

# **Iowa Community Health Snapshot Series**

275 community reports prepared for the Iowa State University Extension and Outreach Community and Economic Development Unit



# May 2024

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# **Iowa Community Health Snapshot Series**

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# Health in Corydon: Overview

Dear Community Members & Stakeholders of Corydon,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partner-ship with Iowa State University's Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Corydon ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Corydon's strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all lowa communities and communities of similar size to Corydon. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

# **Strengths**

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community's strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

	Crude		Age-Adjusted				
Health Domain	Statewide Community Rank	Small Community Rank	Health Domain	Statewide Community Rank	Small Community Rank		
Binge Drinking	53rd	6th	Binge Drinking	136th	20th		
Taking BP Medication	77th	11th	Taking BP Medication	179th	22nd		
Annual Checkup	191st	39th	Cancer (except skin)	418th	41st		
Sleep <7 hours	258th	50th	Core preventive services for older women	447th	75th		
Depression	386th	63rd	Sleep <7 hours	545th	91st		

# **Opportunities**

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

	Crude			Age-Adjusted	
Health Domain	Statewide Community Rank	Small Community Rank	Health Domain	Statewide Community Rank	Small Community Rank
Any Disability	944th	136th	Arthritis	873rd	137th
Hearing Disability	919th	134th	Obesity	857th	135th
Mobility Disability	919th	132nd	Mental Health	821st	130th
Arthritis	918th	134th	Any Disability	804th	130th
Stroke	909th	131st	Cognitive Disability	788th	128th

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Corydon.

Sincerely,

Shawn F. Dorius, PhD Iowa State University

Show Di

Public Science Collaborative



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Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

## **How to Use this Report**

The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Corydon that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Corydon, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Corydon compares to the rest of the state and similarly-sized communities.

With a population of 1,688, Corydon's similarly sized communities are defined as small communities. In lowa, small communities have an average population of 1,553, and there are 138 communities that are considered small communities. To see all of the communities in this population group, please see Appendix 3 of this report.

Group	Population Range	Number of Communities
Large	50,000+	11
Mid-Large	10,000-49,999	31
Midsized	2,500-9,999	102
Small	1,000-2,499	138
Very Small	0-999	676
Total		958

#### Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community's crude and age-adjusted rate estimates alongside their averages across all lowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all lowa communities and the dotted lines showing the average rate for similarly-sized communities.



The example graphic above displays the poor mental health rate in Ames, lowa. The left plot shows the crude rate of poor mental health in the community. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Ames has a higher crude rate of poor mental health than most communities in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized communities, indicating that when accounting for Ames's unique age distribution, Ames's poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

## **Health Status**

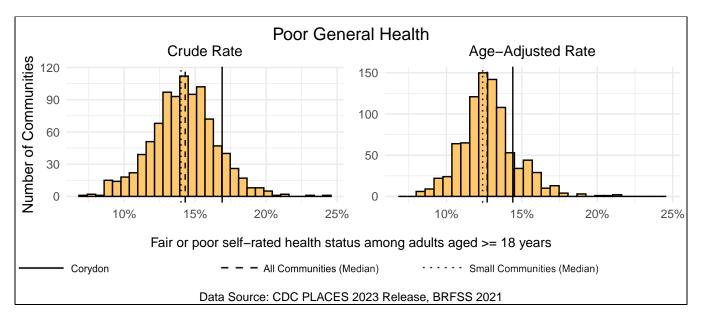
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country's population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of "excellent," "very good," "good," "fair," or "poor," from which the respondents who answer "fair" or "poor" are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/health-status/index.html

#### **Poor General Health**

Corydon has a crude rate of 16.9% for fair or poor selfrated health status among adults aged >= 18 years, which ranks 850th out of 958 lowa communities (127th out of 138 small communities). The age-adjusted rate for Corydon is 14.4%, which ranks 750th out of 905 lowa communities (124th out of 138 small communities).

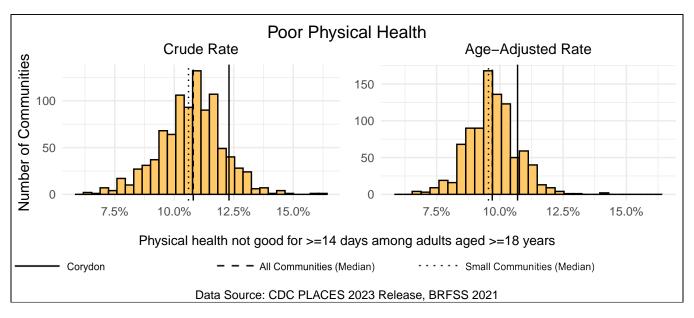
Measure Type	Corydon	All Comm.	Small Comm.
Crude	16.9%	14.3%	14.0%
Age-Adjusted	14.4%	12.7%	12.4%



#### **Poor Physical Health**

Corydon has a crude rate of 12.3% for physical health not good for >=14 days among adults aged >=18 years, which ranks 858th out of 958 lowa communities (126th out of 138 small communities). The age-adjusted rate for Corydon is 10.7%, which ranks 757th out of 905 lowa communities (124th out of 138 small communities).

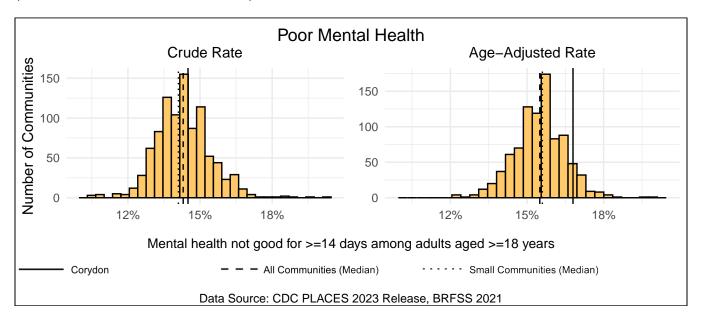
Measure Type	Corydon	All Comm.	Small Comm.
Crude	12.3%	10.8%	10.6%
Age-Adjusted	10.7%	9.7%	9.6%



#### **Poor Mental Health**

Corydon has a crude rate of 14.5% for mental health not good for >=14 days among adults aged >=18 years, which ranks 560th out of 958 lowa communities (94th out of 138 small communities). The age-adjusted rate for Corydon is 16.8%, which ranks 821st out of 905 lowa communities (130th out of 138 small communities).

Measure Type	Corydon	All Comm.	Small Comm.
Crude	14.5%	14.3%	14.1%
Age-Adjusted	16.8%	15.5%	15.6%



# **Health Risk Behaviors**

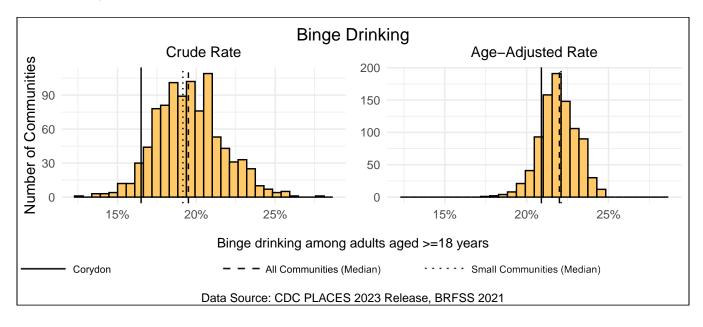
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html

## **Binge Drinking**

Corydon has a crude rate of 16.5% for binge drinking among adults aged >=18 years, which ranks 53rd out of 958 lowa communities (6th out of 138 small communities). The age-adjusted rate for Corydon is 20.9%, which ranks 136th out of 905 lowa communities (20th out of 138 small communities).

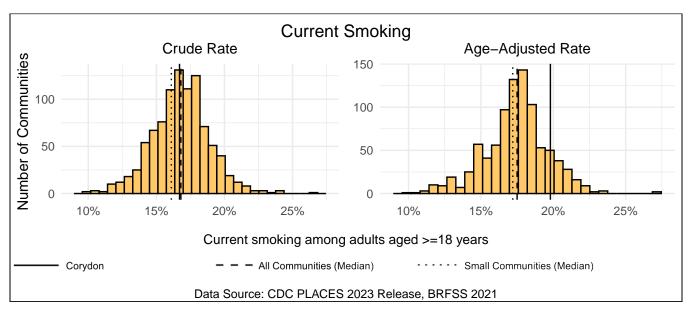
Measure Type	Corydon	All Comm.	Small Comm.
Crude	16.5%	19.5%	19.1%
Age-Adjusted	20.9%	22.0%	22.1%



#### **Current Smoking**

Corydon has a crude rate of 16.7% for current smoking among adults aged >=18 years, which ranks 447th out of 958 lowa communities (91st out of 138 small communities). The age-adjusted rate for Corydon is 19.8%, which ranks 782nd out of 905 lowa communities (127th out of 138 small communities).

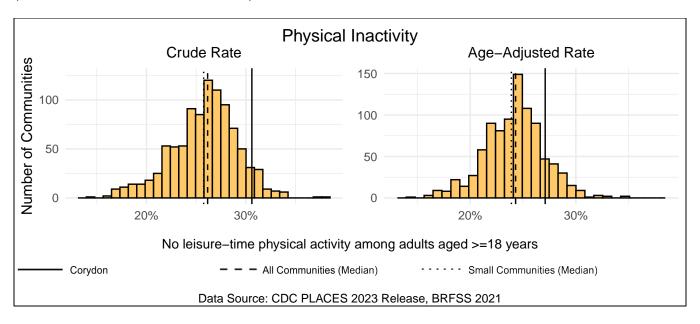
Measure Type	Corydon	All Comm.	Small Comm.
Crude	16.7%	16.8%	16.1%
Age-Adjusted	19.8%	17.5%	17.2%



#### **Physical Inactivity**

Corydon has a crude rate of 30.6% for no leisure-time physical activity among adults aged >=18 years, which ranks 894th out of 958 lowa communities (130th out of 138 small communities). The age-adjusted rate for Corydon is 27.1%, which ranks 777th out of 905 lowa communities (123rd out of 138 small communities).

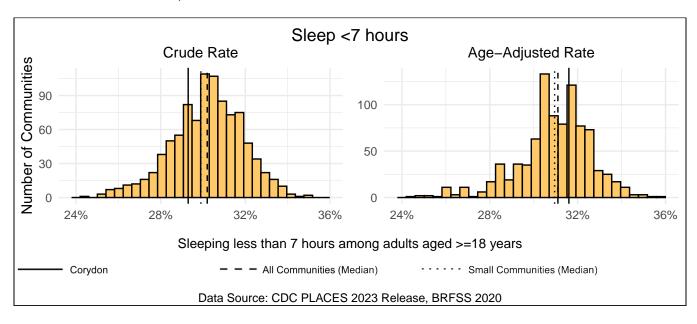
Measure Type	Corydon	All Comm.	Small Comm.
Crude	30.6%	26.1%	25.8%
Age-Adjusted	27.1%	24.3%	23.9%



## Sleep <7 hours

Corydon has a crude rate of 29.3% for sleeping less than 7 hours among adults aged >=18 years, which ranks 258th out of 958 lowa communities (50th out of 138 small communities). The age-adjusted rate for Corydon is 31.6%, which ranks 545th out of 905 lowa communities (91st out of 138 small communities).

Measure Type	Corydon	All Comm.	Small Comm.
Crude	29.3%	30.2%	29.9%
Age-Adjusted	31.6%	31.1%	31.0%



# **Health Outcomes**

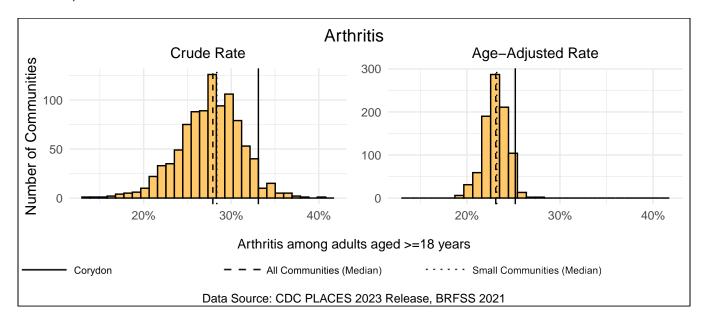
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html

#### **Arthritis**

Corydon has a crude rate of 33.1% for arthritis among adults aged >=18 years, which ranks 918th out of 958 lowa communities (134th out of 138 small communities). The age-adjusted rate for Corydon is 25.2%, which ranks 873rd out of 905 lowa communities (137th out of 138 small communities).

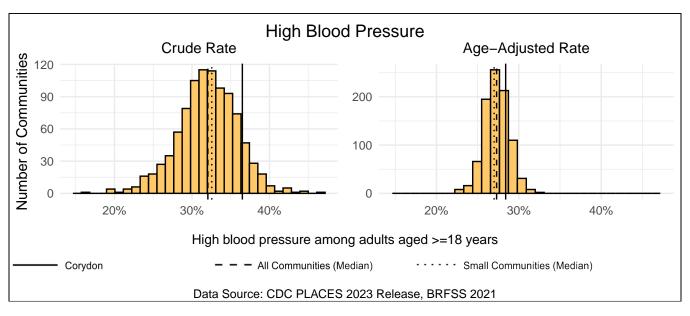
Measure Type	Corydon	All Comm.	Small Comm.
Crude	33.1%	27.9%	28.4%
Age-Adjusted	25.2%	23.1%	23.2%



#### **High Blood Pressure**

Corydon has a crude rate of 36.5% for high blood pressure among adults aged >=18 years, which ranks 857th out of 958 lowa communities (127th out of 138 small communities). The age-adjusted rate for Corydon is 28.4%, which ranks 696th out of 905 lowa communities (110th out of 138 small communities).

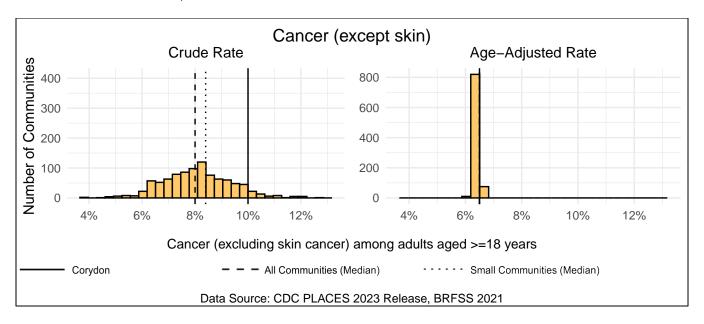
Measure Type	Corydon	All Comm.	Small Comm.
Crude	36.5%	32.0%	32.5%
Age-Adjusted	28.4%	27.3%	27.0%



#### Cancer (except skin)

Corydon has a crude rate of 10.0% for cancer (excluding skin cancer) among adults aged >=18 years, which ranks 887th out of 958 lowa communities (125th out of 138 small communities). The age-adjusted rate for Corydon is 6.5%, which ranks 418th out of 905 lowa communities (41st out of 138 small communities).

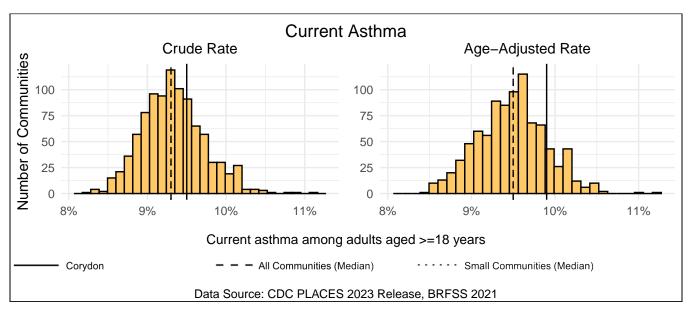
Measure Type	Corydon	All Comm.	Small Comm.
Crude	10.0%	8.0%	8.4%
Age-Adjusted	6.5%	6.5%	6.5%



#### **Current Asthma**

Corydon has a crude rate of 9.5% for current asthma among adults aged >=18 years, which ranks 625th out of 958 lowa communities (100th out of 138 small communities). The age-adjusted rate for Corydon is 9.9%, which ranks 762nd out of 905 lowa communities (120th out of 138 small communities).

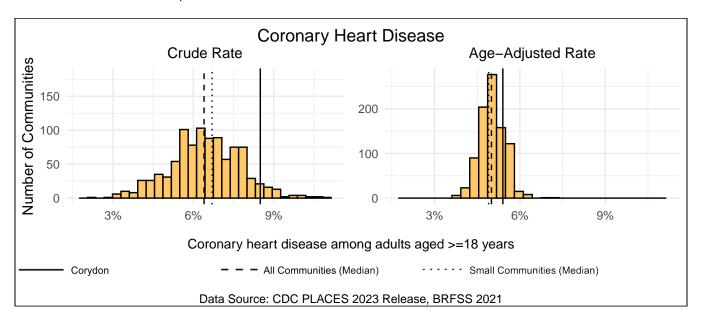
Measure Type	Corydon	All Comm.	Small Comm.
Crude	9.5%	9.3%	9.3%
Age-Adjusted	9.9%	9.5%	9.5%



#### **Coronary Heart Disease**

Corydon has a crude rate of 8.5% for coronary heart disease among adults aged >=18 years, which ranks 901st out of 958 lowa communities (131st out of 138 small communities). The age-adjusted rate for Corydon is 5.4%, which ranks 729th out of 905 lowa communities (123rd out of 138 small communities).

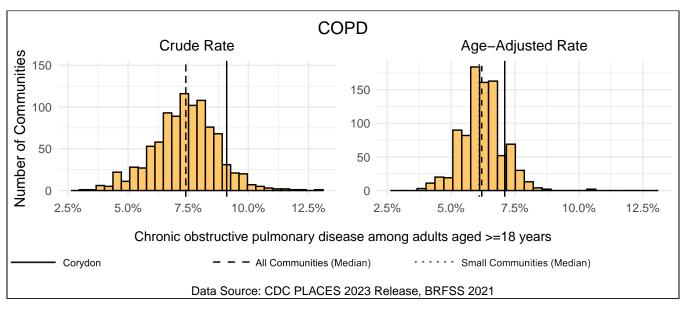
Measure Type	Corydon	All Comm.	Small Comm.
Crude	8.5%	6.4%	6.7%
Age-Adjusted	5.4%	5.0%	4.9%



#### COPD

Corydon has a crude rate of 9.1% for chronic obstructive pulmonary disease among adults aged >=18 years, which ranks 878th out of 958 lowa communities (129th out of 138 small communities). The age-adjusted rate for Corydon is 7.1%, which ranks 765th out of 905 lowa communities (126th out of 138 small communities).

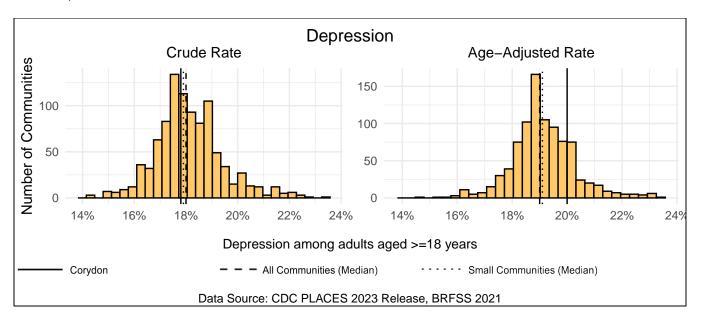
Measure Type	Corydon	All Comm.	Small Comm.
Crude	9.1%	7.4%	7.4%
Age-Adjusted	7.1%	6.2%	6.1%



#### **Depression**

Corydon has a crude rate of 17.8% for depression among adults aged >=18 years, which ranks 386th out of 958 lowa communities (63rd out of 138 small communities). The age-adjusted rate for Corydon is 20.0%, which ranks 733rd out of 905 lowa communities (110th out of 138 small communities).

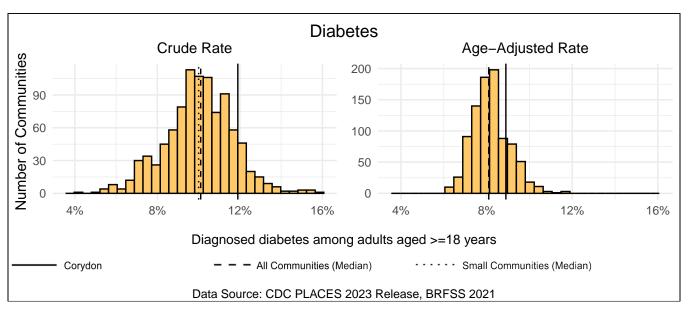
Measure Type	Corydon	All Comm.	Small Comm.
Crude	17.8%	18.0%	17.9%
Age-Adjusted	20.0%	19.0%	19.1%



#### **Diabetes**

Corydon has a crude rate of 11.9% for diagnosed diabetes among adults aged >=18 years, which ranks 852nd out of 958 lowa communities (128th out of 138 small communities). The age-adjusted rate for Corydon is 8.9%, which ranks 722nd out of 905 lowa communities (119th out of 138 small communities).

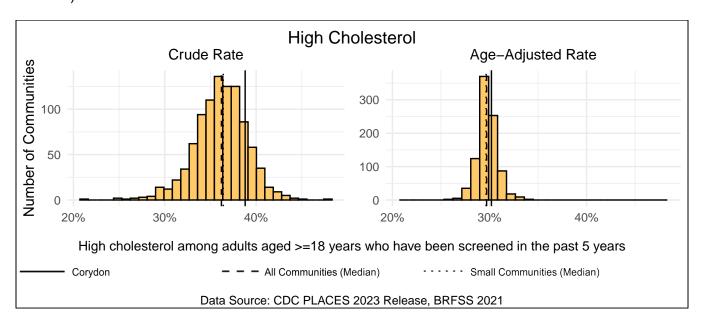
Measure Type	Corydon	All Comm.	Small Comm.
Crude	11.9%	10.1%	10.0%
Age-Adjusted	8.9%	8.1%	8.1%



#### **High Cholesterol**

Corydon has a crude rate of 38.8% for high cholesterol among adults aged >=18 years who have been screened in the past 5 years, which ranks 803rd out of 958 lowa communities (122nd out of 138 small communities). The age-adjusted rate for Corydon is 30.2%, which ranks 599th out of 905 lowa communities (96th out of 138 small communities).

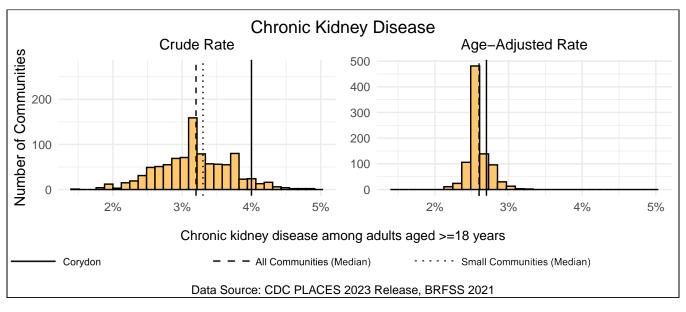
Measure Type	Corydon	All Comm.	Small Comm.
Crude	38.8%	36.2%	36.4%
Age-Adjusted	30.2%	29.7%	29.6%



#### **Chronic Kidney Disease**

Corydon has a crude rate of 4.0% for chronic kidney disease among adults aged >=18 years, which ranks 890th out of 958 lowa communities (128th out of 138 small communities). The age-adjusted rate for Corydon is 2.7%, which ranks 623rd out of 905 lowa communities (106th out of 138 small communities).

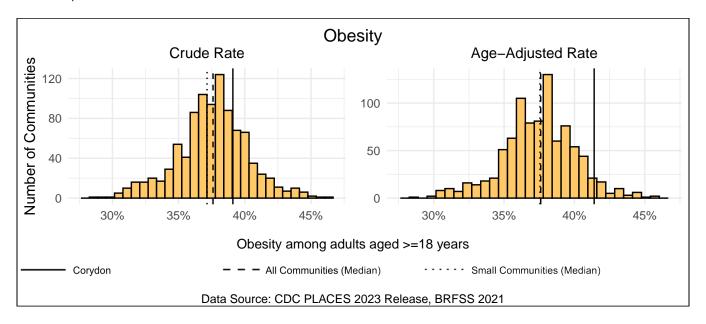
Measure Type	Corydon	All Comm.	Small Comm.
Crude	4.0%	3.2%	3.3%
Age-Adjusted	2.7%	2.6%	2.6%



#### Obesity

Corydon has a crude rate of 39.1% for obesity among adults aged >=18 years, which ranks 708th out of 958 lowa communities (117th out of 138 small communities). The age-adjusted rate for Corydon is 41.4%, which ranks 857th out of 905 lowa communities (135th out of 138 small communities).

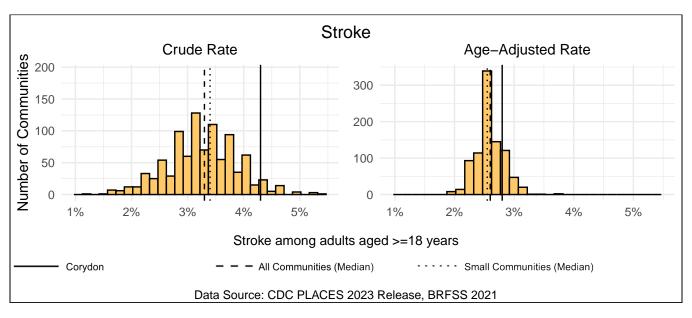
Measure Type	Corydon	All Comm.	Small Comm.
Crude	39.1%	37.6%	37.2%
Age-Adjusted	41.4%	37.6%	37.5%



#### Stroke

Corydon has a crude rate of 4.3% for stroke among adults aged >=18 years, which ranks 909th out of 958 lowa communities (131st out of 138 small communities). The age-adjusted rate for Corydon is 2.8%, which ranks 714th out of 905 lowa communities (119th out of 138 small communities).

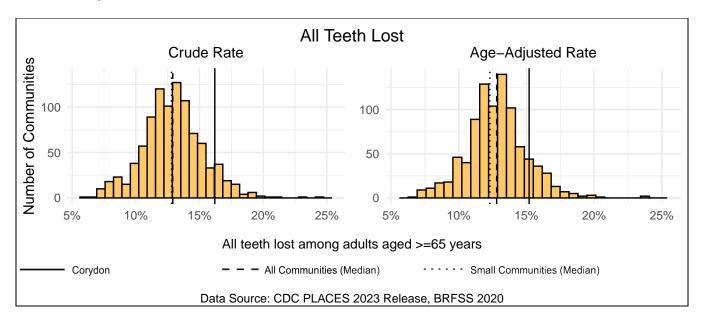
Measure Type	Corydon	All Comm.	Small Comm.
Crude	4.3%	3.3%	3.4%
Age-Adjusted	2.8%	2.6%	2.5%



#### **All Teeth Lost**

Corydon has a crude rate of 16.2% for all teeth lost among adults aged >=65 years, which ranks 872nd out of 958 lowa communities (128th out of 138 small communities). The age-adjusted rate for Corydon is 15.2%, which ranks 784th out of 905 lowa communities (127th out of 138 small communities).

Measure Type	Corydon	All Comm.	Small Comm.
Crude	16.2%	12.9%	12.8%
Age-Adjusted	15.2%	12.8%	12.3%



# **Prevention**

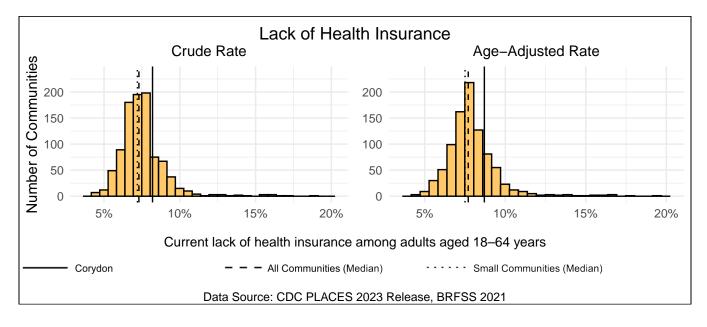
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community's prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/prevention/index.html

#### **Lack of Health Insurance**

Corydon has a crude rate of 8.2% for current lack of health insurance among adults aged 18–64 years, which ranks 752nd out of 958 lowa communities (122nd out of 138 small communities). The age-adjusted rate for Corydon is 8.7%, which ranks 719th out of 905 lowa communities (123rd out of 138 small communities).

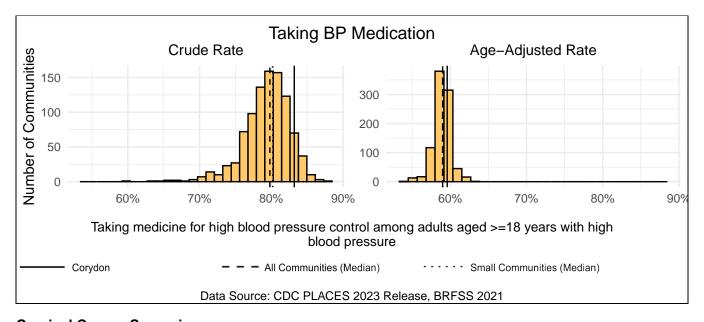
Measure Type	Corydon	All Comm.	Small Comm.
Crude	8.2%	7.3%	7.2%
Age-Adjusted	8.7%	7.7%	7.5%



# **Taking BP Medication**

Corydon has a crude rate of 83.2% for taking medicine for high blood pressure control among adults aged >=18 years with high blood pressure, which ranks 77th out of 958 lowa communities (11th out of 138 small communities). The age-adjusted rate for Corydon is 59.6%, which ranks 179th out of 905 lowa communities (22nd out of 138 small communities).

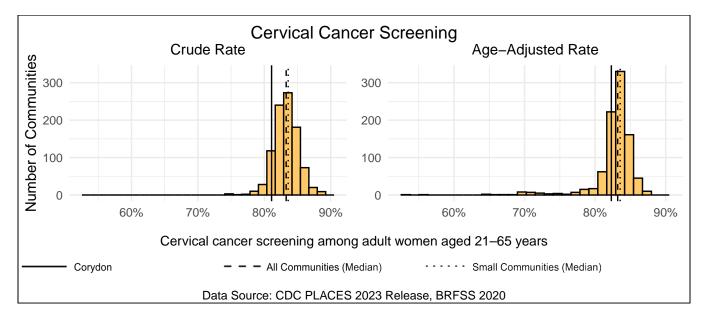
Measure Type	Corydon	All Comm.	Small Comm.
Crude	83.2%	79.8%	80.2%
Age-Adjusted	59.6%	59.0%	59.0%



# **Cervical Cancer Screening**

Corydon has a crude rate of 81.1% for cervical cancer screening among adult women aged 21–65 years, which ranks 857th out of 958 lowa communities (129th out of 138 small communities). The age-adjusted rate for Corydon is 82.3%, which ranks 675th out of 905 lowa communities (120th out of 138 small communities).

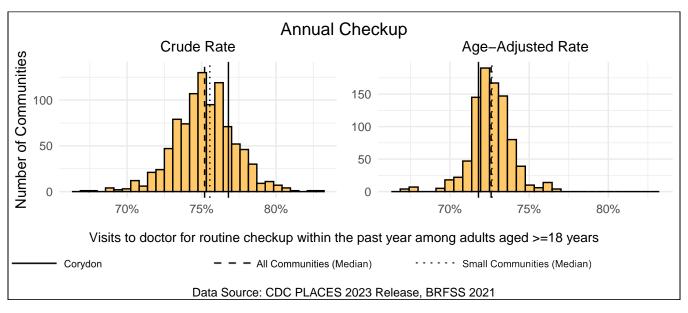
Measure Type	Corydon	All Comm.	Small Comm.
Crude	81.1%	83.3%	83.6%
Age-Adjusted	82.3%	83.2%	83.5%



#### **Annual Checkup**

Corydon has a crude rate of 76.8% for visits to doctor for routine checkup within the past year among adults aged >=18 years, which ranks 191st out of 958 lowa communities (39th out of 138 small communities). The age-adjusted rate for Corydon is 71.8%, which ranks 686th out of 905 lowa communities (114th out of 138 small communities).

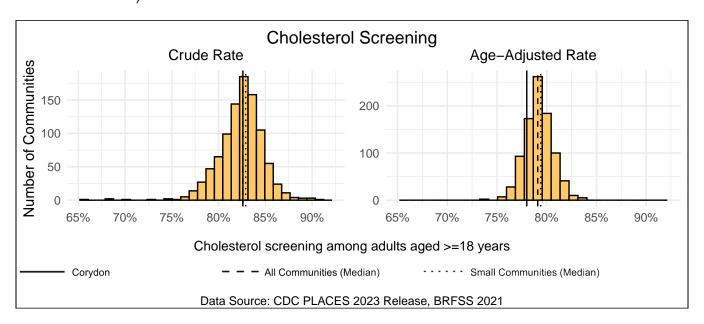
Measure Type	Corydon	All Comm.	Small Comm.
Crude	76.8%	75.2%	75.5%
Age-Adjusted	71.8%	72.6%	72.6%



### **Cholesterol Screening**

Corydon has a crude rate of 82.6% for cholesterol screening among adults aged >=18 years, which ranks 479th out of 958 lowa communities (76th out of 138 small communities). The age-adjusted rate for Corydon is 78.0%, which ranks 731st out of 905 lowa communities (119th out of 138 small communities).

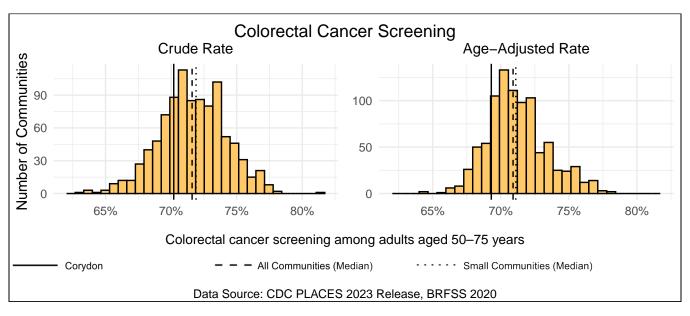
Measure Type	Corydon	All Comm.	Small Comm.
Crude	82.6%	82.6%	82.9%
Age-Adjusted	78.0%	79.1%	79.4%



#### **Colorectal Cancer Screening**

Corydon has a crude rate of 70.2% for colorectal cancer screening among adults aged 50–75 years, which ranks 690th out of 958 lowa communities (120th out of 138 small communities). The age-adjusted rate for Corydon is 69.3%, which ranks 742nd out of 905 lowa communities (125th out of 138 small communities).

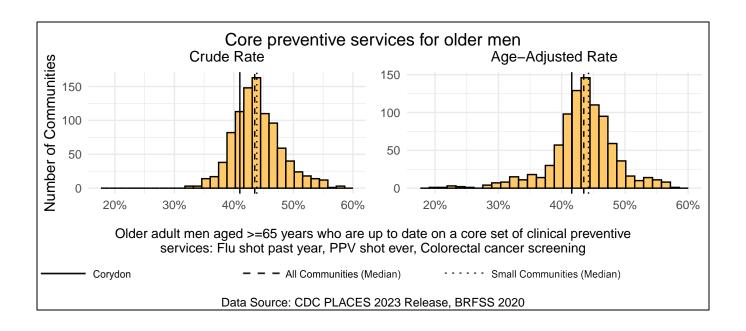
Measure Type	Corydon	All Comm.	Small Comm.
Crude	70.2%	71.6%	71.9%
Age-Adjusted	69.3%	70.9%	71.1%



#### Core preventive services for older men

Corydon has a crude rate of 41.0% for older adult men aged >=65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 732nd out of 958 lowa communities (111th out of 138 small communities). The age-adjusted rate for Corydon is 41.6%, which ranks 636th out of 905 lowa communities (111th out of 138 small communities).

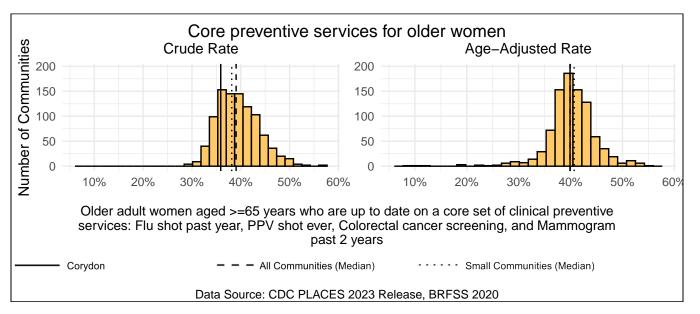
Corydon	All	Small
Oorydon	Comm.	Comm.
41.0%	43.5%	43.8%
41.6%	43.5%	44.2%
		Corydon Comm. 41.0% 43.5%



#### Core preventive services for older women

Corydon has a crude rate of 35.9% for older adult women aged >=65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 764th out of 958 lowa communities (102nd out of 138 small communities). The age-adjusted rate for Corydon is 39.9%, which ranks 447th out of 905 lowa communities (75th out of 138 small communities).

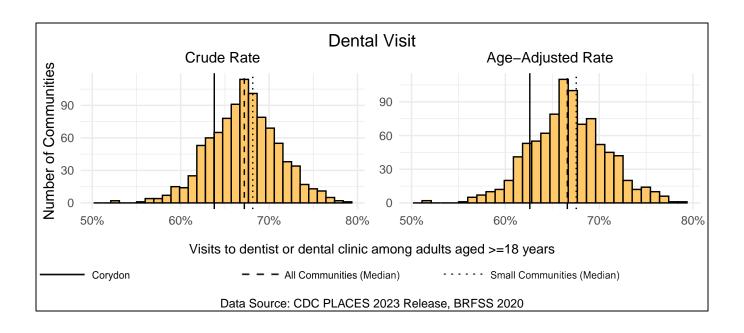
Measure Type	Corydon	All Comm.	Small Comm.
Crude	35.9%	39.0%	38.2%
Age-Adjusted	39.9%	39.9%	40.7%



#### **Dental Visit**

Corydon has a crude rate of 63.8% for visits to dentist or dental clinic among adults aged >=18 years, which ranks 771st out of 958 lowa communities (121st out of 138 small communities). The age-adjusted rate for Corydon is 62.6%, which ranks 768th out of 905 lowa communities (124th out of 138 small communities).

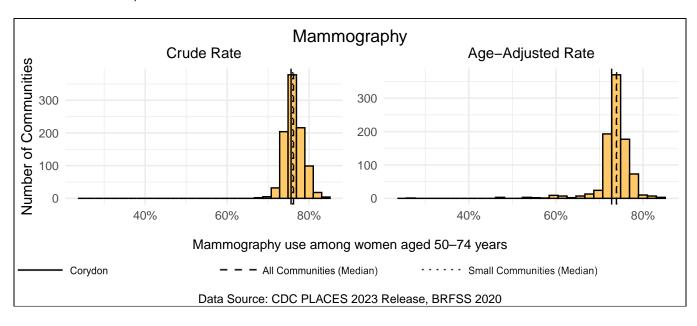
Measure Type	Corydon	All Comm.	Small Comm.
Crude	63.8%	67.2%	68.2%
Age-Adjusted	62.6%	66.6%	67.5%



## **Mammography**

Corydon has a crude rate of 75.6% for mammography use among women aged 50–74 years, which ranks 585th out of 958 lowa communities (82nd out of 138 small communities). The age-adjusted rate for Corydon is 72.8%, which ranks 641st out of 905 lowa communities (97th out of 138 small communities).

Measure Type	Corydon	All Comm.	Small Comm.
Crude	75.6%	76.2%	76.0%
Age-Adjusted	72.8%	73.9%	74.0%



# **Disability**

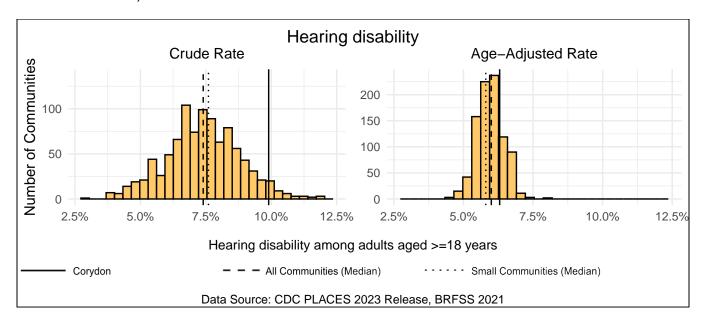
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html

## **Hearing disability**

Corydon has a crude rate of 9.9% for hearing disability among adults aged >=18 years, which ranks 919th out of 958 lowa communities (134th out of 138 small communities). The age-adjusted rate for Corydon is 6.3%, which ranks 681st out of 905 lowa communities (120th out of 138 small communities).

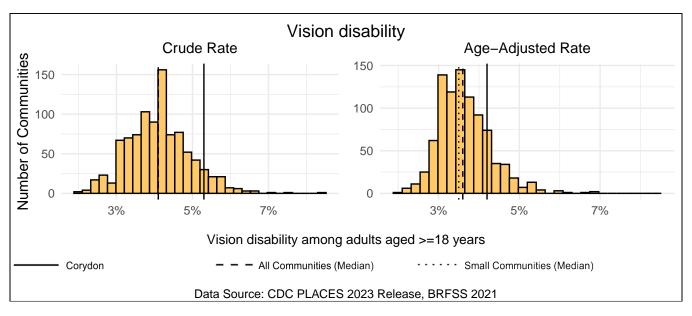
Measure Type	Corydon	All Comm.	Small Comm.
Crude	9.9%	7.4%	7.6%
Age-Adjusted	6.3%	6.0%	5.8%



#### Vision disability

Corydon has a crude rate of 5.3% for vision disability among adults aged >=18 years, which ranks 879th out of 958 lowa communities (127th out of 138 small communities). The age-adjusted rate for Corydon is 4.2%, which ranks 742nd out of 905 lowa communities (123rd out of 138 small communities).

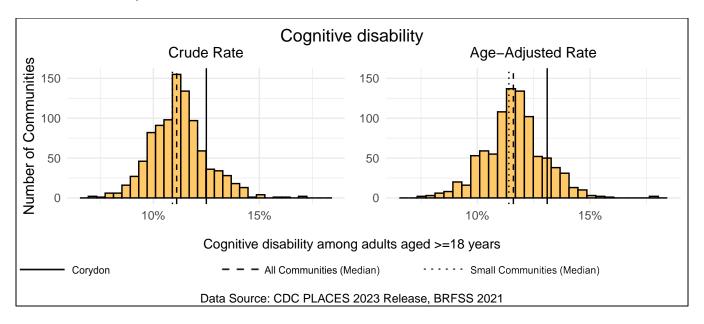
Measure Type	Corydon	All Comm.	Small Comm.
Crude	5.3%	4.1%	4.1%
Age-Adjusted	4.2%	3.6%	3.5%



#### Cognitive disability

Corydon has a crude rate of 12.5% for cognitive disability among adults aged >=18 years, which ranks 821st out of 958 lowa communities (128th out of 138 small communities). The age-adjusted rate for Corydon is 13.1%, which ranks 788th out of 905 lowa communities (128th out of 138 small communities).

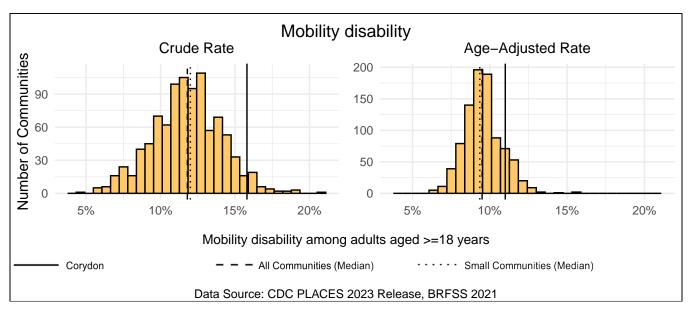
Measure Type	Corydon	All Comm.	Small Comm.
Crude	12.5%	11.1%	10.9%
Age-Adjusted	13.1%	11.6%	11.4%



## **Mobility disability**

Corydon has a crude rate of 15.8% for mobility disability among adults aged >=18 years, which ranks 919th out of 958 lowa communities (132nd out of 138 small communities). The age-adjusted rate for Corydon is 11.0%, which ranks 787th out of 905 lowa communities (127th out of 138 small communities).

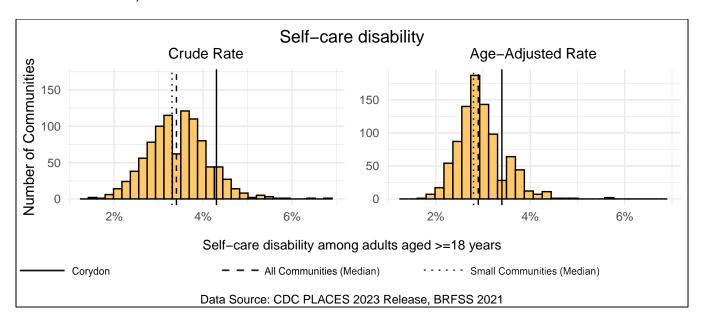
Measure Type	Corydon	All Comm.	Small Comm.
Crude	15.8%	11.8%	12.0%
Age-Adjusted	11.0%	9.5%	9.4%



#### Self-care disability

Corydon has a crude rate of 4.3% for self-care disability among adults aged >=18 years, which ranks 852nd out of 958 lowa communities (125th out of 138 small communities). The age-adjusted rate for Corydon is 3.4%, which ranks 735th out of 905 lowa communities (121st out of 138 small communities).

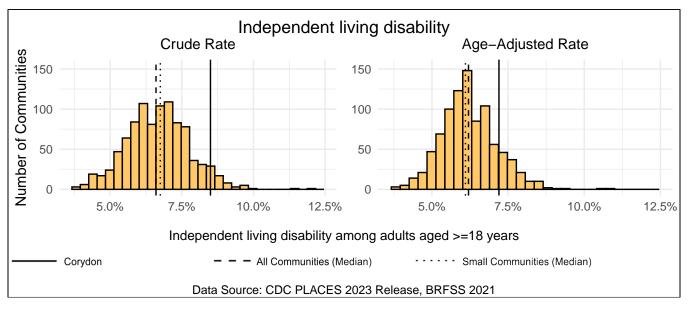
Measure Type	Corydon	All Comm.	Small Comm.
Crude	4.3%	3.4%	3.3%
Age-Adjusted	3.4%	2.9%	2.8%



#### Independent living disability

Corydon has a crude rate of 8.5% for independent living disability among adults aged >=18 years, which ranks 905th out of 958 lowa communities (130th out of 138 small communities). The age-adjusted rate for Corydon is 7.2%, which ranks 776th out of 905 lowa communities (126th out of 138 small communities).

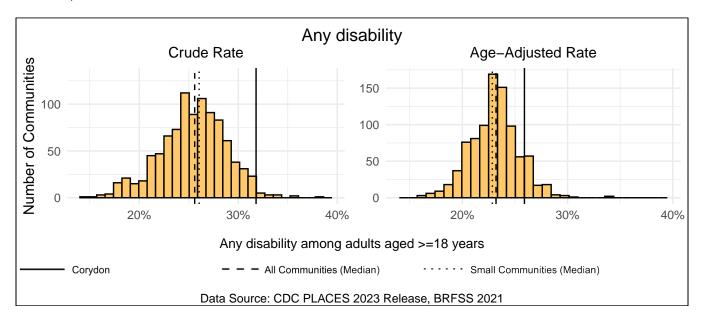
Measure Type	Corydon	All Comm.	Small Comm.
Crude	8.5%	6.6%	6.8%
Age-Adjusted	7.2%	6.2%	6.1%



#### Any disability

Corydon has a crude rate of 31.8% for any disability among adults aged >=18 years, which ranks 944th out of 958 lowa communities (136th out of 138 small communities). The age-adjusted rate for Corydon is 25.9%, which ranks 804th out of 905 lowa communities (130th out of 138 small communities).

Measure Type	Corydon	All Comm.	Small Comm.
Crude	31.8%	25.6%	26.0%
Age-Adjusted	25.9%	23.2%	22.8%



# **Appendix 1: CDC PLACES Data**

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- PLACES Homepage
- · Measure Definitions
- Methodology



# **Appendix 2: Corydon PLACES Data**

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	Mental Health	560	14.5% (12.4% - 16.6%)	821	16.8% (14.5% - 19.3%)
Health Status	Physical Health	858	12.3% (10.4% - 14.4%)	757	10.7% (9.0% - 12.5%)
Health Status	General Health	850	16.9% (13.9% - 20.1%)	750	14.4% (12.1% - 17.2%)
Health Risk Behaviors	Physical Inactivity	894	30.6% (25.1% - 36.4%)	777	27.1% (22.2% - 32.6%)
Health Risk Behaviors	Sleep <7 hours	258	29.3% (27.7% - 30.7%)	545	31.6% (29.9% - 33.3%)
Health Risk Behaviors	Current Smoking	447	16.7% (13.2% - 20.2%)	782	19.8% (15.7% - 24.0%)
Health Risk Behaviors	Binge Drinking	53	16.5% (13.5% - 19.6%)	136	20.9% (17.1% - 24.9%)
Health Outcomes	High Blood Pressure	857	36.5% (32.0% - 41.1%)	696	28.4% (24.3% - 32.6%)
Health Outcomes	Diabetes	852	11.9% (9.9% - 13.8%)	722	8.9% (7.5% - 10.4%)
Health Outcomes	Cancer (except skin)	887	10.0% (9.0% - 11.2%)	418	6.5% (5.8% - 7.2%)
Health Outcomes	All Teeth Lost	872	16.2% (10.1% - 23.8%)	784	15.2% (10.2% - 20.4%)
Health Outcomes	High Cholesterol	803	38.8% (33.8% - 43.8%)	599	30.2% (25.7% - 34.8%)
Health Outcomes	Arthritis	918	33.1% (28.5% - 37.8%)	873	25.2% (21.4% - 29.2%)
Health Outcomes	Depression	386	17.8% (14.6% - 21.4%)	733	20.0% (16.2% - 23.9%)
Health Outcomes	Obesity	708	39.1% (31.1% - 47.2%)	857	41.4% (33.1% - 49.9%)
Health Outcomes	Coronary Heart Disease	901	8.5% (7.3% - 9.8%)	729	5.4% (4.6% - 6.1%)
Health Outcomes	Stroke	909	4.3% (3.7% - 5.1%)	714	2.8% (2.5% - 3.2%)
Health Outcomes	Current Asthma	625	9.5% (8.3% - 10.7%)	762	9.9% (8.7% - 11.2%)
Health Outcomes	COPD	878	9.1% (7.4% - 10.9%)	765	7.1% (5.9% - 8.4%)
Health Outcomes	Chronic Kidney Disease	890	4.0% (3.6% - 4.6%)	623	2.7% (2.4% - 3.0%)
Prevention	Dental Visit	771	63.8% (59.8% - 67.7%)	768	62.6% (58.5% - 66.5%)
Prevention	Cholesterol Screening	479	82.6% (79.6% - 85.6%)	731	78.0% (74.0% - 81.6%)
Prevention	Core preventive services for older men	732	41.0% (32.3% - 50.9%)	636	41.6% (32.9% - 50.9%)
Prevention	Cervical Cancer Screening	857	81.1% (78.4% - 83.9%)	675	82.3% (79.9% - 84.9%)
Prevention	Taking BP Medication	77	83.2% (80.1% - 85.7%)	179	59.6% (54.5% - 64.6%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Colorectal Cancer Screening	690	70.2% (66.7% - 73.4%)	742	69.3% (65.8% - 72.8%)
Prevention	Annual Checkup	191	76.8% (71.8% - 81.0%)	686	71.8% (66.2% - 76.9%)
Prevention	Mammography	585	75.6% (71.2% - 79.6%)	641	72.8% (67.9% - 77.7%)
Prevention	Health Insurance	752	8.2% (6.2% - 10.6%)	719	8.7% (6.5% - 11.1%)
Prevention	Core preventive services for older women	764	35.9% (28.1% - 44.5%)	447	39.9% (32.1% - 47.8%)
Disability	Vision Disability	879	5.3% (4.4% - 6.4%)	742	4.2% (3.5% - 4.9%)
Disability	Independent Living Disability	905	8.5% (7.0% - 10.2%)	776	7.2% (6.1% - 8.4%)
Disability	Any Disability	944	31.8% (26.9% - 36.4%)	804	25.9% (21.9% - 30.2%)
Disability	Cognitive Disability	821	12.5% (10.3% - 14.8%)	788	13.1% (11.0% - 15.4%)
Disability	Self-care Disability	852	4.3% (3.5% - 5.2%)	735	3.4% (2.9% - 3.9%)
Disability	Mobility Disability	919	15.8% (12.9% - 18.8%)	787	11.0% (9.2% - 12.9%)
Disability	Hearing Disability	919	9.9% (8.4% - 11.2%)	681	6.3% (5.6% - 7.1%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

# Appendix 3: Small Communities (1,000-2,499)

Corydon falls into the group of small communities, which have a population of 1,000-2,499. In this data, 138 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

Community	Population	Community	Population	Community	Population
New London	2,471	Monroe	1,889	Pocahontas	1,614
West Union	2,468	Ogden	1,878	Guthrie Center	1,605
Belle Plaine	2,421	Lisbon	1,874	Brooklyn	1,600
Rockwell City	2,389	Blue Grass	1,873	Corning	1,592
La Porte City	2,347	Wapello	1,861	Akron	1,580
Hull	2,340	Walcott	1,854	Monona	1,571
Cascade	2,312	Peosta	1,852	Urbana	1,565
Atkins	2,296	Pleasantville	1,840	Holstein	1,560
Lamoni	2,284	Mount Ayr	1,838	Slater	1,546
Mediapolis	2,214	Sigourney	1,835	Dysart	1,542
Alta	2,207	Farley	1,833	Shell Rock	1,542
Colfax	2,186	Sac City	1,825	Hartley	1,536
Sumner	2,145	Reinbeck	1,784	Sanborn	1,536
Northwood	2,142	Greenfield	1,778	Fairbank	1,490
Bellevue	2,132	Dallas Center	1,770	Panora	1,490
Remsen	2,095	Prairie City	1,762	Lenox	1,488
Audubon	2,089	Lake City	1,745	Wellman	1,474
Toledo	2,047	Parkersburg	1,738	Roland	1,472
Ely	2,045	Stuart	1,726	Nashua	1,472
Columbus Junction	2,029	Manson	1,718	Van Meter	1,468
Epworth	1,982	Leon	1,707	Nora Springs	1,464
Ida Grove	1,969	Ackley	1,699	Manning	1,444
Lake Mills	1,965	Corydon	1,688	Traer	1,441
Granger	1,950	Oakland	1,678	Logan	1,437
Denver	1,921	Guttenberg	1,667	Walford	1,434
Britt	1,921	State Center	1,654	Strawberry Point	1,427
Durant	1,902	Moville	1,640	Dunlap	1,418

Community	Population	Community	Population	Community	Population
Bedford	1,416	Fayette	1,179	Graettinger	1,010
Manly	1,415	Central City	1,166	Preston	1,005
Kingsley	1,382	Palo	1,162	Rockwell	1,004
Avoca	1,375	Springville	1,160		
Earlham	1,367	George	1,149		
University Heights	1,353	Wayland	1,148		
Montezuma	1,335	St. Ansgar	1,140		
Elkader	1,326	Clarence	1,136		
Coon Rapids	1,324	Fredericksburg	1,133		
Clarksville	1,311	Fruitland	1,127		
Woodbine	1,286	Swisher	1,126		
Jewell Junction	1,284	Neola	1,125		
Alton	1,283	Afton	1,105		
Melcher-Dallas	1,278	Riverside	1,090		
Greene	1,267	Hamburg	1,087		
Malvern	1,264	Newhall	1,076		
Lone Tree	1,261	Treynor	1,071		
Dike	1,240	Villisca	1,071		
Conrad	1,234	Janesville	1,063		
Lake Park	1,223	Winfield	1,063		
Laurens	1,223	Griswold	1,056		
Sheffield	1,209	Lansing	1,053		
Tripoli	1,207	Sloan	1,051		
Marcus	1,200	Baxter	1,036		
Eddyville	1,187	Winthrop	1,035		
Gilbert	1,185	Sully	1,022		
New Sharon	1,183	Lawton	1,021		