
Midsized	2,500-9,999	102
Small	1,000-2,499	138
Very Small	0-999	676
Total		958

Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community’s crude and age-adjusted rate estimates alongside their averages across all Iowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all Iowa communities and the dotted lines showing the average rate for similarly-sized communities.



The example graphic above displays the poor mental health rate in Ames, Iowa. The left plot shows the crude rate of poor mental health in the community. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Ames has a higher crude rate of poor mental health than most communities in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized communities, indicating that when accounting for Ames’s unique age distribution, Ames’s poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

Health Status

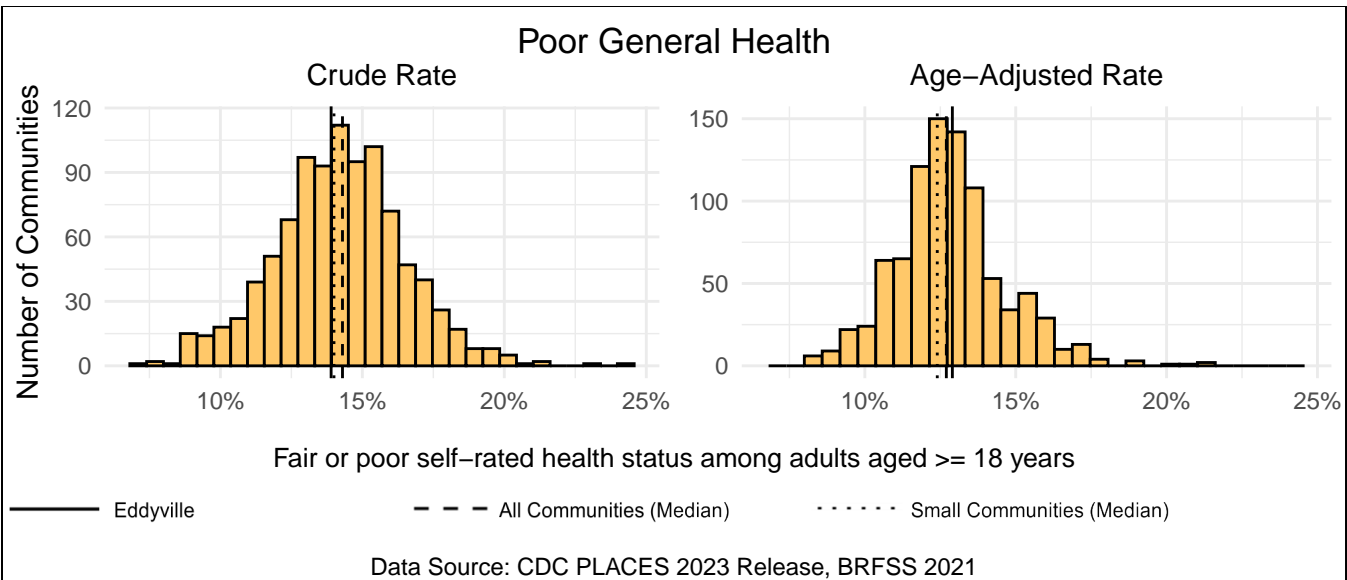
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Eddyville has a crude rate of 13.9% for fair or poor self-rated health status among adults aged >= 18 years, which ranks 406th out of 958 Iowa communities (68th out of 138 small communities). The age-adjusted rate for Eddyville is 12.9%, which ranks 482nd out of 905 Iowa communities (80th out of 138 small communities).

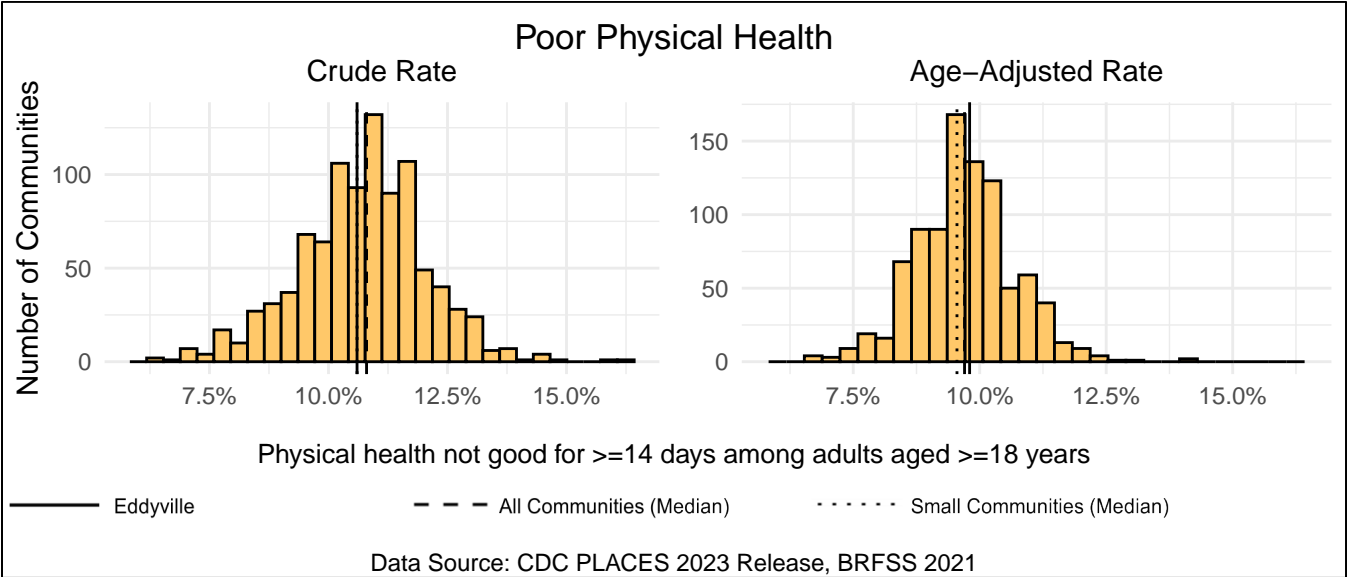
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	13.9%	14.3%	14.0%
Age-Adjusted	12.9%	12.7%	12.4%



Poor Physical Health

Eddyville has a crude rate of 10.6% for physical health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 404th out of 958 Iowa communities (67th out of 138 small communities). The age-adjusted rate for Eddyville is 9.8%, which ranks 468th out of 905 Iowa communities (80th out of 138 small communities).

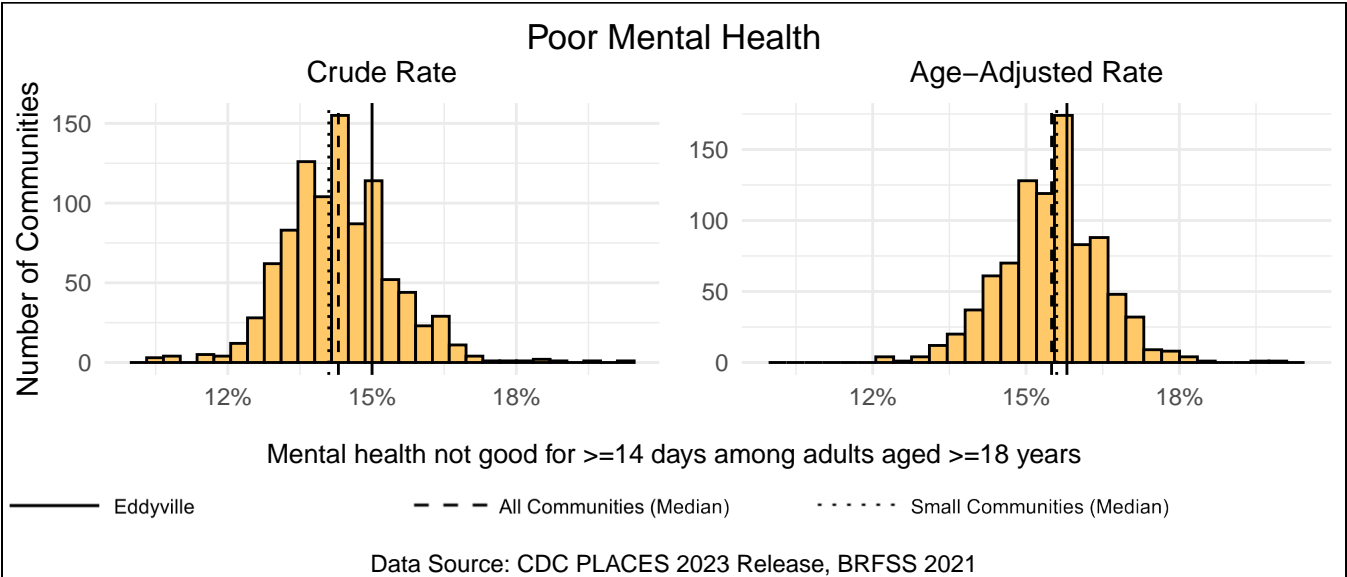
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	10.6%	10.8%	10.6%
Age-Adjusted	9.8%	9.7%	9.6%



Poor Mental Health

Eddyville has a crude rate of 15.0% for mental health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 705th out of 958 Iowa communities (117th out of 138 small communities). The age-adjusted rate for Eddyville is 15.8%, which ranks 555th out of 905 Iowa communities (84th out of 138 small communities).

Measure Type	Eddyville	All Comm.	Small Comm.
Crude	15.0%	14.3%	14.1%
Age-Adjusted	15.8%	15.5%	15.6%



Health Risk Behaviors

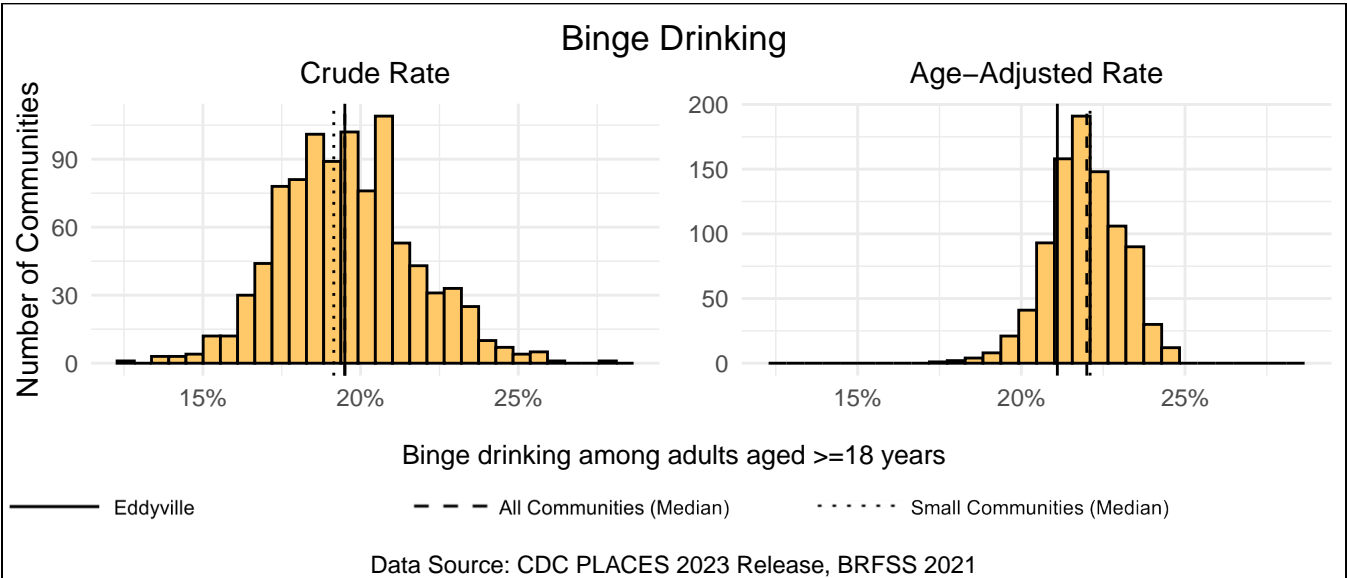
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Eddyville has a crude rate of 19.5% for binge drinking among adults aged ≥ 18 years, which ranks 476th out of 958 Iowa communities (75th out of 138 small communities). The age-adjusted rate for Eddyville is 21.1%, which ranks 171st out of 905 Iowa communities (27th out of 138 small communities).

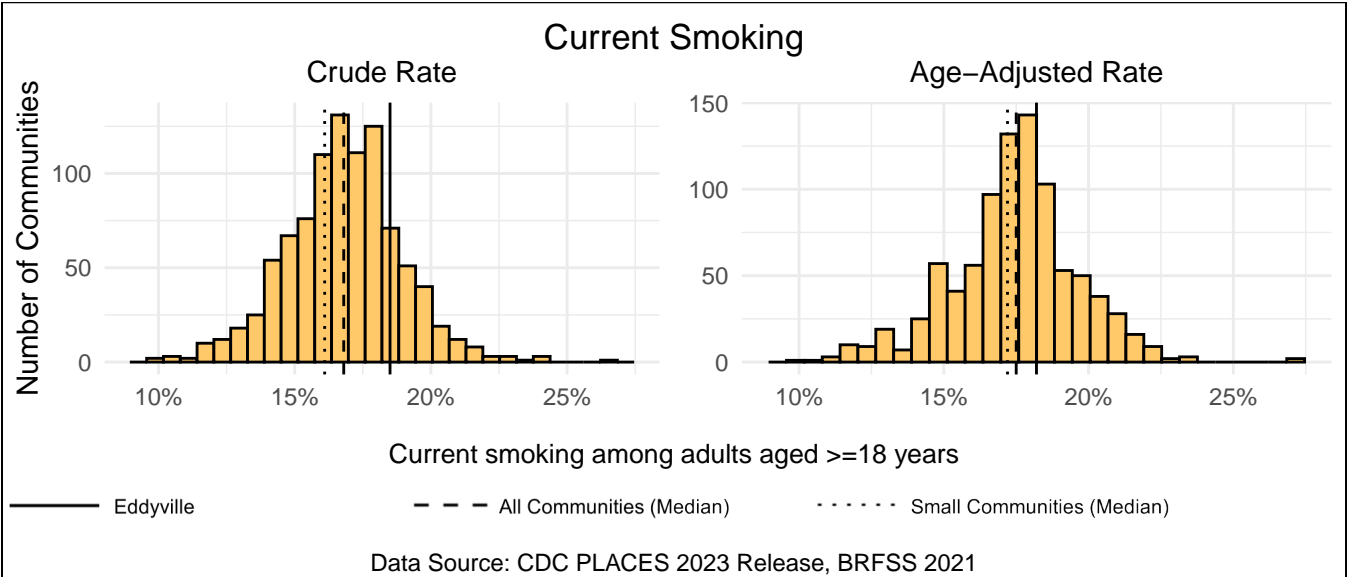
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	19.5%	19.5%	19.1%
Age-Adjusted	21.1%	22.0%	22.1%



Current Smoking

Eddyville has a crude rate of 18.5% for current smoking among adults aged >=18 years, which ranks 774th out of 958 Iowa communities (127th out of 138 small communities). The age-adjusted rate for Eddyville is 18.2%, which ranks 572nd out of 905 Iowa communities (94th out of 138 small communities).

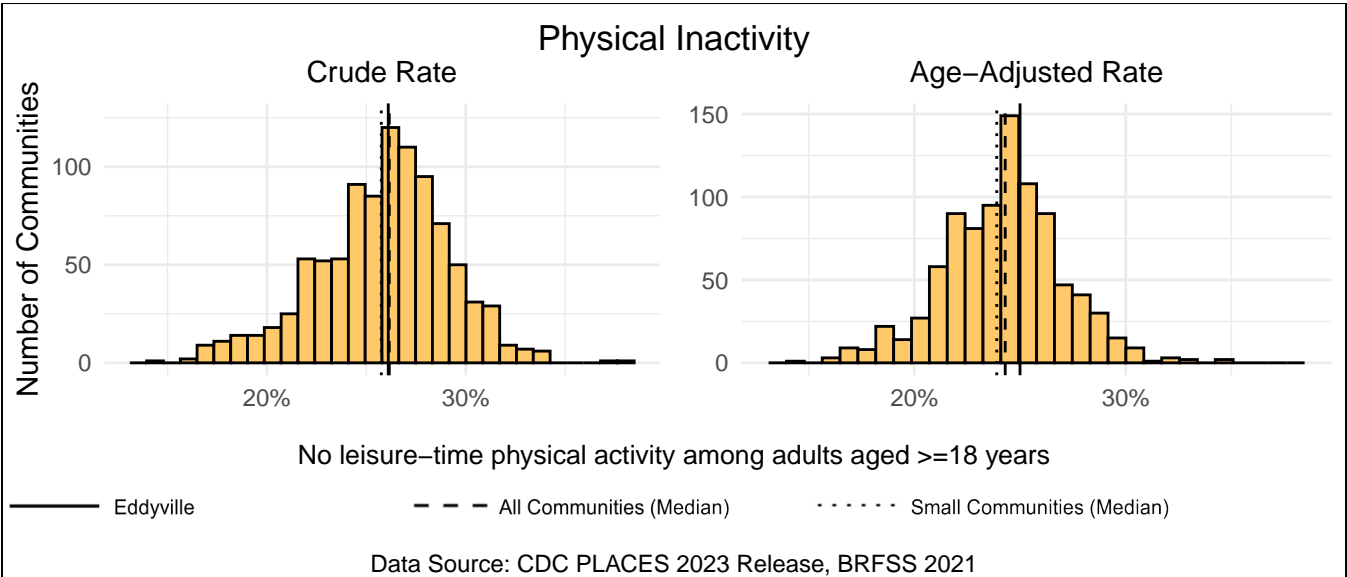
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	18.5%	16.8%	16.1%
Age-Adjusted	18.2%	17.5%	17.2%



Physical Inactivity

Eddyville has a crude rate of 26.1% for no leisure-time physical activity among adults aged >=18 years, which ranks 472nd out of 958 Iowa communities (74th out of 138 small communities). The age-adjusted rate for Eddyville is 25.0%, which ranks 558th out of 905 Iowa communities (91st out of 138 small communities).

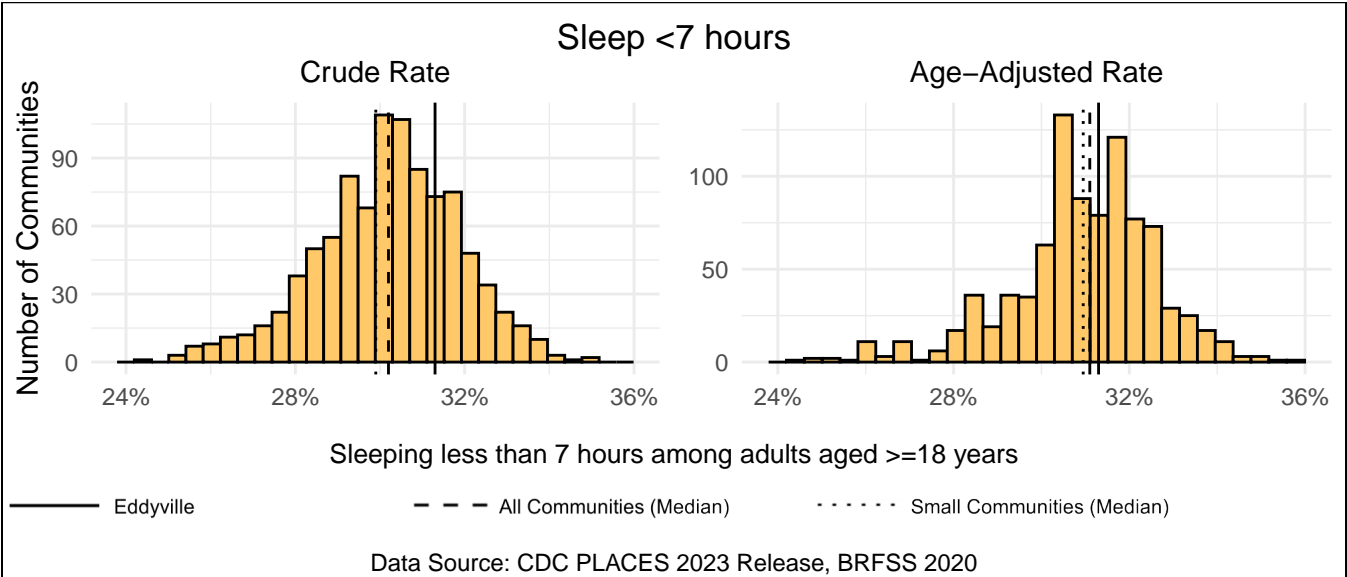
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	26.1%	26.1%	25.8%
Age-Adjusted	25.0%	24.3%	23.9%



Sleep <7 hours

Eddyville has a crude rate of 31.3% for sleeping less than 7 hours among adults aged ≥ 18 years, which ranks 690th out of 958 Iowa communities (109th out of 138 small communities). The age-adjusted rate for Eddyville is 31.3%, which ranks 490th out of 905 Iowa communities (83rd out of 138 small communities).

Measure Type	Eddyville	All Comm.	Small Comm.
Crude	31.3%	30.2%	29.9%
Age-Adjusted	31.3%	31.1%	31.0%



Health Outcomes

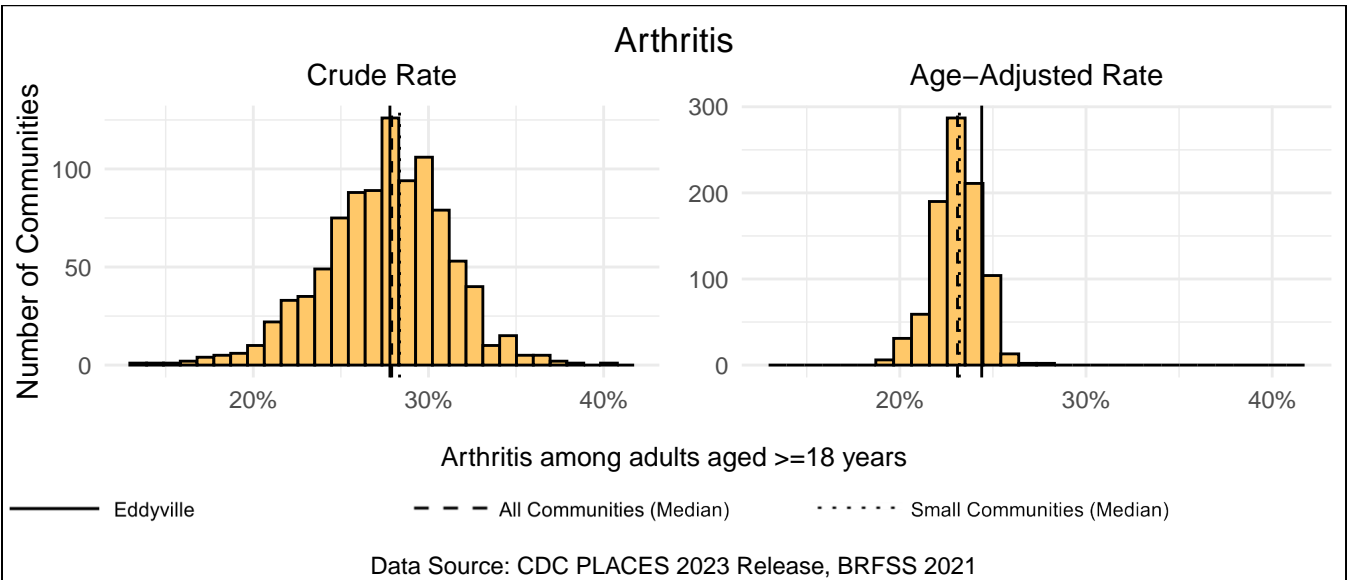
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Eddyville has a crude rate of 27.8% for arthritis among adults aged ≥ 18 years, which ranks 465th out of 958 Iowa communities (59th out of 138 small communities). The age-adjusted rate for Eddyville is 24.4%, which ranks 768th out of 905 Iowa communities (123rd out of 138 small communities).

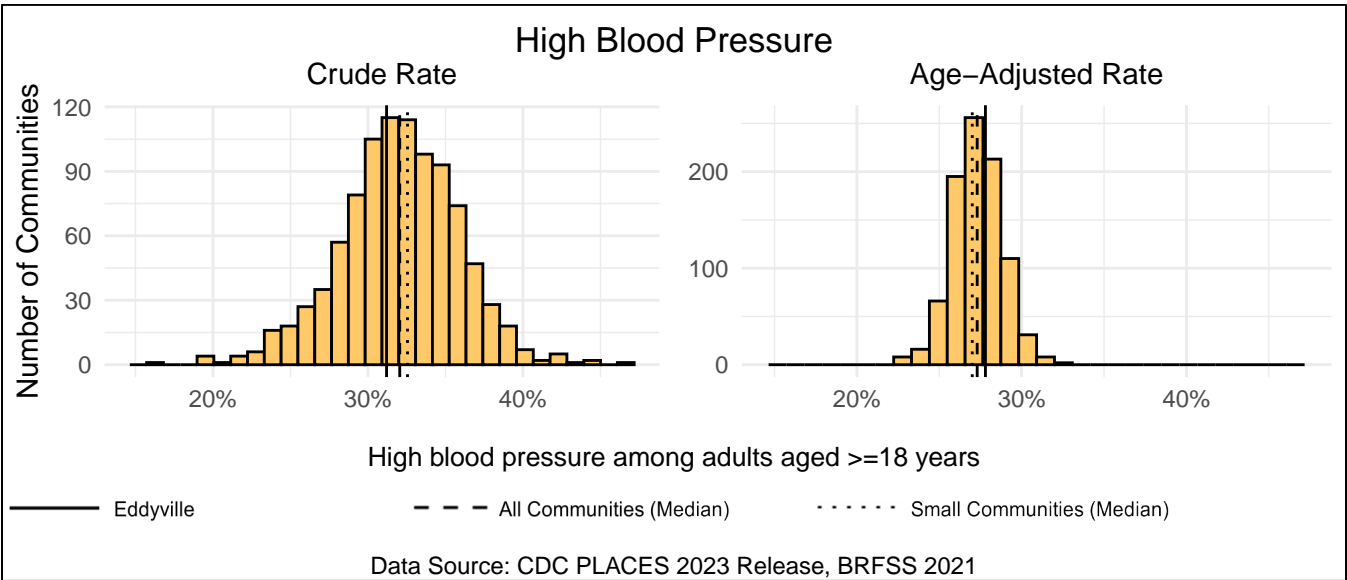
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	27.8%	27.9%	28.4%
Age-Adjusted	24.4%	23.1%	23.2%



High Blood Pressure

Eddyville has a crude rate of 31.2% for high blood pressure among adults aged ≥ 18 years, which ranks 373rd out of 958 Iowa communities (51st out of 138 small communities). The age-adjusted rate for Eddyville is 27.8%, which ranks 572nd out of 905 Iowa communities (96th out of 138 small communities).

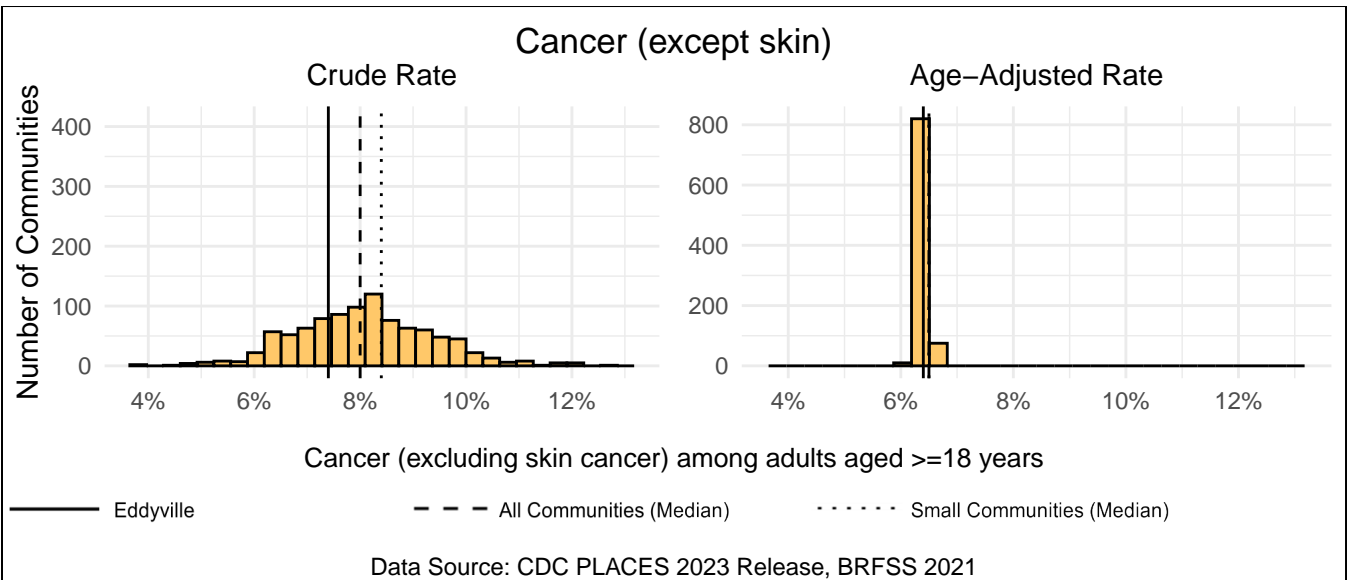
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	31.2%	32.0%	32.5%
Age-Adjusted	27.8%	27.3%	27.0%



Cancer (except skin)

Eddyville has a crude rate of 7.4% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 276th out of 958 Iowa communities (28th out of 138 small communities). The age-adjusted rate for Eddyville is 6.4%, which ranks 74th out of 905 Iowa communities (4th out of 138 small communities).

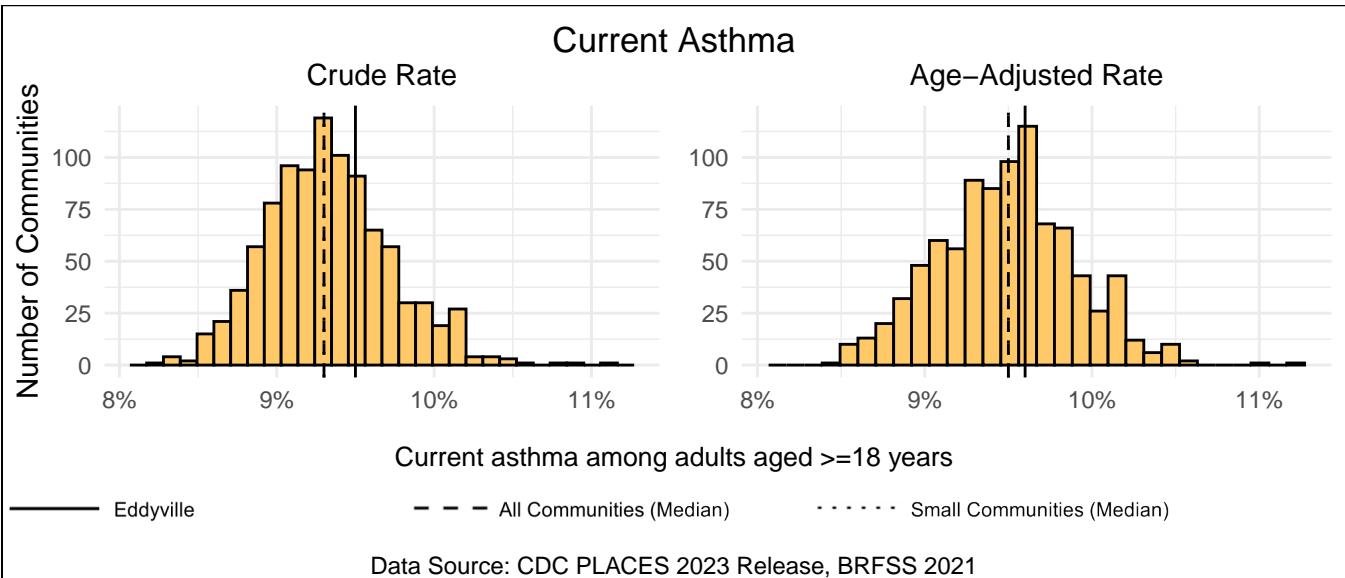
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	7.4%	8.0%	8.4%
Age-Adjusted	6.4%	6.5%	6.5%



Current Asthma

Eddyville has a crude rate of 9.5% for current asthma among adults aged ≥ 18 years, which ranks 625th out of 958 Iowa communities (100th out of 138 small communities). The age-adjusted rate for Eddyville is 9.6%, which ranks 513th out of 905 Iowa communities (73rd out of 138 small communities).

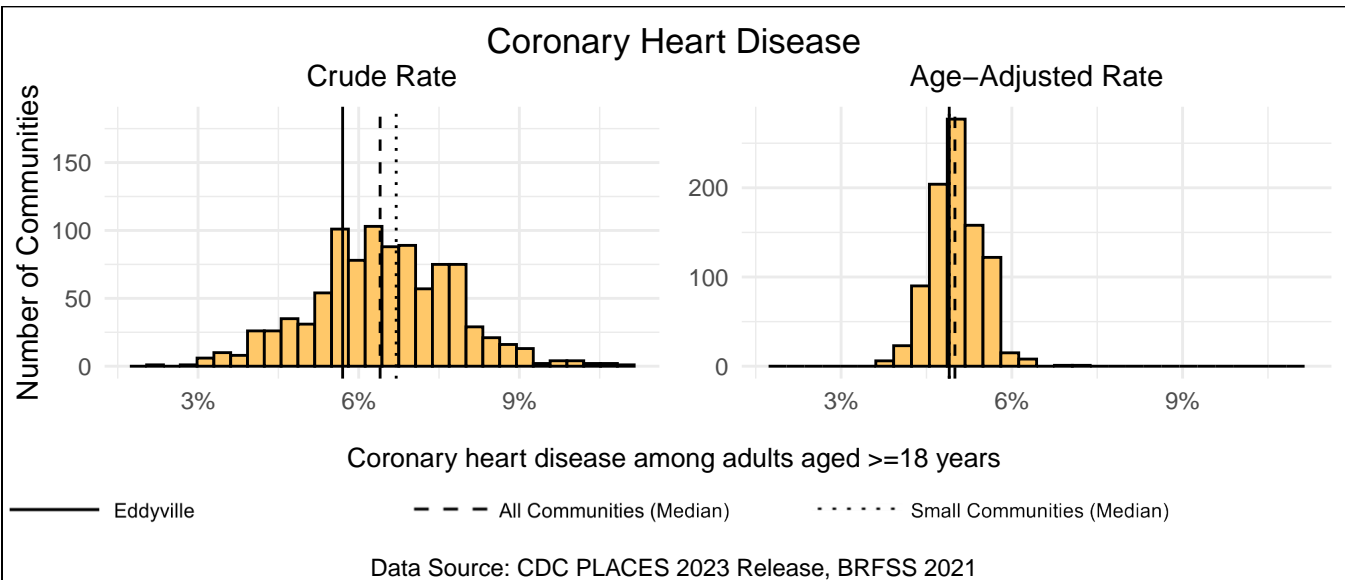
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	9.5%	9.3%	9.3%
Age-Adjusted	9.6%	9.5%	9.5%



Coronary Heart Disease

Eddyville has a crude rate of 5.7% for coronary heart disease among adults aged ≥ 18 years, which ranks 248th out of 958 Iowa communities (40th out of 138 small communities). The age-adjusted rate for Eddyville is 4.9%, which ranks 324th out of 905 Iowa communities (68th out of 138 small communities).

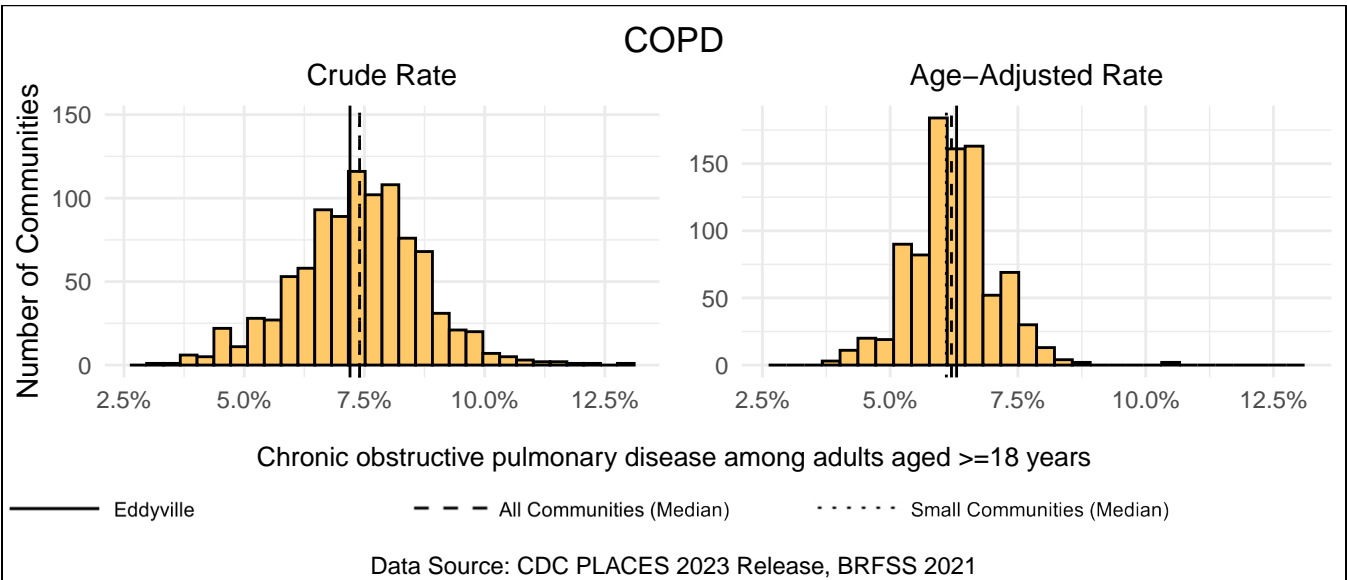
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	5.7%	6.4%	6.7%
Age-Adjusted	4.9%	5.0%	4.9%



COPD

Eddyville has a crude rate of 7.2% for chronic obstructive pulmonary disease among adults aged >=18 years, which ranks 395th out of 958 Iowa communities (60th out of 138 small communities). The age-adjusted rate for Eddyville is 6.3%, which ranks 459th out of 905 Iowa communities (78th out of 138 small communities).

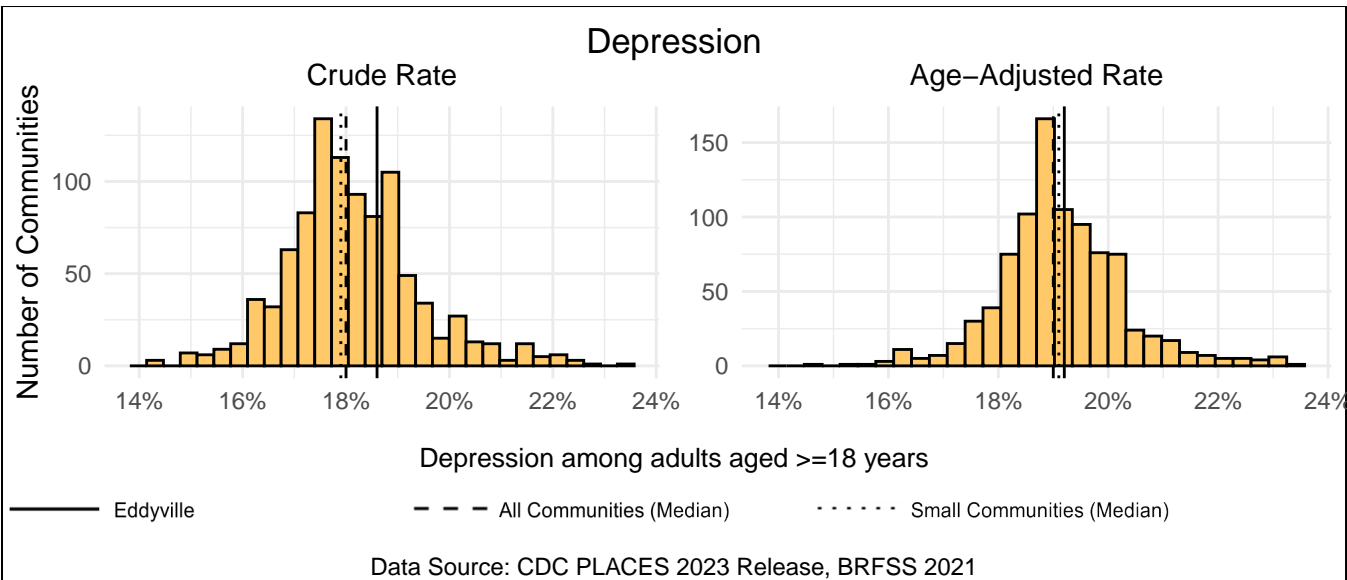
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	7.2%	7.4%	7.4%
Age-Adjusted	6.3%	6.2%	6.1%



Depression

Eddyville has a crude rate of 18.6% for depression among adults aged >=18 years, which ranks 648th out of 958 Iowa communities (102nd out of 138 small communities). The age-adjusted rate for Eddyville is 19.2%, which ranks 489th out of 905 Iowa communities (74th out of 138 small communities).

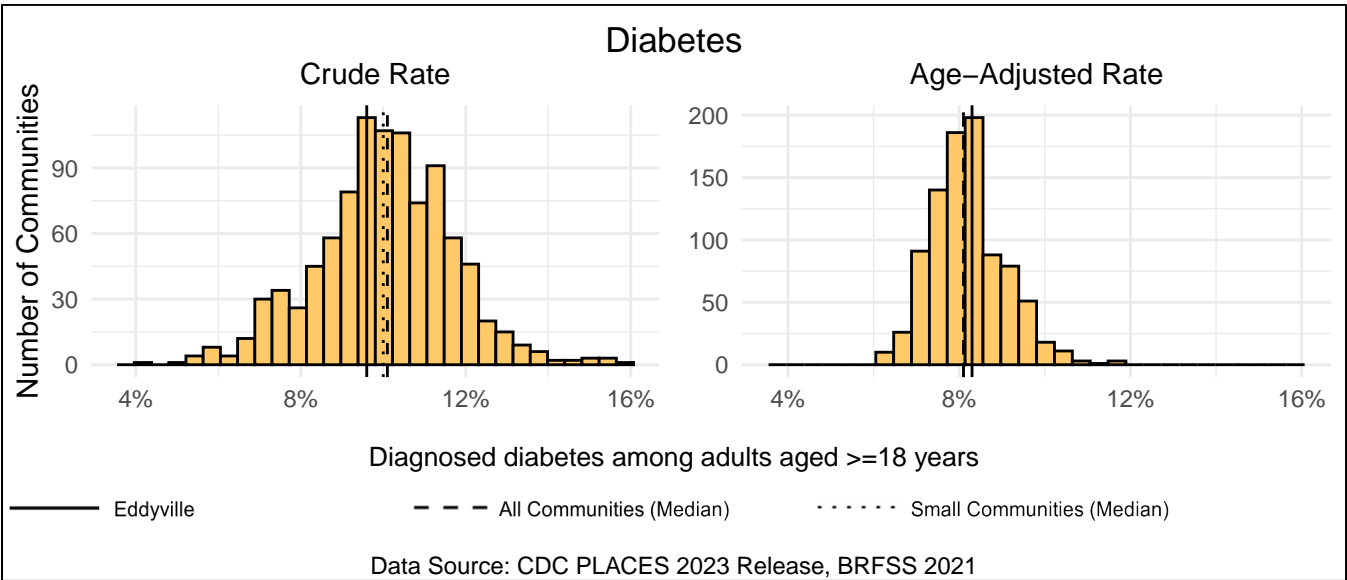
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	18.6%	18.0%	17.9%
Age-Adjusted	19.2%	19.0%	19.1%



Diabetes

Eddyville has a crude rate of 9.6% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 355th out of 958 Iowa communities (55th out of 138 small communities). The age-adjusted rate for Eddyville is 8.3%, which ranks 508th out of 905 Iowa communities (89th out of 138 small communities).

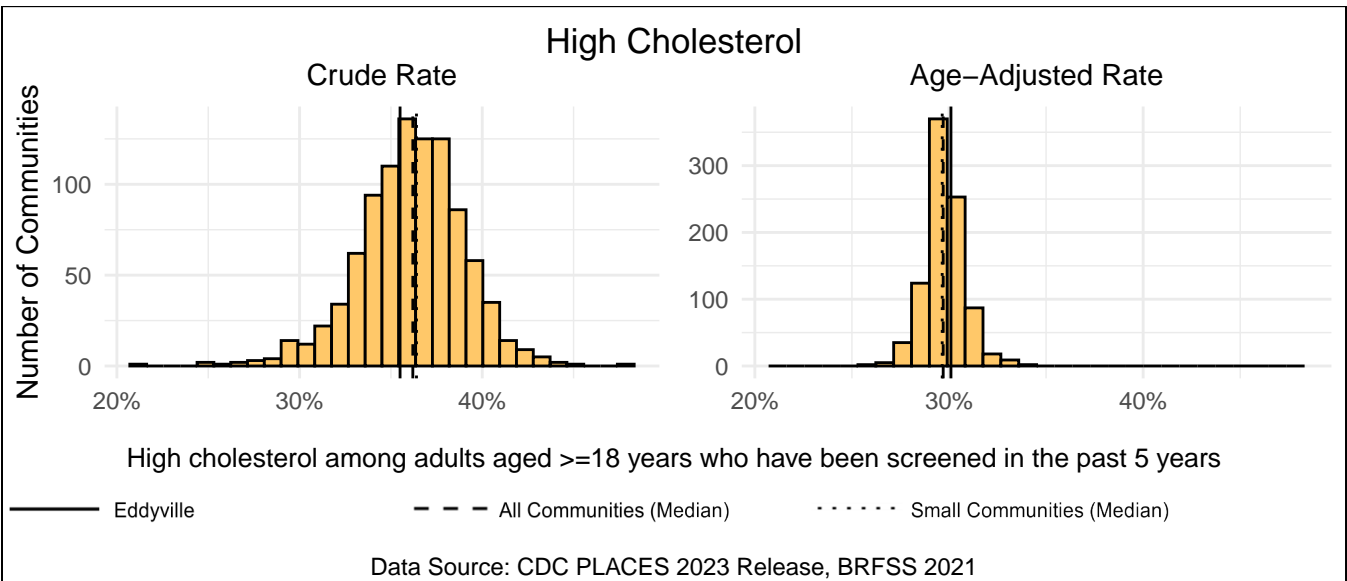
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	9.6%	10.1%	10.0%
Age-Adjusted	8.3%	8.1%	8.1%



High Cholesterol

Eddyville has a crude rate of 35.5% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 362nd out of 958 Iowa communities (48th out of 138 small communities). The age-adjusted rate for Eddyville is 30.1%, which ranks 565th out of 905 Iowa communities (89th out of 138 small communities).

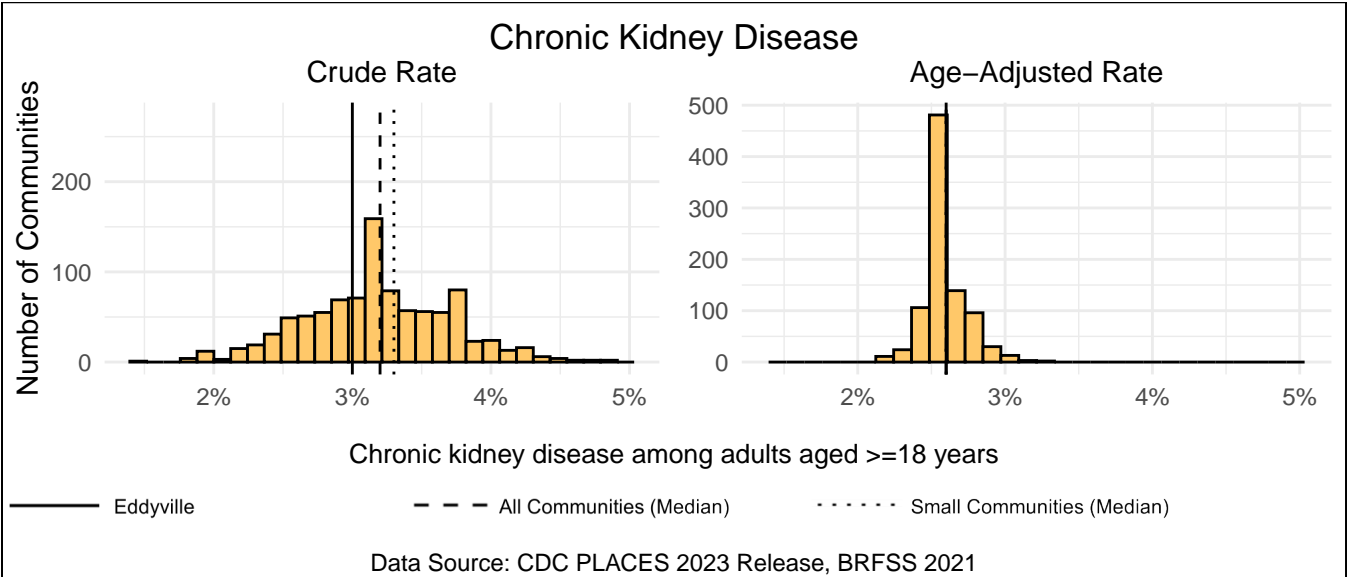
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	35.5%	36.2%	36.4%
Age-Adjusted	30.1%	29.7%	29.6%



Chronic Kidney Disease

Eddyville has a crude rate of 3.0% for chronic kidney disease among adults aged ≥ 18 years, which ranks 310th out of 958 Iowa communities (41st out of 138 small communities). The age-adjusted rate for Eddyville is 2.6%, which ranks 349th out of 905 Iowa communities (65th out of 138 small communities).

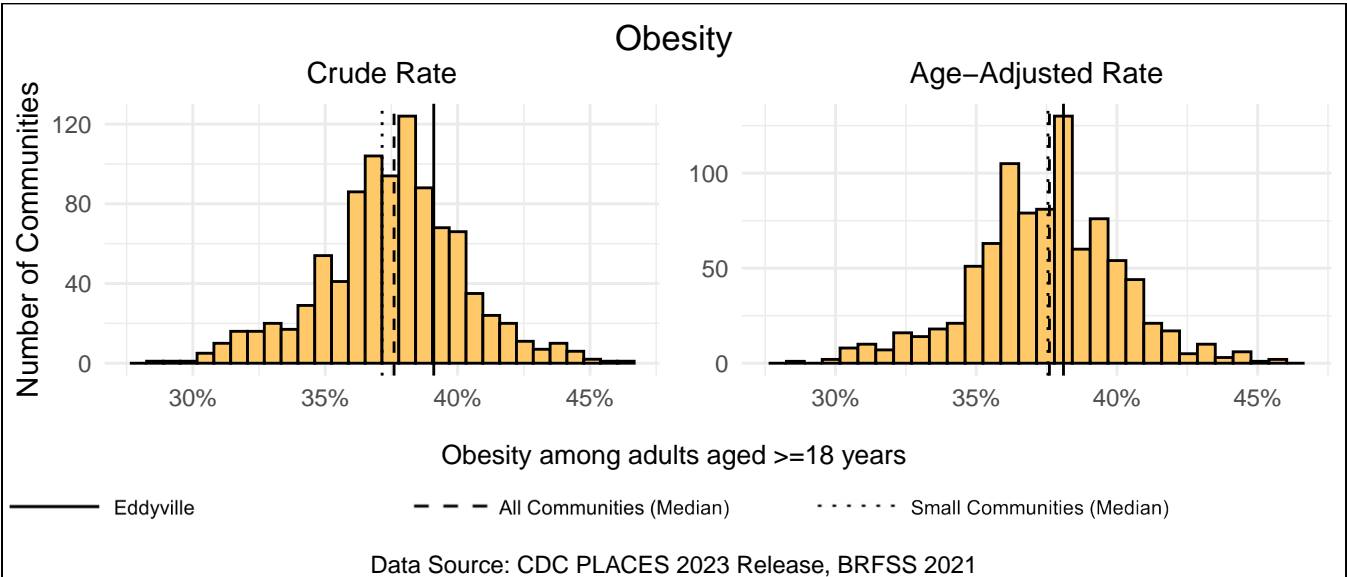
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	3.0%	3.2%	3.3%
Age-Adjusted	2.6%	2.6%	2.6%



Obesity

Eddyville has a crude rate of 39.1% for obesity among adults aged ≥ 18 years, which ranks 708th out of 958 Iowa communities (117th out of 138 small communities). The age-adjusted rate for Eddyville is 38.1%, which ranks 530th out of 905 Iowa communities (85th out of 138 small communities).

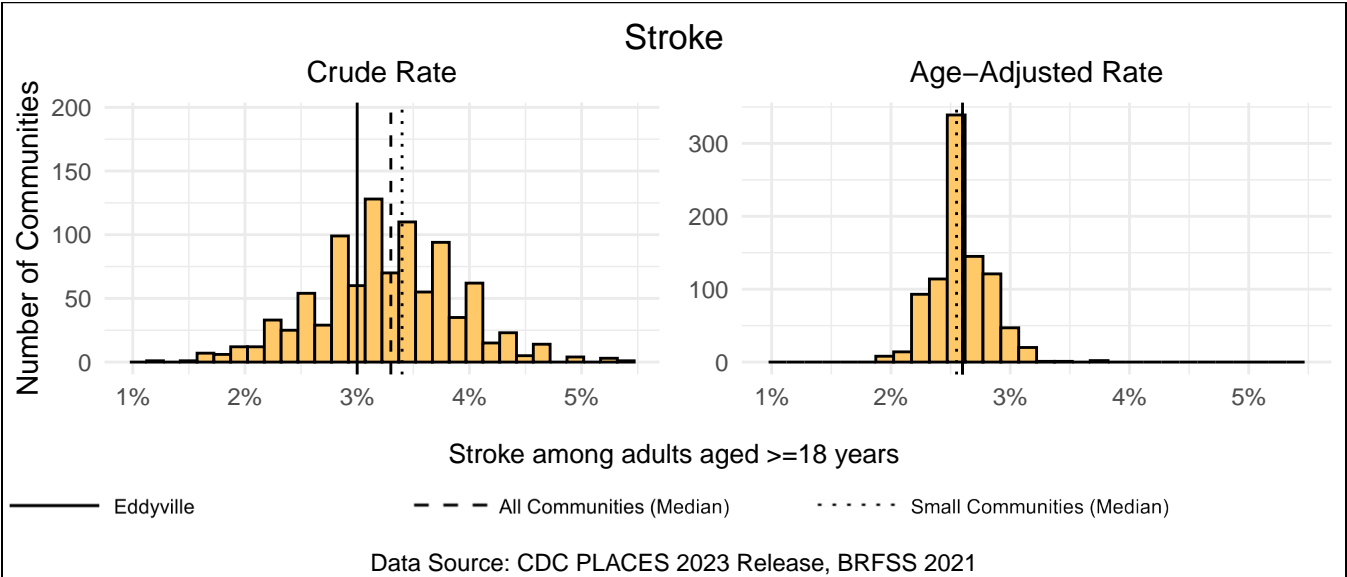
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	39.1%	37.6%	37.2%
Age-Adjusted	38.1%	37.6%	37.5%



Stroke

Eddyville has a crude rate of 3.0% for stroke among adults aged ≥ 18 years, which ranks 280th out of 958 Iowa communities (41st out of 138 small communities). The age-adjusted rate for Eddyville is 2.6%, which ranks 375th out of 905 Iowa communities (70th out of 138 small communities).

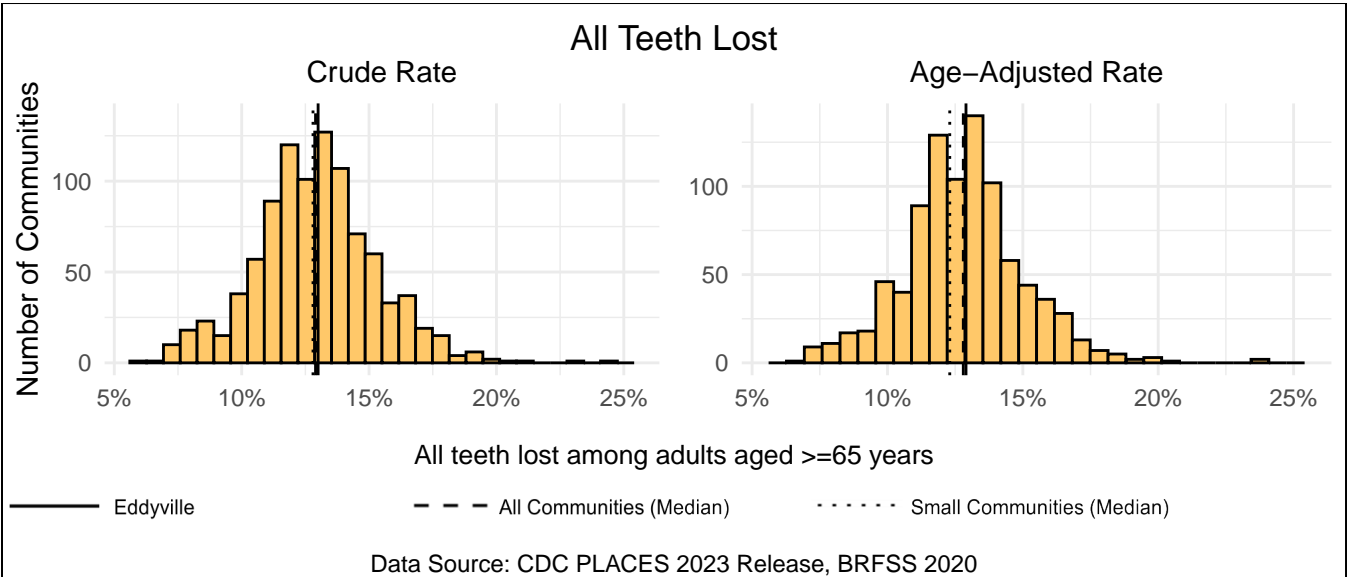
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	3.0%	3.3%	3.4%
Age-Adjusted	2.6%	2.6%	2.5%



All Teeth Lost

Eddyville has a crude rate of 13.0% for all teeth lost among adults aged ≥ 65 years, which ranks 487th out of 958 Iowa communities (73rd out of 138 small communities). The age-adjusted rate for Eddyville is 12.9%, which ranks 465th out of 905 Iowa communities (85th out of 138 small communities).

Measure Type	Eddyville	All Comm.	Small Comm.
Crude	13.0%	12.9%	12.8%
Age-Adjusted	12.9%	12.8%	12.3%



Prevention

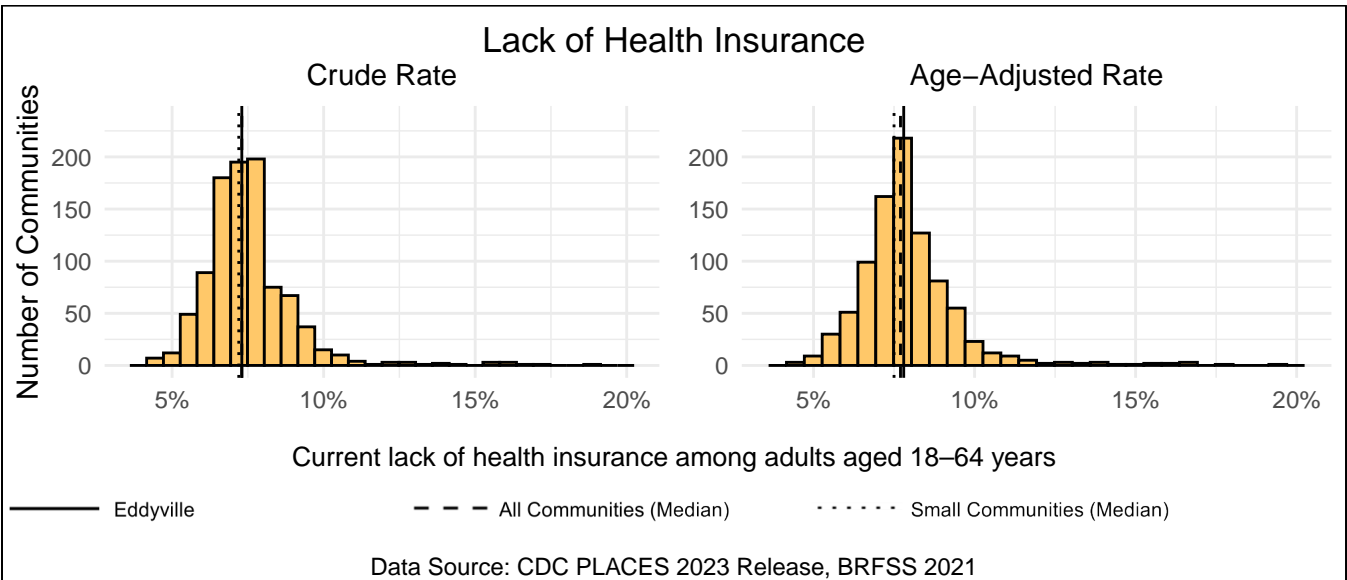
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Eddyville has a crude rate of 7.3% for current lack of health insurance among adults aged 18–64 years, which ranks 456th out of 958 Iowa communities (73rd out of 138 small communities). The age-adjusted rate for Eddyville is 7.8%, which ranks 458th out of 905 Iowa communities (77th out of 138 small communities).

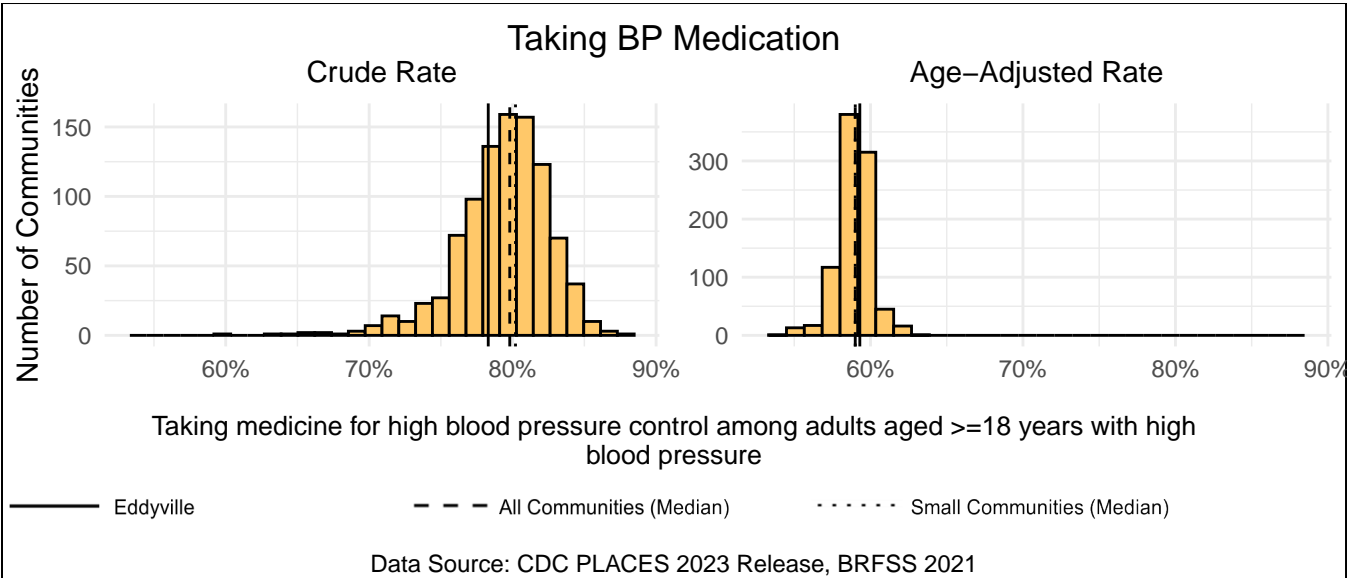
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	7.3%	7.3%	7.2%
Age-Adjusted	7.8%	7.7%	7.5%



Taking BP Medication

Eddyville has a crude rate of 78.3% for taking medicine for high blood pressure control among adults aged >=18 years with high blood pressure, which ranks 649th out of 958 Iowa communities (99th out of 138 small communities). The age-adjusted rate for Eddyville is 59.3%, which ranks 298th out of 905 Iowa communities (47th out of 138 small communities).

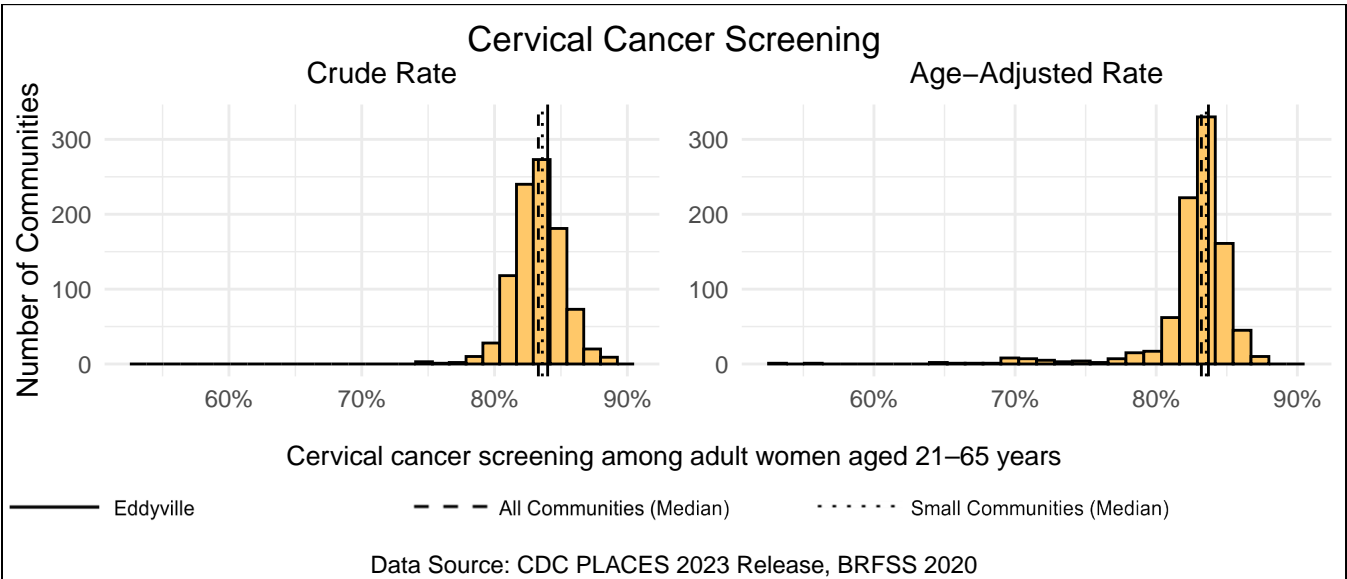
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	78.3%	79.8%	80.2%
Age-Adjusted	59.3%	59.0%	59.0%



Cervical Cancer Screening

Eddyville has a crude rate of 84.0% for cervical cancer screening among adult women aged 21–65 years, which ranks 311th out of 958 Iowa communities (50th out of 138 small communities). The age-adjusted rate for Eddyville is 83.7%, which ranks 294th out of 905 Iowa communities (60th out of 138 small communities).

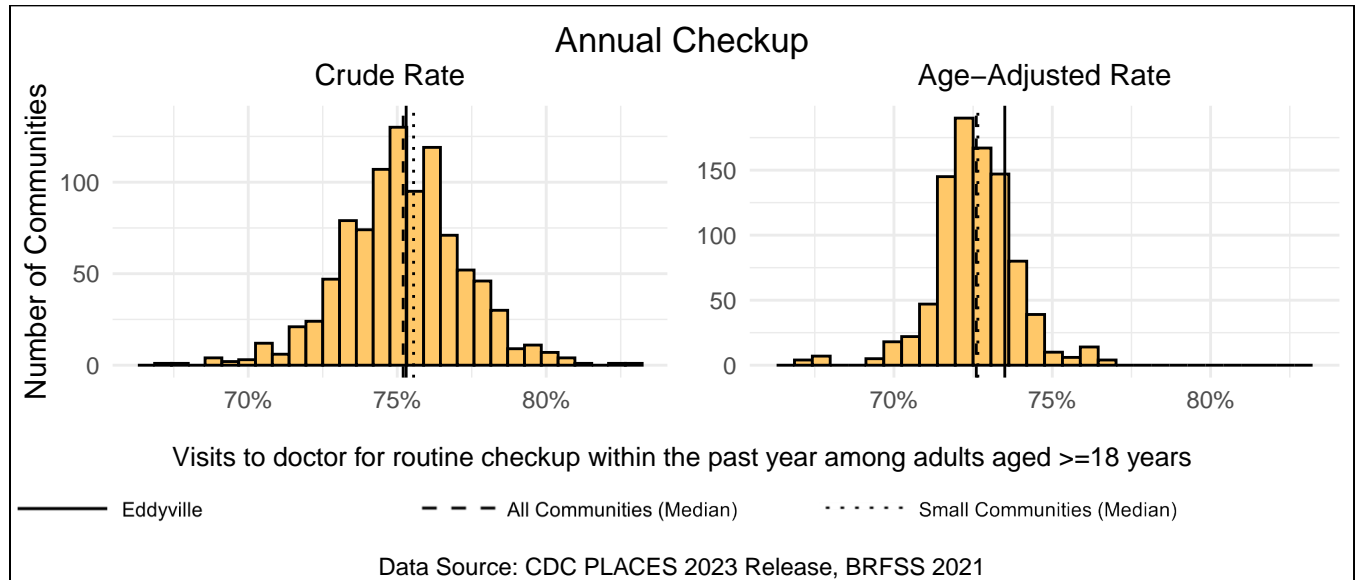
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	84.0%	83.3%	83.6%
Age-Adjusted	83.7%	83.2%	83.5%



Annual Checkup

Eddyville has a crude rate of 75.3% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 448th out of 958 Iowa communities (75th out of 138 small communities). The age-adjusted rate for Eddyville is 73.5%, which ranks 172nd out of 905 Iowa communities (33rd out of 138 small communities).

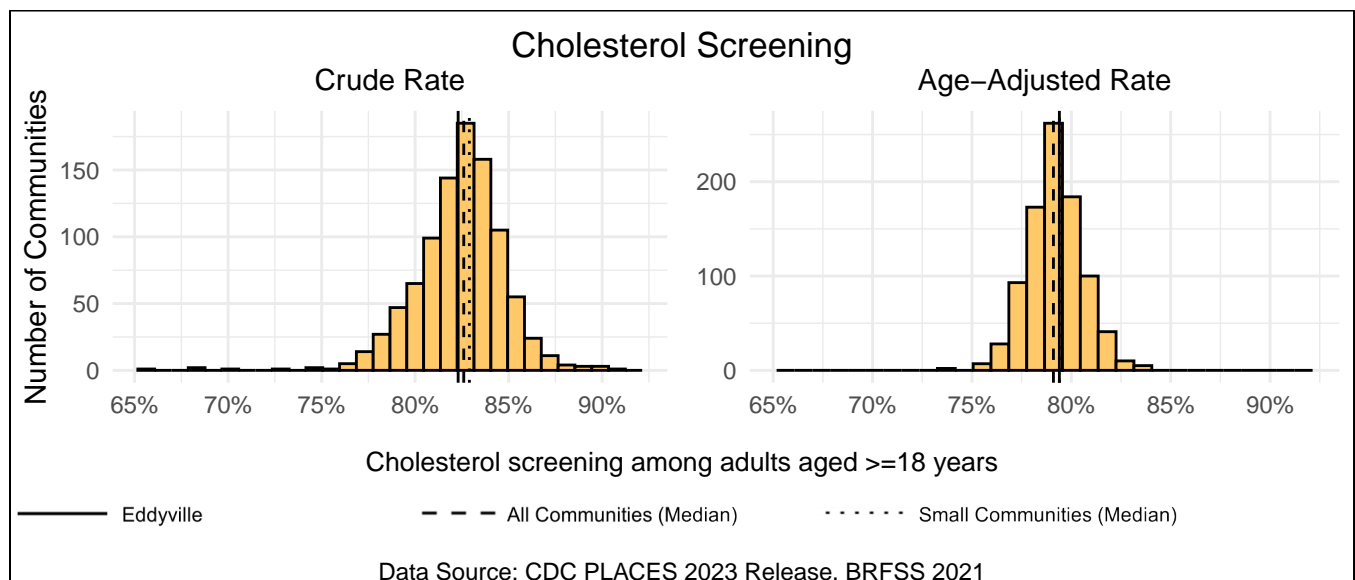
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	75.3%	75.2%	75.5%
Age-Adjusted	73.5%	72.6%	72.6%



Cholesterol Screening

Eddyville has a crude rate of 82.3% for cholesterol screening among adults aged ≥ 18 years, which ranks 538th out of 958 Iowa communities (87th out of 138 small communities). The age-adjusted rate for Eddyville is 79.4%, which ranks 364th out of 905 Iowa communities (65th out of 138 small communities).

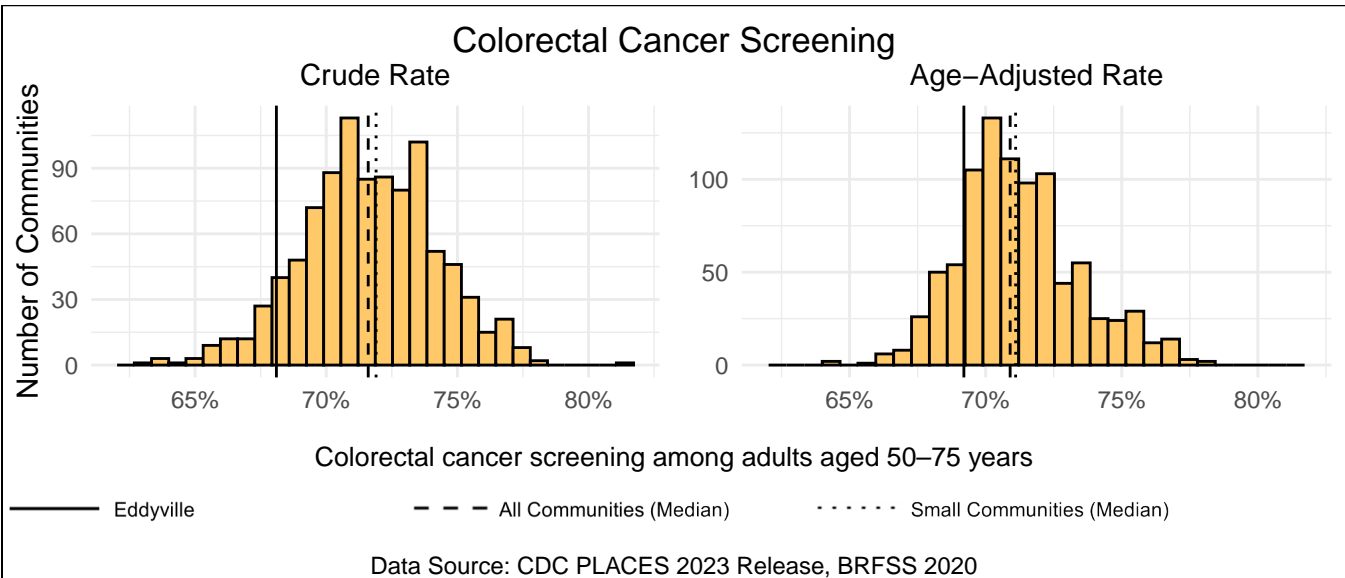
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	82.3%	82.6%	82.9%
Age-Adjusted	79.4%	79.1%	79.4%



Colorectal Cancer Screening

Eddyville has a crude rate of 68.1% for colorectal cancer screening among adults aged 50–75 years, which ranks 881st out of 958 Iowa communities (136th out of 138 small communities). The age-adjusted rate for Eddyville is 69.2%, which ranks 759th out of 905 Iowa communities (126th out of 138 small communities).

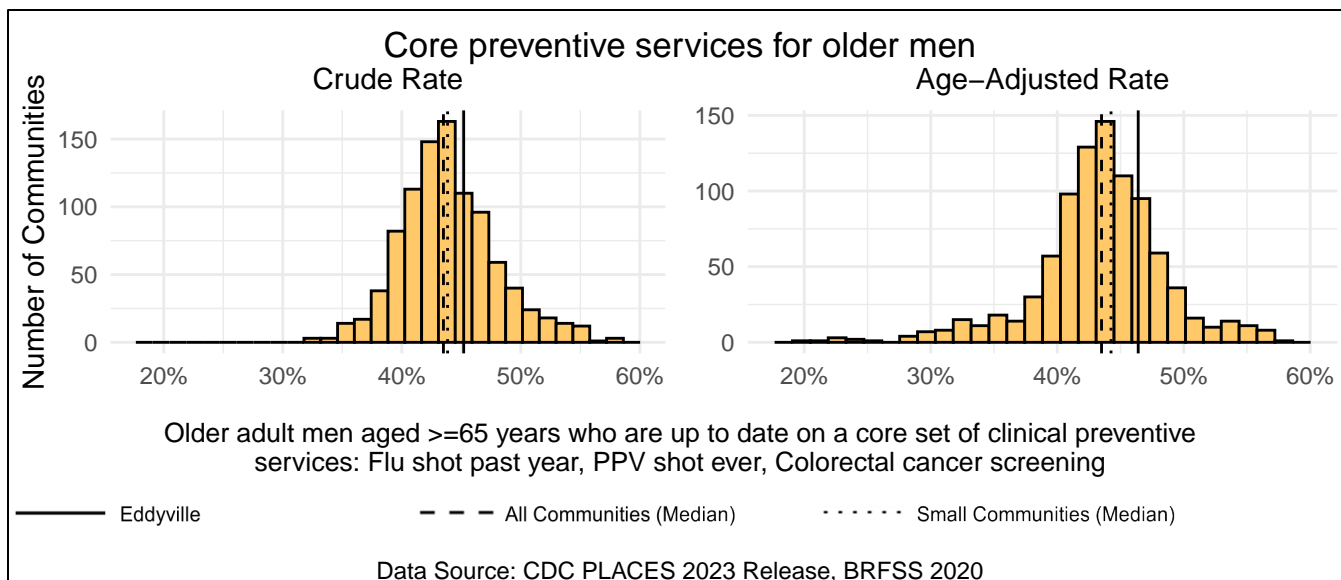
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	68.1%	71.6%	71.9%
Age-Adjusted	69.2%	70.9%	71.1%



Core preventive services for older men

Eddyville has a crude rate of 45.2% for older adult men aged ≥65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 311th out of 958 Iowa communities (48th out of 138 small communities). The age-adjusted rate for Eddyville is 46.4%, which ranks 217th out of 905 Iowa communities (36th out of 138 small communities).

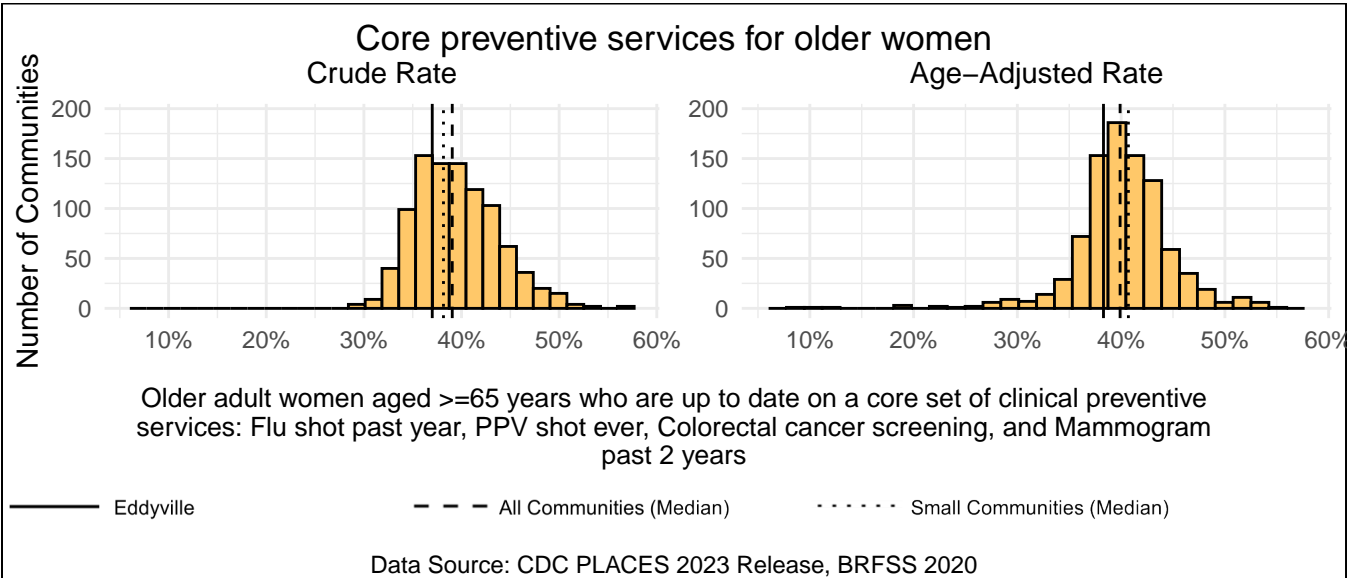
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	45.2%	43.5%	43.8%
Age-Adjusted	46.4%	43.5%	44.2%



Core preventive services for older women

Eddyville has a crude rate of 37.0% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 654th out of 958 Iowa communities (79th out of 138 small communities). The age-adjusted rate for Eddyville is 38.3%, which ranks 641st out of 905 Iowa communities (109th out of 138 small communities).

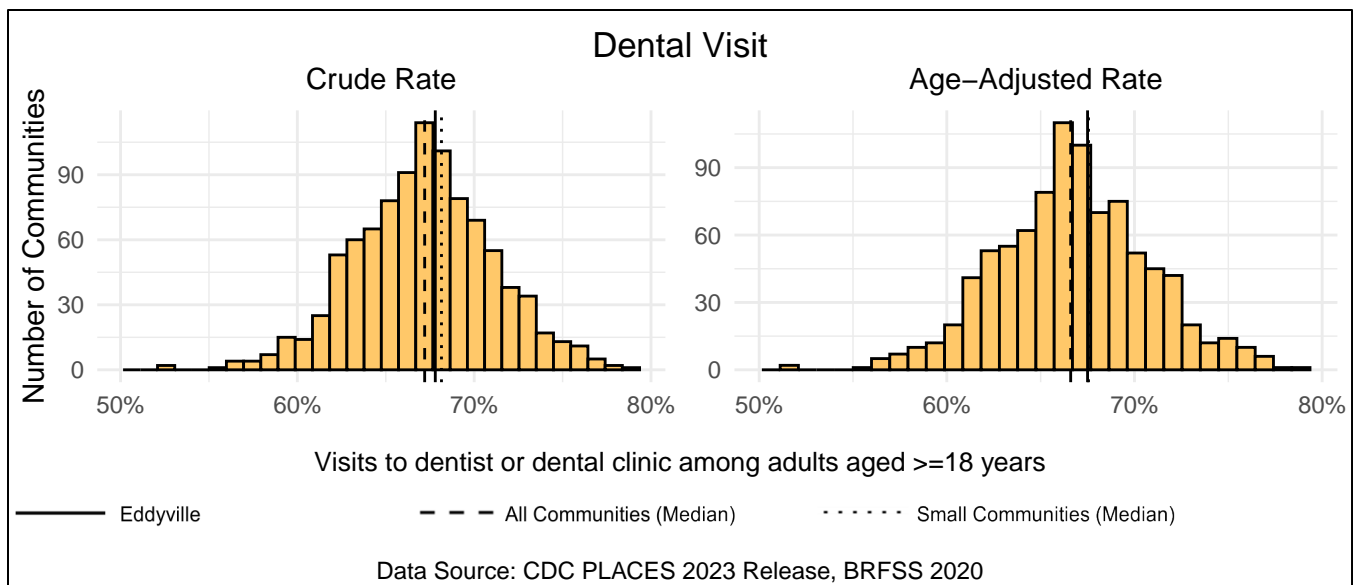
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	37.0%	39.0%	38.2%
Age-Adjusted	38.3%	39.9%	40.7%



Dental Visit

Eddyville has a crude rate of 67.8% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 407th out of 958 Iowa communities (74th out of 138 small communities). The age-adjusted rate for Eddyville is 67.5%, which ranks 354th out of 905 Iowa communities (70th out of 138 small communities).

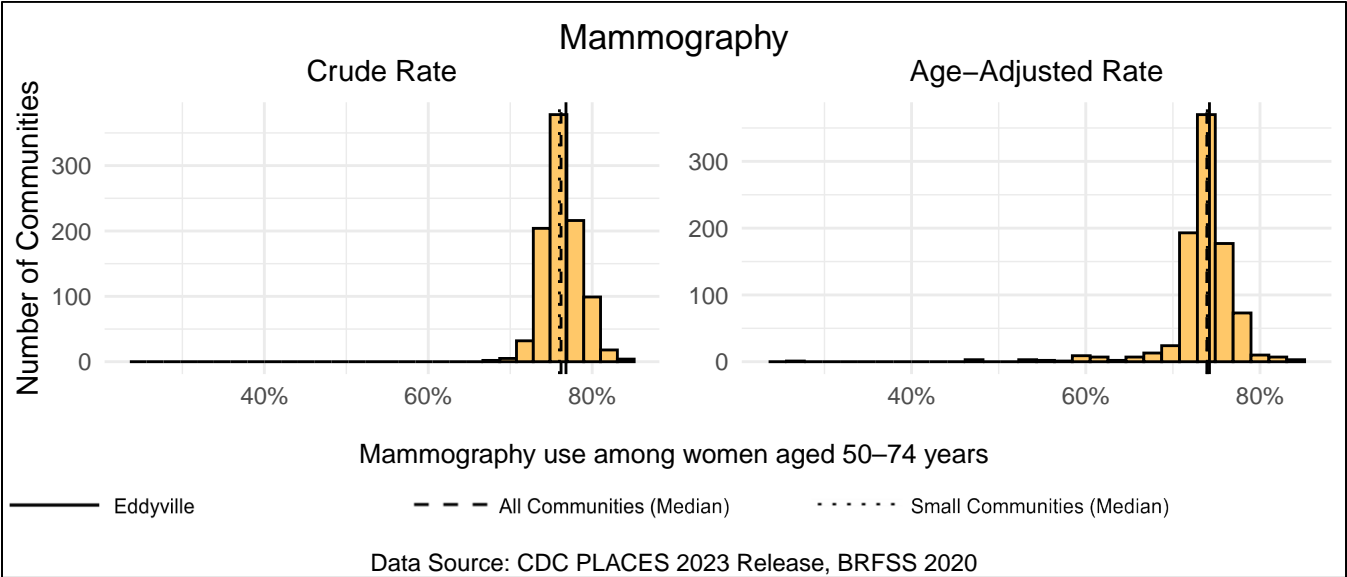
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	67.8%	67.2%	68.2%
Age-Adjusted	67.5%	66.6%	67.5%



Mammography

Eddyville has a crude rate of 76.8% for mammography use among women aged 50–74 years, which ranks 358th out of 958 Iowa communities (45th out of 138 small communities). The age-adjusted rate for Eddyville is 74.2%, which ranks 378th out of 905 Iowa communities (63rd out of 138 small communities).

Measure Type	Eddyville	All Comm.	Small Comm.
Crude	76.8%	76.2%	76.0%
Age-Adjusted	74.2%	73.9%	74.0%



Disability

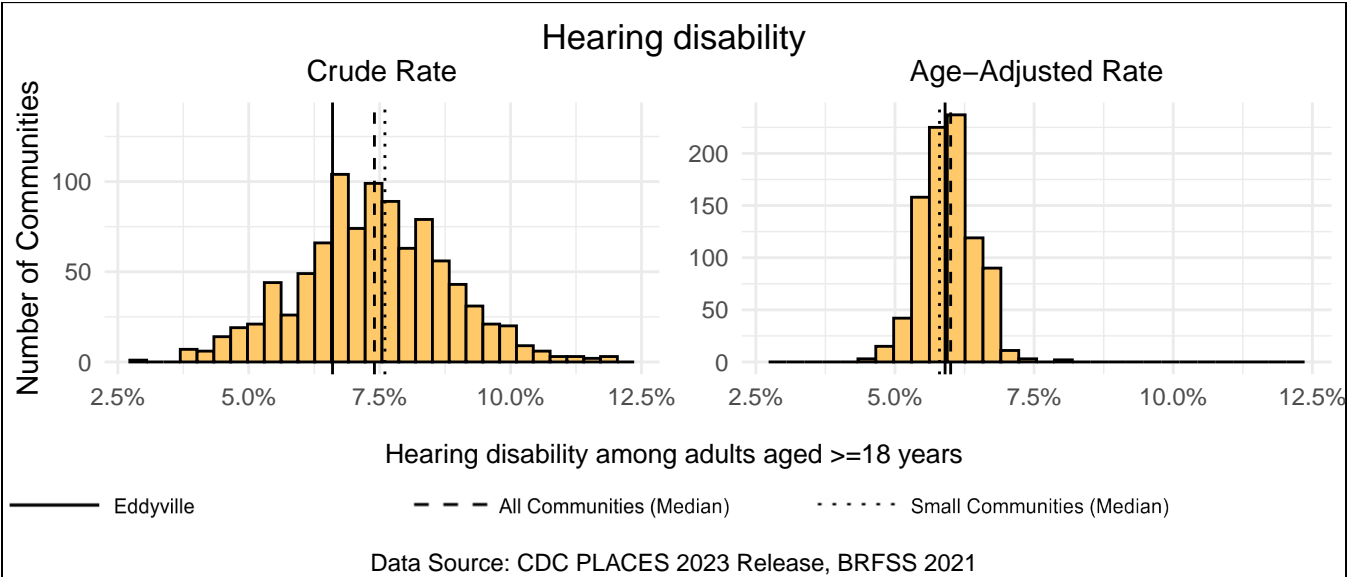
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Eddyville has a crude rate of 6.6% for hearing disability among adults aged ≥ 18 years, which ranks 254th out of 958 Iowa communities (37th out of 138 small communities). The age-adjusted rate for Eddyville is 5.9%, which ranks 360th out of 905 Iowa communities (73rd out of 138 small communities).

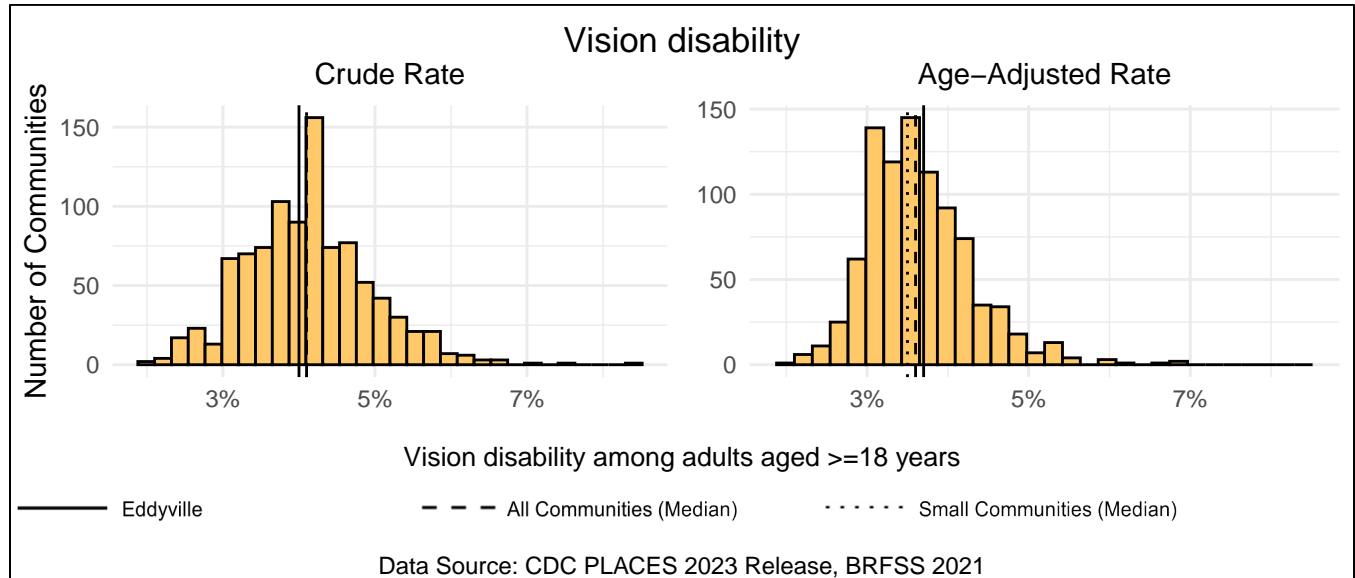
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	6.6%	7.4%	7.6%
Age-Adjusted	5.9%	6.0%	5.8%



Vision disability

Eddyville has a crude rate of 4.0% for vision disability among adults aged ≥ 18 years, which ranks 425th out of 958 Iowa communities (63rd out of 138 small communities). The age-adjusted rate for Eddyville is 3.7%, which ranks 509th out of 905 Iowa communities (83rd out of 138 small communities).

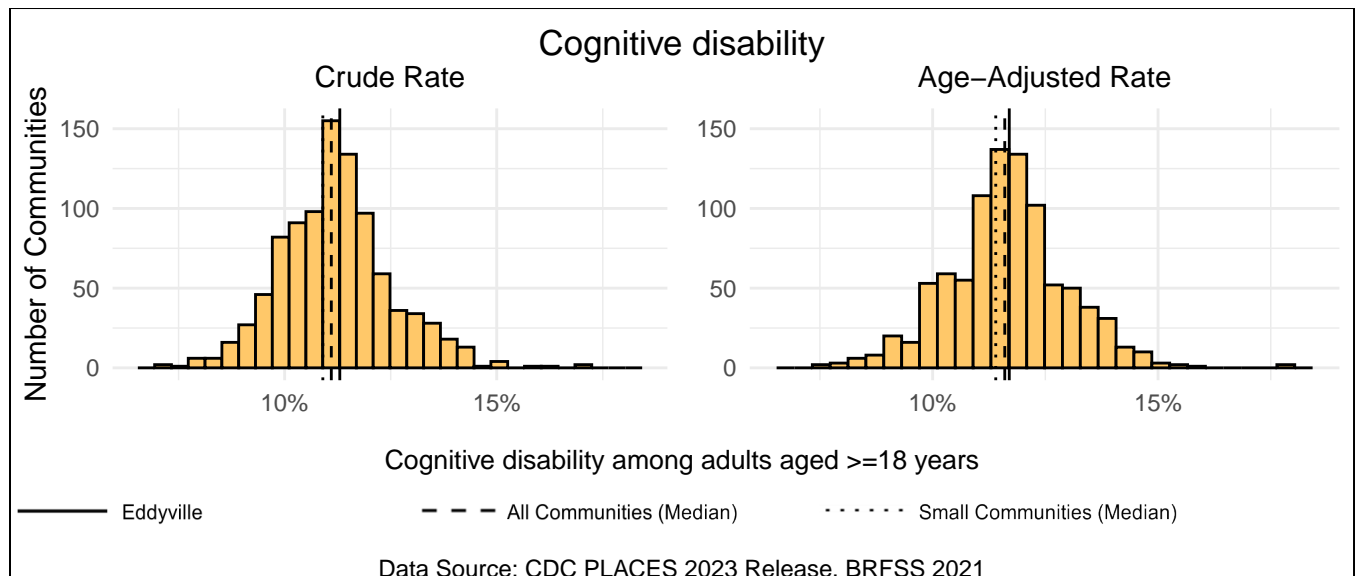
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	4.0%	4.1%	4.1%
Age-Adjusted	3.7%	3.6%	3.5%



Cognitive disability

Eddyville has a crude rate of 11.3% for cognitive disability among adults aged ≥ 18 years, which ranks 531st out of 958 Iowa communities (82nd out of 138 small communities). The age-adjusted rate for Eddyville is 11.7%, which ranks 468th out of 905 Iowa communities (78th out of 138 small communities).

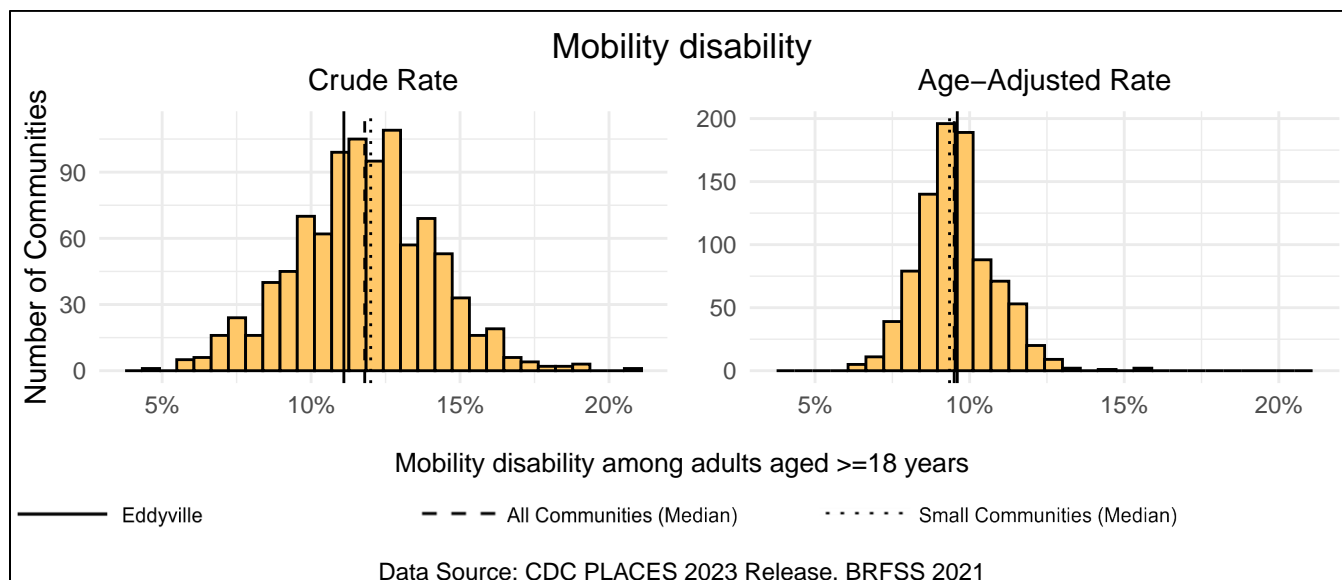
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	11.3%	11.1%	10.9%
Age-Adjusted	11.7%	11.6%	11.4%



Mobility disability

Eddyville has a crude rate of 11.1% for mobility disability among adults aged ≥ 18 years, which ranks 347th out of 958 Iowa communities (47th out of 138 small communities). The age-adjusted rate for Eddyville is 9.6%, which ranks 471st out of 905 Iowa communities (79th out of 138 small communities).

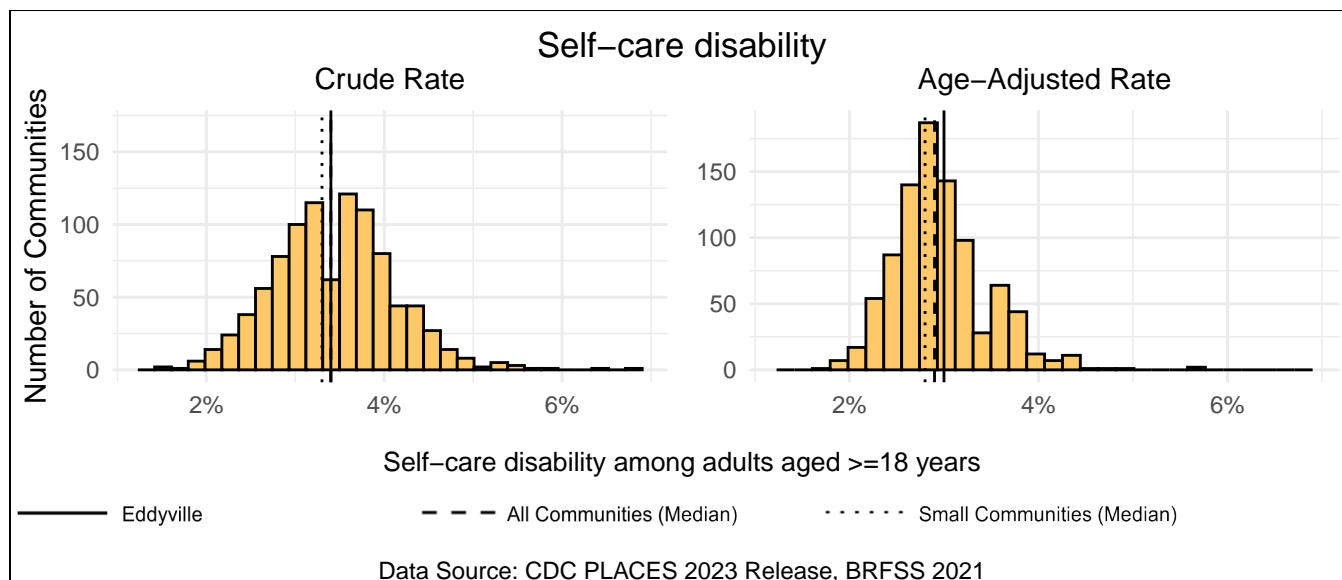
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	11.1%	11.8%	12.0%
Age-Adjusted	9.6%	9.5%	9.4%



Self-care disability

Eddyville has a crude rate of 3.4% for self-care disability among adults aged ≥ 18 years, which ranks 435th out of 958 Iowa communities (72nd out of 138 small communities). The age-adjusted rate for Eddyville is 3.0%, which ranks 494th out of 905 Iowa communities (83rd out of 138 small communities).

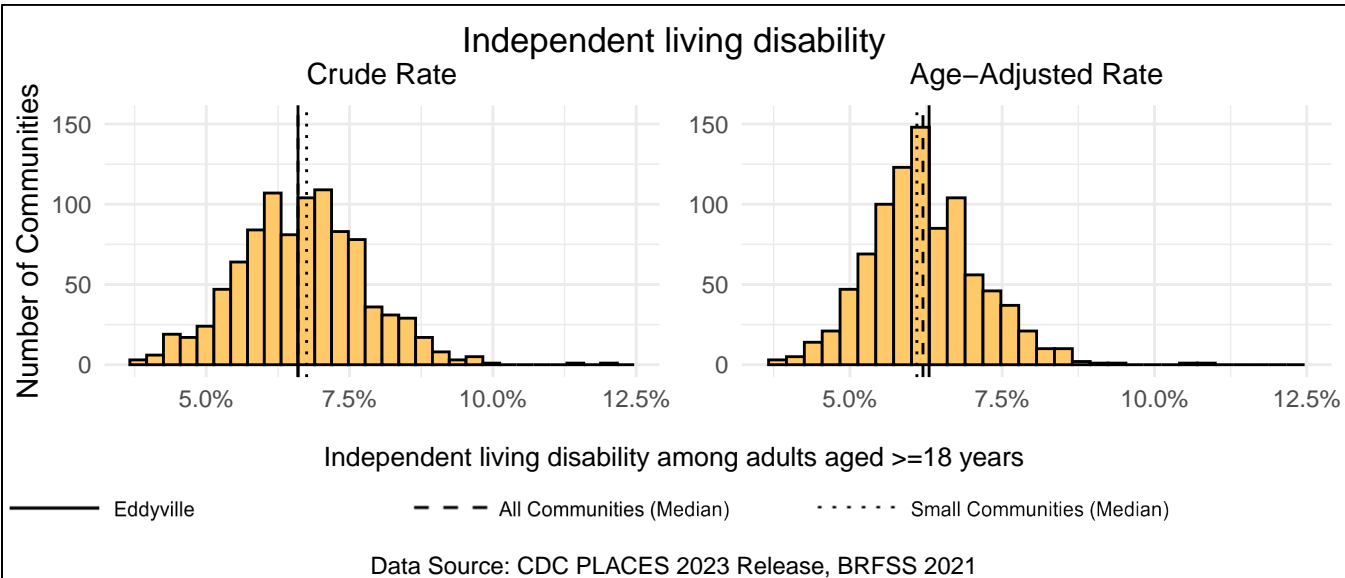
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	3.4%	3.4%	3.3%
Age-Adjusted	3.0%	2.9%	2.8%



Independent living disability

Eddyville has a crude rate of 6.6% for independent living disability among adults aged ≥ 18 years, which ranks 453rd out of 958 Iowa communities (61st out of 138 small communities). The age-adjusted rate for Eddyville is 6.3%, which ranks 485th out of 905 Iowa communities (79th out of 138 small communities).

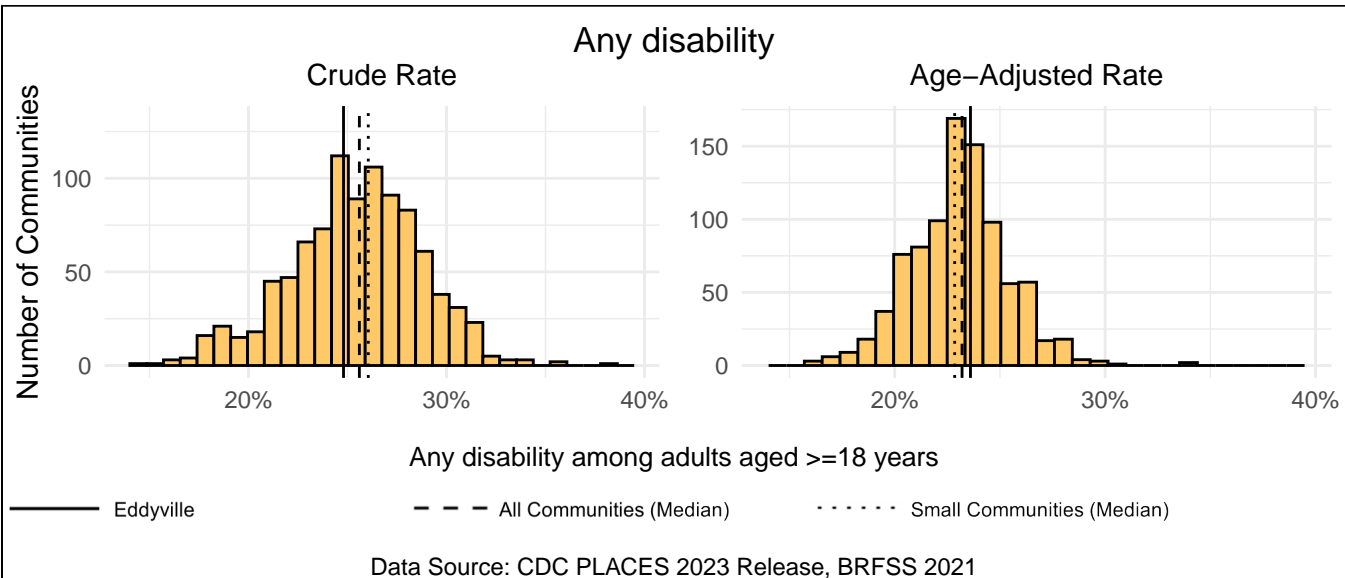
Measure Type	Eddyville	All Comm.	Small Comm.
Crude	6.6%	6.6%	6.8%
Age-Adjusted	6.3%	6.2%	6.1%



Any disability

Eddyville has a crude rate of 24.8% for any disability among adults aged ≥ 18 years, which ranks 384th out of 958 Iowa communities (48th out of 138 small communities). The age-adjusted rate for Eddyville is 23.6%, which ranks 551st out of 905 Iowa communities (87th out of 138 small communities).

Measure Type	Eddyville	All Comm.	Small Comm.
Crude	24.8%	25.6%	26.0%
Age-Adjusted	23.6%	23.2%	22.8%



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Eddyville PLACES Data

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	Physical Health	404	10.6% (9.2% - 12.2%)	468	9.8% (8.5% - 11.2%)
Health Status	General Health	406	13.9% (11.8% - 16.0%)	482	12.9% (11.0% - 14.9%)
Health Status	Mental Health	705	15.0% (13.2% - 17.0%)	555	15.8% (13.9% - 17.9%)
Health Risk Behaviors	Binge Drinking	476	19.5% (16.6% - 22.6%)	171	21.1% (18.1% - 24.3%)
Health Risk Behaviors	Sleep <7 hours	690	31.3% (29.6% - 32.6%)	490	31.3% (29.8% - 32.7%)
Health Risk Behaviors	Physical Inactivity	472	26.1% (22.1% - 30.9%)	558	25.0% (21.0% - 29.2%)
Health Risk Behaviors	Current Smoking	774	18.5% (15.2% - 22.0%)	572	18.2% (15.1% - 21.8%)
Health Outcomes	All Teeth Lost	487	13.0% (9.3% - 17.4%)	465	12.9% (9.2% - 17.3%)
Health Outcomes	Diabetes	355	9.6% (8.2% - 11.0%)	508	8.3% (7.1% - 9.5%)
Health Outcomes	Coronary Heart Disease	248	5.7% (5.1% - 6.5%)	324	4.9% (4.3% - 5.5%)
Health Outcomes	Depression	648	18.6% (15.7% - 21.8%)	489	19.2% (16.2% - 22.3%)
Health Outcomes	COPD	395	7.2% (6.1% - 8.4%)	459	6.3% (5.4% - 7.4%)
Health Outcomes	High Cholesterol	362	35.5% (31.7% - 39.5%)	565	30.1% (26.5% - 34.0%)
Health Outcomes	Cancer (except skin)	276	7.4% (6.7% - 8.1%)	74	6.4% (5.9% - 7.0%)
Health Outcomes	Stroke	280	3.0% (2.6% - 3.4%)	375	2.6% (2.3% - 2.9%)
Health Outcomes	High Blood Pressure	373	31.2% (27.6% - 34.9%)	572	27.8% (24.5% - 31.1%)
Health Outcomes	Chronic Kidney Disease	310	3.0% (2.7% - 3.3%)	349	2.6% (2.4% - 2.9%)
Health Outcomes	Arthritis	465	27.8% (24.3% - 31.4%)	768	24.4% (21.3% - 27.7%)
Health Outcomes	Current Asthma	625	9.5% (8.5% - 10.6%)	513	9.6% (8.5% - 10.6%)
Health Outcomes	Obesity	708	39.1% (33.0% - 45.5%)	530	38.1% (32.0% - 44.3%)
Prevention	Mammography	358	76.8% (72.8% - 80.4%)	378	74.2% (69.9% - 78.0%)
Prevention	Core preventive services for older women	654	37.0% (30.6% - 43.8%)	641	38.3% (31.5% - 45.2%)
Prevention	Cholesterol Screening	538	82.3% (79.6% - 84.8%)	364	79.4% (76.3% - 82.2%)
Prevention	Dental Visit	407	67.8% (64.8% - 70.6%)	354	67.5% (64.4% - 70.4%)
Prevention	Annual Checkup	448	75.3% (71.1% - 79.1%)	172	73.5% (69.2% - 77.5%)
Prevention	Cervical Cancer Screening	311	84.0% (81.9% - 86.2%)	294	83.7% (81.6% - 85.8%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Health Insurance	456	7.3% (5.9% - 9.1%)	458	7.8% (6.2% - 9.7%)
Prevention	Taking BP Medication	649	78.3% (75.1% - 81.2%)	298	59.3% (55.1% - 63.5%)
Prevention	Core preventive services for older men	311	45.2% (37.9% - 52.8%)	217	46.4% (39.3% - 53.9%)
Prevention	Colorectal Cancer Screening	881	68.1% (65.1% - 71.1%)	759	69.2% (66.4% - 72.0%)
Disability	Hearing Disability	254	6.6% (5.8% - 7.4%)	360	5.9% (5.2% - 6.6%)
Disability	Mobility Disability	347	11.1% (9.4% - 13.0%)	471	9.6% (8.3% - 11.1%)
Disability	Vision Disability	425	4.0% (3.5% - 4.6%)	509	3.7% (3.2% - 4.2%)
Disability	Cognitive Disability	531	11.3% (9.7% - 12.9%)	468	11.7% (10.1% - 13.5%)
Disability	Independent Living Disability	453	6.6% (5.6% - 7.6%)	485	6.3% (5.5% - 7.3%)
Disability	Any Disability	384	24.8% (21.6% - 28.1%)	551	23.6% (20.4% - 26.9%)
Disability	Self-care Disability	435	3.4% (2.9% - 3.9%)	494	3.0% (2.6% - 3.4%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

Appendix 3: Small Communities (1,000-2,499)

Eddyville falls into the group of small communities, which have a population of 1,000-2,499. In this data, 138 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

Community	Population	Community	Population	Community	Population
New London	2,471	Monroe	1,889	Pocahontas	1,614
West Union	2,468	Ogden	1,878	Guthrie Center	1,605
Belle Plaine	2,421	Lisbon	1,874	Brooklyn	1,600
Rockwell City	2,389	Blue Grass	1,873	Corning	1,592
La Porte City	2,347	Wapello	1,861	Akron	1,580
Hull	2,340	Walcott	1,854	Monona	1,571
Cascade	2,312	Peosta	1,852	Urbana	1,565
Atkins	2,296	Pleasantville	1,840	Holstein	1,560
Lamoni	2,284	Mount Ayr	1,838	Slater	1,546
Mediapolis	2,214	Sigourney	1,835	Dysart	1,542
Alta	2,207	Farley	1,833	Shell Rock	1,542
Colfax	2,186	Sac City	1,825	Hartley	1,536
Sumner	2,145	Reinbeck	1,784	Sanborn	1,536
Northwood	2,142	Greenfield	1,778	Fairbank	1,490
Bellevue	2,132	Dallas Center	1,770	Panora	1,490
Remsen	2,095	Prairie City	1,762	Lenox	1,488
Audubon	2,089	Lake City	1,745	Wellman	1,474
Toledo	2,047	Parkersburg	1,738	Roland	1,472
Ely	2,045	Stuart	1,726	Nashua	1,472
Columbus Junction	2,029	Manson	1,718	Van Meter	1,468
Epworth	1,982	Leon	1,707	Nora Springs	1,464
Ida Grove	1,969	Ackley	1,699	Manning	1,444
Lake Mills	1,965	Corydon	1,688	Traer	1,441
Granger	1,950	Oakland	1,678	Logan	1,437
Denver	1,921	Guttenberg	1,667	Walford	1,434
Britt	1,921	State Center	1,654	Strawberry Point	1,427
Durant	1,902	Moville	1,640	Dunlap	1,418

Community	Population	Community	Population	Community	Population
Bedford	1,416	Fayette	1,179	Graettinger	1,010
Manly	1,415	Central City	1,166	Preston	1,005
Kingsley	1,382	Palo	1,162	Rockwell	1,004
Avoca	1,375	Springville	1,160		
Earlham	1,367	George	1,149		
University Heights	1,353	Wayland	1,148		
Montezuma	1,335	St. Ansgar	1,140		
Elkader	1,326	Clarence	1,136		
Coon Rapids	1,324	Fredericksburg	1,133		
Clarksville	1,311	Fruitland	1,127		
Woodbine	1,286	Swisher	1,126		
Jewell Junction	1,284	Neola	1,125		
Alton	1,283	Afton	1,105		
Melcher-Dallas	1,278	Riverside	1,090		
Greene	1,267	Hamburg	1,087		
Malvern	1,264	Newhall	1,076		
Lone Tree	1,261	Treynor	1,071		
Dike	1,240	Villisca	1,071		
Conrad	1,234	Janesville	1,063		
Lake Park	1,223	Winfield	1,063		
Laurens	1,223	Griswold	1,056		
Sheffield	1,209	Lansing	1,053		
Tripoli	1,207	Sloan	1,051		
Marcus	1,200	Baxter	1,036		
Eddyville	1,187	Winthrop	1,035		
Gilbert	1,185	Sully	1,022		
New Sharon	1,183	Lawton	1,021		