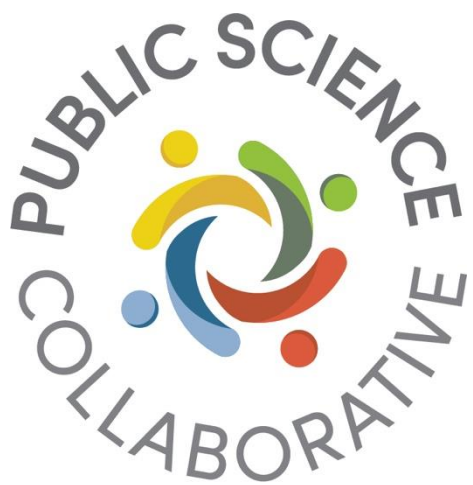




Iowa Community Health Snapshot Series

*275 community reports prepared for the Iowa State University
Extension and Outreach Community and Economic
Development Unit*



May 2024

By Matthew Voss & Shawn Dorius

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

Iowa Community Health Snapshot Series

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Health in Coralville: Overview

Dear Community Members & Stakeholders of Coralville,

We are pleased to share the Iowa Community Health Snapshot series, a set of reports designed in partnership with Iowa State University’s Community Economic Development to assess the overall landscape of health and well-being across Iowa. The following pages include the health snapshot for your community. The snapshot can be used to see how Coralville ranks across various health measures compared to the rest of the state and similarly-sized communities. This comparison allows us to identify Coralville’s strengths and opportunities for growth by leveraging the Centers for Disease Control and Prevention PLACES dataset.

The report includes 37 health measures organized topically by general health status, risky behavior, health outcomes, prevention, and disability. We provide a general overview of each health topic, followed by a description of each health measure. Health measure descriptions include crude and age-adjusted rates and a ranking that tells you how your community ranks compared to all Iowa communities and communities of similar size to Coralville. Crude rates tell you the raw, un-adjusted percent of the population experiencing the health measure. Age-adjusted rates account for the age distribution present in your community and presents what the rate would be if your community had a standard age distribution. Crude rates can provide a general comparison between communities and age-adjusted rates can give a fairer comparison between communities with different age structures.

Strengths

Take a look at the top strengths of your community! Below are unadjusted and age-adjusted health measures that represent your community’s strengths. We recommend using continued investment in these areas to maintain them as strengths, as well as building on them to improve in other health domains.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Mid-Large Community Rank	Health Domain	Statewide Community Rank	Mid-Large Community Rank
Cancer (except skin)	5th	2nd	High Cholesterol	8th	2nd
High Cholesterol	5th	2nd	Obesity	40th	3rd
High Blood Pressure	8th	3rd	Current Smoking	50th	9th
Arthritis	10th	2nd	All Teeth Lost	58th	11th
Hearing Disability	15th	4th	COPD	68th	10th

Opportunities

Below are health measures that represent potential areas for growth in your community. We recommend increasing investment in these areas to support community health and well-being.

Crude			Age-Adjusted		
Health Domain	Statewide Community Rank	Mid-Large Community Rank	Health Domain	Statewide Community Rank	Mid-Large Community Rank
Annual Checkup	950th	30th	Taking BP Medication	737th	23rd
Taking BP Medication	949th	29th	Annual Checkup	597th	24th
Cholesterol Screening	946th	29th	Vision Disability	509th	17th
Binge Drinking	915th	28th	Core preventive services for older men	479th	25th
Mental Health	868th	22nd	Cervical Cancer Screening	402nd	19th

Please review the rest of the report to learn more about your community and reach out to us with questions about the report or for recommendations to improve the overall health and well-being in Coralville.

Sincerely,



Shawn F. Dorius, PhD
Iowa State University
Public Science Collaborative



IOWA STATE UNIVERSITY
Extension and Outreach
Community and Economic Development

This project was supported by funding from Iowa State University's Extension and Outreach Community and Economic Development Unit, via an award from Iowa State University's Presidential Strategic Initiative Plan 2022-2031.

How to Use this Report

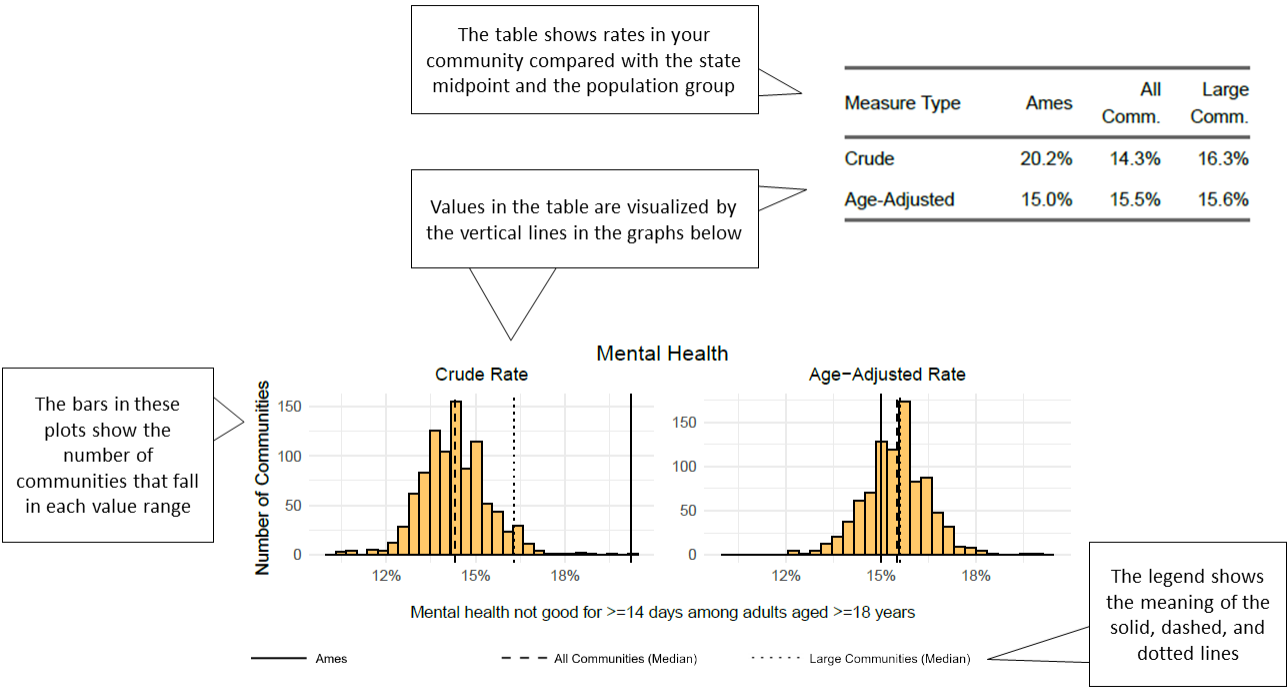
The purpose of the Iowa Community Health Snapshot Series is to provide an overview of health in Coralville that can be used to help inform health-related interventions and programming. This report contains five sections, including the overall health status of Coralville, a review of risky behaviors in the community, and information on various health outcomes, prevention measures, and disability needs. Each section includes an overview of the health domain, a breakdown of its underlying health measures, and data to see how Coralville compares to the rest of the state and similarly-sized communities.

With a population of 22,494, Coralville’s similarly sized communities are defined as mid-large communities. In Iowa, mid-large communities have an average population of 20,750, and there are 31 communities that are considered mid-large communities. To see all of the communities in this population group, please see Appendix 3 of this report.

Group	Population Range	Number of Communities
Large	50,000+	11
Mid-Large	10,000-49,999	31
Midsized	2,500-9,999	102
Small	1,000-2,499	138
Very Small	0-999	676
Total		958

Using Ames, IA as an Example

The graphic below is an example of the details included for each health measure. The table in the upper right shows your community’s crude and age-adjusted rate estimates alongside their averages across all Iowa communities and similarly-sized communities. The images below show the distribution of the health measure across communities. The vertical lines correspond with the values in the table to show the estimate for the specific community compared to communities across the state. The solid black line in each plot represents the community rate, with the dashed lines indicating the average rate for all Iowa communities and the dotted lines showing the average rate for similarly-sized communities.



The example graphic above displays the poor mental health rate in Ames, Iowa. The left plot shows the crude rate of poor mental health in the community. Crude rates are the raw, un-adjusted percent of the population experiencing the health measure. Notice how the solid black line is closer to the right of the plot than the dashed and dotted lines; this indicates that Ames has a higher crude rate of poor mental health than most communities in the state. However, the age-adjusted rate plot on the right shows the solid line closer to the peak of the distribution and averages for the state and similarly-sized communities, indicating that when accounting for Ames’s unique age distribution, Ames’s poor mental health rate is not a significant outlier, and is estimated to be lower than the statewide average. Accounting for crude and age-adjusted rates is critical to help inform health interventions as age-adjusted rates can help contextualize the health measure within the population.

Health Status

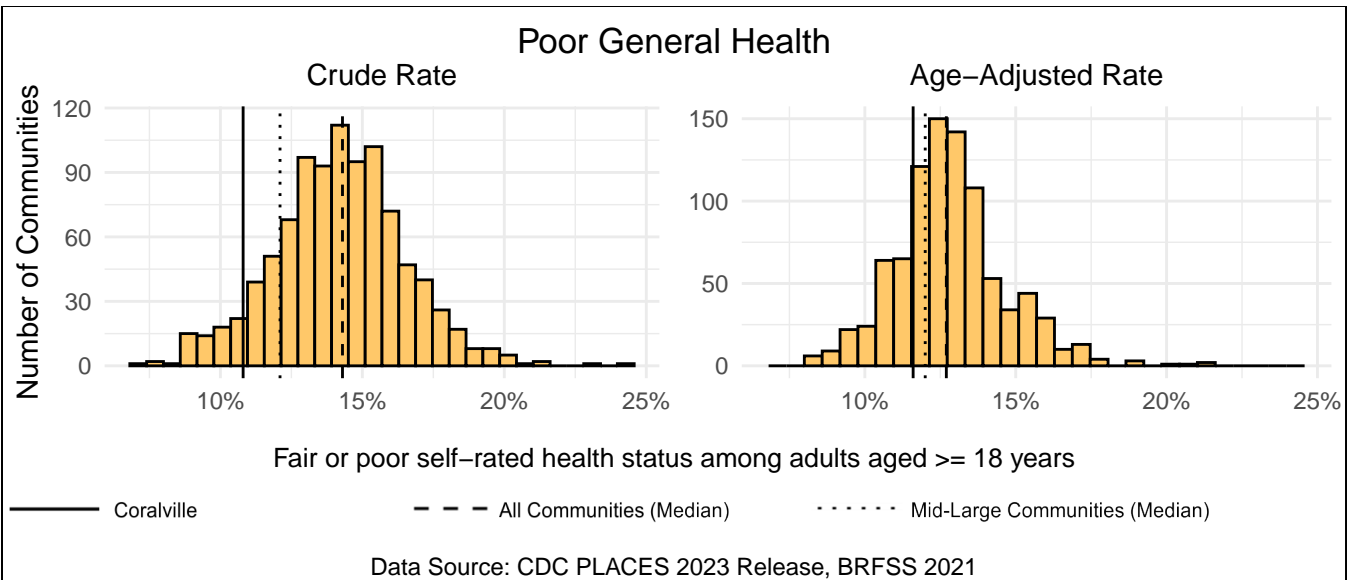
This section reflects measures for overall health, including general, physical, and mental health. These measures are a valuable way to see a simple summary of the health of a country’s population. The questions to calculate these measures ask respondents to evaluate their health status. General health is evaluated on a 5-point scale where respondents can report their health status as one of “excellent,” “very good,” “good,” “fair,” or “poor,” from which the respondents who answer “fair” or “poor” are included in the measure. Physical and mental health are evaluated as the rate of respondents who say they have had 14 or more days in the last 30 days in which their physical or mental health was not good. The URL below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-status/index.html>

Poor General Health

Coralville has a crude rate of 10.8% for fair or poor self-rated health status among adults aged >= 18 years, which ranks 62nd out of 958 Iowa communities (10th out of 31 mid-large communities). The age-adjusted rate for Coralville is 11.6%, which ranks 191st out of 905 Iowa communities (14th out of 31 mid-large communities).

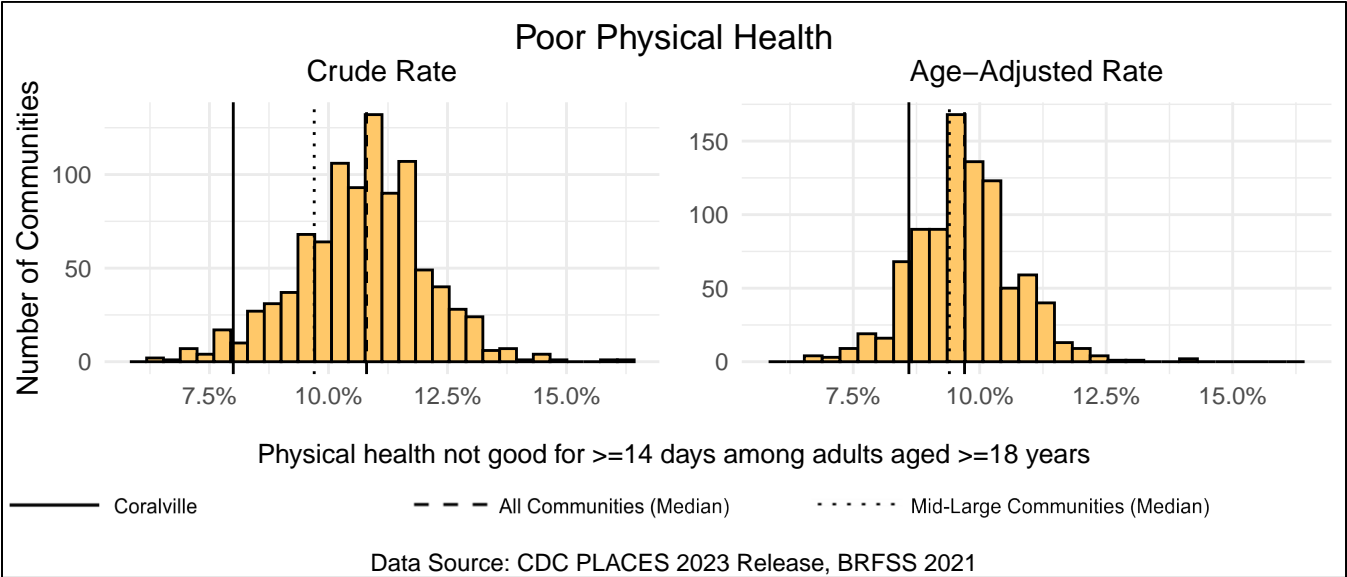
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	10.8%	14.3%	12.1%
Age-Adjusted	11.6%	12.7%	12.0%



Poor Physical Health

Coralville has a crude rate of 8.0% for physical health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 32nd out of 958 Iowa communities (6th out of 31 mid-large communities). The age-adjusted rate for Coralville is 8.6%, which ranks 103rd out of 905 Iowa communities (13th out of 31 mid-large communities).

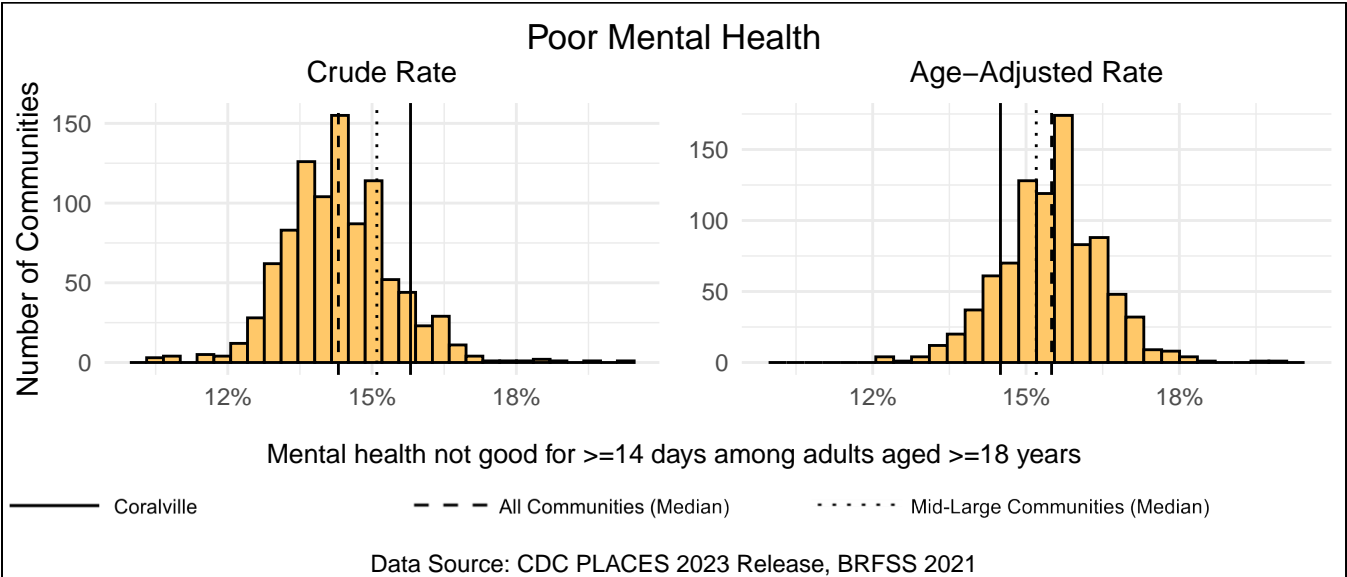
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	8.0%	10.8%	9.7%
Age-Adjusted	8.6%	9.7%	9.4%



Poor Mental Health

Coralville has a crude rate of 15.8% for mental health not good for ≥ 14 days among adults aged ≥ 18 years, which ranks 868th out of 958 Iowa communities (22nd out of 31 mid-large communities). The age-adjusted rate for Coralville is 14.5%, which ranks 121st out of 905 Iowa communities (12th out of 31 mid-large communities).

Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	15.8%	14.3%	15.1%
Age-Adjusted	14.5%	15.5%	15.2%



Health Risk Behaviors

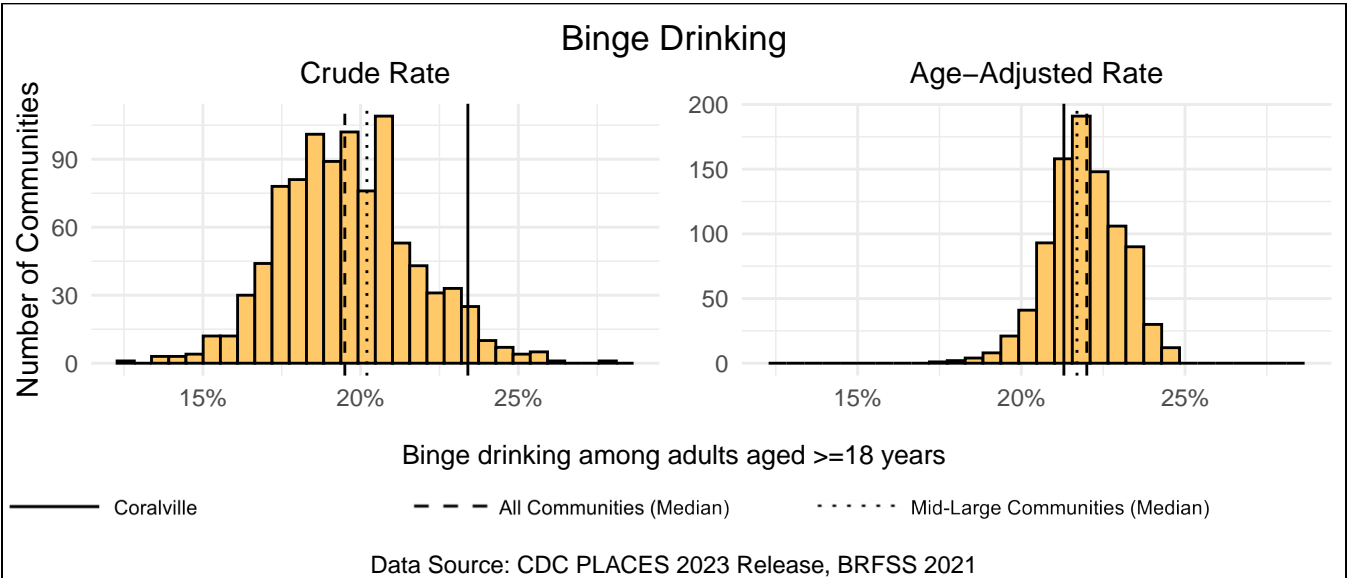
Health risk measures are measures of individual behaviors that can lead to poor health outcomes. These include binge drinking, current smoking, physical inactivity, and getting less than seven hours of nightly sleep. Risk behaviors are the most critical intervention points as they can help save lives and drastically improve health outcomes later in life. Each measure is calculated as the rate of respondents participating in a high level of risk behavior. The exact cutoff points for the behavior depend on the health area. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Binge Drinking

Coralville has a crude rate of 23.4% for binge drinking among adults aged ≥ 18 years, which ranks 915th out of 958 Iowa communities (28th out of 31 mid-large communities). The age-adjusted rate for Coralville is 21.3%, which ranks 230th out of 905 Iowa communities (11th out of 31 mid-large communities).

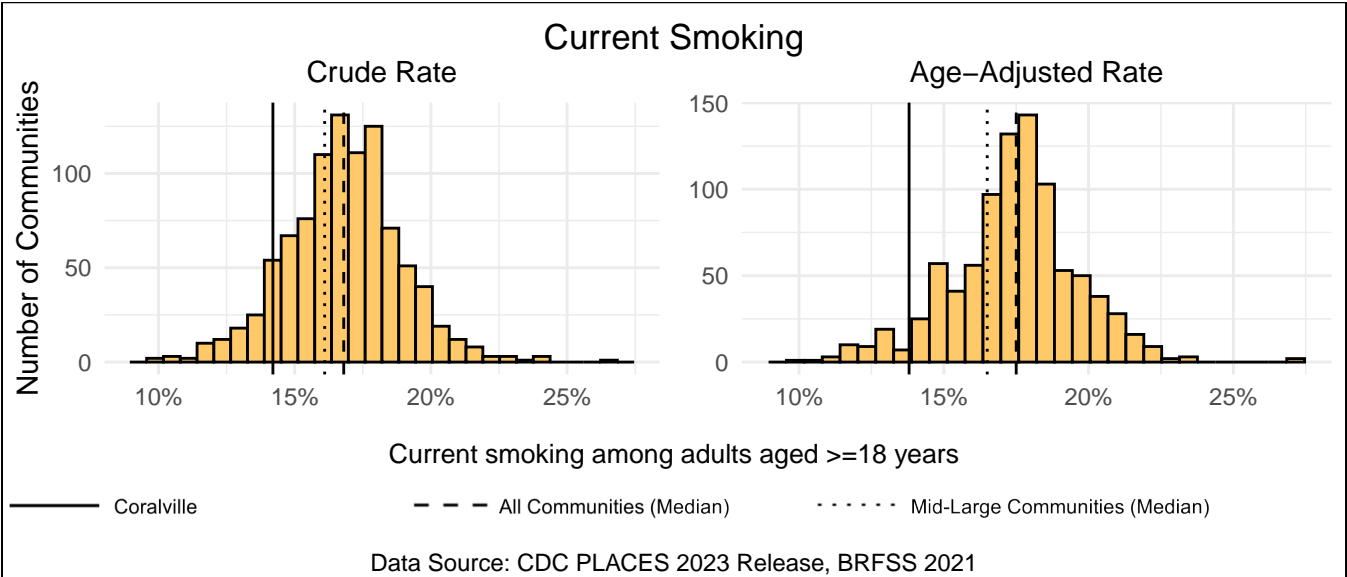
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	23.4%	19.5%	20.2%
Age-Adjusted	21.3%	22.0%	21.7%



Current Smoking

Coralville has a crude rate of 14.2% for current smoking among adults aged ≥ 18 years, which ranks 88th out of 958 Iowa communities (12th out of 31 mid-large communities). The age-adjusted rate for Coralville is 13.8%, which ranks 50th out of 905 Iowa communities (9th out of 31 mid-large communities).

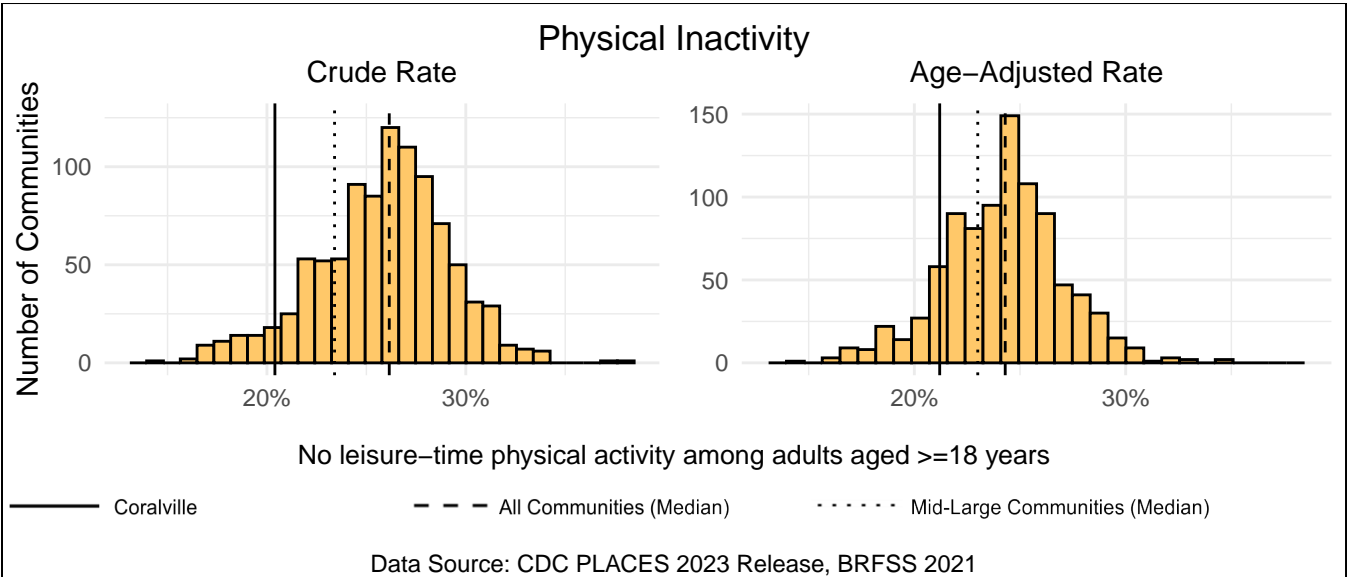
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	14.2%	16.8%	16.1%
Age-Adjusted	13.8%	17.5%	16.5%



Physical Inactivity

Coralville has a crude rate of 20.4% for no leisure-time physical activity among adults aged ≥ 18 years, which ranks 61st out of 958 Iowa communities (9th out of 31 mid-large communities). The age-adjusted rate for Coralville is 21.2%, which ranks 118th out of 905 Iowa communities (11th out of 31 mid-large communities).

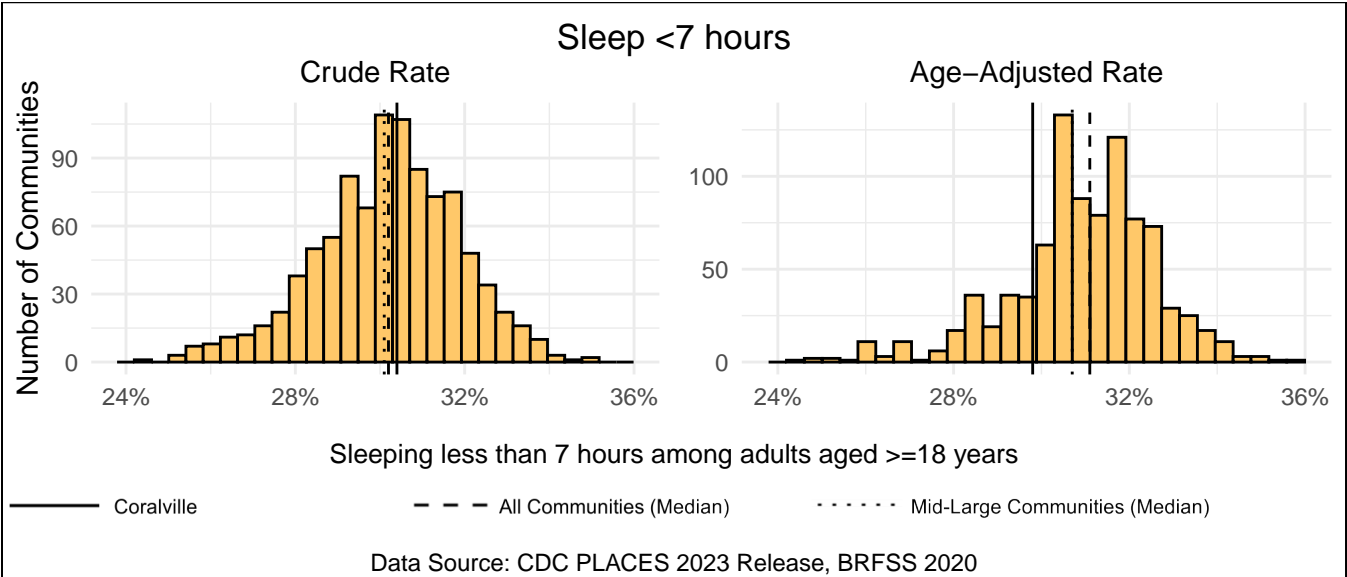
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	20.4%	26.1%	23.4%
Age-Adjusted	21.2%	24.3%	23.0%



Sleep <7 hours

Coralville has a crude rate of 30.4% for sleeping less than 7 hours among adults aged ≥ 18 years, which ranks 498th out of 958 Iowa communities (19th out of 31 mid-large communities). The age-adjusted rate for Coralville is 29.8%, which ranks 173rd out of 905 Iowa communities (13th out of 31 mid-large communities).

Measure Type	Coralville	All Mid-Large	
		Comm.	Comm.
Crude	30.4%	30.2%	30.1%
Age-Adjusted	29.8%	31.1%	30.7%



Health Outcomes

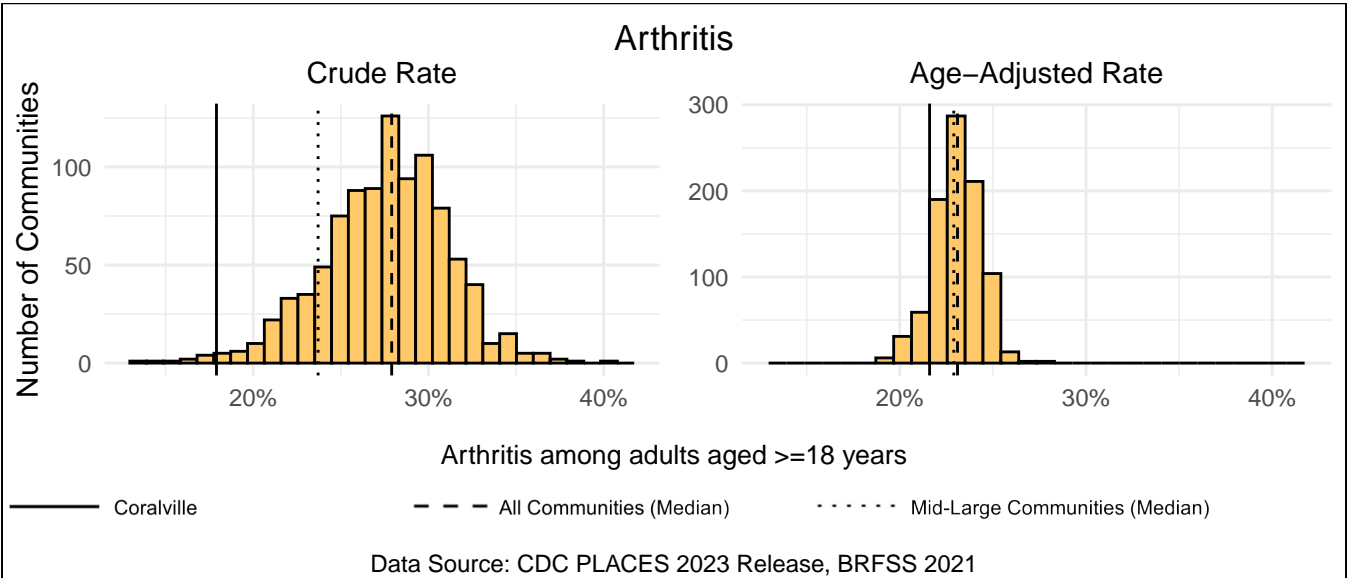
This section includes measures about specific health outcomes such as chronic illness, mental health conditions, and risk factors for future disease. Health outcome measures include but are not limited to arthritis, high blood pressure, cancer, depression, and obesity. Each measure is the percentage of respondents reporting receiving the diagnosis by a doctor, nurse, or other health professional. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/health-outcomes/index.html>

Arthritis

Coralville has a crude rate of 17.9% for arthritis among adults aged ≥ 18 years, which ranks 10th out of 958 Iowa communities (2nd out of 31 mid-large communities). The age-adjusted rate for Coralville is 21.6%, which ranks 97th out of 905 Iowa communities (9th out of 31 mid-large communities).

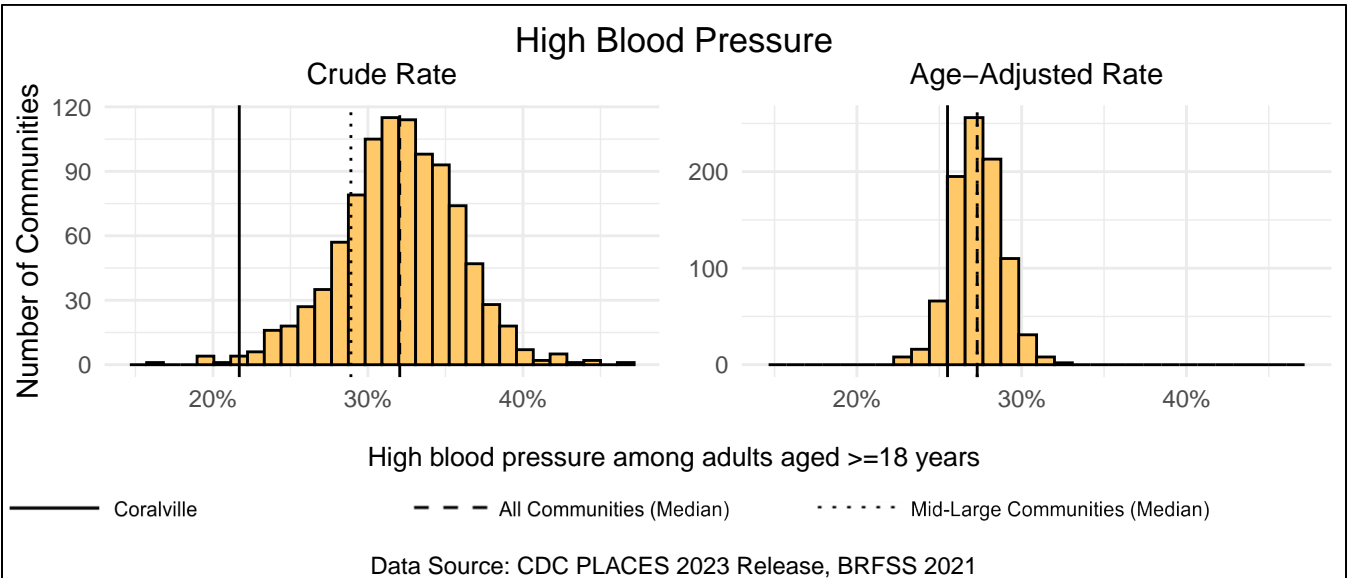
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	17.9%	27.9%	23.7%
Age-Adjusted	21.6%	23.1%	22.9%



High Blood Pressure

Coralville has a crude rate of 21.7% for high blood pressure among adults aged ≥ 18 years, which ranks 8th out of 958 Iowa communities (3rd out of 31 mid-large communities). The age-adjusted rate for Coralville is 25.5%, which ranks 91st out of 905 Iowa communities (6th out of 31 mid-large communities).

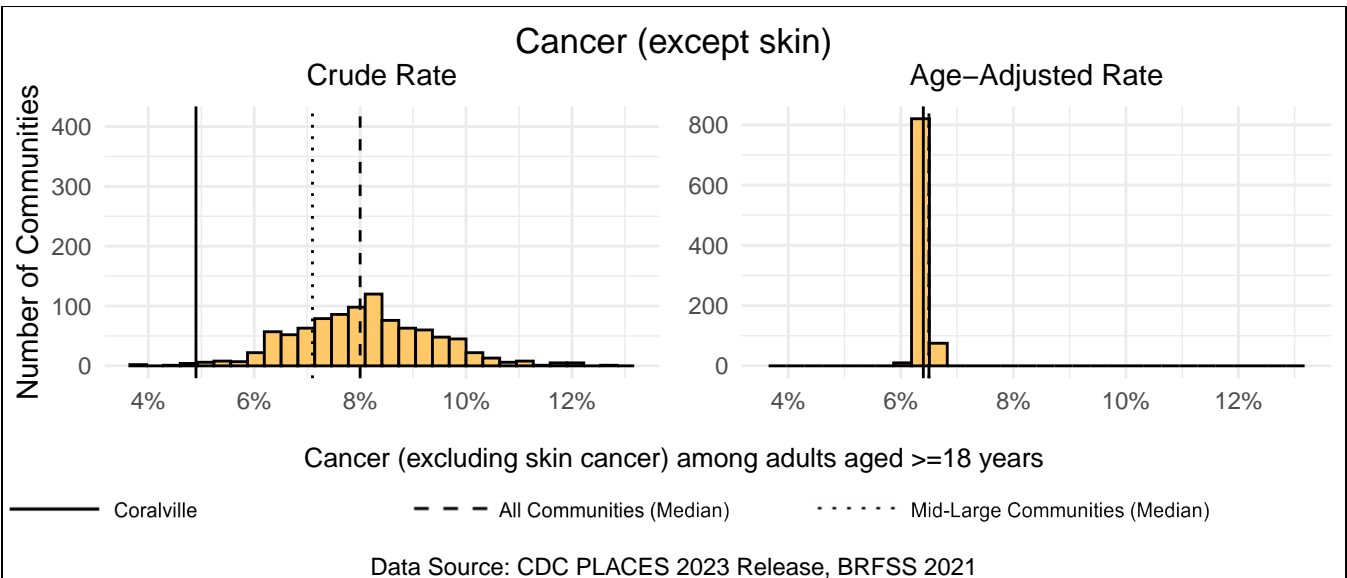
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	21.7%	32.0%	28.9%
Age-Adjusted	25.5%	27.3%	27.3%



Cancer (except skin)

Coralville has a crude rate of 4.9% for cancer (excluding skin cancer) among adults aged ≥ 18 years, which ranks 5th out of 958 Iowa communities (2nd out of 31 mid-large communities). The age-adjusted rate for Coralville is 6.4%, which ranks 74th out of 905 Iowa communities (4th out of 31 mid-large communities).

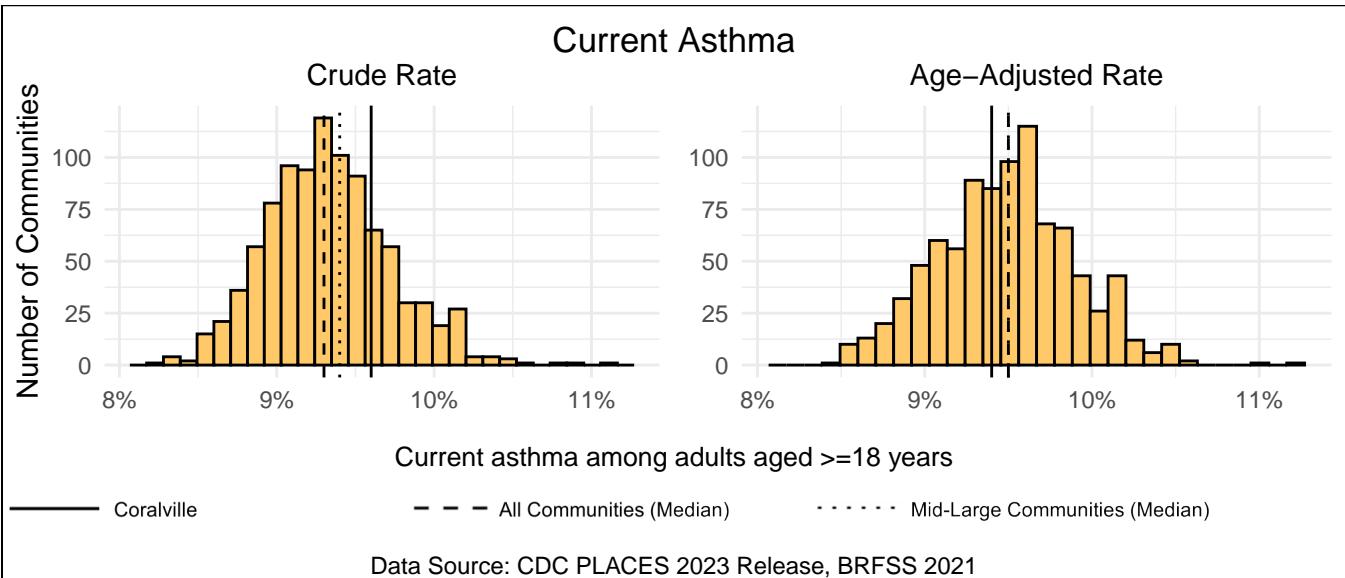
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	4.9%	8.0%	7.1%
Age-Adjusted	6.4%	6.5%	6.5%



Current Asthma

Coralville has a crude rate of 9.6% for current asthma among adults aged ≥ 18 years, which ranks 716th out of 958 Iowa communities (18th out of 31 mid-large communities). The age-adjusted rate for Coralville is 9.4%, which ranks 330th out of 905 Iowa communities (14th out of 31 mid-large communities).

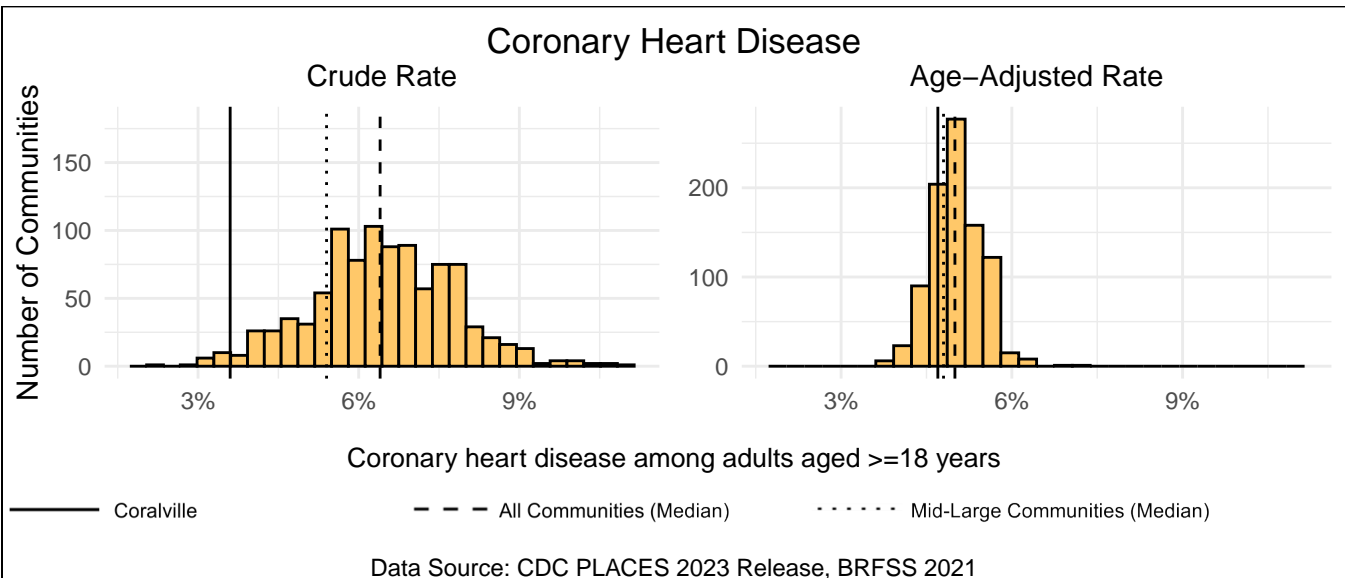
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	9.6%	9.3%	9.4%
Age-Adjusted	9.4%	9.5%	9.5%



Coronary Heart Disease

Coralville has a crude rate of 3.6% for coronary heart disease among adults aged ≥ 18 years, which ranks 15th out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 4.7%, which ranks 187th out of 905 Iowa communities (13th out of 31 mid-large communities).

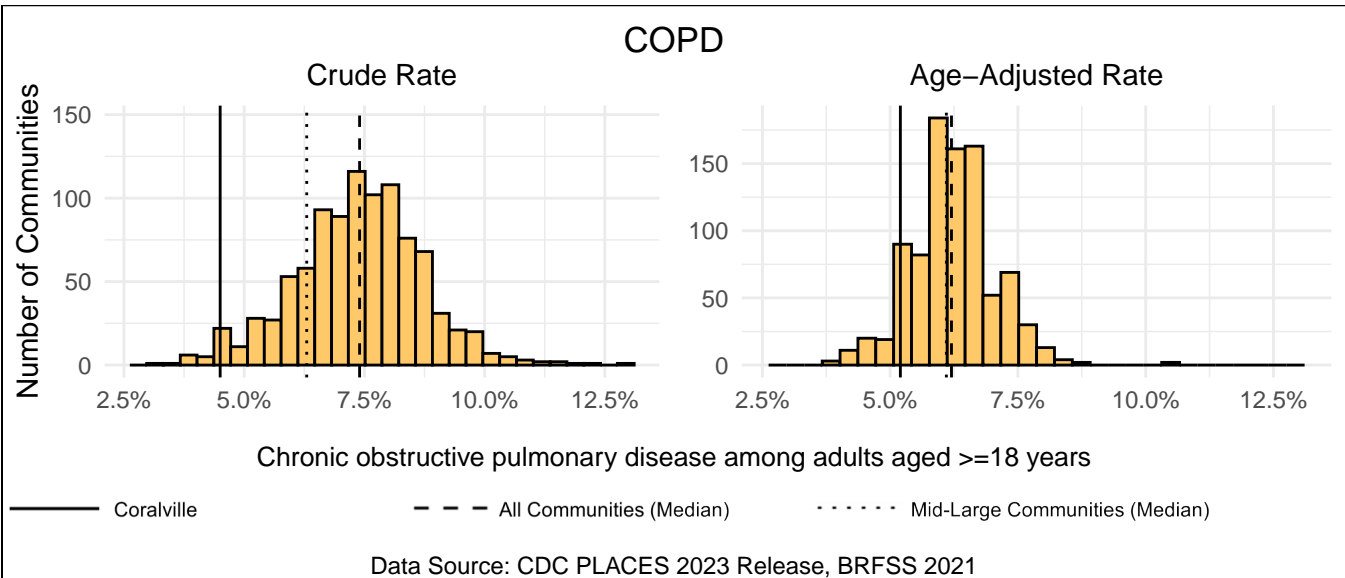
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	3.6%	6.4%	5.4%
Age-Adjusted	4.7%	5.0%	4.8%



COPD

Coralville has a crude rate of 4.5% for chronic obstructive pulmonary disease among adults aged ≥ 18 years, which ranks 16th out of 958 Iowa communities (5th out of 31 mid-large communities). The age-adjusted rate for Coralville is 5.2%, which ranks 68th out of 905 Iowa communities (10th out of 31 mid-large communities).

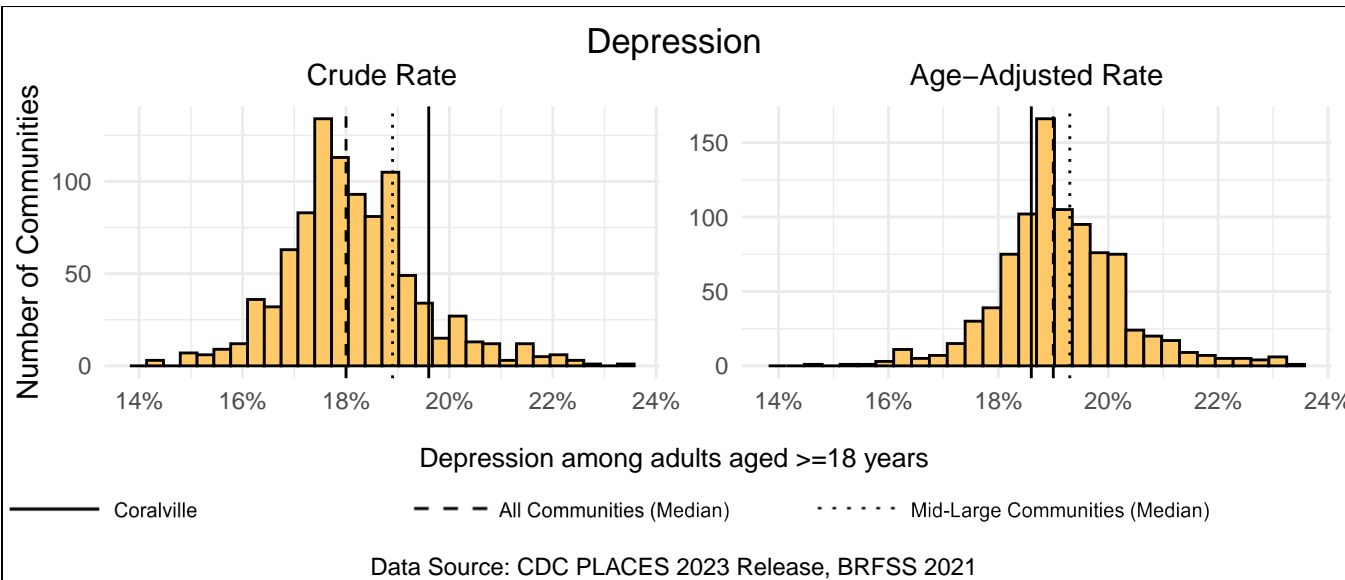
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	4.5%	7.4%	6.3%
Age-Adjusted	5.2%	6.2%	6.1%



Depression

Coralville has a crude rate of 19.6% for depression among adults aged ≥ 18 years, which ranks 848th out of 958 Iowa communities (21st out of 31 mid-large communities). The age-adjusted rate for Coralville is 18.6%, which ranks 251st out of 905 Iowa communities (7th out of 31 mid-large communities).

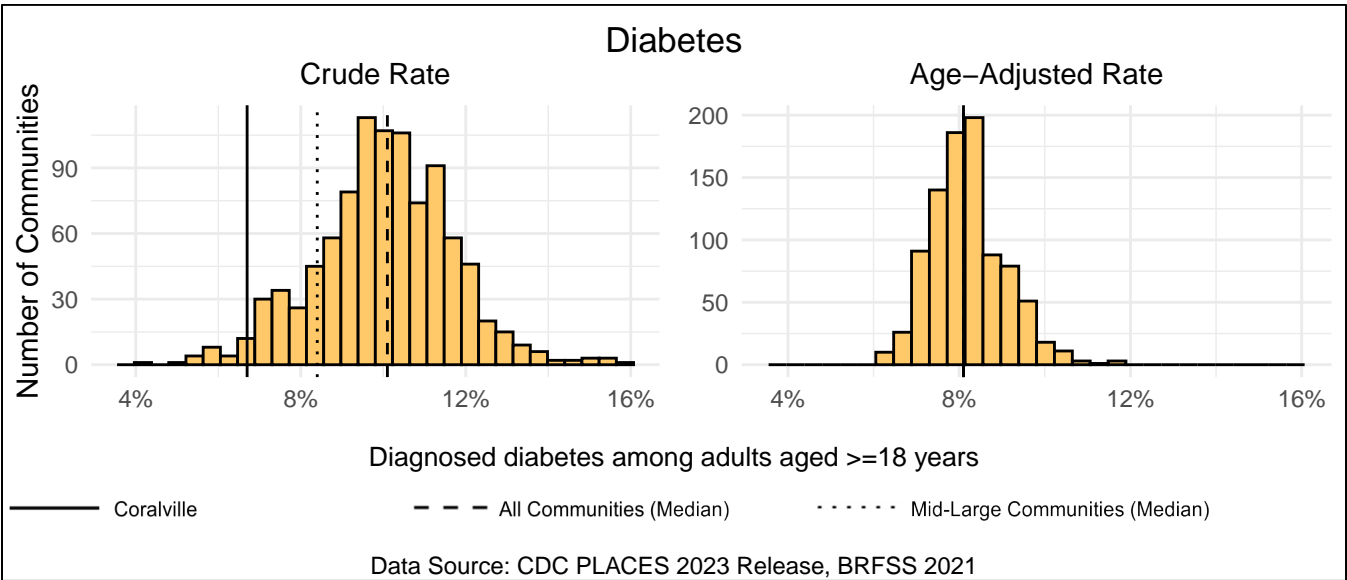
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	19.6%	18.0%	18.9%
Age-Adjusted	18.6%	19.0%	19.3%



Diabetes

Coralville has a crude rate of 6.7% for diagnosed diabetes among adults aged ≥ 18 years, which ranks 27th out of 958 Iowa communities (6th out of 31 mid-large communities). The age-adjusted rate for Coralville is 8.1%, which ranks 401st out of 905 Iowa communities (14th out of 31 mid-large communities).

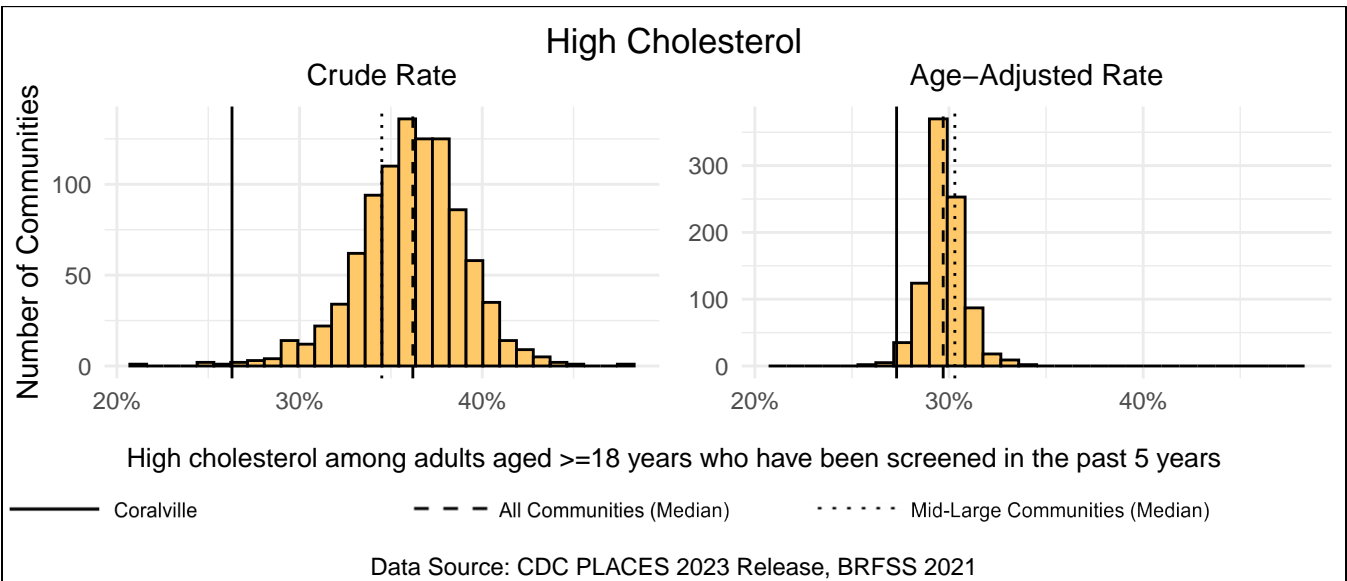
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	6.7%	10.1%	8.4%
Age-Adjusted	8.1%	8.1%	8.1%



High Cholesterol

Coralville has a crude rate of 26.3% for high cholesterol among adults aged ≥ 18 years who have been screened in the past 5 years, which ranks 5th out of 958 Iowa communities (2nd out of 31 mid-large communities). The age-adjusted rate for Coralville is 27.3%, which ranks 8th out of 905 Iowa communities (2nd out of 31 mid-large communities).

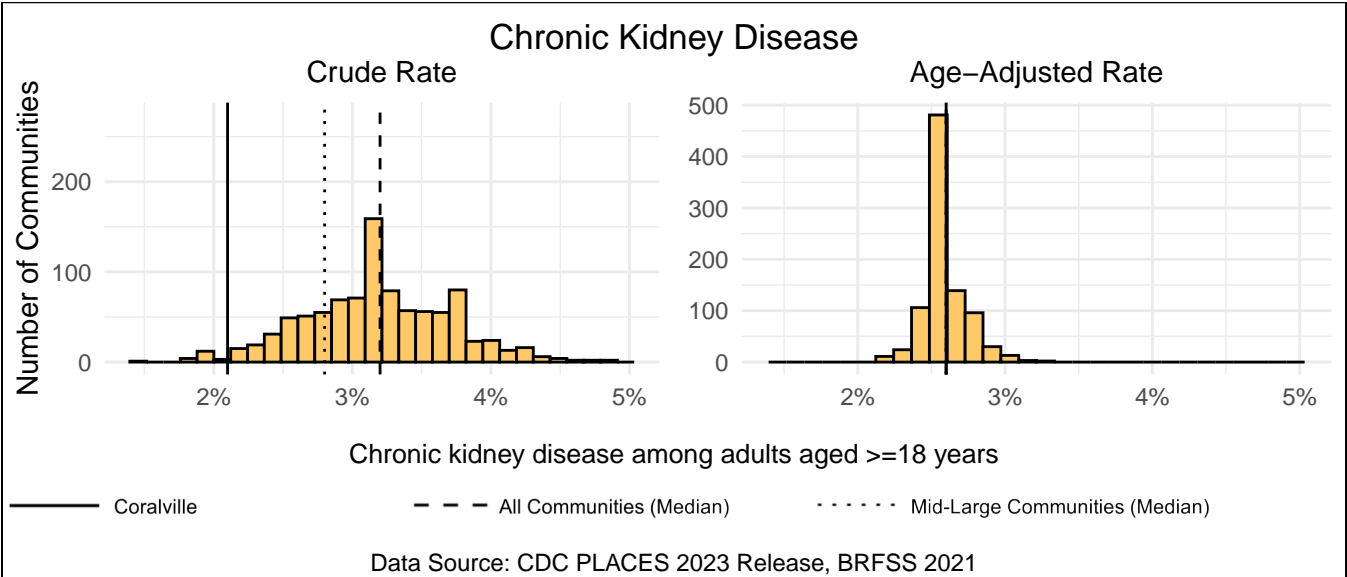
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	26.3%	36.2%	34.5%
Age-Adjusted	27.3%	29.7%	30.3%



Chronic Kidney Disease

Coralville has a crude rate of 2.1% for chronic kidney disease among adults aged >=18 years, which ranks 18th out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 2.6%, which ranks 349th out of 905 Iowa communities (14th out of 31 mid-large communities).

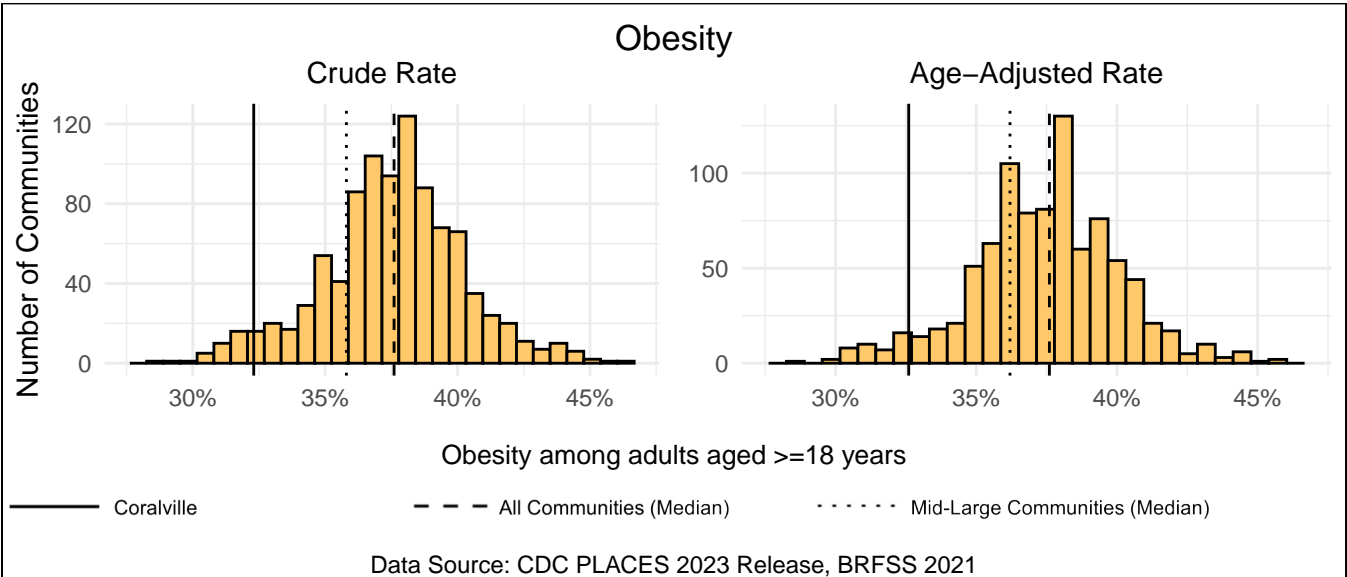
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	2.1%	3.2%	2.8%
Age-Adjusted	2.6%	2.6%	2.6%



Obesity

Coralville has a crude rate of 32.3% for obesity among adults aged >=18 years, which ranks 38th out of 958 Iowa communities (3rd out of 31 mid-large communities). The age-adjusted rate for Coralville is 32.6%, which ranks 40th out of 905 Iowa communities (3rd out of 31 mid-large communities).

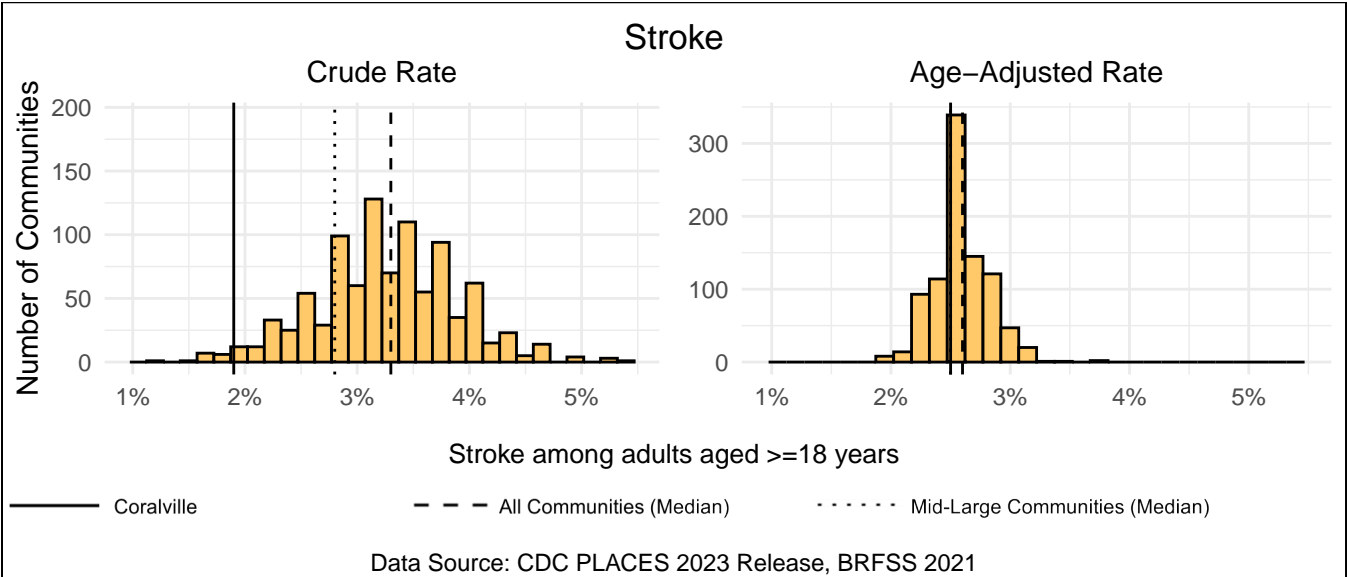
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	32.3%	37.6%	35.8%
Age-Adjusted	32.6%	37.6%	36.2%



Stroke

Coralville has a crude rate of 1.9% for stroke among adults aged ≥ 18 years, which ranks 16th out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 2.5%, which ranks 230th out of 905 Iowa communities (15th out of 31 mid-large communities).

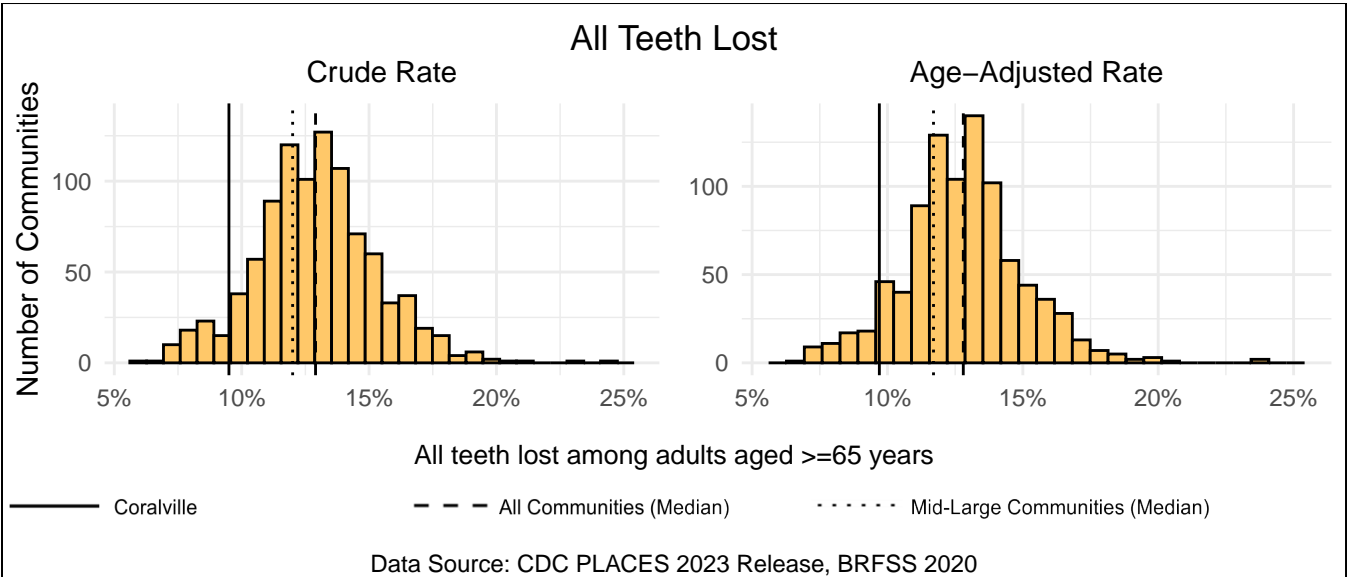
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	1.9%	3.3%	2.8%
Age-Adjusted	2.5%	2.6%	2.5%



All Teeth Lost

Coralville has a crude rate of 9.5% for all teeth lost among adults aged ≥ 65 years, which ranks 64th out of 958 Iowa communities (9th out of 31 mid-large communities). The age-adjusted rate for Coralville is 9.7%, which ranks 58th out of 905 Iowa communities (11th out of 31 mid-large communities).

Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	9.5%	12.9%	12.0%
Age-Adjusted	9.7%	12.8%	11.7%



Prevention

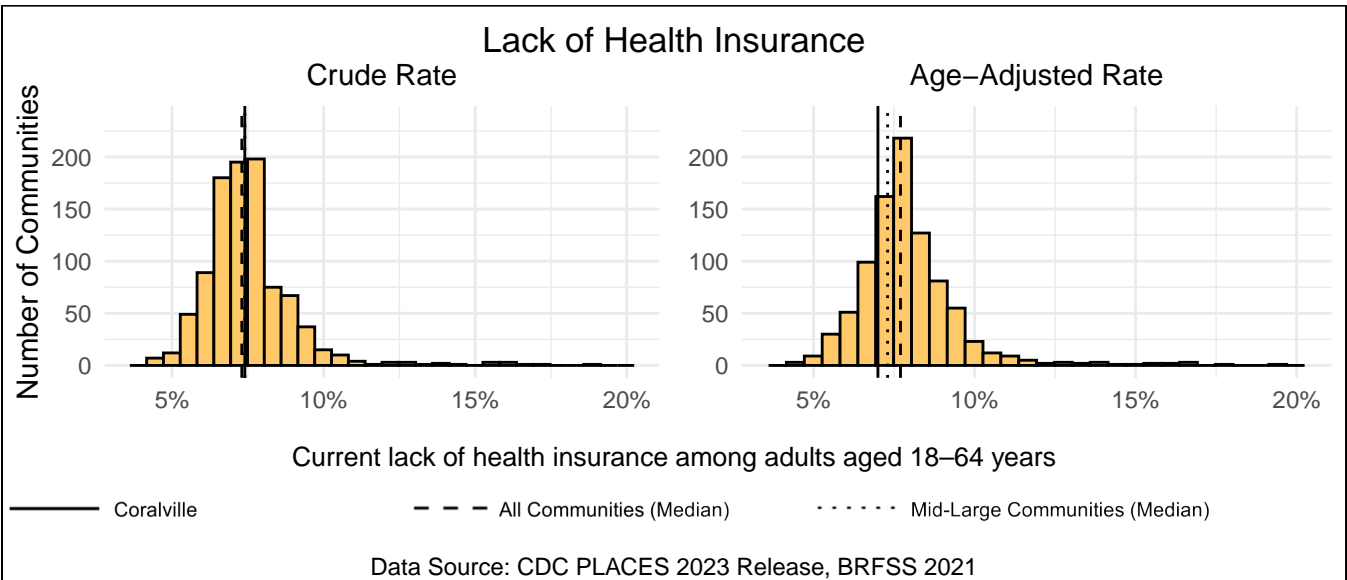
Preventive measures are another practical intervention point for public health professionals as they allow for the early detection of health conditions and improve overall treatment efficacy. This section includes a review of your community’s prevention measures, including preventive screenings and doctor visits. Besides the measure for lack of health insurance, all measures in this section are positive, where a higher rate is a strength for your community. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/prevention/index.html>

Lack of Health Insurance

Coralville has a crude rate of 7.4% for current lack of health insurance among adults aged 18–64 years, which ranks 489th out of 958 Iowa communities (16th out of 31 mid-large communities). The age-adjusted rate for Coralville is 7.0%, which ranks 193rd out of 905 Iowa communities (15th out of 31 mid-large communities).

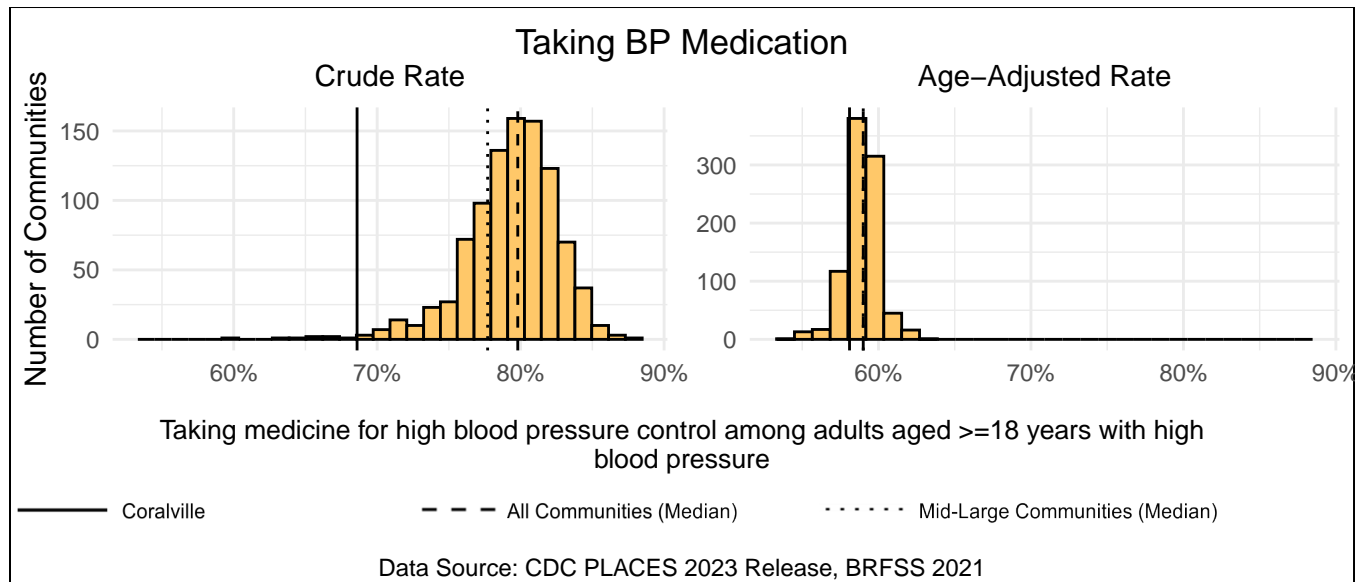
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	7.4%	7.3%	7.4%
Age-Adjusted	7.0%	7.7%	7.3%



Taking BP Medication

Coralville has a crude rate of 68.6% for taking medicine for high blood pressure control among adults aged ≥ 18 years with high blood pressure, which ranks 949th out of 958 Iowa communities (29th out of 31 mid-large communities). The age-adjusted rate for Coralville is 58.1%, which ranks 737th out of 905 Iowa communities (23rd out of 31 mid-large communities).

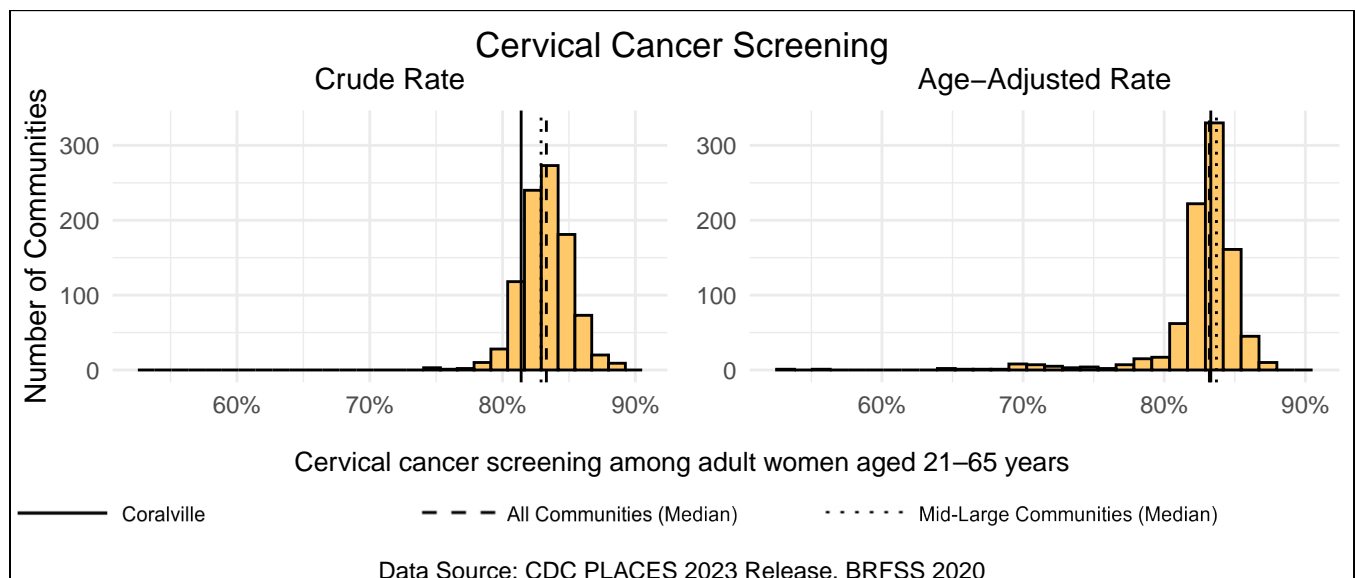
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	68.6%	79.8%	77.7%
Age-Adjusted	58.1%	59.0%	59.0%



Cervical Cancer Screening

Coralville has a crude rate of 81.4% for cervical cancer screening among adult women aged 21–65 years, which ranks 819th out of 958 Iowa communities (23rd out of 31 mid-large communities). The age-adjusted rate for Coralville is 83.3%, which ranks 402nd out of 905 Iowa communities (19th out of 31 mid-large communities).

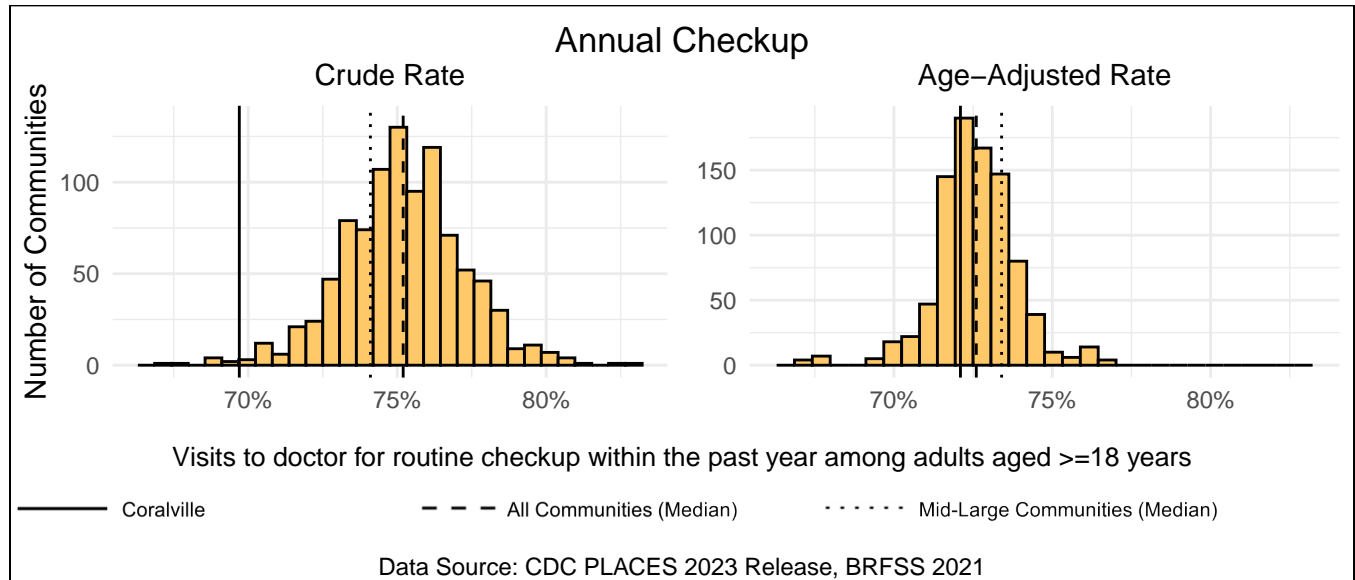
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	81.4%	83.3%	82.9%
Age-Adjusted	83.3%	83.2%	83.7%



Annual Checkup

Coralville has a crude rate of 69.7% for visits to doctor for routine checkup within the past year among adults aged ≥ 18 years, which ranks 950th out of 958 Iowa communities (30th out of 31 mid-large communities). The age-adjusted rate for Coralville is 72.1%, which ranks 597th out of 905 Iowa communities (24th out of 31 mid-large communities).

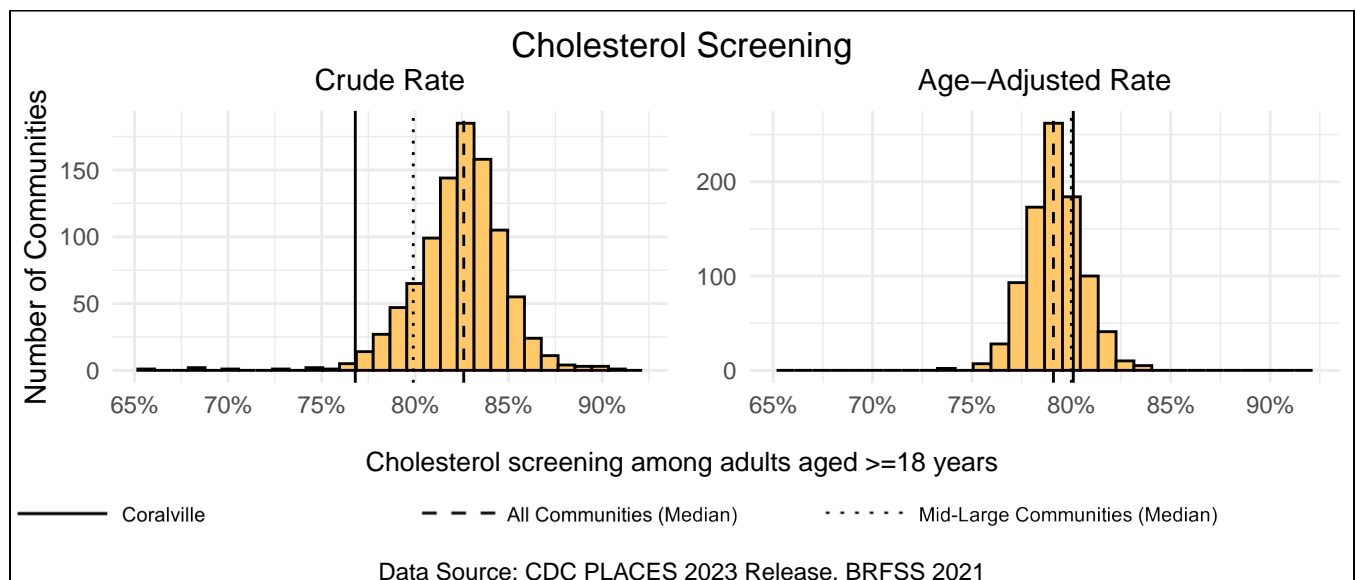
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	69.7%	75.2%	74.1%
Age-Adjusted	72.1%	72.6%	73.4%



Cholesterol Screening

Coralville has a crude rate of 76.8% for cholesterol screening among adults aged ≥ 18 years, which ranks 946th out of 958 Iowa communities (29th out of 31 mid-large communities). The age-adjusted rate for Coralville is 80.1%, which ranks 212th out of 905 Iowa communities (15th out of 31 mid-large communities).

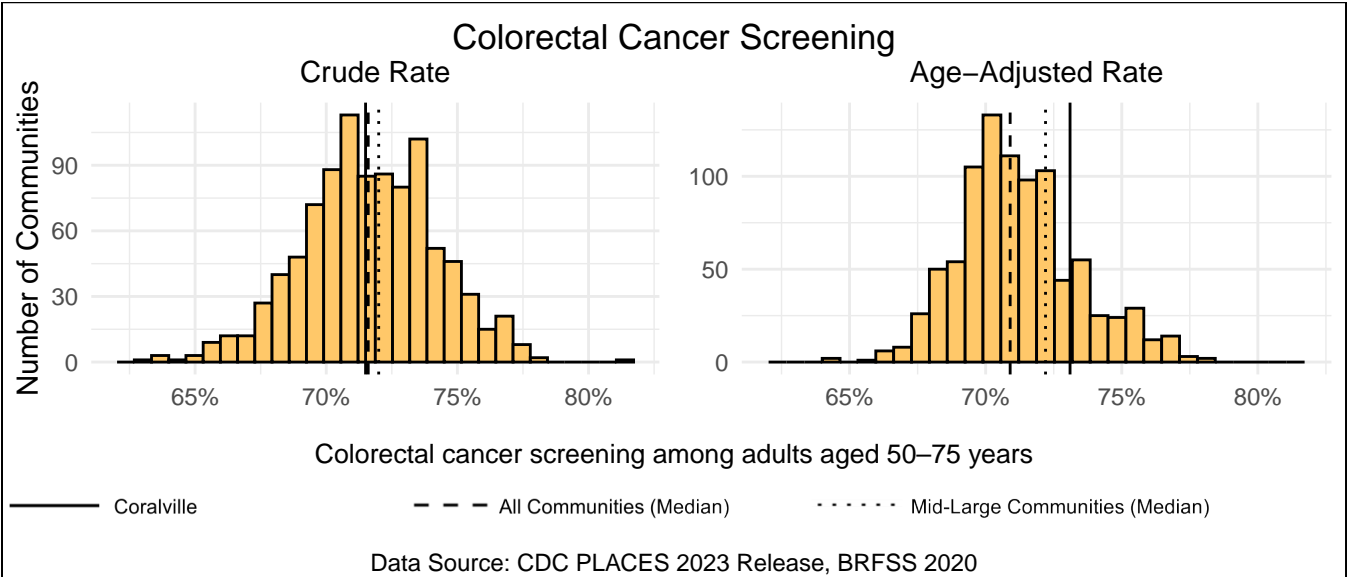
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	76.8%	82.6%	79.9%
Age-Adjusted	80.1%	79.1%	80.0%



Colorectal Cancer Screening

Coralville has a crude rate of 71.5% for colorectal cancer screening among adults aged 50–75 years, which ranks 486th out of 958 Iowa communities (18th out of 31 mid-large communities). The age-adjusted rate for Coralville is 73.1%, which ranks 165th out of 905 Iowa communities (15th out of 31 mid-large communities).

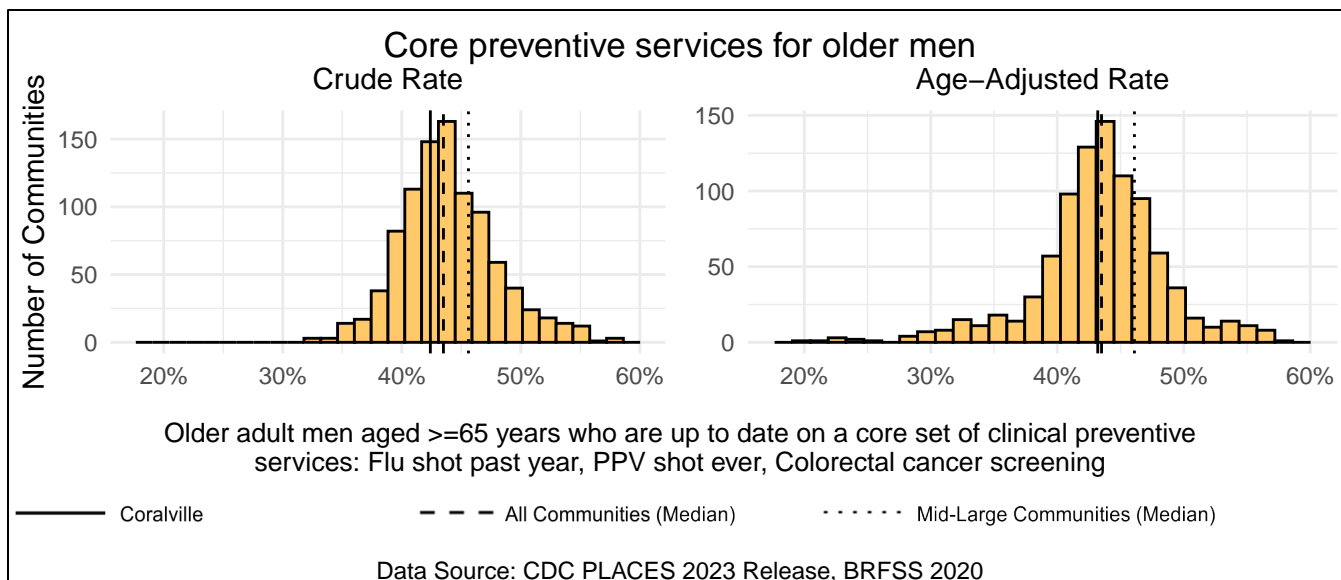
Measure Type	Coralville	All	Mid-Large
		Comm.	Comm.
Crude	71.5%	71.6%	72.0%
Age-Adjusted	73.1%	70.9%	72.2%



Core preventive services for older men

Coralville has a crude rate of 42.4% for older adult men aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, which ranks 617th out of 958 Iowa communities (25th out of 31 mid-large communities). The age-adjusted rate for Coralville is 43.2%, which ranks 479th out of 905 Iowa communities (25th out of 31 mid-large communities).

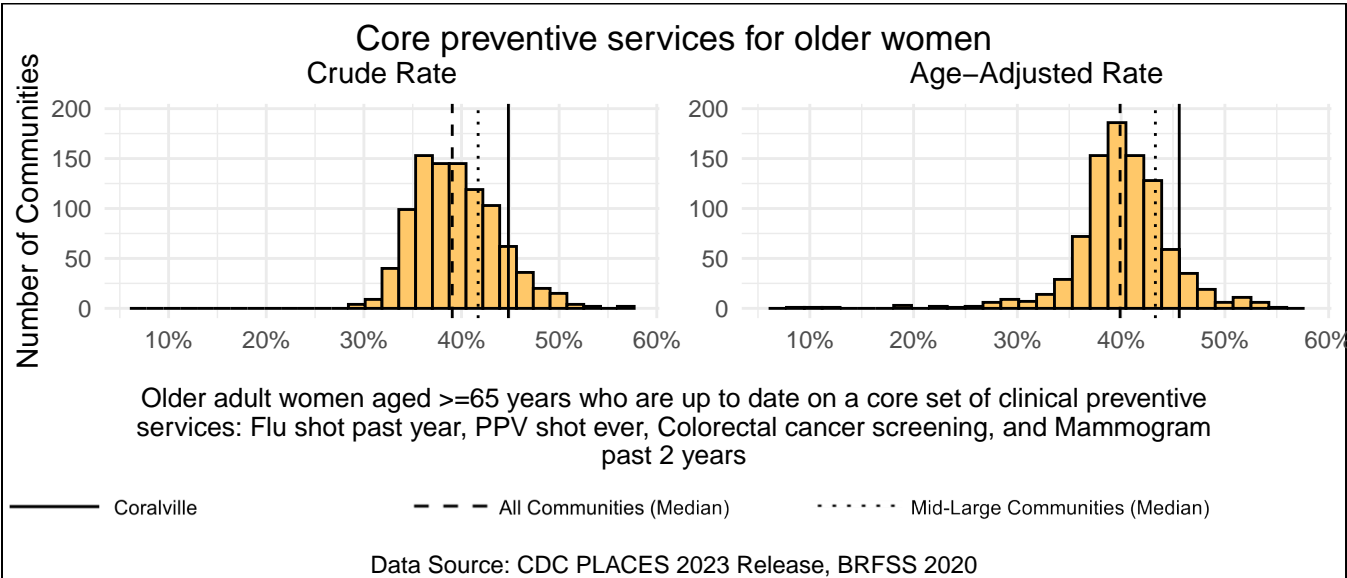
Measure Type	Coralville	All	Mid-Large
		Comm.	Comm.
Crude	42.4%	43.5%	45.6%
Age-Adjusted	43.2%	43.5%	46.1%



Core preventive services for older women

Coralville has a crude rate of 44.8% for older adult women aged ≥ 65 years who are up to date on a core set of clinical preventive services: flu shot past year, ppv shot ever, colorectal cancer screening, and mammogram past 2 years, which ranks 105th out of 958 Iowa communities (7th out of 31 mid-large communities). The age-adjusted rate for Coralville is 45.6%, which ranks 79th out of 905 Iowa communities (7th out of 31 mid-large communities).

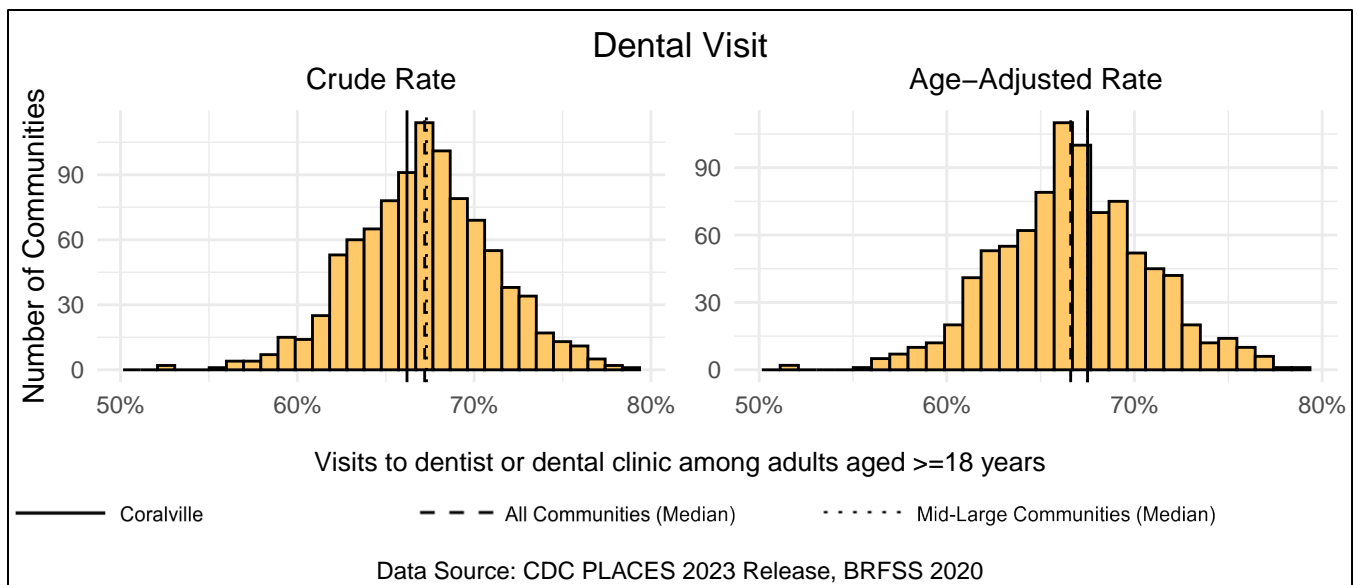
Measure Type	Coralville	All	Mid-Large
		Comm.	Comm.
Crude	44.8%	39.0%	41.7%
Age-Adjusted	45.6%	39.9%	43.3%



Dental Visit

Coralville has a crude rate of 66.2% for visits to dentist or dental clinic among adults aged ≥ 18 years, which ranks 585th out of 958 Iowa communities (18th out of 31 mid-large communities). The age-adjusted rate for Coralville is 67.5%, which ranks 354th out of 905 Iowa communities (16th out of 31 mid-large communities).

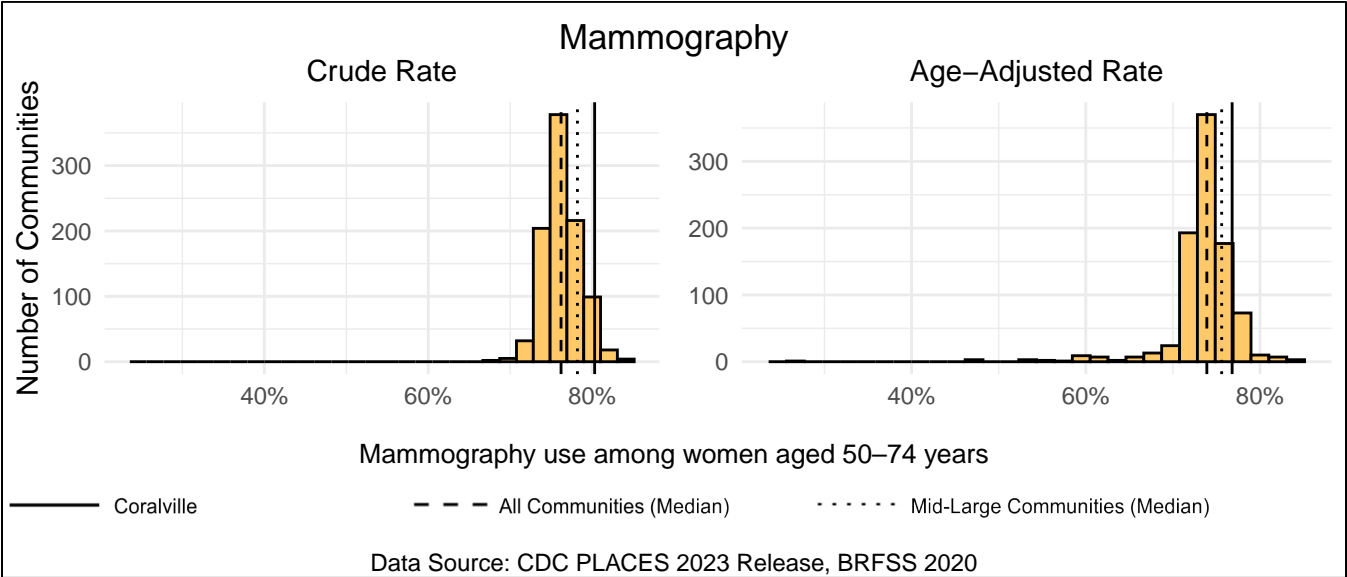
Measure Type	Coralville	All	Mid-Large
		Comm.	Comm.
Crude	66.2%	67.2%	67.3%
Age-Adjusted	67.5%	66.6%	67.5%



Mammography

Coralville has a crude rate of 80.3% for mammography use among women aged 50–74 years, which ranks 42nd out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 76.8%, which ranks 103rd out of 905 Iowa communities (11th out of 31 mid-large communities).

Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	80.3%	76.2%	78.2%
Age-Adjusted	76.8%	73.9%	75.6%



Disability

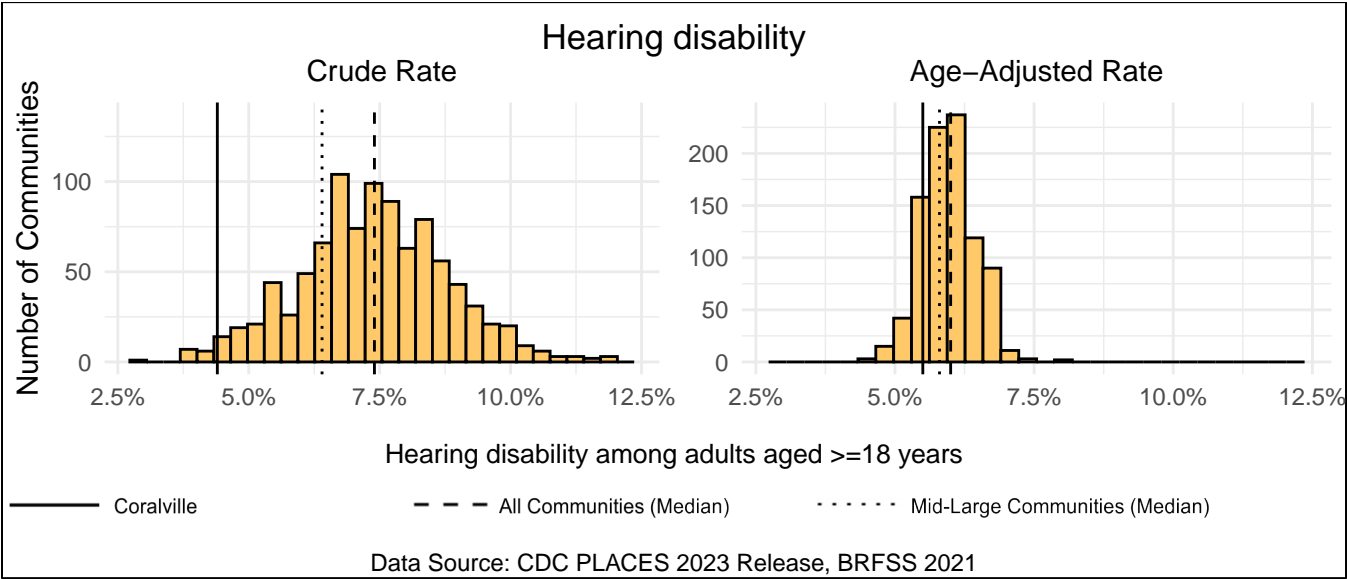
This section includes measures of physical and cognitive disabilities. Respondents were asked to report on six disabilities: hearing, vision, cognition, mobility, self-care, and independent living. The final measure reports the rate of respondents that answered yes to any of the previous six disabilities. The link below includes more information about each variable.

<https://www.cdc.gov/places/measure-definitions/unhealthy-behaviors/index.html>

Hearing disability

Coralville has a crude rate of 4.4% for hearing disability among adults aged ≥ 18 years, which ranks 15th out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 5.5%, which ranks 110th out of 905 Iowa communities (14th out of 31 mid-large communities).

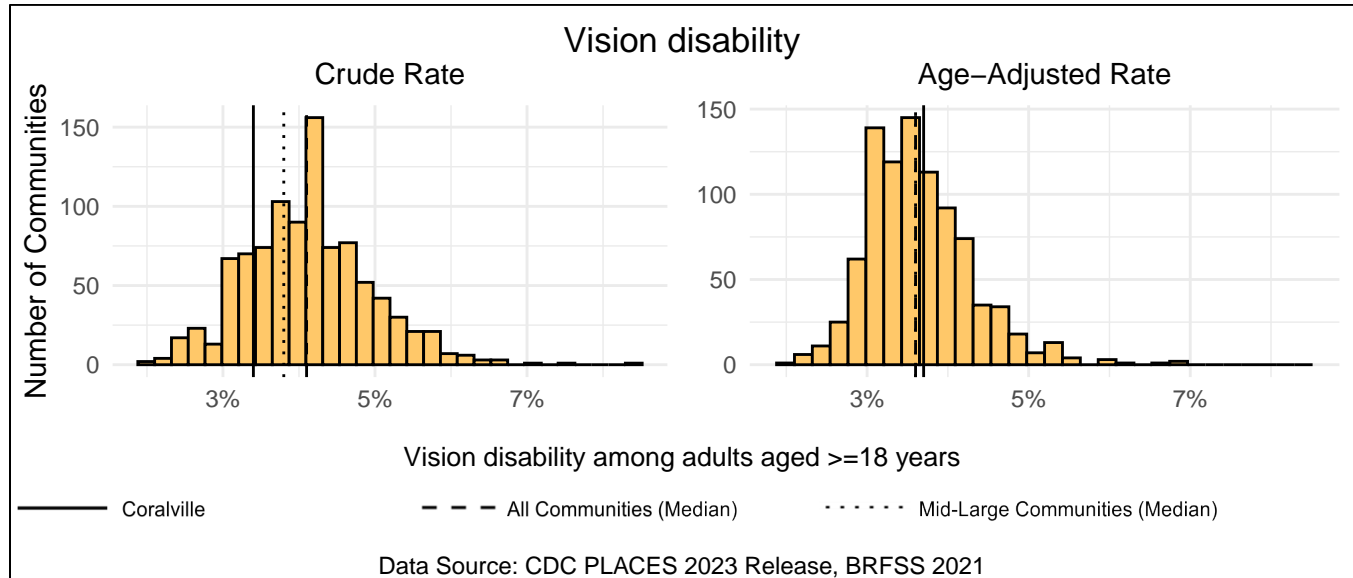
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	4.4%	7.4%	6.4%
Age-Adjusted	5.5%	6.0%	5.8%



Vision disability

Coralville has a crude rate of 3.4% for vision disability among adults aged ≥ 18 years, which ranks 158th out of 958 Iowa communities (14th out of 31 mid-large communities). The age-adjusted rate for Coralville is 3.7%, which ranks 509th out of 905 Iowa communities (17th out of 31 mid-large communities).

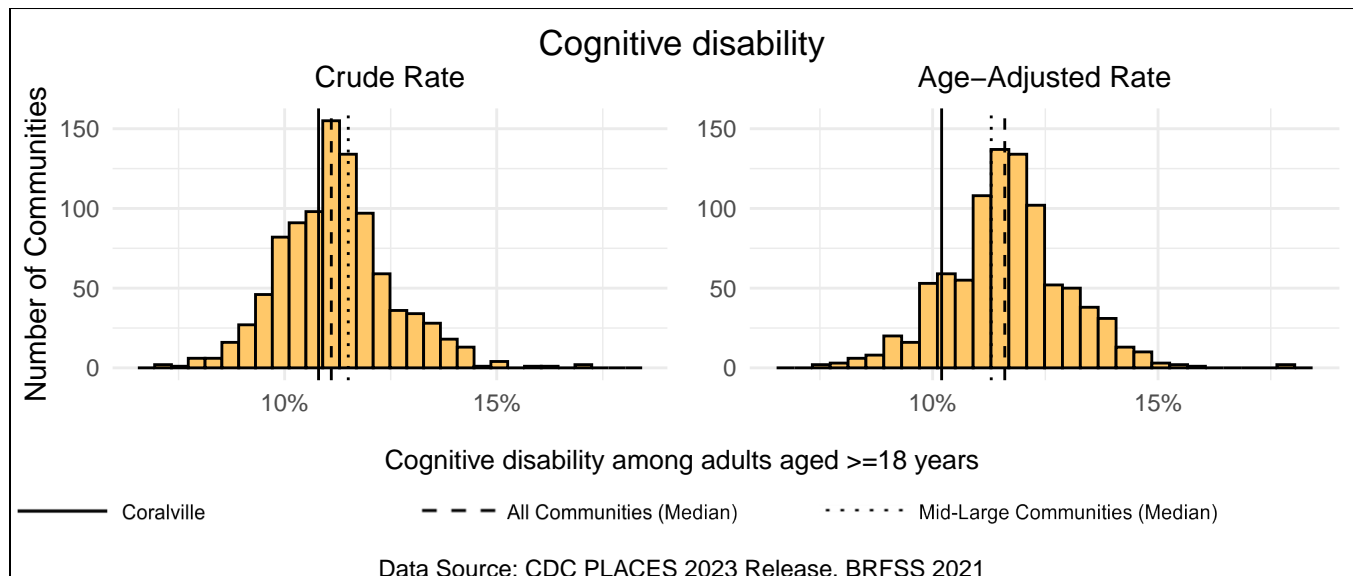
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	3.4%	4.1%	3.8%
Age-Adjusted	3.7%	3.6%	3.6%



Cognitive disability

Coralville has a crude rate of 10.8% for cognitive disability among adults aged ≥ 18 years, which ranks 330th out of 958 Iowa communities (13th out of 31 mid-large communities). The age-adjusted rate for Coralville is 10.2%, which ranks 109th out of 905 Iowa communities (12th out of 31 mid-large communities).

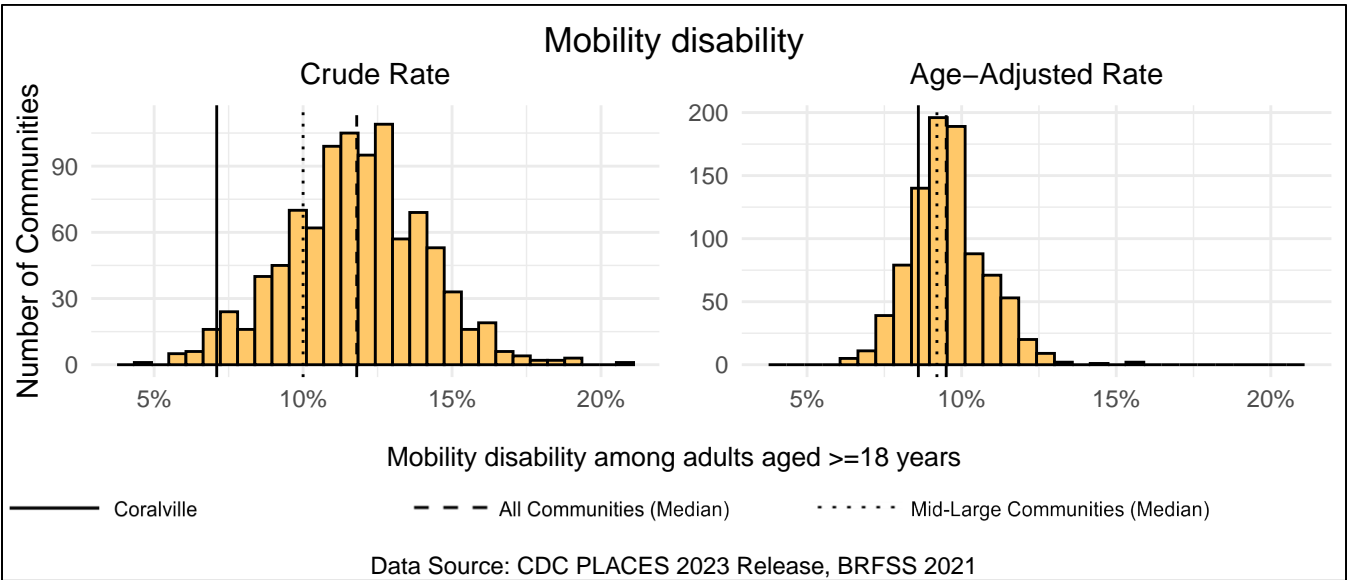
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	10.8%	11.1%	11.5%
Age-Adjusted	10.2%	11.6%	11.3%



Mobility disability

Coralville has a crude rate of 7.1% for mobility disability among adults aged ≥ 18 years, which ranks 24th out of 958 Iowa communities (4th out of 31 mid-large communities). The age-adjusted rate for Coralville is 8.6%, which ranks 181st out of 905 Iowa communities (12th out of 31 mid-large communities).

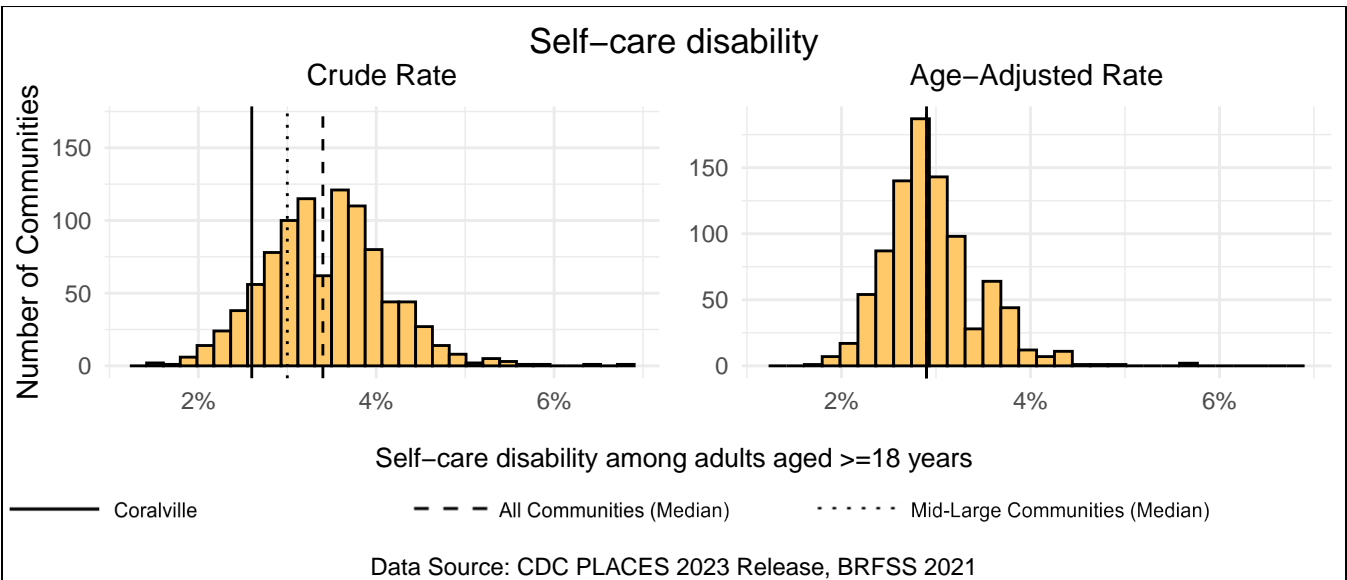
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	7.1%	11.8%	10.0%
Age-Adjusted	8.6%	9.5%	9.2%



Self-care disability

Coralville has a crude rate of 2.6% for self-care disability among adults aged ≥ 18 years, which ranks 86th out of 958 Iowa communities (13th out of 31 mid-large communities). The age-adjusted rate for Coralville is 2.9%, which ranks 397th out of 905 Iowa communities (15th out of 31 mid-large communities).

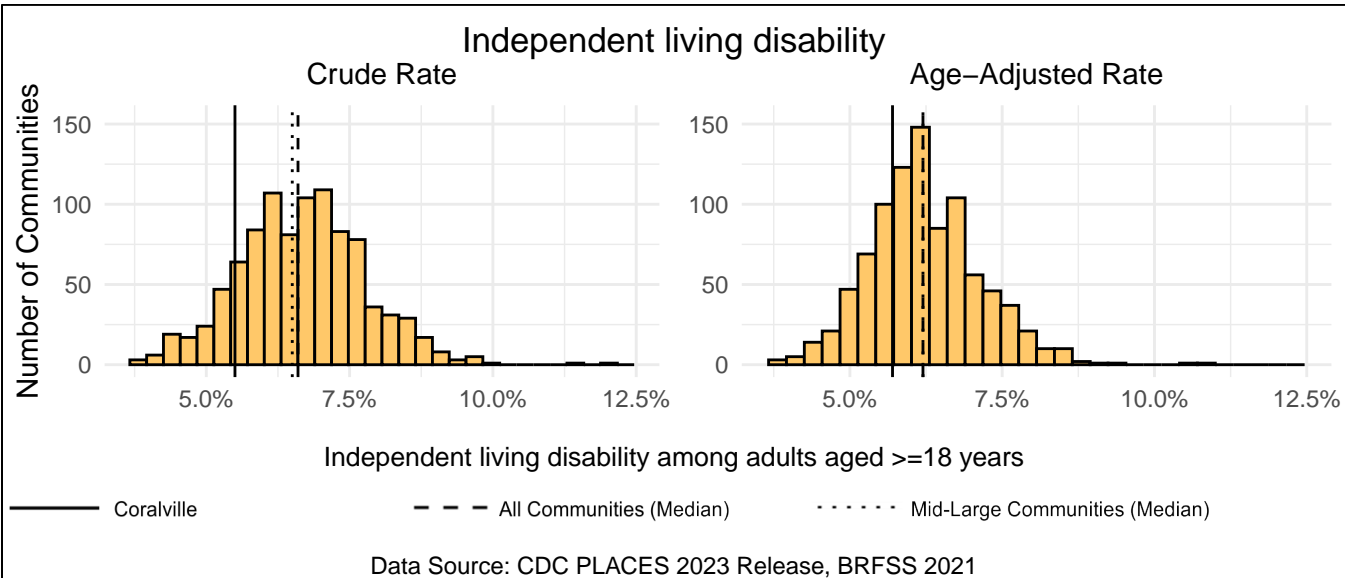
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	2.6%	3.4%	3.0%
Age-Adjusted	2.9%	2.9%	2.9%



Independent living disability

Coralville has a crude rate of 5.5% for independent living disability among adults aged ≥ 18 years, which ranks 117th out of 958 Iowa communities (11th out of 31 mid-large communities). The age-adjusted rate for Coralville is 5.7%, which ranks 216th out of 905 Iowa communities (14th out of 31 mid-large communities).

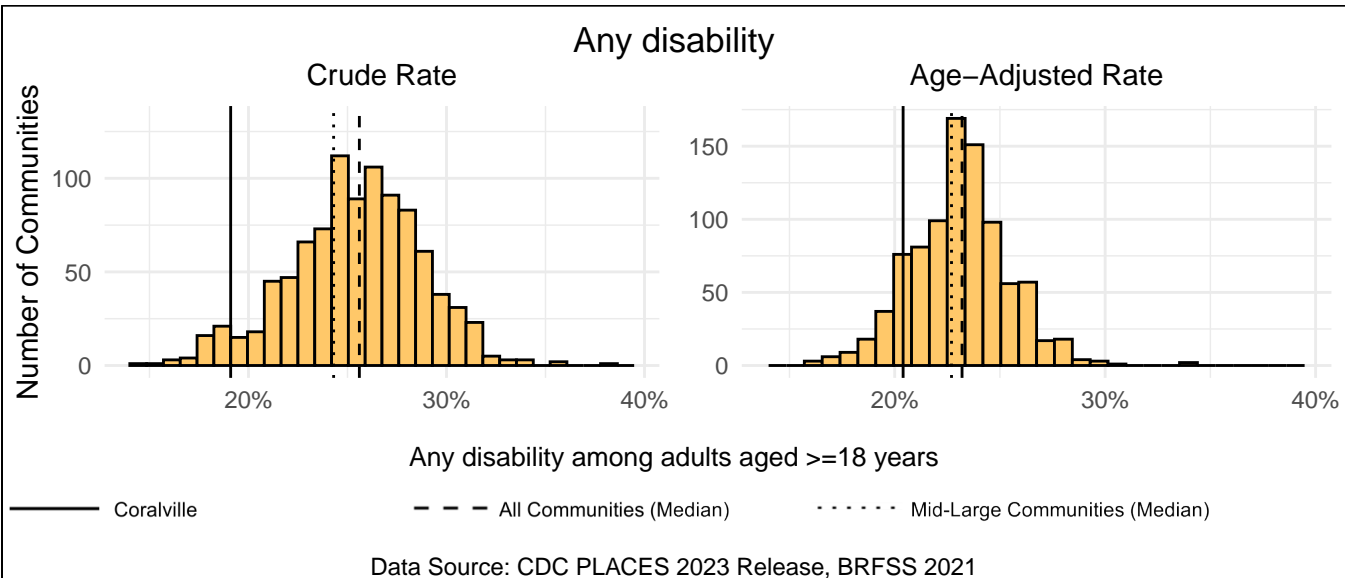
Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	5.5%	6.6%	6.5%
Age-Adjusted	5.7%	6.2%	6.2%



Any disability

Coralville has a crude rate of 19.1% for any disability among adults aged ≥ 18 years, which ranks 41st out of 958 Iowa communities (7th out of 31 mid-large communities). The age-adjusted rate for Coralville is 20.4%, which ranks 91st out of 905 Iowa communities (11th out of 31 mid-large communities).

Measure Type	Coralville	All Comm.	Mid-Large Comm.
Crude	19.1%	25.6%	24.3%
Age-Adjusted	20.4%	23.2%	22.7%



Appendix 1: CDC PLACES Data

This report uses a novel dataset from the Centers for Disease Control and Prevention (CDC) called PLACES: Local Data for Better Health. The PLACES dataset uses small area estimation methods to provide estimates of health measures for counties, places, census tracts, and zip code tabulation areas. The estimates are created with a multilevel statistical modeling framework that utilizes CDC's Behavioral Risk Factor Surveillance System (BRFSS), Census population counts, and American Community Survey demographic and socioeconomic data.

Relevant links for CDC PLACES can be found below:

- [PLACES Homepage](#)
- [Measure Definitions](#)
- [Methodology](#)



Appendix 2: Coralville PLACES Data

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Health Status	Mental Health	868	15.8% (13.8% - 17.8%)	121	14.5% (12.6% - 16.5%)
Health Status	General Health	62	10.8% (9.2% - 12.4%)	191	11.6% (10.0% - 13.3%)
Health Status	Physical Health	32	8.0% (6.9% - 9.1%)	103	8.6% (7.5% - 9.8%)
Health Risk Behaviors	Binge Drinking	915	23.4% (20.1% - 26.9%)	230	21.3% (18.3% - 24.5%)
Health Risk Behaviors	Current Smoking	88	14.2% (11.6% - 17.1%)	50	13.8% (11.4% - 16.5%)
Health Risk Behaviors	Sleep <7 hours	498	30.4% (29.4% - 31.4%)	173	29.8% (28.8% - 30.7%)
Health Risk Behaviors	Physical Inactivity	61	20.4% (17.2% - 23.6%)	118	21.2% (18.1% - 24.8%)
Health Outcomes	Cancer (except skin)	5	4.9% (4.5% - 5.4%)	74	6.4% (5.8% - 7.1%)
Health Outcomes	Depression	848	19.6% (16.6% - 22.8%)	251	18.6% (15.7% - 21.5%)
Health Outcomes	Stroke	16	1.9% (1.8% - 2.1%)	230	2.5% (2.2% - 2.7%)
Health Outcomes	COPD	16	4.5% (3.9% - 5.2%)	68	5.2% (4.5% - 6.1%)
Health Outcomes	High Cholesterol	5	26.3% (23.1% - 29.6%)	8	27.3% (23.8% - 30.9%)
Health Outcomes	Chronic Kidney Disease	18	2.1% (1.9% - 2.3%)	349	2.6% (2.3% - 2.8%)
Health Outcomes	All Teeth Lost	64	9.5% (6.8% - 12.8%)	58	9.7% (6.9% - 13.0%)
Health Outcomes	Diabetes	27	6.7% (5.7% - 7.7%)	401	8.1% (7.0% - 9.3%)
Health Outcomes	Obesity	38	32.3% (27.7% - 37.0%)	40	32.6% (27.9% - 37.5%)
Health Outcomes	Arthritis	10	17.9% (15.5% - 20.4%)	97	21.6% (18.8% - 24.4%)
Health Outcomes	Coronary Heart Disease	15	3.6% (3.2% - 4.0%)	187	4.7% (4.2% - 5.3%)
Health Outcomes	High Blood Pressure	8	21.7% (19.0% - 24.4%)	91	25.5% (22.6% - 28.6%)
Health Outcomes	Current Asthma	716	9.6% (8.4% - 10.8%)	330	9.4% (8.3% - 10.5%)
Prevention	Mammography	42	80.3% (78.0% - 82.4%)	103	76.8% (74.4% - 79.0%)
Prevention	Taking BP Medication	949	68.6% (64.8% - 72.2%)	737	58.1% (53.4% - 62.7%)
Prevention	Core preventive services for older women	105	44.8% (39.8% - 49.0%)	79	45.6% (40.8% - 49.9%)
Prevention	Annual Checkup	950	69.7% (65.4% - 73.6%)	597	72.1% (68.1% - 76.0%)
Prevention	Colorectal Cancer Screening	486	71.5% (69.6% - 73.3%)	165	73.1% (71.2% - 74.6%)
Prevention	Health Insurance	489	7.4% (6.0% - 8.9%)	193	7.0% (5.7% - 8.5%)

Category	Health Domain	Crude Rate Rank	Crude Rate (95% CI)	Age-Adj. Rate Rank	Age-Adj. Rate (95% CI)
Prevention	Cervical Cancer Screening	819	81.4% (79.8% - 83.0%)	402	83.3% (82.0% - 84.6%)
Prevention	Core preventive services for older men	617	42.4% (37.7% - 47.0%)	479	43.2% (38.8% - 47.9%)
Prevention	Dental Visit	585	66.2% (63.9% - 68.7%)	354	67.5% (65.3% - 69.8%)
Prevention	Cholesterol Screening	946	76.8% (73.4% - 79.9%)	212	80.1% (77.3% - 82.9%)
Disability	Mobility Disability	24	7.1% (6.1% - 8.2%)	181	8.6% (7.4% - 10.0%)
Disability	Cognitive Disability	330	10.8% (9.2% - 12.5%)	109	10.2% (8.8% - 11.7%)
Disability	Self-care Disability	86	2.6% (2.3% - 2.9%)	397	2.9% (2.5% - 3.2%)
Disability	Independent Living Disability	117	5.5% (4.8% - 6.3%)	216	5.7% (4.9% - 6.5%)
Disability	Vision Disability	158	3.4% (3.0% - 3.9%)	509	3.7% (3.2% - 4.1%)
Disability	Hearing Disability	15	4.4% (3.9% - 4.9%)	110	5.5% (4.9% - 6.2%)
Disability	Any Disability	41	19.1% (16.4% - 22.1%)	91	20.4% (17.8% - 23.4%)

The 95% confidence interval shown in parentheses represents the range of 95% of CDC area estimates under different model assumptions using Monte Carlo simulations.

Appendix 3: Mid-Large Communities (10,000-49,999)

Coralville falls into the group of mid-large communities, which have a population of 10,000-49,999. In this data, 31 communities have a population in this range. The table below lists all communities in that group, sorted by the population estimate in the CDC PLACES dataset.

Community	Population	Community	Population
Urbandale	45,591	Pleasant Hill	10,456
Marion	41,401	Waverly	10,399
Cedar Falls	40,686	Fort Madison	10,293
Bettendorf	38,997	Carroll	10,270
Marshalltown	27,511		
Mason City	27,271		
Ottumwa	25,359		
Waukee	25,045		
Fort Dodge	24,850		
Clinton	24,524		
Burlington	23,976		
Johnston	23,856		
Muscatine	23,671		
Coralville	22,494		
North Liberty	20,393		
Altoona	20,017		
Clive	18,576		
Indianola	15,845		
Newton	15,692		
Grimes	15,402		
Norwalk	13,057		
Boone	12,482		
Oskaloosa	11,492		
Spencer	11,351		
Storm Lake	11,194		
Pella	10,556		
Le Mars	10,549		